



# Muswellbrook Public School

## What's On – Term 1 – Week 5

### Humanity and Excellence

Roger Street, Muswellbrook NSW 2333

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Stay up to date with the Skool Bag App – Muswellbrook Public Skoolbag"

Find us on Facebook: @MuswellbrookPublicSchool



We are **SAFE**

We are **RESPECTFUL**

We do our **PERSONAL BEST**

Everyone, Everywhere & Every Time

#### From the Relieving Principal:



We were very excited to be able to welcome parents into our school for the important meet the teacher, grade/stage information sessions this week. This was an opportunity

for you to meet your child's teacher and find out a little bit about what they will be learning and participating in this year.

WOW what a turn out it was! We had fantastic numbers in each stage/grade. Thank you to all parents who attended and interacted with your children's teachers. It was wonderful to be able to re-engage with you all here at school.

I would like to thank all teachers who participated in this important event. They did an amazing job presenting and I know they were thrilled to see so many parents taking interest in their child's education.

Hopefully restrictions will ease shortly and we can welcome parents back into our school to participate in the education of your children at school. We thank you all for your ongoing support.

#### Life Education

We are pleased to announce that we will be having our annual visit from Healthy Harold and the Life Education Van. This is a fun and fantastic opportunity to hear important health and safety messages in a different setting with a twist. I would like to thank all parents for supporting this program, as well as Mt Arthur Coal, who heavily subsidise the cost.



Kind regards

*Clive Kerrigan*

Relieving Principal

A friendly reminder! All health plans will be updated in the coming months. We kindly ask you to make a doctor's appointment for your child to update their action plan!

# Assembly Awards



Term 1 2 3 4



Week 1 2 3 4 5 6 7 8 9 10

Class	Name	Activity
1S	Max S	For working extremely hard in math groups.
1C1	Jagga N	For his fantastic recount writing.
1W	Wyatt M	For his awesome writing.
2N	Isabella E	For producing detailed and engaging sentences using weekly spelling words.
2F	Samuel G	For fantastic effort towards his guided drawing of Australia.
2S	Abigail B	For her Chocolate Crackle Procedure.
3P	Lexie B	For her great handwriting.
3E	Isla G	For her beautiful bookwork in all subject areas.
4D	Lilah A	For her outstanding cursive handwriting.

4H	Nicholas D-H	For his outstanding effort in writing.
4/5/6H	Adriana H	Excellent presentation of her 'Rowan of Rin' literacy booklet. WOW
5/6W	Hannah J	For her use of adverbs as openers during her big write.
5/6M	Taylor W	For her awesome artwork self-portrait.
5/6B	Maddison E	For her great artwork.
5/6A	Ivy V	For her fantastic landscape using crepe paper.
5/6S	Amy S	For her use of adverbs as openers during her big write.

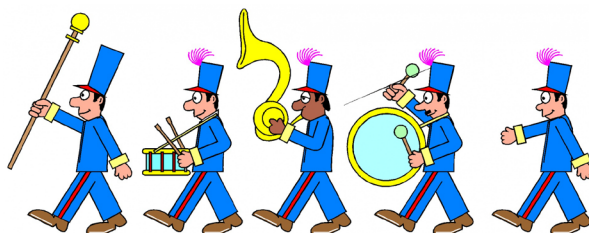
## SCHOOL BAND – FINAL CALL!

Would you like your child to play in the School Band?

We offer the opportunity for students to play a concert band instrument in the School Band. These include flute, saxophone, trumpet, trombone, low brass, keyboard, glockenspiel, drums, permission or bass guitar.

Band practice will be held on Wednesday morning, beginning at 8:15am and finishing at 9am in the hall. Start week will be announced based on interest.

If your child is interested in playing in the School Band, please ask them to obtain additional information from Mrs Troon.



## WEEK 5 - PBL AWARD WINNERS



A friendly reminder to return your child's information note if you haven't already done so.

### Year 6 Camp

Year 6 Camp will take place from Monday 10<sup>th</sup> May to Friday 14<sup>th</sup> May 2021.

A non-refundable deposit of \$150.00 is due by Tuesday 2<sup>nd</sup> March 2021.

Online payments can be made via the School Website.



## STAY UP-TO-DATE

### STUDENTS SICK WITH FLU-LIKE SYMPTOMS

Please protect the health and safety of students and staff.

Parents and carers are reminded NOT to send children to school if they are unwell, even if they have the mildest flu-like symptoms.

Students who present at school as unwell or have flu-like symptoms will be sent home. Arrangements will need to be made to be tested for COVID-19.

Students and staff with flu-like symptoms will need to provide a copy of a negative COVID-19 test result before being permitted to return to school.

Alternatively students who are unable to be tested for COVID-19 must be excluded from school for a period of 10 days before returning, and MUST have been symptom free for a period of 3 days before returning.

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### FEES

#### VOLUNTARY SCHOOL CONTRIBUTIONS

The Voluntary School Contribution amounts are requested by the school to help provide extra resources for the students that may not otherwise be available. The General School Contribution remains at \$30 per student, per year.

#### TEXT BOOK

Maths Textbooks will be issued to all students at a cost of \$24 each.

Please note statements will be sent home with all students this week. If you have any concerns regarding payment please phone the school on 6543 2500.



#### HEALTHY HAROLD – LIFE EDUCATION VAN

Healthy Harold is coming back to visit the students and staff at Muswellbrook Public School. We are all excited! A mobile classroom will visit our school from Wednesday, 17th March – Friday, 26th March 2021. A timetable will be sent out advising families on which day your child will attend.

The cost of the program is \$5.00 per student. This fee has been reduced from \$12.00 per student, due to the generous donation from BHP. Permission notes were sent home with students yesterday. Please return the permission notes and money by Friday, 12th March 2021.

# EVENTS

## ASSEMBLIES

Kids... Don't forget to bring in those blue cards and white awards!

Please note that there is no K-2 assembly this week due to photos being held in the hall.

Years 3 – 6 will hold their assembly on Friday afternoon commencing at 2:30pm.

Please note that Parent/Carer attendance is not permitted at the assemblies.



Have the kids told you? The class with the best behaviour during assembly, gets to take me to their classroom for a week!

## SPORTING NEWS!

Congratulations to Campbell D, Hazel P and Myah C who have been selected to attend the Hunter Cricket Trials. We wish them all the best.



Zone Swimming



On Tuesday, 16<sup>th</sup> February, eligible children from MPS attended the Zone swimming carnival. It was a day mixed with showery rain, wind and finally sunshine!

The children competed in their relevant events, with each of them striving to attain their personal best. It goes without saying that their behaviour and sportsmanship were second to none. Mrs Nash and Miss Dawson were extremely proud of their efforts.

Special mention needs to be made of Mr Gallen and his band of parent helpers who manned Lane 1 as timekeepers all day. Our sincerest thanks goes to all parents who assisted with timekeeping.

A huge congratulations goes to Isla W, Will E, Myah G, Macey D, Livinia M, Charli K and Amelia C, who will all be competing at the Regional Carnival at Lambton on 2<sup>nd</sup> March.

A big congratulations to Ruby G as she will be attending the Hunter Carnival for the 9 years 50m Freestyle.

MPS wish them the very best of luck.



## MUSWELLBROOK PUBLIC SCHOOL

# EGGSTRAVAGANZA EASTER RAFFLE

This year our school is holding an Easter raffle to raise funds for new playground equipment and we are seeking donations. If you are able to donate Easter eggs or other items for our raffle, please bring them to the front office by **Wednesday 24<sup>th</sup> March (week 9)**.

*Thank you to the families who have donated to our Easter Raffle. Your support is greatly appreciated.*

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## SCHOOL DENTAL INITIATIVE

The Dental Health Van is visiting our school in a bid to find dental decay early. A form is being sent home with your child/ren this week. **If you wish for your child to receive a dental check-up, please fill in the form and return to school by Monday, 1st March, 2021.**

Please note there are no out-of-pocket expenses for families who are eligible for the Child Dental Benefits Scheme. To be eligible for the Child Dental Benefits Scheme a child must be aged between 2-17 years and their family must receive Family Tax Benefit Part A or a relevant Australian Government payment. If your child is not Medicare eligible, we will do a FREE limited Dental Health screening and tooth strengthening remineralisation.

Dental check-ups will commence at the beginning of Week 8 on school grounds in the Dental Van. If your child requires further treatment, you will be notified. The team will also provide you with a written treatment plan.

If you have any questions regarding the above information please phone 02 7803 9608 or email - [info@adhns.com.au](mailto:info@adhns.com.au)





# CANTEEN AND UNIFORM SHOP INFO

When ordering your child's lunch through Munch Monitor, please let your child know what you have ordered for them. Please also remind children that their Ice blocks need to be collected with their lunch bag. A copy of the 2021 Canteen Menu is attached for your reference.



## Muswellbrook Public School

### Canteen Menu 2021

Canteen open from 8.45am Wednesday, Thursday & Friday

\*Please complete your order bag neatly, including name and class, and hand into the canteen by 9.30am OR order online via Munch Monitor website by 9.15am.

#### Drinks

Water Bottle	\$2.00
Just Juice Popper	\$1.50
(Apple, Apple & Blackcurrant or Orange)	
Pop Top Juice	\$2.00
(Orange, Apple & Blackcurrant or Orange)	
Oak Milk Bottle	\$2.50
(Chocolate, Strawberry or Vanilla Malt)	
Oak Milk Popper	\$2.00
(Chocolate or Strawberry)	
Juice Bomb	\$2.50
(Apple Raspberry, Watermelon, Orange Passio, Grape, Blackcurrant or Lemonade)	

#### Frozen Treats

##### (Break 1 & 2 Only)

Frozen Pineapple	.50c
Quelch Ice Block	.50c
Frozen Juice Cup	\$1.00
(Orange or Apple)	
Juices Ice Block	\$1.00
(Tropical, Wildberry, Orange or Lemonade)	
TNT Ice Mony	\$1.20
(Sour Strawberry or Watermelon)	
Ice Cream Cup (GF)	\$1.20
Icy Twist	\$1.20
Moosies	\$1.50
(Chocolate or Blue Moon)	
Snapstix	\$1.50
Frozen Yoghurt	\$2.00
(Mango or Raspberry)	
Slush Puppie	\$2.50
(Strawberry Vanilla, Tropical, Tangy Berries or Forest Fruits)	

#### Hot Food (Orders Only)

Small Lean Pie	\$2.50
Lean Sausage Roll	\$2.50
Dino Nuggets (6)	\$3.50
Chicken Wedges (3)	\$3.00
Chicken Burger	\$4.50
Nuggets (GF) (6)	\$4.00
Chicken & Gravy Roll	\$4.00
Spaghetti Bolognese	\$4.00
(Homemade)	
Beef Lasagne (GF)	\$4.00
Garlic Bread	\$2.50
Pizza – Homemade	\$4.00
(Hawaiian, Cheese or Ham & Cheese)	
Honey Soy Chicken & Rice	\$4.00
(Homemade)	
Sauce (Tomato/BBQ)	.40c

#### Snacks

Fresh Fruit	.80c
Pikelet	.20c
Mixed Fruit Cup	\$1.00
Banana Chips	.5c each
Custard Cup	\$1.00
Jelly & Custard Cup	\$1.00
Diet Jelly Cup	\$1.00
Mini Muffin	.50c
Red Rock Deli Chip	\$1.50
Grain Waves	\$1.50



#### Sandwiches, Rolls & Wraps (Orders Only)

Vegemite or Jam	\$1.50
Cheese	\$2.00
Chicken, Ham or Tuna	\$3.50
Toasted Sandwich	\$3.50
(E.g: Ham, Cheese & Tomato)	
Chicken, Lettuce & Mayo	\$4.50
Salad –	\$4.50
(Wrap, Sandwich or Roll)	
Chicken or Ham & Salad	\$5.50
(Wrap, Sandwich or Roll)	

#### Salad Boxes (Orders Only)

Salad Box	\$4.50
(Lettuce, Carrot, Tomato, Corn Beetroot/ Cucumber & Cheese)	
Chicken, Ham or Tuna - Salad Box	\$6.00
Chicken Caesar Salad	\$6.00
(With Lean Ham)	
Fruit Salad Box	\$3.50
(Seasonal Fruits)	

#### Meal Deals (Orders Only)

Salad Box & Pop Top <u>or</u> Water Bottle	\$5.50
Chicken or Ham & Salad (Sandwich or Roll) & Water	\$6.50
Chicken Gravy Roll & Milk Bottle <u>or</u> Juice Bomb	\$6.00
Spaghetti Bolognese & Milk <u>or</u> Juice Bomb	\$6.00
Flame Grilled Chicken Burger & Juice Bomb <u>or</u> Milk Bottle	\$6.00
Honey Soy Chicken & Rice, Milk Bottle <u>or</u> Juice Bomb	\$6.00

\*Volunteers are always needed in our canteen, please see our canteen staff in you are able to help.



# 1W - TEN GROUPS IN MATHS!





# COMMUNITY INFORMATION



## FEBRUARY 2021 CALENDAR

UPPER HUNTER YOUTH SERVICES INC - YOUTH CENTRE

February Is Power FM FebFit Challenge Month  
*How Many Steps Can We Achieve As A Team???*

WEEK 1 3PM TO 6PM	WEEK 2 3PM TO 6PM
Tuesday 2nd - Group Discussion: Healthy Body, Healthy Minds Wednesday 3rd - Trust Exercise - Blindfold Obstacle Course Thursday 4th - Scavenger Hunt Around The Showground	Tuesday 9th - Lets Dance! Create A Routine With Our Favourite TikTok Dance Moves Wednesday 10th - Discussion: Healthy Eating Thursday 11th - Valentine's Day Craft
WEEK 3 3PM TO 6PM	WEEK 4 3PM TO 6PM
Tuesday 16th - BullRush Wednesday 17th - 3 Legged Races - Who Will Be The Champions?? Thursday 18th - Cricket	Tuesday 23th - Soccer Wednesday 24th - Games on the Lawn Thursday 25th - Hula Hoop Challenge

Located at The Showground, Maitland Street,  
Muswellbrook NSW 2333  
Phone: (02) 6543 4841  
Email: [admin@uhys.org.au](mailto:admin@uhys.org.au) or [cbrown@uhys.org.au](mailto:cbrown@uhys.org.au)  
Free Transport Provided: Muswellbrook Area Only  
AGE GROUP: 10 - 17yrs  
FREE MEMBERSHIP TO YOUNG PEOPLE AGED 10 - 17 YEARS



MUSWELLBROOK JUNIOR RAMS!



## 2021

# REGISTRATIONS

REGO HELP DAYS  
EVERY TUES & THUR IN  
FEBRUARY

4 - 5PM OLYMPIC PARK

# REGISTRAR RACHEL SMITH 0425211753