



Ueshiro Shorin-Ryu Karate USA

*Founded by Grand Master Ansei Ueshiro
Under the direction of Hanshi Robert Scaglione*

松林流

Spring 2011 Karate News

www.shorinryu.com

Ueshiro Shorin-Ryu Karate USA Dojo/School Listings

(listed alphabetically)

California:

Los Angeles

Ueshiro Bushi Dojo

Sensei Chris Barnes, Denshi-Shihan, (310) 393-6686

Co-Shihan: Sensei Haven Pell, (310) 629-3838

716 Colorado Ave. Santa Monica Ca. 90401

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Connecticut:

Easton

Easton Connecticut Ueshiro Shorin-Ryu Karate Club

Sensei Adam Dunsby, Shihan, (203) 292-3692

Easton, CT 06612

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Wilton

Wilton Connecticut Ueshiro Shorin-Ryu Karate Club

Sensei Keith Eng, Shihan, (203) 221 4810

50 Danbury Road Wilton, CT 06897-4444

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Florida:

Cocoa

Ueshiro Cocoa Beach Shorin-Ryu Karate Dojo

Sensei Ronald A Marchetti, Shihan, (321) 452-9135

Cocoa YMCA Family Center, attached to Brevard Community College

Cocoa, Florida, 1519 Clearlake Rd., Bldg. 18 (321) 433-7770

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Melbourne

Ueshiro Suntree Shorin-Ryu Karate Dojo

Sensei David Tamir, Denshi-Shihan, (321) 474-4087

Suntree YMCA, 6300 N. Wickham Road, Suite 114, Melbourne, FL 32940

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Titusville

Ueshiro Titusville Shorin-Ryu Karate Dojo

Sensei Kurt Tezel, Shihan, (321) 536-6516

YMCA Titusville Family Center, 2400 Harrison St., Titusville, FL 32780.

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Viera

Ueshiro Viera Shorin-Ryu Karate Dojo

Hanshi Robert Scaglione, Shihan/Director, (321) 433-1533

Corner of Judge Fran Jamieson Way and Lake Andrew Drive, Viera, FL 32940

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Hawaii - Oahu:

Honolulu

Ueshiro Hawaii Karate Dojo

Sensei Lorenzo Aguon, Shihan, (808) 375-6688

Aloha Activity Center, 725 Kapiolani Boulevard Suite 101 Honolulu, Hawaii 96813

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Massachusetts:

Boston

Boston Chinatown Ueshiro Shorin-Ryu Karate Club

Sensei Emiliano Mazlen, Shihan, (617) 879-9928

Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116.

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Northampton

Northampton Ueshiro Karate Dojo

Sensei Daniel Gobillot, Denshi Shihan, (413) 320-5945

Arts & Industry Building, 221 Pine Street, Northampton, MA 01062 (413) 587-4200

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Minnesota:

Northfield

Ueshiro Northfield Shorin-Ryu Karate Club

Mr. Robert Dobrow, Shihan, (612) 216-1206

Northfield, MN 55057

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New York:

Mohawk Valley

Mohawk Valley Karate Club

Sensei Dale Adamson, Shihan, (315) 823-8631

167 Lakeview Dr. Little Falls, N.Y.

New York City

Ueshiro Midtown Karate (Hombu) Dojo

Kyoshi Michael Mackay, Denshi-Shihan, (212) 909-6440

St Bartholomew's Church Athletic Center, 109 E 50th street

(between Park and Lexington Avenues), New York, NY 10022

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The High School for Leadership & Public Service Karate Club

Sensei Robert Neff, Shihan, (347) 578-7465 (h), (917) 549-4218 (c)

90 Trinity Place New York, NY 10006

Ueshiro Downtown Manhattan Shorin-Ryu Karate Club

Sensei Kevin Reymond, Shihan, (914) 953-7065

Tribeca Health & Fitness, 107 Chambers Street, New York, New York

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Ueshiro Shorin-Ryu FRBNY Karate Club

Sensei John Bottega, Shihan, (212) 720-5922

33 Liberty St., New York, NY 10045

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Palisades

Pine Forest Karate School

Kyoshi Dave Seeger Shihan/Director, (212) 307-0707
Palisades, NY 10964

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Pelham Manor

Okinawan Karate Club

Kyoshi Dave Seeger Shihan/Director (212) 307-0707
Pelham Manor, NY 10803

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Rockland County

To-Te Ueshiro Karate Dojo

Sensei Preston Powell, Shihan, (845) 367-7454
Nyack, NY (Rockland County)

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Ueshiro Shorin-Ryu Karate USA Roslyn High School, NY

Sensei Boris Grossman, Shihan (646) 331-8493

Pennsylvania:

State College

Ueshiro Okinawan Karate Family Club

Sensei Matt Kaplan, Denshi-Shihan, (814) 278-1997
Mt. Nittany Institute of Natural Health 301 Shiloh Road State College PA. 16801

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Virginia:

Centreville

Ueshiro East Meets West Karate Club of Northern Virginia

Sensei Sal Scaglione- Denshi-Shihan, (703) 922-6204
Sensei Joe Knight- Director (571) 239-3007 Centerville, Virginia

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International:

China:

Hong Kong

Hong Kong Ueshiro Karate Club

Sensei Alan Lai, Shihan, Club Coordinator- Mr. Patric April, +011 (852) 9272-1891
Located at 5/F, Shek Tong Tsui Sport Centre, 470 Queen's Road West, Hong Kong.

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Ueshiro Okinawan Karate Club

Sensei Lyle Kleusch, Shihan
Tung Chung Sports Centre, #8 Waterfront Road, Tung Chung
Lantau Island, Hong Kong

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Israel:

Eilat

Eilat Ueshiro Dojo

Sensei Shlomo Dadon, Denshi-Shihan

+011 (972) 8-633-7762 (h), +011 (972) 54-551-1111 (c)

P.O. Box 824, Eilat, Israel 88000

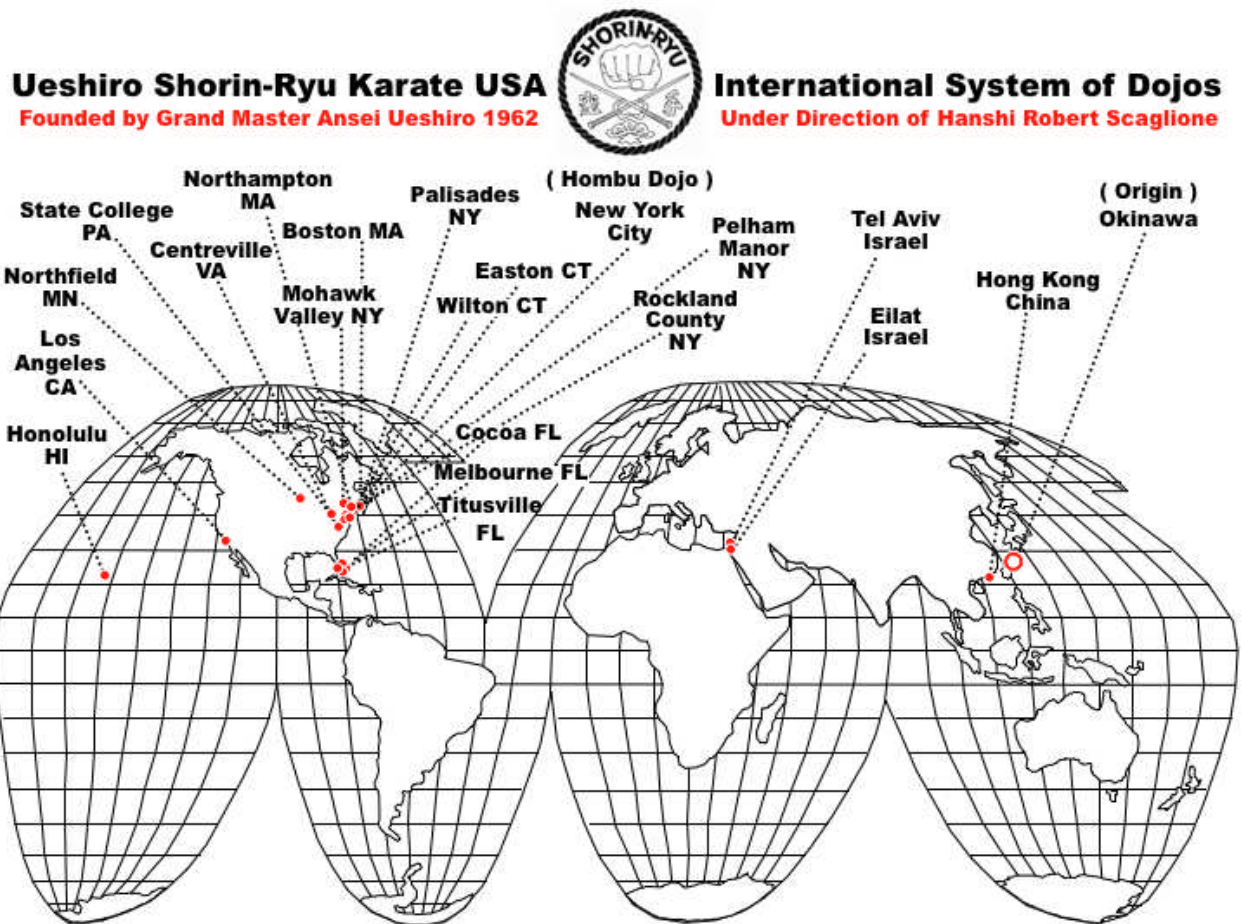
Tel Aviv

Hertzlia Ueshiro Dojo

Sensei Nir Zamir, Denshi-Shihan,

Tel: +011 (972) 9958-4342 (h), +011 (972) 5443-0429 (c),

12 Tzamarot St., Hertzlia



Greetings from Hanshi Robert Scaglione



Greetings all Ueshiro Shorin-Ryu Karate USA members,

Through your efforts we continue to "move forward" growing numbers of dojo and deshi enrollments, as evidence by the February 2011 Kyu tests worldwide.

We also added "new" Dan level Sempai at many locations as posted in the results from each dojo.

The Annual NYC Hombu Dojo Event-December 2010 was well attended. There was much exchange of valuable information regarding kata, karate principals and techniques distributed amongst the Dan Levels, to be passed down to all Kyu rank Sempai and Deshi.

The Florida February 2011 Event was a great success offering and sharing high-level insights to karate amongst and between the attendees and host dojo members.. We look forward to the rest of 2011 to continue to be informative and productive through "the ecstasy of hard work and sweat" at all our Dojo locations worldwide.

Avail yourself of the many training opportunities offered to you by our Shihan and dojo locations at anytime of the year. Our doors are always open to you.

We are preparing for a 2012 event—the 50th Anniversary of Grand Master Ansei Ueshiro's arrival in the United States from his homeland Okinawa.

A gracious thank you to all our Kyoshi, Shihan, Sensei, Sempai and Deshi for keeping the organization viable.

Keep training.

Sincerely,
Hanshi Robert Scaglione

Los Angeles, California

Ueshiro Bushi Dojo



Arigato!

Greetings from California! Los Angeles Deshi continue to train at The Bushi Dojo, in the same warehouse that many will remember from the 40th Anniversary. Updated, professionally maintained, and standing strong, we hope that this space is the training ground for years to come.

We invite all to train on Monday and Wednesday evenings at 6:30 p.m.. 716 Taft Way, Santa Monica, CA 90401

Chris Barnes
Shihan, Roku Dan

Haven Pell
Co-shihan, San Dan

Easton, Connecticut

Easton Connecticut Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei and Sempai

Another cold season is starting to pass and our school is moving forward. We started to root down and put our emphasis on the basics. Only with a strong foundation can we advance. This vision is well shared in Hanshi's book: Building Warrior Spirit with- Gan, Soku, Tanden and Riki. As a group we focused on not only reviewing the sugar that Hanshi gives us but also live by it. We took many opportunities to visit the Hombu Dojo whether for a special class conducted by Hanshi or for the support of a test.

Domo Arigato Hanshi for continuing to preserve Shorin-Ryu by keeping it true to its origin and by motivating us the students of this fine art to do the same. We look forward to supporting the 50th anniversary by stepping first and punching harder.

We look forward to having visitors come and train with us here in Easton, CT. Classes are as follows:

Thursday - 6:00pm to 7:00pm

Sunday - 11:30am to 12:30pm

Domo arigato gozaimasu

Adam Dunsby, Shihan

Easton Connecticut Ueshiro Shorin-Ryu Karate Club

Wilton, Connecticut

Wilton Connecticut Ueshiro Shorin-Ryu Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

We are approaching our 15th year of continuous training at the corporate club housed in our company's gym. Although we are small, our spirit certainly out-sizes our numbers and we have the opportunity to focus close and personalized attention to our training. We continue to preserve and ensure the vitality of traditional Okinawan karate-do with our morning, pre-work classes. We recently celebrated our small membership with a small Compai at a local restaurant. We wish all of our karateka brethren the best of training! See you on the deck!

Domo arigato,
Keith Eng, Shihan, Ni-Dan (203) 221-4873 (Work)

<u>Class Schedule</u>	
Monday	7:30 AM
Wednesday	7:30 AM

Cocoa, Florida

Ueshiro Cocoa Shorin-Ryu Karate Dojo



Onegai–shimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

Ueshiro Cocoa Shorin-Ryu Karate Dojo is moving forward with great joy and vigor, and continues to hold four classes each week as follows

Monday and Wednesday – 7:00 PM to 8:30 PM (All ranks – adults and children)

Friday – 6:00 PM to 7:00 PM (Yon Kyu and above – adults and children)

Saturday – 10:00 AM to 11:00 AM (All ranks – adults and children)

Many new Deshi have enrolled during the last 6 months and Shorin-Ryu Karate continues to be a significant benefit of the Central Florida YMCA since the students simply need to be a YMCA member to attend our strong SRKUSA karate program as brought to the USA by Grand Master Ansei Ueshiro and as directed by Hanshi Robert Scaglione. Students of all ages above 7 years old are encouraged to participate,

especially with families that attend regularly as a group. The typical (Monday-Wednesday-Friday-Saturday) class attendance varies between 8 and 30 Students.

The Cocoa Dojo class location is the YMCA Cocoa Family Center located on the Brevard Community College Campus in Cocoa, Florida.

A most exciting event occurred during the annual February visit by SRKUSA Deshi to sunny and warm Florida. Kyoshi Mackay conducted a spirited class on Friday, Feb. 18. The class was heavily attended by local Deshi from Cocoa, Titusville and Viera and many, many advanced Sensei and Deshi from New York and Minnesota. The training was excellent and the dojo mirrors became fogged with the effort, and much sweat was left on the training deck. This Friday class is an example of effort that we will remember and aspire to achieve again and again. It raised the bar for our training.

Also, during this six month period, the Cocoa Dojo held two green tip tests and participated in a joint belt level test on Feb. 12, 2011, with the Titusville Florida SRKUSA Dojo under invitation from Sensei Kurt Tezel, Yondan, and Shihan of the Titusville Dojo. The combined dojo test was an excellent karate event with students from both dojo obtaining promotions after rigorous testing/kata demonstrations along with display of basic techniques, Yakusoku Kumite and board breaking. The event culminated in the award of tips and belts for the Deshi that tested. Domo Arigato to Sensei Tezel along with the board of judges: Sensei David Tamir, Sensei Kurt Tezel, Sempai Carla Eddy, Sempai Pat Marchetti, and Sempai Trevor Tezel.

The Ueshiro Cocoa Dojo Dan Level Deshi (Sensei Ron Marchetti, Sempai Carla Eddy, Sempai Pat Marchetti and Sempai DJ Johnson) continue to lead the dojo in instruction of classes, along with Ni Kyu Deshi that continue to assist. The Ni Kyu instructors are Sempai Travis Culp, Sempai Matt Reed who is assisted by his son Luke Reed and Sempai Dennis Flynn. The Cocoa Dojo goal is to provide karate instruction to the Cocoa Deshi as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Scaglione and the Kyoshi.

Domo arigato,
Sensei Ron Marchetti Yondan, Shihan (321-412-3021)

Melbourne, Florida

Ueshiro Suntree YMCA Dojo and Melbourne Brevard Community College Karate Class



Onegai-shimasu,

We continue to move forward (zen-shin) with Ueshiro Shorin-Ryu Karate USA in Melbourne Florida. Our Suntree YMCA Dojo location is getting a boost of new adult students from the Melbourne Brevard Community College (BCC) Karate Class. We also got lots of Joy and Vigor from the recent Florida February special weekend of training highlighted by visiting Kyoshi Michael Mackay, Sensei Sal Scaglione, Sensei Kevin Reymond, and many other Ueshiro Karateka from across the US led by Hanshi Robert Scaglione. We are getting ready over the next couple of months to have our first two Suntree Dojo "indigenous" Shodan candidates to be tested for Black Belt (Sempai Steve

Quirion and Rick Cupoli). I'm planning an old fashion karate road trip with these two Sempai for the week leading to their test (last week of April). During this trip we plan to visit and train at our dojo in Virginia, Pennsylvania, New York, Connecticut, and Massachusetts; culminating in a spirited Black Belt test to be hosted by Sensei Dan Gobillot in his beautiful old fashioned Ueshiro Northampton Dojo with oversight by Hanshi Scaglione and Kyoshi Mackay.

You are all most welcome to visit and train with us any time. My guest room and dojo are ready for you with close access to Hanshi. I'm most grateful to Hanshi for teaching me something every time I train with him, which I try to do every week. Life is full of ups and downs, but our karate training must go on to keep us healthy and strong in body, mind, and spirit. Zen-shin.

Domo arigato gozaimasu
Tamir Sensei



Titusville, Florida

Ueshiro Titusville Shorin-Ryu Karate Dojo

Onegai-shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Titusville Shorin-Ryu Karate Dojo continues to grow and thrive. Our club just celebrated its two year anniversary and we now have four “homegrown” Ni-kyu. The ranks of San-kyu, Yon-kyu, and the other ranks are also well represented. We continue to have a healthy influx of white belts joining us as well.

One of the things I’m proudest of is the family aspect of our school. We try and make a point to encourage the parent of every child on the deck to join us.

We continue to foster a strong relationship with our sister schools in Cocoa, Suntree and Viera. The ability to train seven days a week at any of our local schools is an asset that cannot be overstated.



We continue to foster a strong relationship with our sister schools in Cocoa, Suntree and Viera. The ability to train seven days a week at any of our local schools is an asset that cannot be overstated. We continue to have combined special holiday workouts (see photo below from Thanksgiving Weekend) with our fellow students from these schools.

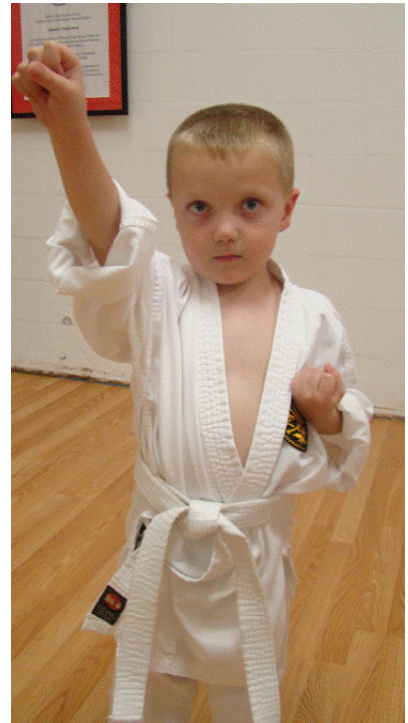
February was a busy month. On Feb. 12 our school joined Cocoa to have a successful full belt promotion, where a total of 30 students were promoted.

The following weekend we had the opportunity to train with Deshi from Minnesota, Washington DC and New York City.

To those visitors that made the trip and those that were unable: We would love to have you visit us *anytime*, not just in February.

Classes are held Mondays @ 6pm led by Sempai Carla Eddy, Wednesdays @ 6pm led by Sensei Kurt Tezel and Saturdays at 8am led by Sempai Trevor Tezel.

Domo Arigato Gozaimasu,
Sensei Kurt Tezel, Shihan



Viera, Florida

Ueshiro Viera Shorin-Ryu Karate Dojo



Onegai-shimasu Ueshiro Shorin-Ryu Karate USA,

The Ueshiro Viera Dojo continues to thrive, moving forward with regular classes being taught by me three days per week on Tuesdays and Thursdays at 6:00 PM, and Saturdays at 11:00 AM. All are welcome. Sensei Tamir often joins me to help teach on Tuesdays. Class attendance averages around 20-plus students on the deck, filling our training room with lots of joy and vigor! We often have visiting students from our other sister schools such as Suntree, Cocoa, and Titusville.

We have just soared a "wave" of high level training and testing this past February. The Florida February Weekend of Training was energized by special guests including Kyoshi Michael Mackay, Sensei Sal Scaglione, Sensei Kevin Reymond and many other high-ranking karateka visiting us from outside Florida. We hosted a large joint workout with all the visitors and our local Florida dojo in the Viera Rec Center Gymnasium (see photo) including special seminars, followed by an outdoor BBQ and additional training at the

Viera Regional Park Lakeside Pavilion. The following weekend, at our February testing jointly conducted with the Ueshiro Suntree Dojo, we had 23 deshi promoted (see photo) including some visiting Deshi from Titusville and Cocoa Dojo and visiting Shihan Sensei Ron Marchetti from the Cocoa Dojo who was promoted to Yon-Dan (4th Degree Black Belt).

Keep Training!

Domo arigato gozaimasu
Hanshi Robert Scaglione, Shihan
Ueshiro Viera Karate Dojo

Honolulu, Hawaii

Ueshiro Hawaii Karate Dojo



Aloha All,

We would like to start off with congratulating our most recent two students for successfully passing their February 10, 2011 promotion test.

Nathan Fedde promoted to Ro-kyu
Scott Nishimoto promoted to Yon-kyu

In addition, 2011 started off very strong with our two newly promoted shodans, Sempai Edgar Ambrosio and Sempai Roi Globen. It is a big step for all of us here as we grow and propagate our martial art. We look forward to a year full of new techniques, katas, and of course "More Sugar".

We also had the honor to train with two deshi who visited us here in Hawaii. We had the great pleasure of sharing a high energy workout with Alden Roth and Ali Chan. It's always a great sight to see individuals from dojo on opposite ends of the United States come together and do the same techniques and share the same philosophies. We see the

importance of always staying in contact with one another, and asking questions so that we can all continue to train consistently with one another.

Domo arigato to all who have been promoted recently. Let's all continue our training energized, ready to learn new techniques, ready to share our knowledge, and most all, always ready to keep on moving forward.

Domo arigato Grand Master Ansei Ueshiro for founding this extraordinary organization. Domo arigato Hanshi Robert Scaglione for continuing to lead this extraordinary organization.

From all of us at the Ueshiro Hawaii Karate Dojo: "ALOHA"

Sensei Lorenzo Aguon
Ueshiro Hawaii Karate Dojo
Aloha Activity Center
725 Kapiolani Boulevard Suite 101
Honolulu, Hawaii 96813
[808-375-6688](tel:808-375-6688)
www.uhkdojo.com
email: uhkdojo@aol.com

Boston, Massachusetts

Boston Chinatown Ueshiro Shorin-Ryu Karate Club

Onegai-shimasu Hanshi, Kyoshi, Sensei and fellow Deshi.

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays at 12:30 pm. The YMCA is near downtown Boston. We are honored when visitors train with us. If you may be able to do so, please let me know.



Mostly recently, we were honored to participate in the Northampton dojo's February belt test.

Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid out for us.

Domo arigato gozaimasu to Denshi-Shihan-Sensei Gobillot for the test and to Denshi-Shihan-Sensei Gobillot and, indeed, all of the Northampton Sensei and deshi for their kind hospitality to all the Boston deshi and for their strong spirit. Domo arigato to the Boston deshi who traveled to Northampton not to test but to train with and support their fellow deshi who were testing: Mr. Keith Burrows, Sho-dan, and Keith Chan, yonkyu.

Congratulation to all of the Northampton deshi who tested. Congratulations to the Boston Deshi On Lai and Joseph Cheung who were promoted to Ik-kyu.

We only earn our present rank when we reach our next one, or, in other words . . .

Keep Training.

Domo arigato gozaimasu to all,
Emiliano Mazlen
San-Dan
[\(617\) 879-9928](tel:6178799928)
emazlen@hotmail.com

Northampton, Massachusetts

Northampton Ueshiro Pine Forest Karate Dojo



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi!

Another vigorous season of training has come and gone. Congratulations to Rebecca Horne and Jim Robinson, who successfully tested for Ro-kyu and Go-kyu respectively on **Oct. 4, 2010**. They showed great spirit on the spot. A tremendous showing of deshi on the deck was immensely gratifying, as nearly every member of the dojo was presented. Keep moving forward!

Several deshi from PFK attended Kyoshi Seeger's Bunkai, breaking & brunch workshop and were honored to be present for Henry Waelbroeck's shodan test as well. Sensei Jean Gobillot, Dr. Nancy Owen and Dr. Mary McKitrick made the trip to Palisades, NY on **Nov. 7, 2010** and were treated to Kyoshi's remarkable hospitality and teachings. We look forward to our next visit!

Our dojo held an Open House in conjunction with the building-wide Open Studios on **Nov. 13, 2010**. A spirited class including kata, weapons, kumite and kihon techniques attracted a good crowd, as did homemade cookies and apple cake and fresh apple cider. Domo arigato to Mr. Vern Fath for conducting this special workout, and to all the deshi who gave their time on a gorgeous autumn Saturday to support the dojo.

Steve and Cathie Parsons held their annual dojo holiday party at their beautiful timber frame home on Saturday **Dec. 18, 2010** – one of the annual highlights of the PFK social calendar. Domo arigato Mr. and Mrs. Parsons!

Our New Year's workout and doshi kai were held on **Dec. 27, 2010**.

Congratulations to Rebecca Horne, who tested for go-kyu on **Jan. 10, 2011**. Good job!



Open house, Nov. 13, 2010

The PFK Sunday morning class was held at the Palisades PFK dojo **Feb. 6, 2011** and once again benefited enormously from Kyoshi Seeger's instruction and generosity. Making the trip were Sensei Cindy Gobillot, Sensei Jean Gobillot and Dr. Nancy Owen (home with a sick child: Mary McKitrick). We look forward to training with you again very soon – domo arigato gozaimasu Kyoshi!

A rank promotion was held jointly with Boston Chinatown dojo on **Feb. 12, 2011**. Board of judges: Sensei Chris Gobillot, Sensei Emiliano Mazlan, Ms. Tracey Magdalene. Presiding: Sensei Daniel Gobillot, Roky-Dan.

The following deshi were tested and promoted:

Rebecca Horne, Yon-kyu
Jim Robinson, Yon-kyu
Robert Saint George, yon-kyu

Dylan Kenseth, Ik-kyu
Joseph Cheung (Boston)
On Lai (Boston)

Congratulations to all, and arigato to all who came to support those testing.



Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKitrick, Ni-Dan
Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA
www.pineforestkarate.com

We're on Facebook - Please join us there:

<http://www.facebook.com/pages/Northampton-Ueshiro-Pine-Forest-Karate-Dojo/116176125073728?ref=ts>

But better yet, please visit us in real life in Northampton!
Our doors are always wide open to you.



Northfield, Minnesota

Ueshiro Northfield Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi.

We continue to thrive and grow in Northfield, Minnesota! Our Community Club is drawing increasing numbers of students, including many families that are training together. Younger siblings who initially watched their brothers and sisters on the deck are starting to join the group and begin training themselves. The Community Club meets on Monday and Wednesday nights.

The Carleton College Karate Club is also growing, with both new and returning students training on Monday and Thursday evenings. Club officers Lief Esbenshade and Kellianne Bennett are providing strong leadership and making a good foundation to lead the Club into the future. The Clubs have a joint workout on Saturday mornings, and combined Monday night workouts once a month so that all can learn and train together.

In February we were honored by the visit of Sensei Powell of Nyack, New York, who joined us for a full day of workouts and training as well as serving on the board of judges for our February promotion. Sensei Powell led two strong sessions of physical training, basic techniques, kata, and kumite. Deshi of all ranks were able to benefit not only from his instruction but his boundless positive energy and passion for Shorin-Ryu karate. Domo Arigato Sensei Powell--we'll try to get the temperature above zero for your next visit!

Testing and promotion was held in February. Domo arigato to Sensei Powell for serving on the board of judges. Congratulations to the following deshi who were promoted:

Ro-Kyu: □ Celine Falcon-Geist, Oen McKinley, Adrienne Falcon □ □

Go-Kyu: Zach Wood-Doughty, Becca Hobbs, Shadi Bayadsy □ □

Yon-Kyu: Kellianne Bennett, Peter Holocher □ □

San-Kyu: Lief Esbenshade, Julia Yang

To round out a busy February, Sempai Bob Dobrow and deshi Peter Holocher and Steve Hatle traveled to Florida in late February for the annual Karate workout. It was an amazing opportunity to train and learn from Hanshi, Kyoshi, and all of our fellow students of Ueshiro Shorin-Ryu Karate, not to mention creating and renewing friendships and enjoying the fantastic hospitality of the many Florida dojo. Domo arigato for the great weekend – and the sunscreen!

We move forward into spring training and our 2nd Annual Beach Workout to be held at the end of May. We will also grow in fellowship off the deck with a monthly pot-luck and compai to be held at the homes of club members.

Our best wishes to Hanshi, all Kyoshi, Sensei, Sempai and Deshi as we move forward in 2011 and look forward to the 50th Anniversary celebration of Master Ueshiro's arrival in the United States. If your travels bring you to the Midwest, please join us in Northfield—we would love to have you on the deck with us as we move forward with joy and vigor!

Respectfully submitted,
Steve Hatle, Ni-Kyu
Bob Dobrow, Ni-Dan



Hombu Dojo – New York, New York

Ueshiro Midtown Karate Dojo



49th Annual Black Belt Workout – Midtown Dojo

Onegai-shimasu, Hanshi, Sensei and Deshi of Ueshiro Shorin-Ryu Karate, USA.

2010 ended on an extremely high-note with year-end workouts for the Black Belts of USRKUSA and our own Hombu year-end compai. 2011 so far has exceeded 2010 and we look forward to an exciting Spring and Summer with numerous opportunities to bring our training up a notch.

Below are some of the highlights of the past six months at Hombu Dojo.

October tip test

Our October tip test was held on Tuesday, Oct. 26, 2010, presided over by a board of judges consisting of Sensei(s) Steve Lott, Gamiel Ramson, Ellin Moore and Rob Neff.

Congratulations to all who tested.

Promoted to Ro-kyu: James Rothermel, Gabe Miranda, Erik Sanner

Promoted to Go-kyu: Deanna Saikin, Jack McKeane

Also, special presentation of San-Kyu (brown tips) to Placido Hernandez Jr.

Domo arigato to those who came down to witness the event, and partake in the workout before the formal testing.

Children-only classes: autumn eight week session

Sensei Neff offered a second semester of children-only classes (ages 6 and up) from November through early January. This was a continuation of the Summer-at-St. Barts program offered last summer.

Black Belt Weekend 2010

As per tradition, on the first weekend of December Hanshi Robert Scaglione presided over the 48th annual Black Belt Workout and Compai at the Hombu Dojo in Midtown Manhattan. Over 60 black belts traveled from around the country to participate in two intense days of training. Saturday's high points included detailed corrections by Hanshi on basic techniques and 20-minute seminars by Kyoshi(s) Seeger, Baker, Mackay and Kaplan on Kata, Pre-arranged Fighting, Bunkai, and Strategies for Teaching Children. Both Saturday and Sunday included private reviews of each black belt by Hanshi, while the remaining students trained relentlessly under the guidance of the Go-Dan and Roku-Dan instructors. The number of corrections gleaned was countless, but perhaps the most inspirational was Hanshi's enthusiastic "That's IT!" when somebody broke through an old bad habit and demonstrated the correct technique. Rediscovering the "true" or correct way to perform a move was for many of us akin to returning home.

The formal compai on Sunday was reminiscent of the year-end celebrations held in Okinawa during Grand Master Ueshiro's years as Chief Instructor at the Shoshin Nagamine Dojo. Domo arigato gozaimasu to Hanshi and Kyoshi Baker for suggesting this traditional venue. And domo arigato to all the Black Belts for their heart-felt compai honoring Hanshi and Grand Master Ueshiro. It was a great way to end the Year of the Tiger and fortify the Black Belts for the journey towards the 50th Anniversary Celebration.



December 5, 2010 – Midtown Manhattan, New York



Mid-1950's – Naha City, Okinawa

Hombu Dojo year-end compai

On Tuesday, Dec. 14, 2010 the UMKD deshi held its own spirited compai and workout to celebrate the end of the year. The Hombu Black Belts under the direction of Sensei Larry Link presented the school with a brand new set of shinden photographs.

December tip test

Wednesday, Dec. 22 marked our final green tip test of the year. Congratulations to our latest class of white belts who took part:

Promoted to Ro-Kyu: Sam DiGiario, Anthony Freijy
Promoted to Go-Kyu: James Rothermel

Domo arigato to the board of judges, Sensei(s) Ellin Moore, Tsvi Bar Shai, Rob Neff, and Haven Pell. Sensei Pell, visiting from the Bushi Dojo in Santa Monica, brought great spirit to the occasion. Domo arigato also to the other black belts and kyu rank students for lending their support and showing great presence of mind during their demonstrations.

To quote a paragraph from one of the students who tested: "Remembering and honoring traditions is an essential component of karate training."

Hanshi Seminar at Hombu Dojo

First and foremost, a big "Domo arigato, Hanshi!" to Hanshi Robert Scaglione for visiting New York and offering an exhilarating, standing-room-only class at the Hombu Dojo last Saturday, Jan. 29. There is no coasting when Hanshi conducts - just all-out Ueshiro Shorin-Ryu taught by the World expert in his field. Hanshi was joined with his son, Sal Scaglione, Denshi/Shihan of the East Meets West Karate Club of Northern Virginia, for the two-hour class. Their visits are a strong reminder that we all need to travel and train at other Ueshiro SRKUSA schools across the country and around the world.

New Year's Eve class

A special New Year's Eve class was held on Dec. 31, conducted by Sensei Ramson and Mr. Ballin. The class started at 4:30 pm and was rumored to have continued until just before midnight.

February tip test

The first tip test of 2011 was held on Tuesday, Feb. 8. Congratulations to Sylvia Carozza on her promotion to Ro-kyu. Sylvia gave an impressive solo performance in front of a packed dojo. Domo arigato to the Board of Judges, Sensei(pl) Ramson, Moore, Bottega and Ms. Elsayed, as well as the many other participants who showed up to train and lend support. We were also honored to have representatives from the Pelham Manor, Federal Reserve Bank of NY, and Downtown Karate Clubs in attendance. The workout/test was a great prelude to the full belt promotion held the following Sunday.

February full rank promotion

The Ueshiro Midtown Dojo held its full belt promotion on Sunday, Feb. 13, 2011. Due to the main gymnasium being closed for repairs, the test was held inside the Karate Studio. Domo arigato to everyone for adapting to the "Dojo in a Box". After four hours of rigorous training and review the following students advanced in rank:

Promoted to Yon-kyu: James Rothermel, Plinio Villablanca, Tim Whitney,
Ash Venkatraman (Federal Reserve Bank of NY Karate Club),
Alden Rothe

Promoted to San-kyu: Joelle Ramson, Ansumana Bangura, Javier Sanchez

Promoted to Ni-kyu: Muhammad Jalloh

Promoted to Ik-kyu: Brian Heese (Okinawan Karate Club of Pelham Manor),
Ibrahima Jalloh

Congratulations to the test candidates for dealing with every challenge thrown at them, including being asked to perform their kata facing a different direction than usual. Domo arigato gozaimasu to the black belt judges, Sensei(pl) Reymond, Ramson, Moore, Bottega, DeLucia, Vachino and Messrs. Glassberg and Adams, as well as all the others who did not test but lent great support. Domo arigato also to our participants from the Ueshiro Easton, Ct. Karate club, Mr. Frank Mowka and Art Forni, and to the loyal group on family members who came down to chronicle the day's events.

February Midtown Belt Promotion



Presidents' Weekend Training Program in Florida, 2011

This year's Florida Karate Weekend kicked off Friday evening with a workout at the Cocoa YMCA Dojo, hosted by Sensei Ron Marchetti and featuring a corps of newly-promoted students from the Cocoa and Titusville Dojo. Kyoshi Mackay conducted the class as a warm-up to Hanshi's main workout set for Saturday morning. The group worked basics, kata and bunkai with a goal of reaching uniformity among all students across all dojo. The children in attendance deserve special commendation for their focus and endurance. Many had never seen so many brown and black belts assembled on one deck demonstrating powerful kata and kiai.

On Saturday morning training continued in earnest with Hanshi conducting at the Viera Recreation Center Gymnasium. After dedicating the workout to Grand Master Ansei Ueshiro, Hanshi led the charge supported by black belts from Florida, New York, Virginia and Minnesota. At about noon Hanshi split the group into three seminars: Fukyugata San, conducted by Sensei Kevin Reymond, Pinan Yon-dan conducted by Kyoshi Mackay, and kata Rohai, conducted by Sensei Sal Scaglione. Hanshi closely monitored each group making sure we stayed loyal to the kata as originally composed. The theme echoed by Hanshi throughout was "If the Masters had wanted us to perform a move differently from what is shown in the books and tapes, they would have told us."

After a brief water break Hanshi assembled groups to practice traditional weapons. Lower-ranking students were allowed to watch from the sides. As extra "sugar" Hanshi gave the Ik-kyu individual corrections on all the kata. The session ended with demonstrations of weapons kata, after which the deshi assembled at the Viera lakeside pavilion for a BBQ compai. Most of the participants remained in gi. After an extraordinary culinary treat hosted by the Florida black belts (with Ik-kyu Kevin Hutchenson manning the grill), small groups formed in the grass to continue informal training. It was a remarkable venue for comparing notes and reviewing the precise details of our kata.

The three-day marathon continued early Sunday morning with an outdoor workout conducted by Kyoshi Mackay on Lori Wilson Beach. Sensei Reymond wasted no time in pushing the brown belts to the edge of the water and their endurance while other black belts worked kata with the kyu ranks. Hanshi arrived in time to review Fukyugata San with the group, then continued his corrections with the Ik-kyu. Hanshi's main request is that we study Master Shoshin Nagamine's "The Essence of Okinawan Karate-Do" after every class, not just in the days before a promotion. While Hanshi reviewed the Ik-kyu the main group worked Yaku-soku kumite in the sand, supervised by Roku-dans Scaglione and Reymond. By mid-day the beach was packed with spectators. Hanshi assembled the students in a large circle for white belt demonstrations of board breaking, plus special demonstrations of kata and weapons from the higher ranks. After the

workout, Hanshi called an informal Shihan meeting. Others enjoyed a brief lesson in surfing conducted by Sensei Marchetti and Ik-kyu Steve Quirion. Hanshi was adamant that the surfing lessons were "optional."

During the entire three days the Florida Space Coast put on its brightest and warmest February weather, setting a tone of friendship and welcome embraced by all.

Many "Domo arigato!" need mention: To our hosts, Sensei(s) David Tamir, Ron Marchetti and Kurt Tezel, along with their respective students, for pulling out all the stops to make their northern visitors feel at home. To the Shihan who traveled far to receive corrections to bring back for their students, and to those students wise enough to accompany their Shihan and acquire such knowledge directly. To the extended families who support their loved ones' passion for karate-do, even though they might not understand the joy, vigor and sacrifice that accompany such commitment. And finally, to Hanshi Robert Scaglione for not just keeping us on the path, but for keeping the path itself open for others to travel.



Lori Wilson Beach Workout – Cocoa Beach, Florida

Photographs of these and many other events are available for your enjoyment in the gallery section of our [website](#).

Sensei Lott training in Las Vegas

Sensei Steve Lott, Roku-Dan at the Ueshiro Midtown Dojo, has moved to Las Vegas, NV, to pursue a life-long dream of opening the Boxing Hall of Champions. Newer students know Sensei Lott from his Wednesday evening class and Techniques for the Week, both of which are famous for their meticulous attention to detail. Older students know Sensei for his sense of humor and passion for karate, boxing and handball. Hanshi signed up Sensei Lott in February 1984 and Sensei has been an invaluable supporter of Ueshiro Shorin-Ryu Karate USA ever since. We wish him all the best in his ambitious venture to chronicle the history of boxing, and look forward to training with him soon in the Entertainment Capital of the World.

An invitation

All Deshi world wide are cordially invited to train in our humble dojo in the heart of Manhattan. You are particularly invited to take advantage of our specialty classes:

- Black Belt only class – First Thursday of each month from 5:30 to 8:00 pm
- Brown Belt and above class – Second Thursday of each month starting at 5:30 pm
- Green Belt emphasis class - Usually held on the Third Wednesday of each month from 5:30 to 7:00 pm

Or any of the other classes available seven days a week:

Class schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
7:45 – 8:30am	–	--	7:45 – 8:30am	7:45 – 8:30am	10:45 – 11:45am	11:00 am - 12:00 noon
12:00 – 1:00pm		12:00 – 1:00pm	1:15 - 2:00pm	10:30 - 11:30am	12:00 – 1:00pm	
5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm**	5:30 – 7:00pm*	5:30 – 7:00pm	--	
--	7:15 – 8:45pm				--	

* Black belt class – first Thursday of each month.

Brown belt class – second Thursday of each month.

** Green belt emphasis – third Wednesday of each month

Domo arigato gozaimasu to all the Black Belts and assistant instructors for trudging through snow storms, work and travel commitments, office parties and any number of other distractions to keep the dojo going.

Finally, a spirited "Domo arigato, Hanshi!" to Hanshi Robert Scaglione for his enduring spirit and leadership at the helm of Ueshiro Shorin-Ryu USA. We are one of the few remaining martial arts organizations where the whole is truly stronger than the sum of its parts.

Domo arigato gozaimasu, Hanshi,

Kyoshi Michael Mackay
Hachi-Dan, Ueshiro Midtown Karate Dojo
www.MidtownKarateDojo.com

New York, New York

Ueshiro Downtown Manhattan Shorin-Ryu Karate Club



It has been an exciting inaugural six months for the Downtown Ueshiro Shorin-Ryu Karate Dojo. We held our first tip test with Sensei Bottega's FRBY Shorin-Ryu Karate dojo this past February where two new Downtown students, Steve Cere and Evelyn Anderson earned their first green tip.

We have held a number of workshops over the past six months. The workshops focus on specific kata or other areas such as bunkai or weapons. We feel that drilling down for an entire class on say one kata or bunkai allows us to more fully explore the techniques and improve our knowledge and skills.

Upcoming workshops will cover pre-arranged fighting, Naihanchi kata, nunchuku, developing speed, and others. Please watch for announcements and join us. I would like to express my appreciation to Sempai Ron Ballin, Sempai Kim Garon and Sempai Michael Gallagher for their support at Downtown and assisting with the workshops. Arigato to Sensei Bottega and his students for the teamwork with promotions and workshops.

Arigato,
Sensei Kevin Reymond
Shihan, Downtown Ueshiro Shorin-Ryu Karate Dojo
Under the Direction of Hanshi Robert Scaglione

New York, New York

Ueshiro Shorin-Ryu Federal Reserve Bank of NY Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and fellow deshi.

Ueshiro Shorin-Ryu Federal Reserve Bank of NY karate club continues to flourish with its core set of deshi, with regular classes offered through the Bank's Health and Fitness program, to employees of the Federal Reserve Bank of New York.

As the club prepares to celebrate its 2nd anniversary this coming July, several of our students have recently tested and received new ranks. On Feb. 3, Arun Nachimuthu and Mary Tao, successfully test and receive their 2nd green tip (Go-Kyu). Then, later in the month, at the Ueshiro Midtown Karate (Hombu) Dojo's semi-annual belt promotion, FRBNY Karate Club was well represented by Ash Venkatraman, who successfully tested and received the rank of Yon-Kyu, making him the first full color rank of the FRBNY Karate Club.

We'd also like to call out to our new "cousin" dojo, the "Downtown Ueshiro Shorin-Ryu Karate Dojo", lead by Sensei Kevin Reymond. Students from FRBNY has been venturing out – visiting this new location, as well as venturing "north" to train at Hombu dojo with Kyoshi Mackay. Thank you to both for always having your doors open for our students to train with the full Shorin-Ryu USA family!



Upcoming events –
Membership Drive and
Open House in
April/May timeframe.

With Joy and vigor!
Domo Arigato
Gozaimasu,
Sensei John Bottega

Palisades, New York

Pine Forest Karate School



Thank you Hanshi and all Black Belts for a great finish to 2010 with our Annual Black Belt Workout and Compai Weekend.

Congratulations on the Grand Opening of Ueshiro Downtown Manhattan Shorin-Ryu Karate Club, and To-Te Ueshiro Karate Dojo of Nyack.

Being able to train in different dojo and with visitors from those schools is one of the benefits of our world wide organization. We wish to thank the high ranking instructors of Ueshiro Northhampton Karate Dojo under Shihan Globillot Sensei, Shihan Powell Sensei of To-Te Ueshiro Karate Dojo and deshi, and Shihan Raymond Sensei and the instructors and students at Ueshiro Downtown Manhattan Shorin-Ryu Karate Club. We all improve when we learn from each other.

Train with Kyoshi Seeger Sunday April 3, 2011

We never want to have to use our Karate to defend ourselves, **we always hope for the best but are ready for the worst.** That's one of the gifts of Ueshiro Shorin-Ryu Karate, the ability to defend yourself if you have to.

Don't miss this important seminar on traditional moves from kata that can be used on

the street in life and death situations. Sunday April 3, 2011 at 10 am.
Free to all Ueshiro Shorin-Ryu members.

Our Breaking Bunkai and Brunch 2010 was a big hit.

Thank you everyone who attended.

Ueshiro Shorin-Ryu 50th anniversary Legacy Project

What if the standards set by Master Ueshiro and Hanshi could live on forever. Well they will and you will be part of it. Kyoshi Seeger is creating the Ueshiro Shorin-Ryu 50th Anniversary Legacy Project. This video is a time capsule of where we are and where we came from. We will lock this moment in time forever and ever.

This video is much more than greetings from our worldwide organization It is your opportunity to demonstrate traditional Kata, Bunkai, Breaking and Weapons. Hanshi will select all the moments so begin creating your demonstrations and start recording. Here are the guidelines. Hanshi said it best:

These guidelines preserve the integrity of our UeshiroSRKUSA. They move us forward, instruct and inform all our Kyu and Dan levels to the valuable principles of Shorin-Ryu karate. Please refer to the Kata Guide DVD, Master Nagamine's Essence of Okinawan Karate-Do, and the Shorin-Ryu Question and Answer Book for further guidance.

Kata (including Bunkai)

Demonstrate only traditional Shorin-Ryu Karate USA kata, never demonstrate an intentional variation.

Weapons

Demonstrate only traditional weapons kata using Okinawan weapons; bo, sai, nunchaku, tuifa, or kama. For example, do not perform Pinan ShoDan with a bo or any other weapon. The Pinan are cherished kata composed by Master Anko Itosu, to be performed with "empty hands". Never with a weapon. The same applies to ALL our kata and ALL karate weapons.

Breaking

All materials are stacked without spacers. Until recently I never observed any authentic practitioner from Okinawan Shorin-Ryu perform atemi-waza/breaking using spacers. Master Ueshiro, and every high level practitioner from Okinawa, never used spacers of any kind. Traditional materials are one-inch wood boards, cement blocks, or roof tiles stacked one on top of another, without the use of "spacers".

Now is the time to prepare for the 50th Anniversary Celebration, through joyful and vigorous training, by participation in all belt promotions and events in your area, as well as visits to distant dojo when possible.

If you have any specific questions or concerns, please contact your Sempai or Shihan, or you may communicate with me directly, through your Shihan.

Thank you all for your continued efforts, training and support of Ueshiro Shorin-Ryu Karate USA.

*Keep training.
Sincerely,
Hanshi Robert Scaglione*

Begin organizing your videos the best capture the traditional history of you dojo over the decades and where you are now.
Kyoshi Seeger



Pelham Manor, New York

Okinawan Karate Club of Pelham Manor



The Okinawan Karate Club of Pelham Manor continues to hold classes Monday evenings from 7:30 to 8:30 pm taught by Kyoshi Mackay and Sempai Brian Heese. On Nov. 15 we were honored to have Kyoshi Matt Kaplan, Shihan of the Ueshiro Okinawan Family Karate Club at Penn. State College, visit and conduct our workout. Kyoshi Kaplan gave a spirited class in his classic style of gearing the training towards families. Domo arigato gozaimasu, Kyoshi, for honoring us with your bushido spirit!

Congratulations to Chief Instructor Brian Heese who was promoted to Ik-kyu on Feb. 13 at the Ueshiro Midtown Karate Dojo. Brian continues to train at both dojo on a regular basis. Domo arigato gozaimasu to Barbara, Connor and Matt Nichuals for keeping the door to the dojo open and continuing the dream of Sensei Dan Nichuals. We are hoping to have an outdoor workout this Spring or Summer to commemorate the passing of Sensei Nichuals five years ago.

Domo arigato gozaimasu, Hanshi,
Kyoshi Michael Mackay, Acting Shihan,
Okinawan Karate Club of Pelham Manor

Rockland County, New York

To-te Ueshiro Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi,

It's been stated that *"Karate must be kept hot or it will get cold"*. The 10 deshi that attended our Nyack, NY Feb.17, 2011 promotion kept the deck sizzling into the late hours of the night. I would like to congratulate the following deshi for moving forward.

Promoted:

Ro-kyu: Eugene Calligeros, Henschell Joesph, Amiri Bell, Derick Markiet, Andrew Hurst

Yon-kyu: Jade Powell, Mike Santoro

San-kyu: Carl Burnett

Ni-kyu: Lee Justo

Ik-kyu: Blue Calvo

I especially want to thank Gemini Watanabe and Colin Tennyson for supporting the group and assisting me with the board of judges. Now the hard work begins to earn the rank every time we tie the obi and step on the deck.

USRKUSA members, all are welcome! Please come train with us anytime in Nyack, NY Your skill, experience and spirit will help our NEW Ueshiro club move forward as we prepare for the 50th Anniversary celebrations.

Thank you Hanshi for your never ending leadership on and off the deck.

Respectfully

Powell Sensei [845 353 8505](tel:8453538505)

State College, Pennsylvania

Ueshiro Okinawan Karate Family Club



Dear Hanshi, Kyoshi, Sensei, Sempai, and all Deshi:

We're moving forward. Since the last newsletter, we have added 5 new families to our family club, established a third class to our schedule, and promoted 23 students to their next rank – 4 with one green tip (go-kyu), 2 with yellow belt, 11 with green belt (Yan-kyu), 5 with brown-tips (San-kyu), and 1 with brown belt (Ni-kyu).

Our third weekly practice time takes place Friday mornings at 7:00 a.m. at the new base of operations for the Dragonfly Therapeutic Massage and Day Spa. This facility, owned and operated by our very own Tracie Pletcher (Ik-kyu), is a new facility resplendent with a wall of mirrors. Thank you, Sempai Tracie for this exciting place to train and for the invigorating workouts.

Our dojo is “going green” by making our potlucks environmentally friendly. With dinnerware and flatware from our local Goodwill store we waste less paper and styrofoam products and build even more community spirit by washing and drying dishes together.

Adults and kids continue to be open to learning from one another. Small practice groups emerge spontaneously during warm up times on Sunday afternoons. Adults watch and learn from the more advanced younger students and adults guide and instruct the younger and more beginning students. The exchanges are exciting to watch and be a part of.

And now that the winter is behind us, when you come visit, you can enjoy our outdoor as well as indoor workouts along with some good old-fashioned central Pennsylvania hospitality.

Domo arigato gozaimasu,
Matt Kaplan, Denshi/Shihan, Shihan
Ueshiro Okinawan Karate Family Club
State College, PA

Centreville, Virginia

Ueshiro East Meets West Karate Club of Northern Virginia



Onegai-shimasu Hanshi, Sensei and SRKUSA Deshi

The Ueshiro East Meets West Karate Club continues to move forward as we celebrate our 13th year of Karate in Northern Virginia.

There has been lots of SRKUSA activities/events that were supported by deshi of the Virginia in the last 6 months.

The club was well represented at the annual December Black belt workout on December 4-5 2010, and performed 2 group kata demonstrations. The following Virginia deshi participated in the workout and Compai: Sensei Joe Knight, Sensei Patrick and Lisa Markowitz, Mr. Shabbir Kazmi, Mr. Sean Paus, Mr. Jim Davis, Hannah and Jonah Markowitz.



The club conducted a full belt promotion on Feb. 12, 2011 from 9am to 12pm and a Tip Test on March 5, 2011 from 9am to 11am. Sensei Sal Scaglione oversaw both workouts and accompanying tests. The following students advanced in rank:

Promoted to Ro-Kyu: Tania Leeuwrik, Corbin Tucker, Grayce Angle, Bill Breidenbach

Promoted to Yon-Kyu: Gordon Leeuwrik, Kirk Leeuwrik, Lauren Paus

Promoted to San-Kyu: Laura Angle

Promoted to Ik-kyu: Joshua Paus, Estelle Paus

Congratulations to the test candidates for showing the spirit, discipline, and power while on the deck. We also thank the family and friends of those testing, and those Virginia deshi who were not testing, for lending their support to this important event.

Sensei Sal Scaglione represented the Virginia Club for the Annual Florida Weekend of Training on Feb. 18-20, 2011.

Sensei Sal Scaglione and the Sensei Markowitz family will be traveling to Massachusetts in April to support the special North Eastern Black belt test.

Domo arigato to Master Ueshiro and Hanshi Robert Scaglione in the founding and leadership of SRKUSA!

Keep Moving Forward!

Domo arigato

Sensei Joe Knight, Director

Hong Kong, China

Ueshiro Hong Kong Karate Club



Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

The past season has been a time of solid progress for everyone at Ueshiro Hong Kong Karate Club. Promotion tests were held on Sunday, Feb. 27, 2011. In addition to the two Deshi testing, Deshi from all ranks attended and provided support. Training was filled with spirit, sweat and courtesy! The board of judges consisted of Lai Sensei, Wong Sensei and Kleusch Sensei.

Successful Deshi receiving promotion:

Janet Hsiao promoted to San-Kyu

Elvis Lo promoted to San-Kyu

Domo arigato to Sensei, Sempai, and all Deshi that tested, attended and supported in testing!

After the strength and action symbolized by the year of the Tiger, it is time to welcome the year of the Rabbit, where the emphasis is on being calm and elegant, perfect qualities to focus on during karate training!

We look forward to the upcoming Katathon to be held in May. This is the annual fund raising event for sponsoring Kyoshi Kaplan to visit Hong Kong and share with us his karate wisdom. On that note, we are very excited that Kyoshi Kaplan is planning a visit to Hong Kong in September 2011. Domo arigato Kyoshi!

Marco Ng and Rayvel Tang, two Ik-kyu deshi from Ueshiro Hong Kong Karate Club, with Kyoshi Kaplan's support, have been approved by Hanshi to visit the US for their Shodan test later this year. They are looking forward to hard training and great learning during this trip!

Finally, September 2011 is the 15 year anniversary of Ueshiro Hong Kong Karate Club and we look forward to having extra opportunities to train throughout the year as part of the celebration. As part of this, we extend an extra hearty welcome to visitors: please join us for both the karate and the experience of Hong Kong!

Domo arigato Master Ueshiro, Hanshi, Kyoshi, Sensei, Sempai and all deshi for maintaining the traditional art of Shorin-Ryu karate!

Domo arigato gozaimasu,
Tytus Michalski, Shodan
(On behalf of Lai Sensei)
Ueshiro Hong Kong Karate Club
China

Hong Kong, China

Ueshiro Okinawan Karate Club



Onegai-shimasu Hanshi!

The Ueshiro Okinawan Karate Club in Hong Kong continues to grow and we now have six students actively training. Arigato Kyoshi Kaplan and Sensei Lai for all your support! We have begun planning for the annual katathon in conjunction with the Ueshiro Hong Kong Karate Club, scheduled for May 10, 2001 the birthday of Prince Siddhartha, the Buddha.

In addition, UOKC will be hosting a breaking seminar April 21 at the Tung Chung City-Gate Rooftop location from 6pm to 7:30pm, with Sensei Kleusch giving detailed demonstrations and advice. You can reserve boards and bricks by contacting Sensei Kleusch at sensei@hongkongkarate.com. The $\frac{3}{4}$ inch pine boards are \$27HK each, the $\frac{3}{8}$ inch pine boards are \$24HK each and three inch concrete slabs, (brown belts and above only) are \$10HK each. A variety of techniques will be demonstrated and studied, including zuki (punching), kentsui uchi (hammer fist), shuto uchi (knife hand), naihanchi stomp, gerikata (kicking techniques) and hiji-ate (elbow smash). This is a great opportunity for any students who have not had a chance to formally study breaking techniques. Sensei Kleusch has studied and performed hundreds of breaks and will be sharing all he has learned. All Shorin-Ryu Karate USA deshi are invited to attend. Don't miss this great chance!

Arigato Hanshi!

Ueshiro Okinawan Karate Club in Hong Kong



Karate News is a semi-annual publication produced in turn by volunteering Shihan of the Shorin-Ryu Karate USA Dojo and Clubs. Current and previous issues of ***Karate News*** can be found at our web site www.shorinryu.com.

This issue was published by Bob Dobrow, Ni-Dan and Shihan of the Ueshiro Northfield Shorin-Ryu Karate Club in Northfield, Minnesota, and edited by Hanshi Robert Scaglione.