SCA Newsletter

SCA Co-Presidents: Barbara Yeates and Pam Priscoe

Spring/Summer 2014

SCA President's Message

It's hard to believe that the end of the school year is upon us! A sincere thank you to all the parents who attended meetings, volunteered on committees, and donated time and or money to different fundraisers and activities. All of your contributions guarantee the success of the HBW SCA.

Barbara and I had the pleasure of working with a great group of women that served on our Executive Board as well as countless committee chairs and volunteers. You made our job quite easy and we thank you. We wish all of our departing "senior" parents and their children the best of luck with all of their future endeavors.

May 29th was our last SCA meeting of this school year and the new slate of committee members was approved. If you are an outgoing committee member and have a binder or notes to pass along, you can leave it in the SCA mailbox in the central office or pass it directly to the next person chairing the committee. Please update any information so the next chair has a point of reference and knows what worked and what didn't.

Through your generosity and the various SCA fundraisers we were able to help support many events this past school year, which included:

Halloween Window Painting Jump Rope for Heart

Class Trips Newcomers Breakfast

8th Grade Farewell Dance Author Visit

8th Grade Pocono Trip Battle of the Books
Field Day Assembly Programs

Music in the Parks Day in School Field Activity

We supported the HBW Music Department, HBW School Play, VMAC, VSEAA, Verona High School Project Graduation, HBW Yearbook and (2) Scholarships to Graduating VHS Seniors. We provided the teachers room with a startup supply of coffee last September, our nurse's office with water and snacks and bottles of hand sanitizer during flu season to the HBW offices.

Our Teacher Appreciation Luncheon will be held on June 19th following Field Day.

Through your generous contributions our Beautification Committee was able to keep the school grounds looking absolutely beautiful!

We would like to thank everyone for their time, dedication support and generosity. We would also like to thank all of the teachers, administration, staff and custodians of HBW that have helped us throughout the school year. We could not have done it without all of you.

We wish you and your families a safe, happy, fun filled summer.

Barbara and Pam

Issue No. 3 Snapshot—

- SCA Update
- Principal's Message
- Around the "Horne..." Class, Club & Community News
- "Dog" Days of Summer
- SCA Slate 2014/2015
- Congrats, Grads!

A SPECIAL THANK YOU

I wanted to thank all of you for your hard work and support. I enjoyed working with everyone on the SCA board and committees as well as all of the parents and HBW staff. I couldn't have done it without all of you.

I am not leaving HBW (I still have 2 more years) and will remain on the HBW SCA board as VP of Membership, but I had to let everyone know that I had 2 great years as Co-President of the HBW SCA and all of you are responsible for that. We all have one goal, and that is to provide the best for our children and I think we do a very good job of that at HBW.

I leave you in very good hands and for those of you moving on up to VHS, I am taking on the position of President of the VHS SCA this September. So hopefully I have the opportunity to work with you at the high school.

Have a wonderful, fun-filled summer!

Barbara Yeates



From the Principal's Desk...

Ms. Yvette McNeal

Dear Parents and Students:

My message to you has been inspired by one of the books causing a buzz at HBW. It's called <u>Wonder</u>. Many of our students (and parents) read it this year, and if you haven't, I highly recommend it! <u>Wonder</u> is a book about a boy named Auggie who is born with a facial deformity. He has been homeschooled until 5th grade. The plot focuses on Auggie's first year attending 5th grade in a public school and how he survives. It's an incredible snapshot of middle school students, middle school parents, and middle school teachers both positive and negative told from multiple perspectives including Auggie, Auggie's sister, and different students at his school, Beecher Prep.

One of my favorite teachers in Auggie's school is Mr. Browne who introduces students to the term, "precept" - rule or rules to live by. Every month he posts a different precept for discussion, and students write about it and relate it to their lives. Here are his precepts:

September: When given the choice between being right or being kind, choose kind.

October: *Your deeds are your monuments.*

November: Have no friends not equal to yourself.

December: Fortune favors the bold.

January: No man is an island, entire of itself.

February: It's better to know some of the questions than all of the answers. **March:** Kind words do not cost much. Yet they accomplish much.

April: What is beautiful is good, and who is good will soon be beautiful.

May: Do all the good you can,

By all the means you can,

In all the ways you can, In all the places you can,

At all the times you can, To all the people you can. As long as you ever can.

June: *Just follow the day and reach for the sun.*

(Wonder, p. 311-312)

Today I pose to the class of 2014 this precept:

Your deeds are your monuments. As Auggie, our main character, writes:

This precept means that we should be remembered for the things we do. The things we do are the most important things of all. They are more important than what we say or what we look like. The things we do outlast our mortality. The things we do are like the monuments that people build to honor heroes after they've died. They're like the pyramids that the Egyptians built to honor the pharaohs. Only instead of being made out of stone, they're made out of the memories people have of you. That's why your deeds are like your monuments. Built with memories instead of with stone. (Wonder, p. 64)

How will you be remembered at H.B.W. by students, and teachers, and community? What did your deeds say about you? Going forward, how would you like to be remembered? What kind of monuments will you build of yourself in high school and beyond? My advice to you: Make them good ones, and make them strong ones.

Have a wonderful summer!

Sincerely,

Mrs. McNeal



Class & Club News

By: Marisa Albano and MaryAnne Halbert



What's Shining Around the "Horne..."

Student Council The Student Council has been very busy holding School Spirit Days over the past months. Students have really enjoyed the following Spirit Days: Green Day, College Apparel Day, Color Day and Sports Day. Even the teachers have joined in the school spirit.

The 8th Grade Dance was held on Friday, May 9th. The Dance Committee worked hard creating the decorations for "Hollywood Nights". The gym was beautifully decorated and lit by white lights. Students enjoyed dancing and interacting together for their farewell dance. Thank you to the Dance Committee for all of your hard work and dedication.

The Student Council also took its annual trip to Philadelphia on Tuesday, June 10th. Check out more about the trip on page 4.

Once again, it was a great and exciting year for the Student Council!

5th Grade As part of the Science curriculum, the fifth grade took a trip to The NJ Sea Grant Consortium on Friday, May 30th. Students studied the ecosystems that we live in right here in the state of New Jersey.

In writing, the fifth grade will be finishing the year with a unit on Poetry Writing. Students will be exploring a variety of poems and using them as spring-boards to help them write their very own poems.

In Mrs. Albano's Science classes, students learned a lot about research skills and non-fiction articles while doing their Endangered Animal Research Project. Students were given an endangered animal to research and specific areas to find out about their animal. Students used a variety of online resources in the Media Center with Mrs. Kleinknecht. Their final product was a newspaper article which is beautifully displayed in the hallways.

Best Club This year, the BEST club organized their fourth annual American Idol Event. Club advisors Mrs. Useche and Mrs. Freire, helped students prepare for a night filled with great performances and school spirit! Songs like "Let It Go," "1,000 years," and "Happy" filled the auditorium on Friday, May 30th from 7pm to 7pm. All proceeds went to Mustard Seed Communities, an orphanage in the Dominican Republic.

Class & Club News

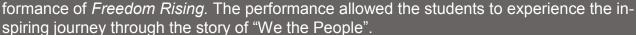
By: Marisa Albano and MaryAnne Halbert

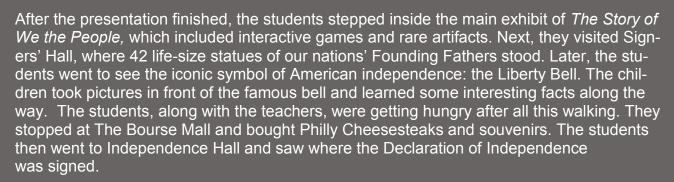


What's Ringing Around the "Horne..."

Student Council "Lets Freedom Ring" with Philly Trip!

On June 10th 2014, the Student Council arrived at school earlier than usual. They packed into a bus and were headed to Philadelphia. Once the bus reached its destination, the students entered the National Constitution Center. Here, the Student Council watched a per-





After seeing the room where George Washington stood, the Student Council visited Christ Church. Christ Church in Philadelphia was the parish of many Revolutionary-era leaders. Unlike other churches, Christ Church doesn't have stained glass windows. Later, the group visited Franklin Court outside of the Benjamin Franklin Museum. There, an outline of Benjamin Franklin's house was built to show the real size of his original house. Then, the students learned about 18th century newspaper printing at the Franklin Court Printing Office. Next, students got their pennies ready as the stepped up to Benjamin Franklin's tombstone. The tradition is to throw a penny and have it land on the grave. Some say if it lands heads side up, then one will have good luck.

Finally, the Student Council arrived at the last destination of the day: The Betsy Ross House. The children got a tour of the whole house and learned about Betsy Ross and why she was so prominent in U.S. history. At the end of the day, the Student Council gained a great amount of knowledge of independence and government, in which they can apply to their lives.

Student Council Advisors: Ms. Kunkel, Mrs. Albano and Ms. Pietrucha

Class & Club News

By: Marisa Albano and MaryAnne Halbert



Around the "Horne...



6th Grade News - From Mars to Math...

All Sixth graders have left their study of rocks and minerals and plate tectonics and have set their sights on space. Along with the study of our solar system, students will be placing an experiment of their choice inside a ping pong ball that will be carried above the world in weather balloons. When the balloons with these PongSats (ping pong satellites) return to Earth, they will enjoy a reunion in the fall to reveal how their experiments "weathered" in their travels. Check out this website: https://www.kickstarter.com/projects/1569698176/2000-student-projects-to-the-edge-of-space for a great video on the project.

In literacy, classes were very busy taking part in activities and lessons that would strengthen overall reading and writing skills. For example, classes learned the structure of five paragraph essays and wrote different types of essays including argumentative and expository. Students spent time reviewing how to answer reading questions and citing evidence to support their response. Children continued reading independently with Literature Circles and Battle Books.

All of the sixth grade students completed reading the novel *Maniac Magee*. Through this novel, the students enhanced their knowledge of reading strategies and figurative language. This novel helped students to understand social problems and how they affect society. Students were actively engaged in this novel and really enjoyed it.

Students in the sixth grade spent time studying the time period of the late 1800s to early 1900s. Notable events studied during this time period included the Industrial Revolution, growth of big business, growth of cities, and European immigration. The classes completed a variety of activities and projects. Many children learned about where their families may have immigrated from. As the year continues, the students will move forward learning about the Progressive Era.

Mrs. Donahue's math classes completed a real-world activity involving finding geometric measurements. Students found perimeter, area, surface area, and volume, involving fraction operations, of brownie pans and boxes used in a family bakery. They then needed to calculate with decimals to find the total amount earned in brownie sales and coffee sales on a weekly basis. This activity challenged students as they reviewed many of the concepts learned in 6th grade math.

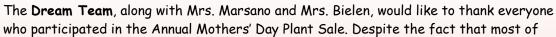
The 6th grade math students calculated their individual jumping jack rates by counting how many jumping jacks they could do in 30 seconds. The students applied ratios, unit rates, and proportions based on their speeds to solve real-world problems justifying their reasoning. Each 6th grade math class analyzed their class's data to find the mean, median, mode, range, interquartile range (IQR), as well as, made visual representations of the data such as a box plot, frequency table, and histogram. Student pairs also generated their own statistical questions based on the data. The math students had a great time "exercising" not only their minds, but their bodies, too!

Class & Club News

By: Marisa Albano and MaryAnne Halbert

Around the "Horne..."

DREAM TEAM





the plants are sold close to cost, making them affordable for the students to buy for Mom and other special people in their lives they managed to raise approximately \$250.00. The Dream Team will be splitting the money raised by donating to MADD and Africa Surgery.

During the last week in May, the **Dream Team** will be participating in a district-wide campaign hoping to raise money to support the Progeria Foundation and Verona's own Zoey Penny. Donations will be collected in homerooms from May 30 - June 6th, culminating with "Hats on for Progeria Day". Students who donate will be able to wear their favorite hat to school on June 6th.

Finally, the **Dream Team** will wrap up their year collecting and counting Box-Tops for Education. Last year, the team raised \$1000.00 and hopes to match or beat it this year. Monies earned are used for school based projects and purchases.

French News

The 7th Grade French students went on a field trip to Pinot's Palette in Montclair on Thursday, May 22. There, they were taught how to paint a Pointillist painting, similar to famed French artist, Georges Seurat. Afterwards, they returned to HBW for a lecture on French Impressionism by Mrs. Laura Morowitz, who is a professor of Art History at Wagner College and mother to 8th grader Olivia Schecter. This exciting day of events was planned to enhance our unit of famous French artists of the late 19th and early 20th century. Students also enjoyed a French-themed breakfast while they painted.

The HBW French Club also enjoyed their annual French-style picnic in Verona Park end of May/early June. Students celebrated the end of the year together as a group while sampling typical French picnic foods and learning to play "petanque" (also called boules"), which is a popular southern French lawn game similar to Italian Bocce ball.

Madame Podolak's 5th Grade French students, in collaboration with Mrs. Kleinknecht, will be reading a historical non-fiction book entitled, "Marie Antoinette", which is written as the diary of the famed French princess. Students will partake in small group "Literature Circles" to discuss the book as well as research the historical facts they have read in the novel. Students will gain exposure and knowledge to this rocky and interested period in French History.

Class & Club News

By: Marisa Albano and MaryAnne Halbert



Around the "Horne..." & Battle of The Books



JUMP Rope for Heart was a HUGE success this year! Our total count for money raised is over \$ 47,000. This is such an awesome amount and will be put towards wonderful use by the American Heart Association! Thank you to all the families that gave and supported such a great cause.



Individuals and groups that need to be recognized for their generosity:

8th grader Cianna Winkler — raising \$660 Top Student fundraiser: 6th grader Aidan Callari — raising \$610 Second highest fundraiser:

6th Grade — raising \$13,554 and winner of the Ice cream Party! Top Fundraising Grade:

Second Place Grade: 5th Grade — raising \$13,083



A BIG thank you goes to Mrs. Ann Jocelyn for taking all the wonderful team photos. Another BIG thank you goes to the Verona restaurant, Lakeside Deli, for their contribution of gift certificates.

A REALLY BIG thank you goes to Heroes and Cool Kids for all of their fundraising and hard work in helping run the jump! Plus, a "super" thanks to our own HBW "teacherheroes!"

BATTLE of the BOOKS On May 20, the Battle of the Books teams went to Kawameeh Middle School in Union and competed against five other schools. The "Mighty Mousketeers", the sixth grader team,

came in second place, losing in overtime by five points. The seventh grade team, known as "We are not the Frappy Birds," won first place! The eighth grade team, "Daughters of Athena" came in third in a very tough competition this year. Mrs. Kleinknecht encourages all of the sixth graders who enjoyed Battle of the Books this year to join the club next year as seventh graders. The seventh and eighth grade Battle of the Books clubs meet at lunchtime. This year, the club members enjoyed fun treats at the lunch time battles, including Tim Green cookies and David Lubars candy.

The Pride in Education Essay Writing Contest

Tommy Monroe, a 5th grader in Ms. Onnembo's communication cycle class earned second place in the ECEA (Essex County Education Association) Pride in Education Essay Writing Contest. Tommy wrote about a person that inspired him most in his education. Tommy chose Ms. Karen Castaldo, his 3rd grade teacher from Forest Elementary School. The awards ceremony was held at the Livingston Mall on Wednesday evening, May 21, 2014. Tommy courageously stood at the podium and read his essay to the 100 parents and friends that attended. Tommy was awarded with a \$75.00 gift card from the ECEA committee. Both his parents, brother, Ms. Onnembo and Mrs. Castaldo were very proud to have the opportunity to join him at this wonderful event. Congrats, Tommy!

Class & Club News

By: Marisa Albano and MaryAnne Halbert



Around the "Horne..."

Chefs' Club

The Chefs' Club participated in another culinary delight during their lab experiences this month. Earlier this month students created chicken quesadillas as a quick afterschool snack. This past week, a mouth-watering meatloaf was prepared complete with buttered egg noodles, tossed green salad and a delectable, chocolate fudge bundt cake with homemade cream cheese icing. The aromatic flavors filled the hallways bringing with it many visitors that came from their offices to investigate the tasty mystery.

Chefs' Club will share one more lab experience before the end of the school year. Knowing students can share a fun life skills learning experience as well as enjoy a tasty meal is what makes our club such a popular one in our school.

H.B.W. 8TH GRADER, LUCAS-KONRAD PARISI, REPRESENTS NEW JERSEY IN THE NATIONAL HISTORY DAY CONTEST FINALS!

On Saturday, May 3rd, seventeen H.B.W. students participated in the New Jersey History Day Competition at William Paterson University. Congratulations go to: Lucas Konrad-Parisi who was recognized for his research paper titled, "J. Robert Oppenheimer: Individual Rights v. National Security." He will travel to the University of Maryland in June for the National History Day Finals!

More congratulations go to the following H.B.W. students: Alexandra Deutsch, Christine Feeley, Isabella Josephson, Caitlin Klose, and Kitty Pagano who were chosen as alternates for their website: "Opposing McCarthy: Protecting Citizens Rights".

Summer Reading Suggestions

Did you know that children who don't read during the summer can lose up to three months of reading progress? That's why summer reading is so important! Mrs. Kleinknecht and the Language Arts teachers have been working with students in grades 5-7



to choose appealing books for summer reading. A recommended list of books can be found on the media center web page. The Verona Public Library has several copies of recommended books, too. Please encourage your child to choose a book that captures his or her inspiration and instills the love of reading.

Class, Club & Community News

Around the "Horne..." & Community

Music News

By: Marisa Albano and MaryAnne Halbert

On Friday, May 16th Music Students competed in the annual Music in the Parks Competition. Although the weather did not cooperate, HBW students still achieved amazing results. The following is a list of awards HBW students received.

White Band 1st Place, Excellent
Maroon Band (no ranking) Excellent
Gold Band 1st Place, Superior
Jazz Band 1st Place, Superior, Best Overall
Jazz Band
HB Voices 3rd Place, Excellent
Acoustics 3rd Place, Excellent
Michael Petillo Outstanding Jazz Soloist Award
(2nd year in a row!)

On Saturday, May 3rd, several 6th graders participated in the North Jersey Region 1 Elementary Honor Band festival. They joined students from over 50 schools in northern NJ to rehearse and put on a concert.

Here are the names of those involved:

Niko Pilauri
Nina Machnowski
Sofia Fiorita
Chloe Mathewson
Carolyn Feeley
Ethan Forrest
Anna Konrad-Parisi
Emily Pecora
Owen Fogarty
Tristan Lugo
Max Handle



Verona Recreation

Department Update By Marissa Landolfi



Verona Recreation Department is offering Summer Adventure Playground for the summer of 2014. This camp is for children going into grades 5-8 of the 2014-15 school year. The playground runs from June 23-July 25 (no camp on July 4) from 8:00am-3:00pm at Verona High School. This is the most populated of all the summer programs with over 175 children enrolled. During this program, kids have a place to hang out and play with their friends. Summer Adventure provides activities such as organized games, sports, gym activities, board games, card games, arts & crafts and more!!! Your child can also attend the pool two times a week. The cost for this program is now \$230 (\$450 family max). You can register now, or even after camp begins. For registration - go to veronanj.org/recreation or visit the Rec office at the Verona Community Center.

Also, please do not forget to register online for the Teen Pool Party being held on June 17 (June 18 rain date). 5th & 6th grades will be from 1:00-3:00pm and 7th & 8th grades from 4:00-6:00pm. There will be a DJ, ice cream and lots of fun! Registration MUST be done online at www.veronanj.org/recreation click on the maroon box that reads 'Register Online'. Please note, children will not be permitted into the event if they are not on the registration list.

Our registration for Fall 2014 Recreation programs will begin on August 18th. We have a few selections for middle school students such as Tennis, Music Theater and a new program we are providing, Team Adventure!

<u>Team Adventure</u> will be led by instructor Steve Neale from the Verona Ropes Course & Adventure Program. This program will incorporate teambuilding, a low and high ropes course and hiking. Hikes will be done weather permitting. All activities will require sneakers & comfortable clothing. The instructor will send weekly instructions on the meeting place for each class.

For more information on our Recreation programs, please visit our website, www.veronanj.org/recreation. Also **NEW** at the Verona Recreation Department, we are now on Facebook! Visit www.facebook.com/veronarecreation. You can have immediate access to the latest news, program information, and registrations. We highly recommend "Liking" us on Facebook, this gives you instant notifications about all registrations, programs, events, town news, weather cancellations and MORE!

"Dog" Days of Summer



What are your summer plans?



Sr. Pet Reporter Roger Emanuilidis





"I will be traveling to Maine this summer with my husband to sail the coast and visit family. We are especially excited to sail on the Victory Chimes out of Rockland on a four day geology excursion. The magnificent Victory Chimes—the only original three-masted schooner in the famed Maine Windjammer fleet—is the last of her generation, a noble reminder of the Age of Sail." Mrs. McNeal

"As in most summers, my son, two daughters and I will spend almost four weeks in Europe, where we visit family in Zurich, Switzerland. This year, we will first travel to Barcelona, Spain, where we will stay for five days. We plan to do sightseeing and swim in the Mediterranean Sea. In Switzerland, we spend time with family and friends, take day trips and enjoy outdoor activities." Madame Bernstein





"Celebrating my first wedding anniversary on July 3rd with my husband!"

Mrs. O'Connor

"I will be taking lots of dance lessons at the Latin and ballroom dance studio!" Ms. Warshaw





"After losing my home in Ortley Beach to Hurricane [Sandy] and several battles with officials in Toms River to grant permission to do so, I finally received word that the foundation has been completed. Once permits are granted for the next stage, I will be spending time watching my new home become a reality. Lots of shopping time in the horizon! In between, I will be fishing on weekends for new culinary delights, gardening -growing my fresh veggies, and sharing 2 cruises with friends to Long Island, Block Island and Maryland on our boat." Mrs. Onnembo

SCA Slate 2014/2015

HBW SCA Officers & Committee Chairpersons

Co-President Pam Priscoe Co-President Kelli Strlekar

VP Program Virginia Citrano **VP Membership** Barbara Yeates **VP Communication** Ann Jocelyn Recording Secretary Lucille Hahula Corresponding Sec. Patty Farley Treasurer Jen Matarazzo

Beautification Gloria Machnowski

Class Baskets Lisa Spinelli*

Lisa Freedman Joanna Breitenbach

Karen Lonergan Aimee Boutcher

Environmental Trip Jen Hogan

Linette Matthewson

Trish Moore

Halloween Windows Courtney Gaccione*

> Jen Camp Dana Montagna Carol Randall

Antonella Thompson

Social Events - 5th Cheryl Mizia*

Diane Egan-Griffen

Maria Saj

Paula Capriglione Linette Matthewson

Social Events - 6th Jodi Brown*

Cheryl Mizia

Treesh Ramsthaler

Social Events - 7th Carolyn Luehs*

> Jen Camp Dana Montagna

Spirit Wear Daniela Triggiano*

Dawn Mulligan

Tina Ying

BOE Liaison Joanna Breitenbach

Library Coordinator Jeannie Caggiano

HBW Music Parents Liaison Melissa Collucci

VMAC Dennis Rigney

Verona Student Education Ann Gault*

Assistance Association (VSEAA)

Susan Frizzi Liaison

Webmaster Venus So

Half Day Snacks Donna Holland *

> Dawn Mulligan Kathleen Keating Amy Dunphy Sandra Farro

Newsletter Kathy Emanuilidis*

Kids Stuff/Coupon Books Jen Trupia

Teacher Liaison Carol Thomas

Hospitality/Teacher

Luncheon Susan Robinson*

> Jen Ghingo Karen Jandoli



Congratulations, Graduating Families!

HBW MIDDLE SCHOOL

2014 Graduating Families

Biimyrzaeva ♦ Burkhart ♦ Cambreleng ♦ Chambers

Chambers ♦ Chanley ♦ Cortese ♦ Courter ♦ Creech

Daggett ♦ DeCandia ♦ Denora ♦ Dente ♦ DiDia

DuLaney ◆ Elessawy ◆ Feiger ◆ Festa ◆ Feuerzeig

Feury ♦ Fierro ♦ Galdieri ♦ Galluccio

Ghaly ♦ Janoff ♦ Kazanfer ♦ Kiwior ♦ Kubacki

Lavoie ♦ Licitra ♦ Lippolis/Violante ♦ Lucinese ♦ Lynch

Marrese ♦ McNally ♦ McPhail ♦ Metzger ♦ Mottola ♦ Natalini

Nolan ♦ Boyer/Noren ♦ Pena ♦ Pensiero ♦ Percevault

Petillo ♦ Petronzo ♦ Posner ♦ Powell ♦ Primmer ♦ Renzulli

Saleh ♦ Sandoval ♦ Scanlon ♦ Shaffer ♦ Shum ♦ Siegelin

Sime ♦ Sims ♦ Smith ♦ Smith ♦ Staranka ♦ Tedesco ♦ Tuorto

Urgent ♦ Vassallo ♦ Vega ♦ Vivona ♦ Volpe

Walsh ♦ Weir ♦ Winkler ♦ Ziolkowski

The Officers and Members of the HBW School Community Association would like to thank our graduating parents' for their many years of outstanding and dedicated service and we extend our heartfelt thanks and sincere best wishes for continued success and much happiness.

Contact Us:

Have an HBW-related story, announcement or just some fun pictures you would like to submit for consideration? Email to Kathy Emanuilidis at hbwnewsletter@gmail.com.

Note: The H.B. Whitehorne SCA Newsletter is a three-time a year e-publication with Fall, Winter, Spring/Summer frequency. It is intended exclusively for the H.B. Whitehorne family.