

Sample MCQ's For SY BSc (20-21 batch only)

Subject: Foundation Course

Semester: III

Class: SY BSc

- Instructions: 1. Attempt any 8 MCQ's out of 10.
2. Each MCQ carries 1.5 marks
3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer
4. No negative marking for wrong answers

1. More than 50,000 children with disability are enrolled in the _____, a government-sponsored programme.
- Integrated Education for Children
 - Balika Samriddhi Yojana
 - Child Care and Development Fund
 - Rajiv Gandhi National Crèche Scheme

Correct answer: option "a"

2. According to the Article 29 of the Constitution, any group living within the jurisdiction of India is
- Entitled to have their own choice of occupation
 - Entitled to travel freely and settle anywhere in the country
 - Entitled to ask for justice in case of violence
 - Entitled to preserve and promote its own language, script or literature, and culture

Correct answer: option "d"

3. One of the Vishakha Guidelines issued by the court is
- The rules/regulations in the government offices are to be followed by all.
 - It shall be the duty of the employer to prevent or deter the acts of sexual harassment
 - Every girl child has the benefit of gaining free education
 - No girl shall be married off before the age of 18

Correct answer: option "b"

4. Which of the following statements defines environment?
- It is the diminishing of species because of environmental forces
 - It is the plant and animal life of a region in a period of time.
 - It is the disintegration of the earth or deterioration of the environment through consumption of assets
 - It is the sum total of conditions that surrounds us at a given point of time and space.

Correct answer: option "d"

5. Pollution occurs when
- The disintegration of the earth or deterioration of the environment through consumption of assets takes place
 - There is diminishing of species because of environmental forces
 - The natural environment cannot destroy an element without creating harm or damage to itself.
 - There is a disruption of the natural food chain

Correct answer: option “c”

6. Essential drugs’ are:
- Life saving drugs
 - that satisfy the healthcare needs of majority of the population
 - Drugs that must be present in the emergency bag of a doctor
 - Drugs that are essential for rare diseases

Correct answer: option “b ”

7. The World Health Day is celebrated on
- 1st March
 - 7th April
 - 6th October
 - 10th December

Correct answer: option “b”

8. Which of the following best describes the hindrances to effective listening: distracting sounds, poor acoustics, uncomfortable seating arrangements?
- Attitudinal barriers
 - Environmental barriers
 - Ecological barriers
 - Biological barriers

Correct answer: option “b”

9. Which of the following words is ‘communication’ derived from?
- Communis
 - Common
 - Communicate
 - Interact

Correct answer: option “a”

10. When a person shakes hand with someone before or after communication, it comes under
- Haptics
 - Kinesics
 - Proxemics
 - Chronemics

Correct answer: option “a”



Sample MCQ's for Nutrition and Meal Planning (20 - 21 batch only)

Subject: Nutrition and Meal Planning

Semester: III

Class: SYBSc

Instructions: 1. Attempt any 8 MCQ's out of 10.

2. Each MCQ carries 1.5 marks

3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer

4. No negative marking for wrong answers

1. The Energy requirements of a man 170cms tall and broad built, 40 years old and working as a bank clerk is

a) 1925 Kcals

b) 1750Kcals

c) 2233 Kcals

d) 1575 Kcals

Correct answer – Option a

2. The Omega 3 amounts to be given with a PUFA intake of 15 gms and in the Omega 6 : Omega 3 Ratio of 1:5 =

a) 3.5 gms

b) 2.5 gms

c) 3.3 gms

d) None of the above

Correct answer – Option b

3. The protein content of 2 katoris of dal is

a) 7 gm

b) 14 gm

c) 21 gm

d) 5 gm

Correct answer – Option b

4. The ideal late evening snack at 7 pm for a 40 year old housewife who eats dinner at 8,30 pm is

a) 1 Katori of roasted peanuts

b) I fruit

c) Cream of palak soup

d) 1 Vegetable sandwich with brown bread

Correct answer – Option b

5. As you are as student of Nutrition, your cousin who is pregnant has asked your advice on which oil to consume for the health of her baby
- Rice bran oil
 - Til oil
 - Mustard oil
 - Groundnut oil

Correct answer – Option c

6. Which of the following does not happen as part of physiological changes in pregnancy
- Increase in RBC
 - Fluid increase
 - Mixing of mothers and fetal blood
 - Increase in BMR

Correct answer – Option c

7. Energy requirements of a lactating mother in the first six months is increased by
- 550 Kcals
 - 600 Kcals
 - 350 Kcals
 - 300Kcals

Correct answer – Option b

8. Which of the following is a biological factor that affects food choice?
- Stage of life cycle
 - Urbanization
 - Religion
 - Purchasing power

Correct answer: option a

9. Increase in chronic non communicable diseases is due to
- Easy access to safe drinking water
 - Easy access to cheap and tasty processed food
 - Decrease in the use of tobacco and its products
 - Active lifestyle

Correct answer: option b

10. DASH diet is used to prevent and control
- Obesity
 - Hypertension
 - Diabetes
 - Osteoporosis

Correct answer: option b



Sample MCQ's For SY BSc (2020-2021)

Subject: Marriage and the Family (Branch: II (Human Development))

Semester: III - Class: SY BSc

Instructions: 1. Attempt any 8 MCQ's out of 10.

2. Each MCQ carries 1.5 marks

3. Read each statement carefully and mark any one option out of the four Options that you think is the correct answer

4. No negative marking for wrong answers

1. Which of the following is a reason for the dramatic changes in the families?

- a. Baby boom
- b. Sandwich generation
- c. Migration
- d. Marriage

Correct answer: option "c"

2. The third stage of family life cycle model is called as?

- e. Families with school children
- f. Married couples
- g. Families with preschool children
- h. Childbearing families

Correct answer: option "c"

3. According to the triangular theory of love, which of the following is not one of the three components of love?

- a. Intimacy
- b. Liking
- c. Passion
- d. Commitment

Correct answer: option "b"

4. Which of the following intervention measures can divorcing couples take to minimize the detrimental effects of divorce on their children?

- a. Divorce education class
- b. Community-based programme
- c. Couples counseling
- d. Divorce mediation

Correct answer: option "a"

5. In _____ stage, there is a high dependency on the parents.

- a. Adolescence
- b. Early Infancy
- c. School going
- d. Adulthood

Correct answer: option "b"

6. Out of the following, what are the ways in which parents can provide warmth to their children?
- a. Having no interaction with them
 - b. Being aloof
 - c. Encouraging them
 - d. Giving threats

Correct answer: option "c"

7. Out of the following which is the other name for reconstituted family?
- a. Blended family
 - b. Homosexual family
 - c. Nuclear family
 - d. Single parent family

Correct answer: option "a"

8. Which among these is one of the characteristics of a victim of any abuse?
- a. Blames external causes
 - b. Non-compliant
 - c. Socially isolated
 - d. Contemporary gender role

Correct answer: option "c"

9. Disengagement of spouses over a period of time is related to ___ in marital satisfaction.
- a. decrease
 - b. increase
 - c. stability
 - d. mediocrity

Correct answer: option "a"

10. Parent–offspring conflict can be defined as a state in which parents and children stand in _____ to one another.
- a. harmony
 - b. accord
 - c. agreement
 - d. opposition

Correct answer: option "d"



**Sample Question Paper for Traditional Textiles and Costumes of India
(Regular Examination 2020-2021)**

SYBSC Sem III

Course Code- USHS304

Instructions:

1. Attempt any 8 MCQ's out of 10.
2. Each MCQ carries 1.5 marks.
3. Read each statement carefully and mark any one option out of the options that you think is the correct answer.
4. No negative marking for wrong answers

1. The traditional motifs used in the Maheshwari saree are:
- a. Nalferma, Dandidar, Mehendiwale haat, Jangla
 - b. Yauli, Gundaperundu, Rudraksha, Manga
 - c. Neli, Paneershombhu, Temple reku, Vanki
 - d. Chatai, Eent, Heera, Chameli ka phool**

Correct answer: option "d"

2. Four types of stitches used in Kasuti are
- a. Gavanthi, Murgi, Menthi, Negi**
 - b. Abhla, Aari, Moti. Heer
 - c. Heer, Gavanthi, Menthi, Negi
 - d. Murgi, Abhla, Negi, Menthi

Correct answer: option "a"

3. _____, _____ and _____ are toe rings
- a. Paatli, Valayam, Bilwar, Tode
 - b. Wanki, Bajubandh, Borlo, Kandoro
 - c. Jodvi, Kalungara, Bichua, Ortu**
 - d. Damini, Thalle bottu, Borlo, Nethi chutti

Correct answer: option "c"

4. Preformed turbans of Maharashtra are called _____ and freshly formed ones are called _____
- a. Rumal and pagote
 - b. Pagote and rumal**
 - c. Pheta and rumal
 - d. Pagote and paghdi

Correct answer: option "b"

5. Married Punjabi Brides wear _____ in their hand
- a. Kalirey and Chooda**
 - b. Shankha and Pola
 - c. Green Bangles
 - d. No Bangles

Correct answer: option "a"

6. Namda Rug is from which state
- Uttar Pradesh
 - Kashmir**
 - Arunachal Pradesh
 - Maharashtra

Correct answer: option “b”

7. Borcades are made out of which technique
- Dobby
 - Felt
 - Jacquard**
 - Cut Pile

Correct answer: option “c”

8. The women’s costume of women of Khasi tribe of Meghalaya is called
- Jainsem**
 - Phanek
 - Chaddar
 - Kilt

Correct answer: option “a”

9. Over a period of time the demand of _____ went down
- Powerloom fabric
 - Non woven fabrics
 - Synthetic fabrics
 - Handloom fabrics**

Correct answer: option “d”

10. One of the contemporised versions of a saree
- Curtains
 - Dupattas
 - Trousers
 - Pre Stitched saree**

Correct answer: option “d”

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SAMPLE MCQ'S FOR S.Y.B.SC. (2020 - 2021 BATCH ONLY)

Subject: Principles of Management

Semester: III - SYBSc

- Instructions:**
1. Attempt any 8 MCQ's out of 10.
 2. Each MCQ carries 1.5 marks
 3. Read each statement carefully and mark any one option out of the given 4 options
 4. No negative marking for wrong answers

1. Strategic Planning is _____
- a. Long-term planning
 - b. Medium-term planning
 - c. Short-term planning
 - d. Annual planning

Correct answer: option "a"

2. Kurt Lewin developed a _____ which identified three phases of change.
- a. Behavioural model
 - b. Dynamics model
 - c. Systems model
 - d. Freeze model

Correct answer: option "c"

3. These decisions have respective and routine solutions.
- a. Programmed decision
 - b. Non-programmed decision
 - c. Individual decision
 - d. Group decision

Correct answer: option "a"

4. The degree to which jobs in the organization are standardized
- a. Centralisation
 - b. Complexity
 - c. Formalisation
 - d. Authority

Correct answer: option "c"

5. Participation, Recognition and Power are some of the examples of _____
- a. External incentives
 - b. Negative incentives
 - c. Monetary incentives
 - d. Non-monetary incentives

Correct answer: option "d"

6. The limitation of trait theory is that _____
- a. Traits cannot define a leader's characteristics
 - b. Personality and traits are different
 - c. All traits are not included
 - d. Situation variables are not incorporated

Correct answer: option "d"

7. Norming stage can be most clearly identified by _____
- a. Arguments, conflicts and instilled projects
 - b. wrapping up team goals and coming to a conclusion on projects
 - c. getting to know other team members and setting expectations
 - d. productivity, helping other members and idea sharing

Correct answer: option "c"

8. Find the odd one: Monotony, Pains, Boredom, Irritation.
- a. Monotony
 - b. Pains
 - c. Boredom
 - d. Irritation

Correct answer: option "b"

9. Average time consumed for specific task by an average person under average conditions.
- a. Time Sense
 - b. Time Power
 - c. Time Knowledge
 - d. Time Norm

Correct answer: option "a"

10. Remuneration received by labourers for their services in production is _____.
- a. Rent
 - b. Salary
 - c. Wages
 - d. Interest

Correct answer: option "c"

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