

PRAYER & STUDY GUIDE

STORMIE
OMARTIAN

PRAYER
WARRIOR



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A supplemental workbook to
Prayer Warrior
by Stormie Omartian

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WHAT YOU NEED TO KNOW BEFORE YOU BEGIN

My goal in this *Prayer and Study Guide* is not only to convince you that God has called you to be His prayer warrior, but also to show you how to become the best prayer warrior possible. I want you to take a stand for God's side in the battle between good and evil that is going on around you at all times. I want to help you know your Leader, identify your true enemy, and be convinced of your authority in prayer. You must also know how to condition yourself to be the strongest and best prayer warrior you can be so that you can fight the good fight in prayer. I want you to be certain about how to put on your spiritual armor every day so you are protected and prepared to become skilled with your spiritual weapons. It's important that you are engaged in the war and able to identify the immediate battlefield whenever the enemy attacks. I want you to know how to resist the enemy so that he flees from you and you don't get thrown by his evil tactics.

Finally, I want to help you see things from God's perspective so that you understand what is going on *in you, around you, and to you*. I not only want to equip you with certain prayers you can pray the moment you need them, but also to help you formulate your own prayers so that they will be a starting point from which you can pray more specifically about the things personally concerning you. These prayers will be there as reminders whenever you need them. The prayers that you write in this book will be put together from Scripture and from your own experience and observations. They will help you to push back the encroachment of the enemy into your life and the lives of others.

Remember that the battle is fought in prayer. You won't get wounded there. Instead, you will be protected. The armor and the weapons of warfare will not only protect you, they will give you great victory over any plans the enemy may have for your life. You're in the war zone anyway, so you might as well be able to not only defend yourself but also push the enemy back from you and your family and the people and situations God is putting on your heart. In doing so, you will be able to advance God's kingdom on earth. When you finish this *Prayer and Study Guide*, you will know with certainty what you are called to do in prayer and how to find the joy of fulfilling that calling for the Lord you love and serve.

You will need the book *Prayer Warrior*, and it will be referred to as "the book" within each week's questions and directions. You will also need your Bible, a notepad, or even better yet a journal or notebook you will want to keep as you write out more and more prayers. I am hoping you will run out of room writing out your prayers in this book because you will be thinking of so many things to pray about.

Don't for a moment let this become overwhelming. You do not have to pray every prayer every day. Not even close to that. Simply follow the leading of the Holy Spirit in you. You might pray just one of the prayers in a day. Or God may put two areas of prayer focus on your heart for days. God knows what He wants you to pray about, and He will show you if you ask Him. Stay close to Him in prayer and be sensitive to His Spirit guiding you. Your relationship with the Lord is about to get closer than ever, and you are going to love sensing His presence in you more and more.

Although this *Prayer and Study Guide* is divided into 12 weeks for group study—which helps people stay on the same page and move together within a specific time frame for completion—if you are doing it alone or with another person, you can move at your own pace in whatever time frame works best for you. Just go with the flow...of the Spirit, that is.

WEEK ONE

Read Chapter 1:

“Understand There Is a War and You Are in It”
in *Prayer Warrior*



1. How to Build a Solid Foundation

Read 1 Corinthians 3:11-15. What is the foundation on which we are to build our lives? (verse 11)

Verse 12 says we can build on something that does not perish—such as gold, silver, and precious stones. Or we can build on something that *does* perish—such as wood, hay, and straw. How will it be revealed whether we have built on something that perishes or something that does not perish? (verse 13)

What happens when you build on something that lasts? (verse 14)

What happens if you build on something that does not last?
(verse 15)

Read Luke 6:47-49. Where does the person who obeys God build? What happens because he builds there? (verses 47-48)

What happens to the person who does not obey the Lord?
(verse 49)

Read Proverbs 10:25. What happens to the wicked and the righteous after the storms of life pass by?

Read 1 Corinthians 10:4. Who is the spiritual Rock?

Read 2 Samuel 22:32. Who is the rock?

Write out a prayer asking God to help you build your life on the solid foundation of Jesus. Tell Him you want to be someone who obeys Him and why.

2. There Is a War Going On

Read James 4:1-3. Where do wars and fighting come from? (verse 1)

What are the two reasons we do not have what we want? (verses 2-3)

3. God's Enemy Is Your Enemy

Read James 4:4. How can you become God's enemy?

Having "friendship with the world" is not talking about the beautiful world God made or the good people He created. It is talking about a world system that is godless and anti-Christ. It is fueled by lust and pride. Have you recognized in your own observations that there are people, businesses, or groups of people who do not welcome the name of Jesus or even forbid it? Explain what you have recognized by writing it out as a prayer concerning those who oppose Him.

Once you understand that a war is going on and you are in it, you must make a decision as to *whose side you are on*. Are you on God's side or the enemy's side? The enemy prowls the world. God is in the heavenly place. Trying to befriend the world's system and values makes you God's enemy. Write out a prayer asking God to help you draw closer to Him and away from the world system that rejects Him. Ask Him to help you be clearly aware of the anti-Christ spirit that is in the world today so that you do not support it in any way.

4. **The Heart of a Prayer Warrior**

Read from the middle of page 15 to the middle of page 16 in the book, under the same subtitle as above. If you were to answer all the questions posed in that section, in what ways would you have the heart of a prayer warrior?

What does a prayer warrior have? (See page 16 in the book, the fourth paragraph down.)

What is the biggest issue on your heart right now?

What is the biggest issue on your heart concerning the way God is being pushed out of society? Where have you seen the anti-Christ spirit and anti-Christian bias spewed forth? Write out your answer as a prayer to God. (For example, “Lord, I am concerned that children are not allowed to pray in school...”)

5. You May Pray Alone but You Don't Fight Alone

Read Romans 8:26. Who helps us to pray and why?

When we pray as prayer warriors, we are not alone because God has called people all over the world to pray as well. Write out a prayer asking God to raise up more and more prayer warriors who will hear His call to pray.

6. **The Time Is Later Than We Think**

Read Ecclesiastes 9:12, Amos 5:13, and Micah 2:3. What is the common thread in these Scriptures concerning the times?

Read Ephesians 5:15-16. Redeeming the time means to take advantage of the time we have to pray. A time will come when we wish we had prayed about something but we have not. Has there ever been a time you can remember when you wished you had prayed about something but you didn't and then it was too late? Explain. Write out a prayer asking God to prompt you when something is important you should be praying about. Ask Him to give you ears to hear His call.

7. **I Don't Want to Be in a War—I Hate Violence**

Read 1 Peter 1:6-7. We all have trials in this life. What is a good thing that can come out of our trials?

Write out a prayer asking God to help you pray as a powerful prayer warrior in the midst of difficulties instead of becoming discouraged.

Read 1 Peter 4:12-13. Is it unusual to go through trials? What should we do in the midst of them?

Read James 1:2-4. What should be our reaction to trials, difficult times, or enemy attacks? Why? (verses 2-3)

What can happen when we experience various trials? (verse 4)

8. This Sounds like Too Much Work

Read John 17:4. What does Jesus say about the work God had given Him to do?

Write out a prayer asking God to help you be a great prayer warrior for Him so you can say those same words to the Lord at the end of your life.

Read Galatians 6:2. How does this verse sum up what it means to be a prayer warrior? See also page 23 in the book, the bottom half of the page.

Read Matthew 5:16. Why is it important to let certain people know you are a prayer warrior and you will pray for them?
