CHIEC Cuttloor Treek & Field

OFFICIAL PROGRAM \$1

# CHAMPIONSHIPS

2006





























### HOSTED BY:

FERRIS STATE UNIVERSITY

May 4-5. 2006

Top Taggart Field • Big Rapids, Michigan

FERRIS STATE UNIVERSITY



MEET PREVIEW

he Ferris State University Athletics Department will host the 2006 Great Lakes Intercollegiate Athletic Conference (GLIAC) Men's and Women's Outdoor Track and Field Championships Thursday and Friday, May 4-5, at FSU's Top Taggart Field in Big Rapids, Mich.

The 34th annual men's event and the 26th annual women's outdoor championships will feature 10 conference schools, including the Ferris State men's and women's track squads. The event will kick off Thursday (May 4) at 3 p.m. (EDT). First day action concludes with the men's 10,000-meter race at approximately 7:55 p.m. (EDT). Final day action Friday (May 5) begins at 11 a.m. (EDT) with the awards ceremony rounding up the event at 3:45 p.m. (EDT).

Admission to the event is \$5 for adults with student tickets \$3 on a one-day basis. Two-day passes will also be offered for \$8 (adults) and \$5 (students) apiece. Parking will be available near the stadium and concessions will be sold throughout the event.

One of the premier NCAA Division II conferences in the nation, the GLIAC holds championships in 21 sports throughout the year. Conference members slated to compete on Friday include Ferris State, Northwood, Grand Valley State, Saginaw Valley State, Michigan Tech, Lake Superior State, Ashland, Findlay and Hillsdale. Northern Michigan will field a women's team only.

Eight places will be awarded for all individual and team relay events with the points figuring into the respective team scores. The closing awards ceremony will include the presentation of the league championship trophy along with season-ending awards for the league's top performers and coaches.

Last season (2005), Grand Valley State captured both the men's and women's outdoor titles on their home track at Lubbers Stadium in Allendale, Mich. GVSU also claimed both the 2006 men's and women's indoor titles in late February (Feb. 24-25) at the Malcolm Athletics Center in Findlay, Ohio. The Lakers have presently won six-straight women's outdoor championships along with three consecutive men's outdoor crowns heading into this year's event.

Overall, Hillsdale leads the GLIAC with nine outdoor championships in the women's division. The Chargers have also earned runner-up honors nine times since join-

ing the league in 1974. Saginaw Valley State is second with eight championship trophies. Grand Valley State has won six titles and Ashland has emerged victorious twice.

In the men's division, Saginaw Valley State has placed first on seven different occasions in the outdoor meet. Ferris State and Ashland are tied for second with six titles, Hillsdale has won five crowns and GVSU four to date. Wayne State picked up three outdoor titles as a former conference track competitor while Northwood has finished first twice.

Ferris State last hosted the league outdoor meet in 2001 (May 4) at Top Taggart Field when Grand Valley State took both the men's and women's overall championships with 228.50 and 221 points, respectively. This year will mark only the third time the Bulldogs have played host to the event in the last 20 years as the event had not been held in Big Rapids since May 1, 1987, prior to the 2001 meet.

Top Taggart Field serves as the site for the Bulldogs' home track and field meets. The stadium, which also serves as home to FSU's varsity football program, was dedicated October 1957 in honor of the school's first official varsity football coach and his contributions to the institution.

The facility underwent a multi-million dollar renovation in the spring of 1998, which involved the installation of a 400meter, eight-lane track with a brick red urethane surface surrounding a top-of-the-line artificial turf playing surface. Also, renovations were completed at that time for two shot put circles, two long and triple jump pits, and a pair of pole vault boxes. The facility also includes the three-story Wheeler Pavilion, which was added in 2001 and features a ticket office, club level along with media/game operations area.

In addition to Top Taggart Field, throwing events will also be held just south of the stadium on university practice fields.

The GLIAC Championships will represent the second Ferris home meet of the 2006 campaign as FSU also hosted the annual non-scoring Bulldog Invitational April 8 at Top Taggart Field. Both the Ferris men's and women's teams placed sixth at last year's conference outdoor meet in Allendale.

### MEET FACTS -

**WHAT: GLIAC Outdoor Track & Field Championships** 

WHEN: Thursday & Friday, May 4-5, 2006

WHERE: Top Taggart Field (Big Rapids, Mich.)

**HOST:** Ferris State University

ADMISSION: One-day tickets are \$5 (adults) & \$3 (students); Twoday passes are \$8 (adults) & \$5 (students).

TIME: Thursday's events start at 3 p.m. (EDT); Friday's events begin at 11 a.m. (EDT)

PLACES: Eight places will be awarded for all individual and team relay events with the points figuring into the respective team scores.

TEAMS: Ten women's teams and nine men's squads will take part.





Schedule/Information

## GLIAC Men's & Women's Outdoor Track & Field Championships \*Hosted By Ferris State University\*

THURSDAY & FRIDAY, MAY 4-5, 2006

TOP TAGGART FIELD

BIG RAPIDS, MICH.

### Schedule of Events

### Thursday, May 4

1:30 p.m. – Mandatory Coaches Meeting (Wheeler Pavilion - 2nd Floor) 3 p.m. – First Day Field & Track Events Begin 7:55 p.m. – Approximate Starting Time For Last Event Of First Day

### Friday, May 5

11 a.m. – Second Day Field Events Begin 12 p.m. – Second Day Track Events Begin 3:05 p.m. – Approximate Starting Time For Final Event Of Second Day

3:45 p.m. – Presentation of Awards



### WELCOME TO THE 2006 GLIAC TRACK & FIELD CHAMPIONSHIPS!

It is with great pride that I welcome you to Ferris State University for the 2006 GLIAC Outdoor Track & Field Championships! We are pleased to be able to share with you our campus, community, and facilities at this wonderful time of year!

The young people competing this week, and their coaches, have worked extremely hard to get to this point in the season. Please join us in congratulating them on their efforts and the results they achieve during their competition.

Enjoy your time on our campus and good luck to all involved!

Tom Kirinovic Athletics Director Ferris State University





#### **MEET SCHEDULE OF EVENTS**

### Great Lakes Intercollegiate Athletic Conference Outdoor Track and Field Championships Ferris State University, May 4-5, 2006

### Thursday May 4, 2006

T. 1 1	-
Liald	Litronta.
ricia	Events:

3:00

Men's Triple Jump
Women's Javelin
Women's Pole Vault
5:00 Women's Hammer Throw
Women's Triple Jump
Men's Javelin
Men's High Jump

Men's Hammer Throw

### Friday May 5, 2006

Field Events:

11:00 Men's Shot Put Women's Discus Men's Long Jump Women's High Jump

1:00 Women's Shot Put Men's Discus Women's Long Jump Men's Pole Vault



### **Running Events:**

3:00 Women's 3,000m Steeplechase Final Men's 3,000m Steeplechase Final 3:20 Women's 1,500m Preliminaries 3:35 Men's 1,500m Preliminaries 3:50 4:05 Women's 100H Preliminaries 4:15 Men's 110H Preliminaries 4:25 Women's 400m Preliminaries 4:40 Men's 400m Preliminaries 4:55 Women's 100m Preliminaries 5:10 Men's 100m Preliminaries 5:25 Women's 800m Preliminaries Men's 800m Preliminaries 5:40 6:00 Women's 400H Preliminaries Men's 400H Preliminaries 6:15 6:35 Women's 200m Preliminaries 6:50 Men's 200m Preliminaries 7:05 Women's 10,000m Finals 7:55 Men's 10,000m Finals

Running Events: 12:00 Women's 5,000m Final 12:30 Women's 4x100m Relay Final 12:40 Men's 4x100m Relay Final 12:45 Women's 1,500m Final 12:55 Men's 1,500m Final Women's 100H Final 1:05 Men's 110H Final 1:15 1:20 Women's 400m Final 1:25 Men's 400m Final 1:30 Women's 100m Final 1:35 Men's 100m Final 1:40 Women's 800m Final 1:45 Men's 800m Final 1:55 Women's 400H Final Men's 400H Final 2:00 2:10 Women's 200m Final Men's 200m Final 2:15

2:20 Women's 3,000m Final
2:35 Men's 5,000m Final
2:55 Women's 4x400m Relay Final

3:05 Men's 4x400m Relay Final

3:45 Awards



### ASHLAND UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Mara Lee Albright	Jr.	Distance	Norwalk, Ohio/Western Reserve
Shalen Boyer	So.	Jumps	Germantown, Ohio/Valley View
Joey Chandler	Sr.	Sprints	Marengo, Ohio/Highland
Natalie Coffey	Sr.	Throws	Angola, Ind.
Tara Cooper	Fr.	Throws	Circleville, Ohio/Logan Elm
Joanne Douglas	Sr.	Jumps/Sprints	Ashland, Ohio/Crestview
Krystal Dowdy	So.	Jumps	Ashville, Ohio/Teays Valley
Sara Faller	Fr.	Sprints	Cincinnati, Ohio/Roger Bacon
Jess Fleming	Sr.	Distance	Massillon, Ohio/Jackson
Miranda Forgac	Jr.	Distance	Lakewood, Ohio/St. Joseph Academy
Amy Keefe	Jr.	Pole Vault	Toledo, Ohio/St. Ursula Academy
Alissa Klaehn	So.	Sprints/Hurdles	Brunswick, Ohio
Megan McConville	Fr.	Jumps	Chantilly, Va./Westfield
Amber Miller	Jr.	Hurdles	Youngstown, Ohio/Ursuline
Melissa Montagnese	Jr.	Distance	Amherst, Ohio/Firelands
Valerie Peck	Fr.	Sprints	Parma, Ohio/Midpark
Lauren Peelman	Fr.	Pole Vault	Cincinnati, Ohio/Reading
Jenni Picucci	Jr.	Jumps	Brighton, Mich.
Kristin Ricketts	Jr.	Distance	Lancaster, Ohio
Kiley Sekulich	Jr.	Hurdles/Sprints	Smithville, Ohio
Michelle Stark	Fr.	Throws	Amherst, Ohio/Steele
Erin Stauffer	Sr.	Distance	Ashland, Ohio
Cassandra Swanigan	Fr.	Pole Vault	Old Fort, Ohio
Jen Tinney	So.	Throws	Norwalk, Ohio/Western Reserve
Terra Walther	So.	Throws/Vault	North Canton, Ohio/GlenOak
Erin Wilcoxon	Sr.	Distance	Concord, Ohio/Riverside
Becky Yoder	Fr.	Distance	Millersburg, Ohio/West Holmes
Linze Zehel	Sr.	Throws	Amherst, Ohio/Steele

### Men's Track & Field Roster

	1110110		11010 1100001
Name	Yr.	Events	Hometown/High School
Chris Baker	So.	Throws	Mansfield, Ohio/Ontario
Bryce Bednarczyk	Sr.	Javelin	Hebron, Ohio
Anthony Beggrow	So.	Distance	Westerville, Ohio/St. Francis DeSales
Jarin Bryant	Fr.	Sprints/Jumps	Akron, Ohio/St. Vincent-St. Mary
Nick Bellanco	Fr.	Sprints	Wooster, Ohio
Derek Daughters	Fr.	Distance	Madison, Ohio
Blake Dickson	Sr.	Throws	North Canton, Ohio/Jackson
Jerry Ezell	Jr.	Sprints	Columbus, Ohio/South
Ricky Featheringill	Fr.	Distance	Willard, Ohio
Shaun Hollen	Fr.	Throws	Amherst, Ohio
Kibwe Johnson	Jr.	Throws	Ashland, Ohio/North Gwinnett
Ken Killian	Jr.	Throws	Brewster, Ohio/Fairless
Robert Klenk	So.	Throws	Dayton, Ohio/Fairmont
Brandon Leitnaker	Jr.	Hurdles	Lancaster, Ohio/Fairfield Union
Nathan Logan	Fr.	Multis	North Canton, Ohio/Hoover
Blaine Maag	Fr.	Throws	Columbus Grove, Ohio
Malcom Majesky	Fr.	Throws	Amherst, Ohio/Firelands
Nick McQuillen	Fr.	Distance	Bucyrus, Ohio/Colonel Crawford
David Miller	Fr.	Sprints	Canton, Ohio/GlenOak
Justin Moser	Fr.	Hurdles	Wadsworth, Ohio
Brian Mozena	Fr.	Pole Vault	Dresden, Ohio/Tri-Valley
Adrian O'Dell	Sr.	Jumps	Mansfield, Ohio/Crestview
Ryan O'Dell	Fr.	Sprints/Jumps	Mansfield, Ohio/Crestview
Jason Oswalt	Jr.	Distance	Ashland, Ohio
Adam Penn	Fr.	Jumps	Canonsburg, Pa./Canon-McMillan
Nick Plewniak	Fr.	High Jump	Tiltonsville, Ohio/Buckeye Local
Jason Quellhorst	Jr.	Distance	Reynoldsburg, Ohio
Jordan Ray	So.	Pole Vault	Plymouth, Ohio/South Central
Nick Rohlck	So.	Distance	Reynoldsburg, Ohio
Bryan Ropp	Jr.	Distance	Bellefontaine, Ohio
Brian Ryman	Jr.	Sprints	Tiffin, Ohio
Mike Schultz	Sr.	Distance	Amherst, Ohio/Firelands
Brian Shepherd	So.	Jumps	Gahanna, Ohio/Lincoln
Edwin Smith	Fr.	Middle Distance	Youngstown, Ohio/Ursuline
Jody Stewart	Sr.	Sprints	Columbus, Ohio/Hartley
Evan Thomas	Jr.	Distance	Lancaster, Ohio
Dan Tierney	So.	Pole Vault	Albion, N.Y./Medina
Jeremy Trein	Fr.	Distance	Reynoldsburg, Ohio
Nick Verdi	Jr.	Pole Vault	Madison, Ohio
Bryan Vickers	So.	Throws	Circleville, Ohio
Patrick Vlasic	So.	Sprints	Newark, Ohio/Catholic
Earl Walker	Jr.	Sprints	Cleveland, Ohio/John Marshall
Zak Wilburn	Fr.	Distance	Amherst, Ohio/Steele
Ryan Wilson	Jr.	Distance	Cambridge, Ohio/John Glenn

Assistant Coaches: Dave Smalley, Denny Steele, Sean Robbins, Nick Cordes, Leigh Daniel, Nate Iler



### Ashland

Nickname:
Eagles
Location:
Ashland, Ohio
Founded:
1878
Enrollment:
6,900
Colors:
Purple and Gold
President:
Dr. G. William Benz
Athletics Director:

Bill Goldring



Head Men's & Women's Coach: Jud Logan

### **Athletes To Watch**

#### MEN:

Bryan Vickers (Throws) Rob Klenk (Throws)

#### Women:

Natalie Coffey (Throws) Jen Tinney (Throws)





### FERRIS STATE UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Kristen Balla	Sr.	Distance	Farmington, Mich.
Anna Barrington	So.	Throws	Jonesville, Mich.
Marissa Bober	Fr.	Sprints	Milford, Mich.
Kamitra Carroll	So.	Throws	Flint, Mich./Carman-Ainsworth
Leticia Carvahlo-Pinto	So.	Distance	Big Rapids, Mich./Morley-Stanwood
Sarah Duesing	Sr.	Jumps	Sault Ste. Marie, Mich./Sault Area
Elizabeth Engle	Jr.	Hurdles	Colon, Mich.
Ashley Farr	Jr.	Sprints	Detroit, Mich./King
Sarah Fowke	Fr.	Hurdles	Harrison Township, Mich./L'Anse Creuse
Ebony Franklin	Fr.	Hurdles	Flint, Mich./Southwestern
Jessica Gladding	Sr.	Throws	Fenwick, Mich./Central Montcalm
Jacquelyn Green	So.	Distance	Portage, Mich./Northern
Larenda Hintz	Jr.	Hurdles	Kingsford, Mich.
Jenny Irwin	Sr.	Distance	Scottville, Mich./Mason County Central
Geneva Jones	Sr.	Middle Distance	Detroit, Mich./Cooley
Jenelle Keinath	Fr.	Distance	Millington, Mich./Valley Lutheran
Ashley Lehmann	Fr.	Distance	Grand Rapids, Mich./Grandville
Dia Price	So.	Jumps	Mt. Morris, Mich./Beecher
Chandra Robinson	So.	Middle Distance	Warren, Mich./Mott
Stephanie Root	So.	Jumps	Ludington, Mich./Mason County Central
Lauren Rose	Fr.	Sprints	Lake Orion, Mich.
Marianne Rutkowski	Fr.	Jumps	Port Austin, Mich./North Huron
Allison Schultz	So.	Sprints	Bridgman, Mich.
Rebecca Shields	Fr.	Throws	West Muskegon, Mich./Whitehall
Ashley Sholl	So.	Hurdles	Fort Wayne, Ind./Bishop Luers
Brook Smith	Jr.	Hurdles	Gaines, Mich./Swartz Creek
Erica Stirn	Fr.	Jumps	Sand Creek, Mich.
Mikinzie Stuart	Fr.	Distance	Saginaw, Mich./Nouvel
Sarah Thomas	Fr.	Hurdles	Jonesville, Mich./Reading
Julia Viel	Jr.	Distance	Big Rapids, Mich.
Jennifer Walsh	Jr.	Hurdles	Wyoming, Mich./Kellogsville
Sonya White	Jr.	Throws	Allegan, Mich.
Krystle Wilson	Fr.	Sprints	Detroit, Mich./Trinity Catholic
Leanna Wolf	Sr.	Middle Distance	Fountain, Mich./Mason County Central



Name	Yr.	Events	Hometown/High School
Justin Barts	Jr.	Distance	Richland, Mich./Gull Lake
Curtis Begley	Fr.	Distance	Ann Arbor, Mich./Saline
Adam Brown	So.	Pole Vault	McMillan, Mich./Newberry
Dan DeLeeuw	Jr.	Distance	Midland, Mich./Dow
Phil Doyle	So.	Sprints	Zeeland, Mich.
Barrington Dykes	Jr.	Distance	Greenville, Mich.
Sean Foulkes	Fr.	Throws	East Leroy, Mich.
Chase Gibson	Jr.	Distance	Big Rapids, Mich.
Darryl Glashauser	Jr.	Hurdles	Sterling Heights, Mich./Henry Ford II
Kyle Hinkson	Fr.	Throws	Milford, Mich.
Matt Jozwiak	Fr.	Hurdles	Berkley, Mich.
Jared Kelsh	So.	Distance	Chippewa Lake, Mich./Chippewa Hills
Tony Little	Fr.	Jumps	Cansovia, Mich./Kent City
Mike Mangieri	Fr.	Distance	Big Rapids, Mich.
Sean Maxwell	Sr.	Hurdles	Sturgis, Mich./Mendon
Chad Menefee	So.	Hurdles	Sand Lake, Mich./Cedar Springs
Joe Mielke	So.	Jumps	Westland, Mich./Franklin
Chris Moses	Fr.	Sprints	Hamilton, Mich.
Joe Myers	Fr.	Sprints	Gaylord, Mich./Johanesburg-Lewiston
Jason Ojala	Jr.	Sprints	Warren, Mich./Mott
Nate Penny	So.	Distance	Zeeland, Mich.
Joe Periord	Fr.	Sprints	Saline, Mich.
Corey Peyerk	Sr.	Middle Distance	Marysville, Mich.
Beau Poquette	Jr.	Distance	Iron Mountain, Mich.
Corey Reinke	Jr.	Distance	Big Rapids, Mich.
Ray Rollet	So.	Distance	South Rockwood, Mich./Airport
Kyle Schuberg	Jr.	Sprints/Jumps	Big Rapids, Mich.
Justin Trombey	Fr.	Jumps	Newberry, Mich.
Greg Turrell	So.	Throws	Marysville, Mich.
Dan Volk	Fr.	Middle Distance	Rockford, Mich.
Kevin Wesley	Fr.	Sprints	Canton, Mich.

Assistant Coach: Lisa Rollefstad





### Ferris State

Nickname:
Bulldogs
Location:
Big Rapids, Mich.
Founded:
1884
Enrollment:
12,547
Colors:
Crimson & Gold
President:
Dr. David L. Eisler
Athletics Director:
Tom Kirinovic



Head Men's & Women's Coach: Jeff Kavalunas

### Athletes To Watch

### MEN:

Joe Mielke (High Jump) Kyle Schuberg (Sprints, Jumps) Jared Kelsh (Middle Distance)

#### WOMEN:

Jenny Irwin (Distance) Kamitra Carroll (Throws) Ashley Farr (Sprints)



### **U**NIVERSITY OF **F**INDLAY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Sarah Albright	Fr.	Sprints	Genoa, Ohio/Genoa Area
Megan Alcock	Sr.	Sprints	Columbia City, Ind./Churubusco
Tiffany Amos	Jr.	Sprints/Jumps	South Euclid, Ohio/Cleveland Heights
Ann Marie Benshoff	Fr.	Distance	Ashland, Ohio/Crestview
Kirby Blackley	Jr.	Hurdles/Jumps	Cincinnati, Ohio/St. Ursula Academy
Pamela Bullock	So.	Sprints	Zanesville, Ohio/Rosecrans
Kristi Comstock	So.	Distance	Kenton, Ohio
Rochelle Croft	So.	Distance	Spencerville, Ohio
Ashley Elling	So.	Pole Vault/CC	Napoleon, Ohio
Emily Guager	So.	Distance	Frewsburg, N.Y./Central
Danielle Grochowalski	Jr.	Sprints	Bucyrus, Ohio/Wynford
Samantha Herdrich	Fr.	Distance	Connersville, Ind.
Kristina Jeffries	So.	Throws	Northfield, Ohio/Nordonia
Katie Klausing	Sr.	Jumps/Hurdles	Delphos, Ohio/Jefferson
Jessie Latham	Fr.	Middle Distance	Pandora, Ohio/Pandora-Gilboa
Brittany Lyons	Fr.	Sprints/Jumps	Zanesville, Ohio/Philo
Mandy Magoto	So.	Jumps	Russia, Ohio
Alana Margraf	Jr.	Distance	New Riegel, Ohio
Erin McKibben	Jr.	Pole Vault	Bowling Green, Ohio/Eastwood
Lindsey Meredith	Fr.	Sprints	Canton, Ohio/Fairless
Corie Moore	Jr.	Pole Vault	Aurora, Ohio
Nicole Morman	Fr.	Throws	Ottawa, Ohio/Ottawa-Glandorf
Lisa Ortiz	Fr.	Distance	Old Fort, Ohio
Danielle Peters	Fr.	Throws	Huntsburg, Ohio/Berkshire
Karis Reinhart	So.	Distance	Tiffin, Ohio/Hopewell-Loudon
Christina Ricketts	Fr.	Distance	St. Louisville, Ohio/East Knox
Abbie Shook	Jr.	Sprints	Chandlersville, Ohio/Philo
Danielle Smith	So.	Sprints/Jumps	St. Louis, Mo./Normady
Kirsten Weible	So.	Distance	Defiance, Ohio/Ayersville
Jennifer Westhoven	So.	Throws	Liberty Center, Ohio



Name	Yr.	Events	Hometown/High School
Keith Adams	So.	Throws	Loveland, Ohio
Mike Andreski	Fr.	Distance	Malvern, Ohio
John Barnham	Fr.	Throws	Groveport, Ohio
Essex Berry	Fr.	Sprints	Waxhaw, N.C./Whetstone
Cale Brereton	Sr.	Hurdles	Brooklyn, N.Y./Thomas Jefferson
Thomas Brown	So.	Middle Distance	Wauseon, Ohio
Garrett Coressel	Fr.	Pole Vault	Wauseon, Ohio
Rayshawn Eastman	Jr.	Hurdles	Cincinnati, Ohio/Princeton
Shimron Eccleston	Sr.	Middle Distance	Brooklyn, N.Y./Thomas Jefferson
James Eric	Fr.	Throws	Beavercreek, Ohio
Tim Gossard	So.	Pole Vault	Marion, Ohio/Pleasant
Lucas Hoff	So.	Jumps	Fostoria, Ohio
Ross Holter	Fr.	Throws	Pomeray, Ohio/Eastern
Paul Johnson	Sr.	Sprints	Lima, Ohio
Duane Lee	So.	Sprints/Jumps	Brooklyn, N.Y./Thomas Jefferson
Brad Morey	Fr.	Pole Vault	Fairborn, Ohio
Jeremy Parris	Fr.	Sprints/Jumps	West Babylon, N.Y./North Babylon
Eric Peck	Fr.	Sprints	Ashtabula, Ohio/Edgewood Senior
Jake Pinkava	So.	Sprints	Burton, Ohio/Berkshire
Dan Riegel	Jr.	Throws	Forest, Ohio/Riverdale
Lee Roberts	Fr.	Jumps	Middleburg Heights, Ohio/Midpark
Sanchez Ross	Sr.	Sprints/Hurdles	Brooklyn, N.Y./Thomas Jefferson
David Saltz	Fr.	Distance	Mansfield, Ohio/Ontario
Jacob Schlosser	Fr.	Middle Distance	Wauseon, Ohio
Dixley Simms	Jr.	Sprints/Hurdles	Brooklyn, N.Y./Thomas Jefferson
Kendell Simon	Jr.	Distance	Grenada, West Indies/St. Andrews
Kendall Stevens	Jr.	Sprints	Lima, Ohio
Josh Swift	Sr.	Throws	Lima, Ohio/Spencerville
Dakel Vicks	Sr.	Jumps/Sprints	Brooklyn, N.Y./Thomas Jefferson
Nicholas White	So.	Sprints	Brooklyn, N.Y./Thomas Jefferson
Evan Whiting	Fr.	Throws	Port Clinton, Ohio
Noah Williams	Fr.	Javelin	
Travis Woleslagle	Fr.	Throws	Kettering, Ohio/Fairmont
Danny Woods	Fr.	Hurdles	Columbus Grove, Ohio
Travis Wright	Sr.	Hurdles	Lima, Ohio
Pryde Yost	Sr.	Pole Vault	Fremont, Ohio/Ross

Assistant Coaches: Lisa Klingshirn, Steve Price, Jen Williams, Gary Labonte, Aaron Weber, Terry McKibben



### Findlay

Nickname:

Oilers

**Location:** 

Findlay, Ohio

Founded:

1882

**Enrollment:** 

4,711

Colors:

Orange and Black

**President:** 

Dr. DeBow Freed

**Athletics Director:** 

Steven Rackley



Head Men's & Women's Coach: Marc Arce

### Athletes To Watch

#### MEN:

Kendall Stevens (Sprints)
Sanchaze Ross (Sprints/Hurdles)
Dakel Vicks (Jumps/Sprints)

### Women:

Kirby Blackley (Hurdles/Jumps) Danielle Grochowalski (Sprints) Abbie Shook (Sprints)





### GRAND VALLEY STATE UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Amy Abbot	Fr.	Hurdles	Nashville, Mich.
Morgan Acre	Jr.	Throws	Davison, Mich./Lakeville Memorial
Laura Aderman	Fr.	Distance	Menominee, Mich./Stephenson
Lynsey Ardingo	Fr.	Distance	Pinckney, Mich.
Lauren Bader	Jr.	Distance	Mt. Vernon, Ind.
Lauren Ball	Fr.	Sprints/Jumps	Mt. Pleasant, Mich.
Ali Beach	Jr.	Hurdles	Freeland, Mich.
Bridgette Beeny	Fr.	Distance	Swartz Creek, Mich.
Mary Bogner	So.	Throws	Pierson, Mich./TriCounty
Jameka Brown	Fr.	Sprints	Richton Park, Ill./Rich South
Rosanna Chapman	So.	Distance	Goetzville, Mich./Pickford
Adrian Chouinard	Sr.	Distance	Traverse City, Mich./Central
Meredith DeVries	Jr.	High Jump	Grandville, Mich.
Rachel Duthler	Jr.	Pole Vault	Grand Rapids, Mich.
Alaina Ebenhoeh	Fr.	Sprints/Jumps	Ann Arbor, Mich./Pioneer
Kara Egan	Jr.	Distance	South Bend, Ind./St. Joseph's
Erin Erickson	Fr.	Sprints	Spring Lake, Mich.
Emily Fox	Fr.	Throws	Rockford, Mich.
Pam Friday	So.	Distance	Muskegon, Mich./Mona Shores
Molly Gavin	Fr.	Distance	Northville, Mich.
Kelly Gibbons	Fr.	Distance	Livonia, Mich./Stevenson
Samantha Gordon	So.	Distance	Hartland, Mich.
Sarah Grewe	So.	Throws	St. Clair, Mich.
Meggie Grube	So.	Distance	Glen Ellyn, Ill./Glenbard South
Gabriela Gutierrez	Fr.	Distance	Livonia, Mich./Churchill
Kaitlin Harvey	Jr.	Distance	Tekonsha, Mich.
Jenn Hawely	Fr.	Throws	Kent City, Mich.
Bethany Hecksel	Jr.	Pole Vault	Rockford, Mich.
Erica Hilty	Jr.	Hurdles	Spencerville, Ohio
Jacquelyn Hoeve	Sr.	Distance	Three Rivers, Mich.
Krystyle Hoover	So.	Throws	Pickney, Mich.
Lindsey Jacob	Sr.	Throws	Warren, Mich./Woods Tower
Ashley Jager	So.	Sprints	Imlay City, Mich.
Sarah Jaquith	Jr.	Distance	Petoskey, Mich.
Lindsey Jones	So.	Pole Vault	St. Clair, Mich.
Rebecca Kaminski	Sr.	Sprints/Hurdles	Dorr, Mich./Wayland Union
Stacey Kandas	Jr.	Distance	Trenton, Mich.
Stephanie Kandas	Jr.	Distance	Trenton, Mich.
Katy Kern	So.	Jumps	Millington, Mich.
Katie Kruse	So.	Sprints/Hurdles	Allegan, Mich.
Sarah Kulczycki	Fr.	Distance	Livonia, Mich./Stevenson
Stephanie Kurcab	Fr.	Jumps	Woodridge, Ill./Downers Grove
Laci Jo Lindke	Fr.	Sprints	Deckerville, Mich.
Katie Mandziara	Jr.	Sprints	St. Clair Shores, Mich./St. Clement
Micaela Mayer	So.	Sprints	Roseville, Mich.
Brandi Murell	So.	Distance	Indianaplolis, Ind./Bishop Chatard
Dianna Noonan	Fr.	Pole Vault	Frankfort, Ill./Lincoln Way East
Kirsten Nozime	Fr.	Sprints	Lake Villa, Ill./Grant Community
Jennifer O'Shesky	Jr.	Sprints/Hurdles	Dearborn, Mich./Divine Child
Kathie Posa	So.	Throws	Dearborn, Mich./Divine Child
Susie Rivard	So.	Distance	Brighton, Mich.
Lisa Roberts	Fr.	Throws	Grandville, Mich.
Amber Sebasta	Sr.	Distance	Kingsley, Mich.
Liz Shinn	Jr.	Sprints	Crosswell, Mich./Lexington
Karlie Singleton Kati Smith	S0.	Distance Dala Vault	Granger, Ind./Penn
	Sr.	Pole Vault	Lawton, Mich. Albion, Mich.
Meghan Soltis	Fr.	Distance	
Victoria Stanton	Jr.	Jumps	Middleville, Mich./Thornapple-Kellogg
April Szatkowski	Sr.	Sprints	Bartlett, Ill.
Aleisha Taylor	Fr.	Pole Vault	Perry, Mich.
Pamela Treppa	Sr.	Sprints	Rochester Hills, Mich./Rochester Adams
Jen Tulpa	So.	Hurdles	Milford, Mich.
Heather VanderSlik	Fr.	Jumps	Holland, Mich./Hamilton
Ashley Wharton	So.	Distance	Lake Orion, Mich.
Mandi Zemba	Sr.	Distance	Menominee, Mich.

Assistant Coaches: Lou Andreadis, Ray Williams, Charlie Wolf, Tony Bonacci, Katie Corner, Kristen Kulczycki, Ted Kushion, Aaron Rickens, Jason VanElst





### **Grand Valley State**

#### Nickname:

Lakers

Location:

Allendale, Mich.

Founded:

1960

**Enrollment:** 

21,300

**Colors:** 

Blue, Black and White

**President:** 

TBA

**Athletics Director:** 

Tim W. Selgo



Head Men's & Women's Coach: Jerry Baltes

### **Athletes To Watch**

### WOMEN:

Mandi Zemba (Distance) Morgan Acre (Throws) Rachel Duthler (Pole Vault) Karlie Singleton (Distance)





### GRAND VALLEY STATE UNIVERSITY

### Men's Track & Field Roster

	***********	220022	7 7 9 7 9 7 9 7 9 7 9 7 9 7 9 9 9 9 9 9
Name	Yr.	Events	Hometown/High School
Casey Abston	Ir.	Distance	Indianapolis, Ind./Lawrence North
Matthew Anderson	Jr. Jr.	Distance	Munising, Mich.
Peter Antor	Fr.	Hurdles	Sparta, Mich.
Steven Asiala	Fr.	Hurdles	Brethren, Mich.
Curtis Barclay	Fr.	Distance	Hale, Mich.
Brian Beach	Sr.	Pole Vault	Hudsonville, Mich.
Josh Beagle	Fr.	Hurdles	Traverse City, Mich./West
Mike Bigney	Fr.	Middle Distance	Cedar Springs, Mich.
Bryan Boeve	Ir.	Middle Distance	Grand Rapids, Mich./Forrest Hills
Mitch Bosch	Fr.	Throws	Hamilton, Mich.
Patrick Brown	Fr.	Middle Distance	Redford, Mich./Thurston
Brian Cermak	So.	Middle Distance	Brighton, Mich.
Kenny Coleman	Sr.	Sprints/Jumps	Baldwin, Mich.
John Collins	So.	Middle Distance	Kentwood, Mich./East Kentwood
Justin Coperhaver	Sr.	Pole Vault	Ludington, Mich.
Tim Dalton	Fr.	Distance	Northville, Mich.
Christopher Davis	Fr.		
		Distance	Gladstone, Mich.
David Davis	Fr.	Sprints	Novi, Mich.
Stephen Derico	Fr.	Distance	Rochester, Mich./Notre Dame Prep.
Kevin DeWitt	Jr.	Sprints/Hurdles	Kentwood, Mich./East Kentwood
Bryan Dovichi	So.	Jumps	West Bloomfield, Mich./Walled Lake
Andy Duemling	Sr.	Distance	Ubly, Mich.
Matt Epkey	Fr.	Sprints/Jumps	Fowler, Mich.
Brian Erickson	Fr.	Middle Distance	Hart, Mich.
Ross Faasse	Fr.	Distance	Grand Rapids, Mich./Forest Hills
Grant Fall	So.	Distance	West Lafayette, Ind./Lafayette Harrison
Casey Fechter	Jr.	Throws	Saginaw, Mich./Heritage
Bill Fisher	So.	Hurdles	Deckerville, Mich.
Michael Fisher	So.	Pole Vault	Byron Center, Mich.
Jeffery Fujioka	Ir.	Distance	Madison Heights, Mich./Lamphere
	,		
Nathan Fujioka	Jr.	Distance	Madison Heights, Mich./Lamphere
James Gale	Jr.	Distance	Westland, Mich.
Nic Gatlin	Sr.	Distance	Swartz Creek, Mich.
Nate Grabowski	Fr.	Throws	Brighton, Mich.
Chris Hammer	Fr.	Distance	Troy, Mich./Athens
Josh Harris	Sr.	Throws	Clare, Mich.
Dave Harvey	Sr.	Distance	Munising, Mich.
Jake Hendrickson	Fr.	Sprints	Grandville, Mich.
Ryan Holm	Jr.	Distance	Wakefield, Mich.
Brad Hunter	So.	Distance	Pickford, Mich.
Dan Jackson	So.	Sprints	Hazel Crest, Ill./Hillcrest
Adam Kennedy	Fr.	Middle Distance	Battle Creek, Mich./Lakeview
Kevin Kimpel	Ir.	Throws	Clinton, Mich.
James King	So.	Middle Distance	Ovid, Mich./Ovid-Elsie
Paul Lange	Fr.	Pole Vault	Laingsburg, Mich.
Joe LeFevre	Sr.	Hurdles/Jumps	Shelby Township, Mich./Lutheran North
Scott Levering	Jr.	Pole Vault	Grand Rapids, Mich./Forest Hills
Garron Lucius	So.	Hurdles/Sprints	Flushing, Mich.
Mackenzie Lucius	Fr.	Sprints/Hurdles	Flushing, Mich.
Brandon Mabry	Fr.	Pole Vault	Flushing, Mich.
Ahmed Mahr	Fr.	Throws	Grand Rapids, Mich./Union
Bill Makela	So.	Hurdles/Jumps	Brighton, Mich./Detroit Catholic Central
Derek Marr	Fr.	Distance	Hale, Mich.
Trent McCloskey	So.	Sprints/Hurdles	Scottville, Mich./Mason County Central
Benjamin McCune	Fr.	Distance	Elgin, Ill./Larkin
Robert Metellus	Fr.	Jumps	Skokie, Ill.
Nick Natale	Jr.	Throws	Saginaw, Mich./Heritage
Kris Olgesbee	So.	Sprints	Delton, Mich./Delton Kellogg
Christopher Pabst	Ir.	Distance	Marengo, Ohio/Highland
Josh Pahl	So.		Grand Rapids, Mich./Forest Hills
		Sprints	
Michael Palombo	Fr.	Sprints	Livonia, Mich./Detroit Catholic Central
Nate Peck	So.	Distance	Coopersville, Mich.
Nick Polk	So.	Distance	Indianapolis, Ind./Perry Meridian
Jason Prowant	Sr.	Distance	Muskegon, Mich./Reeths Puffer
Ryan Rademacher	Fr.	Sprints	Comstock Park, Mich./Kenowa Hills
Gary Rajah	Fr.	Distance	Lakeview, Mich.
Nicholas Schweitzer	Fr.	Throws	Sparta, Mich.
Richard Sims	Fr.	Sprints	Calumet Park, Ill./Alan R. Shepard
Charles Smith	Jr.	Throws	Williamston, Mich.
Mike Stowe	Jr.	Hurdles/Jumps	Holt, Mich.
Blake Terhune	Sr.	Distance	Traverse City, Mich./Central
Mark Terpstra	Ir.	Distance	Charlotte, Mich.
Iarrod Tuinstra	Fr.	Pole Vault	Plainwell. Mich.
Mark VanderMeer	So.	Distance	Wyoming, Mich.
Jake Walczak	Fr.	Middle Distance	Traverse City, Mich./West
Ben Werley	Fr.	Middle Distance	Zeeland, Mich.
Phil Wheeler	Fr.	Pole Vault	Sand Lake, Mich./Tri-County
Bryant Wilson	Fr.	Pole Vault	Hale, Mich.
Matt Wish	So.	Distance	Rockford, Mich.
Anthony Wolbert	Fr.	Distance	Flushing, Mich.
Robbie Young	So.	Distance	Wayland, Mich.
NODDIC TOUTIE	50.	Distance	wayiana, wilcii.



### **Grand Valley State**

Nickname:

Lakers

Location:

Allendale, Mich.

Founded:

1960

**Enrollment:** 

21,300

**Colors:** 

Blue, Black and White

**President:** 

**TBA** 

**Athletics Director:** 

Tim W. Selgo



Head Men's & Women's Coach: Jerry Baltes

### Athletes To Watch

#### MEN:

Nate Peck (Distance) Brian Beach (Pole Vault) Kenny Coleman (Sprints/Jumps) Nick Natale (Throws)

Assistant Coaches: Lou Andreadis, Ray Williams, Charlie Wolf, Tony Bonacci, Katie Corner, Kristen Kulczycki, Ted Kushion, Aaron Rickens, Jason VanElst



### HILLSDALE COLLEGE

### Women's Track & Field Roster

B.T.	37	= .	
Name	Yr.	Events	Hometown/High School
Hanah Agauas	Jr.		Sterling Heights, Mich.
Christina Bailey	So.	Sprints/Hurdles	Colorado Springs, Colo./Classical Academy
Aubrey Calligan	Fr.	Sprints	Hillsdale, Mich.
Danielle Chase	Sr.	Mid-Distance	Saline, Mich.
Ashley DeJonge	Jr.	Sprints	Hamilton, Mich.
Rachel Dellwo	Sr.	Sprints/Hurdles	Helena, Montana
Laura Devine	Jr.	Mid-Distance	Ripon, Wis.
Kristin Donovan	So.	Throws	White Lake, Mich./Lakeland
Carrie Douglas	Sr.	Mid-Distance	Jackson, Mich./East Jackson
Mallory Farnum	Fr.	Mid-Distance	Highland, Mich./Milford
Joanna Grille	Sr.	Mid-Distance	Wallace, Mich.
Jen Gunderson	So.	Distance	Whitmore Lake, Mich./Dexter
Alissa Hall	Jr.	Distance	Monroe, Mich./St. Mary's Catholic
Robin Joecken	Sr.	Throws	Cincinnati, Ohio
Heidi Johnson	Sr.	Distance	Ludington, Mich.
Sarah Kauk	Fr.	Pole Vault	Saronville, Neb./Nebraksa Christian
Beth Ann Lannen	Jr.	Distance/Mid-Distance	Jackson, Mich.
Sara Monteleone	Sr.	Throws	Washington, Mich.
Chelsea Oestreich	Fr.	Throws	Pinckney, Mich.
Krista Pfautz	Sr.	Sprints/Jumps	Dexter, Mich./Ann Arbor Gabriel Richard
Beth Scherer	Sr.	Mid-Distance	Marshall, Mich.
Alison Schweda	Jr.	Pole Vault	North Royalton, Ohio
Emily Sharp	Sr.	Throws	Fenton, Mich.
Katie Smith	Jr.	Mid-Distance	Flint, Mich./Powers Catholic
Rachel Somogie	Jr.	Distance	North Andover, Mass.
Shannon Stanglewicz	Sr.	Distance	St. Louis, Mich.
Lindsey Stevens	Sr.	Pole Vault/Jumps	New Prague, Minn.
Hillary Szajnecki	Sr.	Throws	Petoskey, Mich.
Lesley Turner	Fr.	Distance	Littleton, Colo.
DiOnna Williams	Sr.	Sprints	Ft. Riley, Kansas
Jazmin Williams	Fr.	Sprints/Jumps	Brownstown, Mich./Carlson
•		1 , T	,



Name	Yr.	Events	Hometown/High School
Brian Baker	Jr.	Javelin/Sprints	Hillsdale, Mich.
Charles-Michael Berg	Sr.	Distance	Colorado Springs, Colo./Palmer
Lewis Butler	Jr.	Distance	Defiance, Ohio
Cody Calligan	Jr.	Sprints	Hillsdale, Mich.
Chasen Cunitz	So.	Tĥrows	Manhattan Beach, Calif./St. Mary's
Brett DeCou	So.	Sprints	Muskegon, Mich.
Andrew Dodson	Fr.	High Jump	Frankenmuth, Mich.
Blake England	So.	Sprints	Upper Sandusky, Ohio
Dave Herbert	Fr.	Sprints	Milford, Mich.
Charles Henry	Sr.	Sprints	Jackson, Mich./Lumen Christi
Harvey Hyman	Jr.	Pole Vault	Paulding, Ohio
Scott Kallgren*	Sr.	Distance	Trenton, Mich.
Scott Keenan	Jr.	Mid-Distance	Cape Elizabeth, Maine
Thomas Leonard	Fr.	Mid-Distance	Dexter, Mich.
Nicholas Liversedge	Jr.	Distance	Ada, Mich./Forest Hills Central
David Lowe	So.	Distance	Lampasas, Texas
Shawn McKinstry	Fr.	Mid-Distance	Bloomingdale, N.J./Lutheran North
Sean O'Donnell	Jr.	Mid-Distance	Raleigh, N.C./Cardinal Gibbons
Luke Preus	Fr.	Mid-Distance	Plymouth, Minn./Wayzata
Tim Sayers	Jr.	Distance	Ocean Springs, Miss.
Alex Schmidtendorff	Jr.	Mid-Distance	Three Rivers, Mich.
Peter Sercer	Jr.	Distance	Fort Scott, Kansas
Cody Senkyr	Sr.	Sprints/Hurdles	Clarkston, Mich.
Andrew Shaw	Sr.	Sprints	Yorkville, Ill.
Blake Smith	So.	Mid-Distance	Loveland, Ohio
Evan Steward	So.	Jumps/Sprints/Vault	Mooresville, Ind.
Jason Stomps	Fr.	Throws	Macomb, Mich./Luthern North
Nate Thompson	Fr.	Distance	Ft. Calhoun, Neb./Omaha Christian
Peter Ulrickson	Jr.	Pole Vault/Jumps	Marquette, Mich.
Dennis Walton	Fr.	Mid-Distance	Hannover, Germany/Johannes-Kepler
Kurt Weil	Fr.	Throws	Cincinnati, Ohio/Elder
Grant Wolf	Fr.	Throws	Constantine, Mich.

 $\textbf{Assistant Coaches:} \ \textbf{Jeff Forino, Chris Weigandt, Stephanie Carroll, Andy Towne}$ 





### Hillsdale

Nickname:
Chargers
Location:
Hillsdale, Mich.
Founded:
1844
Enrollment:
1,200
Colors:
Royal Blue and White
President:
Dr. Larry Arnn
Athletics Director:
Dr. Michael Kovalchik



Head Men's & Women's Coach: Bill Lundberg

### **Athletes To Watch**

#### MEN:

Blake England (Sprints) Andrew Dodson (Jumps) Lewis Butler (Distance) Peter Sercer (Distance)

#### WOMEN:

Alissa Hall (Distance)
DiOnna Williams (Sprints)
Jazmin Williams (Sprints/Jumps)
Sara Monteleone (Throws)



### LAKE SUPERIOR STATE UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Kate Baker	Sr.	Middle Distance	Royal Oak, Mich./Bishop Foley
Michelle Ballance	Sr.	Distance	White Cloud, Mich./White Cloud
Connie Beausejour	So.	Throws	Marathon, Ontario
Lauren Best	Fr.	Sprints	Waterford, Mich./Lutheran Northwest
Brooke Brenner	Sr.	Distance	Hopkins, Mich.
Dale Burnham	So.	Distance	Plainwell, Mich.
Mandi DeBlock	So.	Distance	Bornholm, Ontario/Mitchell District
Christina Etapa	Jr.	Distance	Ontonagon, Mich.
Celina Grondin	So.	Sprints	Fleurimont, Quebec
Jessica Hartwig	Fr.	Jumps	Iron Mountain, Mich.
Brianne Lunn	Fr.	Sprints	Bellaire, Mich.
Stephanie Riedel	Fr.	Distance	Eau Claire, Wis./Memorial
Danielle Reinbold	Sr.	Distance	Frankenmuth, Mich.
Jade Szubelak	Fr.	Middle Distance	Fairview, Mich.

### Men's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Luke Allen	Fr.	Middle Distance	Manistee, Mich./Onekama
Travis Ash	Jr.	Sprints	Rapid City, Mich./Elk Rapids
Andrew Athanasopoulos	So.	Tĥrows	Elliot Lake, Ontario/Secondary
Andrew Barry	Fr.	Throws	Pickford, Mich.
DJ Battistella	So.	Sprints	Monroe, Mich.
Andrew Benson	So.	Sprints	Goodrich, Mich.
Jason Ferguson	So.	Middle Distance	Newton, Iowa
Sean Kutzler	Fr.	Sprints	Sault Ste. Marie, Mich./Sault Area
Kevin Macomber	So.	Middle Distance	Gregory, Mich./Stockbridge
Ross Malatinsky	Sr.	Distance	Holt, Mich.
Matt Merian	Jr.	Distance	Rochester Hills, Mich./Rochester
Anthony Pavicic	Sr.	Distance	Sterling Heights, Mich.
Donald Poppe	So.	Throws	Saginaw, Mich./Heritage
Dan Skog	Fr.	Middle Distance	Norway, Mich.
Dana Skytta	Fr.	Throws	Michigamme, Mich./Republic-Michigamme
Adam Smith	So.	Sprints	Mount Pleasant, Mich.
Rich Stein	Sr.	Distance	Hopkins, Mich.
Ben Tarbutton	So.	Distance	Gaylord, Mich./St. Mary's
Eric Vanmeerbeck	Fr.	Middle Distance	Gaylord, Mich./St. Mary's
Evan Williams	Fr.	Middle Distance	Plainwell, Mich./Delton-Kellogg
Brad Winkler	Fr.	Distance	Boyne City, Mich.
Chris Winkler	Sr.	Throws	Brimley, Mich.

Assistant Coach: Ryan Fountain



### Official Meet Results

Complete meet results following the 2006 GLIAC Outdoor Track and Field Championships can be found on the official meet website at the link below. In addition, results will be posted throughout the meet on



the wall across from the concession stand:

http://www.ferris.edu/sports/track/06gliac/homepage.htm



### Lake Superior State

#### Nickname:

Lakers

Location:

Sault Ste. Marie, Mich.

Founded:

1946

**Enrollment:** 

3,123

Colors:

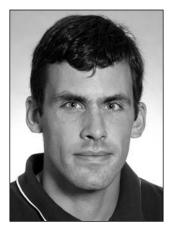
Royal Blue and Gold

**President:** 

Dr. Betty Youngblood

**Athletics Director:** 

Kris Dunbar



Head Men's & Women's Coach: Steve Eles

### Athletes To Watch

#### MEN:

Anthony Pavicic (Middle Distance) Adam Smith (Sprints) Andrew Athanasopoulos (Javelin)

### Women:

Mandi DeBlock (Steeplechase)
Danielle Reinbold (Distance)
Michelle Ballance (Distance)



### MICHIGAN TECH UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Erin Ballun	Fr.	Sprints/Jumps	Oswego, Ill.
Katy Bendall	Jr.	Distance	Corunna, Mich.
Megan Drelles	Jr.	Distance	Ludington, Mich.
Lindsay Fry-Schallhorn	Jr.	Sprints/Pole Vault	Paw Paw, Mich.
Kaylyn Gaul	Fr.	Distance/Pole Vault	Midland, Mich.
Kate Hagenbuch	So.	Middle Distance	Hancock, Mich.
Tara Hansen	Jr.	Distance	Swartz Creek, Mich.
Danielle Holmgren	Fr.	Distance/Pole Vault	Rapid River, Mich.
Laura Kangas	Fr.	Distance	Chassell, Mich.
Jenna Klein	Fr.	Distance	Ely, Minn.
Andrea Metz	So.	Distance	Marathon, Wis.
Mindy Miller	Fr.	Distance	Pittsburgh, Pa.
Jessica Miron	Sr.	Sprints/Jumps	Huntley, Ill.
Kristina Owen	So.	Distance	East Wenatchee, Wash./Eastmont
Jessica Pontius	So.	Distance	Saline, Mich.
Rachel Robertson	Jr.	Distance	Green Bay, Wis.
Cynthia Schafer	So.	Distance	New Brighton, Minn.
Stephanie Schiel	Fr.	Distance	Midland, Mich.
Samantha Stam	Fr.	Sprints	Negaunee, Mich.
Kelli Whelan	Fr.	Distance	Shaftsburg, Mich.
Lauren Wiza	Fr.	Distance	Cedarburg, Wis.
Bridget Zimny	Jr.	Sprints/Pole Vault	Esko, Minn.



Name	Yr.	Events	Hometown/High School
Greg Anthon	So.	Sprints/Jumps	Grand Rapids, Mich.
Thomas Arttus	So.	Distance	Eagan, Minn.
Michael Aschinger	Sr.	Distance	Walled Lake, Mich.
Richard Bobholz	Fr.	Distance	Baraboo, Wis.
Michael Cavalli	So.	Distance	Bloomfield Hills, Mich./Andove
Tim Ciarkowski	Jr.	Distance	Rogers City, Mich.
Caleb Colyer	Fr.	Distance	Ludington, Mich.
Tyler Cragg	Fr.	Sprints	Grayling, Mich.
Justin Crosswhite	Fr.	Distance	Coleman, Mich.
Derek Ferguson	Fr.	Sprints	Hamburg, N.Y.
Jonathon Folse	Fr.	Sprints	Detroit, Mich./Cass Tech
Kevin Garceau	Fr.	Sprints	Paw Paw, Mich.
Adam Habegger	So.	Pole Vault	Empire, Mich./Glen Lake
Travis Hansen	Jr.	Distance	Swartz Creek, Mich.
James Hart	So.	Distance	Saline, Mich.
Robert Haynes	Fr.	Sprints	Lansing, Mich./Sexton
Jacob Horn	Fr.	Throws	Eastpointe, Mich.
Eric Joseph	Fr.	Distance	Novi, Mich.
Cody Juntikka	Fr.	Distance	Atlantic Mine, Mich./Jeffers
Kevin Kayser	Fr.	Sprints/Jumps	Grand Rapids, Mich.
Samuel Kilpela	So.	Distance	Atlantic Mine, Mich./Jeffers
Isaac Kinuthia	Jr.	Sprints/Jumps	Nairobi
Stuart Kramer	So.	Distance	Marquette, Mich.
Ryan Kruger	So.	Distance	Negaunee, Mich.
Scott Latusek	Jr.	Middle Distance	Grayling, Mich.
Steve Lichon	Fr.	Distance	Green Bay, Wis.
Tim McColley	Fr.	Throws	Kalkaska, Mich.
Sean Palo	Fr.	Distance/Mid-Distance	Ishpeming, Mich.
Brian Primozich	Fr.	Distance/Mid-Distance	Duluth, Minn/Central
Nicholas Roth	Fr.	Distance	Coldwater, Mich.
Derek Weinchlein	Fr.	Distance	Naubinway, Mich.
Nick Weinmann	So.	Throws	Bay St. Louis, Mo.
Alex Weldum	Fr.	Sprints	Phoenix, Ariz.
Tim Wilkins	Fr.	Distance	Highland, Mich.
Eric Winder	Jr.	Throws	Houghton, Mich.

Assistant Coaches: Ryan Towles, Ted Holmstrom, Karl Walczak, Steve Karner





### Michigan Tech

Nickname: Huskies

Location:

Houghton, Mich.

Founded: 1885

**Enrollment:** 

6,538

Colors:

Black, Silver and Gold

**President:** 

Dr. Glenn Mroz

**Athletics Director:** 

Suzanne Sanregret



Head Men's & Women's Coach: Joe Haggenmiller

### Athletes To Watch

#### MEN:

Robert Haynes (Sprints) Stuart Kramer (Distance) Scott Latusek (Middle Distance) Derek Ferguson (Sprints)

#### WOMEN:

Jessica Miron (Sprints/Jumps)
Jessica Pontius (Distance)
Kristina Owen (Distance)
Bridget Zimny (Sprints/Pole Vault)



### Northern Michigan University

### Women's Track & Field Roster

Name Natalie Bertucci Callie Boik Chelsei Bootz Stephanie Boyer Kristin Carnel Brittney Coehoorn	Yr. Fr. So. Fr. Jr. Fr. So.	Events Jumps/Sprints Sprints/Javelin Sprints/Javelin Sprints Jumps/Javelin Steeplechase
Danielle deJonge	So.	Distance
Jacalyn Gross	Fr.	Middle Distance
Megan Hoklas	Fr.	Distance
Amanda Holtz	Jr.	Jumps/Hurdles
Kaylee Laakso	Jr.	Sprints
Paris Malin	So.	Pole Vault/Javelin
Stephanie Mishica	Jr.	Middle Distance
Stephanie Ostrenga	Fr.	Middle Distance
Judy Pumper	Sr.	Distance
Brooke Rediger	So.	Distance
Kyle Richards	So.	Middle Distance
Laura Rueden	So.	Jumps
Danielle St. Onge	So.	Sprints/Jumps
Danielle Stein	So.	Distance
Jessica Wendling	So.	Jumps
Jennifer Wiedmeyer	Fr.	Middle Distance

Hometown/High School Ishpeming, Mich. Mikado, Mich. Wausau, Wis. Rapid River, Mich. Cannon Falls, Minn. Pulaski, Wis. Petoskey, Mich. Cottrellville, Mich. Crystal Lake, Ill. Marquette, Mich. Champion, Mich. Seaview, Wash. Hancock, Mich. Escanaba, Mich. Milladore, Wis. Bloomer, Wis. Newberry, Mich. Kaukauna, Wis. Marquette, Mich. Kalkaska, Mich. Worthington, Ohio Waukesha, Wis.

Assistant Coaches: Tom Barnes, Sten Fjeldheim



### GLIAC Championship Officials

**Meet Referee:** 

Rob Buzaitis

**Games Committee:** 

Jeff Kavalunas, FSU; Jerry Baltes, GVSU; Scott Cook, NU

Starter:

Al Owens

**Asst. Starter:** 

Joe Mav

Clerk:

**Ed Carleton** 

Timing:

Laker Timing (Allendale, Mich.)

**Head Finish Line:** 

**Bob Eastley** 

Hammer Throw/Discus:

Jim Wetenhall

**Shot Put:** 

Al Miller

Long Jump/Triple Jump:

Nancy Burmeister

Javelin:

Bill Burmeister

**High Jump:** 



Bill Soul, Bill Burmeister

**Pole Vault:** 

Jack Mitchell

**GLIAC Commissioner:** 

Tom Brown

**FSU Athletics Director:** 

Tom Kirinovic

**Event, Facility & Marketing Mgr.:** 

Mike Haggerty

**Equipment Manager:** 

Ben Mumah

Results:

**FSU Athletics Communications** 

**Athletics Trainer:** 

Michael Blackburn

Awards:

Tia Brandel-Wilhelm



### Northern Michigan

Nickname:

Wildcats

Location:

Marquette, Mich.

Founded:

1899

**Enrollment:** 

9,300

Colors:

Old Gold and Olive Green

**President:** 

Dr. Leslie Wong

**Athletics Director:** 

Ken Godfrey



Head Women's Coach: Jenny Ryan

### Athletes To Watch

WOMEN:

Stephanie Boyer (Sprints) Danielle St. Onge (Sprints/Jumps) Brooke Rediger (Distance) Stephanie Mishica (Mid.-Distance)





### NORTHWOOD UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Katie Anema	Fr.	Throws	Kentwood, Mich./South Christian
Caroline Bonynge	Sr.	Throws	East Grand Rapids, Mich.
Heather Courtright	So.	Distance	Blanchard, Mich./Sacred Heart
Kristi Crampton	So.	Middle Distance	Burlington, Ontario/Nelson
Noel Dominick	Fr.	Sprints	Shepherd, Mich.
Toure Galligan	Sr.	Sprints/Jumps	Stayner, Ontario
Sarah Glowacki	So.	Throws	Freeland, Mich.
Liz Hoyt	Jr.	Distance	Cass City, Mich.
Blaire James	Fr.	Jumps	Lake Orion, Mich.
Christy Kulp	Fr.	Throws	Grand Ledge, Mich.
Karlie LeRoy	Fr.	Jumps	Saginaw, Mich./Nouvel
Samantha Messina	Fr.	Distance	Ira, Mich./Anchor Bay
Danielle Miller	Sr.	Sprints	Flat Rock, Mich.
Ashley Neuhaus	So.	Sprints/Jumps	Shepherd, Mich.
Rachel Oberle	So.	Distance	Rochester, Mich./Stoney Creek
Pauline Petruch	Jr.	Distance	Crown Point, Ind./Merriville
Syrena Rexroat	Fr.	Distance	Leelanau, Mich./St. Mary's
Lisa Salcedo	Jr.	Distance	El Paso, Texas
Jaclyn Singer	Sr.	Distance	Oakville, Ontario/Loyola
Justine Stauffer	Sr.	Distance	Hawthorn Woods, Ill./Stevenson
Charrone Thomasos	So.	Sprints/Jumps	Toronto, Ont./Franis Libermann
Amanda Vintevoghel	Fr.	Distance	Casco, Mich./Marine City
Cammelle Ward	Fr.	Sprints	Champaign, Ill./Central

### Men's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Michael Bean	Jr.	Distance	Chatham, Ontario/John McGregor
Jim Cantu	So.	Jumps	Aurora, Ill./Wauvonsie Valley
Simon Cholometes	Fr.	Sprints	Sturgis, Mich./White Pigeon
Matt Draper	Fr.	Throws	Perry, Mich.
Andrew Eldridge	So.	Hurdles	Saginaw, Mich./Valley Luthern
Justin Esch	Fr.	Sprints	Chelsea, Mich.
Dan Evans	Fr.	Jumps	Midland, Mich./Dow
Greg Foley	Fr.	Distance	South Lyon, Mich.
Troy Forte	Sr.	Jumps	Flint, Mich./Central
Will Fulton	Fr.	Sprints	Inkster, Mich.
Michael Gilmore	Fr.	Jumps	Tucson, Ariz./Flowing Wells
John Goldwater	Fr.	Sprints	Clinton Twp., Mich./Fraser
Jon Hodge	Jr.	Distance	Grosse Ile, Mich.
Jessup Hoyt	Fr.	Distance	Cass City, Mich.
Charleston Hughes	Jr.	Sprints/Hurdles	Saginaw, Mich.
Antonie Ivy	Jr.	Sprints	Detroit, Mich./M.L. King
Josh Jerome	Fr.	Distance	Shepherd, Mich.
Matt Kanfer	Fr.	Distance	Cumming, Ga./North Forsythe
Keith Kniaz	Fr.	Distance	Sidney, Mich./Central Montcalm
Tony Komins	Fr.	Throws	Union, Mich./White Pigeon
Derek Kraus	Fr.	Distance	Holland, Mich./West Ottawa
Nick LaPrairie	So.	Jumps	Bay City, Mich./Central
Kevin Lawson	Fr.	Sprints	Lansing, Mich./Sexton
Ben Love	So.	Distance	Bloomington, Ill./Normal
Kurtis Marlowe	Jr.	Distance	Kalamazoo, Mich.
Larz McElroy	Jr.	Distance	St. Clair, Mich.
Ryan McIntyre	Jr.	Distance	Cumming, Ga./North Forsythe
Matt McKinley	Fr.	Distance	Kaleva, Mich./Brethren
David Neely	Fr.	Distance	Pittsburg, Pa./Shaler Area
Zak Noles	Fr.	Distance	Pinckney, Mich.
Ray Reed	Fr.	Sprints	Roselle, Ill./Lake Park
Eric Richardson	Jr.	Throws	Unionville, Mich./U.S.A.
Ryan Roberts	Sr.	Sprints	Kentwood, Mich./East Kentwood
Brian Sing	Sr.	Throws	Bangor, Maine
Darrin Tape	So.	Sprints	Middleville, Mich./Thornapple-Kellogg
Ben Tierney	So.	Sprints	Midland, Mich./Dow
Justin Walker	Fr.	Distance	Chicago, Ill.
Carvell Wilikins	So.	Throws	Royal Oak, Mich./Kimball
Lance Wojewuczki	Fr.	Sprints	Dearborn, Mich./Edsel Ford

Assistant Coach: Josh Stryker





### Northwood

Nickname: Timberwolves Location: Midland, Mich. Founded:

1959

Enrollment: 1,775

Colors:
Columbia Blue and White
President:
Dr. David E. Fry
Athletics Director:
Pat Riepma



**Head Men's & Women's Coach:**Scott Cook

### Athletes To Watch

#### MEN:

Darrin Tape (Sprints)
Michael Gilmore (Jumps)
Brian Sing (Throws)

### Women:

Karlie LeRoy (Jumps) Sarah Glowacki (Throws) Kristi Crampton (Mid.-Distance)



### SAGINAW VALLEY STATE UNIVERSITY

### Women's Track & Field Roster

Name	Yr.	Events	Hometown/High School
Jenny Bellsky	Jr.	Middle Distance	Frankenmuth, Mich.
Ashley Bishop	Jr.	Throws	Pickford, Mich.
Danielle Blanton	Fr.	Throws	Cardington, Ohio/Highland
Kali Briggs	So.	High Jump/Hurdles	Jackson, Mich./Vandercook Lake
Ashton Bullock	Fr.	MidDistance/Sprints	Belleville, Mich./Ypsilanti Lincoln
Alexis Cartwright	Sr.	Throws	Swartz Creek, Mich.
Ashley Christie	Sr.	Pole Vault/Sprints	Bay City, Mich./John Glenn
Melody Coates	Jr.	Distance	Mt. Morris, Mich./E.A. Johnson
Stefanie Collins	So.	Throws	Horton, Mich./Hanover-Horton
Kyona Cook	Fr.	Sprints	Flint, Mich./Carman-Ainsworth
Ashley Coppens	So.	Hurdles	Saginaw, Mich./Swan Valley
Leighann Dowell	So.	Long Jump/Hurdles	Millington, Mich.
Elayna Dush	So.	Middle Distance	Sanford, Mich./Meridian
Lisa Fair	Sr.	Hurdles/MidDistance	Troy, Mich./Athens
Christina Ferguson	Fr.	Jumps	Athens, Ontario/Thousand Islands
Mandie Gallier	Sr.	Hurdles/MidDistance	Medford, N.J./Shawnee
Ashley Gardynik	Fr.	Distance	Howell, Mich.
Brittany Gendron	So.	Sprints/MidDistance	Brockville, Ontario/Thousand Islands
Megan Haskin	Fr.	Sprints/MidDistance	Fairview, Mich.
Kelli Kaiser	So.	Distance	Lachine, Mich./Alpena
Courtney Kotewa	So.	Distance	Essexville, Mich./Garber
Kelly Meucci	Sr.	Distance	St. Charles, Ill./East
Sjonne Mitchell	Fr.	Sprints/MidDistance	Clarkston, Mich./Troy
Ashley Morrow	Fr.	Sprints/MidDistance	Millington, Mich.
Jenny Phelan	So.	Distance	Horton, Mich./Hanover-Horton
Emily Plott	Fr.	Pole Vault	Hartland, Mich./Howell
Monique Pool	Fr.	Sprints	Flint, Mich./Kearsley
Mary Jo Pouillon	Sr.	Throws	Owosso, Mich.
Becca Rudey	So.	Distance	Wixom, Mich./Walled Lake Western
Nicole Schmidt	Fr.	Distance	Livonia, Mich./Churchill
Heather Schmitz	So.	Pole Vault	Brighton, Mich.
Jessica Sweeney	Jr.	Middle Distance	Saginaw, Mich./Heritage
Krystin Vogel	Jr.	Hurdles/MidDistance	Ubly, Mich.
Samantha Wiens	So.	Middle Distance	Swartz Creek, Mich.
Amie Wilson	Fr.	Hurdles/MidDistance	Linden, Mich.



	WICH	Hack C II	CIU NOS
Name	Yr.	Events	Hometown/High
Chris Baranek	Sr.	Sprints	Kawkawlin, Mich
Cory Barkiewicz	Fr.	Pole Vault	Swartz Creek, M
Chris Barrios	Jr.	Middle Distance	North Branch, M
Curtis Beach	Fr.	Sprints/MidDistance	Posen, Mich.
Dan Benjamin	Fr.	Pole Vault	Columbiaville, M
Nick Blessing	So.	Javelin	Davison, Mich.
Aaron Brewer	Sr.	Sprints	Ypsilanti, Mich./
Ryan Clapp	Sr.	Distance	Lake Fenton, M
Andy Clark	Jr.	Hurdles	Owosso, Mich.
Matt Collins	Sr.	Jumps/MidDistance	Gaylord, Mich./9
Mario Cornejo	So.	Distance	Bay City, Mich./0
Steve Czymbor	So.	Distance	Hemlock, Mich.
Jeff Decator	Fr.	Pole Vault/Decathlon	Goodrich, Mich.
Kyle Deming	Fr.	Hurdles	Freeland, Mich.
Kyle Dengler	So.	Sprints/MidDistance	Essexville, Mich
Sean Egan	Fr.	Tĥrows	Marysville, Mich
Josh Emmons	Fr.	Distance	Belding, Mich.
Mike Gall	Fr.	Hurdles/MidDistance	Midland, Mich.
Justin Grow	Jr.	Distance	Horton, Mich./H
Mario Guerrero	Sr.	Jumps/Hurdles	Saginaw, Mich./S
Eltaro Hooper	So.	Jumps	Ypsilanti, Mich./
Cullen Jamison	So.	Throws	Traverse City, M
Brandon Johnson	Jr.	Distance	Owosso, Mich.
Paul Jozwiak	Sr.	Middle Distance	Berkley, Mich.
Kris Kalbfleisch	Fr.	Distance	South Branch, N
Matt Keenan	So.	Sprints/MidDistance	Linden, Mich.
Ben Knizacky	Fr.	Distance	Ludington, Mich
Nick Krus	So.	Middle Distance	St. Clair Shores,
Eric LaCross	So.	Distance	Cheboygan, Mic
Erik Lunning	Fr.	Sprints/MidDistance	Fairview, Mich.
Matt Masters	Jr.	Throws	Morenci, Mich.
Max Masters	Sr.	Hurdles	Battle Creek, Mi
Kyle McDaniel	Fr.	Hurdles/MidDistance	Yale, Mich.
Tony McDaniel	So.	Javelin	Yale, Mich.
Jake Morris	Fr.	Pole Vault	Breckenridge, N
Jerry Nelson	So.	Middle Distance	Taylor, Mich./Tru
Ryan Norman	Jr.	Sprints, Hurdles	Linden, Mich.
Pete O'Brien	So.	Middle Distance	Davison, Mich./I
Anthony Price	Fr.	Sprints/MidDistance	Romulus, Mich.
Jerome Recker	Sr.	Steeple/Distance	Port Huron, Mic
Stephen Richard	Sr.	Pole Vault	Midland, Mich.
Ben Richards	Fr.	Distance	Goodrich, Mich.
Charlie Richards	Fr.	Hurdles, MidDistance	Goodrich, Mich.
Adam Roach	Sr.	Distance	Port Huron, Mic
Jacob Schlaegel	Fr.	Distance	North Street, Mi
Greg Schmit	Jr.	Distance	Leslie, Mich.
Jacob Schultz	Jr.	Distance	Frankenmuth, N
James Shobert	Fr.	Distance	Flint, Mich./Carr
Justin Thomason	So.	Sprints/MidDistance	Port Huron, Mic
Sam Tilmon	Fr.	Hurdles/MidDistance	Romulus, Mich.

Hometown/High School Kawkawlin, Mich./Bay City Western Swartz Creek, Mich. North Branch, Mich. Columbiaville, Mich./Otisville-Lakeville Davison, Mich. psilanti, Mich./Lincoln Lake Fenton, Mich. Owosso, Mich. Gaylord, Mich./St. Mary's Bay City, Mich./Central Hemlock, Mich. Goodrich, Mich. Freeland, Mich. Essexville, Mich./Garber Marysville, Mich. Belding, Mich. Midland, Mich. Horton, Mich./Hanover-Horton Saginaw, Mich./Swan Valley psilanti, Mich./Lincoln Traverse City, Mich./West Owosso, Mich. Berkley, Mich. South Branch, Mich./Hale Linden, Mich. Ludington, Mich./Mason County Eastern St. Clair Shores, Mich./Lakeview Cheboygan, Mich. Fairview, Mich. Morenci, Mich. Battle Creek, Mich./Pennfield Yale, Mich. Yale, Mich. Breckenridge, Mich. Taylor, Mich./Truman inden, Mich Davison, Mich./Flint Kearsley Romulus, Mich. Port Huron, Mich Midland, Mich. Goodrich, Mich. Goodrich, Mich. Port Huron, Mich North Street, Mich./Port Huron Northern Leslie, Mich. rankenmuth, Mich. Flint, Mich./Carmen-Ainsworth Port Huron, Mich.



### Saginaw Valley State

Nickname:

Cardinals

Location:

University Center, Mich.

Founded:

1963

**Enrollment:** 

9,448

Colors:

Red, White and Blue

**President:** 

Dr. Eric R. Gilbertson

**Athletics Director:** 

Joe Vogl



Head Men's & Women's Coach: Jim Nesbitt

### Athletes To Watch

#### MEN:

Adam Roach (Distance)
Paul Jozwiak (Distance)
Sam Tilmon (Hurdles)

#### Women:

Ashley Bishop (Throws) Becca Rudey (Distance) Mary Jo Pouillon (Throws)

Assistant Coach: Melissa Miller



### GLIAC MEN'S CHAMPIONSHIP RECORDS

### GLIAC Men's Indoor Track & Field Championship Records

Event	Name	School	Mark	Year
55 Meter Dash	Kendall Stevens	Findlay	6.26	2004
55 Meter Hurdles	Tony Cramatie	GVSU	7.25	1976
200 Meter Dash	Kendall Stevens	Findlay	21.58	2004
400 Meter Dash	Kevin Jones	Northwood	47.81	1984
800 Meter Run	Charles White	SVSU	1:52.44	1984
Mile Run	Nate Iler	Ashland	4:07.02	2005
3,000 Meter run	Tom Zarzycki	SVSU	8:23.89	1983
5,000 Meter Run	Ryan Cole	GVSU	14:27.73	2005
4 x 400 Meter Relay	Ricky Brown, Dave Johnson, Charles White, Jim Featherstone	SVSU	3:16.06	1984
4 x 800 Meter Relay	Pedro Ortego, Paul Jozwiak, Jarrod Colvin, Mohommed Waite	SVSU	7:44.10	2004
35 lb. Weight	Paul Markel	SVSU	65'4.75"	2001
Shot Put	Paul Cochran	Ferris State	57'10-1/2"	1990
Pole Vault	Craig Presley	Hillsdale	16'6"	1993
High Jump	Jeremy Pearson	GVSU	7'0-1/2"	2000
Long Jump	Sean Robbins	Ashland	25'10-1/4"	1996
Triple Jump	Ed Brown	SVSU	49'11-1/4"	1982
300 Yard Dash*	Ed Brown	SVSU	31.58	1982
300 Meter Dash*	Ed Brown	SVSU	34.44	1984
600 Yard Run*	Keith Oparka	Ferris State	1:13.74	1979
600 Meter Run*	Ricky Brown	SVSU	1:20.44	1983
1,000 Yard Run*	Ed LaBair	SVSU	2:14.98	1982
1,000 Meter Run*	Ed LaBair	SVSU	2:27.57	1984
1,500 Meter Run*	Ed LaBair	SVSU	3:49.07	1984
* - Events are no longe	er contested			

### **GLIAC Men's Outdoor Track & Field Championship Records**

Event	Name	School	Mark	Year
100 Meter Dash	Tony Coleman	Wayne State	10.44	1981
200 Meter Dash	Kendall Stevens	Findlay	20.97	2004
400 Meter Dash	Haddow Weatherborne	Northwood	46.88	2002
800 Meter Run	Josh Weber	Northwood	1:49.27	2004
1,500 Meter Run	Nick Cordes	Ashland	3:49.54	2003
3,000 Meter Steeplechase	Calvin McQueen	SVSU	8:58.54	1981
5,000 Meter Run	Nick Cordes	Ashland	14:23.12	2003
10,000 Meter Run	Spence Peterson	SVSU	30:09.79	1982
110 Meter Hurdles	Eddie Brown	SVSU	14.14	1982
400 Meter Hurdles	Eddie Brown	SVSU	50.04	1982
4 x 100 Meter Relay	Ed Vilt, Kendall Stevens, Sanchez Ross, Paul Johnson	Findlay	41.18	2004
4 x 400 Meter Relay	Kevin Jones, Russell Jones, Stacey Cooper, Mike Dougher	Northwood	3:10.30	1981
Discus	T.J. Koniowsky	Ashland	184'8"	1999
Shot Put	Chris Adams	Ashland	59'6.25"	2001
Hammer Throw	Rich Ulm	Ashland	208'3"	2000
Javelin	Kirt Thompson	Ashland	256'1"	1996
Pole Vault	Clark Lozier	Ashland	17'4-1/2"	1996
High Jump	Jeremy Pearson	GVSU	7'2"	2000
Long Jump	Sean Robbins	Ashland	25'7-3/4"	1996
Triple Jump	Eddie Brown	SVSU	50'0"	1981



### GLIAC WOMEN'S CHAMPIONSHIP RECORDS

### GLIAC Women's Indoor Track & Field Championship Records

Event	Name	School	Mark	Year
55 Meter Dash	Tanea Green	Findlay	7.01	2002
55 Meter Hurdles	Jennifer O'Shesky	Ferris State	8.04	2005
200 Meter Dash	Shami Vanhook	Ashland	24.55	2005
400 Meter Dash	Shami Vanhook	Ashland	55.57	2005
800 Meter Run	Steph Kuhlman	GVSU	2:07.00	2003
Mile Run	Jennie Lahr	NMU	4:47.05	2005
3,000 Meter Run	Gina VanLaar	Hillsdale	10:04.90	1988
5,000 Meter Run	Natalie Ewing	GVSU	17:12.07	2004
4x 400 Meter Relay	Amber Smith, Joanne Douglas, Amanda Mercer, Shami Vanhook	Ashland	3:51.19	2005
4 x 800 Meter Relay	Krista O'Dell, Jess Lemson, Steph Kuhlman, Shanon Antvelink	GVSU	9:02.82	2003
20 lb. Weight	Jackie Jeschelnig	Ashland	65'7-1/2"	2002
Shot Put	Adriane Blewitt	Ashland	56-07-00	2003
Pole Vault	Rachel Duthler	GVSU	12-00.50	2004
High Jump	Kelly O'Brien	GVSU	5'9-1/2"	1993
Long Jump	Nicole Sullivan	SVSU	19-07.00	2003
Triple Jump	Icis Charles	GVSU	38'11"	2001
300 Yard Dash*	Cecile Murdock	Northwood	37.28	1987
300 Meter Dash*	Filipa Smith	SVSU	40.14	1984
600 Yard Run*	Lisa Wojechowski	Hillsdale	1:27.68	1987
600 Meter Run*	Lori Edinger	Ferris State	1:36.75	1993
1,000 Yard Run*	Shelley Saunders	Ferris State	2:45.24	1985
1,000 Meter Run*	Sandra Terrell	GVSU	2:59.45	1991
1,500 Meter Run*	Joy Wright	Hillsdale	4:41.43	1994
* - Events are no longe	er contested			

### **GLIAC Women's Outdoor Track & Field Championship Records**

Event	Name	School	Mark	Year
100 Meter Dash	Shami Vanhook	Ashland	11.77	2004
200 Meter Dash	Shami Vanhook	Ashland	23.98	2004
400 Meter Dash	Shami Vanhook	Ashland	53.66	2005
800 Meter Run	Steph Kuhlman	GVSU	2:06.57	2003
1,500 Meter Run	Steph Kuhlman	GVSU	4:29.37	2004
3,000 Meter Run	Erin Gillespie	Hillsdale	9:54.83	1986
5,000 Meter Run	Erin Gillespie	Hillsdale	16:57.24	1987
10,000 Meter Run	Trudy Chase	Hillsdale	36:14.52	2003
100 Meter Hurdles	Kirby Blackley	Findlay	14.06	2005
400 Meter Hurdles	Mandie Gallier	SVSU	58.64	2004
4 x 100 Meter Relay	Jan Hoverstock, Sara Mosier, Monica Bessick, Aris Palmer	Ashland	46.53	1996
4 x 400 Meter Relay	Kelly Driggers, Jen Henry, Christy Tedrow, Melissa Smith	GVSU	3:45.02	2000
Steeplechase	Tanya Eaton-Fraser	Hillsdale	11:05.36	2003
Discus	Jackie Jeschelnig	Ashland	163'11"	2000
Shot Put	Adriane Blewitt	Ashland	54'0"	2003
Hammer Throw	Jackie Jeschelnig	Ashland	206'10.25"	2002
Javelin	Jenny Hardesty	Ashland	146'11"	1997
Pole Vault	Rachel Duthler	GVSU	11'9.25"	2004
High Jump	Julayne Thayer	Northwood	5'8-1/2"	1985
Long Jump	Katrina Jones	SVSU	19'6-3/4"	1993
Triple Jump	Nicole Sullivan	SVSU	39'3.5	2001



### GLIAC MEN'S YEAR-BY-YEAR RESULTS

### GLIAC Men's Outdoor Track & Field Championship Year-By-Year Results

2005	2001	1997
1. GVSU 220.5	1. GVSU 228.5	1. Ashland 196.0
2. Ashland117.0	2. Ashland 210.0	2. SVSU 173.5
3. SVSU116.0	3. SVSU 81.0	3. GVSU 102.0
4. Findlay 106.5	4. Hillsdale 64.5	4. Hillsdale 77.5
5. Hillsdale 71.5	5. Northwood 57.0	5. Northwood 45.0
6. Ferris State 44.5	6. LSSU 47.0	6. Michigan Tech 24.0
7. LSSU 38.0	7. Findlay 36.5	7. LSSU2.0
8. Michigan Tech 32.0	8. Michigan Tech 33.5	
Northwood 32.0	9. Ferris State 14.0	1996
		1. Ashland 246.7
2004	2000	2. SVSU 130.7
1. GVSU 216.0	1. Ashland 149.0	3. Hillsdale 105.0
2. Findlay 129.0	2. Hillsdale110.0	4. GVSU 62.3
3. SVSU 128.0	3. SVSU 103.0	5. Northwood 48.0
4. Ashland 111.0	4. GVSU 95	6. Michigan Tech 25.3
5. Hillsdale 91.0	5. Findlay 72	7. LSSU 1.0
6. Northwood 55.0	6. Northwood 56	
7. Ferris State 24.0	7. Michigan Tech 20	1995
8. Michigan Tech 19.0	8. Ferris State 9	1. Hillsdale 219.5
9. LSSU 6.0	9. LSSU 5	2. SVSU 208.5
	10. Westminster (Pa.) 4	3. Northwood 74.0
2003		4. Michigan Tech 59.0
1. GVSU 209.5	1999	5. GVSU 50.0
2. Ashland 138.0	1. Ashland 129.0	6. LSSU 5.0
3. Findlay 109.0	2. Hillsdale 120.0	
4. SVSU 91.5	3. SVSU 103.0	1994
5. Northwood 81.0	4. Findlay 83.0	1. Hillsdale 270.0
6. Hillsdale 71.0	5. GVSU 73.0	2. SVSU 106.0
7. Ferris State 41.0	6. Northwood 65.5	3. Ferris State 100.0
8. LSSU 27.0	7. Michigan Tech 22.5	4. GVSU 72.0
9. Michigan Tech 8.0	8. Westminster (Pa.) 19	5. Michigan Tech 58.0
		6. Northwood 19.0
2002	1998	
1. Ashland 202.0	1. Ashland 164.0	1993
2. GVSU 170.0	2. Hillsdale 148.5	1. Hillsdale 199.3
3. Northwood 105.0	3. Findlay 85.5	2. Ferris State 169.0
4. Hillsdale 88.0	4. GVSU 69.0	3. SVSU 138.0
5. SVSU 74.0	5. Northwood 65.0	4. Michigan Tech 65.3
6. Findlay 50.0	6. SVSU 55.0	5. GVSU 35.3
7. Ferris State 38.0	7. Michigan Tech 25.0	6. LSSU 11.0
8. LSSU 31.0	8. LSSU 7.0	
9. Michigan Tech 18.0		





### 2006 GLIAC TRACK & FIELD CHAMPIONSHIPS

### GLIAC MEN'S YEAR-By-YEAR RESULTS

### GLIAC Men's Outdoor Track & Field Championship Year-By-Year Results

1992	1986	1981
1. Hillsdale 208.0	1. Ferris State 156.5	1. SVSU 231.0
2. Ferris State 192.0	2. Hillsdale 145.0	2. Northwood 85.0
3. SVSU119.0	3. SVSU 132.5	Hillsdale 85.0
4. GVSU55.0	4. Northwood 88.0	4. Ferris State 80.0
5. Michigan Tech 19.0	5. Michigan Tech 87.0	5. Wayne State 66.0
6. LSSU 16.0	6. GVSU 8.0	6. Michigan Tech 44.0
		7. GVSU 29.0
1991	1985	
1. Ferris State 195.0	1. Northwood 209.5	1980
2. Hillsdale 163.0	2. SVSU 152.5	1. Northwood 198.0
3. SVSU 145.0	3. Hillsdale 82.0	2. SVSU 195.0
4. GVSU 76.0	4. Ferris State 76.0	3. Ferris State 111.0
5. Michigan Tech 33.0	5. Michigan Tech 57.0	4. Hillsdale 50.0
6. Northern Michigan 6.0	6. Wayne State 29.0	5. Wayne State 48.0
	7. GVSU 12.0	6. GVSU 14.0
1990		7. LSSU 1.0
1. Ferris State 174.0	1984	
2. SVSU 166.0	1. SVSU 277.5	1979
3. Hillsdale 129.0	2. Northwood110.0	1. SVSU 156.0
4. GVSU 70.0	3. Hillsdale 84.0	2. Ferris State 149.0
5. Michigan Tech 67.0	4. Ferris State 80.3	Northwood 149.0
6. Northern Michigan 11.0	5. Michigan Tech 48.0	4. Hillsdale 98.0
	6. Wayne State 10.3	5. Wayne State 59.0
1989	7. GVSU 5.0	6. GVSU 8.0
1. SVSU 183.0		7. LSSU 1.0
2. Hillsdale 180.0	1983	
3. Ferris State 156.0	1. SVSU 215.0	1978
4. GVSU 52.0	2. Northwood 143.0	1. Hillsdale 294.5
5. Michigan Tech 46.0	3. Ferris State 99.0	2. Ferris State 167.0
6. Northern Michigan 0.0	4. Hillsdale 67.0	3. Northwood111.0
	5. GVSU 40.0	4. SVSU 95.0
1988	6. Michigan Tech 36.0	5. GVSU 30.0
1. Ferris State 178.5	7. Wayne State 20.0	6. Wayne State 25.0
2. SVSU 165.0		7. LSSU 14.5
3. Hillsdale 156.5	1982	
4. Michigan Tech 88.0	1. SVSU 305.0	1977
5. GVSU 19.0	2. Northwood 106.0	1. Wayne State 202.0
6. Northern Michigan 11.0	3. Ferris State 94.0	2. Ferris State 105.0
_	4. Hillsdale 42.0	3. Northwood 91.0
1987	5. Michigan Tech 38.0	4. SVSU 90.0
1. SVSU 157.0	6. GVSU21.0	5. Hillsdale 84.0
2. Ferris State 151.0	7. Wayne State 13.0	6. GVSU 56.0
3. Hillsdale 150.0		7. LSSU 18.0
4. Michigan Tech 75.0		
5 Novilous 1 740		



### GLIAC MEN'S YEAR-By-YEAR RESULTS/COACHING AWARDS

#### 1976 GLIAC Men's Coach Of The Year Awards Wayne State ...... 228.0 GLIAC Men's Outdoor Track & Field Coach of the Year GLIAC Men's Indoor Track & Field Coach of the Year Ferris State .......... 125.0 GVSU ......117.0 2005 Jerry Baltes ...... GVSU 2005 Jerry Baltes ..... GVSU 2004 Marc Arce ..... UF 2004 Jim Nesbitt ...... SVSU Hillsdale ...... 77.0 2003 Jerry Baltes ......GVSU 2003 Jerry Baltes ..... GVSU Northwood...... 45.0 2002 Jerry Baltes ...... GVSU 2002 Bill Gallagher ......AU LSSU ...... 40.0 2001 Jerry Baltes ...... GVSU 2001 Jerry Baltes ......GVSU 2000 Jerry Baltes ...... GVSU 2000 Bill Gallagher ......AU 1999 Bill Gallagher ......AU 1999 Jim Nesbitt ...... SVSU 1975 Marc Arce ..... UF 1998 Bill Gallagher ......AU Wayne State ...... 101.0 1998 Larry Bartels .....NU 1997 Bill Frieberg ......GVSU Ferris State ...... 89.0 1997 Jim Nesbitt ...... SVSU 1996 Bill Gallagher ......AU 3. GVSU ...... 77.0 1996 Bill Gallagher ......AU 1995 Jim Nesbitt ...... SVSU 1995 Bill Lundberg ..... HC 1994 Bill Lundberg ...... HC 4. Hillsdale ...... 28.0 1994 Bill Lundberg ..... HC 1993 Dave Wood ..... FSU 5. LSSU ...... 13.0 1993 Bill Lundberg ...... HC 1992 Bill Lundberg ..... HC Northwood............ 9.0 1992 Bill Lundberg ..... HC 1991 Dave Wood ..... FSU Oakland ...... 0.0 1991 Dave Wood ..... FSU 1990 Jim Nesbitt ..... SVSU 1990 Dave Wood ..... FSU 1989 Jim Nesbitt ...... SVSU 1989 Bill Lundberg ..... HC 1988 Dave Wood ..... FSU 1974 1988 Jim Nesbitt ...... SVSU 1987 Jim Nesbitt ...... SVSU Ferris State .......... 134.0 1987 Dave Wood ..... FSU 1986 Dave Wood ..... FSU 1986 Dave Wood ..... FSU 1985 Jim Knapp ...... NI 1985 Jim Knapp ......NU 1984 Doug Hansen ..... SVSU Northwood...... 39.5 1984 Doug Hansen ..... SVSU 1983 Doug Hansen ..... SVSU 4. LSSU ...... 39.0 1983 Doug Hansen ..... SVSU 1982 Doug Hansen ..... SVSU 1982 Doug Hansen ..... SVSU 1981 Doug Hansen ..... SVSU 1973 1981 Doug Hansen ..... SVSU Ferris State ...... 107.0 GLIAC Women's Coach Of The Year Awards GVSU ...... 90.0 Northwood...... 51.0 GLIAC Women's Indoor Track & Field Coach of the Year GLIAC Women's Outdoor Track & Field Coach of the Year 4. LSSU ...... 31.0 Jerry Baltes ..... GVSU 2005 2005 Jerry Baltes ..... GVSU 2004 Jerry Baltes ..... GVSU 2004 Jerry Baltes ...... GVSU 2003 Jerry Baltes ...... GVSU 2003 Jenny Goodpaster ..... HC 2002 Jerry Baltes ...... GVSU 2002 Jerry Baltes ...... GVSU 2001 Jerry Baltes ...... GVSU 2001 Jerry Baltes ...... GVSU 2000 Jerry Baltes ...... GVSU 2000 Jerry Baltes ...... GVSU 1999 Bill Gallagher ......AU 1999 Joe Skrycki ......GVSU Jeff Kavalunas ..... FSU 1998 Bill Lundberg ...... HC 1998 Jim Nesbitt ...... SVSU Jeff Kavalunas ..... FSU 1997 1997 Jim Nesbitt ...... SVSU 1996 Bill Gallagher ..... AU Jim Nesbitt ..... SVSU 1996 Bill Gallagher ......AU 1995 1995 Bill Lundberg ...... HC 1994 Dave Wood ..... FSU 1994 Dave Wood ..... FSU 1993 Bill Lundberg ..... HC 1993 Bill Lundberg ..... HC 1992 Diane Phillip ...... HC 1992 Dave Wood ..... FSU 1991 Diane Phillip ...... HC 1991 Gary Martin ......GVSU 1990 Diane Phillip ...... HC 1990 Diane Phillip ...... HC 1989 Gary Martin ......GVSU 1989 Dave Wood ..... FSU 1988 Diane VanArsdalen ..... HC 1988 Gary Martin ......GVSU 1987 Jim Nesbitt ...... SVSU 1987 Diane VanArsdalen ..... HC 1986 Diane VanArsdalen ..... HC U.S. TRACK & FIELD 1986 Diane VanArsdalen ..... HC 1985 Diane VanArsdalen ..... HC AND CROSS COUNTRY 1985 Diane VanArsdalen ..... HC 1984 Bob Maybouer ...... SVSU COACHES ASSOCIATION 1984 Bob Maybouer ..... SVSU Diane VanArsdalen ..... HC

1983

1982

1981

Bob Maybouer ..... SVSU

Bob Maybouer ..... SVSU

Bob Maybouer ..... SVSU

Diane VanArsdalen ..... HC



### GLIAC WOMEN'S YEAR-BY-YEAR RESULTS

### GLIAC Women's Outdoor Track & Field Championship Year-By-Year Results

200	5	200	00	199	4	198	37
1.	GVSU 259.0	1.	GVSU 152.5	1.	Hillsdale 180.0	1.	SVSU 170.0
2	Ashland 193.0	2	Ashland 113.0	2	Ferris State 178.0	2	Hillsdale 157.0
3.	Findlay 82.0	3.	SVSU 107.0	3.	SVSU 157.0	3.	Ferris State 89.0
4.	Hillsdale 66.5	4.	Ferris State 97.5	4.	GVSU 78.0	4.	Northwood 75.0
5.	SVSU 65.0	5.	Findlay 70.0	5.	Michigan Tech 10.0	5.	Michigan Tech 37.0
6.	Ferris State 64.5	6.	Hillsdale 59.0			6.	GVSU 24.0
7.	Northern Michigan 40.0	7.	Northwood 12.0	199	3		
8	Northwood 28.0	8.	Michigan Tech 9.0	1.	Hillsdale 173.0	198	36
9.	Michigan Tech 14.0			2	SVSU 156.0	1.	Hillsdale 189.0
10.	LSSU 7.0	199	9	3.	GVSU 100.0	2	Northwood
		1.	Ashland 171	4.	Ferris State 86.0	3.	SVSU 98.0
200	4	2	Hillsdale 143.0	5.	Michigan Tech 39.0	4.	Ferris State 84.0
1.	GVSU 216.5	3.	GVSU 104.0	6.	LSSU 0.0	5.	GVSU 44.0
2	Ashland 167.5	4.	Ferris State 76.5			6.	Michigan Tech 41.0
3.	Hillsdale 128.0	5.	Findlay 75.0	199			
4.	Findlay 98.0	6.	SVSU 44.0	1.	Hillsdale 194.0	198	
5.	SVSU 84.5	7.	MIU 6.5	2.	Ferris State 162.3	1.	SVSU143.0
6.	Ferris State 52.0			3.	SVSU102.3	2.	Hillsdale 133.0
7.	Northern Michigan 23.5	199		4.	GVSU 69.3	3.	Ferris State 117.0
8	Northwood	1.	Hillsdale 133.0	5.	Michigan Tech 22.0	4.	Northwood 59.0
9.	LSSU 16.0	2.	SVSU132.0	6.	LSSU 5.0	5.	GVSU 38.0
10.	Michigan Tech 10.0	3.	Ashland109.0			6.	Michigan Tech 4.0
		4.	Findlay 95.0	199			
200.		5.	Ferris State 58.0	1.	Hillsdale 163.0	198	
1.	GVSU233.5	6.	GVSU 56.0	2.	GVSU156.0	1.	SVSU203.0
2.	Hillsdale 154.0	7.	LSSU 4.0	3.	SVSU 111.0	2.	Hillsdale 113.0
3.	Ashland139.0	8.	Michigan Tech 2.0	4.	Ferris State 95.0	3.	Ferris State 72.0
4.	Ferris State 84.0	9.	Northwood 0.0	5.	Michigan Tech 16.0	4.	Northwood 51.5
5.	SVSU 74.0			6.	Northern Michigan . 12.0	5.	GVSU 33.5
6.	Findlay 57.0	199				6.	Michigan Tech 23.0
7.	Northwood 44.0	1.	SVSU175.0	199			
8.	Michigan Tech 18.5	2.	Hillsdale 162.0	1.	Hillsdale 193.0	198	
9.	LSSU 13.0	3.	Ashland 136.0	2.	GVSU128.3	1.	SVSU 190.0
	_	4.	Ferris State 55.0		SVSU128.3	2.	Ferris State 135.0
200		5.	GVSU 42.0	4.	Ferris State 68.3	3.	Hillsdale 75.0
1.	GVSU238.0	6.	Michigan Tech 12.0	5.	Michigan Tech 31.0	4.	GVSU 42.0
2.	Ashland 165.0	7.	Northwood 5.0	6.	Northern Michigan 5.0		Michigan Tech 42.0
3.	Ferris State 123.0	199		198		6.	Northwood 9.0
4.	SVSU 96.0	1.	Ashland	1.	Hillsdale 145.0	7.	Wayne State 0.0
5.	Findlay 92.0	2.		2.		100	22
6.	Hillsdale 64.0	3.	SVSU137.0	3.	GVSU126.0	198	
7.	Michigan Tech 16.0	4.	Ferris State 66.0	4.	Ferris State 124.0	1.	SVSU223.0
200		5.	GVSU 23.0	5.	Michigan Tech 15.0	2.	Ferris State 129.0
200		6.	Northwood 15.0	6.	Northern Michigan 7.0	3.	Hillsdale 89.0
1.	GVSU221.0	7.	Michigan Tech 9.0	198	10	4.	GVSU 45.0
2.	SVSU129.3 Ashland125.0	199	5		Hillsdale 178.0	5.	Michigan Tech 28.0
3.				1. 2.	SVSU 139.0	100	21
4. 5	Ferris State	1. 2.	SVSU 188.0 Hillsdale 184.0	3.	GVSU 106.0	198 1.	SVSU 218.0
5. 6.	Findlay 87.0	3.	GVSU 68.0	3. 4.	Ferris State 97.0	2.	Hillsdale 84.0
o. 7.	Michigan Tech 22.0	3. 4.	Ferris State	4. 5.	Michigan Tech 19.0	3.	GVSU 81.0
8.	LSSU11.0	<b>5</b> .	Michigan Tech	6.	Northern Michigan 9.0	3. 4.	Ferris State 77.0
o. 9.	Northwood 10.3	6.	Northwood	u	i widimiiviidiigali 30	5.	Michigan Tech 25.0
٦.	10D	u	110001111111111111111111111111111111111			٥.	1411cmgan 1ccn 25.0



2005 GLIAC CHAMPIONSHIP RESULTS

### 2005 Women's Outdoor Results

Event	Name	Performance	School
100 Meters	Danielle Miller	12.24	Northwood
200 Meters	Shami Vanhook	24.27	Ashland
400 Meters	Shami Vanhook	53.66	Ashland
800 Meters	Krista O'Dell	2:11.95	<b>Grand Valley State</b>
1500 Meters	Mandi Zemba	4:34.43	<b>Grand Valley State</b>
3000 Meters	Mandi Zemba	10:10.89	<b>Grand Valley State</b>
3000 Steeplechase	Callie Adamson	11:12.91	Hillsdale
5000 Meters	Karlie Singleton	17:57.02	<b>Grand Valley State</b>
10,000 Meters	Adrian Chouinard	38:19.82	Grand Valley State
100 Meter Hurdles	Kirby Blackley	14.06	Findlay
400 Meter Hurdles	Chanel Garth	59.99	Ashland
4 x 100 Meters	Klaehn, Mercer, Smith, Van	hook	
		47.32	Ashland
4 x 400 Meters	Smith, Garth, Mercer, Vanho	ook	
		3:47.41	Ashland
Long Jump	Kirby Blackley	18-5 1/4	Findlay
Triple Jump	Chanel Garth	39-8	Ashland
High Jump	Meredith DeVries	5-4 1/4	<b>Grand Valley State</b>
Shot Put	Veronica Jatsek	47-0 3/4	Ashland
Discus	Morgan Acre	157-1	<b>Grand Valley State</b>
Javelin	Lindsey Jacob	132-7	<b>Grand Valley State</b>
Hammer Throw	Morgan Acre	180-7	<b>Grand Valley State</b>
Pole Vault	Rachel Duthler	11-9 3/4	Grand Valley State



Event	Name	Performance	School
100 Meters	Kendall Stevens	10.71	Findlay
200 Meters	Brian Ryman	21.58	Ashland
400 Meters	Kenny Coleman	48.17	Grand Valley State
800 Meters	Bryan Boeve	1:54.06	Grand Valley State
1500 Meters	Nate Iler	3:51.69	Ashland
3000 Steeplechase	Michael Nikkila	9:13.57	Hillsdale
5000 Meters	Don Wilkins	14:39.60	Grand Valley State
10,000 Meters	Chris Pabst	30:49.14	Grand Valley State
110 Meter Hurdles	Sanchaze Ross	14.20	Findlay
400 Meter Hurdles	Sanchaze Ross	51.95	Findlay
4 x 100 Meters	Vilt, Stevens, Ross, Vicks	41.64	Findlay
4 x 400 Meters	LeFevre, Pahl, Olgesbee, Co	leman	
		3:16.13	Grand Valley State
Long Jump	Mario Guerrero	23-4 1/2	Saginaw Valley State
Triple Jump	Eltaro Hooper	47-10 1/2	Saginaw Valley State
High Jump	Mario Guerrero	6-7 1/2	Saginaw Valley State
Shot Put	Bryan Vickers	57-7 3/4	Ashland
Discus	Bryan Vickers	163-5	Ashland
Javelin	Robert Klenk	180-0	Ashland
Hammer Throw	Justin Blake	185-6	Michigan Tech
Pole Vault	Dan Tierney	16-4 3/4	Ashland





2005 GLIAC Outdoor Track & Field Championships May 5-6, 2005

Lubbers Stadium Allendale, Mich.

### **Team Scores**

#### Women:

- 1. Grand Valley State (259)
  - 2. Ashland (193)
  - 3. Findlay (82)
  - 4. Hillsdale (66.50)
- 5. Saginaw Valley State (65)
  - 6. Ferris State (64.50)
- 7. Northern Michigan (40)
  - 8. Northwood (28)
  - 9. Michigan Tech (14)
- 10. Lake Superior State (7)

#### Men:

- 1. Grand Valley State (220.50)
  - 2. Ashland (117)
- 3. Saginaw Valley State (116)
  - 4. Findlay (106.50)
  - 5. Hillsdale (71.50)
  - 6. Ferris State (44.50)
- 7. Lake Superior State (38)
  - T8. Michigan Tech (32)
  - T8. Northwood (32)

### **Award Winners**

Women's Coach Of The Year: Jerry Baltes (GVSU)

MEN'S COACH OF THE YEAR:

Jerry Baltes (GVSU)

Women's Freshman Of The Year: Morgan Acre (GVSU)

Men's Freshman Of The Year:

Bryan Vickers (Ashland)
Women's FIELD EVENTS MVP:

Kirby Blackley (Findlay)

Men's Field Events MVP:

Mario Guerrero (SVSU)

Women's Running Events MVP: Shami Vanhook (Ashland)

Men's Running Events MVP:

Sanchaze Ross (Findlay)



### **GLIAC Member School Information**

### Ashland Eagles

LOCATION: Ashland, Ohio **ENROLLMENT:** 6,900 Colors: Purple and Gold

Joined GLIAC: 1995

PRESIDENT: Dr. G. William Benz **ATHLETICS DIRECTOR:** Bill Goldring



### Ferris State Bulldogs LOCATION: Big Rapids, Mich.

**ENROLLMENT:** 12,547

COLORS: Crimson and Gold

**IOINED GLIAC: 1971** 

PRESIDENT: Dr. David L. Eisler **ATHLETICS DIRECTOR:** Tom Kirinovic



### Findlay Oilers

Location: Findlay, Ohio

**ENROLLMENT: 4,711** Colors: Orange and Black

Joined GLIAC: 1997

PRESIDENT: Dr. DeBow Freed

**ATHLETICS DIRECTOR:** Steven Rackley



### Gannon Knights

Location: Erie, Pa. **ENROLLMENT: 3,450** 

Colors: Maroon and Gold

Joined GLIAC: 1995

PRESIDENT: Antoine M. Garibaldi, Ph.D.

**ATHLETICS DIRECTOR: Bill Elias** 



### **Grand Valley State Lakers**

Location: Allendale, Mich.

**ENROLLMENT: 21,300** 

Colors: Blue, Black and White

**IOINED GLIAC: 1971 President:** TBA

ATHLETICS DIRECTOR: Tim W. Selgo



### Hillsdale Chargers

Location: Hillsdale, Mich.

**ENROLLMENT: 1,200** 

**Colors:** Royal Blue and White

JOINED GLIAC: 1974 PRESIDENT: Dr. Larry Arnn

ATHLETICS DIRECTOR: Dr. Michael Kovalchik

### Lake Superior State Lakers

Location: Sault Ste. Marie, Mich.

**ENROLLMENT: 3,123** 

Colors: Royal Blue and Gold

JOINED GLIAC: 1971

PRESIDENT: Dr. Betty Youngblood ATHLETICS DIRECTOR: Kris Dunbar



### Mercyhurst Lakers

Location: Erie, Pa. **ENROLLMENT: 3,400** 

COLORS: Royal Blue, Green and White

Joined GLIAC: 1995

PRESIDENT: Dr. Thomas Gamble **ATHLETICS DIRECTOR: Pete Russo** 



### Michigan Tech Huskies

Location: Houghton, Mich.

**ENROLLMENT:** 6,538

Colors: Black, Silver and Gold

**IOINED GLIAC: 1980** 

PRESIDENT: Dr. Glenn Mroz

**ATHLETICS DIRECTOR: Suzanne Sanregret** 



### Northern Michigan Wildcats

Location: Marquette, Mich.

**ENROLLMENT: 9,300** 

Colors: Old Gold and Olive Green Joined GLIAC: 1987 (1975-77)

PRESIDENT: Dr. Leslie Wong

ATHLETICS DIRECTOR: Ken Godfrev



### Northwood Timberwolves

LOCATION: Midland, Mich.

**ENROLLMENT: 1,775** 

Colors: Columbia Blue and White

**JOINED GLIAC:** 1992 (1971-87) PRESIDENT: Dr. David E. Fry **ATHLETICS DIRECTOR:** Pat Riepma



### Saginaw Valley State Cardinals

Location: University Center, Mich.

**ENROLLMENT:** 9,448

Colors: Red, White and Blue

**IOINED GLIAC: 1972** 

PRESIDENT: Dr. Eric R. Gilbertson ATHLETICS DIRECTOR: Joe Vogl



### Wayne State Warriors

Location: Detroit, Mich. ENROLLMENT: 33,314 Colors: Green and Gold JOINED GLIAC: 1975

PRESIDENT: Dr. Irvin D. Reid **ATHLETICS DIRECTOR:** Rob Fournier







FSU Track & Field/Cross Country Facilities

→ith Ferris State University continually expanding its efforts to accommodate all of its student-athletes, the Bulldog men's and women's cross country and track programs are just two to have become beneficiaries of this progression.

The athletic facilities at Ferris State have undergone a recent transformation in order to provide the varsity athletic programs with first-class facilities for its respective studentathletes.

Katke Golf Course, a university-owned 18hole golf course situated on the western flank of the Ferris campus, serves as the site of home cross country meets. Katke is

which was matched by the University. named after Mr. and Mrs. Marvin L. Katke, whose generous donation influenced campus development and the initial phase of the golf course. Katke, a friend of Ferris and a Mecosta County native, was vice president for manufacturing of the

Ford Motor Company and a 1967 recipient of an honorary degree from FSU. The Katke Golf Course opened in 1974. A new clubhouse was added during the summer of 1999.

The site for the Bulldogs' home track and field meets is Top Taggart Field, named in honor of W.C. "Top" Taggart. The stadium, which also serves as home to FSU's varsity football program, was dedicated October 1957 in honor of the school's first official varsity football coach and his contributions to the institution.

The facility underwent a multi-million dollar renovation in the spring of 1998, which involved the installation of a 400-meter, eight-lane track with a brick red urethane surface surrounding a top-of-the-line artificial turf playing surface. Also, renovations were completed for two shot put circles, two long and triple jump pits, and a pair of pole vault boxes.

Funded by a generous donation from alumni John Wheeler, the new state-ofthe-art \$1.8 million Wheeler Pavilion is a three-story building that includes new restroom and concession facilities at the stadium. Construction was completed in August 2001.

The Ferris State Track and Cross Country offices are housed in Ewigleben Sports Arena on the southern edge of campus. The arena includes athletic training and weight room facilities as well as the offices of the athletic department staff. The arena welcomed the addition of the new Jim Wink Arena in the fall of 1999.

The many new facilities, supplemented with existing ones like Ferris State's Racquet and Fitness Center, allow athletes to train and enhance their performance capabilities in the best possible facilities.



### Wheeler Pavilion

The \$1.8 million state-of-the-art Wheeler Pavilion is the latest addition to Top Taggart Field and allows Ferris State University to have one of the top NCAA Division II facilities in the nation.

The three-story building was constructed through the generosity of alumnus John Wheeler ('76), Chief Executive Officer of Rockford Construction Company and the Rockford Development Group. Wheeler and his wife, Chris, pledged \$500,000 and an in-kind gift of \$100,000 in professional services

A public fundraising campaign raised \$600,000 in contributions and pledges,













### THE GLIAC/LEAGUE HISTORY

### Past GLIAC Champions

#### Men's Outdoor Track

Mich 9 Cu	ituvvi ilack
2005	Grand Valley State
2004	Grand Valley State
2003	Grand Valley State
2002	Ashland
2001	Grand Valley State
2000	Ashland
1999	Ashland
1998	Ashland
1997	Ashland
1996	Ashland
1995	Hillsdale
1994	Hillsdale
1993	Hillsdale
1992	Hillsdale
1991	Ferris State
1990	Ferris State
1989	Saginaw Valley State
1988	Ferris State
1987	Saginaw Valley State
1986	Ferris State
1985	Northwood
1984	Saginaw Valley State
1983	Saginaw Valley State
1982	Saginaw Valley State
1981	Saginaw Valley State
1980	Northwood
1979	Saginaw Valley State
1978	Hillsdale
1977	Wayne State
1976	Wayne State
1975	Wayne State
1974	Ferris State
1973	Ferris State

#### Women's Outdoor Track

WUINCH	o Outubbi IIack
2005	Grand Valley State
2004	Grand Valley State
2003	Grand Valley State
2002	Grand Valley State
2001	Grand Valley State
2000	Grand Valley State
1999	Ashland
1998	Hillsdale
1997	Saginaw Valley State
1996	Ashland
1995	Saginaw Valley State
1994	Hillsdale
1993	Hillsdale
1992	Hillsdale
1991	Hillsdale
1990	Hillsdale
1989	Hillsdale
1988	Hillsdale
1987	Saginaw Valley State
1986	Hillsdale
1985	Saginaw Valley State
1984	Saginaw Valley State
1983	Saginaw Valley State
1982	Saginaw Valley State
1981	Saginaw Valley State

















ounded in 1972, the Great Lakes Intercollegiate Athletic Conference (GLIAC) continues to be a leader in the development and promotion of intercollegiate athletics for men and women.

During the two years previous to the league's founding, several

attempts were made to create a new NCAA College Division conference. In 1971, the Great Lakes Athletic Conference was formed, but plans for the new conference were put on hold and several participating schools subsequently withdrew their support. However, the idea for a new conference didn't die and eventually the GLIAC was formed

The charter members of the conference were Grand Valley State University, Lake Superior State University, Northwood University and Saginaw Valley State University.

Ferris State University followed soon afterward when they joined the conference along with Oakland University in 1972. The conference continued to expand until it reached its current number of 13 member institutions. The GLIAC's current members are—Ashland University, Ferris State University, The University of Findlay, Gannon

College, Michigan Technological University, Northern Michigan University, Northwood University, Saginaw Valley State University and Wayne State University.

### GLIAC OUTDOOR Meet Records

**Most Conference Championships** Men – Saginaw Valley State (4) Women - Hillsdale (9)

### **Most Consecutive Conference Titles**

Men - Ashland (5; 1996-2000) Women - Hillsdale (7; 1988-1994)

#### **Most Runner-Up Finishes**

Men - Ferris State, Saginaw Valley State (8) Women - Hillsdale (9)

#### **Most Team Points**

Men - Saginaw Valley State (305; 1982) Women - Grand Valley State (259; 2005)

#### **Fewest Team Points**

Men - Oakland (0; 1975), NMU (0; 1989) Women - WSU (0; 1973), LSSU (0; 1993), NU (0; 1998)

The GLIAC entered a new era in 1995-96. Previously its members were all institutions located in the state of Michigan. On December 13, 1994, membership was offered to three institutions located in Ohio and Pennsylvania. The expansion members were Ashland University (Ashland, Ohio), Gannon University (Erie, Pa.) and Mercyhurst College (Erie, Pa.). All three began their conference membership July 1, 1995. The University of Findlay (Ohio) was later added to the conference in July of 1997.

University, Grand Valley State University, Hillsdale College, Lake Superior State University, Mercyhurst

Overall the GLIAC conducts championships in 21 sports, 11 for men and 10 for women. Men's championship sports are baseball, basketball, cross country, football, golf, soccer, swimming and diving, tennis, wrestling, indoor track and outdoor track. Women's championship sports include basketball, cross country, golf, soccer, softball, swimming and diving, tennis, indoor track, outdoor track and volleyball.

The policy-making body of the GLIAC is the Executive Council, which is comprised of three representatives from each member institution - its director of athletics, faculty athletics representative and senior women's administrator. Final approval of all GLIAC legislation is required by the Council of GLIAC President's.

The presidency of the GLIAC is rotated alphabetically by school, with Ferris State University Athletics Director Tom Kirinovic serving as the GLIAC President in the 2005-06 athletics season. Wayne State's Rob Fournier holds the role of Past President while Steve Rackley of Findlay is the President-Elect. Tom Brown is in his 14th season as the conference's fifth commissioner and is responsible for all conference administration.

### **GLIAC ADMINISTRATION**

1110 Washington Ave. Bay City, Michigan 48708 Office: (989) 894-2529 Fax: (989) 894-2825 Website: www.gliac.org Hotline: (989) 894-2529

Commissioner

Tom Brown Email: tomjb@gliac.org

**Director of Media Relations** 

Jeff Ligney

Email: jligney@gliac.org Home: (989) 832-1634

#### Conference Championships By Team

### **Men's Outdoor Track**

School	Championships	Runner-Ups
Saginaw Valley State	7	8
Ferris State	6	8
Ashland	6	3
Hillsdale	5	7
Grand Valley State	4	3
Wayne State	3	0
Northwood	2	5
Findlay	0	1

#### Women's Outdoor Track

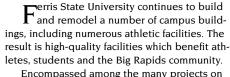
School	Championships	Runner-Up:
Hillsdale	9	9
Saginaw Valley State	8	6
Grand Valley State	6	2
Ashland	2	4
Ferris State	0	4
Northwood	0	1

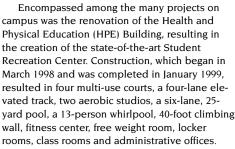


### **FSU ATHLETICS & RECREATION**

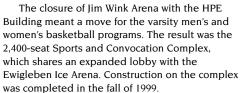
#### www.ferris.edu

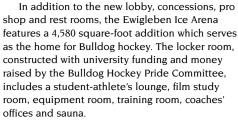




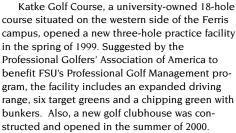


Figures provided by University Recreation show that more than 1,000 students use the facility daily.





Other Ewigleben Ice Arena improvements at the time included an expanded press box and a hockey locker room for Big Rapids High School.



The many new facilities, supplemented with existing ones such as Ferris State's Racquet and Fitness Center, allow athletes to train and enhance their performance capabilities in the best facilities possible.



















### FERRIS STATE UNIVERSITY

Perris State University is in its second century as one of the nation's premier technical and professional universities. Ferris provides practical, "hands-on" education necessary to make its graduates immediately employable in a diverse array of fields.

The institution was founded Nov. 4, 1884 by Woodbridge N. Ferris, a former Governor of Michigan and a U.S. Senator. His intent was to provide a practical education for any person with the motivation and potential to benefit.

Today, Ferris State continues to teach technical skills and applications focused on solving real problems, and produces a career-oriented work force that is prepared to meet the world of high technology.

The University offers more than 150 educational programs through the colleges of Allied Health Sciences, Arts and Sciences, Business, Education and Human Services, Kendall College of Art and Design, Michigan College of Optometry, Pharmacy and Technology. The programs are designed to respond to the changing needs of manufacturing, business, health care and other industries and professions which are critical to Michigan's economy.

With a student-to-faculty ratio of approximately 16-1, students at FSU receive the individual attention necessary to prepare them for their careers. Additionally, Ferris boasts a placement rate for graduates of 98 percent, one of the best in Michigan.

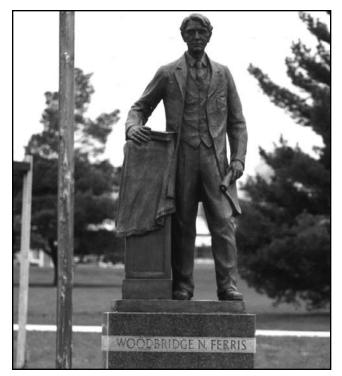
Students also have the opportunity to join nearly 200 student organizations on campus plus club, intramural and intercollegiate sports.

The scenic Big Rapids campus is located along the banks of the Muskegon River in the gentle rolling hills of west central Michigan.

Initially, Ferris was known as the Ferris Industrial School, but in 1899 the title was changed to Ferris Institute. It was privately owned and operated until 1931 when it became a non-profit, non-stock education corporation. In 1949, Ferris became a state college, and the school was officially re-named Ferris State College in 1963 and Ferris State University in 1987.

"Education is life. It involves growth, development and training."

- Woodbridge N. Ferris





### FERRIS STATE QUICK FACTS

- ▼ Ferris has the largest undergraduate Surveying Engineering program in the U.S. and the only one in Michigan. The program has a 100% placement rate and a starting salary range of \$32-55K
- ▼ The Ferris Pharmacy program is one of 83 nationally and the largest school in Michigan. The job placement rate is 100% with a starting salary range of \$75-95K
- ▼ FSU's Television Production is the only program of its kind in Michigan with an emphasis on professional television. Job placement is 100% with a starting salary range of \$26-30K.
- Medical Records Administration is the only program of its kind in Michigan. Students consistently exceed the national average on the national boards. Job placement is 100% with 3 to 6 offers per graduate.
- Ferris' two-year welding technology program is ranked best in the nation with 100% placement and a starting salary range of \$32-40K.
- ▼ In printing management, Ferris has a 100% job placement rate with 15 offers per graduate. Starting salary ranges from \$28,000 to \$40,000.

- ▼ The criminal justice program is one of the largest in Michigan and has a 96% placement rate with a starting salary range of \$30-35+K. Upon graduation, students are certifiable in the state of Michigan.
- ▼ The professional tennis management program, which features a 100% placement rate with a starting salary range of \$30-35K, is one of four in the nation. Upon graduation, students receive a BS in Business Marketing and are USPTA Certified tennis professionals.
- ▼ The Heating, Ventilation, Air Conditioning and Refrigeration (HVACR) Technology program is the only four-year program in Michigan and is one of two nationally. The program boasts a 100% job placement rate with 25 offers per graduate and a starting salary range of \$41-71K. The HVACR, which will open in the fall of 2003, will triple the current facilities size.

### **MISSION STATEMENT-**

Ferris State University will be a national leader in providing opportunities for innovative teaching and learning in career-oriented, technological and professional education.



# VISIT THE ONLINE HOME OF THE GREAT LAKES INTERCOLLEGIATE ATHLETIC CONFERENCE:

www.gliac.org