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Welcome to our Spring 2018 issue of

Instep with Student Success

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- Academic Standing Policy Update
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- Brentwood Updates

If you would like to receive more information please email crosas@losmedanos.edu

New Faces in Student Services

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Tim Bonnel is the new Contra Costa Community College District Director of Financial Aid. Reflecting on his new role, he cites the opportunity to get back to a more operational role with a real focus on policies and procedures that help students to be successful. This is the motivation that drew him to the CCCCD Directors position and a departure from his previous work at the State Chancellor's Office.

Tim joins the district with experience in student services and student aid dating back to 1981. This includes experience in Admissions and Records, Financial Aid, Outreach and Advising at several different institutions. Additionally, he spent many years as an analyst and manager at the California Student Aid Commission and a tenure at the Bureau for Private Postsecondary Education.

Most recently, Tim served as the statewide Coordinator of the Student Financial Assistance Programs Unit at the California Community College Chancellor's office until February of 2018. In that role, he worked closely with all 114 California Community Colleges to help administer nearly than \$3 billion dollars in student aid to over 1.1 million students. His tenure spanned nearly two decades during a time of landmark growth in both financial aid and categorical funding, including the huge expansion of student participation in financial aid programs.

Tim was also instrumental in the creation of the California Community College's Foster Youth Success Initiative (FYSI) in 2005 and directed the development and growth of the initiative through February, 2018. With the support of philanthropic funders like Walter S. Johnson, the Stuart Foundation and the Foundation for California Community Colleges, he provided programmatic oversight and program integration with other student service and academic support programs. He has been a tireless advocate, and instrumental in the development of successful legislation for better serving former foster youth in higher education.

Tim has an expanding family, with the marriages of daughter, Sarah, and son, William, a granddaughter and the imminent addition of a grandson.

Please join us in welcoming Tim Bonnel to our district!

New Faces in Student Services



We are pleased to share that following a comprehensive search process, Rachel Anicetti has been selected as the permanent Manager for Transfer & Career Services. In her role she will lead the Transfer & Career Services department which includes career services, 4-year university transfer programs and assistance, the Transfer Academy, and on-campus student employment. Rachel has been a member of the LMC community for the past three years and served as the interim manager for the department.

She has also previously served as a Senior Program Coordinator and as a part-time faculty member teaching ACS-010 *Becoming a College Scholar*. Prior to LMC she served in multiple roles with Huckleberry Youth Programs where she received the Danny Keenan award for outstanding commitment to at-risk youth as well as a Teaching Fellow with Citizen Schools. Rachel holds a M.S.W. from California State University, East Bay and a B.A. History from the University of California, Santa Cruz. In her role Rachel will have an opportunity to build upon her work as a highly student-centered educator and leader who is rooted in equity and excellence for both students and institutions. She is a tireless advocate for traditionally underserved students both with Transfer & Career Services and beyond. Whether at LMC or in her previous work at Huckleberry, she consistently engages in significant efforts to support the unique needs of our diverse community including being a strong advocate for undocumented/Dreamer/AB540/DACA students and foster youth.

We hope that you will join us in welcoming and congratulating Rachel on her new position!

Academic Standing Policy Update

Beginning July 2017 Contra Costa Community College District (Contra Costa College, Diablo Valley College, and Los Medanos College) enacted a new policy for standards of Probation and Dismissal. Academic standings will now be determined at the end of primary terms - fall and spring (<http://www.4cd.edu/gb/policies-procedures/curriculum/CI4001.pdf>). Upon completion of classes attempted during the fall or spring semester students will receive an updated academic standing in accordance with California Department of Education and the Contra Costa Community College District policy. If students fail to complete more than 50% of their courses, and maintain a cumulative GPA of 2.0 or higher, students may be placed upon Probation and/or Dismissal. Students who do not meet satisfactory academic or progress standards for two or more primary terms are not eligible for priority enrollment or the California College Promise Grant (formerly known as the Board of Governors' Fee Waiver).

Please note, this academic standing update does not affect the Satisfactory Academic Progress (SAP) policy of Federal Financial aid regulations. For clarification of SAP policy and how enrollment in Summer classes may affect your financial assistance, please check with the Office of Financial Aid and Scholarships.

If you have questions, please do not hesitate to contact the Student Success and Retention Programs Office at (925) 437-7483.



2700 East Leland Rd.,
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925-439-2181

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What's New in Financial Aid?

The Office of Financial Aid has been busy this academic year in implementing new state grant programs and changes to current programs. In Fall 2017, the California Community Colleges Chancellor's Office tasked the financial aid office to administer new grant programs to provide students with additional financial aid to help offset his or her total cost of community college attendance.

California College Promise Grant (formerly known as the Board of Governors Fee Waiver)

In Fall 2017, the state chancellor's office announced the Board of Governors Fee Waiver (BOGW) program will be renamed the California College Promise Grant. The fee waiver program, including the application process and eligibility requirements, will remain the same. It will take time and planning for all California Community Colleges to update the name on college materials and webpages. Colleges will complete the transition by Spring 2019.

Community College Completion Grant

The new Community College Completion Grant (CCCG) is a \$1,500 annual grant desired to increase grant aid to community college students, support persistence, retention and success by providing students additional assistance who are attending at a 15 unit per term pace or 30 unit per year pace and/or complete their programs in scheduled full-time timeframes. State funding was provided to the community colleges to leverage the existing Full-Time Student Success Grant and the Cal Grant B and C programs with targeted supplemental grant funding. The

eligibility requirements are:

- Must be a Cal Grant B or C award recipient at full-time enrollment.
- Must be a Full-Time Student Success Grant award recipient.
- Maintain a cumulative GPA of 2.0, except new students without a calculated GPA.
- Have a comprehensive Student Education Plan (SEP).

One-time Emergency Aid funding for Dreamer Students

Funding was provided to California Community Colleges for providing emergency aid to students with an identified need, who are exempt from paying nonresident tuition (AB 540 and AB 2000 eligible students). To be considered for the emergency student aid, students must complete the California Dream Act Application and be enrolled in at least 6 units.

The financial aid office has notified students via email if they were determined eligible to receive this one-time funding. Currently, the state has not provided any information as to whether this funding will be offered in future years.

For more information please visit the Financial Aid & Scholarships webpage:

www.losmedanos.edu/financialaid/

CALIFORNIA COLLEGE

Promise Grant

Helping Students Succeed

Formerly known as the Board of Governors Fee Waiver

What's New?

The Board of Governors Fee Waiver program will be renamed the California College Promise Grant. The program, including the application process and eligibility requirements, will remain the same.

What's Changed?

Just the name! The fee waiver program, including the application process, and eligibility requirements, will remain the same. The California College Promise Grant, available to eligible students, will waive your per unit enrollment fee at any California community college throughout the state.

Eligibility Requirements

Once you've qualified, it's important to ensure you're meeting the academic and progress standards in order to avoid losing it.

- ▶ Sustain a GPA of 2.0 or higher
- ▶ Complete more than 50% of your coursework

Implementation Timeline

Fall 2017

Name announcement and roll out begins

Fall 2018

Colleges replace all Board of Governors Fee Waiver references with the California College Promise Grant*

Fall 2019

Complete name transition to California College Promise Grant

*You will hear both names used interchangeably until Fall 2019.

For more information, visit icanaffordcollege.com or contact the financial aid office or registrar at your college.

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Wellness Counseling @ LMC



John F. Kennedy University Student Wellness Program September 2017-March 2018

Background: Students experience many social and emotional challenges while trying to balance time with work and family hindering their academic performance. A partnership between John F. Kennedy University's Community Counseling Center and the Contra Costa College District created the Student Wellness Program, allowing students to receive short-term therapeutic services from JFK University graduate trainees and interns. Currently services are offered at the Los Medanos College campus in Pittsburg on Tuesday 10a-6p, Wednesday 9a-1p, Thursday 9a-3p and at Los Medanos College in Brentwood on Monday 9a-3p.

Therapists in Training
Jaazar Shalabi
Miledrea Stubbs
Selina Breshers

Feedback: Therapists in training from JFKU Community Counseling Center have had the opportunity to provide over 323 individual and group counseling sessions to more than 80 patients at both campuses. Trainees are asked to deliver feedback on their experience with clients and also their professional development from the experiences allowed by our partnership with the Student Wellness Program.

Client Success Stories: "A client wanted to improve the hostile relationship between him and his father because it was getting in the way of his academic journey. Through psycho-education on mindfulness techniques, the student was able to significantly improve their relationship and gain greater control on his school work." *Jaazar Shalabi-Therapist Trainee at Los Medanos College in Pittsburg and Brentwood*

"I am currently working with a client who stated this is his first time attending therapy. He was self-referred and current goals include: improving self-confidence, decreasing excessive thoughts and fears. Using a strength based approach and client centered therapy along with internal family system interventions, the client has made significant improvement in each area."

Miledrea Stubbs-Therapist Trainee at Los Medanos College in Pittsburg

Professional Development Story: "I have grown more comfortable with collaborating and consulting with other professionals regarding the well-being of our mutual clients. I have learned that my clients deserve the best services and that will come from utilizing a comprehensive care approach." *Selina Breshers-Therapist Trainee at Los Medanos College in Pittsburg*

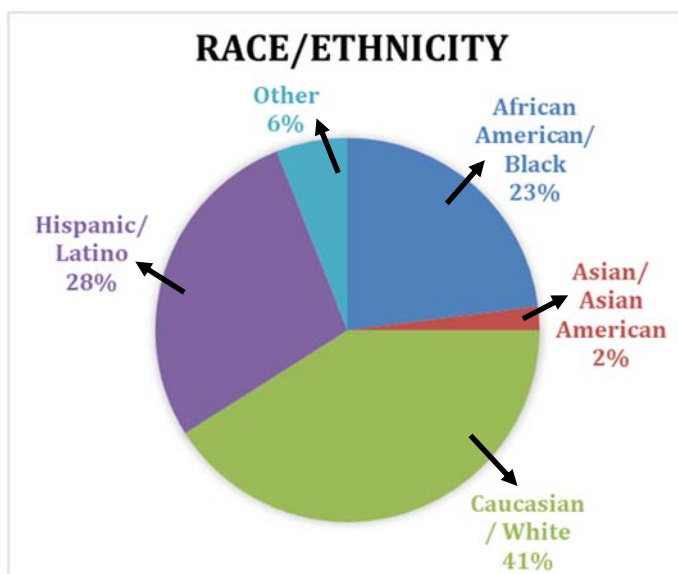
Gender	Number of Clients
Male	28
Female	52

Reasons for Referral:	
1. Anxiety	2. Depression
3. Stress	4. Trauma

Client Data:

For more information please visit the Counseling Webpage:

<http://www.losmedanos.edu/counseling/wellness.asp>



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Student Learning Outcomes : Student Life Fall IMPACT Conference

Overview:

The mission of the Office of Student Life is to provide leadership development opportunities that support students in becoming agents of positive social change and responsible members of a diverse and global society.

The IMPACT Leadership Conference historically has been held on a Saturday every year during the fall semester. The 2016 conference was held over the course of two days (Thursday and Friday). This conference focused on ACTIVISM and collaboration. The conference was sponsored by Office of Student Life, Honors Program, and the History Department.

Student Services Theme:

Students will demonstrate proficiency in self advocacy

Student Life Program Student Learning

Outcome (SLO) Assessed:

Students who participate in the Impact Conference will learn skills and strategies for being effective leaders in their clubs, communities, organizations and programs.

What we did:

Students completed an event evaluation at the end of the conference. The evaluation included assessment questions with qualitative responses.

Evaluation:

There were 51 students in attendance at the IMPACT Conference of which 26 students responded to and submitted the survey included in resource materials.

- Of the 26 respondents, when asked to “list three effective leadership skills/strategies learned during retreat” 17 students (65%) were able to list three as requested.

- 96% of students stated ‘Agree’ or ‘Strongly Agree’ with the statement, “I found information presented at the conference useful.”
- 100% of the students stated ‘yes’ they would recommend this program to other students

Three individuals submitted applications to LMCAS for consideration of the \$200.00 scholarship. Of the three students who submitted an application for the \$200.00 scholarship, one student was selected to launch a club: California Association of WOKE Students (CAWS). The main focus of this group is to bring awareness to specific groups and address issues that are coming up locally and nationally.

Students involved in CAWS held passive protests and were active in local campaigning events at the peak of the 2016 Presidential election.

Written comments from students:

“It was an opportunity to connect with people who share our passions”

“I wish it was longer so that I could have had the opportunity to attend all of the workshops”

“I wish that more people and The Experience would have come. The coverage is necessary for the purpose.”

What we learned?:

Based on feedback from the conference evaluations and follow up discussions, students communicated a strong interest to continue seeking out opportunities to practice strategies to be more active on campus and to have conversations that may lead to understanding and change. In the past, the IMPACT conference was

focused on learning about leadership styles through activities such as leadership colors and the Myers-Briggs Personality Test. Prior to the 2016 IMPACT conference, students asked for a conference that focused more on providing them tools and resources to make a difference in their community. Due to their responses, the activism concept was born.

It is a belief that because the conference was divided into two days, that fewer evaluations were submitted than expected. It would be helpful to have an evaluation for each day to assess the value of each part of the conference.

Next Steps:

Based on feedback provided to the Office of Student by participants in the IMPACT Conference, we will work towards the following improvements for IMPACT 2018 Conference.

- Make the conference longer
- More workshops and panelists
- More time for questions and answers
- Include ACS 10 in marketing strategy
- Mini IMPACT Conference (intermediate/advanced level) as a follow up
- Simplify survey

Transfer and Career Services conducts free university tours every year for all Los Medanos College students. This year we had nine tours to universities in California, University of Nevada Reno, and seven Historically Black College and Universities. One of the tours that were promoted this year was the Southern California University Tour. The purpose of the Southern California University Tour was to open doors of possibilities to students at Los Medanos College. We took 30 students to five schools. Our first stop was Cal Poly University San Luis Obispo. The next day, we visited University of California Santa Barbara. On our third day, we visited University of California Los Angeles in the morning and Long Beach State University in the afternoon. We also had some fun at the Santa Monica Pier Thursday afternoon. Our last day, Friday, January 19, we visited California State University Los Angeles before heading home.

The tour was promoted to students, faculty, and staff during the month of November. Students who were interested submitted an application online and wrote an essay explaining their reasons why they wanted to go. Students were selected to go based of the following eligibility requirements: currently registered at Los Medanos College, in good academic standing with a minimum GPA of 2.8, had completed 12 units of college coursework, and returning to LMC for the Fall 2018 semester. The tour was very popular and we had 42 applicants. We selected 30 lucky students. At the end of every day we had

time to reflect with students about their thoughts about the different schools. Students had a space to share what they liked and disliked about the schools. At the end of the tour, many students felt confident about what school to go to as well as which schools they did not like. Students said that the tour was very helpful as it gave them an opportunity to explore new possibilities that otherwise they were not able to do by themselves. Students reported that the schools they liked the most were University of California Santa Barbara, University of California Los Angeles, and Long Beach State University. Next year we are considering doing nine

of June! We will post the Fall 2018 tours on our Transfer and Career [Website \(www.losmedanos.edu/transfer/CampusTours.asp\)](http://www.losmedanos.edu/transfer/CampusTours.asp) during the month of July and open registration for students the first week of Fall semester. If you are interested in helping us chaperone any of the tours please feel free to contact Danna Tejada at dtejada@losmedanos.edu. Attending these tours is very rewarding as you will get to know the students very well and help them explore their possibilities.



university tours. Since the Southern California University Tour was a great success, we are considering to conduct it again but we will be exploring different schools. Currently we are in the planning process to finalize the schools. We should have a better idea of the tours by the end

For more information please visit the Transfer & Career Services webpage: <http://www.losmedanos.edu/transfer/default.asp>

LMC BRENTWOOD CENTER

STUDENT SERVICES

www.losmedanos.edu/brentwood/

(925) 513.1625

LMC BRENTWOOD CENTER

ADMISSIONS & RECORDS

FALL/SPRING OFFICE HOURS

Monday – Thursday | 8am – 7pm
Fridays | 8:00am – 2pm

SUMMER OFFICE HOURS

Monday – Thursday | 8am – 7pm
Fridays | CLOSED

OFFICE SERVICES

- Enrollment/Registration
- Transcript Services/Evaluations
- Class Schedules & Catalogs
- Graduation Applications
- Student Choice Grade or Pass/No Pass
- GPA Verification
- Pre-Requisite information
- Student ID Cards- "COMING SOON."

ACADEMIC COUNSELING

Schedule an appointment online, stop by the office, or call (925) 513.1625 for more information.

COUNSELING SERVICES OFFERED

- Express (10-15 minute drop-in for quick general questions)
- General Counseling (30 minutes by appointment only).
- Extended Opportunity Program & Services (EOP&S)
- Disabled Services Programs & Services (DSPS)
- Math, Engineering, & Science Achievement Program (MESA)
- Transfer
- Wellness (Personal)
- Veterans



POLICE SERVICES

LOST & FOUND (925) 473.6919

FALL/SPRING HOURS

Mon. - Thurs. | 7:30am – 10pm
Fridays | 7:30am – 3pm

SUMMER HOURS

Mon. - Thurs. | 7:30am – 10pm
Fridays – CLOSED

FINANCIAL AID

WWW.LOSMEDANOS.EDU/FINANCIALAID

SERVICES OFFERED

- Drop-in to Financial Aid Advising
- General Financial Aid Questions
- General Scholarship Questions
- Financial Aid Documents
- Filing FASFA Application
- Filing BOG Fee Waiver Application
- Signing up for disbursement options
 - a) Direct Deposit
 - b) Cash card

Phyllis Molina - Financial Aid Rep.
pmolina@losmedanos.edu
(925) 473.6917



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Pittsburg, CA 94565
925-439-2181

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LIBRARY SERVICES AT THE BRENTWOOD CENTER

The LMC Brentwood Center has a Librarian located in RM 13 – Center for Academic Support.

Services offered by the Reference Librarian:

- Assistance with Works Cited, eBooks, streaming videos, etc.
- Learn to search databases effectively.
- In-depth look at electronic resources & research tools.
- See drop-in hours & appointment information on bulletin board outside room 13.

BRENTWOOD RESERVE LIBRARY

- Textbooks in the Reserve Library are for Brentwood classes.
- Textbooks can be checked out for 3 hours & must stay on campus.
- Students can check out two books at a time.
- Overdue fines on reserve items: \$1 per hour for 3 hour reserve books.
- Picture ID is required when checking out a textbook.

COMPUTER LAB Room 9	CENTER FOR ACADEMIC SUPPORT Room 13	MATH LAB Room 15
<ul style="list-style-type: none"> • Computers available to students • Print station • See posted lab schedule. 	<p>READING/Writing CONSULTANTS One-on-one, 30-minute consultation appointment. To schedule an appointment call: (925) 513-1625</p> <p>PEER TUTORING LMC student tutors available to assist with a variety of subjects on a drop-in basis.</p> <p>LIBRARY SERVICES One-on-one, 30-minute consultations with our librarian, make appointments by dropping by or calling the front office (925) 513-1625.</p>	<p>SERVICES OFFERED:</p> <ul style="list-style-type: none"> • Math professors, peer tutors, math lab assistants. • Computers with online homework systems. • Calculators, math books, & math tools. • Challenge exams & mastery quizzes. <p>BRENTWOOD MATH LAB COORDINATORS</p> <p>Carol Love (925) 473-6925</p> <p>Maria Balderrama (925) 473-6925</p>
SCIENCE LAB Room 18		
<ul style="list-style-type: none"> • Physics & biology classes offered at the Brentwood Center. (Chemistry classes only in Pittsburg.) <p>Science Lab Coordinator (925) 473-6915</p>		

BRENTWOOD BOOKSTORE

925.513.1625 ext. 66916

SPRING/FALL SEMESTER

Open the first two weeks of the semester.

SUMMER SESSION

Open the 1st week of the semester.

SCANTRON VENDING MACHINE

- Package of 6 (100 Pt.): \$3.00
- Package of 15 (15 Pt.): \$2.50
- Essay Scantron: \$1.00
- Small Blue Book: \$0.50
- Large Blue Book: \$0.75

TEXTBOOK BUYBACK held each semester during finals week.

DISABLED STUDENTS PROGRAMS & SERVICES (DSPS)

www.losmedanos.edu/dsps/

HOW TO APPLY FOR DSPS SERVICES?

- Download application online.
- Submit application to the DSPS Office.
- Call to book a counseling appointment (925) 473-7471

SERVICES

- Testing Accommodations
- Math Tutoring
- Counseling

TESTING ACCOMMODATIONS

Sharen McLean
(925) 473-6902
smclean@losmedanos.edu
Front office: Rm. 1



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GET STARTED

AT LOS MEDANOS COLLEGE

www.losmedanos.edu/highschool/

- ▶ Application
- ▶ Online Orientation
- ▶ English and math assessment
- ▶ Education Plan

LOS MEDANOS COLLEGE

PITTSBURG CAMPUS
2700 East Leland Road
Pittsburg, CA 94565
(925) 439-2181

BRENTWOOD CENTER
101A Sand Creek Road
Brentwood, CA 94513
(925) 513-1625

www.losmedanos.edu



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Pittsburg, CA 94565
925-439-2181

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