







SPEND TIME IN PARADISE

Close your eyes and experience wonder, harmony and peace. This is the magic of Laniwai, a unique resort spa that specializes in catering to your every need—whether you come alone, as a couple or with the whole family.

The first-ever spa created by Disney, Laniwai is home to Oʻahu's only outdoor hydrotherapy garden—Kula Wai, which boasts of tranquil lighting and healing water features. Serene spaces are plentiful here. Even teens get their own private sanctuary, Painted Sky—and it's the only teen spa in Hawai'i.

As for pampering, indulge in a host of services that include everything from rejuvenating signature massage therapies and herbal body remedies to salon services and an on-site fitness center.

When you come to Laniwai, you'll find a serene mystical aura that is sure to soothe and rejuvenate your mind, body and spirit.

KULA WAI

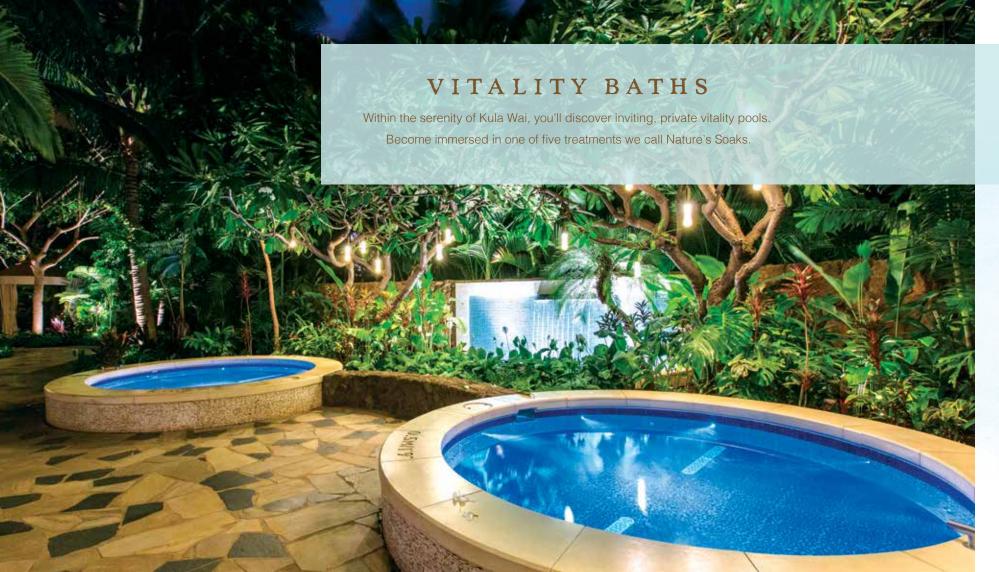
As O'ahu's only outdoor hydrotherapy garden, Kula Wai takes rainwater therapy to a unique level. Its 5,000-square-foot space is entirely dedicated to relaxation and restoration of the body in its purest form—through water and heat therapies coupled with massage.

Early Hawaiians used this ancient therapy as they bathed in fresh cool streams, mineral baths and the sea. The fluctuations in water temperature helped "reset" the body's regulatory system, boost the immune system and increase circulation, which washed away daily aches and pains.

Now we invite you to let the soothing sanctuary of Kula Wai invigorate you from the inside out. Enjoy our luxuriating private vitality baths, herbal pools, six unique waterfall rain showers, whirlpool jet spas and more. In addition, you can blend a complimentary Hawaiian body polish at Pulu Bar, our mixology station, to soften, soak, moisten and saturate the skin.

KULA WAI IS
AVAILABLE TO
AULANI GUESTS
18 AND OVER
AND COMES
COMPLIMENTARY
WITH ANY
FULL-SERVICE
SPA TREATMENT.







ARRIVE AN HOUR BEFORE YOUR TREATMENT
TO ENJOY LANIWAI SPA AMENITIES, AND LET
THE RELAXATION BEGIN.

Laniwai (Freshwater Heaven)

Luxuriate in a creamy white bath infused with organic passion flower and noni, featuring anti-inflammatory and antioxidant properties. Also calms sensitive and sunburned skin.

Luahoana (Rainbow Around Sun or Moon)

Lie back in this uplifting yellow bath and let organic green papaya and pineapple extracts exfoliate, tone and cleanse.

Uakoko (Earth Clinging Rainbow)

You're surrounded by rich red hibiscus as organic
Hawaiian 'ōlena and gingers boost your immune system,
increase circulation and release tension and muscle fatigue.

Hakahakaea (Greenish Rainbow)

Here in the green bath, spiraling seaweed sets the tone for this uplifting citrus oil synergy bath created to detoxify the body.

Ānuenue Kau Pō (Lunar Rainbow)

This bath includes essential oils and aromas of eucalyptus, rosemary, lavender, vanilla and sandalwood, all to bring about ultimate relaxation.

Signature Lomilomi

This traditional Hawaiian massage is passed down from generation to generation by healing kūpuna (elders). Indulge in a gentle, rhythmic massage incorporating lomilomi sticks and warm river stones to release tension, pain and fatigue all while replenishing the mind, body and spirit with positive energy, increased circulation and muscle tone.

Lilinoe (Fine Rain)

Customize the following services in the privacy of our rainwater suite:

Kilikili (Fine Gentle Rain)

Enjoy a full-body exfoliation of your choosing, followed by a lomilomi—a soothing Hawaiian massage applied under streaming jets of warm water, leaving you delightfully refreshed and reenergized. Finish with a Signature Body Butter designed to not only nourish the skin, but to leave it feeling smooth, hydrated and invigorated.

Waiwai (Prosperity Associated with Freshwater)

Begin with a signature body cocoon where you choose from purifying volcanic clay, detoxifying seaweed or moisturizing honey. Then relish in a Waiwai Lomilomi Massage under the gentle rainwater.







Lomilomi

Relax with this traditional Hawaiian massage passed down through generations by healing kūpuna (elders). Using a hands-on technique, Lomilomi provides a gentle, rhythmic massage, releasing tension, pain and fatigue—while infusing the mind, body and spirit with positive energy, increased circulation and muscle tone.

Hana Pōhaku (To Work with Stones)

Carefully placed heated stones rejuvenate and soothe the body and the mind. The combination of gliding heated stones and rhythmic pressure stimulates circulation, melting away tension from tired muscles, all the while restoring balance.

Kāpa'i Massage (Herbal Poultice)

This massage utilizes warmed muslin poultices of herbs to reduce body aches and pains. Steamed and applied in a kneading action directly to the body, this traditional approach soothes muscle tension and stiffness in key areas, increases lymphatic drainage and conditions the skin—so you feel at ease inside and out.

Shiatsu

This hands-on, therapeutic massage originated in Japan and utilizes acupressure, applied with the thumbs and palms to specific areas of the body.

Traditional Thai Massage

This treatment restores the body's free-flowing energy through massage, acupressure and gentle yoga. It eases your joints and muscles while relieving stress.

Thai massage is performed on a futon while you are dressed in loose, comfortable clothing.

Sports Massage

Sports therapy reduces swelling, relieves muscle tension and promotes flexibility. The perfect postworkout massage, it combines targeted massage and gentle, precision muscle stretching to prevent injury from demanding physical activities.

Reflexology

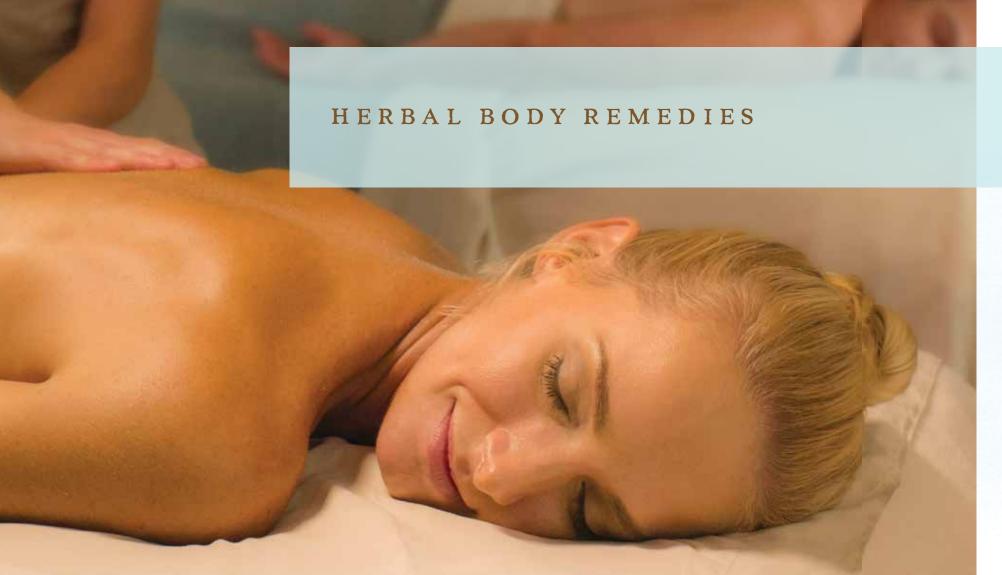
Reflexology is a therapeutic method of relieving pain and stress. Pressure is applied to specific points on the feet and hands, alleviating pain in the body.

Massage Booster—Island Scalp Massage

Refresh the scalp with warm coconut and kukui oil massaged into the hair.

FEEL FREE TO TALK DURING
YOUR TREATMENT
OR REMAIN QUIET—IT'S YOUR
CHOICE. THE THERAPIST WILL
FOLLOW YOUR LEAD.







Nature's Magical Niu (Coconut)

Counter the effects of the elements! Surrender to a gentle coconut body exfoliation. Follow with a light massage using your choice of tropical scents from our aroma bar blended with coconut milk. Then a hydrating ti leaf wrap enhances the healing properties of your tropical blend. You'll even enjoy a warm coconut oil scalp massage. Leave with your skin hydrated, looking radiant and renewed!

Nature's Healing 'Āina (Land)

This invigorating treatment will help to detoxify your skin and leave it glowing. Delight in a tropical exfoliation followed by a warm volcanic clay wrap and a hydrating lotion application. And finish with a warm coconut oil scalp massage.

Slimming Body Treatment

A targeted, naturally slimming treatment for the hips, abdomen, thighs and other problem areas. Helps to firm the skin, reduce inches and target cellulite. When you combine the treatment with prescribed home care and smart lifestyle choices, you'll see revitalized and remodeled skin with a smoother texture. Most effective when done in a series of six treatments and will deliver serious results in just three weeks.

THE BODY IS

FULLY DRAPED

AT ALL TIMES,

EXCEPT FOR THE

AREA RECEIVING

TREATMENT.

Skin Yoga

Skin Yoga helps your skin look and feel good naturally, with benefits that include tightening, toning, tension release and increased circulation for natural lift and smoother lines. It supports the anti-aging process with the very best natural active ingredients.

Basic Skin Fitness

As a daily care regimen, this facial revitalizes your skin to its basic health and fitness. The results are intensive: It provides multilayer skin exfoliation; revitalizes dry, mature and sun-damaged skin; and increases epidermal and dermal moisture levels for deep hydration.

Triathlon

Turn back the clock with this treatment! Triathlon minimizes fine lines and wrinkles, improves uneven skin tone and texture, evens pigmentation and revitalizes sun-damaged skin by targeting aging at the cellular source.

Certified Organic

Awaken and nourish your skin with a purely organic facial. Customized by skin type, it uses whole plant ingredients to soften, balance and renew your skin's elasticity and natural moister barrier while stimulating cell renewal. It also provides antioxidant protection.

Hāweo Magical Glow (recommended for brides)
A skin-refining exfoliation and vitamin-rich facial mask reduces the appearance of fine lines and wrinkles while restoring a more defined facial contour that leaves you

with a youthful glow!





Ultra Ageless

This anti-aging facial is the ultimate fusion of science and luxury. This experience begins with an ultrasonic exfoliation to soften and renew the skin, followed by an Oxygen Infusion to restore natural vitality and glow. It concludes with light therapy to promote healing and to stimulate acupressure points in the face and neck. This comprehensive treatment leaves the skin looking luminous.

Skin Boosters

Give your facial an extra dose of refreshing nourishment.

Serum Infusion

Boosts and prolongs the positive results of any facial in just minutes.

Ultrasonic Exfoliation

Sound waves are used in this wet exfoliation to cleanse pores, ease extraction and sterilize.

LED Light Therapy

Stimulates elastin collagen production, calms redness and kills acne-causing bacteria.

Eye Lift

Reduce fine lines and wrinkles and reenergize tired eye muscles. Instantly lifts, firms and tones, leaving more youthful, vibrant skin.

HydraTone Mask

Cools and hydrates dry, red or irritated skin. This is the perfect finish to any facial and offers instant relief from too much sun and surf.

Nā Kāne Facial

Ideal for any man's skin, this balancing, purifying and restorative facial combats both skin sensitivities and environmental damage. And it feels great.

Kāne Back Rejuvenation

Restore this neglected area with gentle exfoliation, deep-cleansing mud therapy and active botanicals.

Traditional Shave

This relaxing escape with our master barber begins with a hot towel application and exfoliation. Next, a traditional lather and straight razor shave is performed twice for extra closeness. Your luxurious treatment concludes with an aftershave hydrator and nourishing scalp massage.

Additional Specialized Services

Look your very best with men's manicures and hair grooming—including haircuts, beard and mustache trims, waxing, and hair and scalp treatments.

WE RECOMMEND THAT MEN SHAVE AT LEAST
TWO HOURS PRIOR TO FACIAL TREATMENTS.







'Ohana

Designed for three to six family members (ages 5 and up), this special experience utilizes the healing touches of lomilomi sticks. Your practitioner will even show you how to use a lomilomi stick while you receive treatment. This treatment is a fabulous way to create more meaningful relationships within your family.

Ka Makana (The Gift)

Especially for Mom, Dad and baby! This introductory treatment provides a wonderful wellness experience for new families.

MOTHERS' TREATMENTS

Especially for Mothers

Laniwai Spa has developed soothing, enjoyable treatments for expecting mothers and new moms.

Hāpai Massage

This exquisite full-body massage uses safe, specific prenatal techniques to enhance relaxation, increase circulation, alleviate tired muscles and ease water retention.

Yummy Tummy

It's a facial for your stomach! And it's perfect for helping to heal and prevent stretch marks. Plus, receive a gentle massage of the face, head, shoulders and neck designed to ease the stress of pregnancy.

Honihoni "Sealed with a Kiss" Duet

Receive a lomilomi massage especially designed for couples. Enjoy your choice of tropical body butter kisses.

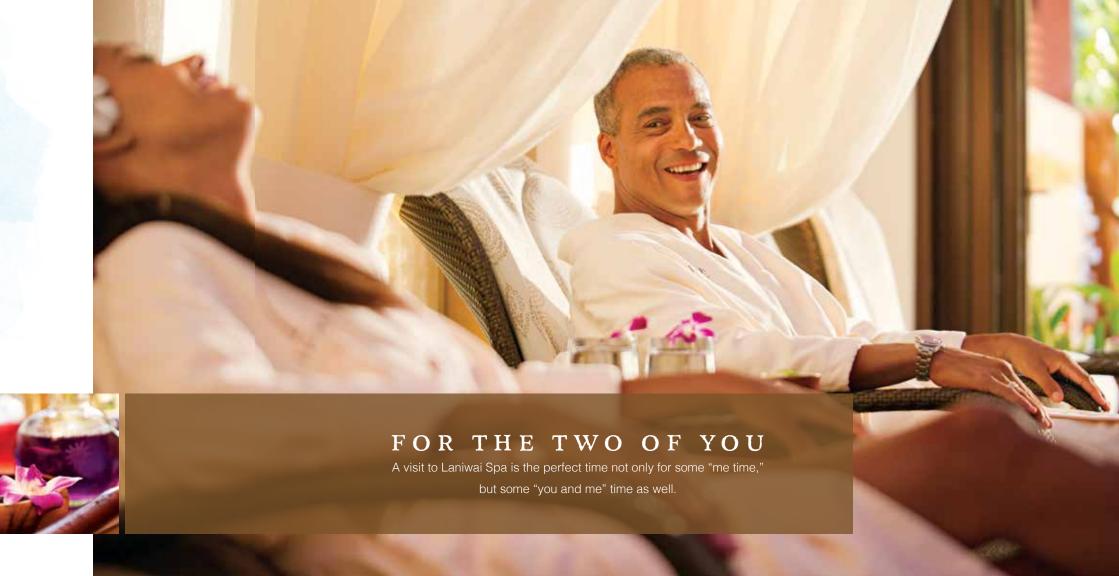
'Ōhi'a Lehua "Love Story" for Two

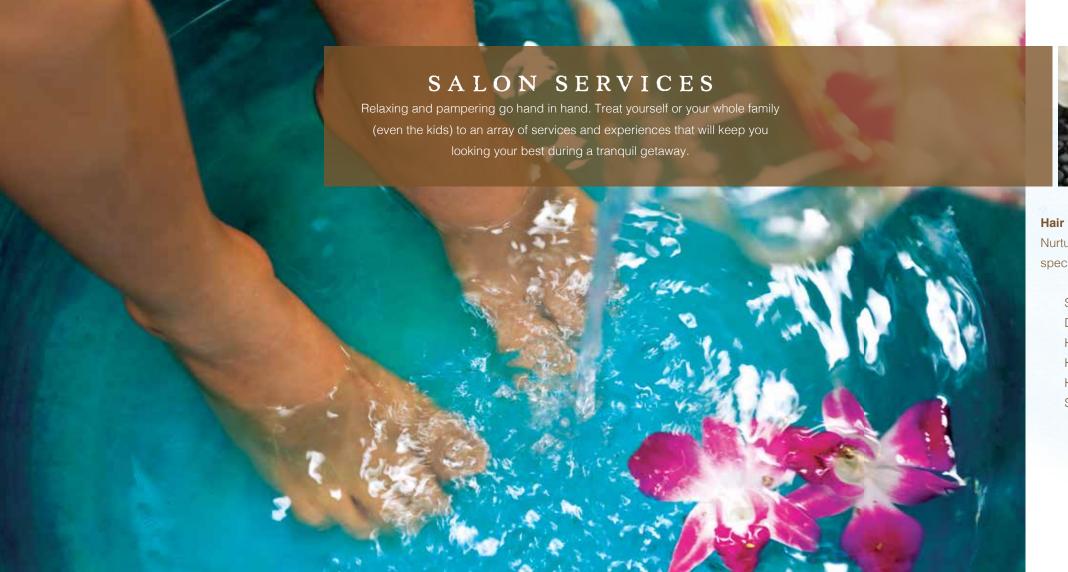
Indulge in a custom signature tropical exfoliation, followed by a lomilomi massage with your choice of tropical body butter kisses.

Pili Aloha "Loving Companionship"

The ultimate couples treatment includes duet body exfoliation, massage and a skin basics facial—all in the comfort of a private suite complete with refreshing elixirs.

YOUR LANIWAI SPA EXPERIENCE IS JUST THAT—
YOURS! LET US KNOW HOW WE CAN MAKE YOU
THE MOST COMFORTABLE.







Nurture your locks or try a new look for a special night out with the following services:

Shampoo and blow dry

Deep conditioning

Haircut

Hair color

Highlights

Special event hairstyle

Nails

Soak up luxurious bliss through your hands and feet.

Classic or Organic Manicure & Pedicure features a foot soak, deep cleanse, nail grooming, exfoliation, massage and polish.

Waxing Services

Take your skin to the next level with treatments that will leave you silky, soft and smooth.

Bikini

Brazilian

Brow

Chin

Ears

Full or half arms

Full back

Full face

Full or half leg

Underarm

Upper lip

Lower lip

Well-Being in the Fitness Center

Stay fit in style at the Mikimiki Fitness Center—a 2,000-square-foot, start-of-the-art health club. From energizing group exercises to intense one-on-one training, you'll discover a variety of options tailored to your unique fitness needs.

And on the Beach

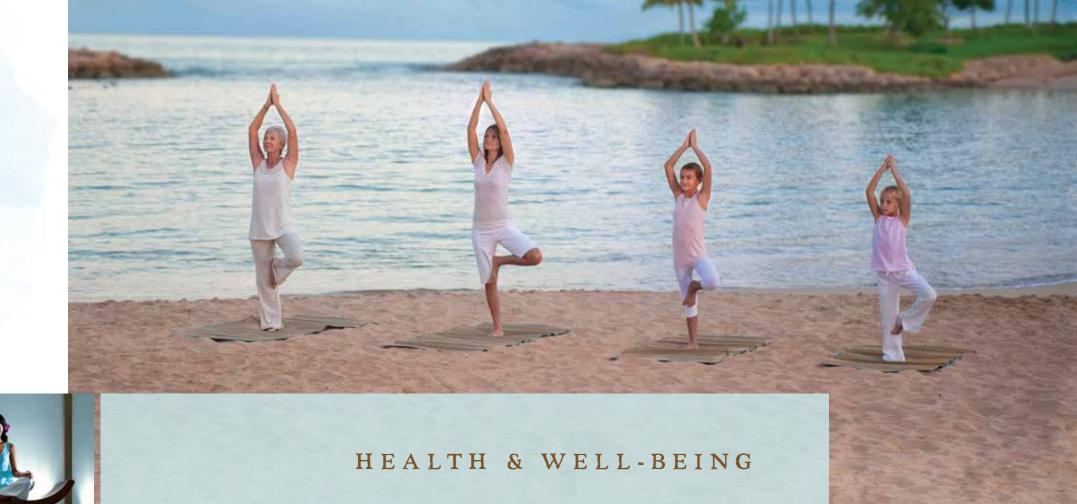
Ease into your day and renew your mind, body and spirit with sunrise yoga on the beautiful shores at Aulani. And treat yourself to a variety of popular outdoor fitness classes including beach boot camp, strength training, aqua exercises and more.

Wellness and nutrition classes are also available.

(Please see our schedule for class times.)

THE FITNESS CENTER IS OPEN

TO AULANI GUESTS 24 HOURS A DAY.







LITTLE ONES CAN EVEN ENJOY SALON
SERVICES, INCLUDING MANICURES,
PEDICURES AND HAIRCUTS.

Keikimahine (for girls)

Hairstyle with flower and pixie dust, light makeup, manicure/pedicure and aloha dress.

Mermaid (for girls)

Hairstyle with flower and pixie dust, makeup, color change necklace, cinch sack, swimsuit and cover-up (manicure/pedicure not included in this package).

Keikimahine o Aulani (for girls)

Hairstyle with flower and pixie dust, tiara, makeup, Disney lip gloss, manicure/pedicure, cinch sack and Tori Richards dress.

Keiki Kāne (for boys)

Boys' hairstyle, hook necklace

and temporary tattoo.

Keiki Kāne o Aulani (for boys)

Boys' hairstyle, hook necklace, temporary tattoo and Tori Richards shirt.

Duffy optional add-on purchase.

LANIWAI TIPS

- Schedule your treatment prior to Resort arrival or at arrival to dedicate time for rejuvenation.
- Arrive 60 minutes prior to your treatment to enjoy the spa amenities and begin your relaxation.
- Spa services are for adults 18+; however, for ages 14–17, treatments can be enjoyed with adult supervision.
- For young adults under 14, spa treatments are available in Painted Sky Teen Spa as well as the Salon.
- A hot shower can relax you before your spa treatment and make it more enjoyable.
- Shaving for men is recommended two hours prior to your facial.
- Shaving is not recommended prior to body treatments or hair removal services.
- Most body treatments are enjoyed without clothing; however, please wear whatever is comfortable for you. Disposable undergarments are available.
- During all treatments, the body is fully draped, except for the area being worked on.

- Your spa experience is your time and you should enjoy it to the fullest. If you experience discomfort from room temperature, massage pressure, music, music volume or any other conditions, please tell your therapist immediately.
- Please notify the spa attendant or therapist if you have high blood pressure, allergies, any physical ailments or disabilities, or if you are pregnant (there are a few services that should be avoided during pregnancy, specifically in the first trimester).
- Arriving late will simply limit the time of your treatment. Your treatment will end on time so the next Guest will not be delayed.
 The full value of your treatment will be charged.
- If you must reschedule or cancel your appointment, please notify
 the spa at least six hours in advance to avoid being charged
 the full service fee. Please inquire regarding large parties, spa
 packages or group cancellations.
- Hotel Guests not receiving spa treatments have complimentary use of the fitness center.

For your convenience, a 20% service charge will be added to each spa service received. 18% is dispersed to the spa practitioner and the remainder is directly applied toward costs or expenses other than wages and tips of employees. Additional gratuities are at your discretion. Prices and services are subject to change.



