



Kosho History Test 2

Name _____

1) What Martial Arts Style(s) are you practicing? _____

2) Kosho Ryu Kempo literally translates to:

- A) New Bamboo School of Hard-Soft B) Old Pine School of Fist Law
C) Old Plum School of Open Hand D) Crouching Tiger Hidden Smitty

3) Who was the first person to bring Kosho Ryu Kempo from the East to the West?

- A) Gichen Funakoshi B) James Mitose C) Thomas Young

3a) Where is East? _____

3b) Where is West? _____

4) What generation headmaster of the art was this practitioner?

- A) 20th B) 21st C) 22nd

5) What organization did this martial artist found when he reached the West?

- A) United States Karate Association B) Official Self Defense Club
C) Mitose School of Hard Knocks D) "Anything Goes" School of Martial Arts

5a) Who did he leave the club to? _____

5b) Who was the second inheritor of the club? _____

6) Who is the 22nd generation headmaster of Kosho Ryu Kempo?

- A) Thomas Young B) Bruce Juchnik C) Arthur Kiawi

6a) What city and state is he from?

- A) Sacramento, California B) Phoenix, Arizona C) Shaka Inn, Okinawa

7) Name the first 6 blackbelts under James Mitose:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

8) Which of these students was the first person to receive a blackbelt in Kempo west of Asia?

- A) Thomas Young B) Bruce Juchnik C) Jackie Chan

9) Which of the first 6 blackbelts became the teacher of Ed Parker?

- A) Thomas Young B) William Chow C) Bobby Lowe

10) Who is considered the "Father of Modern-day Karate"?

- A) Gichen Funakoshi B) Chojun Miyagi C) Paul Yamaguchi

11) Why is he considered the "Father of Modern-day Karate"?

12) What was his profession?

13) What style of martial arts did he create?

- A) Shotokan Karate B) Naha-te Karate C) Judo

14) What does this style translate to?

- A) Wind in the Pines B) Hard/Soft C) Empty Hand

15) Who is the Reading, PA instructor who is known for his expertise in pressure point attacking?

- A) Dave Kovak B) George Dillman C) William Chow

16) The art of pressure point attacking is called:

- A) Jujutsu B) Iaijutsu C) Kyusho Jitsu

17) Who is the founder of the art of Aikido?

- A) Jigoro Kano B) Choki Motobu C) Morihei Ueshiba

18) Which of these styles did he NOT practice?

A) Judo

B) Daito-Ryu Aiki-Jujutsu

C) Jeet Kune Do

19) What are Naha, Tomari, and Shuri?

20) What two accomplishments was Jigoro Kano noted for achieving?

1. _____

2. _____

21) What is the difference between Judo and Jujutsu?

22) Who was Japan's most famous swordsman?

A) Miyamoto Musashi

B) Morihei Ueshiba

C) Choki Motobu

23) Why was he considered Japan's most famous swordsman?

24) What book was published by this man?

A) The Art of War

B) The Book of 5 Rings

C) The Lord of the Rings

24a) Which is a book on what topic? _____

25) It was said that Miyamoto Musashi only lost one duel in his life time to a man using what weapon?

A) Kamas

B) Jo Staff

C) Naginata

26) Who was the founder of Tae Kwon Do?

A) General Che

B) Colonel Sanders

C) General Greivous

27) Tae Kwon Do translates to:

A) Hard/Soft

B) The Way of the Hand and the Foot

C) Empty Hand

28) Who is considered the "Father of American Karate"?

29) What organization did he found in 1956?

- A) United States Karate Association B) Official Self Defense Club C) International Kenpo Karate Association

30) Who was the founder of American Kempo Karate?

- A) William Chow B) Ed Parker C) Bruce Juchnik

31) Who was the first martial artist to open up a karate dojo in the US?

- A) William Chow B) Jigoro Kano C) Robert Trias

32) In which city, state and year did it open?

City, State: _____ Year: _____

33) What organization did this martial artist found?

- A) U.S.K.A. B) Official Self Defense Club C) International Kenpo Karate Association

Sho Chiku Bai Exam

34) The 1st Representation of Kigan is:

- A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
- B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
- C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
- D) Failure is the virtual way to prepare you for great responsibility.

35) The 1st Representation of Kaishu is:

- A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
- B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
- C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
- D) With great power comes great responsibility.

36) The 1st Representation of Hoken is:

- A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
- B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
- C) All we have to decide is what to do with the time that is given to us.
- D) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.

37) The 2nd Representation of Kigan is:

- A) Skeletal Strikes
- B) Muscular Strikes
- C) Internal Strikes
- D) Escaping

38) The 3rd Representation of Kigan is:

- A) Skeletal Strikes
- B) Folding Arts
- C) Internal Strikes
- D) Escaping

39) The 2nd Representation of Kaishu is:

- A) Skeletal Strikes
- B) Folding Arts
- C) Internal Strikes
- D) Escaping

40) The 3rd Representation of Kaishu is:

- A) Skeletal Strikes
- B) Muscular Strikes
- C) Internal Strikes
- D) Escaping

41) The 2nd Representation of Hoken is:

- A) TOTAL DOMINATION!
- B) Muscular Strikes
- C) Internal Strikes
- D) Escaping

42) The 3rd Representation of Hoken is:

- A) TOTAL DOMINATION!
- B) Muscular Strikes
- C) Internal Strikes
- D) Escaping

43) The pine on the Sho Chiku Bai symbolizes:

- A) Faithful friendship which resists all trials
- B) Honesty, the application of discipline, and the man who remains loyal in all events
- C) Beauty, nobility, and courage
- D) Totality, no beginning, and no end

44) The plum on the Sho Chiku Bai symbolizes:

- A) Faithful friendship which resists all trials
- B) Honesty, the application of discipline, and the man who remains loyal in all events
- C) Beauty, nobility, and courage
- D) Totality, no beginning, and no end

45) The bamboo on the Sho Chiku Bai symbolizes:

- A) Faithful friendship which resists all trials
- B) Honesty, the application of discipline, and the man who remains loyal in all events
- C) Beauty, nobility, and courage
- D) Totality, no beginning, and no end

46) The circle surrounding the Sho Chiku Bai represents:

- A) Honesty
- B) Politeness
- C) Totality
- D) Sincerity

47) The 1st philosophical representation of the octagon of the Sho Chiku Bai symbolizes:

- A) The Qur'an
- B) The Ten Commandments
- C) The Eightfold Path of Buddhism
- D) The Book of the Dead

48) The physical representation of the octagon of the Sho Chiku Bai is:

- A) The 8 Angles of Escaping
- B) 7-10
- C) The Leaning Factor
- D) Move Twice

49) What does the outer circle of the octagon represent?

50) Who was the founder of Wado-Ryu Karate?

- A) Gogen Yamaguchi
- B) Hionori Ohtsuka
- C) Miagi

51) Who was the founder of Okinawan Goju Ryu Karate?

- A) Gogen Yamaguchi
- B) Hionori Ohtsuka
- C) Chogen Miagi

52) Who was the founder of Japanese Goju Ryu Karate?

- A) Gogen Yamaguchi
- B) Hionori Ohtsuka
- C) Chogen Miagi

53) Who was the great Okinawan Karate master to practice NaiHanChi Kata 500 times a day?

- A) Thomas Young
- B) Choki Motobu
- C) Rick Alexander

54) Who was the founder of Kyukushinkai Karate?

- A) Miyamoto Musashi
- B) Morihei Ueshiba
- C) Mas Oyama

55) What animal did this martial artist fight and kill with his bare hands in the ring?

56) Who was the Kempo master, trained by William Chow, who became one of the 5 founding members of Kajukenbo?

- A) Adriano Emperado B) Hionori Ohtsuka C) Mas Oyama

57) What are the styles that formed Kajukenbo?

58) What is the name of the temple that is the birthplace of Kempo?

- A) Holiday Inn B) Shaka Inn C) Lake Lure Inn

59) Who was Richard Kim?

60) Who was Donn Draeger?

61) Who was the founder of Jeet Kun Do?

- A) Mas Oyama B) Bruce Lee C) Chuck Norris

62) What style of martial arts did Bruce Lee practice prior to creating his own style?

- A) Kempo B) Tae Kwon Do C) Wing Chun

63) Who is known as the "Father of Eskrima" in the US?

- A) Bruce Juchnik B) Angel Cabaless C) Donn Draeger

64) What is the Tri-Colored Belt?

65) Who was awarded the Tri-Colored Belt after defeating 119 opponents over 2 days in a "Lame or Kill" tournament in Japan in 1956 to become the 3rd ranked martial artist under the International karatedo Federation of Japan? Note: This person was only 3rd in rank to Yamaguchi and Chitose who had Red belts which signified they were the personal bodyguards of the Emperor of Japan.

- A) Bruce Lee B) Steven Segal C) Henry Slomanski

Who is Your Master

Match up the letter associated with the teachers on the right with the students on the left.

(Some students have multiple teachers. Some teachers are used more than once, some not at all.)

Students

- 66) Bruce Juchnik _____
- 67) Bruce Lee _____
- 68) Thomas Young _____
- 69) William Chow _____
- 70) Paul Yamaguchi _____
- 71) Arthur Kiawi _____
- 72) Bobby Lowe _____
- 73) Jiro Nakamura _____
- 74) Morihei Ueshiba _____
- 75) Jeff Driscoll _____
- 76) Ed Parker _____
- 77) Mas Oyama _____
- 78) Gogen Yamaguchi _____
- 79) Adriano Emperado _____
- 80) Gichen Funakoshi _____

Teachers

- A. Bruce Juchnik
- B. James Mitose
- C. Arthur Kiawi
- D. William Chow
- E. Gichen Funakoshi
- F. Jigoro Kano
- G. Yip Man
- H. Chojun Miyagi
- I. Angel Cabaes
- J. Donn Draeger
- K. Bruce Lee
- L. George Dillman
- M. Chuck Norris
- N. Anko Itosu
- O. Takeda Sokaku

Origin of Styles

Match up the Martial Arts Style with the Country of Origin.
(Some choices may be used more than once; some choices may not be used at all.)

<u>Style</u>		<u>Country</u>
81) Koshso Ryu Kempo	_____	A. United States
82) Ryu Kyu Kempo	_____	B. Japan
83) American Kempo	_____	C. China
84) Judo	_____	D. Okinawa
85) Jujutsu	_____	E. Philippines
86) Tae Kwon Do	_____	F. Brazil
87) Kendo	_____	G. Canada
88) Naha-te	_____	H. Mexico
89) Tomari-te	_____	I. England
90) Shuri-te	_____	J. Korea
91) Karate	_____	
92) Shotokan Karate	_____	
93) Wing Chun	_____	
94) Daito-ryu Aiki-jujutsu	_____	
95) Jeet kune do	_____	
96) Kyusho Jitsu	_____	
97) Gōjū-ryū	_____	
98) Wado-ryū	_____	
99) Kyokushinkai	_____	
100) Shuri-ryū	_____	
101) Shitō-ryū	_____	
102) Shōrin-ryū	_____	
103) Escrima	_____	

Kosho History Test 2 (Answer Suite)

1. Kosho Ryu Kempo, Ryu Kyu Kempo or other if from other style
2. (B) Old Pine School of Fist Law
3. (B) James Mitose
 - 3a. Japan
 - 3b. Hawaii
4. (B) 21st
5. (B) Official Self Defense Club
 - 5a. Thomas Young
 - 5b. Simeon Eli
6. (B) Bruce Juchnik
 - 6a. (A) Sacramento/California
7. Thomas Young, William Chow, Paul Yamaguchi, Bobby Lo, Arthur Kiawi, Jiro Nakamura
8. (A) Thomas Young
9. (B) William Chow
10. (A) Gichen Funakoshi
11. Performed the 1st public demonstration of Karate in front of the Emperor of Japan in order to get Karate into the school systems.
12. School Teacher
13. (A) Shotokan Karate
14. (A) Wind in the Pines
15. (B) George Dillman
16. (C) Kyusho Jitsu
17. (C) Morihei Ueshiba
18. (C) Jeet kune do
19. 3 cities in Okinawa where the 1st 3 styles of Karate were founded. The styles were Naha-te, Tomari-te, and Shuri-te
20. Founded Judo and the colored belt system
21. Judo is considered a martial sport where Jujutsu is considered a war art with Judo being derived from Jujutsu.
22. (A) Miyamoto Musashi
23. He fought about 60 duels to the death in his life time. He fought with 2 swords then later in his career with a wooden sword vs opponents with a live blade. He wrote The Book of 5 Rings. It is said he only lost one duel in his lifetime to a man using a jo staff, but he spared his life. Later on they fought again; Musashi won, and spared his life in return.
24. (B) The Book of 5 Rings
 - 24a. Strategy, used commonly in business today.
25. (B) Jo Staff
26. (A) General Che

- 27. (B) The Way of the Hand and the Foot
- 28. Ed Parker
- 29. (C) International Kenpo Karate Association
- 30. (B) Ed Parker
- 31. Robert Trias
- 32. Phoenix Arizona, 1946
- 33. (A) U.S.K.A.

Sho Chiku Bai Exam

- 34. (B) Left hand represents spiritual, right hand represents physical, placed together for peace and avoidance of conflict.
- 35. (C) Look at a man as you would a mountain from the distance, without nitpicking flaws and imperfections.
- 36. (A) Left hand represents spiritual, right hand represents physical, spiritual covers physical, hide your weapons.
- 37. (D) Escaping
- 38. (A) Skeletal Strikes
- 39. (B) Folding Arts
- 40. (C) Internal Strikes
- 41. (B) Muscular Strikes
- 42. (A) TOTAL DOMINATION!
- 43. (A) Faithful friendship which resists all trials.
- 44. (C) Beauty, nobility, and courage.
- 45. (B) Honesty, the application of discipline, and the man who remains loyal in all events.
- 46. (C) Totality
- 47. (C) The Eightfold Path of Buddhism
- 48. (A) The 8 Angles of Escaping
- 49. The Never Ending Journey
- 50. (B) Hionori Ohtsuka
- 51. (C) Chogen Miagi
- 52. (A) Gogen Yamaguchi
- 53. (B) Choki Motobu
- 54. (C) Mas Oyama
- 55. Bulls
- 56. (A) Adriano Emperado
- 57. "ka" ("karate"), "ju" ("jujutsu"), "ken" ("kenpo"), "bo" (Boxing)
- 58. (B) Shaka Inn
- 59. Famous Historian of the Martial Arts
- 60. US Marine, 1st westerner to get a teaching license (menkyo in the tenshin shoden katori Shinto-ryu of bujutsu), and wrote over 30 books.

61. (B) Bruce Lee
62. (C) Wing Chun
63. (B) Angel Cabales
64. The 3rd highest rank in the world under the International Karatedo Federation of Japan. It is awarded to the understudy of the 2 highest ranks who wear red belts. The job of the red belts is to be the personal bodyguard to the Emperor of Japan. The 2 red belts would set the rules for obtaining the one and only tri-color belt, and they created the *Lame* and *Kill Matches*.
65. (C) Henry Slomanski

Who is Your Master

Students / Teachers

- | | |
|-----------------------------|------------------|
| 66. Bruce Juchnik | B, D, I, A |
| 67. Bruce Lee | G, B |
| 68. Thomas Young | B, C |
| 69. William Chow | B, D |
| 70. Paul Yamaguchi | B, E |
| 71. Arthur Kiawi | B, F |
| 72. Bobby Lowe | B, G |
| 73. Jiro Nakamura | B, H |
| 74. Morihei Ueshiba O, I | |
| 75. Jeff Driscoll | A, L, J |
| 76. Ed Parker | D, K |
| 77. Mas Oyama
yamaguchi) | E, L (also gogen |
| 78. Gogen Yamaguchi | H, M |
| 79. Adriano Emperado | B, D, N |
| 80. Gichen Funakoshi | N, O |

Match up the Martial Arts Style

- | | |
|----------------------------|------|
| 81. Koshso Ryu Kempo | B, A |
| 82. Ryu Kyu Kempo | D, B |
| 83. American Kempo | A, C |
| 84. Judo | B, D |
| 85. Jujutsu | B, E |
| 86. Tae Kwon Do | J, F |
| 87. Kendo | B, G |
| 88. Naha-te | D, H |
| 89. Tomari-te | D, I |
| 90. Shuri-te | D, J |
| 91. Karate | D |
| 92. Shotokan Karate | D |
| 93. Wing Chun | C |
| 94. Daito-ryu Aiki-jujutsu | B |
| 95. Jeet kune do | A |
| 96. Kyusho Jitsu | B |
| 97. Gōjū-ryū | D, B |
| 98. Wado-ryū | B |
| 99. Kyokushinkai | B |
| 100. Shuri-ryū | A |
| 101. Shitō-ryū | B |
| 102. Shōrin-ryū | D |
| 103. Escrima | E |