Kerala Government Optometrists Association

PSC Training

MCQs in OPTOMETRY AND OPHTHALMOLOGY

1. Which cells of the retina are responsible for scotopic vision?

- A. bipolar cells
- B. rod cells ✓
- C. ganglion cells
- D. cone cells

Human vision is enabled by three primary modes:

Photopic vision: Vision under well-lit conditions, which provides for color perception, and which functions primarily due to cone cells in the eye.

Mesopic vision: A combination of photopic vision and scotopic vision in low lighting, which functions due to a combination of rod and cone cells in the eye.

Scotopic vision: Monochromatic vision in very low light, which functions primarily due to rod cells in the eye.

2. Which part of the retina has the greatest sensitivity to light?

- A. the optic disc
- B. macula lutea
- C. the choroid
- D. fovea centralis ✓

3. In which colour ranges do the three pigments in the retina have their major sensitivities?

- A. green, red and blue. \checkmark
- B. red, blue and yellow.
- C. green, yellow and red.
- D. green, yellow and blue.

4. The approximate volume of the orbit is:

- a. 60mL
- b. 10mL
- c. 30mL 🗸
- d.45mL
- 5. All of the following are part of uvea except:
- a. Pars plicata
- b. Pars plana
- c. Choroid
- d. Schwalbe's line ✓
- 6. Lens develops from
- a. neural ectoderm
- b. surface ectoderm \checkmark
- c. optic vesicle
- d. all of the above

- 7. Retina develops from
- a. surface ectoderm
- b. mesoderm
- c. optic vesicle \checkmark
- d. embryonic fissure
- 8. Muscles controlling pupil arise from
- a. mesoderm
- b. ectoderm \checkmark
- c. endoderm
- dear. none of the above
- 9. The avascular structure of eye is
- a. choroid
- b. lens√
- c. conjunctiva
- d. ciliary body
- 10. Aqueous humour is secreted by
- a. angle of anterior chamber
- b. choroid
- c. ciliary body \checkmark
- d. iris
- 11. The mucoid layer of Tear film is produced by
- A. Meibomian glands
- B. Main lacrimal gland
- C. Accessory lacrimal glands
- D. Globlet cells ✓

The mucoid layer lies adjacent to the corneal epithelium is produced by the goblet cells in theconjunctival epithelium. The watery (aqueous) layer is produced by the main lacrimal gland in the superotemporal part of the orbit and accessory lacrimal glands found in the conjunctival stroma. Lipid layer is the oily layer (superficial layer of the tear film) produced by the meibomian glands (modified sebaceous glands) of the eyelid margins with some lipids from the glands of Zeis and Moll.

- 12. Main component of human lens
- A. Water 🗸
- B. Protein
- C. Collagen
- D. Ascorbic acid

The lens is comprised of approximately 65% water and 35% protein.

- 13. During accommodation AC depth will
- A. Increase
- B. Decrease ✓
- C. Remain same
- D. None

14. During accommodation Corneal curvature will

- A. Increase
- B. Decrease
- C. Remain same ✓
- D. None

15. The junction of cornea and sclera is known as

- a. Trabecular meshwork
- b. ciliary body
- c. pupil
- d. limbus 🗸

16. The anterior and posterior chamber of the eye are separated by:

- a) Anterior Lens capsule
- b) Posterior Lens capsule
- c) Iris diaphragm \checkmark
- d) Aqueous humour

17. The normal corneal diameter in adults ranges between:

- a) 10-11 mm
- b) 11-12 mm 🗸
- c) 12-13 mm
- d) 09-10 mm
- 18. Number of intraocular muscles in the eye
- A. 2
- B. 3√
- C. 4
- D. 6

19. The globe is less protected hence vulnerable to injury from:

- a) Superiorly
- b) Laterally ✓
- c) Inferiorly
- d) Posteriorly

20. Muscles controlling pupil arise from

a. mesoderm

- b. ectoderm \checkmark
- c. endoderm
- d. none of the above

21 The tear film consist of following except:

- a) Lipid.
- b) Mucus.
- c) Salts.
- d) Water.
- e) Glucose.√
- 22 The weakest bony orbital wall is:
- a) Lateral.
- b) Medial. 🗸
- c) Floor.
- d) Roof.
- 23.Bruch's membrane is located on
- A. Cornea
- B. Conjunctiva
- C. Iris
- D. Retina 🗸
- 24 The main veins draining the choroids is:
- a) Orbital veins.
- b) Vortex veins. ✓
- c) Posterior ciliary veins.
- d) Central retinal vein.
- 25 Function of ciliary body
- A. Accommodation
- B. Aqueous production
- C. Both ✓
- D. None
- 26. The main depressor of the eyelids is:
- a. Levator
- b. Mueller's muscle
- c. Inferior rectus
- d. Obicularis 🗸

27. All the following bones form part of orbit except:

- a) Greater wing of sphenoid.
- b) Frontal bone.
- c) Maxillary bone.
- d) Nasal bone. 🗸
- 28. Approximately power of cornea is?
- a. 60D b. 43D 🗸 c. 20D d. 17D

29. Which of the following statement is false?

- a. horizontal diameter of cornea is greater than vertical diameter
- b. Peripheral thickness of cornea is greater than central thickness
- c. once destroyed, the Bowman's layer does not regenerate
- d. Megalocornea occurs due to raised IOP in infancy ✓

Buphthalmos occurs due to increased IOP in infants. in buphthalmos the whole eyeball size increases

30. The junction between sclera and cornea is known as?

- a. Arcus senilis
- b. Limbus 🗸
- c. Scleral spur
- d. Arlt's line
- 31. The cornea is supplied by _____ nerve.
- a. optic (I)
- b. Trochlear (IV)
- c. Trigeminal (V)√
- d. abducen (VI)

32. Which of the following gland is not a part of conjunctiva

- a. Glands of Manz
- b. Glands of Krause
- c. Glands of Wolfring
- d. Glands of Zeis ✓

The conjunctiva contains two types of glands, Mucin secretory glands and accessory lacrymal glands.

Mucin secretory glands are 1. crypts of Henle present in the tarsal conjunctiva. and 2. glands of Manz found in limbal conjunctiva.

Accessory lacrimal glands are: 1. Glands of Krause present in fornix, and 2. Glands of Wolfring present along the upper border of superior tarsus and along the lower border of inferior tarsus. Glands of Zeis is seen in lid margin near to eye lashes.

- 33. Angle kappa–angle between the visual axis and
 - A. Optical axis
 - B. Fixation axis
 - C. Central pupillary line ✓
 - D. None
- 34. Which of the following is not an intrinsic muscle in eye
 - A. Sphincter pupillae
 - B. Dilator pupillae
 - C. Ciliary muscle
 - D. Inferior oblique \checkmark
- 35. Hyaluronic acid is found in ?
- a. Vitreous humor 🗸
- b. Synovial fluid
- c. Cartilage
- d. Cornea

36. Not a part of middle vascular coat of the eye

- A. Iris
- B. Choroid
- C. Ciliary body
- D. Lamina cribrosa ✓
- 37. Strongest layer in cornea?
- a. Bowman's layer
- b. Stroma
- c. Descemet's membrane \checkmark
- d. Endothelium

38. Corneal metabolism depends on oxygen derived predominantly from:

- a) Aqueous humor.
- b) Atmosphere. 🗸
- c) Iris.
- d) Limbal vasculature.
- e) Tear film.

39. The lens derives most of its energy from:

- a) Anerobic glycolysis ✓
- b) Hexose monophosphate pathway.
- c) Oxidation of lipids.
- d) Oxidation of amino acids.

40.What is regarded as the vascular tunic of the eye? a)Cornea b) sclera c) conjunctiva d) choroid ✓

the three tunics of eye are:

(1) A fibrous tunic, consisting of the sclera behind and the cornea in front;

(2) a vascular pigmented tunic, comprising, from behind forward, the choroid, ciliary body, and iris

(3) a nervous tunic, the retina.

41. Which layer is found under the epithelium?a) Bowman ✓b) endothelium

c) stroma

d) descement

between the corneal stroma and Descemet's membrane, a new layer was discovered recently, it is known as Dua's layer.

42 .90% of the cornea thickness is mainly by a)Descement b) stroma ✓ c) epithelium d) endothelium

Thickest layer is stroma, strongest layer is descemet's membrane, Bowman's membrane is the layer that doesn't regenerate.

43. Refractive index of the cornea is a)1.33 b) 1.36 c) 1.37 ✓ d) 1.38

Refractive index of cornea is 1.376 Refractive index of aqueous humour is 1.33

- 43. The junction of cornea and sclera is known as
- a. Trabecular meshwork
- b. ciliary body
- c. pupil
- d. Limbus 🗸
- 44. What gives white colour to eyes
- A. Conjunctiva
- B. Cornea
- C. Sclera√
- D. Choroid

- 45. nasolacrimal duct opens into
- A. Superior meatus
- B. Middle meatus
- C. Inferior meatus ✓
- D. None
- 46. The avascular structure of eye is
- a. choroid
- b. lens√
- c. conjunctiva
- d. ciliary body
- 47. Aqueous humour is secreted by
- a. angle of anterior chamber
- b. choroid
- c. ciliary body ✓
- d. iris
- 48. Visible spectrum extends from
- a. 100-300 nm
- b. 300-650 nm
- c. 400-700 nm ✓
- d. 720-920 nm

49. Vortex vein drain

- a. iris and ciliary body
- b. sclera
- c. uveal tract ✓
- d. retina

50. All of the following are part of uvea except:

- a. Pars plicata
- b. Pars plana
- c. Choroid
- d. Schwalbe's line \checkmark
- 83. Lens develops from
- a. neural ectoderm
- b. surface ectoderm ✓
- c. optic vesicle
- d. all of the above

- 84. Retina develops from
- a. surface ectoderm
- b. mesoderm
- c. optic vesicle ✓
- d. embryonic fissure
- 53. Tarsal plate is situated in
- a. eyebrow
- b. eyelid ✓
- c. lacrimal apparatus
- d. conjunctiva

54. Between epithelium and stroma of cornea lies

- a. Bowman's membrane ✓
- b. Descemet's membrane
- c. endothelium
- d. none of the above

55. Lamina cribrosa is present in

- a. choroid
- b. ciliary body
- c. sclera 🗸
- d. retina

56. Suspensory ligament extends between lens and

- a. iris
- b. ciliary body \checkmark
- c. choroid
- d. limbus

57. Which one of the following is not a true basement membrane?

- A) Descemet membrane
- B) Bruch's membrane
- C) Lens capsule
- D) Bowman membrane ✓

58. Which structure divides the lacrimal gland into two lobes?

- A) Orbicularis oculi
- B) Tarsus
- C) Whitnall ligament
- D) Levator aponeurosis ✓

81. The approximate volume of the orbit is: a. 60mL b. 10mL **c. 30mL** ✓ d.45mL

- 60. The intraorbital length of the optic nerve is
- a. 1 mm b. 5 mm c. 10 mm **d. 25 mm √**

61. The neuron of the 1st order in the visual pathway lies in which layer of retina

- a. inner plexiform
- b. outer plexiform
- c. optic nerve fibre
- d. none of the above \checkmark

62. The nature of tears is

- A. Acidic
- B. Alkaline ✓
- C. Neutral
- D. None

A pH of 7 is neutral. Less than that is acidic and more than that is alkaline. Tear is slightly alkaline

- 63. Blood supply to lens
- A. Long Posterior Ciliary Arteries
- B. Short Posterior Ciliary Arteries
- C. Ophthalmic artery
- **D. None** (Lens is avascular) \checkmark

64. Innermost nuclear zone of lens

- A. Embryonic ✓
- B. Fetal
- C. Infantile
- D. Adult

Above options are the four nuclear zones of lens. Innermost is embryonic, after that fetal then infantile and outer adult.

- 65. Approximately Volume of vitreous in ml
- A. 2.5
- B. 4.4√
- C. 6.5
- D. 30

66. Main portion of Aqueous humor is formed by

A. Active transfer ✓

- B. Utrafiltration
- C. Diffusion
- D. None

Aqueous humor is formed by A. Active transfer (secretion) (70%) B. Utrafiltration (20%)

- C. Diffusion (10%)
- 67. Lens capsule is thickest at
- A. Posterior pole
- B. Anterior pole
- C. Equatorial region
- D. Para equatorial region ✓

Capsule is thinnest ar posterior pole

68. Y shaped sutures are present in

- A. Embryonic nucleus
- B. Fetal nucleus ✓
- C. Infantile nucleus
- D. Adult nucleus

There are two Y sutures in fetal nucleus of lens

69. Thinnest wall of orbit is

A. Medial ✓

- B. Lateral
- C. Inferior
- D. Superior

Thickest wall is lateral

70. Minor arterial circle is present on

- A. Pupillary border
- B. Collarette ✓
- C. Within the iris stroma
- D. At the root of iris

Embryological remnant near the collarette known as minor arterial circle. Collarette divides iris into central pupillary zone and peripheral ciliary zone Major arterial circle is present in the root of iris.

71. Lamina fusca is a part ofA. Cornea B. Iris **C. Sclera** ✓ D. Retina

Lamina fusca is thin layer of pigmented connective tissue on the inner surface of the sclera of the eye, connecting it with the choroid

72. Which tear layer contains immunoglobulin A?

A) Mucin layer

B) Lipid layer

C) Aqueous layer ✓

D) Glycoprotein layer

IgA is secreted into the lumen of the main and accessary lacrimal glands, which form the aqueous layer. It plays a role in host-defense mechanisms.

73. Which one of the following contributes to the aqueous layer of the tear film?

A) Glands of Wolfring ✓

B) Glands of Zeis

C) Goblet cells

D) Meibomian gland

The aqueous component of the tear film is secreted by the main lacrimal gland, glands of Krause, and glands of Wolfring. The goblet cells secrete the mucin layer. The meibomian glands secrete the lipid layer with some contribution from the sebaceous glands of Zeis.

74. Which bone is not part of the medial orbital wall?

- A) Maxilla
- B) Sphenoid
- C) Zygomatic ✓

D) Ethmoid

The medial orbital wall is formed from the following four bones: frontal process of the maxilla, lacrimal bone, orbital plate of the ethmoid, and the lesser wing of the sphenoid.

75. Which structure does not pass through the superior orbital fissure?

- A) Ophthalmic artery ✓
- B) Frontal nerve
- C) CN III
- D) CN IV

The superior orbital fissure transmits the lacrimal nerve, frontal nerve, CN IV, and superior ophthalmic vein outside the annulus of Zinn. Within the annulus of Zinn, the superior orbital fissure transmits CN III, nasociliary nerve, sympathetic roots of ciliary ganglion, and CN VI. The ophthalmic artery travels with the optic nerve and the sympathetic fibers from the carotid plexus in the optic foramen.

MCQs- Colour vision

- 1. Human colour vision is
- A. Monochromatic
- B. Deuchromatic
- C. Trichromatic ✓
- D. None

Human colour vision is trichromatic, with 3 classes of cones responsible for 3 types of wavelength (colour). All colours we see are mixture of these three colours. An individual with normal colour vision is known as trichromate.

- 2. Protanopia is
- A. Red deficiency ✓
- B. Green deficiency
- C. Blue deficiency
- D. Red- green deficiency
- 3. Most common colour vision deficiency
- A. Red-green ✓
- B. Blue-yellow
- C. Blue-green
- D. Total colour blindness
- 4. Red-green colour vision deficiency affect
- A. Females more
- B. Males more ✓
- C. Equal
- D. Children more
- 5. Treatment option for congenital colour blindness
- A. Tinted glasses
- B. Tinted contact lens
- C. Both
- D. None 🗸

No treatment is available for congenital color blindness. Tinted lenses and contact lens may enhance the perception of certain shades for specific tasks, but it is not considered as treatment.

- 6. Rod monochromatism is characterized by:
- A. Total colour blindness
- B. Day blindness
- C. Nystagmus
- D. All 🗸

MCQs- Colour vision

- 7. Colour vision deficiency associated with central serous retinopathy (CSR)
- A. Red-green deficiency
- B. Blue-yellow deficiency ✓
- C. Blue cone monochromatism

D. None

Acquired Blue-yellow impairment is seen in retinal lesions such as CSR, macular oedema and shallow retinal detachment.

- 8. Colour vision deficiency associated with Optic neuritis
- A. Red-green deficiency ✓
- B. Blue-yellow deficiency
- C. Blue cone monochromatism
- D. None

Acquired Red-green deficiency is seen in optic nerve lesions such as optic neuritis, Leber's optic atrophy and compression of the optic nerve.

- 9. Nagel's anomaloscope is used for evaluation of
- A. Colour vision ✓
- B. Contrast sensitivity
- C. Diplopia
- D. Visualisation of Angle of AC

10. Hardy-Rand-Rittler plates (HRR) are used for evaluation of

- A. Colour vision ✓
- B. Contrast sensitivity
- C. Diplopia
- D. Visualisation of Angle of AC

Hardy-Rand-Rittler plates (HRR) are more sensitive than Ishihara since it can detect all the three congenital defects.

11. When all the three types of cones are stimulated equally and simultaneously, the color perceived will be:

- a) Black.
- b) Brown.
- c) Orange.
- d) White. 🗸

12. In which colour ranges do the three pigments in the retina have their major sensitivities?

- A. green, red and blue. \checkmark
- B. red, blue and yellow.
- C. green, yellow and red.
- D. green, yellow and blue.

MCQs- Colour vision

- 13. The normal trichromatic colour vision consists of following colours
- a. red, blue, yellow
- b. red, blue, green ✓
- c. red, blue, white
- d. red, green, yellow

14. The trichromatic theory of colour vision has been propounded by

- a. Schiotz
- b. von Graefe
- c. Young-Helmholtz \checkmark
- d. none of the above
- 15. Retinal cells responsible for colour vision
 - A. Cones√
 - B. Rods
 - C. Ganglion cells
 - D. Bipolar cells

- 1. Total hypermetropia is
- A. Facultative + absolute
- B. Manifest + Latent ✓
- C. Manifest + absolute
- D. Absolute + latent

Total hypermetropia = Manifest (Facultative + absolute) + Latent

- 2. Primary angle closure glaucoma is a complication of
- A. Myopia
- B. Hypermetropia ✓
- C. Astigmatism
- D. Presbyopia
- 3. Maddox V test is used in diagnosis of
- A. Heterophoria
- B. Heterotropia
- C. Astigmatism ✓
- D. Diplopia

Astigmatic fan and block test is also known as Maddox V test and is used in diagnosis of astigmatism.

- 4. While doing IOL power calculation, change in _____ affect more on IOL power
- A. Axial length ✓
- B. Keratometry reading
- C. A constant
- D. Anterior chamber depth

Remember the formula P=A-2.5L-0.9K A is a constant, L is axial length, K is keratometry reading

A change in L affect more because it is multiplied by 2.5

- 5. Distance between near point of convergence and far point of convergence is known as
- A. Amplitude of convergence
- B. Range of convergence \checkmark
- C. Proximal convergence
- D. Voluntary convergence

6. During accommodation, radius of curvature of anterior lens surface

- A. Increase
- B. Decrease ✓
- C. Remains same
- D. None

- 7. Accommodative esotropia is due to
- A. Myopia
- B. Hypermetropia ✓
- C. Astigmatism
- D. Presbyopia
- 8. Parasympathomimetic drugs cause
- A. Insufficiency of accommodation
- B. Spasm of accommodation ✓
- C. Total loss of accommodation
- D. None

9. As age increase, the amplitude of accommodation

- A. Increase
- B. Decrease ✓
- C. Remains same
- D. None
- 10. The convergence is measured in
- A. Prism diopter
- B. Meter angle
- C. Both 🗸
- D. None

Vergence is measured in degrees, prism diopters and meter angle.

MA = 1/(target distance in meters)

Meter angles (MA) can be converted into prism diopters simply by multiplying it by the interpupillary distance (IPD) in cm: Prism Diopters = IPD (cm) * MA

In emmetropia, accommodation needed to see an object is equal to convergence in meter angle for that object distance.

- 11. Symmetric astigmatism is when
- A. The principal meridia in each eye have similar but opposite axes \checkmark
- B. The axis is same in both eyes
- C. Power and axis are same in both eyes
- D. Two principal meridia are at right angles to one another

In symmetrical Astigmatism the angle in both eyes will be 90+x, 90-x form. ie. If one eye axis is 90+10=100° other will be 90-10= 80°. Or simply, adding both axis will get 180°

Eg. If RE -1.0x 110° and LE -1.00x 70° it is symmetric. Practically, Most of oblique Astigmatism is seen symmetrical

- 12. Consecutive hypermetropia occur when
- A. Surgically overcorrected myopia
- B. Pseudophakia with under correction
- C. Paralysis of accommodation

D. Both A&B ✓

Similarly, consecutive myopia occur in surgical over correction of hypermetropia and pseudophakia with over correction.

- 13. Functional hypermetropia occur in
- A. Aphakia
- B. Pseudophakia with under correction
- C. Paralysis of accommodation \checkmark
- D. Acquired cortical sclerosis

14. 1mm increase in radius of curvature of cornea results in

- A. 6D myopia
- B. 6D hypermetropia ✓
- C. 3D myopia
- D. 3D hypermetropia

15. If there is associated exoporia, hypermetropia should be

- A. Under corrected ✓
- B. Over corrected
- C. Fully corrected
- D. None
- 16. fuchs spots are seen in
- A. Hypermetropiea
- B. Myopia ✓
- C. Astigmatism
- D. Aphakia
- 17. In duochrome test red becomes clear when
- A. Hypermetropia is fully corrected
- B. Hypermetropia is over corrected ✓
- C. Hypermetropia is under corrected
- D. Myopia is over corrected
- 18. In spectacle prescription, OU represents
- A. Right eye
- B. Left eye
- C. Both eyes ✓
- D. Any eye

- 19. False regarding astigmatism:
- A. regular astigmatism has the principal meridians at 90° to each other
- B. oblique astigmatism occurs when the principal meridians do not lie $\,$ at 90° to each other \checkmark
- C. irregular astigmatism is seen in patients with keratoconus
- D. astigmatic image can not be fully corrected with a spherical lens
- 20. Test not used in diagnosis of astigmatism
- A. Astigmatic fan
- B. Stenopaec slit
- C. Bagolini striated glasses ✓
- D. Retinoscopy
- 21. Commonest refractive error is
- A. Myopia
- B. Hypermetropia
- C. Astigmatism ✓
- D. Presbyopia
- 22. Eye at birth is
- A. Myopic
- B. Hypermetropic ✓
- C. Astigmatic
- D. Emmetropic
- 23. Esotropia may be associated with
- A. Myopia
- B. Hypermetropia ✓
- C. Astigmatism
- D. Presbyopia
- 24. Lattice degeneration is seen in:
- A. Myopia 🗸
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

25. Roving ring scotoma is seen after correction of Aphakia by

- A. Spectacle correction ✓
- B. Contact lens
- C. IOL
- D. Both A&B

- 26. The nearest point at which small objects can be seen clearly is called
- A. Punctum remotum
- B. Punctum proximum ✓
- C. Amplitude of accommodation
- D. Range of accommodation

27. In pseudophakia there will be _____ Purkinje's images

- A. 4 🗸
- B. 3
- C. 2
- D. 0

28. In aphakia correction using spectacles Image is magnified

- by approximately
- A. 30%√
- B. 7%
- C. 1%
- D. 10%

29. Type of astigmatism commonly seen in surgical aphakia

- A. With the rule
- B. Against the rule ✓
- C. Oblique
- D. Bioblique
- 30. treatment of choice for correction of aphakia is
- A. Spectacles
- B. Contact lens
- C. Lasik
- D. IOL implantation \checkmark
- 31. An increase in axial length of the eye will cause
- A. Myopia ✓
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia
- 32. An increase in refractive index of lens will cause
- A. Myopia ✓
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

33. An increase in radius of curvature of the cornea cause

A. Myopia

- B. Hypermetropia ✓
- C. Astigmatism
- D. Presbyopia

Remember, curvature will decrease when the radius of curvature is increased. Increase in curvature cause myopia and increase in radius of curvature cause hypermetropia

34. Anterior displacement of the lens cause

A. Myopia ✓

- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

35. In pathological myopia optic disc appears

- A. Large ✓
- B. Small
- C. Same size
- D. Any of the above

36. Power of +/- 0.25 cross cylinder is

- A. +0.25DSp/-0.25Dcyl
- B. +0.50DSp/-0.25Dcyl
- C. +0.25DSp/-0.50Dcyl√
- D. None of the above

+0.25DSp/-0.50Dcyl or -0.25DSp/+0.50Dcyl is the power of +/-0.25 cross cylinder Similarly, +0.50DSp/-1.00Dcyl or -0.50DSp/+1.00Dcyl is the power of +/-0.5 cross cylinder

- 37. In cross cylinder, the handle is attached _____ degrees to the power.
- A. 180°
- B. 90°
- C.45°√
- D. None

38. the angle subtended by an object on the nodal

point of the reduced eye is known as

- A. Angle alpha
- B. Angle Kappa
- C. Angle gamma
- D. Visual angle \checkmark

39. At what distance distant direct ophthalmoscopy

is performed?

- A. Close to face
- B. 20-25 cm ✓
- C. 1m
- D. 6m

40. When a cycloplegic retinoscopy has been performed using cycloplentolate, how many dioptres should be deducted to compensate the ciliary tone?

- A. 1.00D
- B. 0.75D ✓
- C. 0.50D
- D. 0.00D

1 D for atropine, 0.75 D for cyclopentolate, 0.5 D for homatropine

- 41. Duochrome test is based on
- A. Spherical aberration
- B. Chromatic aberration ✓
- C. Both
- D. None

42. In duochrome test, slightly myopic patient see letters in _____ sharper.

- A. Red 🗸
- B. Green
- C. Both clear
- D. Both blurred

43. Which of the following is not a cycloplegic drug

- A. atropine
- B. cyclopentolate
- C. homatropine
- D. Pilocarpine 🗸
- 44. While performing retinoscopy with dilated pupil,
- if central and peripheral shadow seen. It is important to neutralize which shadow?
- A. Central ✓
- B. Peripheral
- C. Both
- D. None

45. If the horizontal meridian is more curved than the vertical meridian, the astigmatism is

- A. With the rule
- B. Against the rule \checkmark
- C. Oblique astigmatism
- D. Bioblique astigmatism

With-the-astigmatism- the vertical meridian is more curved than the horizontal. Against-the-rule astigmatism- the horizontal meridian is more curved than vertical. Oblique astigmatism- the two principal meridia are not the horizontal and vertical though these are at right angles to one another (e.g., 45° and 135°).

Bioblique astigmatism- the two principal meridia are not at right angle to each other, e.g., one may be at 30° and the other at 100°.

46. 1% difference in Retinal image size occur if the power difference between two eyes is A. 0.5 D \checkmark

B. 1 D

C. 2 D

D. 5 D

0.5 D difference between the refractive power of eye cause 1% difference in Retinal image size. Upto 5% difference is well tolerated by brain. Diplopia can occur if Retinal image size difference is more than 5%. That's why anisometropia of more than 2.5 D is important.

47. If the refractive error in both eyes are equal, the condition is known as

- A. Emmetropia
- B. Anisometropia
- C. Isometropia ✓
- D. Orthophoria

48. If the images projected to the visual cortex from the two retinae are abnormally unequal in size and shape, condition is known as

- A. Anisocoria
- B. Anisometropia
- C. aniseikonia 🗸
- D. heterochromia

Anisocoria- difference in pupil size Anisometropia- difference in power Aniseikonia- difference in size and shape of retinal image Heterochromia- difference in iris colour

49. When plane mirror retinoscopy is performed at a distance of 1 m (no cycloplegics used); in myopia less than 1D, the movement of reflex will be

- A. With movement \checkmark
- B. Against movement
- C. No movement
- D. No reflex

With movement corresponds to hypermetropia, emmetropia and myopia less than 1D Against movement is seen in myopia more than 1D No movement in case of myopia of 1 D

50. While doing retinoscopy, If the distance between patient and examiner is decreased, the distance correction needed will

- A. Increase ✓
- B. Decrease
- C. Remains same
- D. Become zero

Distance correction= 1/distance in meter. If distance is 1m, correction needed is 1/1= 1D And if distance is 2/3m correction needed will be 3/2= 1.5 D

51. A Snellen visual acuity of 20/20 is equivalent to which of the following logMAR values?

- a. 1.00
- b. 0.00√
- c. 10.00
- d. 0.10

logmar value of 6/6 vision is 0.0, but decimal value of 6/6 vision is 1.0, and logmar value of 6/60 vision is also 1.0

52. Refractive power of anterior corneal surface is

- a. 53 D
- b. 48 D 🗸
- c. 43 D
- d. 38 D

We know power of cornea is +43D, but power of anterior corneal surface is +48D and posterior corneal surface -5.0 D so totally power of cornea is +43D

- 53. Far point of myopic eye is
- a. Behind the retina
- b. On the retina
- c. In Front of the retina
- d. In Front of the cornea \checkmark

We know parallel rays of light focus in front of retina in myopic eye. But far point of myopic eye is a finite point in front of the cornea, that's why myopes see near without accommodation.

54. Dynamic Retinoscopy gives an objective refraction for

- a. Near vision \checkmark
- b. Distance vision
- c. Both
- d. None

55. Skiascopy is another name for

- a. Distant direct ophthalmoscopy
- b. Retinoscopy ✓
- c. Perimetry
- d. Gonioscopy
- 56. Types of regular astigmatism are
- (I). Simple astigmatism (II). Compound astigmatism (III). Mixed astigmatism
- A. (I)&(II)
- B. (III) only
- C. All the above \checkmark
- D. None

57. 1mm increase or decrease in radius of curvature is equivalent of how many diopters

- A. 1 D
- B. 3 D
- C. 6 D 🗸
- D. 0.5 D

1mm change in axial length make 3D

58. Physiological tone of ciliary muscle is

- A. +1 diopters ✓
- B. +3 diopters
- C. +0.5 diopters
- D. +14 diopters
- 59. Types of manifest hypermetropia are (I) total (II) facultative (III) absolute (IV) Latent
- A. (I) & (II) B. (II) & (III) ✓ C. (I), (II) & (III) D. (II) & (IV)

Hypermetropia Classification by the action of accommodation

Total Hypermetropia(Ht): It can be found out by abolishing the tone of ciliary muscle by cycloplegics like atropine. Total hypermetropia is classified into two

Latent and manifest

1. <u>Latent Hypermetropia(HI)</u>: It is the amount of hypermetropia which is corrected normally by the normal tone of ciliary muscle.

2. <u>Manifest Hypermetropia(Hm)</u>: Is made up of two components.

(A) Facultative Hypermetropia(Hf): It is that part of hypermetropia which can be corrected by the effort of accommodation.

(B) Absolute Hypermetropia(Ha): Which cannot be overcome by the effort of accommodation.

Clinical test to find out different types of manifest hypermetropia:

1.<u>Manifest Hypermetropia</u>(Hm): The strongest convex lens with which the patient can still maintain full distance vision 6/6 ,indicates manifest hypermetropia.

2. <u>Absolute Hypermetropia(Ha)</u>: If the patient can not see 6/6 without a lens then the weakest convex lens that will allow him to read this line indicates absolute hypermetropia.

3. <u>Facultative Hypermetropia(Hf)</u>: Facultative hypermetropia=Manifest hypermetropia -Absolute hypermetropia.

4.<u>Total Hypermetropia(Ht)</u>: It can be find out by abolishing the tone of ciliary muscle by cycloplegics like atropine.

Total hypermetropia= Latent hypermetropia+ Manifest hypermetropia (Facultative+Absolute).

60. Newborn eye is

- A. Hypermetropic ✓
- B. Myopic
- C. Astigmatic
- D. Emmetropic
- 61. Visual field is largest for which colour
- A. Blue
- B. Green
- C. Red
- D. White 🗸
- 62. Visual field is smallest for which colour
- A. Blue
- B. Green 🗸
- C. Red
- D. White

63. How much angle should each letter substend at the nodal point of the eye at the given distance in the snellen's chart

- A. 1 minutes
- B. 5 minutes \checkmark
- C. 1 degrees
- D. 5 degrees

64. Image magnification in direct ophthalmoscopy

- A. 5 times
- B. 10 times
- C. 15 times ✓
- D. 20 times

65. In direct ophthalmoscopy the image in a myopic eye is

- A. Smaller
- B. Bigger√
- C. Same size
- D. Any of the above

In myopia distance between nodal point and retina increases, so image appears bigger

66. Which of the following is true regarding the image formed by a prism?

- a. It is virtual and displaced towards the apex \checkmark
- b. It is real and displaced towards the apex
- c. It is virtual and displaced towards the base
- d. It is real and displaced towards the base

The image formed by a prism is erect, virtual and displaced towards the apex of the prism Please note, if asked direction of deviated rays, it's towards the base.

67. A glass prism (refractive index 1.5) of 20 prism dioptres deviates an incident ray of light through:

- a. 5 degrees
- b. 10 degrees ✓
- c. 20 degrees
- d. 40 degrees

For a glass prism of refractive index 1.5: Angle of deviation = refracting angle /2; D=a/2; Therefore, 1 prism dioptre power produces an angle of deviation of 0.5 degrees, and a 20-dioptre powered prism deviates light through 10 degrees.

68. For a convex lens, placing an object inside the first principal focus (F) results in an image that is:

- a. Enlarged, inverted and real
- b. Enlarged, erect and real
- c. Enlarged, inverted and virtual

d. Enlarged, erect and virtual ✓

In the above position, convex lens act as a magnifying lens.

69. If a 10-dioptre concave lens is decentered by 2 cm temporally, this will result In a:

- a. 5 prism dioptre base-in prism
- b. 5 prism dioptre base-out prism
- c. 20 prism dioptre base-in prism \checkmark
- d. 20 prism dioptre base-out prism

Prismatic power = lens power x decentration (in cm)

In convex lens, prism base is in the same direction as the movement of lens, and in concave base will be opposite to the direction of decentralisation.

70. Which colour of light deviates maximum in the dispersion of white light by prism?

- a. Violet 🗸
- b. Blue
- c. Green
- d. Red

Please note Wavelength is inversely proportional to the deviation, Red light has longer wavelength and thus least deviated.

71. The image of an object formed by reflection at a plane surface is not:

- a. Erect
- b. Virtual
- c. Real 🗸
- d. Laterally inverted

72. The catoptric image formed from which of the following is inverted?

- a. Anterior corneal surface
- b. Posterior corneal surface
- c. Anterior lens surface

d. Posterior lens surface ✓

Images formed from the reflecting surfaces of the eye are termed catoptric images. These surfaces are the anterior (I) and posterior (II)corneal surfaces and the anterior (III) and posterior (IV) lens surfaces. Images I, II and III are erect and virtual. Image IV is real and inverted

- 73. Hruby lens used for ophthalmoscopy is a?
- a. Convex lens
- b. Concave lens ✓
- c. Cylindrical lens
- d. None

Hruby lens is a Plano-concave lens with diopteric power of -58.6D

Prepared by Ajeesh Kumar 9745677756 for Kerala Government Optometrists Association

74. Total internal reflection occurs if the incident ray strikes the interface of media at:

- a. An angle less than the critical angle
- b. The critical angle
- c. An angle greater than the critical angle \checkmark
- d. 90 degrees

75. An object located between the centre of curvature and principal focus of a concave mirror is:

- a. Diminished
- b. Virtual
- c. Erect
- d. Real 🗸

between the centre of curvature and principal focus of a concave mirror image is real, enlarged, inverted and lies outside the centre of curvature.

76. If undilated retinoscopy is done at a distance of 1/2m, Distance correction needed is

- A. 0.5 D
- B. 1.0 D
- C. 1.5 D
- D. 2.0 D 🗸

Distance Correction needed =1/w.d

If working distance is 2/3m correction needed will be 3/2=1.5D

If it is 1/2m =correction 2D

77. In cycloplegic retinoscopy using 1% atropine, the amount of diopters deducted to compensate ciliary muscle tone is

- A. 0 D
- B. 0.5 D
- C. 1 D ✓
- D. 1.5 D

78. In a patient with dilated pupils, if central and peripheral shadow movements are different, it is important to neutralize

- A. Central shadow ✓
- B. Peripheral shadow
- C. Both the shadows
- D. None

79. _____ is also known as dry retinoscopy

- A. Cycloplegic retinoscopy
- B. Non cycloplegic retinoscopy ✓
- C. Dynamic retinoscopy
- D. Autorefractometry

80. In retinoscopy, Use of cycloplegic drugs are contraindicated in patients with _____

- A. Primary open angle glaucoma
- B. Primary angle closure glaucoma ✓
- C. Cataract
- D. Spasm of Accommodation

81. The refractive condition where 1 point of focus falls on the retina and the other point of focus falls in front of the retina

- A. Simple myopic astigmatism ✓
- B. Compound myopic astigmatism
- C. Simple hypermetropic astigmatism
- D. Compound hypermetropic astigmatism

82. A refractive condition in which rays of light come to 2 focal points is correctable with

- A. Spherical lens
- B. Cylindrical lens \checkmark
- C. Prism
- D. None

83. Which of the following is the best term that implies perfect vision?

- A. Ametropia
- B. Emmetropia ✓
- C. Isometropia
- D. Orthophoria
- 84. Retinoscopy is
- A. Visualization of retina alone
- B. Visualization of retina and all other posterior segment contents
- C. Objective measurement of the refractive error of patient \checkmark
- D. Subjective measurement of the refractive error of patient

85. What is the most common refractive error of the human eye?

- A. Myopia
- B. Hypermetropia
- C. Astigmatism \checkmark
- D. Presbyopia

86. Javal's rule is used to estimate which type of Refractive error?

- a. Myopia
- b. Hypermetropia
- c. Astigmatism ✓
- d. Presbyopia

Javal's rule and Grosvenor's simplification of it are commonly used formulas for predicting spectacle astigmatism from keratometric measurements. In 1890, Javal proposed a rule that predicted the total astigmatism of the eye based on the corneal astigmatism.

Javal's rule states: At = k + p(Ac) Where At is the total astigmatism and Ac is the corneal astigmatism. The terms k and p are constants approximated by 0.5 and 1.25, respectively.

Grosvenor, Quintero and Perrigin suggested a simplification of Javal's rule and proposed a simplified Javal's rule of At = $Ac - 0.5*90^{\circ}$

- 87. Temporal crescent is seen typically in
- a. astigmatism
- b. hypermetropia
- c. myopia√
- d. none of the above

88. Optical condition of the eye in which the refraction of the two eyes differs is

- a. Isometroia
- b. Anisocoria
- c. anisometropia \checkmark
- d. compound astigmatism

89. Out of the following which is the shortest acting mydriatic

- a. tropicamide ✓
- b. homatropine
- c. cyclopentolate
- d. atropine

90. People with which type refractive error are at high risk for PACG

- a. Myopia
- b. Hypermetropia 🗸
- c. Astigmatism
- d. Presbyopia
- 91. Placido's Disc may be used in all except
- A. Regular Astigmatism
- B. Keratoconus
- C. Keratometry ✓
- D. Corneal aberrations

In regular corneal astigmatism the circle will be seen as oval. In keratoconus the concentric circles are seen distorted. Placido's disc is also used to differentiate corneal opacity from aberrations.

Ordinary Placido's disc is not used for keratometry, but modern Placido's disc based instruments uses scheimpflug technology for corneal topography. The Galilei Dual Scheimpflug Analyzer used for corneal topography is a noncontact instrument composed of a placido-disc topographer and a dual rotating Scheimpflug camera.

92. The total refractive power of the aphakic eye is

- A. 38D
- B. 43D√
- C. 60D
- D. 20D

In an aphakic eye the only refractive surface is cornea.

93. Retinal image size in uncorrected hypermeropic eye is

- A. Big
- B. Small ✓
- C. Normal
- D. None

Since hyperopic eye is small, retina is close to nodal point. So image size will be small.

- 94. Power of lens with 10cm focal length
- A. 1/10D
- B. 1D
- C. 10D√
- C. 100D

D=1/f, but remember f should be in meter.

95. Water silk appearance in retina is seen in

- A. Pathological myopia
- B. Simple myopia
- C. Hypermetropia ✓
- D. High astigmatism

96.Lens with a long focal length is

- A. Thick
- B. Thin
- C. Not strongly curved
- D. Both B and C \checkmark
- 97. Test not used in astigmatism
- A. Stenopaeic slit
- B. Maddox V
- C. Jackson's cross cylinder
- D. Bagolini striated glasses ✓

98. Total internal reflection occur when a ray of light passes from

- A. Denser medium to rarer medium ✓
- B. Rarer medium to denser medium
- C. One medium to another of same refractive index

D. None

99. Stiles-Crawford effect is more sensitivity of the retina to

A. Perpendicular rays than the oblique rays ✓

- B. Bright ight than dim light
- C. Bright colours than dull colours
- D. Quick movement than slow movement

Stiles-Crawford effect is a natural mechanism to reduce optical abberations in human eye.

Other mechanisms include

Cutting off of the peripheral rays by iris,

High refractive index of the nucleus of the lens than that of the cortex,

Low sensitivity of the peripheral retina,

Oval shape of the eye ball etc

100. Anisometropia up to how much Diopters is well tolerated

- A. 0.5 D
- B. 1.0 D
- C. 2.5 D 🗸

D. 5.0 D

0.5 D difference between the power causes 1% difference in retinal image size. Upto 5% difference is easily tolerated by brain. More than that may cause diplopia.

101.Wavelength is best defined as:

- a. One complete oscillation
- b. The maximum displacement of an imaginary particle on the wave from the baseline
- c. The distance between two symmetrical parts of the wave motion \checkmark
- d. Any portion of a cycle

> One complete oscillation refers to a cycle .

> maximum displacement of an imaginary particle on the wave from the baseline is amplitude.
 > Any portion of a cycle is called a phase

102 Destructive interference is seen in:

- a. Corneal epithelium
- b. Refraction
- c. Antireflective lens coatings \checkmark
- d. Photochromic lenses

If two waves with the same amplitude are half a cycle out of phase, they cancel each other out, which is termed destructive interference.

In low reflection lens coatings, light reflected from the superficial layer and that from the deep surface cancel each other out, reducing reflectance. The corneal stroma, collagen bundles are spaced in order to minimise transmission of any deviated light as this is eliminated by destructive interference.

Photochromic lenses change their transmission characteristics based on the intensity of incident light and do not use the principle of interference.

103. Which of the following is not a test of stereoacuity?

- a. Titrnus
- b. Frisby
- c. Pelli-Robson ✓
- d. TNO

104. power of a lens with focal length 10cm?

- a. 10D 🗸
- b. 1/10D
- c. 1D
- d. 100D

Use formula D=1/f

105. The unit of illuminance is:
a. Lumen
b. Lux (lumen per square metre) ✓
c. Candelas (lumen per steradian)
d. Watts per steradian
Lumen is the unit for luminous flux,
candelas (lumen per steradian) for
luminous intensity and
Watts per steradian for radiant intensity.

106. The spherical equivalent of a lens with power +3.00 DS/-2.00 DC is: a. +1.00 DS b. +2.00 DS ✓ c. -5.00 DS d. -1.00 DS

Spherical equivalent = sph+ cyl/2

107. Transpose the power -4.0DS/-3.00 DC x 45 a. -4.00 DS/+3.00 DC x 135 b. +4.00 DS/-3.00 DC x 135 c. -7.00 DS/+3.00 DC x 135 ✓ d. -7.00 DS/-3.00 DC x 135

108. Transpose +1.00 DS/+1.00 DC x 90 to toric formula with base curve -2 D: a. +3.00 DS

-2.00 DC x 180/-3.00 DC x 90

b. + 4.00 DS

-2.00 DC x 90/-3.00 DC x 180 🗸

c. +3.00 DS

-2.00 DC x 90/-1.00 DC x 180

d. +1.00 DS

-2.00 DC x 90/-3.00 DC x 180

109. The power -2.00DS/+1.5DC x 75 is

- a. Simple myopic astigmatism
- b. Compound myopic astigmatism ✓
- c. Compound hypermetropic astigmatism

d. Mixed astigmatism

If sph and cyl with different sign and cyl less than sph, it should be transposed first. The above power becomes -0.5DS/-1.50DC 165

Mixed astigmatism occurs only if sph and cyl with different sign and cyl more than sph (eg -1.5DS/+2.0DC 90)

110. Which of the following is not a problem with spectacle correction of

aphakia?

a. Image magnification

- b. Ring scotoma
- c. Pin-cushion distortion
- d. Barrel distortion ✓

Barrel distortion occurs with high minus lenses

111. infants are born with

- A. Myopia
- B. Hypermetropia ✓
- C. Astigmatism
- D. Emmetropia

112. Simple myopia usually does not exceed

A. 9D

- B. 3D
- C. 6D√
- D. 12D

113. Which of the following is degenerative myopia

- A. Congenital
- B. Simple
- C. Pathological ✓
- D. All
- 114. refractive esotropia is seen commonly in
- A. Myopia
- B. Hypermetropia ✓
- C. Astigmatism
- D. Presbyopia

115. Radial keratotomy is used to correct

- A. Myopia ✓
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

116. In compound hypermetropic astigmatism

- a. both the foci are in front of retina
- b. both the foci are behind the retina \checkmark
- c. one focus is in front and one focus is behind the retina
- d. none of the above

117. The complications of myopia include all EXCEPT

- a. vitreous degeneration
- b. retinal detachment
- c. cataract
- d. closed angle glaucoma \checkmark

118.the far point of a myopic eye is

- a. Infront of the Corneal plane ✓
- b. On the corneal plane
- c. Behind the retina
- d. At infinity

119. In the absence of lens accommodation, a myopic eye focuses images:

- a. in front of the lens
- b. In front of the retina \checkmark
- c. behind the retina
- d. Behind the cornea

120. Which of the following is a risk factor for retinal detachment?

a. black race

- b. male sex
- c. Hypermetropia
- d. myopia 🗸

121. At 6m distance from the patient, the 6/6 letters shall subtend an angle of ______ in the eye .

- a. 1 minutes of arc
- b. 1 degree
- c. 5 minutes of arc ✓
- d. 5 degrees

122. A person standing in front of mirror finds his image larger than himself. This implies that the mirror is :

a) Convex

- b) Concave ✓
- c) Plane
- d) Parabolic

123. Retinoscopy on a -2.00D myope at 2/3 meters, neutralization occurs with power

- a.-0.5D 🗸
- b. -1.0D
- c. 0.0D
- d. +0.5D

124. The refractive error associated with senile Nuclear cataract

- a. Hypermetropia
- b. Myopia 🗸
- c. Astigmatism
- d. Presbyopia

125. Snellens chart is based on what type of visual acuity?

A. Min. visible

B. Min. resolution ✓

- C.Vernier acuity
- D. All of the above

126. A X8 loupe has an equivalent power of _____ dioptres.

A) 2

B) 8

C) 16

D) 32 🗸

Magnification of a lens is 1/4th of power, 4D lens has magnification of 1X. Similarly power of 8X lens will be 8*4=32D

127. A decentration of 10 mm from the optical centre of a +5 dioptre lens produces a prismatic effect of _____ prism dioptres.

A) 0.5

B) 5 🗸

C) 10

D) 50

<u>Prentice's Rule</u> $\Delta = cD$ This equation can be used to calculate the prism induced by decentration. Prentice's rule states that prism in diopters (Δ) is equal to the decentration distance (c) in centimeters multiplied by the lens power (D).

128. The refracting power of a cylindrical lens is at ______ degrees to the axis.

A) 45

B) 90 🗸

C) 180

D) 360

129. The image produced by a negative lens will not be _____.

A) real ✓

B) diminished in size

C) erect

D) virtual

The image produced by convex mirror and concave lens are always virtual

130. One prism dioptre (Δ) produces displacement of an object by _____.

- A) 1mm
- B) 1cm ✓
- C) 10cm
- D) 1m

131. The image formed by a plane mirror is always

- A. Real and erect
- B. Virtual and erect ✓
- C. Real and inverted
- D. Virtual and inverted

132. A convex lens acts as a magnifying lens if the object is placed

- A. Between Focus(F) and optical centre of lens ✓
- B. Between focus(F) and centre of curvature (2F)
- C. Beyond centre of curvature (2F)
- D. Anywhere

133. SI unit of power of a lens is

- A. Diopter ✓
- B. Snellen
- C. Meter
- D. cm

134. 1 D is a power of lens having focal length

- A. 100 cm ✓
- B. 10 cm
- C. 1 cm
- D. 1/10 cm

135. Real images formed by a single convex lens is always

- A. On the same side of the lens as the object
- B. Inverted \checkmark
- C. Erect
- D. Smaller than the object

136. Visual acuity recorded by Snellen's test chart is a measure of

- A. Light sense
- B. Form sense \checkmark
- C. Contrast sense
- D. All
- 137. Subdivision of visual acuity for hyperacuity
- A. Minimum visible
- B. Minimum resolvable
- C. Minimum discrininable \checkmark
- D. None

Three subdivisions of visual acuity are:

- Minimum visible-detection of the presence of a visual stimulus.
- Minimum resolvable-ordinary visual acuity.
- Minimum discernible-hyperacuity.

138. unit of luminous flux
A. Lux
B. Lumens ✓
C. Lambert
D. Foot candles
Lux is unit of illuminance, the total amount of light that falls on a surface
Lumens is unit of luminous flux, the total amount of light emitted in all directions.
Lambert is one lumen per square cm.
Foot candle is one lumen per square foot.

139. Hemeralopia is

- A. Inability to see clearly in dim light
- B. Inability to see clearly in bright light ✓
- C. Inability to see colour
- D. Difficulty to read words

Nyctalopia- Night Blindness Hemeralopia- inability to see clearly in bright light Achromatopsia- colour blindness Word Blindness- dislexia hemianopia- blindness in half field of vision Amblyopia- lazy eye

140. Amblyopia can occur in all except

- A. Uniocular high myopia
- B. Uniocular high hypermetropia
- C. Uniocular high astigmatism

D. Uniocular aphakia ✓

Aphakia is most commonly acquired, it will not cause amblyopia. Congenital aphakia can cause amblyopia, but it is a very rare condition.

141. All are causes of irregular astigmatism except

- a. Pterygium
- b. Keratoconus
- c. Corneal scarring
- d. Cataract surgery ✓

Post operative astigmatism is usually regular

- 142. False regarding aphakia
- a. High hypermetropia
- b. Shallow anterior chamber \checkmark
- c. Complete loss of accommodation
- d. Iridodonesis

Signs of aphakia Limbal scar in surgical aphakia Anterior chamber is deeperl. Iridodonesis - tremulousness of iris Pupil is jet black in colour. Purkinje's image test shows only two images (normally four). Refraction reveals high hypermetropia.

143. Temporal crescent is seen typically in

- a. astigmatism
- b. hypermetropia
- c. myopia√
- d. none of the above

144. Blurring of vision for near work occurs in

- a. hypermetropia
- b. presbyopia
- c. both of the above \checkmark
- d. none of the above

Hypermetropes will accommodate for distance to see clearly. So, exessive accommodation is needed for NV, that causes difficulty and blurring in near vision, especially in high hypermetropes. That's why hypermetropia is known as long sightedness.

145. Optical conditions of aphakia include all EXCEPT

- a. loss of accommodation
- b. astigmatism with the rule \checkmark
- c. enlargement of retinal image

d. Hypermetropia

Due to pressing of lids in vertical meridian the vertical curvature of cornea will be greater than horizontal. This causes a small astigmatism, resulting power will be -cyl@180 or +cyl@90.

-cyl @180 or +cyl@90 is called as with the rule astigmatism.

In surgical aphakia, because of the healing of scar vertical meridian becomes more flatter, resulting astigmatism will be +cyl@180. This astigmatism is against the rule.

- 146. Unilateral aphakia is best corrected by
- a. contact lens
- b. intraocular lens implant \checkmark
- c. Spectacles
- d. none

147. Standard power of posterior chamber intraocular lens is

- a. + 20 D 🗸
- b. +10 D
- c. + 5 D
- d. + 15 D

148. Cylindrical lenses are prescribed in

- a. presbyopia
- b. astigmatism \checkmark
- c. myopia
- d. squint

149. A newborn is invariably

- a. hypermetropic ✓
- b. myopic
- c. astigmatic
- d. Presbyopic

150. Astigmatism is mostly a type of

- a. axial ametropia
- b. index ametropia
- c. curvature ametropia ✓
- d. spherical aberration

151. Hypermetropia causes

- a. divergent squint
- b. convergent squint \checkmark
- c. both of the above
- d. none of the above

152. In retinoscopy using a plane mirror with working distance 1m, when the mirror is tilted to the right the shadow in the pupil moves to the left in

- a. hypermetropia
- b. myopia more than −1 D ✓
- c. emmetropia
- d. myopia less than -1 D

153. Patients with high myopia (>6D) are at a higher risk of

- a) Retinal detachment
- b) Macular degeneration
- c) glaucoma
- d) All of the above ✓

154. The bending of a beam of light when it passes obliguely from one medium to another is known as . 1.reflection 2.refraction ✓ 3.dispersion 4.deviation 155. Ray of light passes without deviation, if pass through 1.optical centre 2.focus 3.centre of curvature ✓ 4.pole 156. Convex lens always gives a real image if the object is situated beyond _____. 1.optical centre 2.centre of curvature 3.focus√ 4.radius of curvature 157. Parallel rays of light entering a convex lens always converge to . 1.centre of curvature 2.the principal focus ✓ 3.optical centre 4.the focal plane 158. Where should an object be placed so that a real and inverted image of the same size is obtained, using a convex lens? 1.Between O and F 2.At F 3.At 2 F 🗸 4.At infinity 159. SI unit of the power of a lens is _____. 1.dioptre ✓ 2.cm 3.metre 4.watt 160. 1 D is the power of the lens of focal length of _____ cm. 1.100 ✓ 2.10 3.1/100 4.1/10

161. In a simple microscope lens used is 1.biconvex ✓ 2.biconcave 3.plano convex 4.cylindrical
 162. Reciprocal of focal length in metres is known as the of a lens. 1.focus 2.power ✓ 3.power of accommodation 4.far point
 163. A convex lens is called 1.converging lens ✓ 2.diverging lens 3.both converging and diverging lens 4.refracting lens
 164. A positive magnification greater than unity indicates 1.real image 2.virtual image ✓ 3.neither real not virtual image 4.distorted image
165. The power of a convex lens of focal length 50 cm is 1.+ 2D✔ 2.+50D 3.+1/50 D 4.+0.5D
166. The focal length of a lens whose power is -1.5 D is 166.66 cm ✓ 23/2 m 3.+66.66cm 41.5 m
 167. Real images formed by single convex lenses are always 1.on the same side of the lens as the object 2.inverted ✓ 3.erect 4.smaller than the object

168. An object is placed 12 cm from a convex lens whose focal length is 10 cm. The image must be.

- 1.virtual and enlarged
- 2.virtual and reduced in size
- 3.real and reduced in size
- 4.real and enlarged ✓

169. A concave mirror give real image with same size if positioned at

- A. Infinity
- B. Optical centre
- C. Focus point
- D. Centre of curvature ✓

170. The of AR coating is based on the property

- A. Total internal reflection
- B. Refraction
- C. Diffraction
- D. Interference \checkmark

172. A standard size (1.2mm) pinhole may correct refractive error upto

- A.1D
- B. 3D√
- C. 10D
- D. Any power

178. Types of visual acuity include all except

- A. Minimum visible
- B. Minimum separable
- C. Maximum resolvable ✓
- D. Hyper acuity

179. When correcting hypermetropia, if Plus lens placed away from eye, the reqired power to correct will be

- A. Lower 🗸
- B. Higher
- C. Same
- D. Higher in case of high hypermetropia

Moving lens away from the eye increases effective plus power

In a hyperope, far point is behind eye, Moving lens forward moves its focal point forward. So the Lens is further away from far point of eye, To match far point of eye, we need longer focal length (lower power) plus lens.

Similarly, Moving lens toward eye decreases effective plus power The closer the lens is to the eye, the greater the power required to correct the same amount of hyperopia.

To remember this, remember about aphakia, aphakia spectacle correction is around +10D and IOL around +20D

180. Distometer is used for measuring

- A. Visual acuity
- B. Power of lens
- C. Vertex distance ✓
- D. Contrast sensitivity

181. In accommodation, convexity of the lens

- A. Increase
- B. Decrease
- C. No change
- D. None

182. In hypermetropia far point of the eye is

- A. Real and infront of the eye
- B. Virtual and infront of the eye
- C. Real and behind the eye
- D. Virtual and behind the eye \checkmark

183. Minimum plus correction required for clear vision at distance shows

- A. Total hypermetropia
- B. Absolute hypermetropia
- C. Latent hypermetropia
- B. Manifest hypermetropia

184. Transpose +4.00 +2.00 x 105 A. +6.00 -2.00 x 105 B. +2.00 +2.00 x 15 C. +6.00 -2.00 x 15 ✓ D. +4.00 -2.00 x 15

185. Spherical equivalent of -1.00 + 2.00 x 135
A. +1.00
B. 0.0 ✓
C. -1.00
D. +1.5

186. While doing retinoscopy, At the neutralization point, far point of eye is at

A. Infinity

B. Behind the eye

C. Anywhere depending on power of the eye

D. At the position of retinoscope \checkmark

Far point of eye may be at any point depending on the power of the eye, in retinoscopy we are bringing that to the position of retinoscpe.

Any eye including emmetropic, At the neutralization point the far point will be on the peephole of retinoscpe. Or simply, with that neutralizing power eye is intentionally made myopic with far point at position of retinoscpe. That is then corrected as distance correction in PMT.

187. Impact-resistance is less for

- A. Glass√
- B. CR39
- C. Polycarbonate
- D. Plastic

188. Arden grating is used for evaluation of

- A. Distance vision
- B. Colour vision
- C. Contrast sensitivity 🗸
- D. Diplopia

189. Optokinetic nystagmus test is a

- A. Detection acuity test
- B. Recognition acuity test
- C. Direction identification test
- D. Resolution acuity test \checkmark

OKN, PLT, VER etc are Resolution acuity tests

Snellen's E and Landolt's broken ring tests are direction identification tests.

190. Which etiologic type of aniseikonia is easily correctable

- A. Optical aniseikonia 🗸
- B. Retinal aniseikonia
- C. Cortical aniseikonia
- D. All are equally easy

191. All are features of convergence spasm except

- A. Intermittent diplopia
- B. Blurring of vision
- C. Mydriasis ✓
- D. Induced myopia

192. Magnification of +40D lens is

A. 4x

- B. 10x ✓
- C. 20x
- D. 40x

Magnification=D/4

193. All are features of image formed by a plane mirror except

- A. Same size
- B. Real 🗸
- C. Laterally inverted
- D. Same distance from mirror

Image is virtual

194. The Vistech chart is used for evaluation of

- A. Distance vision
- B. Near vision
- C. Colour vision
- D. Contrast sensitivity ✓

195. Best optical treatment option for correcting irregular astigmatism

- A. Spectacles
- B. Contact lens ✓
- C. Intra ocular lens
- D. Polarization lens

196. If axial length is increased, IOL power will

- A. Increase
- B. Decrease ✓
- C. Remain same
- D. None

197. In the hypermetropic eye, the second principal focus lies

- A. Behind the Retina ✓
- B. Infront of the Retina
- C. On the Retina
- D. At infinity

198. The jack-in-the-box phenomenon is observed in Aphakia correction using

- A. Spectacle ✓
- B. Contact lens
- C. IOL
- D. All

199. Transverse keratotomy is used for correcting

A. Myopia

- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

200. In retinoscopy, swirling reflex is seen in

- A. High astigmatism
- B. Keratoconus
- C. Aphakia
- D. IOL dislocation

- 1. Trachoma is a
- A. Viral infection
- B. Bacterial infection ✓
- C. Fungal infection
- D. Allergic reaction

Trachoma is a disease caused by bacterium Chlamyida trachomatis which is spread by poor hygiene, contaminated water, and houseflies.

- 2. Rupture in the Descemet's membrane seen in
- a. K.conus
- b. K.globus
- c. Buphthalmos
- d. All of the above ✓
- 3. The pathology of snow blindness involves the
- a. cornea 🗸
- b. iris
- c. Macula
- d. optic disc
- 4. The most diagnosis sign of anterior uveitis is
- A. Aqueous flare
- B. KPs√
- C. Miosis
- D. Raised IOP
- 5. Distichiasis is
- A. An extra row of lashes ✓
- B. Misalignment of lashes
- C. Absence of lashes
- D. White lashes
- 6. Epidemic keratoconjunctivitis is caused by
- A. dryness
- B. allergens
- C. adenovirus ✓
- D. bacteria Moraxella

When only the cornea is inflamed, it is called keratitis; when only the conjunctiva is inflamed, it is called conjunctivitis. When both conjunctiva and cornea is inflamed, it is known as keratoconjunctivitis.

<u>Causes of different types of keratoconjunctivitis</u> Keratoconjunctivitis sicca - dryness vernal keratoconjunctivitis (VKC) or spring catarrh - allergens Atopic keratoconjunctivitis- atopy Epidemic keratoconjunctivitis- adenovirus

- 7. Chalazion is the infection of:
- A. Meibomian gland ✓
- B. Zeis gland
- c. Lacrimal gland
- d. Molls gland
- 8. Koeppe's nodules are seen on
- A. Lid margin
- B. Pupillary margin ✓
- C. Limbus
- D. Conjunctiva
- 9. D-shaped pupil occurs in:
- a. Iridocyclitis
- b. Iridodenesis
- c. Cyclodialsis
- d. Iridodialysis√
- 10. Everbusch operation is for
- A. Ptosis 🗸
- B. Proptosis
- C. Lagophthalmos
- D. Entropion
- 11. False regarding pseudo pterygium
- A. Stationary
- B. Seen at any site
- C. Probe cannot be passed ✓
- D. Can occur at any age
- 12. Abnormal dryness is seen in
- A. Xerophthalmia 🗸
- B. Trichiasis
- C. Hordeolum
- D. Pterygium

- 13. Satellite nodules in the cornea are caused by
- a. bacteria
- b. virus
- c. fungus \checkmark
- d. rickettsia

The presence of satellite lesions strongly suggests a fungal infection

- 14. 'Salmon patches' are seen in
- a. haemorrhage into the cornea
- b. interstitial keratitis \checkmark
- c. retinitis pigmentosa
- d. phlyctenular keratitis

In Interstitial keratitis (IK) vascular invasion and stromal necrosis cause the pinkish discoloration of corneal tissue called as Salmon patch of Hutchinson

- 15. The deposits seen in arcus senilis is
- a. lipid 🗸
- b. calcium
- c. hyaline
- d. none of the above

Arcus senilis is a white or gray opaque ring or arc that develops around the cornea of the eye. The arc or ring that occurs due to lipids (fats) or cholesterol deposit in the cornea.

- 16. Cornea is thinned in
- a. keratoconus ✓
- b. Fuchs' dystrophy
- c. keratoglobus
- d. all of the above
- 17. Band-shaped keratopathy is due to
- a. calcareous degeneration \checkmark
- b. hyaline degeneration
- c. fatty degeneration
- d. elastotic degeneration
- 18. Munson's sign is seen in
- a. episcleritis
- b. chalcosis
- c. keratoconus ✓
- d. retinal detachment

- 19. Common cause of non-healing corneal ulcer
- a. chronic dacryocystitis
- b. raised intraocular pressure
- c. diabetes mellitus
- d. all of the above ✓

20. The earliest symptom to occur in corneal ulcer is

- a. pain
- b. photophobia 🗸
- c. loss of sensation
- d. diminished vision
- 21. Fascicular ulcer is present in
- a. Mooren's ulcer
- b. neuroparalytic keratitis ✓
- c. herpes zoster
- d. marginal ulcer

22. Rupture of Descemet's membrane is seen in

- a. keratoconus 🗸
- b. rubella
- c. glaucoma
- d. retinoblastoma
- 23. Bullous keratopathy involves
- a. Descemet's membrane
- b. epithelium
- c. endothelium \checkmark
- d. Bowman's membrane

24. In case of central dense leucoma treatment of choice is

- a. penetrating keratoplasty ✓
- b. lamellar keratoplasty
- c. tattooing
- d. enucleation

25. Ciliary congestion is most marked at the :

A.sclera

B.fornix

C.bulbar conjunctiva

D.limbus 🗸

Ciliary congestion is most marked at Limbus and conjunctival congestion is most marked in the fornices.

26. Which of the following bacteria most commonly involves in acute dacryocystitis?

- A. Staphylococci ✓
- B. Pneumococci
- C. Hemophilus Influenzae
- D. Pseudomonas aeruginosa

27. Cobble stone pappilae are pathogenesis of:

A.trachoma

B.inclusion conjunctivitis

C.vernal conjunctivitis ✓

D.adenoviral conjunctivitis

Vernal keratoconjunctivitis (VKC) is also known as spring catarrh

- 28. Following bacteria penetrate intact epithelium:
- a) Gonococcus. ✓
- b) Pneumococcus.
- c) Diplococcus.
- d) Tubercle bacillus.
- e) Aspergillus.

Quick tip 😜

- Organisms Eat the cornea AS LuNCH
- *A* -Acanthomeba (perineural)
- *S* -Shigella
- *L* -Listeria
- *N* -Neisseria (gonorrhea and meningitis)
- *C* -Corynebacteria diphtheria
- *H* -Haemophilus aegyptius

29. Resistance to infection inside the eye is low because of:

- a) Low temperature.
- b) High pressure.
- c) No direct blood supply. \checkmark
- d) Easy metastasis.
- e) Very high metabolism.
- 30. Herbert's pits are seen on the
- a. lid margin
- b. palpebral conjunctiva
- c. Arlt's line
- d. limbus 🗸

Acute trachoma is characterized by a follicular conjunctivitis that is usually bilateral and usually more prominent on the superior tarsal conjunctiva. Follicles may also appear at the limbus, and when these heal, they form the pathognomonic cicatrial scars, known as Herbert's pits.

- 31. Tranta's spots are noticed in cases of:
- a. Active trachoma
- b. Vernal kerato conjunctivitis ✓
- c. Corneal phlycten
- d. Vitamin A deficiency

Bulbar form of VKC is characterised by dusky red triangular congestion of bulbar conjunctiva in palpebral area, gelatinous thickened accumulation of tissue around limbus and presence of discrete whitish raised dots along the limbus known as Tranta's spots.

- 32. Organism causing ophthalmia neonatorum is
- a. Neisseria gonorrhoeae ✓
- b. staphylococci
- c. streptococci
- d. Neisseria meningitidis
- 33. Bitot's spots are associated with
- a. vitamin A deficiency ✓
- b. vitamin D deficiency
- c. vitamin E dificiency
- d. all of the above

Signs of vitamin A deficiency, as graded by the WHO, are:

Night blindness (XN) Conjunctival xerosis (X1A) Bitot's spots (X1B) Corneal xerosis (X2) Corneal ulcer covering less than 1/3 of the cornea (X3A) Corneal ulcer covering at least 1/3 of the cornea, defined as keratomalacia (X3B) Corneal scarring (XS)

- 34. Phlyctenular conjunctivitis is due to
- a. pneumococcus
- b. Pseudomonas pyocyanea
- c. allergy to endogenous protein \checkmark
- d. allergy to exogenous protein
- 35. Blood vessels in a trachomatous pannus lie

- a. beneath the Descemet's membrane
- b. in the stroma
- c. between Bowman's membrane and stroma
- d. between Bowman's membrane & epithelium ✓

36. Cobblestone appearance of the conjunctiva is seen in

- a. spring catarrh ✓
- b. angular conjunctivitis
- c. eczematous conjunctivitis
- d. trachoma

37. As a complication of acute mucopurulent conjunctivitis, the corneal ulcers that develop are

- a. marginal 🗸
- b. central
- c. anywhere on cornea
- d. no where

38. Pupil is pinpoint in

- a. optic atrophy
- b. absolute glaucoma
- c. atropine
- d. iritis 🗸
- 39. Cogan's syndrome is associated with?
- A. Keratitis 🗸
- B. Conjunctivitis
- C. Iritis
- D. Myopia

Cogan's syndrome is seen in middle aged adults.

The features include interstitial keratitis, acute tinnitus, vertigo and deafness. Treatment is by usage of topical and systemic corticosteroids.

Early treatment is necessary to prevent permanent deafness and blindness.

- 40. Which of the following is seen in Lowe's syndrome?
- A. Glaucoma ✓
- B. Choroiditis
- C. Secondary cataract
- D. Myopia

Lowe's syndrome is oculo-cerebro-renal syndrome. It is an inborn error of amino acid metabolism. Congenital cataract and glaucoma are the ocular features. Mental retardation, dwarfism, osteomalacia and muscular hypotonia are the other features seen in this syndrome.

- 41. Paralysis of which cranial nerve cause neuroparalytic keratitis
 - A. 3rd
 - B. 4th
 - C. 5th ✓
 - D. 6th
- 42. Weiss operation is done for?
- A. Cicatricial entropion
- B. Senile entropion ✓
- C. Senile ectropion
- D. Cicatricial ectropion.
- 43. Hypopyon is seen in
 - A. Bacterial Corneal ulcer
 - B. Fungal Corneal ulcer
 - C. Viral Corneal ulcer
 - D. A&B√
- 44. Anterior uveitis include all except
 - A. Iritis
 - B. Iridocyclitis
 - C. Anterior cyclitis
 - D. Pars planitis ✓

45. Abnormally eccentric placed pupil is known as

- A. Iredermia
- B. Corectopia√
- C. Heterochromia
- D. Polycoria
- 46. Watery discharge is seen in which conjunctivitis
 - A. Bacterial
 - B. Viral√
 - C. Chlamydial
 - D. All

47. HSV can be associated with :

- A. Keratitis
- B. Uveitis
- C. Retinitis
- D. All the above \checkmark

48. Upperr eye lid retraction is typically a sign of:

- a. entropion
- b. Ptosis
- c. orbital fracture
- d. thyroid eye disease \checkmark
- 49. Ankyloblepharon is
- A. Adhesion of both lid margin ✓
- B. Adhesion of palpebral conjunctiva and bulbar conjunctiva
- C. Double row of lashes
- D. None

50. Iridis circulus major is situated at

- A. Pupil
- B. Ciliary body
- C. Root of iris ✓
- D. Collarette

Each of the two long ciliary arteries, having reached the attached margin of the iris, divides into an upper and lower branch; these anastomose with corresponding branches from the opposite side and thus encircle the iris; into this vascular circle (Major circulus arteriosus of iris) the anterior ciliary arteries pour their blood, and from it vessels converge to the free margin of the iris, and there communicate and form a second circle (Minor circulus arteriosus of iris).

- 51. Substance deposited in Band Shaped Keratopathy is?
- A. calcium phosphate ✓
- B. magnesium phosphate
- C. magnesium sulphate
- D. Iron
- 52. Corneal nerves are not enlarged in
- A.Keratoconus
- B. Leprosy
- C. Herpes simplex keratitis ✓
- D. Neurofibromatosis

- 53. False about Bitot spots is?
- A. accumulation of keratinized epithelial debris
- B. appear on the conjunctiva
- C. appear on the cornea \checkmark
- D. develop into xerophthalmia if not treated

54. Poliosis is

- A. Double row of lashes
- B. Multiple row of lashes
- C. Whitening of lashes ✓
- D. Absence of lashes

Other disorders of Lashes

Hypertrichosis-overgrowth of the lashes Hypotrichosis-lack or absence of the lashes Distichiasis-double row of lashes

55. Inversion of the lid margin

- A. Entropion ✓
- B. Ectropion
- C. Trichiasis
- D. Ptosis

56. Which of the following entropion type is usually a temporary condition

- A. Senile
- B. Mechanical
- C. Cicatricial
- D. Acute spastic ✓

Acute spastic is caused by spasm of the orbicularis muscle seen in chronic corneal irritation, prolonged bandaging or essential blepharospasm. It involves mostly the lower lid and is usually a temporary condition

- 57. Hyperemia is minimal at
- A. Palpebral conjunctiva
- B. Limbus \checkmark
- C. Fornices
- D. Equal everywhere

- 58. Crede's method is used in treating
- A. Follicular conjunctivitis
- B. Ophthalmia neonatorum ✓
- C. Membranous conjunctivitis
- D. Trachoma

59. Epidemic keratoconjunctivitis (EKC) is caused by

- A. Fungus
- B. Adenovirus ✓
- C. Chlamydia
- D. Allergies

60. Common causitive organism of Acute serpiginous ulcer (Ulcus serpens)

- A. Staphylococcus
- B. Enterococcus
- C. Gonococcus
- D. Pneumococci 🗸

Another name of Pneumococci is Streptococcus pneumoniae

MCQs- Cataract

- 1. Most common type cataract in adults
- A. Nuclear
- B. Cortical ✓
- C. Zonular
- D. Morgagnian

Approximately 70% cortical 25% nuclear 5% posterior subcapsular

- 2. Most common congenital or developmental cataract
- A. Lamellar
- B. Blue Dot ✓
- C. Total nuclear
- D. Rubella cataract

Lamellar is also known as Zonular cataract

- 3. Most common congenital or developmental cataract presenting with vision impairment
- A. Blue Dot
- B. Coronary
- C. Lamellar ✓
- D. Total nuclear
- 4. Zonular cataract got the name because
- A. It involves Zonules of Zinn
- B. It involves different zones of lens ✓
- C. It involves nucleus of lens
- D. It is bilateral
- 5. Refractive error associated with Nuclear cataract
- A. Hypermetropia
- B. Myopia 🗸
- C. Astigmatism
- D. Presbyopia
- 6. Pigment accumulate in nuclear cataract
- A. Visual pigment
- B. Melanin
- C. Adinochrome
- D. Urochrome ✓

MCQs- Cataract

- 7. In old age "second sight phenomenon" occur due to
- A. Cataract surgery
- B. Presbyopia
- C. Cortical cataract
- D. Nuclear cataract ✓

Early nuclear cataract lead to myopia, and presbyopia patients may say the near vision is improved. This is known as second sight.

- 8. Iris shadow is seen in which stage of cortical cataract
- A. Incipient stage
- B. Hyper mature stage
- C. Mature stage
- D. Immature stage ✓
- 9. Sunset syndrome is due to
- A. Night blindness
- B. Immature cataract
- C. Subluxated cataractous lens
- D. Subluxated IOL ✓

10. In bipolar cataract

- A. Both eye anterior polar cataract
- B. Both eye posterior polar cataract
- C. One eye anterior polar and other eye posterior polar
- D. Anterior and posterior polar in same eye \checkmark

11. In intra capsular cataract extraction, which part of the capsule is left behind

- A. Anterior
- B. Posterior
- C. Both
- D. None 🗸
- 12. Chlorpromazine-induced cataract is
- A. Anterior polar
- B. Posterior polar
- C. Anterior subcapsular \checkmark
- D. Posterior subcapsular
- 13. Cataract associated with long-term use of miotics
- A. Anterior polar
- B. Posterior polar
- C. Anterior subcapsular \checkmark
- D. Posterior subcapsular

Anterior subcapsular granular type of cataract may be associated with long-term use of miotics, particularly long acting cholinesterase inhibitors such as echothiophate, demecarium bromide, disopropyl fluorophosphate (DFP). Removal of the drug may stop progression and occasionally may cause reversal of cataract.

14. All are causes of posterior subcapsular cataract except

- A. Complicated cataract
- B. Steroid induced cataract
- C. Chlorpromazine cataract ✓
- D. Traumatic cataract
- 15. Choice of treatment for aphakia
- A. Spectacle
- B. Contact lens
- C. IOL implantation \checkmark
- D. LASIK

16. Phacotopic glaucoma occur due to

- A. Swollen cataractous lens
- B. Leakage of lens protein
- C. Subluxated or dislocated hypermature lens ✓
- D. Rupture of posterior capsule in ECCE
- Swollen lens- phacomorphic glaucoma

Leakage of lens protein- phacolytic glaucoma

- 17. Retinal detachment is more common after
- A. ICCE ✓
- B. ECCE
- C. SICS
- D. MICS
- 18. After cataract will not occur in
- A. ICCE ✓
- B. ECCE
- C. SICS
- D. MICS
- 19. Post operative astigmatism is more after
- A. ICCE ✓
- B. ECCE
- C. SICS
- D. MICS

MCQs- Cataract

- 20. Post operative astigmatism is more commonly
- A. With the rule
- B. Against the rule ✓
- C. Oblique
- D. Biobliqe
- 21. Ring of Sommerring is a type of
- a. congenital cataract
- b. complicated cataract
- c. after cataract ✓
- d. traumatic cataract

22. Rosette-shaped cataract is a feature of

- a. traumatic cataract ✓
- b. diabetic cataract
- c. coronary cataract
- d. complicated cataract

23. Snow flakes cataract is found in cases with

- a. gout
- b. rheumatoid arthritis
- c. diabetes mellitus \checkmark
- d. hypothyroidism

24. Second sight is seen in

- a. Aphakia
- b. After cataract
- c. Senile Nuclear cataract ✓
- d. Senile Cortical cataract

25. Immature Nuclear cataract changes the refraction of the eye into

- a. Myopia 🗸
- b. Hypermetropia
- c. Astigmatism
- d. No change

26. The type of laser used to treat Posterior capsule

opacification

- A)Yag laser√
- B)Argon laser
- C)Diode laser
- D)Excimer laser

MCQs- Cataract

- 27. Most common cause of dimintion of vision after ECCE is
- a) Cystoid macular edema
- b) Posterior capsule opacification ✓
- c) Corneal decompansation
- d) Retinal detachment
- 28. Sun-set syndrome occurs due to
- A) inferior subluxation of IOL \checkmark
- B) Nuclear cataract
- C) dislocation of IOL into vitreous
- D) Lenticular sclerosis
- 29. Fincham's test differentiates cataract from:
- A)Retinal detachment
- B) uveitis
- C) glaucoma ✓
- D) diabetic retinopathy

30. Which of the following conditions can cause uniocular diplopia

- A) subluxation of IOL
- B) incipient cataract
- C) keratoconus
- D) all the above \checkmark

31. All are causes of Inherited Ectopia Lentis except

- A. Marfan's syndrome
- B. Weill-Marchesani syndrome
- C. Homocystinuria
- D. Hypermature cataract ✓
- 32. Subluxated lens without
- vitreous involvement is removed by
- A. ECCE
- B. ICCE
- C. Phacoemulsification
- D. All
- 33. Cryoextraction of cataract is done in
- A. ECCE
- B. ICCE
- C. Phacoemulsification
- D. All

MCQs-Cataract

- 34. All are features of nuclear sclerosis except
- A. Painless progressive loss of vision
- B. Grey lens
- C. Presence of iris shadow \checkmark
- D. Vision usually improves on pin-hole

35. Radiation Cataract may occur due to exposure to

- A. Infrared
- B. X ray
- C. Ultraviolet
- D. All 🗸
- 36. Lamellar cataract is a type of
- A. Acquired cataract
- B. Developmental cataract ✓
- C. Traumatic cataract
- D. Secondary cataract

37. The glucose metabolism in the lens is mainly by

- A. Glycolytic pathway ✓
- B. Pentose, Hexose, Monophosphate (HMP) shunt
- C. Kreb's citric acid cycle
- D. Sorbitol pathway

All are glucose metabolism pathways, 80% of glucose metabolism in the lens is by Glycolytic pathway.

38. The crystalline lens gets its nutrition mainly through

- A. Aqueous humour ✓
- B. Vitreous humour
- C. Tears
- D. Atmosphere

39. Rosette cataract in seen due to

- a. Trauma 🗸
- b. Cu-foreign body
- c. Diabetes
- d. Hyperparathyroidism

40. Which is not associated with zonular cataract

- a. Diabetes 🗸
- b. Intrauterine growth restriction
- c. Rickets
- d. Dental abnormalities

MCQs-Cataract

41. Uniocular polyopia is seen in which stage of cataract

- a. Intumescent
- b. Mature
- c. Hypermature
- d. Incipient√

42. In complicated cataract, the following part of the lens is involved

- a. Anterior capsule
- b. Nucleus
- c. Posterior capsule ✓
- d. All of the above

When posterior part of lens capsule is affected following changesoccur: Bread-crumb opacities, Polychromatic lustre, Chalky white opacity of lens

- 43. Oil drop cataract is seen in
- a. Hunters syndrome
- b. Galactosemia 🗸
- c. Steroid therapy
- d. Rubella

44. Most common type of cataract due to exposure to radiation is

- a. Posterior subcapsular ✓
- b. Anterior subcapsular
- c. Total cataract
- d. Nuclear cataract
- 45. Vossius ring is seen on
- a. Anterior capsule \checkmark
- b. Posterior capsule
- c. Nucleus
- d. Cortex

46. Most common complication of ECCE is :

- a. Retinal detachment
- b. PCO√
- c. Vitreous Haemorrhage
- d. None
- 47. IOL commonly used in ECCE
- a. Iris fixed
- b. ACIOL
- c. PCIOL 🗸
- d. Angle support

MCQs-Cataract

48. Unilateral aphakia is corrected by any of the following except:

- a. ACIOL
- b. PCIOL
- c. Contact tens
- d. Glasses
- 49. Ideal site for IOL implantation
- a. Anterior chamber
- b. Endosulcus
- c. Ciliary supported
- d. Capsular bag ✓
- 50. Phakolytic glaucoma is best treated by:
- a. Peripheral iridectomy
- b. Cataract extraction \checkmark
- c. Trabeculectomy
- d. Miotics and Beta blockers

51. Most common cause of acquiredcataract

- A. Hereditary
- B. Diabetics
- C. Smoking
- D. Ageing \checkmark

Exposure to UV light plays a vital role in cataract formation in adults.

- 52. Clinical assessment of cataract progression is done mainly using
- A. Visual acuity test ✓
- B. Contrast sensitivity tests
- C. Ophthalmoscopy
- D. Perimetry
- 53. Examination of lens is mainly done using
- A. Slit lamp ✓
- B. Ophthalmoscope
- C. Retinoscpe
- D. Gonioscope
- 54. In phacoemulsification incision is usually
- A. <3mm√
- B. >3mm
- C. 6mm
- D. 10mm

MCQs- Cataract

- 55. Main cause of painless progressive loss of vision in adults
- A. Cataract ✓
- B. Open angle glaucoma
- C. ARMD
- D. Progressive myopia

MCQs- Glaucoma

1. The Mydriasis Provocative Test is a test for which glaucoma

A. POAG

B. PACG✓

C. NTG

D. All

Mydriatic provocative test is usually not preferred nowadays because this is not physiological. In this test either a weak mydriatic or simultaneously a mydriatic and miotic (10% phenylephrine and 2% pilocarpine) are used to produce a mid-dilated pupil. A pressure rise of more than 8 mm Hg is considered positive.

2. Dark room test is a provocative test for

- A. POAG
- B. PACG✓

C. NTG

D. None

In Darkroom test IOP is recorded and patient is made to lie prone in a darkroom for 1 hour. Patient should must remain awake so that pupils remain dilated. After 1 hour, the IOP is again measured. An increase in IOP of more than 8 mm Hg is considered diagnostic of PACG suspect.

3. Mydriatics are contraindicated if the anterior chamber is

- a. Deep
- b. Shallow ✓
- c. Normal
- d. Irregular

This is because of the risk of angle closure glaucoma.

- 4. Pachymetry is done in
- a. Glaucoma
- b. Fuch's distrophy
- c. Before LASIK

d. All ✓

pachymetery is the measurement of thickness of cornea Pachymetery is important in Keratoconus screening, IOP measurements, before surgeries like LASIK, Limbal Relaxing Incisions (LRI) etc

- 5. Treatment of choice for the other eye in primary narrow angle glaucoma is
- A. Trabeculectomy
- B. Laser iridotomy ✓
- C. Laser trabeculoplasty
- D. Iridectomy

MCQs- Glaucoma

- 6. 100 days glaucoma is seen in:
- a. Central retinal artery occlusion
- b. Central retinal vein occlusion \checkmark
- c. Neovascular glaucoma
- d. Steroid induced glaucoma

100 days Glaucoma is a neovascular glaucoma occurring in CRVO. It consists of occlusion of central retinal vein without significant retinal ischemia. This results in a venous stasis. Recurrent hemorrhages are frequent and neovascularization of retina and optic disc develop. Retina undergoes pigmentary and atrophic changes. Serious complications are cystoid degeneration of macula, optic atrophy and hemorrhagic or neovascular glaucoma.

Hemorrhagic glaucoma is also known as 100 day glaucoma because it starts 3 months after the episode of central retinal vein occlusion.

- 7. In early glaucomatous cupping, disc is:
- a. Round
- b. Oval vertically \checkmark
- c. Oval horizontally
- d. Pinpoint
- Early glaucomatous changes include:
- 1. Vertical oval disc
- 2. Asymmetry of >0.2 between the eyes
- 3. Large cup, ie 0.6 or more
- 4. Pallor of the disc
- 5. Splinter haemorrhages
- 6. Atrophy of RNFL

8. The eyes susceptible to angle closure glaucoma are:

- a) Hypermetropic eye ✓
- b) Myopic eye
- c) Astigmatic eye
- d) Pseudophakic eye

Hypermetropic eyes are usually small, axial length lesser and Anterior chamber is shallow. So People with hypermetropia tend to be more at risk for narrow-angle glaucoma

- 9. Beta Blockers lower IOP mainly by
- A) Decreased aquous production \checkmark
- B) Increased aquous drainage
- C) Lower episcleral venous peressure
- D) All of above

Topical beta-blockers reduce the intraocular pressure (IOP) by blockade of sympathetic nerve endings in the ciliary epithelium causing a fall in aqueous humour production. Two types of topical beta-blockers are available for use in glaucoma: nonselective, which block both beta 1- and beta 2-adrenoceptors; and cardioselective, which block only beta 1-receptors. Of the beta-Blockers commercially available, timolol, levobunolol, metipranolol and carteolol are nonselective, and betaxolol is cardioselective.

Pilocarpine contracts longitudinal muscle of ciliary body and opens spaces in trabecular meshwork, thereby mechanically increasing aqueous outflow

carbonic anhydrase inhibitor like Dorzolamide lowers IOP by decreasing aqueous secretion.

- 10. Rapid change in presbyopic correction is a classical feature of
- a. Retinal detachment
- b. open angle glaucoma ✓
- c. closed angle glaucoma
- d. Senile Cataract

There are typically no early warning signs or painful symptoms of open-angle glaucoma. It develops slowly and sometimes without noticeable sight loss for many years.

due to constant pressure on the ciliary muscle and its nerve supply ,accommodative failure happens and frequent changes in presbyopic glasses may be noticed

Other early symptoms include delayed dark adaptation mild headache and eyeache.

- 11. Coloured halos around light are not seen in
- a. early stages of closed angle glaucoma
- b. early stages of cataract
- c. acute mucopurulent conjunctivitis
- d. Corneal aberrations \checkmark

Coloured halos in PACG occur due to accumulation of fluid in the corneal epithelium and alteration in the refractive condition of the corneal lamellae. In early senile cataract, due to presence of water droplets in the lens coloured halos may occur. In conjunctivits the halos are due to discharge and can be eliminated by irrigating the eyes.

Emsley-Fincham stenopaeic test is used to differentiate between halos due cornea and halo due to lens. When stenopaeic slit is passed across the pupil, lenticular halo will show a break in the halo due to abrupt varied density in cataract, whereas a corneal halo will show reduced brightness (but no break) in the halo as any change in edema if present is gradual.

12. In Van Herick slit-lamp grading, closed angle is graded as

- a. Grade 0 🗸
- b. Grade 1
- c. Grade 4
- d. None of the above

The Van Herick technique for grading the depth of anterior chamber angles is one of the easiest methods to estimate the "openness" of the angle.

With an optic section of the limbal cornea, orient your beam at about a 60 degree angle and compare the width of the corneal section and the width of the shadow adjacent to it.

VH grade 0 indicate closed angle <u>Other grades</u> 1:1 – Open angle, VH grade 4 1:1/2 – Open angle, VH grade 3 1:1/4 – Narrow angle, VH grade 2 (Angle Closure Possible) 1: <1/4 – very narrow Angle, likely to be angle closure VH grade 1

- 13. Increased ocular pressure in Buphthalmos causes all the following EXCEPT
- a. streching of sclera
- b. corneal vascularisation \checkmark
- c. corneal curvature promisence
- d. Rupture of Descemet's memebrane
- 14. All are causes of Sudden painless loss of vision except
- A. Central serous retinopathy
- B. Optic neuritis
- C. Primary Open Angle Glaucoma ✓
- D. Nonischaemic central retinal vein occlusion
- 15. Glaucoma which is also known as Chronic Simple Glaucoma
 - A. Primary Angle Closure Glaucoma
 - B. Primary Open Angle Glaucoma ✓
 - C. Normal Tension Glaucoma
 - D. Congenital Glaucoma
- 16. Test not used in glaucoma evaluation
- A. Pachymetery
- B. Perimetry
- C. Keratometry ✓
- D. Ophthalmoscopy

- 17. Night blindness may occur in all except
- a. Vitamin A deficiency
- b. High myopia
- c. Angle closure glaucoma ✓
- d. Oguchis disease

Night blindness may occur in Open angle glaucoma. In advanced cases of primary open angle glaucoma, dark adaptation may be so much delayed that patient gives history of night blindness.

18. POAG field changes may include all the following except:

- a. Arcuate scotoma.
- b. Hemianopia 🗸
- c. Enlarged blind spot
- d. Tubular vision

Hemianopic defects are due to lesions in visual pathway

- 19. All the following are features of POAG except:
- a. Tubular vision
- b. Enlarged blind spot
- c. General depression of isopters
- d. Loss of central fields \checkmark

20. In acute angle closure glaucoma the pupil is:

- a. Rounded, irreactive and dilated
- b. Pin point constricted
- c. Oval, vertically dilated ✓
- d. Normal sized, reactive

21. Early features of chronic simple glaucoma include all except:

- a. Mild headache
- b. Acute onset \checkmark
- c. Frequent change of persbyopic glasses
- d. Clear cornea
- 22. Chances of PACG increase in all except:
- a. Small cornea
- b. Flat cornea√
- c. Shallow AC
- d. Short axial length

23. In POAG, the earliest field defect is:

- a. Arcuate scotoma
- b. Baring of blind spot \checkmark
- c. Bjerrum's scotoma
- d. Siedel's scotoma

24. Applanation tonometry is based on

- A. Imbert-Fick principle ✓
- B. Goldman's equation
- C. Perkins principle
- D. Principle of indentation

The intraocular pressure (IOP) of the eye is determined by the balance between the amount of aqueous humor - that the eye makes and the ease with which it leaves the eye.

The Goldmann equation states:

Po = (F/C) + Pv ; Po is the IOP in millimeters of mercury (mmHg), F is the rate of aqueous formation, C is the facility of outflow, and Pv is the episcleral venous pressure

Applanation tonometry is based on the Imbert-Fick principle, which states that the pressure inside an ideal dry, thin-walled sphere equals the force necessary to flatten its surface divided by the area of flattening (P = F/A, where P = pressure, F = force and A = area). In applanation tonometry, the cornea is flattened and the IOP is determined by varying the applanating force or the area flattened

- 25. Most accurate measurement of IOP is done using
 - A. Digital tonometry
 - B. Schiotz tonometry
 - C. Pneumotonometry
 - D. Applanation tonometry ✓
- 26. latrogenic glaucoma occur due to
- A. Angle recession
- B. IOL dislocation
- C. Steroid use ✓
- D. Aphakia

27. All are features of Primary Open-angle Glaucoma except

- A. Acute onset ✓
- B. Painless loss of vision
- C. Field defects
- D. Cupping of disc.

- 28. End stage of all glaucomas
- A. Absolute glaucoma ✓
- B. Acute congestive glaucoma
- C. Total glaucoma
- D. None
- 29. Bayoneting of blood vessels is a sign of
- A. Diabetic retinopathy
- B. ARMD
- C. Glaucoma ✓
- D. Retinal detachment
- 30. Which of these is not a likely cause of painful red eye in a patient?
- A. Open angle glaucoma ✓
- B. Closed angle glaucoma
- C. Conjunctivitis
- D. Herpes simplex
- 31. Essential feature of glaucoma is:
- A. Optic neuropathy ✓
- B. Raised intraocular pressure
- C. Reduced vision
- D. Angle closure

Glaucoma is basically a type of progressive optic neuropathy with primary and secondary forms. Raised IOP is just a sign. Glaucoma exist without raised IOP also(NTG).

Raised IOP without neuropathy signs is not glaucoma, it is Ocular hypertension.

- 32. Uveo-scleral outflow of aqueous humor is increased by:
- A. Prostaglandins ✓
- B. Beta blockers
- C. Miotics
- D. Carbonic anhydrase inhibitors
- 33. Risk factors for glaucoma include:
- A. Cardiovascular diseases
- B. Family history of glaucoma
- C. Hypothyroidism
- D. All 🗸

34. Floaters can be seen in all of the following except ?

- a. Vitreous hemorrhage
- b. Retinal detachment
- c. Uveitis
- d. Acute congestive glaucoma \checkmark

35. In chronic simple glaucoma, headache and eye pain is

- A. Abscent
- B. Mild ✓
- C. Severe
- D. Excruciating

1. Neuosensory part of retina contains how many layers

- A. 7
- B. 8
- C. 9√
- D. 10

Including pigment epithelium there are 10 layers. There is a space between pigment epithelium and Neuro sensory part of retina. Interphotoreceptor matrix (IPM) is present in the potential space between pigment epithelium and the neurosensory retina and it constitutes a strong binding mechanism between the two (by binding pigment epithelium to the photoreceptor).

Constituent molecules of IPM include:

Inter photoreceptor retinal binding protein (IRBP), proteoglycan- glycosaminoglycans (sulphated and nonsulphated chondroitin and hyaluronic acid), fibronectin, sialoprotein associated with rods and cones (SPARC), intercellular adhesion molecules, hyaluronic acid receptor (CD44 antigen), and lysosomal enzymes (matrix metalloproteinases and tissue inhibitors of metalloproteinases(TIMP).

- 2. Retinal layer which is close to vitreous body
- A. Pigment epithelium
- B. External limiting membrane
- C. Internal limiting membrane ✓
- D. Nerve fibres layer
- 3. Retinal layer which is close to choroid
- A. Pigment epithelium ✓
- B. External limiting membrane
- C. Internal limiting membrane
- D. Nerve fibres layer

Pigment epithelium is firmly adherent to the underlying basal lamina (Bruch's membrane) of the choroid.

- 4. Retinal layer which act as antireflecive layer
- A. Pigment epithelium ✓
- B. External limiting membrane
- C. Internal limiting membrane
- D. Nerve fibres layer
- 5. In retinal detachment, fluid accumulate between
- A. Retina and choroid
- B. Pigment epithelium and rest of retina ✓
- C. Internal limiting membrane and rest of retina
- D. Outer nuclear layer and inner nuclear layer

- 6. The first order neurones of visual pathway consists
- A. Rods and cones
- B. Bipolar cells ✓
- C. Ganglion cells
- D. Lateral geniculate body
- 7. Diameter of foveola
- A. 5.5 mm
- B. 1.5mm
- C. 0.35mm 🗸
- D. 0.1mm
- 8. Retina is thickest at
- A. Ora serrate
- B. Equatorial region
- C. Peripapillary region ✓
- D. Macular region
- 9. Retina is thinnest at
- A. Ora serrate 🗸
- B. Fovea
- C. Foveola
- D. Macula
- 10. True regarding blood supply of retina
- A. Whole retina is vascular
- B. Whole retina is avascular
- C. Outer four layers are avascular (pigment epithelium to outer nuclear layer) ✓
- D. Only Pigment epithelium layer is avascular
- 11. Most common cause of CRAO
- A. Embolism 🗸
- B. Angiospasm
- C. Retinal arteritis
- D. Raised IOP

All the above are causes of CRAO, Emboli from the carotid artery and those of cardiac origin are the most common cause of CRAO. Atherosclerosis related thrombosis at the level of lamina cribrosa is another common cause of CRAO.

12. In CRAO, patient may complaint

- A. Sudden painless loss of vision \checkmark
- B. Gradual painless loss of vision
- C. Sudden painful loss of vision

- D. None
- 13. Cherry red spot is seen in
- A. CRAO 🗸
- B. CRVO
- C. BRVO
- D. Diabetic retinopathy
- 14. Cattle truck appearance is seen in
- A. CRAO 🗸
- B. CRVO
- C. BRVO
- D. Diabetic retinopathy
- 15. Neo vascular glaucoma is a complication of
- A. Diabetic retinopathy
- B. Eales' disease
- C. CRVO
- D. All 🗸

Neovascular glaucoma is usually associated with neovascularization of iris (rubeosis iridis). It is a common feature of diseases like Proliferative diabetic retinopathy CRVO Sickle-cell retinopathy Eales' disease Chronic intraocular inflammations intraocular tumours Retinal detachment CRAO etc

- 16. Hard exudates are seen in
- A. Outer nuclear layer
- B. Outer plexiform layer ✓
- C. Ganglion cell layer
- D. Nerve fibre layer
- 17. Cotton wool spots are seen in
- A. Outer nuclear layer
- B. Outer plexiform layer
- C. Ganglion cell layer
- D. Nerve fibre layer ✓

18. In cystoid macular oedema, fluid accumulate in

- A. Outer nuclear layer
- B. Outer plexiform layer ✓
- C. Ganglion cell layer
- D. Nerve fibre layer

In CME collection of fluid is in the outer plexiform (Henle's layer) and inner nuclear layer of the retina, centred around the foveola.

- 19. Flame shaped haemorrhage occur in
- A. Outer nuclear layer
- B. Outer plexiform layer
- C. Ganglion cell layer
- D. Nerve fibre layer ✓
- 20. Henle's layer is
- A. Outer nuclear layer
- B. Outer plexiform layer ✓
- C. Ganglion cell layer
- D. Nerve fibre layer

21. Earliest and most pathogenic sign appear in diabetic retinopathy is

- A. Hard exudates
- B. Soft exudates
- C. Microaneurysm \checkmark
- D. Dot haemorrhages
- 22. Hard exudates are made up of
- A. Neovasularization
- B. Lipoproteins ✓
- C. Glycoproteins
- D. Mucopolysaccharides

23. In DR screening in type1 DM patient, first fundus examination should be done

- A. At the time of diagnosis
- B. After 2 months
- C. After 1 year
- D. After 5 years ✓

Type 1 diabetes (juvenile diabetes) is insulin-dependent diabetes. It is a chronic condition in which the pancreas produces little or no insulin. It is called juvenile-onset diabetes, because it often begins in childhood. Type 1 is less common but Risk is more.

Type 2 Diabetes (adult-onset diabetes) is non insulin dependent. It is a chronic medical condition in which body does not use insulin properly. Type 2 diabetes is the most common type of diabetes.

24. In diabetic retinopathy screening in type2 DM patient, first fundus examination be done A. At the time of diagnosis \checkmark

- B. After 2 months
- C. After 1 year
- D. After 5 years

- 25. True regarding diabetic retinopathy
- A. Always associated with hypertension
- B. Always associated with glaucoma
- C. Incidence increases with duration of disease \checkmark
- D. Seen only in uncontrolled diabetes

26. FFA sign seen in Central serous chorioretinopathy

- A. Ink blot pattern
- B. Smoke stack pattern
- C. Flower petal appearance
- D. A&B√
- 27. FFA sign seen in Cystoid macular oedema
- A. Ink blot pattern
- B. Smoke stack pattern
- C. Flower petal appearance ✓
- D. Hyperflourescence

28. In FFA, usually the dye is injected into

- A. Popliteal vein
- B. Anticubital vein \checkmark
- C. Subclavian vein
- D. Femoral vein
- 29. Average Arm-to-Retina circulation time
- A. 5-9 sec
- B. 10-15 sec ✓
- C. 5-8 min
- D. 10-15 min
- 30. Hypoflourescence is seen in all except
- A. Block flourescence
- B. Leakage of dye ✓
- C. Blocked retinal or choroidal circulation
- D. Loss of vascular tissue
- Leakage of the dye cause hyper flourescence
- 31. Length of intra orbital part of optic nerve
- A. 47-50mm
- B. 25-30mm 🗸
- C. 10-16mm
- D. 5-9mm

32. The optic nerve consists of

- axons that arise from
- A. Rods and cones
- B. Bipolar cells
- C. Ganglion cells ✓
- D. Amacrine cells

33. Fibres originating from the nasal halves of the both eyes decussate at

- A. Optic chiasma ✓
- B. Optic tract
- C. Lateral geniculate body
- D. Visual cortex
- 34. optic tract consists of fibres from
- A. Temporal half of the same eye and nasal half of opposite eye \checkmark
- B. Nasal half of the same eye and temporal half of opposite eye
- C. Nasal half of both eyes
- D. Temporal half of both eyes
- 35. Optic radiations extend from
- A. Retina to optic chiasma
- B. Optic chiasma to Lateral geniculate body
- C. Optic chiasma to visual cortex
- D. Lateral geniculate body to visual cortex ✓
- 36. Condition which Produce Visual Loss with a Normal Fundus
- A. Amblyopia
- B. Retrobulbar neuritis
- C. Chiasmal tumour
- D. All ✓
- 37. Candle wax spots are seen in retina
- A. Syphilis
- B. Sarcoidosis ✓
- C. Toxocariasis
- D. Toxoplasmosis
- 38. Snowball is a sign of
- A. Tuberculosis
- B. Leprosy
- C. Parsplanitis 🗸
- D. VKH syndrome

- 39. Snowbank is a sign of
- A. Tuberculosis
- B. Leprosy
- C. Parsplanitis ✓
- D. VKH syndrome

Pars planitis is considered a subset of intermediate uveitis and is characterized by the presence of white exudates (snowbanks) over the pars plana or by aggregates of inflammatory cells in the vitreous (snowballs) in the absence of an infectious or a systemic disease

40. In absence of light pupil will

- A. Dilate 🗸
- B. Constrict
- C. Remains same
- D. None
- 41. While sleeping pupil will
- A. Dilate
- B. Constrict ✓
- C. Remains same
- D. None

Causes of miosis

Effect of local miotic drugs (parasympathomimetic drugs). Effect of opioids like morphine. Heroin use. Iridocyclitis (narrow, irregular, nonreacting pupil). Horner's syndrome. Head injury. Senile rigid miotic pupil. Due to effect of strong light.

During sleep pupil is pinpoint.

- 42. When parasympatholytic drug applied on eye, pupil will
- A. Dilate 🗸
- B. Constrict
- C. Remains same
- D. None
- 43. When sympathomimetic drug applied on eye, pupil will
- A. Dilate ✓
- B. Constrict
- C. Remains same
- D. None

Causes of mydriasis

Effect of topical sympathomimetic drugs (e.g. adrenaline and phenylephrine). Effect of topical parasympatholytic drugs (e.g. atropine, homatropine, tropicamide and cyclopentolate). Acute congestive glaucoma (vertically oval large immobile pupil). Absolute glaucoma. Optic atrophy. Retinal detachment. Internal ophthalmoplegia. 3rd nerve paralysis.

44. In Horner's syndrome pupils are

- A. Dilated
- B. Constricted ✓
- C. Semi dilated
- D. No change

Horner syndrome (Horner's syndrome or oculosympathetic paresis) results from an interruption of the sympathetic nerve supply to the eye and is characterized by the classic triad of miosis (ie, constricted pupil), partial ptosis, and loss of hemifacial sweating (ie, anhidrosis), as well as enophthalmos (sinking of the eyeball into the bony cavity that protects the eye). The term Horner syndrome is commonly used in English-speaking countries, whereas the term Bernard-Horner syndrome is common in France.

Von Passow syndrome is an association of Horner syndrome with iris heterochromia.

45. In comple third nerve paralysis, pupil will

A. Dilate 🗸

- B. Constrict
- C. Remains same
- D. None
- 46. When a bright light is shown to one eye only
- A. Miosis occur in same eye
- B. Mydriasis occur in same eye
- C. Miosis occur in both eyes \checkmark
- D. Miosis occur in same eye and mydriasis in other eye
- 47. Systemic Opioids like morphine cause pupils
- A. Dilate
- B. Constrict ✓
- C. Remains same
- D. None

48.average Optic disc diameter is approximately

a. 1 mm

- b. 1.5 mm 🗸
- c. 0.5 mm
- d. 3 mm

Macula- 5.5mm Diameter Parafoveal area- 2.5mm Diameter Fovea- 1.5mm Diameter Foveola- 0.35mm Diameter

49. Optic nerve axon emerges from:

- a. Ganglion cells ✓
- b. Rods and cones
- c. Amacrine cells
- d. Inner nuclear layer

50. Length of optic nerve is

- a. 3cm
- b. 5cm ✓
- c. 10 cm
- d. 50 cm

Note- answer is given in centimetres, in millimetres answer will be 50

- 51. Optic nerve derives from
- a. Optic sulcus
- b. Optic vesicle
- c. Optic stalk ✓
- d. Surface ectoderm

52. Ptosis and mydriasis are seen in:

- a. Facial nerve palsy
- b. Optic nerve palsy
- c. Oculomotor nerve palsy ✓
- d. Sympathetic palsy

53. Homonymous hemianopia is the result of a lesion in:

- a. Optic chiasma
- b. Retina
- c. Optic tract \checkmark
- d. Optic nerve

Lesion in optic chiasma cause *bitemporal hemianopia*

- 54. Blind spot is also known as
- a. Yellow spot
- b. Fovea centralis
- c. Optic disc \checkmark
- d. Optic chiasma

Macula is also known as yellow spot

55. optic tract consists of retinal fibres from

- a. Temporal half of same eye and the nasal half of opposite eye \checkmark
- b. Nasal half of same eye and the temporal half of opposite eye
- c. All fibers from same eye
- d. All fibers from opposite eye

56. The optic nerve, also known as

- a. cranial nerve I
- b. cranial nerve II \checkmark
- c. cranial nerve III
- d. cranial nerve VII
- 57. At optic disc
- a. Only rod cells are present
- b. Only cone cells are present
- c. Both rods and cones are present
- d. Both rods and cones are absent \checkmark

58. Which cells of the retina are responsible for scotopic vision?

- A. bipolar cells
- B. rod cells \checkmark
- C. ganglion cells
- D. cone cells

59. Which part of the retina has the greatest sensitivity to light?

- A. the optic disc
- B. macula lutea
- C. the choroid
- D. fovea centralis ✓
- 60. Bitemporal hemianopia is seen with
- a. aneurysm of circle of Willis \checkmark
- b. temporal SOL
- c. frontal SOL
- d. retinoblastoma

- 61. Optic nerve contains
- a. pigment layer
- b. ganglion cell layer
- c. nerve fibre layer ✓
- d. all of the above

62. Ring scotoma is seen in

- a. papilloedema
- b. macular oedema
- c. central retinal artery occlusion
- d. retinitis pigmentosa \checkmark

63. Candle wax spots in the retina are seen in

- a. sarcoidosis 🗸
- b. toxocara
- c. syphilis
- d. cytomegalo inclusion virus

64. The retinoblastoma can present itself as

- a. amaurotic cat's eye
- b. hypopyon with esotropia
- c. enlargement of the globe
- d. all of the above \checkmark
- 65. Visual phototransduction occur in
- A. Retina 🗸
- B. Optic nerve
- C. Lateral geniculate body
- D. Visual cortex

66. Fibres originating from the nasal halves of the retina decussate at

- A. Optic nerve
- B. Optic tract
- C. Optic chiasma ✓
- D. Lateral geniculate body

67. After retinal stimulation the visual impulse reaches occipital cortex after

- a. 1/24 sec
- b. 24 m sec
- c. 124 m sec√
- d. 142 m sec

68. Retinal detachment may be associated with refractive error

- a. High Hypermetropia
- b. High myopia√
- c. Astigmatism
- d. None of the above

69. In CRAO, a cherry red spot is due to:

- a. Hemorrhage at macula
- b. Increased choroidal perfusion
- c. Increase in retinal perfusion at macula
- d. The contrast between pale retina and reddish choroids \checkmark

70. Which of the following is ideal for evaluating macular functions in a patient whose vision is only hand movement (HM)?

- a. Color perception \checkmark
- b. Confrontation test
- c. Light projection
- d. Light perception

71. Which of the following is not the blood supply to the optic nerve?

- a) Short posterior ciliary arteries.
- b) Central retinal artery.
- c) Middle meningeal artery. ✓
- d) Anterior cerebral artery.

72. Para sympathetic nerve supply to ciliary ganglion travels along:

- a) Nerve to inferior oblique. ✓
- b) Nerve to inferior rectus.
- c) Sympathetic supply to eyeball.
- d) Nerve of pterygoid canal.
- 73. Optic nerve contains
- a. pigment layer
- b. ganglion cell layer
- c. nerve fibre layer \checkmark
- d. all of the above
- 74. Optic disc is also known as
- a. macula lutea
- b. blind spot \checkmark
- c. foveola
- d. rods and cones

75. Superior oblique muscle is supplied by the

- a. optic nerve
- b. third cranial nerve
- c. fourth cranial nerve \checkmark
- d. sixth cranial nerve

76. The sensory nerve supply of the eye is by the

- a. optic nerve
- b. third cranial nerve
- c. fifth cranial nerve \checkmark
- d. seventh cranial nerve

Ophthalmic nerve (part of the trigeminal nerve, CN V): This nerve has three branches:

The lacrimal nerve runs to the lacrimal gland and gives off branches to the conjunctiva and skin of the superior eyelid.

The frontal nerve enters through the superior orbital fissure and provides sensory innervation to the superior eyelid, scalp, and forehead.

The nasociliary nerve is the sensory nerve to the eyeball. It also has branches that serve the orbit and other parts of the face. One of its branches, the infratrochlear nerve, supplies the eyelids, conjunctiva, and lacrimal sac.

- 77. Which of the following nerve is not a motor nerve to extra ocular muscles?
- a) 3rd cranial nerve
- b) 4th cranial nerve
- c) 5th cranial nerve ✓
- d) 6th cranial nerve

78. Which of the following is an essential nucleus for pupillary light reflex:

- a) Central grey matter.
- b) 3rd cranial nerve.
- c) Edinger Westphal nucleus.✓
- d) Pontine nuclei.

79. Following structure does not pass through annulus tendinosus:

- a) Optic nerve.
- b) Trochlear nerve. ✓
- c) Abducent nerve.
- d) Nasociliary nerve.

80. Pupil reflex fibres pass from retina to Edengar Westphal nucleus:

a) Directly.

- b) Via visual cortex.
- c) Via hypothalamus.
- d) Superior colliculus. ✓

81. Retinal blood supply is derived:

a) Only from central retinal artery.

b) Only from choroidal arteries.

c) From ophthalmic artery \checkmark

d) From anterior communicating.

82. The change unlikely to occur in eyes during the near vision is:

- a) Contraction of ciliary muscles.
- b) Constriction of pupil.
- c) Convergence of eye balls.
- d) Stimulation of sympathetic nerves.

83. A middle aged man is diagnosed to have a pituitary tumor damaging the center of the optic chiasma. The type of hemianopia in this man will be:

- a) Binasal.
- b) Bitemporal. 🗸
- c) Homonymous.
- d) Nasal.

84. A young man was able to see but could not interpret what was being seen. He was diagnosed to have word blindness. He was most likely to have lesion in:

a) Optic chiasma.

- b) Optic tract.
- c) Primary visual cortex.
- d) Visual association area. \checkmark

85. The cortical area involved in the control of voluntary eye fixation is:

- a) Angular gyrus.
- b) Frontal eye field. ✓
- c) Primary visual area.
- d) Visual association area.

86. When the pupil is dilated, there is decreased:

- a) Amount of light falling on the retina.
- b) Chromatic aberrations.
- c) Depth of focus of the image. \checkmark
- d) Spherical aberrations.

- 87. The corneal reflex pathway involves:
- a) Brain stem. 🗸
- b) Lateral geniculate body.
- c) Cerebral cortex.
- d) Optic nerve.

88. Lesion of the optic tract causes

- a. homonymous hemianopia \checkmark
- b. bitemporal hemianopia
- c. binasal hemianopia
- d. ipsilateral blindness

89. Scotopic vision is due to

- a. cones
- b. rods√
- c. both
- d. none

90. Visual acuity is a record of

- a. light sense
- b. form sense \checkmark
- c. contrast sense
- d. colour sense

91. Visual centre is situated in

- a. parietal lobe
- b. frontal lobe
- c. midbrain
- d. occipital lobe ✓
- 92. Optic nerve extends up to
- a. optic chiasma \checkmark
- b. optic tracts
- c. lateral geniculate body
- d. optic radiations

93. The normal field of vision superiorly is:

- a) 90 degrees.
- b) 60 degrees. ✓
- c) 70 degrees.
- d) 45 degrees.

The field of vision is the total area in which objects can be seen while fixing straight ahead. The extent of the normal visual field is limited in an individual by anatomical features such as the brow superiorly, the nose nasally and the cheek inferiorly. It is seen that the field for a white target extends 60° upwards, rather more than 90° outwards, 70° downwards and 60° inwards. The extent varies with illumination, size of the test-object, contrast of the test-object vis-à-vis the background, and the state of adaptation of the eye.

94. Highest visual resolution is seen in

- a. macula lutea
- b. fovea centralis \checkmark
- c. optic disc
- d. ora serrata

95. Second order neurons in the optic pathway are present in

- a. superior colliculus
- b. retina 🗸
- c. medial geniculate body
- d. lateral geniculate body
- 96. The sensory nerve supply of the eye is by the
- a. optic nerve
- b. third cranial nerve
- c. fifth cranial nerve ✓
- d. seventh cranial nerve

Ophthalmic nerve (part of the trigeminal nerve, CN V): This nerve has three branches: The lacrimal nerve runs to the lacrimal gland and gives off branches to the conjunctiva and skin of the superior eyelid.

The frontal nerve enters through the superior orbital fissure and provides sensory innervation to the superior eyelid, scalp, and forehead.

The nasociliary nerve is the sensory nerve to the eyeball. It also has branches that serve the orbit and other parts of the face. One of its branches, the infratrochlear nerve, supplies the eyelids, conjunctiva, and lacrimal sac.

97. Drug that cause Retinopathy due to long term usage

- A. Chloramphenicol
- B. Chloroquine ✓
- C. Phenylephrine
- D. Cortical steroids

- 98. Scleral buckling is done in
 - A. Diabetic retinopathy
 - B. Hypertensive retinopathy
 - C. Retinal detachment ✓
 - D. Angle closure glaucoma
- 99. Most common cause of optic atrophy in young patients is
 - A. Multiple sclerosis ✓
 - B. Toxic amblyopia
 - C. Steroid use
 - D. Trauma

100. Leasions in optic chiasma is mostly due to

- A. Bony erosion
- B. Pituitary gland tumours ✓
- C. Craniopharyngioma
- D. Trauma

1. In worth's 4 dot test, patient with Abnormal Retinal Correspondence will see

- A. 2 dots
- B. 3 dots
- C. 4 dots ✓
- D. 5 dots
- 2. In paralytic squint
- A. Primary deviation is more than Secondary deviation
- B. Primary deviation is equal to Secondary deviation
- C. Primary deviation is less than Secondary deviation \checkmark
- D. Secondary deviation is absent
- 3. Duane retraction syndrome (DRS) cause
- A. Concomitant squint
- B. Paralytic squint
- C. Restrictive squint \checkmark
- D. Pseudo squint
- 4. Forced duction test (FDT) is used to differentiate
- A. Latent squint and Manifest squint
- B. Concomitant squint and Incomitant squint
- C. Paralytic squint and restrictive squint \checkmark
- D. Concomitant squint and pseudo squint
- 5. Positive angle kappa cause
- A. Esotropia
- B. Exotropia
- C. Pseudoexotropia ✓
- D. Pseudoesotropia
- 6. Muscle pair involved in levoelevation
- A. Right SR and left IO
- B. Right SR and left SR
- C. Right IO and left IO
- D. Right IO and left SR \checkmark
- 7. Supranuclear eye movement system with sudden, jerky conjugate eye movements, that occur as the gaze shifts from one object to another is known as
- A. Saccadic system ✓
- B. Vergence system
- C. Vestibular system
- D. Optokinetic system

SUPRANUCLEAR CONTROL OF EYE MOVEMENTS

supranuclear control of eye movements helps maintaining binocular single vision even if the object or the observer's head and/or body moves

supranuclear eye movement systems

- 1. Saccadic system
- 2. Smooth pursuit system
- 3. Vergence system
- 4. Vestibular system
- 5. Optokinetic system
- 6. Position maintenance system

8. Position maintenance system maintain a specific gaze position by means of rapid micromovements called

- A. Jerks
- B. Saccades
- C. Drifts
- D. Flicks 🗸

Position maintenance system helps to maintain a specific gaze position by means of rapid micromovements called 'flicks' and slow micromovements called 'drifts'.

- 9. Not a cause of binocular diplopia
- A. Concomitant Squint 🗸
- B. Third nerve palsy
- C. Internuclear ophthalmoplegia
- D. Orbital floor fracture
- 10. In Paralytic squint, false projection is
- A. Abscent
- B. Negative
- C. Positive 🗸
- D. None
- 11. Primary action of inferior rectus
- A. Adduction
- B. Abduction
- C. Infraduction(depression) ✓
- D. Supraduction
- 12. Secondary action of inferior rectus
- A. Adduction
- B. Abduction
- C. Intorsion
- D. Extorsion ✓

- 13. Synergist muscle of inferior rectus
- A. Superior rectus
- B. Superior oblique ✓
- C. Inferior oblique
- D. Lateral rectus

14. Incycloduction is primary action of

- A. Medial rectus
- B. Inferior rectus
- C. Superior oblique ✓
- D. Inferior oblique

15. Contralateral antagonist of Right lateral rectus

- A. Right medial rectus
- B. Left medial rectus
- C. Left lateral rectus ✓
- D. None

Antagonist of Rt lateral rectus is Rt medial rectus, but Contralateral antagonist of Right lateral rectus is Left lateral rectus

- 16. Features of paralytic squint
- A. Diplopia
- B. False orientation
- C. Vertigo
- D. All ✓
- 17. Upward movement of the eye caused by
- A. Superior rectus
- B. Inferior oblique
- C. Both ✓
- D. None
- 18. _____ is also known as Infraduction
- A. Depression ✓
- B. Intorsion
- C. Adduction
- D. Abduction

Uniocular movements are called 'ductions'

Other names Adduction -medial rotation Abduction -lateral rotation elevation -Supraduction. Depression- Infraduction intorsion - Incycloduction extorsion - Excycloduction

19. Bielschowsky's head tilt test is used to diagnose which muscle palsy

- A. Medial rectus
- B. Superior oblique ✓
- C. Lateral rectus
- D. None

The Parks–Bielschowsky three-step test, also known as Park's three-step test or Bielschowsky head tilt test, is a method used to diagnose palsy of superior oblique muscle and trochlear nerve (IVth cranial nerve)

Step 1: Determine which eye is hypertropic in primary position. If there is right hypertropia in primary position, then the depressors of the R eye (IR/SO) or the elevators of the L eye are weak (SR/IO).

Step 2: Determine whether the hypertropia increases on right or left gaze. The vertical rectus muscles have their greatest vertical action when the eye is abducted. The oblique muscles have their greatest vertical action when the eye is adducted.

Step 3: Determine whether the hypertropia increases on right or left head tilt. During right head tilt, the right eye intorts (SO/SR) and the left eye extorts (IO/IR).

20. In abnormal retinal correspondence (ARC), during worth's 4 dot test, the patient with squint sees _____ dots

A. 4√

B. 5

- C. 3 and 2 alternatively
- D. None

21. Distance between Superior rectus insertion and limbus

- A. 5.5mm (MR)
- B. 6.0mm (IR)
- C. 7.0mm (LR)
- D. 7.7mm (SR) 🗸

The insertion distance increase clock wise from medial rectus to Superior rectus

- 22. Movement caused by superior oblique muscle
- A. Depression
- B. Intorsion
- C. Lateral rotation
- D. All 🗸
- 23. Nerve supply of lateral rectus muscle
- A. 3rd
- B. 4th
- C. 6th 🗸
- D. 7th

Superior oblique is supplied by 4th cranial nerve, lateral rectus is supplied by 6th cranial nerve, all other EOMs are supplied by 3rd cranial nerve

- 24. Esophoria is a type of
- A. Apparant squint
- B. Latent squint ✓
- C. Manifest squint
- D. Paralytic squint
- 25. Grade 2 binocular single vision stands for
- A. Abnormal Retinal correspondence
- B. Simultaneous macular perception (grade 1)
- C. Steriopsis (grade 3)
- D. Fusion \checkmark
- 26. There are _____ cardinal positions of gaze
- a. 9
- b.6√
- c. 4
- d. 8
- 27. In Worth's four dot test the patient has diplopia if he sees
- a. only two red lights
- b. only two green lights
- c. green and red lights alternately
- d. two red and three green lights \checkmark
- 28. Hess screen is a record of
- a. primary and secondary deviation \checkmark
- b. heterophoria
- c. fusion
- d. retinal correspondence

29. Exophoria is common in
a. myopia ✓
b. hypermetropia
c. Presbyopia
d. Astigmatism
30. In paralytic squint
a. primary deviation > secondary deviation

- b. primary deviation < secondary deviation ✓
- c. primary deviation = secondary deviation
- d. none of the above

Primary and secondary deviation: The deviation of the squinting eye behind the occluder when the nonsquinting eye is fixating is called primary deviation. The deviation of the nonsquinting eye behind the occluder when the squinting eye is fixating is called secondary deviation.

If both deviations are equal, the squint is comitant. The reason why the primary and secondary deviations are equal is because of Hering's law, which means that the movement of the 2 eyes is equal and symmetrical.

If the primary deviation is greater than the secondary, the squint is spastic and fibrotic (incomitant). If this is due to contractures, a slight innervation will produce movement of the affected eye and so the primary deviation is greater than the secondary deviation.

If the secondary deviation is greater than the primary, the squint is paralytic. This is because increased innervation is required by the paretic muscle to move the eye into a certain position and this same amount of innervation goes to the normal muscle in the other eye, causing the secondary deviation to be greater than the primary deviation.

- 31. Which of the following rectus muscle insets closest to the limbus
- A. Superior rectus
- B. Inferior rectus
- C. Medial rectus ✓
- D. Lateral rectus

32. Which of the following muscle insert farthest from the limbus

- A. Superior rectus
- B. Inferior rectus
- C. Superior oblique
- D. Inferior oblique ✓

- 33. All the four recti originate from
- A. common annular tendon around optic foramen \checkmark
- B. floor of orbit
- C. roof of orbit
- D. equator of eyeball

34. The 3rd cranial nerve supplies all muscles EXCEPT

- A. inferior oblique
- B. inferior rectus
- C. superior oblique ✓
- D. superior rectus

35. The only extraocular muscle which does not arise from the apex of the orbit is:

- A. Superior rectus
- B. Superior oblique
- C. Inferior oblique \checkmark
- D. Inferior rectus

36. Third cranial nerve innervates all of the following except

- A. Superior oblique muscle ✓
- B. Levator palpebrae muscle
- C. Inferior oblique muscle
- D. Medial rectus muscle
- 37. All are causes of Uniocular diplopia except
- A. Subluxated lens
- B. paralytic squint ✓
- C. Incipient cataract
- D. Keratoconus

38. Accommodative squint is correct by all except

- A. Orthoptic exercises
- B. Spectacles
- C. Contact lens
- D. Surgery ✓

39. Which muscle inserts the farthest posterior to the limbus?

- A) Medial rectus
- B) Superior rectus
- C) Inferior rectus
- D) Superior oblique ✓

Among rectus muscles, MR is closest (5.5) to limbus and SR farthest (7.9) from limbus.

40. In grades of binocular vision; grade 2 is:

a.Fusion 🗸

- b. Stereopsis
- c. Simultaneous macular perception
- d. Convergence

There are three grades of binocular vision as given by Worth's classification: Grade I: Simultaneous macular perception Grade II: fusion Grade III: Stereopsis

- 41. In concomitant squint:
- a. Primary deviation > Secondary deviation
- b. Primary deviation < Secondary deviation
- c. Primary deviation = Secondary deviation ✓
- d. None of the above

concomitant or Nonparalytic strabismus is not due to paralysis of extraocular muscles. Comitant (or concomitant) strabismusis a deviation that is the same magnitude regardless of gaze position. Paralytic or Noncomitant (or incomitant) strabismus has a magnitude that varies as the patient shifts his or her gaze up, down, or to the sides.

42. The only extraocular muscle which does not arise from the apex of the orbit is:

- a. Superior rectus
- b. Superior oblique
- c. Inferior oblique \checkmark
- d. Inferior rectus

43. The action of superior rectus is:

- a. Elevation, intorsion, abduction
- b. Elevation, intorsion, adduction \checkmark
- c. Elevation, extorsion, adduction
- d. Elevation, extorsion, abduction.

44. Nerve supply of LPS muscle

- a. CN iii 🗸
- b. CN iv
- c. CN vi
- d. CN vii

45. Secondary action of superior rectus muscle is

- a. Intorsion \checkmark
- b. Extorsion
- c. Adduction
- d. Abduction

46. The tendons of all EOMs attach to _____.

- a. Choroid
- b. Sclera√
- c. Conjunctiva
- d. Limbus

47. Following are features of paralytic squint except

- A. Abnormal head posture
- B. Amblyopia 🗸
- C. Diplopia
- D. Restricted eye movements
- 48. Crossed diplopia is associated with
- A. Eso deviations
- B. Exo deviations ✓
- C. Cyclo deviations
- D. All

49. Third nerve palsy is associated with

- A. Crossed diplopia ✓
- B. Uncrossed diplopia
- C. Uniocular diplopia
- D. Amblyopia

50. Action of right superior oblique muscle is?

- A.dextrodepression
- B.dextroelevation
- C.levoelevation
- D.levodepression ✓

While looking towards left and down (levodepression) in LE depression as primary action (muscle IR) and in RE depression as secondary action (muscle SO). Similarly every direction can be calculated

In Levo elevation, LE elevation by SR and RE elevation by IO In dextro depression RE depression by IR and LE depression by SO In dextro elevation, RE elevation by SR and LE elevation by IO

- 51. Oculomotor nerve palsy features include all, EXCEPT
- a. facial weakness \checkmark
- b. divergent squint
- c. dilated fixed pupil
- d. absent accommodation

52. Which of the following extraocular muscle is supplied by the superior division of theoculomotor nerve?

- A) Superior oblique
- B) Inferior rectus
- C) Medial rectus
- D) Superior rectus ✓

The superior division of CN III supplies the superior rectus and the levator. The inferior

division of CN III supplies the medial rectus, inferior rectus, and inferior oblique. The superior oblique is supplied by CN IV. The lateral rectus is supplied by CN VI

53. Which muscle originates in the orbital apex above the annulus of Zinn?

- A) Superior oblique ✓
- B) Superior rectus
- C) Lateral rectus
- D) Inferior oblique

54. Which extraocular muscle has the shortest tendon?

- A) Medial rectus
- B) Lateral rectus
- C) Superior oblique
- D) Inferior oblique \checkmark
- 55. Superior oblique muscle is supplied by the
- a. optic nerve
- b. third cranial nerve
- c. fourth cranial nerve \checkmark
- d. sixth cranial nerve

MCQs in Ophthalmology - Lines Dots Rings and Spots

- 1. Vogt striae (Vogt lines) are seen in
- A. Keratoconus ✓
- B. Keratoglobus
- C. Corneal degeneration
- D. Pterygium

Vogt's striae are vertical (rarely horizontal) fine, whitish lines in the deep/posterior stroma and Descemet's membrane commonly found in patients with keratoconus

- 2. stocker's line on cornea is seen in cases of
- A. Keratoconus
- B. Keratoglobus
- C. Corneal degeneration
- D. Pterygium ✓

vertical line at the head of pterygium is known as Stocker's line.

- 3. stocker's line is due to deposition of
- A. Iron ✓
- B. Copper
- C. Sodium
- D. Calcium

Fleischer's ring in keratoconus, Hudson-Stähli's line in corneal scar, Ferry's line in filtering bleb, and Stocker's line in pterygium, all these are due to iron deposition.

- 4. Mittendorf's dot is located on
- A. Cornea
- B. Iris
- C. Lens ✓
- D. Retina

A Mittendorf dot is a small, circular opacity on the posterior lens capsule, classically nasal in location, which represents the anterior attachment of the hyaloid artery. The hyaloid artery is present during gestation and typically regresses completely. Failure to do so can lead to benign findings, such as a Mittendorf dot or a Bergmeister's papilla, or pathologic changes as seen in persistent fetal vasculature syndrome. Mittendorf dot may be seen in association with posterior polar cataract

- 5. Fischer-Khunt spot is located on
- A. Cornea
- B. Sclera ✓
- C. Iris
- D. Lens

Senile scleral paque, area of hyalinised sclera anterior horizontal rectus muscle insertion. Seen in old age.

MCQs in Ophthalmology - Lines Dots Rings and Spots

6. Anatomically optic disc is located on which side of macula

A. Nasal 🗸

- B. Temporal
- C. Central

D. Opposite

Nasal side of the retina corresponds to temporal field of vision. That's why in perimetry blind spot is on temporal side

- 7. Macula lutea is also known as
- A. Blind spot
- B. Red spot
- C. Yellow spot ✓
- D. Optic disc
- 8. Koplik's spots are seen on
- A. Conjunctiva
- B. Cornea
- C. Iris
- D. Retina

Koplik's spots on conjunctiva are seen in patients with measles infection.

- 9. Vossius ring is seen on
- A. Cornea
- B. Iris
- C. Lens ✓
- D. Retina

Vossius ring occurs due to compression of the pigmented posterior iris epithelial cells and/or pupillary ruff against the anterior lens capsule blunt injury to the eye. Rupture of the cells causes deposition of a circular line of melanin pigment on the lens capsule

10. In which of the following condition, cattle truck appearance is seen:

- A. Retinal neovascularization
- B. BRVO
- C. CRVO
- D. CRAO 🗸
- 11. Cotton wool spots are seen in
- A. Non-ischaemic CRVO
- B. Diabetic retinopathy
- C. Hypertensive retinopathy
- D. All 🗸

MCQs in Ophthalmology - Lines Dots Rings and Spots

- 12. Roth spots are seen in
- A. Leukemic retinopathy \checkmark
- B. ARMD
- C. ROP
- D. CRAO
- 13. Cherry Red spots are seen in
- A. CRVO
- B. CRAO√
- C. ARMD
- D. BRVO

14. In perimetry, blind spot is located on which side

- A. Nasal
- B. Temporal ✓
- C. Central
- D. Anywhere
- 15. Enlargement of blind spot is not see in
- A. Primary open angle glaucoma
- B. Primary angle closure glaucoma ✓
- C. papilledema
- D. Optic disc drusen

16. In Kayser-Fleischer ring, deposits are seen in which layer of cornea

- A. Bowman's membrane
- B. Descemet's membrane \checkmark
- C. Stroma
- D. Endothelium
- 17. Kayser-Fleischer ring is a ophthalmic sign of
- A. Wilson's disease ✓
- B. Down syndrome
- C. Tuberculosis
- D. AIDS
- 18. Fleischer ring is due to depostion of
- A. Iron ✓
- B. Copper
- C. Sodium
- D. Calcium

Fleischer rings are pigmented rings in the peripheral cornea, resulting from iron deposition in keratoconus. Kayser-Fleischer rings are caused by copper deposits in descemet's membrane of the cornea

MCQs in Ophthalmology - Lines Dots Rings and Spots

- 19. Arlt's line is seen with
- A. Membranous conjunctivitis
- B. Trachoma 🗸
- C. Pterygium
- D. Conjunctival xerosis
- 20. Soemmering's ring is seen in
- A. Cornea
- B. Iris
- C. Lens 🗸
- D. Retina
- 21. Bitot's spots are seen on
- A. Conjunctiva
- B. Cornea
- C. Sclera
- D. Retina
- 22. Brushfield spots are seen on
- A. Cornea
- B. Iris ✔
- C. Lens
- D. Retina

23. Foster-Fuchs' spot at the macula are seen in

- A. Pathological myopia ✓
- B. ARMD
- C. UV burn to eye
- D. Retinal detachment
- 24. Weiss ring is associated with
- A. Proliferative vitreous detachment ✓
- B. Retinal detachment
- C. Macular degeneration
- D. After cataract
- 25. Wessley ring is located on
- A. Cornea 🗸
- B. Lens
- C. Iris
- D. Retina

MCQs in Ophthalmology - Lines Dots Rings and Spots

26. Ehrlich-Turck Lines are seen in

A. Uveitis 🗸

- B. Retinal detachment
- C. papilledema
- D. Pathological myopia

27. Corneal ring infiltrates are classical sign of

- A. Acanthamoeba keratitis ✓
- B. Superficial punctate keratitis
- C. Herpes simplex keratitis
- D. Keratomalacia

Corneal ring infiltrates are classical sign of Acanthamoeba keratitis, it is also seen rarely with bacterial infection like staphylococcus.

Ring of stromal infiltrate (Wessley immune ring) is seen in herpes simplex infection

- 28. In Corneal graft rejection, Khodadoust line is present on the layer
- A. Epithelium
- B. Stroma
- C. Descemets membrane
- D. Endothelium \checkmark

In corneal graft rejection Krachmer spots are seen in Bowman's membrane.

- 29. In xerophthalmia, bitots spots appear on
- A. Conjunctiva√
- B. Sclera
- C. Cornea
- D. Retina
- 30. Elschnig spots are seen in
- A. Hypertensive choroidopathy ✓
- B. Diabetic retinopathy
- C. After cataract
- D. Cicatricial ectropion

Elschnig's spots: seen in Hypertensive choriodopathy

Elschnig's pearls(Elschnig's bodies): a type of after cataract

<u>Elschnig's scleral ring</u> : Scleral ring is a white circular band that separates the intrapapillary region of optic disc from the peripapillary area. The scleral ring itself does not belong to optic disc. This is important for all optic disc measurements because the inclusion of scleral ring as part of optic disc falsely enlarges the neuroretinal rim &

MCQs in Ophthalmology - Lines Dots Rings and Spots

decreases cup/disc ratio.Loss of nerve fiber layer in Glaucoma can make the scleral ring more visible due to loss of overlying tissue.

<u>Elschnig's conjunctivitis</u>: Chronic conjunctivitis associated with hyperplasia of the tarsal gland and the frothy secretions

<u>Z-plasty (Elschnig's operation):</u> is useful to correct mild to moderate degree of cicatricial Ectropion.

<u>Elschnig's syndrome(Elschnig's complex)</u>: Also known as Blepharo-cheilo-dentin (BCD) syndrome. Features include ectropion of lower eyelids, distichiasis of upper eyelids, euryblepharon(symmetrical enlargement of the palpebral aperture associated with large eyelids), bilaterally cleft lip/palate, oligodontia, and conical crown form. Initially known under the eponym Elschnig syndrome.

<u>Elschnig's theory</u>: Elschnig suggested the anaphylactic theory of the pathogenesis of sympathetic ophthalmia. According to this theory, it is not a question of a particular infection, but of an anaphylactoid inflammation against the body's own uvea tissue. Under certain conditions, uvea tissue damaged by trauma will act as an antigen and subsequently occasion a sensibilisation of the body's own uvea albumin. This causes an anaphylactic uveitis on the undamaged eye.

<u>Elschnig's intracapsular forceps</u>: fine untoothed forceps for holding tissue, swabs, sutures, etc; removing things like clots, capsule fragments, lens, etc; used in cataract surgery

- 1. In Purkinje images test, Aphakia shows
- A. 4 images
- B. 3 images
- C. 2 images ✓
- D. 1 image

2. In mature cataract, which of the following is correct

- A. Only first Purkinje image is visible
- B. 3rd and 4th Purkinje images are absent
- C. 4th Purkinje image is absent
- D. All four Purkinje images are visible

3. In pseudophakia how many Purkinje images are visible

- A. 1
- B. 2
- C. 3

D. 4🗸

- 4. Purkinje image which is inverted
- A. 1st
- B. 2nd
- C. 3rd
- D. 4th 🗸
- 5. Placido's disc use which Purkinje image
- A. 1st ✓
- B. 2nd
- C. 3rd
- D. 4th

Purkinje images are also known as Purkinje reflexes and as Purkinje–Sanson images. 1st Purkinje image is the reflection from the anterior surface of the cornea. 2nd Purkinje image is the reflection from the posterior surface of the cornea. 3rd Purkinje image is the reflection from the anterior surface of the lens. 4th Purkinje image is the reflection from the posterior surface of the lens.

First 4 are convex surfaces, but 4th is Concave so unlike others 4th is inverted imimage

- 6. Digital tonometry is done using
- A. Fingers ✓
- B. Schiotz tonometer
- C. Applanation tonometer
- D. Non contact tonometer

- 7. Most accurate measurement of IOP
- A. Digital tonometry
- B. Schiotz tonometry
- C. Applanation tonometry ✓
- D. All

8. If Central Corneal Thickness (CCT) is higher than normal, the original IOP will be _____ IOP measured using tonometer.

- A. Less than \checkmark
- B. More than
- C. Same as
- D. Zero
- 9. Advantage of schiotz tonometry include all except
- A. Accurate 🗸
- B. Easy to use
- C. Cheap
- D. Portable
- 10. Central Corneal Thickness (CCT) is measured using
- A. Tonometer
- B. Keratometer
- C. Pachymeter ✓
- D. Gonioscope
- 11. In direct ophthalmoscopy image magnification is
- A. No magnification
- B. 3-5 times
- C. 10 times
- D. 15 times ✓
- 12. In direct ophthalmoscopy image is
- A. Virtual and irect ✓
- B. Virtual and inverted
- C. Real and irect
- D. Real and inverted
- 13. In indirect ophthalmoscopy image is
- A. Virtual and irect
- B. Virtual and inverted
- C. Real and irect
- D. Real and inverted \checkmark

- 14. Distant direct ophthalmoscopy is performed at
- A. 25mm
- B. 25 cm ✓
- C. 1m
- D. 6m

15. In indirect ophthalmoscopy Area of field seen is

A. Upto macula

- B. Upto lamina cribrosa
- C. Upto ora serrata ✓
- D. Upto equator

16. In retinoscopy, if the distance between patient and examiner is increased, the distance correction needed will

- A. Increase
- B. Decrease ✓
- C. Remain same
- D. None

17. Retinoscopy is

- A. Subjective method of finding the refractive error
- B. Objective method of finding the refractive error \checkmark
- C. Subjective method of Correcting the refractive error
- D. Objective method of Correcting the refractive error

18. In retinoscopy using plane mirror at 1m, Movement of red reflex opposite to the movement of the retinoscope indicate

- A. Myopia more than 1 D✓
- B. Myopia less than 1 D
- C. Myopia of 1 D
- D. Hypermetropia

19. In retinoscopy, drug correction for Phenyl ephrine is

- A. 1.00D
- B. 0.75D
- C. 0.50D
- D. 0.00D 🗸

20. In wet retinoscopy using Atropine at 1m, No movement of red reflex indicate

- A. Myopia of 1D
- B. Myopia of 1.5D
- C. Myopia of 2D ✓
- D. Myopia of 2.5D

21. In retinoscopy, if the distance between patient and examiner is increased, the distance correction needed will

- A. Increase
- B. Decrease ✓
- C. Remain same
- D. None
- 22. Retinoscopy is
- A. Subjective method of finding the refractive error
- B. Objective method of finding the refractive error \checkmark
- C. Subjective method of Correcting the refractive error
- D. Objective method of Correcting the refractive error

23. In retinoscopy using plane mirror at 1m, Movement of red reflex opposite to the movement of the retinoscope indicate

- A. Myopia more than 1 D✓
- B. Myopia less than 1 D
- C. Myopia of 1 D
- D. Hypermetropia

24. In retinoscopy, drug correction for Phenyl ephrine is

- A. 1.00D
- B. 0.75D
- C. 0.50D
- D. 0.00D 🗸

25. In wet retinoscopy using Atropine at 1m, No movement of red reflex indicate

- A. Myopia of 1D
- B. Myopia of 1.5D
- C. Myopia of 2D ✓
- D. Myopia of 2.5D
- 26. FRIEND Test can be used for
- A. refinement of final sphere in refraction
- B. Assessment of BSV
- C. Both ✓
- D. None

FRIEND test can be used as alternative to Worth 4 dot test and Duochrome test. In FRIEND test, Letters RED is in red colour and FIN in green colour. For subjective refinement, If RED is clear eye is myopic, and if FIN is clear eye is hypermeropic. If both similar emmetropic.

For BSV put red filter before RE and green before LE and ask patient to read. If reads only RED, LE suppression. If reads only FIN, RE suppression. If letters are not in order or overlapping, Diplopia. Normal person see FRIEND correctly.

- 27. Worth's Four Dot Test can be used for
- A. refinement of final sphere in refraction
- B. Assessment of BSV \checkmark
- C. Both
- D. None

28. In Worth's Four Dot Test, patient with paralytic squint see how many dots

- A. 2
- В. З
- C. 4
- D. 5🗸

Diplopia is associated with paralytic squint, person with diplopia will see 5 dots in Worth 4 dot test.

29. In Worth's Four Dot Test, normal person see how many dots

- A. 2
- В. З
- C.4√
- D. 5

30. In Worth's Four Dot Test, if patient with squint see 4 dots condition is

- A. Orthophoria
- B. Paralytic squint
- C. Abnormal retinal correspondence ✓
- D. Squint patients will not see 4 dots

Abnormal retinal correspondence (ARC) is also called as Anomalous retinal correspondence

- 31. Fluorescein is used for evaluation of
- A. Corneal abberations
- B. Dry eye
- C. Retinopathy
- D. All 🗸

Uses of Fluorescein

- For identification of corneal epithelial defects by fluorescein staining
- For examination of corneal ulcer to study morphology of the ulcer
- In dry eye evaluation for performing T-BUT

- In evaluation of patient with watering eye for fluorescein dye disappearance test and Jones tests
- Seidel's test to identify leak from anterior chamber (in traumatic corneal tear or postoperative shallow anterior chamber after cataract surgery)
- Hard contact lens fitting
- 32. Imaging of choroid is done using
- A. Fundus fluorescein angiography
- B. Indocyanine green angiography \checkmark
- C. Optical coherence tomography
- D. Heidelberg retinal tomography

Indocyanine dye remains in the choriocapillaris in contrast to fluorescein, which extravasates from choriocapillaris, hence it allows imaging of choroid.

- 33. Seidel's Test is done using
- A. Fluorescein 🗸
- B. Indocyanine green
- C. Rose Bengal
- D. Lissamine Green

Seidel's Test

Seidel's test is done under slit lamp. The suspected site of wound leak is stained with fluorescein and the fluorescein pattern is

observed for dilution, which indicates leak of aqueous (aqueous if leaking mixes with fluorescein thereby diluting fluorescein)

from anterior chamber.

34. Schirmer's Test-1 measure

- A. Total secretion ✓
- B. Reflex secretion
- C. Basal secretion
- D. Break up time

Schirmer's Test I

1. Schirmer's test I measures the total tear secretions.

2. It is performed with Schirmer's test strip, (a Whatman filter paper 5 by 35 mm strip), which is folded at 5 mm and kept in lower conjunctival fornix. The test strip is kept in the lower fornix for 5 minutes and the amount of wetting on the filter paper is noted.

3. Wetting up to or more than 15 mm—normal.

- 4. Wetting between 10 and 15 mm—borderline or mild dry eye.
- 5. Wetting between 5 and 10 mm—moderate dry eye.
- 6. Wetting less than 5mm—severe dry eye.

<u>Schirmer's Test II</u>

1. Schirmer's test II is done to measure reflex secretions.

2. It is performed in similar way as first test except that nasal mucosa is rubbed by a cotton bud to irritate it to measure reflex secretions.

Schirmer's Basal Secretion Test

Schirmer's basal secretion test is performed similar to test I except that conjunctival fornix is anesthetized before performing the test.

35. Fluorescein dye disappearance test (FDDT) is done for evaluation of

A. Dry eye

- B. Tear film break up time
- C. Lacrimal outflow ✓
- D. Leak from anterior chamber
- 36. Amsler grid is used for examination of
- A. Central visual field

B. Fundus

- C. Visual acuity for distance
- D. Contrast sensitivity

37. Hruby lens used for fundus examination is

- A. Concave ✓
- B. Convex
- C. Cylindrical
- D. Combination of lenses

Hruby lens used for fundus examination is Concave with power -58.6 which neutralize optical power of eye

38. In blue light, Sodium flourescein stained cornea appears as

- A. Blue
- B. Yellow
- C. Green 🗸
- D. Red

39. In aphakia there is absence of following Purkinje-Sanson's images

- a. 1st and 2nd
- b. 3rd
- c. 4th
- d. 3rd and 4th \checkmark

40. The normal intraocular pressure is (Schiotz)

- a. 10-15 mm Hg
- b. 10-20 mm Hg 🗸

- c. 25-30 mm Hg
- d. less than 10 mm Hg
- 41. The most accurate method of measuring IOP is
- a. digital
- b. applanation \checkmark
- c. Schiotz
- d. gonioscopy
- 42. Near vision is recorded at a distance of
- a. 10 cm
- b. 25 cm
- c. 33 cm 🗸
- d. 50 cm
- 43. Distant vision is recorded at a distance of
- a. 20 ft 🗸
- b. 6 ft
- c. 10ft
- d. 60 ft
- 44. Normal field of vision extends on the nasal side to
- a. 40°
- b. 50°
- c. 60° ✓
- d. 70
- 45. Peripheral field of vision is tested by
- a. Bjerrum's screen
- b. Snellen's chart
- c. Lister's perimeter \checkmark
- d. indirect ophthalmoscopy
- 46. Central field of vision is limited up to
- a. 20°
- b. 30° ✓
- c. 40°
- d. 50°

47. Distant direct ophthalmoscopy is done at a distance of

- a. 1 m
- b. 6 m
- c. 22 cm 🗸

d. close to the face

- 48. In indirect ophthalmoscopy the image is
- a. inverted, real, magnified
- b. erect, real, magnified
- c. erect, virtual, magnified
- d. none of the above

49. In direct ophthalmoscopy the image is

- a. virtual, erect, magnified \checkmark
- b. virtual, inverted, condensed
- c. real, inverted, magnified
- d. real, erect, condensed
- 50. Periphery of retina is best visualized with
- a. direct ophthalmoscopy
- b. indirect ophthalmoscopy ✓
- c. retinoscopy
- d. USG
- 51. 'A' wave in ERG corresponds to activity in
- a. rods√
- b. pigment epitheluim
- c. inner retinal layer
- d. nerve bundle layer
- 52. Campimetry is used to measure
- a. squint
- b. angle of deviation
- c. pattern of retina
- d. field charting \checkmark
- 53. Angle of anterior chamber is studied with
- a. indirect ophthalmoscopy
- b. gonioscopy \checkmark
- c. retinoscopy
- d. amblyoscope
- 54. RAF ruler is used for evaluation of
- A. Heterophoria
- B. Convergence and accommodation \checkmark
- C. Field of vision
- D. Intra ocular pressure

- 55. Maddox wing is mainly used for evaluation of
- A. Heterophoria ✓
- B. Heterotropia
- C. Paralytic squint
- D. All
- 56. Hess screen is used for evaluation of
- A. Central visual field
- B. Peripheral visual field
- C. Diplopia ✓
- D. Heterophoria
- 57. Forced duction test is used to differentiate
- A. Heterophoria and heterotropia
- B. Paralytic and non paralytic squint
- C. Paralytic and restrictive squint \checkmark
- D. None

58. Double Maddox rod test is used for evaluation of

- A. Double elevator palsy
- B. Cyclodeviations ✓
- C. Restrictive squint
- D. Convergence insufficiency

59. Lister's perimeter is used for evaluation of

- A. Central visual field
- B. Peripheral visual field ✓
- C. Both
- D. None
- 60. Bjerrum's screen is used for evaluation of
- A. Central visual field ✓
- B. Peripheral visual field
- C. Both
- D. None

61. Automated perimeters like Humphrey field analyser is used for evaluation of

- A. Central visual field
- B. Peripheral visual field
- C. Both 🗸
- D. None

- 62. Active Force Generation Test (AFGT) is used to differentiate
- A. Heterophoria and heterotropia
- B. Paralytic and non paralytic squint
- C. Paralytic and restrictive squint \checkmark
- D. None

62. In Hirschberg corneal reflex test, if the light reflex is seen on limbus the approximate squint measurement is

- A. 15°
- B. 30°
- C. 45° ✓
- D. 70°

63. In cover uncover test, if the uncovered eye moves outward to take fixation, condition is

- A. Exophoria
- B. Esophoria 🗸
- C. Hyperphoria
- D. Cyclophoria

64. Average normal Vertical fusional reserve is

- A. 0-1°
- B. 1.5°-2.5° ✓
- C. 3°-5°
- D. 20°-40°

Measurement of fusional reserve can be done with the help of a synoptophore or prism bar. The normal values of fusional reserve are as follows:

- Vertical fusional reserve: 1.5°–2.5°
- Horizontal negative fusional reserve (abduction range): 3°–5 °
- Horizontal positive fusional reserve (adduction range) : 20°–40°.
- 65. Less screen is used for evaluation of
- A. Central visual field
- B. Peripheral visual field
- C. Diplopia charting \checkmark
- D. Heterophorias
- 66. Phoropter is used for
- A. Refraction ✓
- B. Field testing
- C. Orthoptic exercises
- D. IOP measurement

- 67. Optokinetic nystagmus test is done for measuring
- A. Nystagmus
- B. Squint
- C. Vision ✓
- D. Field of vision

68. Preferential looking test is done for vision screening of

- A. Infants \checkmark
- B. Young adults
- C. Geriatric
- D. Illiterate

69. Which of the following test is used for objective measurement of visual acuity

- A. Snellen's chart
- B. Visually evoked response \checkmark
- C. Preferential looking test
- D. Logmar chart

70. Prism bar is used for measurement of

- A. Phorias
- B. Tropias
- C. Both 🗸
- D. None

MCQs- Lasers in Ophthalmology

- 1. LASIK is done using
- A. Argon laser
- B. Diode laser
- C. Nd: YAG laser
- D. Excimer laser ✓
- 2. Nd:YAG laser is used in treatment of
- A. Posterior capsule opacification
- B. Angle closure glaucoma
- C. Both ✓
- D. None
- 3. Not a component of Nd:YAG laser
- A. Neodymium
- B. Yitrium
- C. Argon ✓
- D. Garnet
- 4. Mechanism of excimer laser
- A. Photocoagulation
- B. Photodistruption
- C. Photoablation \checkmark
- D. All the above
- 5. Laser used in management of open angle glaucoma
- A. Argon laser ✓
- B. Diode laser
- C. Nd: YAG laser
- D. Excimer laser
- 6. Colour of Nd:YAG laser
- A. Red
- B. Green
- C. Blue
- D. Colourless ✓

Nd:YAG (neodymium-doped yttrium aluminium garnet; Nd:Y3AI5O12) is a crystal that is used as a lasing medium for solid-state lasers.

- 7. Frequency-doubled Nd:YAG lasers are used in
 - A. Refractive surgery
 - B. Diabetic retinopathy ✓
 - C. Both
 - D. None

MCQs- Lasers in Ophthalmology

- 8. Nd:YAG laser comes under
 - A. Ultraviolet
 - B. Infrared ✓
 - C. X-ray
 - D. Visible spectrum
- 9. Laser commonly used for peripheral iridotomy
 - A. Nd:YAG✓
 - B. Argon
 - C. Excimer
 - D. All

10. Photorefractive keratectomy (PRK) is done using

- A. Nd:YAG
- B. Argon
- C. Excimer \checkmark
- D. All

- 1. Sulphonamide drug is
- A. Antibiotic 🗸
- B. Antifungal
- C. Antiviral
- D. Antiallergic
- 2. Drug pencillin is
- A. Antibiotic ✓
- B. Antifungal
- C. Antiviral
- D. Antiallergic
- 3. Cephalosporin is
- A. Antibiotic 🗸
- B. Antifungal
- C. Antiviral
- D. Antiallergic
- 4. Trifluorothymidine (TF3) is
- A. Antibiotic
- B. Antifungal
- C. Antiviral 🗸
- D. Antiallergic
- 5. Adenine arabinoside (Ara-A, Vidarabine) is
- A. Antibiotic
- B. Antifungal
- C. Antiviral 🗸
- D. Antiallergic
- 6. Which of the following drugs is not an anticholinergic?
- A. Atropine
- B. Cyclopentolate
- C. Tropicamide
- D. Phenylephrine \checkmark
- 7. Which of the following drugs acts the fastest?
- A. Atropine
- B. Cyclopentolate
- C. Tropicamide ✓
- D. Phenylephrine

- 8. Which of the following drugs has the least effect on accommodation?
- A. Tropicamide
- B. Homatropine
- C. Phenylephrine ✓
- D. Cyclopentolate

9. Which of the following drugs could raise blood pressure?

- A. Atropine
- B. Cyclopentolate
- C. Tropicamide
- D. Phenylephrine ✓
- 10. Recovery time is more for
- A. Atropine ✓
- B. Cyclopentolate
- C. Phenylephrine
- D. Phenylephrine
- 11. Miotics are also known as
- A. Parasympathomimetic drugs ✓
- B. Sympathomimetic drugs
- C. Parasympatholytic drugs
- D. Sympatholytic drugs
- 12. Parasympathomimetic drugs are
- A. Cholinergic drugs ✓
- B. Adrenergic agonists
- C. Beta-adrenergic blockers
- D. Carbonic Anhydrase Inhibitors
- 13. Hyper osmotic agents will
- A. Raise IOP
- B. Lower IOP 🗸
- C. No effect on IOP
- D. None
- 14. Carbonic anhydrase inhibitors lower IOP by
- A. Decreasing trabecular outflow
- B. Increasing trabecular outflow
- C. Increasi uveo-scleral outflow
- D. Decreasing aqueous production ✓

- 15. Beta blockers lower IOP by
- A. Decreasing trabecular outflow
- B. Increasing trabecular outflow
- C. Increasi uveo-scleral outflow
- D. Decreasing aqueous production \checkmark

16. Which of the following is not a Beta blocker

- A. Timolol
- B. Mannitol 🗸
- C. Betaxolol
- D. Levobunolol
- 17. The following are false about latanoprost:
- A. It causes conjunctival hyperaemia
- B. It causes a break down of the blood ocular barrier
- C. It causes miosis ✓
- D. It increases uveo-scleral outflow
- 18. Treatment of choice for Mycotic corneal ulcer
- A. Ciprofloxacin
- B. Acyclovir
- C. Natamycin 🗸
- D. Dexamethasone
- 19. Dexamethasone is _____ corticosteroid
- A. Short acting
- B. Intermediate acting
- C. Long acting ✓
- D. It is non steroidal
- 20. Prednisolone is _____ corticosteroid
- A. Short acting ✓
- B. Intermediate acting
- C. Long acting
- D. It is non steroidal
- 21. Side effect of corticosteroid
- A. Cataract
- B. Glaucoma
- C. Delayed wound healing
- D. All 🗸

- 22. Flurbiprofen is
- A. Corticosteroid
- B. Non steroidal anti inflammatory drug ✓
- C. Anti fungal
- D. Anti viral
- 23. Drugs which increase uveoscleral outflow
- A. Pilocarpine
- B. Epinephrine \checkmark
- C. Timulol
- D. Azetazolamide
- 24. Mydriatics stimulate what division of the ANS?
- A. Cholinergic
- B. Adrenergic ✓
- C. Neither
- D. Both depending on dosage
- 25. Cycloplegic drugs are used in all except
- A. Gonioscopy ✓
- B. Retinoscopy
- C. Funduscopy
- D. Uveitis treatment
- 26. Beta blockers are contraindicated in ? A. A. Hypotension
- B. Asthma
- C. Depression
- D. All ✓
- 27. Antiviral drugs include the following except
- A. Acyclovir
- B. Ketoconazole ✓
- C. lodo-deoxyuridine
- D. Trifluorothymidine
- 28. Scopolamine(Hyoscine) is used as
- A. Miotic
- B. Cycloplegic ✓
- C. Anti glaucoma drug
- D. Local anaesthetic
- 29. Tiabendazole is used as
- A. Antifungal drug

- B. Antiparasitic drug
- C. Antiviral drug
- D. Both A&B✓

30. Which of the following solution is used as intraocular irrigating solution

- A. Compound sodium lactate
- B. Balanced salt solution (BSS)
- C. Both ✓
- D. None

- 1. In WHO classification of xerophthalmia X2 refers to
- A. Night blindness
- B. Conjunctival xerosis
- C. Bitots spots
- D. Corneal xerosis \checkmark

WHO classification of xerophthalmia

XN -Night blindness
X1A -Conjunctival xerosis
X1B -Bitot's spots
X2 -Corneal xerosis
X3A -Corneal ulceration/keratomalacia affecting less than one-third corneal surface
X3B -Corneal ulceration/keratomalacia affecting more than one-third corneal surface
X3 -Corneal scar due to xerophthalmia
XF -Xerophthalmic fundus.

- 2. Onchocerciasis is an infection caused by
- A. Bacteria
- B. Virus
- C. Fungi
- D. Parasite \checkmark
- 3. Snowflake Cataracts may be seen in patients with
- A. Diabetes ✓
- B. Hypertension
- C. High cholesterol
- D. hypoglycemia
- 4. Deficiency of vitamin D may be associated with
- A. zonular cataract
- B. papilloedema
- C. increased lacrimation
- D. All 🗸
- 5. Vision 2020: The Right to Sight is a
- A. National programme
- B. State level programme
- C. District level programme
- D. Global programme ✓

6. Under Universal Immunisation Program (UIP) a child is given total _____ of Vitamin A.

A. 1 dose

- B. 6 dose
- C. 9 dose√
- D. 12 dose

7. Under Universal Immunisation Program (UIP) Vitamin A is given

A. Orally√

- B. Intra muscular inj
- C. Sub cutaneous inj
- D. Intravenous inj

8. Under Universal Immunisation Program (UIP) first dose of Vitamin A is given at

- A. Birth
- B. 1 month
- C. 6 month
- D. 9 month \checkmark

9. Ocular lesions seen in rubella (German measles) are

- A. Congenital microphthalmos
- B. Congenital cataract
- C. Chorioretinitis
- D. All 🗸

Ocular lesions seen in rubella (German measles) are congenital microphthalmos, cataract, glaucoma, chorioretinitis and optic atrophy

- 10. Ocular involvement of Diphtheria include
- A. Membranousous conjunctivitis
- B. Corneal ulceration
- C. Paralysis of EOM

D. All 🗸

In Ocular involvement of Diphtheria. There may occur: membranous conjunctivitis, corneal ulceration, paralysis of accommodation and paralysis of extraocular muscles

- 11. World sight day is observed annually on
- A. October 8
- B. October 10
- C. October 12
- D. None 🗸

World sight day is observed annually on 2nd Thursday of October.

World sight day 2019 was on October 10 and World sight day 2020 will be on October 8

12. Eye donation fortnight is observed annually during the month of

A. August

- B. September
- C. August- September ✓
- D. October

Eye donation fortnight is observed annually from August 25 to September 8

13. World glaucoma week is observed annually during the month of

- A. March 🗸
- B. April
- C. October
- D. August

World glaucoma week is observed annually for 1 week starting from 2nd Sunday of March.

- 14. World health day is on
- A. April 7 🗸
- B. June 5
- C. October 15
- D. November 14

June 5- environment day October 15- white cane day November 14- diabetes day

- 15. Globally, Main cause of low vision is
- A. Cataract
- B. Refractive errors \checkmark
- C. Corneal opacity
- D. Glaucoma
- Main cause of blindness is cataract
- 16. What is the definition of blindness under NPCB
- A. Corrected Vision less than 6/60 in both eyes
- B. Corrected Vision less than 3/60 in any eye
- C. Corrected Vision less than 3/60 in both eyes \checkmark
- D. No perception of light in both eyes
- 17. What is the definition of blindness under WHO
- A. Corrected Vision less than 6/60 in both eyes
- B. Corrected Vision less than 3/60 in any eye
- C. Corrected Vision less than 3/60 in both eyes \checkmark
- D. No perception of light in both eyes

- 18. What is the definition of low vision
- A. Best corrected vision 6/9- 3/60
- B. Best corrected vision less than 6/18- 3/60 \checkmark
- C. Best corrected vision less than 6/18- 6/60
- D. Best corrected vision 6/9-6/60

19. Percentage of blindness for a person with one eye blind and other eye normal

- A. 30%√
- B. 40%
- C. 50%
- D. 100%
- 20. Considering visual field, in blindness calculation
- A. Visual field less than 20° is considered as blindness
- B. Visual field less than 10° is considered as blindness \checkmark
- C. Vision should be less than 3/60 even if visual field is less than 10°
- D. Visual field is not considered for blindness calculation

21. SAFE strategy implemented for control of

- A. Onchocerciasis
- B. Trachoma√
- C. Xerophthalmia
- D. Conjunctivitis
- 22. Not a part of SAFE strategy
- A. Steroids \checkmark
- B. Antibiotics
- C. Facial hygeine
- D. Environmental change
- 23. Vision 2020 has been adopted in NPCB in the year
- A. 1999
- B. 2001√
- C. 2007
- C. 2010
- 24. Main cause of blindness in India
- A. Refractive error
- B. Cataract \checkmark
- C. Glaucoma
- D. Diabetic retinopathy

- 25. Main cause of blindness in developed countries is
- A. Cataract
- B. Glaucoma
- C. Diabetic retinopathy
- D. ARMD 🗸

26. International Agency for the Prevention of Blindness (IAPB) formed in the year

- A. 1975 🗸
- B. 1976
- C. 1978
- D. 1999

27. National Programme for Control of Blindness (NPCB) launched in the year

- A. 1986
- B. 1976√
- C. 1978
- D. 1968

India is the first country in the world to launch a national level bliness control program, even before WHO launched its first blindness control program

National Programme for Control of Blindness (NPCB) is now renamed to National Programme for Control of Blindness and Visual Impairment (NPCBVI)

28. WHO: Prevention of Blindness Programme (PBP) launched in the year

- A. 1975
- B. 1978√
- C. 1999
- D. 2001

29. Vision 2020: The Right to Sight launched in the year

- A. 1986
- B. 1978
- C. 1999√
- D. 2001

30. Vision For the Future (VFTF) program launched in the year

- A. 1975
- B. 1978
- C. 1999
- D. 2001 🗸

MCQs-Uncategorised

1. Which of these common eye conditions can cause monocular diplopia?

- a) squint
- b) Dry Eye
- c) Cataract ✓
- d) None of the above

Causes of Uniocular diplopia

Remember ABCD

Astigmatism Behavioral: psychogenic Cataract (**Cataract cause polyopia)** Dislocated lens

- 2. Which of the following can cause post operative diplopia?
- a) Cataract surgery
- b) Retinal detachment surgery
- c) Orbital Surgery
- d) All of the above ✓
- 3. In a frightened man, the pupil shall
- a. dilate 🗸
- b. constrict
- c. remain unaltered
- d. first dilate and then constrict

4. Removal of the eye leaving the extra ocular muscles and remaining orbital contents intact

- A. Evisceration
- B. Enucleation \checkmark
- C. Exenteration
- D. Dacryocystectomy

5. A person suffered blunt trauma to the right eye with immediate loss of vision , on examination the anterior chamber is deep, condition may be

- A. lens dislocation \checkmark
- B. Traumatic cataract
- C. Secondary glaucoma
- D. Optic neuritis

6. A person approach you with a chemical fall in eye, what will be the first thing to do

- A. Irrigation ✓
- B. Antibiotics
- C. Bandaging
- D. Steroids

MCQs-Uncategorised

7. In chalazion operation, incision given in conjunctiva is usually

- A. Horizontal
- B. Vertical 🗸
- C. Oblique
- D. Any

8. Intermediate Term Storage of donor cornea is done using

A. Moist chamber

- B. MK- medium
- C. K-sol medium ✓
- D. Cryopreservation

Short-term Storage and Preservation

• Moist chamber-donor eye can be kept in a sterile glass jar and stored in a temperature 4°C and stored for 2 days.

• McCarey and Kaufman (MK) medium offers a duration of 2 to 4 days at 4°C for the utilization of donor material.

Intermediate Term Storage

• K-sol medium containing chondroitin sulfate is used for the storage of cornea at 4°C for about two weeks.

• Minnesota system of organ culture allows preservation for 35 days.

Longer Duration Storage

• Cryopreservation in liquid nitrogen at 197°C for an year.

9. Eclipse burn (Solar Retinitis or Foveomacular Retinitis) is due to exposure to

- A. Ultraviolet
- B. Infrared ✓
- C. X-ray
- D. Gamma rays

10. Commotio Retinae (Berlin's Edema) occur mainly due to

- A. Penetrating injury
- B. Blunt injury ✓
- C. Exposure to radiation
- D. Steroids