

# International hyperthermia centre



... so that your soul will be aglow again with happiness !

# cordial welcome!



Holger Wehner, the head physician  
(MD, Professorship in the  
Department for Integrative  
Medicine, Moscow)

Dear patient, dear colleagues and therapists,

you have discussed a stationary or ambulant treatment in our clinic, the gisunt®-Klinik, with your doctor, alternative practitioner or therapist.

Or as a doctor or therapist you are looking for possibilities for optimizing the therapy for your patient by the help of complementary measures, or you want to implement your therapies in an integrative concept for the sake of your patient. This brochure will give you some interesting and valuable information about the gisunt®-Klinik.

On entering the gisunt®-Klinik you will be welcomed by our staff at the reception desk. They will assist you in all matters and explain you to your scheduled programme.

Before beginning the treatment, you will have the opportunity to discuss the proposed measures in detail with us.

## Competent and experienced we offer:

### Hyperthermia methods (Overheating treatment)

- Systemic Cancer Multistep Therapy (sCMT)
- Thermo-chemotherapy
- Whole-body hyperthermia at different temperature levels (from mild to extreme) with specified IRATHERM-technique for harmless, pure Infrared-A-treatment
- Local, regional, partly whole-body or surface hyperthermia
- Prostate hyperthermia (TUMT)
- Laser-induced tumour destruction (laser-induced interstitial thermotherapy LITT)
- Hyperthermia for bladder and abdominal cavity
- Heatheal Therapy ©

### Physical therapies

- Baths, electric stimulation, shortwave, drainage
- Hydrosun, Qi-cocoon, Oxisun
- Massages, sports, movement
- Magnetic field therapy
- Ayurveda Treatments

### Innovative methods

- CELL VAS (microcurrent therapy)
- Needleless injections
- Telemedical monitoring
- Heatheal Therapy © = Whole Body Hyperthermia Procedure



### **Natural medicine**

- Mistletoe- thymus-, pancreas peptide therapy
- Oxygen therapy, oxygen multistep-therapy according to Prof. von Ardenne,
- Ozone therapy and colozon-therapy for the intestine
- Deferring methods
- Colon irrigations, colon-hydro-therapy
- Hirudin treatment
- Phytotherapy
- Vitamin therapy
- Traditional Chinese medicine and acupuncture
- Feng-Shui consultation

### **Immunotherapies**

- Fever therapy (active fever therapy)
- Mild whole-body hyperthermia (passive fever therapy)
- BCG- and immucothel® instillation
- Biological immunostimulation

### **Conventional therapies**

- Hormone / antihormone therapy
- Cytostatic chemotherapies
- Minimal surgery
- Parenteral nutrition, infusion therapy

### **Additional possibilities**

- Design therapy
- Sound massage

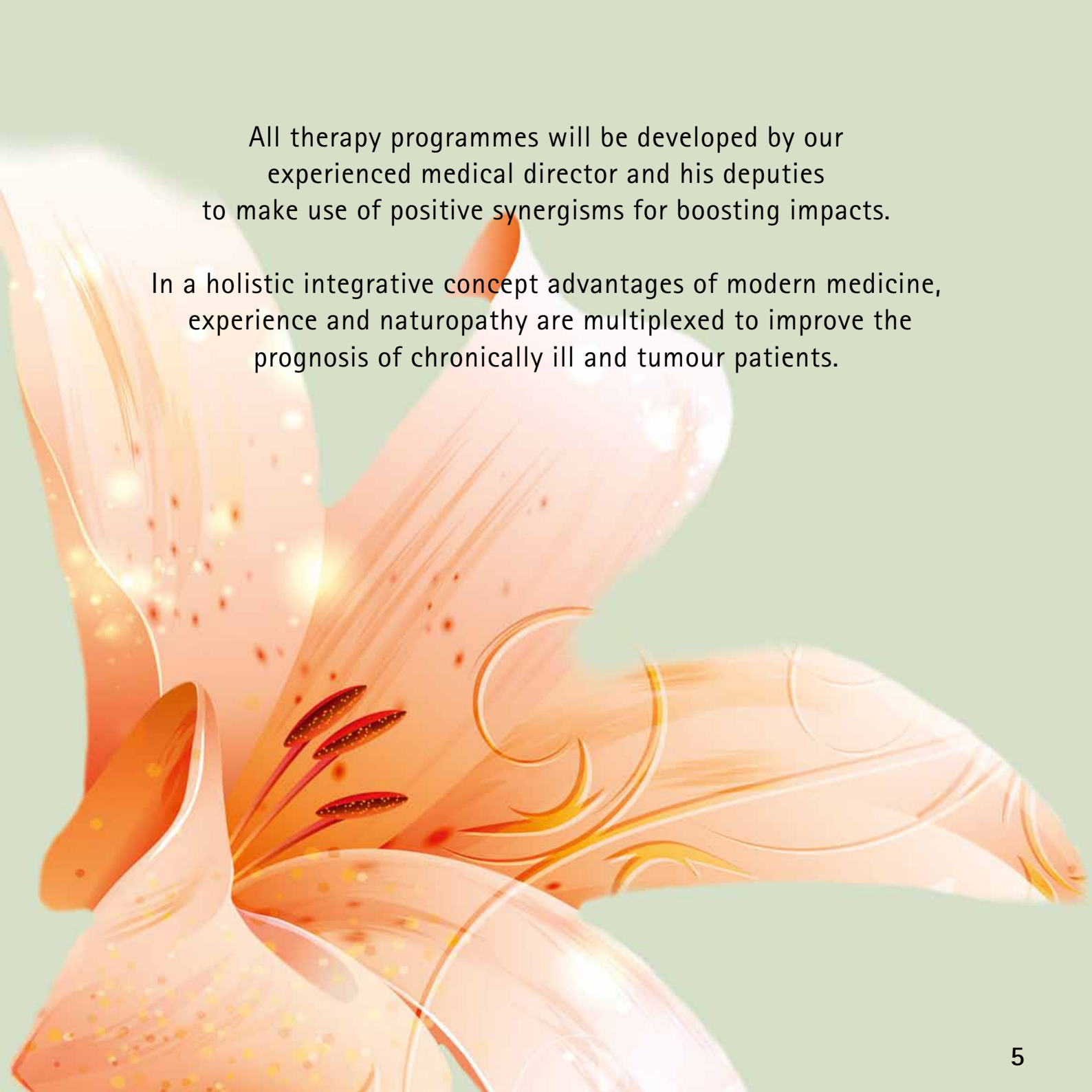
- Seminars, e.g. emotions and healing
- Yoga- and Reiki-programmes
- Chirotherapy
- Nutrition information and seminars
- Autogenic training
- Rehabilitation of sexuality
- Individual problem solutions

### **Diagnostic managements**

- Ultrasound
- CT, MRT, PET, radiation (consiliary)
- Cytoscopy, rectoscopy
- Laboratory, microscopy
- Immune diagnostics
- Stool diagnostics
- Chemosensitivity-, radiation sensitivity test (consiliary)
- Artery rigidity index measuring (ASI)
- ECG, ergometry
- Tongue- and pulse diagnostics
- Allergy testing
- Food- and inhalation substance-sensitivity testing
- Pathomorphological, histochemical-, molecularbiological analysis
- Echocardiography, colour doppler sonography (consiliary)

### **Precurement (primary and secondary)**

- Second opinion



All therapy programmes will be developed by our experienced medical director and his deputies to make use of positive synergisms for boosting impacts.

In a holistic integrative concept advantages of modern medicine, experience and naturopathy are multiplexed to improve the prognosis of chronically ill and tumour patients.

## Whom do we treat?

- Chronic, exhausted and tumour patients, even multimorbid as well as bedfast patients. There are NO untreatable patients!
- Patients also concomitant for better compatibility with conventional therapeutic procedures, as chemo-, radiation therapy and operations. But also for the prevention or deceleration of impending deterioration of quality of life through CFS (chronic fatigue syndrome).
- Patients with Burn-out-Syndrome.

## We principally treat concomitantly:

- All carcinomas with and without metastases
- Loss of power and state of exhaustion
- Stress syndrome
- Metabolic diseases
- Circulation disorders
- Migraine, dizziness, tinnitus, hearing loss
- Joint-, muscle- and skeletal ailments
- Fibromyalgia
- Psoriasis, Colitis ulcerosa, Morbus Crohn, Asthma

## International hyperthermia centre

Hyperthermia is applied complementary to the presently deployed tumour therapies, surgery, chemo-, hormone and radiation therapy, to reinforce the treatment effects.







### **sCMT**

The systemic Cancer Multistep Therapy is a special designed form of the extreme whole-body hyperthermia. Even though this form of hyperthermia needs intensive care, it is poor in side effects. By a delicate combination of overheating, overacidification with increased blood sugar levels and oxygen overflow a very specific sensitization of malign tumour cells is achieved.

So their accelerated death is facilitated and the tumour cell itself rendered susceptible for radiation-, chemotherapy and hyperthermia itself. This application is not given the necessary attention, as a special method which is based on decades of research and findings, especially in metastasizing and conventionally uncontrollable tumour progression and for the prevention of those, also helpful pre- and postsurgical. Our hyperthermia centre is glad to rely on the special expertise of our medical director, who lastly headed the Von-Ardenne-Klinik for sCMT.

The theses of Nobel price winner Prof. Warburg, known now for over 80 years, as well as the studious research of Prof. von Ardenne enabled this special therapy, which is applied worldwide only at specific centres. In the year 2006 all controversies concerning this topic were cleared by science.

### **Heatheal**

A High Level Whole Body Hyperthermia procedure, developed by Russian scientists with support from the famous scientist Prof. Dr. Yatwin, enables core body temperature to be raised to 43.5 – 44°C in a water bath within a relatively short period (15 – 20





minutes). The procedure has been in clinical application since 1989, and, since then, has amply demonstrated its effectiveness and safety in the treatment of cancer, as well as that of HIV, Tuberculosis and a number of viral and immune system diseases.

### **Heatheal in Cancer Treatment**

As an adjunct oncological treatment, Heatheal boosts the effectiveness of chemotherapies and radiation therapies, enabling a substantial reduction in their doses, and thus in their adverse effects. And on its own, Heatheal stimulates the body's own immune system and induces malignant cell death (necrosis).

### **Heatheal in HIV Treatment**

So far over 600 HIV patients have been successfully treated with Heatheal. In a recently concluded clinical trial, 30 patients were each administered 4 Heatheal procedures over a period of 270 days. All patients were fully naive and did not receive any other medical nor pharmacological treatment during the trial period. In all 30 patients viral load dropped significantly (average 1.76 logs) and their immune system competency (CD4 count) increased by an average of 45 % over their starting levels. These results remained for less than 9 months. In some patients viral load remained at its reduced level for further 3 years, without the administration of any other treatment whatsoever.

### **MHT**

The moderate whole-body hyperthermia is a mild form of hyperthermia, which can be applied without





adverse effects even ambulatory and to treat chronic disorders. During the medical preliminary examination the optimal modalities of the therapy will be determined for your disease. During the treatment you will rest undressed on a tightened small meshed net and covered – except the head – with a sheet and reflexion foil. The heat radiation occurs from the bottom through the net. During the therapy body- and skin temperature as well as pulse and blood pressure are monitored. The mild warming occurs over a period of 60 – 120 minutes. The aimed temperature level ranges from 38,5 °C up to the core temperature of 40 °C, if the clinical pictures make this necessary. Our medical staff observes the increase in temperature and controls the adequate heater activity. By the warming phase a half-hourly rest follows after which you have the possibility to take a shower.



## RHT

The regional radiowave-deep hyperthermia (RHT) is administered in nearly all hyperthermia centres based on electrohyperthermia with the OncoTherm-unit or the system of Celsius 42. The therapy targets individual body areas is generally free of side effects and can be applied ambulatory. The heating of the tumour tissue up to 44 °C partially also warms the adjoining healthy tissue. But the healthy tissue can deviate the heat easily by increasing the blood circulation whereas the tumour tissue does not have this ability due to its primitive blood supply. This leads to a heat accumulation in the tumour tissue that results in an undersupply of the tumour cell with oxygen and nutrient. The resulting dysfunction

of important metabolic processes during cell division and conservation as well as the reduction of the pH-value have the effect of an acid intoxication in the tumour. The thermal damage also leads to a failure of important vital repairing functions of the tumour cells. Hence, damaged cell parts can not be replaced (cell membrane and proteins), this can finally lead to a die off of the tumour cell.

### **LITT**

The laser-induced interstitial thermotherapy destroys soft tissue tumours with a laser beam. At temperatures of up to 110°C this method is applied mainly on liver metastases/-tumours.

### **TUMT**

The prostate hyperthermia uses a harmless microwave catheter. Concerning potency und continence the risks are clearly less than with other methods. The transurethral microwave thermotherapy (through the urethra) is favourably applied for prostate carcinomas, benign prostate hyperplasia and prostatitis (BSD-50-machine).

### **IPHT**

The intraperitoneal hyperthermia (IPHT) is a hyperthermal rinsing of the peritoneal cavity (also applied in bladder carcinomas as so called intravesical hyperthermia), in which generally no severe adverse effects occur and which may be combined with chemotherapy.





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## Hospitality is given pride of place

Whether you are an in-patient or an ambulant patient at the gisunt®-Klinik, we want only the best for you and your health.

Spend your free time with a cup of coffee and a piece of cake in the nearby cafes.

In our library you can let thoughts run free or get detailed information on the applied methods of therapy from books or videos.

You do not have to leave the house in order to be comforted in the overregional recognized gisunt®-Institute (medical beauty & wellness), the healthy-well-being-centre. Special highlights are ayurvedic treatments.

A station with single, double and rooms is decorated in an ambient atmosphere and offers all amenities, which you expect from everyday life. The visiting hours are flexible.

State of the art medical technique in the intensive care unit together with the capabilities of our experienced medical staff secure optimum, patient friendly therapy concepts.

We are an stately licensed private hospital according to § 30 GewO and free of health insurance contracts, to think and act freely on medical issues even if more than half of our German patients have a stately health insurance.

## Enjoy the recreation possibilities –

The gisunt®-Klinik in Wilhelmshaven, located close to the city center and a park. Enjoy the good climate and the landscapes of the Frisian Wehde, the Weser marshland, the Ammerländer Park area, the Fenns

and the North Sea coastline. Or take a long relaxing walk at the beach and visit the Info-Center of the Jade-Weser-Port, Wilhelmshavens brand new deep water harbor.





## During your time in the clinic, for you and your company

Visit museums, monuments or the beach promenade in Wilhelmshaven, take a boat to one of the beautiful Eastfrisian islands, or pay a visit to the castle town Jever or the casino in Bad Zwischenahn.

The international occupancy of the gisunt®-units (Koreans, Portugese, Spanish, Americans, Brits and Swedes) altogether offer many occasions for interesting discussions and the exchange of ideas and experiences.





## doctors and subjects

### **Medical director:**

Prof. Dr. med. Holger Wehner  
Specialist for general medicine, natural therapies,  
Oncology, nicotine therapist

### **Director clinical research:**

Prof. Dr. med. habil. Wilfried Wehner  
Specialist for surgery, accident surgery and urology,  
Acupuncture

### **Additional physicians:**

Dipl.-Med. Martina Wehner  
TCM, general medicine, acupuncture

### **Dr. med. Maria-Madelon Wehner:**

Specialist for gynaecology and obstetrics

**Other physicians, consiliary,**  
are available:

- Anesthesist
- Radiologist
- Stomatologist
- Othorhinal specialist
- Dermatologist
- Neurosurgeon

## The gisunt®-philosophy

Our holistic work is based on four pillars:

**Mental and physical support**

**Progressive medical care**

**Sound way of living according to natural healing concepts**

gisunt® (the term, which stands for health and well-being, derives from ancient central German language at around 600 p.c.) is a company for modern human healthcare and healing.

With us the customer is king, her/his wellness has the utmost priority. Therefore, we offer best quality and competence, which is even taken over by interested professionals from the Far East.

The gisunt®-Klinik and the gisunt®-institute, as all gisunt®-enterprises demonstrate the sane combination of natural therapies and classical western medicine, based on research and experience.

The human dignity as well as respect of the patients will and freedom of therapy are binding for the entire gisunt®-staff.

### gisunt® stands for

ganzheitliches	holistic
individuelles / integratives	individual / integrative
schonendes	gentle
umsichtiges	sensitive
naturnahes	natural
therapieren	therapy

Always struggling for an improvement of prognosis, even in most critical phases of illness, we care for you by heart.

We give our best for you and undertake all efforts to develop integrative helpful therapy concepts, in order to reduce your suffering and optimise your prognosis.

With your active co-working and your will to regain your health, we can work together to improve the prognosis.



and Doctors are member of following societies:

German society for hyperthermia (DGHT) • International medical society for functional proteomics e.V.  
Society for biological cancer defence (GfbK) • Research propagation society for complementary medicine e.V.  
International Clinical Hyperthermia Society (ICHS) • Society for Thermal Medicine (STM)  
European Society for Hyperthermic Oncology (ESHO)

according to § 30 GewO stately licensed private care unit  
Company: gisunt® - health brand Holding GmbH & Co. KG

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