# HOW TO **GOD'S VOICE** CLEARLY FOR YOURSELF

# DOUG ADDISON

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### HOW TO HEAR GOD'S VOICE CLEARLY FOR YOURSELF

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## TIPS TO HEARING GOD'S VOICE

DOUG ADDISON

#### INTRODUCTION

Have you wanted to hear God more clearly and consistently in your life? Have you ever heard God speak to you but nothing ever came of it? Maybe you are wondering if the things you are hearing spiritually are from yourself, God or other sources? Possibly you have never heard God speak to you at all?

The things I just mentioned are common questions I get. I have been hearing God most of my life though I did not know that there are things you can do to sharpen your abilities. I have been training people to hear the voice of God, understand their dreams at night and use them to discover important clues about their life calling.

I have interpreted tens of thousands of dreams and I give thousands of prophetic words a year. I'm not trying to boast, I'm just letting you know that if someone like me can do it, then so can you. Since I am a practical trainer I love to share the secrets or insights that I learned the hard way. My hope and prayer is that you will be able to save time and even pain through what I am going to share with you.

I wrote this book to help answer those questions and hopefully help you along your journey. Whether you are just starting out or a veteran at hearing God, even if you could learn one thing that might help you then reading this will be worth your while. Sometimes God speaks more clearly, but most of the time it comes in the form of a small, quiet voice inside us that unless we train ourselves to listen to it, can be considered a coincidence.

#### EYES TO SEE

God speaks in so many ways, yet most people are not aware of it. One thing that Jesus often taught through the parables is that in the Kingdom of God

we must have "eyes that see and ears that hear." (Matthew 13:16) He was talking about seeing and hearing spiritually so that we may come to know His voice and His ways.

Most people have conditioned themselves to listen to God's voice only. But throughout the Bible God also spoke in ways that required us to see as well. God truly is speaking all the time, but most people are either missing or not understanding what is being said to them. I base everything I am sharing with you on Ephesians 1:17:

*"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better."* 

The sole purpose of hearing God is so that you may know Him better! The closer we get to God the clearer His voice becomes. Many people have stopped believing that God still speaks today. Learning to hear the voice of God is a lifelong process, but it is simple enough that even a child can do it.

#### NO LIMITS AT HEARING GOD

I want to invite you on a journey to hearing God daily in your life. You will never be the same. Because God created the heavens and the earth and He created us in His image it means that we are all very creative. You have access to everything you need through the Holy Spirit.

#### DAILY PROPHETIC WORDS

I have been hearing God for a long time and I have been releasing written prophetic words since 2002. A few years ago God spoke to me to begin posting short, encouraging words from the Holy Spirit on various social media sites each day. I started on Twitter and Facebook and currently my daily prophetic words are going all around the world in over five languages that I am aware of. I write what God shows me and call them Daily Prophetic Words. For the most part these prophetic words are what I would call confirming words. In other words, people have already sensed God speaking the same message to them before they read the encouraging word. So there's a sort of "echo" to the prophetic word where God will often repeat Himself by giving a similar prophetic word to various people to reassure them that they have heard Him accurately. It's not like these are weighty prophetic words.

Most are words of knowledge (you'll find these explained in 1 Corinthians 12). These prophetic words are usually about the present or the past and some are a bit about the future. The Daily Prophetic Words are very short because I release them on Twitter and social media sites that have a limit in the number of characters you can use. I generally get them a month or more in advance, one for each day of the month.

They are not for every person on every day. But more times than not, God uses the Daily Prophetic Words to speak to people and give them encouragement. I am often surprised myself when I read them each day.

#### **PROPHETIC BLOGS AND ARTICLES**

I also release weekly and monthly prophetic words through my Internet blog on my website DougAddison.com. These are actually are much more prophetic in nature (that is, about the future as well as encouraging). God has gifted me to understand the times and seasons. So my weekly and monthly prophetic articles often contain specific dates and periods of times.

I basically report what God speaks to me about the specific season that we are in as a Church or people at large. Again, it might apply to every person but I get a lot of feedback that it is exactly what masses of people are experiencing.

I try to explain as much as I can about how these words came to me. I try to let people know that it's not always so mystical to hear God. It actually becomes naturally supernatural when you grab hold of the ability to hear God on a daily basis. I try to demystify it and to really activate people into recognizing the fact that God is speaking all the time.

#### WE CAN ALL HEAR GOD!

You don't have to be a prophet to hear the voice of God. In fact, this is a misunderstood aspect of how God speaks. Hearing God and prophetic ministry is meant to be a function in our lives and community.

You may hear God differently than others because we are all uniquely created by God and have different gifts and styles.

1 Corinthians 12:27 *Now you are the body of Christ, and each one of you is a part of it.* 

Here are a few things I get asked most often about hearing God

- How do I know if what I am hearing is from God or myself or the enemy?
- I am afraid of being deceived so how can I trust what I am hearing?
- I have stepped out before and responded to what God spoke to me but why was it that nothing happened?
- I often have dreams but how can I know which ones are from God?

In my training courses, books and blogs I answer these questions by helping people to "learn to discern." When I say "learn" that means it takes practice and time to develop and mature. Just because God might speak to one person more clearly does not make them special or better. God loves us all the same.

Prophecy and revelation is given to us by God through the Holy Spirit and is intended to be a function in our lives and community. It is also intended to be encouraging to people who need a breath of life.

1 Corinthians 14:3 But everyone who prophesies speaks to men for their strengthening, encouragement and comfort.

The Old Testament is full of examples of judgmental prophecies. But this was to get the Israelites, God's people, back on track. That will not work with people who don't have a biblical foundation to begin with like we have today in our society. It was also done before people had the Holy Spirit in them like we do in the New Testament times.

I realize that not everyone who is reading this is all in the same place spiritually. I promise not to preach or tell you what to believe. I know that some of the things I am talking about might sound controversial or even stretch you at times but they are built on a biblical foundation and a lifetime of experience.

We can be "naturally supernatural" so to speak. Hearing God does not need to be spooky or mystical. I like to think of the supernatural things of God as being a "natural part of our lives." You don't have to be a prophet to hear the voice of God.

#### GOD LONGS TO SPEAK TO YOU

He longs to convey messages of love, comfort, guidance, and warning through a variety of different methods. Maybe it is through dreams and visions (Job 33:15–16), through the Bible (Daniel 9:2), through a conversation we have with someone, or through the arts like music, dance, paintings and sculpture. The possibilities are endless.

God longs for us to spend time with Him. Sometimes He gives us a puzzling dream just so we will search out the answer. And when we find the answer, it might seem insignificant, but God loves us so much that He is thrilled when we search for Him as we would for buried treasure. We can often miss God's still, gentle voice if we do not slow down enough to listen.

#### HEARING GOD IN DAILY LIFE

I had a dream that a friend of mine was crying. The next day I sent an email of encouragement and found out that he was going through a major crisis at work and my prayers really helped.

Wouldn't it be great to hear God tell you to take a different way to work, and as you did, you avoided a huge accident on the freeway? Or to hear God subtly nudge you to buy flowers for your spouse, and when you got home you found out that they had one of the worst days ever?

How about hearing God tell you to go to the bank and withdraw a certain amount of money, and later that day you were in need of that exact amount of cash?

A while back my wife was driving in the fast lane of the freeway in fast moving bumper-to-bumper traffic in Los Angeles, and she heard the still small voice of God inside say, "back off", so she did. Instantly the car in front of her had a blow out and had she not backed off she would have crashed. These are some examples to illustrate that God wants to guide us every day in every way. These are ways God wants to interact with us regularly; however, to hear God consistently and accurately takes practice.

Hebrew 5:14 But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. Many people are afraid of being deceived when it comes to hearing God. According to Hebrews 5:14, the remedy for this is to train yourself, which will take practice.

#### SECRETS TO HEARING GOD

Someone asked me what my secret is to hearing God? Is it fasting, prayer? What do I do? Well I practice, a lot! I record and write detailed things in a journal in about how I hear God. I take notes and research what I am hearing and then I do it over and over. Things like fasting, prayer, worshiping and reading the Bible develop the positive spiritual atmosphere we need to grow and mature. It keeps our heart and spirit sensitive to God's ways and keeps us from getting calloused. I like comparing these things to changing the oil in a car. It does not make it go faster but instead it makes it last longer.

#### **DIFFERENT WAYS GOD SPEAKS TO US**

There are so many different ways that God can speak to us. I am going to cover just a few as a brief overview.

#### GOD SPEAKS THROUGH THE BIBLE

The most common way people hear the voice of God is through a verse in the Bible. Other times it is something that flashes through your mind. Not everything that we hear is necessarily from God. But practice will allow you to more easily discern what is and is not from God. When you truly hear from God, it will never

- violate principles from the Bible
- do anything that will harm others
- ask you to do something illegal

#### GOD SPEAKS THROUGH IMPRESSIONS OR PICTURES

Sometimes you may get something internally in the form of a picture in your mind or something quickly pops into your spirit. It may not necessarily be a complete thought but you sense it's from God ... be discerning, because not all of our thoughts are from God. It could come as a single word or phrase, or a song. You may suddenly see a picture of a rose. You then think about what it represents. A rose brings nice fragrance and beauty wherever it is.

There are also impressions from God that may come to you externally in the form of a vision or picture, or something externally that catches your eye. This could be repeated numbers on a clock, colors, or anything that God brings to your attention. For a split second you are drawn to the pen on the table, and God nudges you that writing is significant for you. Or you might remember that you wanted to write a thank-you note to a friend.

#### GOD SPEAKS THROUGH DREAMS AND VISIONS

Dreams at night can be a great way to hear God. Though not all dreams are from God, once you understand how God speaks through symbolic language, then you can trust God to guide you. Over one third of the Bible is made up of dreams and visions. Jesus often spoke in parables, and dreams are very similar to "night parables."

For God may speak in one way, or in another, Yet man does not perceive it. In a dream, in a vision of the night, When deep sleep falls upon men, While slumbering on their beds, Then He opens the ears of men, And seals their instruction. In order to turn man from his deed, And conceal pride from man, (Job 33:14-17 NKJV)

> YOU CAN LEARN TO INTERPRET DREAMS RIGHT NOW THROUGH THE DREAM CRASH COURSE ONLINE TRAINING <u>HTTP://DREAMCRASHCOURSE.COM</u>

#### OTHER WAYS THAT GOD SPEAKS TO US

There are many ways that God can speak to us, but I don't have the time in this book to go into all the details. Jesus said more than fifteen times that we must have "eyes that see and ears that hear." He was referring to seeing and hearing spiritually. Jesus taught powerful principles about the Kingdom of God by using parables. These symbolic stories from real life situations conveyed a deeper spiritual truth. Even Jesus' disciples who were close to Him did not understand this way of communication at first (Matthew 13). You can learn a lot about God's hidden language by studying Jesus' parables and how He described their meanings to the disciples.

God may speak to us through other people. What may seem like a normal conversation with a friend could be God trying to communicate something to you. Remember, God can speak through movies, music and the arts. God often speaks through nature or natural things. Take a walk in the woods and allow creation to speak to you through its beauty and splendor. Often things that happen in the natural realm are reflective of what is happening in the supernatural.

There are other ways to hear God, which may include things like supernatural experiences, angels, and hearing an audible voice from Heaven. These are all very biblical, and though they are not as common, they cannot be ruled out as a means to hearing God.

Keep in mind that you don't need a dramatic encounter or to hear the audible voice of God. Most people are waiting for an angel to show up or a major sign from Heaven to drop in front of them. God is speaking to you daily and longs for you to pay attention to the small nudges He is already giving you.

#### **GOD DOES NOT DESPISE IMMATURITY**

God sees you as who you are becoming even though you will still need to go through a process of development. God is not impatient with immaturity and enjoys relating to you as you grow.

You would never expect a five-year-old child to drive a car. In the same way God does not expect more from us than our current level of maturity allows. As you grow and mature, God will test you for the purposes of promoting you into a greater level of influence and maturity.

#### FIVE STEPS TO HEARING GOD DAILY

As I share these tips to hear God daily it is so important to not become legalistic about doing them. There is not a formula to follow and you are not a bad person for not doing some of these things daily. There is so much freedom in our spiritual life and we are no longer bound by rules and regulations. These are just guidelines that you can use.

#### 1. BELIEVE: THERE IS A LOT OF POWER THAT HAPPENS WHEN WE BELIEVE.

James 1:6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind.

Most people believe that God still speaks today, just not necessarily to them. And if we continually focus on not being able to do something, chances are we never will. But if we change our focus and accept that God loves us and longs to speak to us, there is a good chance we will begin to hear God in ways we never thought possible.

There is a spiritual principle that unbelief chokes out supernatural experiences from God. An example of this is found in Matthew 13:58, when Jesus was not able to do many miracles due to the unbelief of the people. God really does desire to communicate with us. Most of the time, we simply need to clear away some of the busyness in our lives to perceive what He is saying.

Believing activates our faith. It is necessary to develop an atmosphere of faith in order to open up the spiritual principles necessary to mature in hearing God daily. We all are driven by our belief systems whether negative or positive, known or unknown. Most of our beliefs were formed in us at a young age. It is necessary at some point in your life to evaluate your beliefs and look for ones that may be hindering you from hearing God more clearly.

#### 2. MAKE SURE YOU ARE AT PEACE.

#### Luke 5:16 But Jesus often withdrew to lonely places and prayed.

We must have peace in our lives if we want to hear the voice of God daily. When we are hurried or stressed out, we are less likely to consistently hear Him. Many people hear God when they are in the shower or taking a bath. This may seem surprising, but it's because it's one of the few places where we are alone and able to listen.

It's good to set time aside regularly—daily, if possible—to quiet yourself. For me, the best time is first thing in the morning. I know we are all wired differently, but morning seems to be a good time because the phone isn't ringing, there are fewer distractions, and things are the quietest. If you have small children then maybe this is best later at night or in the afternoon.

Each morning I spend a few moments getting focused on God. This includes for me praying, reading the Bible, and asking God to speak to me about my day. I write down the dreams I had at night and take notes and do some research on things I am hearing God speak to me.

Maybe you feel that you don't have time to do this, so do what you can. It would be nice if we all had quality time with God. But the truth is spending any time you have will be beneficial.

When I was a business owner in San Francisco I used to pull my car over on the way to work each day for 10–15 minutes to do what I am saying here. I also went out at lunch for prayer walks or to listen to the Bible on audio. You can combine two things to save time. I like to use the exercise-prayer combination so that my body, soul, and spirit are all working together.

God will often speak to us by impressing a verse on our minds. Reading the Bible regularly will help condition us to be more spiritually sensitive. Sometimes God speaks to us clearly, and other times He is not as clear. God often conceals matters and requires those who really want more of Him to search for God as they would to uncover hidden treasure. If we spend time with Him, we will access the treasures of kings!

Proverbs 25:2 It is the glory of God to conceal a matter; to search out a matter is the glory of kings.

#### 3. REMOVE HINDRANCES TO HEARING GOD

Hebrews 12:1 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders ...

There will always be hindrances to hearing God daily. A major hindrance to hearing God can be our own theology. If we were taught that God does not speak today, then this will affect our ability to hear Him. Our traditions or forms of worship can also be a hindrance to hearing God because they often limit when and how God can speak.

When I first began to grow in my ability to hear God, I thought I had to be in a worship service to hear Him. I really don't know why, but I believed that if God was going to speak to me, it would probably be at church. The drawback to my way of thinking was that I was only in church once or twice a week, and the church I went to at the time had a quick, visitor-friendly type of service that did not allow much time to be quiet and listen to God.

Later I realized that God is speaking all the time. There is no one way or method for hearing God. He is multi-faceted, and when we try to put Him in a box, we will miss the unlimited power and creativity available to us. It is a good idea to start noticing the ways God tends to speak to you. As you put your attention to it then you can grow and develop more.

A third hindrance to hearing God is being too busy to listen. Sometimes we can fill our time with activities that appear worthwhile but actually hinder us from hearing God daily. I have developed the ability to have "eyes to see and ears that hear" that Jesus spoke so much about. There are hidden prophetic messages in movies, TV shows, commercials and music. So even if you watch

TV or surf the internet you can tune in to the "Holy Spirit Network" and ask God to speak to you.

A fourth hindrance to hearing God is to assume we know what He is saying. This is called assumption or presumption. Often God speaks to us to reveal barriers and blocks in our relationship with Him. Our own beliefs, ego and pride can block the real meaning of what God is trying to show us. We may think He is speaking about something or someone else and not about our own issues. When we hear from God we need to first look at our own lives before we attempt to try to help someone else.

#### 4. ACTIVATE WHAT GOD IS SAYING.

Luke 6:49a But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation.

As God begins to speak to you, it's a good idea to value what you are hearing and write it down. Your life purpose and destiny depends upon these fundamental daily practices. It will help to get a notebook, a prayer journal, or type what you hear God saying in your computer in ways that best fits your personality and style.

Get into the habit of writing down what you sense God telling you. This will help you keep track of them. Give thanks to God when you see them happening, because it helps your spirit to focus positively on God's good nature.

If we want to hear God consistently, we must be quick and develop the habit of responding every time He speaks. Sometimes God will remain silent until we do the last thing He told us to do. Stop for a minute and ask God to show you whether there is anything you need to respond to.

Hearing God is so awesome and it is amazing that He wants to speak to us. A major key to hearing God daily is to activate or respond to the things that God speaks to us.

Jesus said, "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." (Matthew 7:7)

Notice that the words ask, seek, and knock are all proactive steps. They also are an acronym: ASK. Jesus did not say, "Believe and the door will be opened." Or even, "Sit on the couch and wait for God to open the door." Again, there is power in believing and power in waiting on God. There is also power in taking action.

In order for you to grow in your ability the hear God and to find and fulfill the destiny God has for you it requires you to take steps and be proactive. There are many other similar principles in the Bible that are keys that will unlock and open the door to your future. They will also close doors to negative things from your past.

The problem is that most people only believe these principles in their minds and have not practiced them consistently in their daily lives. When we do them we will start to see the radical transformation of a new life.

You can activate things that you hear from God by taking some small practical steps that makes it come alive in your life. Things like writing it down, doing internet research, reading a book on the subject, sending an apology, praying, downloading an application, or starting to save money towards it. The list is endless. There is power in doing small things.

If you have been around my training long you will hear me talk about developing a Breakthrough Lifestyle. This is doing small things over time toward the things that you feel called to or that God speaks to you. If you make a habit of this then you will create an atmosphere of breakthrough and not avoidance. This is the cure to procrastination, unclear vision or feelings of being stuck.

#### 5. PRACTICE

Hebrews 5:14 But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

For those who need them, you can actually put on your Holy Spirit training wheels. It's okay to practice. It is okay to make mistakes because that is the only way to learn. Find a safe place to practice. If you don't have a lot of experience, you may not want to start by sharing something in front of a group. Try with people who you know and let them know you are practicing.

I have trained a lot of people to use the line, "I am taking a class on hearing God or how to encourage people ... can I practice on you?" Just know that God loves you, has grace for you and wants to use you. He wants to speak to you and you can trust the process.

Many people are afraid of being deceived when it comes to hearing God's voice. The remedy for this is to train yourself to distinguish between good and evil. This can only be done through practice. When I first started practicing hearing God it freaked out people at my church. They told me I should not be doing that because it was like fortune telling. Seriously?

God wants us to learn to hear His voice. Fortune telling is done through a different spirit than the Holy Spirit. Also, we permit people to practice at all the other gifts mentioned in the Bible such as, teaching, administration, hospitality, etc. ... why not the prophetic? This is a blind spot for many people today and we would all benefit from having the freedom to "learn to discern" in a safe place.

#### **STUDY THE REAL**

We must learn to be sensitive to the differences between God's voice, our own ideas, and those of demonic forces. The easiest way to do this is to study your own experiences of how God has spoken to you in the past. Let's say you hear God and there is clear evidence to confirm that what you heard was really God speaking to you. Use a journal to record and study what it felt like to hear Him. Remember how it came to you, the sense you had in your spirit, and the peace you had.

So, how can we practice hearing God?

- First, ask God to begin to train you. Ask the Holy Spirit to make you sensitive to His voice.
- Write down what you feel God is speaking to you.
- Track your experiences and make notes on things you heard in advance that actually happened.

We're not trying to predict anything or be a prophet; we are simply asking God to speak to us so we can learn. It takes time and practice to recognize the difference between our own thoughts and words from God.

#### FOCUS ON GOD AND NOT DEMONS

I mentioned grabbing hold of the authentic so that you will recognize the counterfeit. Unfortunately, some people today are actually too focused on the counterfeit. They're more focused on demons than they are on angels or the Holy Spirit.

How do I know this? Because I have had encounters with angels and when I start talking about it at a church or in a meeting people get uncomfortable. The odd thing is if I said, "I think there's a demon in the room," then probably 95% of these people would say, "Yes, I agree." This is a sad day when discerning demons is actually a higher value than discerning what the Holy Spirit or angels are doing in the room and that's where we need to flip this around.

#### FLIPPING A NEGATIVE WORD

Whenever you see the destruction of Satan in a person's life you have the opportunity to speak God's will, not Satan's. Most negative words of

knowledge and prophecy come from you discerning Satan's will for the person instead of God's.

People who have a high destiny or calling on their lives will have more resistance and warfare. The good news for you is why would the enemy work so hard on you unless you were a threat.

There is power in being able to discern the plans of the enemy. But most of us have not been adequately training on how to respond to what we are seeing. God's will is usually opposite—so "Flip it! and flip it good!" When you can learn to do this you will have an amazing power to stop the works of darkness.

#### CLOSING

Well, I have given you a lot in this short book. I go deeper into all these principles in my training courses, books and blogs on my website. I encourage you to attend an online training event or take one of my in-depth training courses or coaching groups. I guarantee you that your life will never be the same! At the end of this book you will find three exercises that will help activate you in hearing God daily.

Ephesians 1:18 *I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people.* 

Blessings,

DOUG ADDISON

#### **EXERCISE: HEARING GOD**

Here are a few exercises to hear God more clearly. Don't be discouraged if you are not able to hear Him clearly on any or all of these. It is a process.

1. *Hearing God through the Bible:* Ask God to give you a verse in the Bible that will speak to you personally. Close your eyes and don't think hard; just wait until something comes into your mind. This may take a few tries to get something practical.

2. *Hearing God through writing:* Take a piece of paper or use your computer, and begin to write what you feel God is speaking to you. Think of it as a love letter from your father. Let it flow from deep inside you. Again it should be positive and uplifting and will not condemn you. God loves you and wants you to succeed.

3. *Hearing God through an object:* Pick up an object that is near you right now. Hold it in your hand and ask God to speak to you about yourself based on this object. Look at all sides of the object, read it, and think symbolically. Write down what He tells you.

#### OTHER RESOURCES FROM DOUG ADDISON

#### UNDERSTAND YOUR DREAMS NOW: SPIRITUAL DREAM INTERPRETATION

Doug Addison's Understand Your Dreams Now: Spiritual Dream Interpretation is drawn from decades of classroom and real world experiences. It contains everything you need to get started, or to go to a new level of interpreting dreams. Includes a 300-symbol dream dictionary.

#### PERSONAL DEVELOPMENT GOD'S WAY

People everywhere want to know their life's purpose and destiny. This book was developed after Doug Addison spent a lifetime studying why some people's lives change radically and others do not. Packed full of practical examples, stories, and exercises designed to apply to your life.

#### ACCELERATING INTO YOUR LIFE'S PURPOSE

Discover your destiny, awaken passion, and transform your life with this ten-day interactive program. Designed to reveal your life's desires, remove obstacles, and create a written plan for what to focus on next. Change limiting beliefs, stop the past from affecting your future and develop a strategy to guide you towards your destiny. Includes ten audios and a transformation journal.

#### SPIRITUAL IDENTITY THEFT EXPOSED

The rise of identity theft in the world today parallels what is happening spiritually to people everywhere. People have been blinded to their true identity and the destiny they were created to live. Contains seven strategies from darkness and seven remedies to change your life forever.

#### WRITE A BOOK QUICKLY: UNLOCK YOUR CREATIVE SPIRIT

Whether you are just starting out or you are an experienced writer, this precise book can help you get to a new level. Tap into your creative nature, learn secrets of writing, publishing tips, writing resources, exercises and more.

#### DREAM CRASH COURSE ONLINE TRAINING

Understanding dreams does not have to be difficult! Doug Addison is an expert dream interpreter who has interpreted over 25,000 dreams and has trained thousands of dream interpreters worldwide. He has developed a "Crash Course" on how to understand your dreams quickly. This is everything you need in one online program. Includes ten online videos, mp3, study guide, dream journal, symbols dictionary and more!

#### PROPHETIC LIFE COACHING

Doug Addison is a certified Life Coach and a gifted prophetic strategist. A session with his unique expertise can help with your personal life, business, family, health, relationships, personal development and even understanding your dreams.

Doug's coaching strategies help people in all areas of life. Prophetic Life Coaching can help you break through the common barriers that people experience in finding and fulfilling their destiny. In your one-to-one telephone session Doug helps direct you toward your divine life purpose by evaluating your current situation, getting deeper spiritual insight and identifying obstacles.

#### ACTIVATE YOUR LIFE CALLING: LIVE BREAKTHROUGH EXPERIENCE

Are you ready to bring lasting change in your life now? Do you want to discover and fulfill your higher calling? Do you want passion to get up each day knowing you are working towards your purpose?

Join us during this three-month interactive program to Activate Your Life Calling. This online coaching group is designed to bring the transformation in your life that you've always desired, whether that's helping you to lose weight, get a better job, launch a business or ministry, write a book, or deepen your relationship with God ... we provide all the support, practice and feedback you need to break through quickly! Activate Your Life Calling will give you all the tools you need to succeed! See you there!

VISIT <u>HTTP://DOUGADDISON.COM/STORE</u>