

# EMILY (RESSLER) TANNER

EMAIL: EMILY.TANNER@SIU.EDU

## EDUCATION

- M.S. Ed      Recreational Resource Administration, Southern Illinois University, 2006  
Thesis Advisor: Dr. Regina Glover  
Emphasis: Outdoor Recreation
- B.A.            General Studies, Southeast Missouri State University, 2003  
Emphasis: Recreation, Education, and Biology

## CURRENT PROFESSIONAL EXPERIENCE

- 08/16-Present    Assistant Lecturer-Department of Health Education and Recreation, SIUC, Carbondale, IL  
Currently serving as an instructor for introductory and advanced outdoor recreation and general recreation courses. Courses include Outdoor Living Skills, Adventure Education, Trip Planning and Risk Management, Environmental Ethics in Outdoor Recreation, Program Planning and Group Dynamics, Outdoor Recreation Management, Expedition Leadership, and Adaptive and Inclusive Recreation.
- 12/09-Present    Writer and Photographer, Falcon Guides, Guilford, CT  
As a contract writer and photographer, have written and/or revised eleven hiking and outdoor adventure guidebooks. Work involves researching the area's natural and cultural history, hiking numerous miles of trails, writing trail descriptions, taking photos, and working with land managers to ensure correct information. Ability to work independently and meet deadlines.

## PAST PROFESSIONAL EXPERIENCE

- 12/17 – 02/18    Executive Director, Friends of the Shawnee National Forest, Carbondale, IL  
Serving as Executive Director for a small, non-profit organization, was responsible for executing the organization's mission statement. Work included program development, grant administration, managing staff and overseeing/performing all day-to-day operations. Worked closely with volunteers, other non-profit organizations, and several federal and local land management agencies.
- 08/15 – 08/16    Program Director, Cultural Exchange Network, Cape Girardeau, MO  
Program director for an educational program focused on global education. Worked closely with local schools and other youth serving organizations to provide authentic, hands-on, multicultural educational programs. Responsible for developing curriculum with topics ranging from geography to cultural diversity. Capable of crafting dynamic presentations with guest speakers. Experience managing volunteers. Served as camp director during Global Adventure Camp and GOALS camp. Administered the Concordia Language Village scholarship program.
- 08/14 – 12/14    Adjunct Instructor, Southeast Missouri State University, Cape Girardeau, MO  
As an Adjunct Instructor at Southeast Missouri State University instructed the Lifestyle Enhancement course. The aim of this experiential course was to improve students physical and

mental well-being by learning new skills in the areas of stress management, goal setting, nutrition, fitness, and outdoor recreation.

- 8/10 - 8/13      Teacher, Mosaic Academy, Aztec, NM  
As a classroom teacher, created an engaging and positive learning environment for elementary and middle school students. Developed hands-on lessons, within the guidelines of state and national standards, to promote experiential learning. Developed strong organizational systems to accommodate a fast-paced learning environment. Demonstrated the ability to develop relationships with students and families from diverse backgrounds. Served as the lead teacher for outdoor outing including skiing, snowshoeing, environment education outings, orienteering, hiking, and our annual trip to the Grand Canyon.
- 7/10 - 5/14      Adjunct Instructor, San Juan College, Farmington, NM  
As an Adjunct Instructor at San Juan College taught for credit and non-credit courses in the health education and recreation programs. Also instructed course in the continuing education program. Created course syllabi, taught in a classroom setting, and instructed courses while in the field. Courses taught include Environmental Ethics, Backpacking, Women's Expedition Backpacking, Nutrition, and Weight Training.
- 7/12 - 5/14      Marketing Manager, San Juan College, Farmington, NM  
Part-time marketing coordinator for the Health and Human Performance Center at San Juan College. Responsible for promoting programs, events, and courses to the local community and greater four-corners regions.
- 5/11 - 5/14      New Mexico State Advocate, Leave No Trace Center for Outdoor Ethics, Boulder, CO  
As a volunteer for Leave No Trace in the state of New Mexico, act as a contact point for New Mexicans and the Leave No Trace office. Offer information and training to the people that live in the state and give feedback about things going on in the state to the Leave No Trace Center for Outdoor Ethics.
- 1/07 - 01/10      Leave No Trace Traveling Trainer, Leave No Trace Center for Outdoor Ethics, Boulder, CO  
As a traveling environmental educator, promoted Leave No Trace by providing presentations, workshops, and trainings across the United States. Regularly collaborated with a wide range of outdoor industry professionals to provide outreach, education, and recreational opportunities. In addition to working in the education department, also worked closely with marketing, membership and partnership development, and program development. Experience working at large volume (up to 14,000 attendees) public events. Regularly contributed content to the organization's website, online calendar, blog, Facebook page, and Twitter feed.
- 8/04 - 8/06      Graduate Assistant, Adaptive & Inclusive Recreation Program, Southern Illinois University, Carbondale, IL  
As the Adaptive and Inclusive Recreation Program graduate assistant, I was responsible for planning, scheduling, and staffing all trips, events, and programs for college students and community members with disabilities. Programs included fishing, gardening, fitness, social, and other outdoor adventure opportunities. I managed many aspects of the program, including hiring, budgeting for programs, training, scheduling, and supervising a staff of approximately 30 student workers and volunteers. Served as a chair member for the Campus Recreation Student Committee.
- 8/03 - 8/04      Outings Coordinator, Southeast Missouri State University, Cape Girardeau, MO

Planned, organized, and led adventure and outdoor education trips for college students through the Department of Health, Human Performance, and Recreation. Other job duties included equipment maintenance, group facilitation classes, low ropes courses, marketing, advertising, and budgeting for the outings.

- 1/00 - 8/03      Climbing Wall Staff, Idaho State University, Pocatello, ID  
As a student worker, I provided supervision and instruction at the university's indoor rock-climbing facility and outdoor climbing clinics and classes. Duties included providing instruction on safe climbing techniques, managing and maintaining inventory, setting new routes, and coordinating climbing events. Also instructed several clinics including Women's Climbing, Climbing and Yoga, and Mother/Daughter Climbing.
- 8/99 – 12/03      Climbing Wall and Fitness/Front Desk Supervisor, Southeast Missouri State University, Cape Girardeau, MO  
As a student worker, I provided supervision and instruction at the university's indoor rock-climbing facility and outdoor climbing clinics and classes. Duties included providing instruction on safe climbing techniques, managing and maintaining inventory, setting new routes, and coordinating climbing events. Also worked as a fitness and front desk supervisor at the university's recreation center.

### **CERTIFICATIONS & TRAININGS**

Wilderness First Responder  
SOLO, San Juan College, Farmington, NM

K-8 Elementary License  
State of New Mexico, Public Education Department, Santa Fe, NM

Certified Outdoor Leader  
Wilderness Education Association, Indiana University, Yellowstone National Park, WY

Project Wild Instructor  
Southern Illinois University, Carbondale, IL

Leave No Trace Master Educator  
National Outdoor Leadership School, Ouachita National Forest, AR

### **PROFESSIONAL CONFERENCE PRESENTATIONS**

- 2010              Association for Experiential Education, Heartland Region Conference  
"LEAVE NO TRACE SKILLS RODEO"  
Potosi, MO
- 2009              Association for Experiential Education, Heartland Region Conference  
"INCORPORATING LEAVE NO TRACE INTO YOUR EDUCATIONAL PROGRAM"  
Williams Bay, WI
- 2009              Wilderness Education Association National Conference  
"INCORPORATING LEAVE NO TRACE INTO YOUR OUTDOORS PROGRAM"  
Bloomington, IN

- 2009 American Camp Association National Conference  
“PROMOTING ENVIRONMENTAL AWARENESS IN KIDS”  
Orlando, FL
- 2009 National Association for Interpretation National Workshop  
“VENTURING AND LEAVE NO TRACE”  
Portland, OR
- 2008 International Association for Experiential Education Conference  
“CURRENT TRENDS AND ISSUES IN EXPERIENTIAL EDUCATION” - PANELIST  
Vancouver, WA
- 2008 Association of Outdoor Recreation and Education National Conference  
“INCORPORATING LEAVE NO TRACE INTO YOUR OUTDOORS PROGRAM”  
San Diego, CA
- 2008 The Outdoor Adventure Expo  
“LEAVE NO TRACE FOR SEA-KAYAKERS”  
Minneapolis, MN
- 2008 Alabama Hiking Trails Society Conference  
“LEAVE NO TRACE FOR HIKERS AND BACKPACKERS”  
Cheaha State Park, AL
- 2008 American Camp Association National Conference  
“PROMOTING ENVIRONMENTAL AWARENESS IN KIDS”  
Nashville, TN
- 2007 West Coast Sea Kayak Symposium  
“LEAVE NO TRACE FOR SEA-KAYAKERS”  
Port Townsend, WA
- 2007 East Coast Canoe and Kayak Symposium  
“LEAVE NO TRACE FOR SEA-KAYAKERS”  
Charleston, SC

## **BOOKS & PUBLICATIONS**

- Adkison, R, Ressler, E, and Tanner, J. (2010). Hiking Grand Staircase-Escalante & the Glen Canyon Region. Global Pequot Press/Falcon Guides, Guilford, CT.
- Adkison, R, Ressler, E, and Tanner, J. (2011). Best Easy Day Hikes Grand Staircase-Escalante & the Glen Canyon Region. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2011). Best Easy Day Hikes St. Louis, Missouri. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2012). Best Hikes Near St. Louis, Missouri. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2012). Best Easy Day Hikes Springfield, Missouri. Global Pequot Press/Falcon Guides, Guilford, CT.

- Tanner, J. & Ressler, E. (2012). Best Easy Day Hikes Missouri Ozarks. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2013). Best Hikes Near Albuquerque, New Mexico. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2013). Hiking Cody Wyoming. Sunlight Sports, Cody, WY.
- Tanner, J. & Ressler, E. (2014). Hiking the Ozarks. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2014). Best Bike Rides Albuquerque and Santa Fe. Global Pequot Press/Falcon Guides, Guilford, CT.
- Tanner, J. & Ressler, E. (2014). Best Hikes Near the Four Corners. Global Pequot Press/Falcon Guides, Guilford, CT.

## GRANTS

\$56,000 National Forest System Trail Stewardship grant, granted by the National Wilderness Stewardship Alliance, the American Hiking Society, the Back Country Horsemen of America, the International Mountain Biking Association, the Blue Ribbon Coalition, and the American Motorcyclist Association to Friends of the Shawnee National Forest. Provided accurate and consistent signage and performed maintenance along the 164-mile River to River Trail in Illinois, including several designated wilderness areas. **(AWARDED)**

## AWARDS

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| 2018 | Outstanding Service Award, Shawnee National Forest, Department of Agriculture                   |
| 2019 | College Excellence Award, College of Education and Human Services, Southern Illinois University |

## COURSES

### Undergraduate Courses

- UNIV 101 Saluki Success (2020)
- REC 220 Canoeing (2016)
- REC 302 Program Design and Group Dynamics (2018, 2017)
- REC 303 Inclusive Recreation (2017, 2016)
- REC 330 Introduction to Outdoor Recreation (2020, 2019, 2018)
- REC 401 Foundations of Environmental Education (2020, 2019)
- REC 426 Land-Based Recreation (2018)
- REC 427 Water-Based Recreation (2019)
- REC 428 Challenge-Based Recreation (2017)
- REC 429 Planning and Risk in Outdoor Recreation (2020, 2019, 2018, 2017)
- REC 430 Outdoor Living Skills (2020, 2019, 2018, 2017, 2016)
- Rec 431 Expedition Leadership (2020, 2019, 2018, 2017)
- REC 432 Outdoor Recreation Environmental Issues and Ethics (2020, 2019, 2018, 2017)
- REC 433 Adventure Education (2019, 2018, 2017, 2016)

REC 445 Outdoor Recreation Management (2019, 2018, 2017)

REC 466 Community Based Recreation (2020)

REC 468 Campus Recreation (2020)

Graduate Courses

REC 503 Managing and Marketing Leisure Services (2020)

REC 580 Reading in Leisure and Recreation (2020)