# DIFFERENTIAL GEOMETRY NOTES 

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#### Abstract

These are notes I took in class, taught by Professor Andre Neves. I claim no credit to the originality of the contents of these notes. Nor do I claim that they are without errors, nor readable.


Reference: Do Carmo Riemannian Geometry

## 1. REview

Example 1.1. When $M=\left\{(x,|x|) \in \mathbb{R}^{2}: x \in \mathbb{R}\right\}$, we have one chart $\phi: \mathbb{R} \rightarrow M$ by $\phi(x)=(x,|x|)$. This is bad, because there's no tangent space at $(0,0)$. Therefore, we require that our collection of charts is maximal.

Really though, when we extend this to a maximal completion, it has to be compatible with $\phi$, but the map $F: M \rightarrow \mathbb{R}^{2}$ is not smooth.

Definition 1.2. $F: M \rightarrow N$ smooth manifolds is differentiable at $p \in M$, if given a chart $\phi$ of $p$ and $\psi$ of $f(p)$, then $\psi^{-1} \circ F \circ \phi$ is differentiable.

Given $p \in M$, let $D_{p}$ be the set of functions $f: M \rightarrow \mathbb{R}$ that are differentiable at $p$. Given $\alpha:(-\epsilon, \epsilon) \rightarrow M$ with $\alpha(0)=p$ and $\alpha$ differentiable at 0 , we set $\alpha^{\prime}(0): D_{p} \rightarrow \mathbb{R}$ by

$$
\alpha^{\prime}(0)(f)=\frac{d}{d t}(f \circ \alpha)(0)
$$

Then

$$
T_{p} M=\left\{\alpha^{\prime}(0): D_{p} \rightarrow \mathbb{R}: \alpha \text { is a curve with } \alpha(0)=p \text { and diff at } 0\right\} .
$$

This is a finite dimensional vector space. Let $\phi$ be a chart, and $\alpha_{i}(t)=\phi\left(t e_{i}\right)$, then the derivative at 0 is just $\frac{d}{d x_{i}}$, and claim that this forms a basis.

For $F: M \rightarrow N$ differentiable, define $d F_{p}: T_{p} M \rightarrow T_{F(p)} N$ by

$$
\left(d F_{p}\right)\left(\alpha^{\prime}(0)\right)(f)=(f \circ F \circ \alpha)^{\prime}(0)
$$

Need to check that this is well-defined.
Example 1.3. If $F: \mathbb{R}^{n} \rightarrow \mathbb{R}^{k}$ with $k \leq n$, and $d F_{\alpha}$ is surjective for all $x \in F^{-1}(0)$, then $F^{-1}(0)$ is a smooth manifold.
$T M=\left\{(x, V): X \in M, v \in T_{p} M\right\}$.
$M$ smooth manifold, $G$ a group acting on $M$ properly discontinuously, that is, $F: G \times M \rightarrow M$ so that for all $g \in G$, $F_{g}: M \rightarrow M$ by $x \mapsto F(g, x)$ is a diffeomorphism. $F_{g h}=F_{g} F_{h}$ and $F_{e}=1$. For all $x \in M$, there exists $U$ neighbourhood of $x$ such that $F_{g}(U) \cap U=\emptyset$ for all $g \in G, g \neq e$. Set $N=M^{n} /\left\{x \sim F_{g}(x): g \in G\right\}$ is a manifold.

Recall: $F: M \rightarrow M$ is a diffeo if $F$ bijective, differentiable, AND $F^{-1}$ is diff
Theorem 1.4. Given $M$ smooth manifold, there is $\tilde{M}$ simply connected manifold such that $\pi_{1}(M)$ acts properly discontinuously on $\tilde{M}$ and $M^{n}=\tilde{M} / \pi_{1}(M)$.

Example 1.5. $\mathbb{R P}^{n}=S^{n} /\{x \sim-x\} . \mathbb{C P}^{n}=\mathbb{C}^{n+1}-\{0\} /\{x \sim \lambda x: \lambda \neq 0\}$.
Definition 1.6. A vector field $X$ is a map $M \rightarrow T M$. Let $\mathfrak{X}(M)$ be the set of all vector fields. Given $X, Y \in \mathfrak{X}(M)$, define the Lie bracket to act by

$$
[X, Y](f)=X(Y(f))-Y(X(f))
$$

Satisfying

$$
[[X, Y], Z]+[[Y, Z], X]+[[Z, X], Y]=0
$$

## 2. Riemannian Metric

Definition 2.1. Let $M$ be an $n$-dimensional manifold. A metric $g$ on $M^{n}$ is a symmetric bilinear map $g_{p}: T_{p} M \times T_{p} M \rightarrow \mathbb{R}$ for all $p \in M$ so that
(1) $g_{p}(a X+Y, Z)=a g_{p}(X, Z)+g_{p}(Y, Z)$ all $a \in \mathbb{R}, X, Y, Z \in T_{p} M$
(2) $g_{p}(X, Y)=g_{p}(Y, X)$
(3) $g_{p}(X, X)>0$ for all $X \in T_{p} M-0$
(4) If $X, Y \in \mathfrak{X}(M)$, then $p \mapsto g_{p}(X(p), Y(p))$ is a smooth function

Theorem 2.2. Every manifold has a metric (partition of unity)
Let $(U, \varphi)$ be a chart for $M^{n}$. Then $g_{i j}(x)=g_{\varphi(x)}\left(\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{j}}\right)$ for all $x \in U$ and $i, j=1, \ldots, n$. Then the matrix $\left(g_{i j}\right)$ is positive definite and symmetric. Additionally, $g_{i j}(x)$ are smooth functions of $x$.

If we write $X, Y \in T_{\varphi(x)} M$ as $X=\sum a_{i} \frac{\partial}{\partial x_{i}}$ and $Y=\sum b_{j} \frac{\partial}{\partial x_{j}}$ then

$$
g_{\varphi(x)}(X, Y)=\sum_{i, j} a_{i} b_{j} g_{\varphi}\left(\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{j}}\right)=\sum_{i, j} a_{i} b_{j} g_{i j}
$$

$(V, \varphi)$ is another chart, $g_{i j}^{\varphi}$ from first chart, $g_{i j}^{\psi}$ from another chart. Let $h=\psi^{-1} \circ \phi$, then
Claim 2.3. $\frac{\partial}{\partial x_{i}}=\sum_{k} \frac{\partial h_{k}}{\partial x_{i}} \frac{\partial}{\partial y_{k}}$.
Proof. For all $f \in C^{\infty}(M)$,

$$
\frac{\partial}{\partial x_{i}}(f)=\frac{\partial}{\partial x_{i}}(f \circ \phi)=\frac{\partial}{\partial x_{i}}(f \circ \psi \circ h)=\sum \frac{\partial h_{k}}{\partial x_{i}} \circ \frac{\partial f \circ \psi}{\partial y_{k}} .
$$

Therefore,

$$
g_{i j}^{\phi}=g\left(\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{j}}\right)=\sum_{k, \ell} \frac{\partial h_{k}}{\partial x_{i}} \frac{\partial h_{\ell}}{\partial x_{j}} g_{k \ell}^{\psi}
$$

As a matrix,

$$
\left(g_{i j}^{\phi}\right)=(D h)^{T}\left(g^{\psi}\right)(D h)
$$

Given a curve $\gamma: I \rightarrow M$, the

$$
\text { length }(\gamma)=\int_{I} \sqrt{g\left(\gamma^{\prime}(t), \gamma^{\prime}(t)\right)} d t
$$

If $R$ is a region of $M$, so that $R \subseteq \phi(U)$ of a chart,

$$
\operatorname{vol}(R)=\int_{\phi^{-1}(R)} \sqrt{\operatorname{det}\left(g_{i j}\right)} d x_{1} \ldots d x_{n}
$$

If $R$ is not contained in a single chart, use a partition of unity.
Example 2.4. On $\mathbb{R}^{n}$, for $X, Y \in T_{x} \mathbb{R}^{n}=\mathbb{R}^{n}, g_{x}(X, Y)=X \cdot Y$ is called the Eucliean metric.
If $M^{n} \subseteq \mathbb{R}^{n+k}$ is a manifold, $g_{p}(X, Y)=X \cdot Y$ is called induced metric.
$S^{n}=\left\{x \in \mathbb{R}^{n+1}:|x|=1\right\} \subseteq \mathbb{R}^{n+1}$ then $g_{s^{n}}$ is the induced metric on $S^{n}$.
$B^{n}=\left\{x \in \mathbb{R}^{n}:|x|<1\right\}$ then $g_{\mathbb{H}^{n}}(X, Y)=\frac{4}{\left(1-|x|^{2}\right)^{2}} X \cdot Y$ is called the hyperbolic metric
Definition 2.5. $F:(M, g) \rightarrow(N, h)$ is an isometry if
(1) $F$ is a local diffeomorphism
(2) $g(X, Y)=h((d F)(X),(d F)(Y))$ for all $X, Y \in \mathfrak{X}(M)$

Example 2.6. Any two curves of the same length are isometric.
$\{(x, y): y>0\}$ is isometric to a cone (locally)
Isometries of ( $\mathbb{R}^{n}$, Euclidean Metric) are rigid motions
Isometries of $\left(S^{n}, g_{s^{n}}\right)=\mathcal{O}(n+1)$. For $A \in O(n+1)$,

$$
A x \cdot A x=\left(A^{T} A\right) x \cdot x=x \cdot x=1
$$

for all $x \in S^{n}$. Therefore, $A$ is an isometry of $S^{n}$.
Isometries of $\left(\mathbb{H}^{n}, g_{\mathbb{H}^{n}}\right)$ are comformal maps from $B^{n}$ to $B^{n} . F: B^{n} \rightarrow B^{n}$ is comformal if $(d F)_{x}(X) \cdot(d F)_{x}(Y)=$ $\lambda(x) X \cdot Y$.

Definition 2.7. A connection $\nabla: \mathfrak{X}(M) \times \mathfrak{X}(M) \rightarrow \mathfrak{X}(M)$ so that
(1) $\nabla_{f X+Y} Z=f \nabla_{X} Z+\nabla_{Y} Z$ where $f \in C^{\infty}(M)$
(2) $\nabla_{X}(f Y+Z)=X(f) Y+f \nabla_{X} Y+\nabla_{X} Z$

A connection is symmetric if $\nabla_{X} Y-\nabla_{Y} X=[X, Y]$.
A connection is compatible with metric $g$ if for all $X, Y, Z \in \mathfrak{X}(M)$,

$$
X(g(Y, Z))=g\left(\nabla_{X} Y, Z\right)+g\left(Y, \nabla_{X} Z\right)
$$

A connection compatible with $g$ and symmetric is called a Levi-Civita connection.
In coordinates $(U, \varphi)$,

$$
\nabla_{\frac{\partial}{\partial x_{i}}} \frac{\partial}{\partial x_{j}}=\sum_{k} \Gamma_{i j}^{k} \frac{\partial}{\partial x_{k}}
$$

where $\Gamma$ is called the Christoffel symbols. If $X=\sum a_{i} \frac{\partial}{\partial x_{i}}$ and $Y=\sum_{j} b_{j} \frac{\partial}{\partial x_{j}}$, then

$$
\begin{aligned}
\nabla_{X} Y & =\sum_{i} a_{i} \nabla_{\frac{\partial}{\partial x_{i}}}\left(\sum_{j} b_{j} \frac{\partial}{\partial x_{j}}\right)=\sum_{i, j} a_{i} b_{j} \nabla_{\frac{\partial}{\partial x_{i}}} \frac{\partial}{\partial x_{j}}+\sum_{i, j} a_{i} \frac{\partial b_{j}}{\partial x_{i}} \frac{\partial}{\partial x_{j}} \\
& =\sum_{i, j, k} a_{i} b_{j} \Gamma_{i, j}^{k} \frac{\partial}{\partial x_{k}}+\sum_{j} X\left(b_{j}\right) \frac{\partial}{\partial x_{j}} \\
& =\sum_{i, j, k} a_{i} b_{j} \Gamma_{i j}^{k} \frac{\partial}{\partial x_{k}}+\sum_{k} X\left(b_{k}\right) \frac{\partial}{\partial x_{k}}
\end{aligned}
$$

Suppose $\gamma: I \rightarrow M$ is a curve, and $Y(t) \in T_{\gamma(t)} M$. If $\gamma$ has self intersection, $\gamma\left(t_{1}\right)=\gamma\left(t_{2}\right), Y$ may take different values there. $\nabla_{\gamma^{\prime}(t)} Y$ is well-defined from the above expression, because the first term just need values. The second part, we just need that the first vector field $X$ to be differentiable along the integral curves defined by $Y$.

Theorem 2.8. Levi-Civita connections exist and are unique.

Proof. We have

$$
\begin{aligned}
X(\langle Y, Z\rangle) & =\left\langle\nabla_{X} Y, Z\right\rangle+\left\langle Y, \nabla_{X} Z\right\rangle \\
Y(\langle Z, X\rangle) & =\left\langle\nabla_{Y} Z, X\right\rangle+\left\langle Z, \nabla_{Y} X\right\rangle \\
Z(\langle X, Y\rangle) & =\left\langle\nabla_{Z} X, Y\right\rangle+\left\langle X, \nabla_{Z} Y\right\rangle
\end{aligned}
$$

Now add the first two, and subtract the last, to get (using symmetricity)

$$
X(\langle Y, Z\rangle)+Y(\langle Z, X\rangle)-Z(\langle X, Y\rangle)=2\left\langle\nabla_{X} Y, Z\right\rangle+\langle Z,[Y, X]\rangle+\langle Y,[X, Z]\rangle+\langle X,[Y, Z]\rangle
$$

Therefore,

$$
\left\langle\nabla_{X} Y, Z\right\rangle=\frac{1}{2}(X\langle Y, Z\rangle+Y\langle Z, X\rangle-Z\langle X, Y\rangle)-\langle Z,[Y, X]\rangle-\langle Y,[X, Z]\rangle-\langle X,[Y, Z]\rangle
$$

which defines it. For a chart $(U, \varphi)$, then by combining symmetry and Christofell symbols,

$$
\left\langle\nabla_{\frac{\partial}{\partial x_{i}}} \frac{\partial}{\partial x_{j}}, \frac{\partial}{\partial x_{k}}\right\rangle=\sum_{\ell} \Gamma_{i j}^{\ell} \cdot g_{k \ell}=\frac{1}{2}\left(\frac{\partial}{\partial x_{i}} g_{j k}+\frac{\partial}{\partial x_{j}} g_{i k}-\frac{\partial}{\partial x_{k}} g_{i j}\right) .
$$

If $g^{i j}$ is $\left(g_{i j}^{-1}\right)_{i j}$, then

$$
\Gamma_{i j}^{\ell}=\sum_{k} \frac{g^{k \ell}}{2}\left(\frac{\partial}{\partial x_{i}} g_{j k}+\frac{\partial}{\partial x_{j}} g_{i k}-\frac{\partial}{\partial x_{k}} g_{i j}\right)
$$

Example 2.9. On ( $\mathbb{R}^{n}$, Euclidean), $D_{X} Y=\left(X\left(y_{1}\right), \ldots, X\left(y_{n}\right)\right)=\left(\left\langle X, D y_{1}\right\rangle, \ldots,\left\langle X, D y_{n}\right\rangle\right)$ where $Y=\left(y_{1}, \ldots, y_{n}\right)$.
For $M^{n} \subseteq \mathbb{R}^{n+k}, X, Y \in \mathfrak{X}(M)$,

$$
\nabla_{X} Y=\left(D_{X} Y\right)^{T}
$$

induced connection (the $T$ is the projection to the tangent space, as a subspace of $\mathbb{R}^{n+k}$ ).
Definition 2.10. Let $(M, g)$ be a Riemannian manifold. A curve $\gamma: I \rightarrow M$ is a geodesic if $\nabla_{\gamma^{\prime}(t)} \gamma^{\prime}(t)=0$ for all $t \in I$ (its acceleration is constant).

Example 2.11. On $\mathbb{R}^{n}$ with the Euclidean metric, a curve $\gamma(t)=\left(\gamma_{1}(t), \ldots, \gamma_{n}(t)\right)$ and so $\gamma^{\prime}(t)=\left(\gamma_{1}^{\prime}(t), \ldots, \gamma_{n}^{\prime}(t)\right)$. Then

$$
\nabla_{\gamma^{\prime}(t)} \gamma^{\prime}(t)=D_{\gamma^{\prime}(t)} \gamma^{\prime}(t)=\left(\gamma_{1}^{\prime \prime}(t), \ldots, \gamma_{n}^{\prime \prime}(t)\right)=\gamma^{\prime \prime}(t)
$$

Therefore, $\gamma \subseteq \mathbb{R}^{n}$ is a geodesic iff $\gamma^{\prime \prime}(t)=0$ for all $t$. That is $\gamma(t)=a+t v$ for $a, v \in \mathbb{R}^{n}$.
Remark 2.12. If $\gamma$ is a geodesic, then $g\left(\gamma^{\prime}(t), \gamma^{\prime}(t)\right)=\left|\gamma^{\prime}(t)\right|^{2}$ is constant.
Proof. We have

$$
\frac{\partial}{\partial t}\left(g\left(\gamma^{\prime}(t), \gamma^{\prime}(t)\right)\right)=g\left(\nabla_{\gamma^{\prime}} \gamma^{\prime}, \gamma^{\prime}\right)+g\left(\gamma^{\prime}, \nabla_{\gamma^{\prime}} \gamma^{\prime}\right)=0
$$

Example 2.13. Let $M^{n} \subseteq \mathbb{R}^{n+k}$ with induced metric. $\gamma: I \rightarrow M^{n}$ is a geodesic iff

$$
0=\nabla_{\gamma^{\prime}} \gamma^{\prime}=\left(D_{\gamma^{\prime}} \gamma^{\prime}\right)^{T}=\left(\gamma^{\prime \prime}\right)^{T}
$$

has no tangential acceleration.
Example 2.14. If $M^{n}=S^{n} \subseteq \mathbb{R}^{n+1}$. Let $P$ be a 2-plane through the origin. Let $\gamma=S^{n} \cap P$ (a circle) is then a geodesic (if parametrized by constant speed).

Can check this via the connections. Or
(1) $\gamma^{\prime \prime} \in P$ (all the other components are zero)
(2) $\gamma^{\prime \prime} \cdot \gamma^{\prime}=0$. Since $\left|\gamma^{\prime}(t)\right|=1$, take derivatives, to get that this must be 0 .
(3) $\eta(p)=$ the normal vector to $S^{n}$ at $p$ is $p$ at all points of $S^{n} . \eta(\gamma(t))=\gamma \in P$

Then $\eta(\gamma(t))$ is parallel to $\gamma^{\prime \prime}(t)$. Therefore, $\left(\gamma^{\prime \prime}\right)^{T}=0$ and so it's a geodesic.
Example 2.15. Let $M^{2}=\left\{a^{2} x^{2}+b^{2} y^{2}+c^{2} z^{2}=1\right\} \subseteq \mathbb{R}^{3}$. If $P$ is a coordinate plane (ie, the $x y, y z$ or $x z$ plane). Let $\gamma=P \cap M^{2}$, then $\gamma$ is a geodesic.

Do a similar thing, and not that reflections are isometries (they are isometries of $\mathbb{R}^{3}$ and we are using induced metric).
Fact 2.16. Every closed surface has infinite number of geodesics.
Example 2.17. On $\left(\mathbb{H}^{n}, g_{\mathbb{H}^{n}}\right)=\left(B^{n}, \frac{4}{\left(1-|x|^{2}\right)^{2}} \delta_{i j}\right)$. Geodescis are planar circles that intersect $\partial B^{n}=S^{n}$ orthogonally. These have finite length for Euclidean metric, but it's infinite length for this metric, because the $\frac{1}{1-|x|^{2}}$ blows up as you approach the boundary.
(1) $\gamma(t)=t v$ for some $v$ and $|t|<1$. Then $\gamma(s)=\tanh s v$ for $s \in \mathbb{R}$.

If $R$ is reflection across $\gamma$, then $R \in O(n)$. Hence, $R \in \operatorname{isom}\left(\mathbb{H}^{n}\right)$. Now, is $\gamma$ a geodesic. First, it's clear that $R \gamma=\gamma$.
Since $R$ is an isometry, $(d R)\left(\nabla_{\gamma^{\prime}} \gamma^{\prime}\right)=\nabla_{\gamma^{\prime}} \gamma^{\prime}(R$ is also linear... so $d R=R)$. Hence, $D_{\gamma^{\prime}} \gamma^{\prime}$ is parallel to $\gamma^{\prime}$. But these are always orthogonal, so $D_{\gamma^{\prime}} \gamma^{\prime}=0$.
(2) If $\tilde{\gamma}$ is a circle intersecting $\partial B^{n}$ orthogonally, then there exists $F \in \operatorname{conf}\left(B^{n}\right)=\operatorname{isom}\left(\mathbb{H}^{n}\right)$ such that $F(\gamma)=\gamma$ a curve from point 1 .

Theorem 2.18. Given $(p, v) \in T M$ for $v \in T_{p} M$, there exists $U$ nbhd of $(\rho, v) \in T M$ and $\delta>0$ so that for all $(x, z) \in U$, there exists unique geodesic $\gamma_{x, z}:(-\delta, \delta) \rightarrow M$ such that $\gamma_{x, z}(0)=x$ and $\gamma_{x, z}^{\prime}(0)=z$.

Proof. Let $(V, \varphi)$ be a chart where $p=\varphi(0)$. Write $\gamma(t)=\left(x_{1}(t), \ldots, x_{n}(t)\right)$. Then

$$
\begin{aligned}
\nabla_{\gamma^{\prime}(t)} \gamma^{\prime}(t) & =\nabla_{\gamma^{\prime}(t)}\left(\sum_{i=1}^{n} x_{i}^{\prime} \frac{\partial}{\partial x_{i}}\right)=\sum_{i} x_{i}^{\prime \prime} \frac{\partial}{\partial x_{i}}+\sum_{i} x_{i}^{\prime} \nabla_{\gamma^{\prime}}\left(\frac{\partial}{\partial x_{i}}\right) \\
& =\sum_{i} x_{i}^{\prime \prime} \frac{\partial}{\partial x_{i}}+\sum_{i j} x_{i}^{\prime} x_{j}^{\prime} \nabla_{\frac{\partial}{\partial x_{j}}} \frac{\partial}{\partial x_{i}}=\sum_{i} x_{i}^{\prime \prime} \frac{\partial}{\partial x_{i}}+\sum_{i, j, k} \Gamma_{i j}^{k} x_{i}^{\prime} x_{j}^{\prime} \frac{\partial}{\partial x_{k}} \\
& =\sum_{k}\left(x_{k}^{\prime \prime}+\sum_{i, j} x_{i}^{\prime} x_{j}^{\prime} \Gamma_{i j}^{k}\right) \frac{\partial}{\partial x_{k}}
\end{aligned}
$$

Therefore, $\nabla_{\gamma^{\prime}} \gamma^{\prime}=0$ iff

$$
x_{k}^{\prime \prime}+\sum_{i, j} x_{i}^{\prime} x_{j}^{\prime} \Gamma_{i j}^{k}=0
$$

Need to solve the equations

$$
\left\{\begin{array}{l}
x_{k}^{\prime \prime}+\sum_{i, j} x_{i}^{\prime} x_{j}^{\prime} \Gamma_{i j}^{k}=0 \\
\gamma(0)=x \\
\gamma^{\prime}(0)=z
\end{array}\right.
$$

Need to reduce this to first order ODE. Let $x_{k}^{\prime}=y_{k}$, then

$$
y_{k}^{\prime}=\sum_{i, j} y_{i} y_{j} \Gamma_{i j}^{k}\left(x_{1}, \ldots, x_{n}\right)=0, \quad x(0)=\left(x_{1}, \ldots, x_{n}\right), \quad y(0)=\left(z_{1}, \ldots, z_{n}\right)
$$

Let $W(x, y)=\left(y,\left(-y_{i} y_{j} \Gamma_{i j}^{k}(x)\right)_{k=1}^{n}\right)$ is a vector field, so the equation is now

$$
\left\{\begin{array}{l}
\left(x^{\prime}, y^{\prime}\right)=W(x, y) \\
(x(0), y(0))=(x, z)
\end{array}\right.
$$

By the theorem that says vector fields can be integrated and solved locally, with continuous dependence on parameters.
Remark 2.19. If $\tilde{\gamma}(t)=\gamma_{p, v}(\epsilon t)$, then $\tilde{\gamma}$ is also a geodesic, because $\tilde{\gamma}^{\prime}=\epsilon \gamma^{\prime}$ and $\tilde{\gamma}(0)=p$ with $\tilde{\gamma}^{\prime}(0)=\epsilon v$. Therefore, $\tilde{\gamma}=\gamma_{\rho, \epsilon v}$.

Corollary 2.20. Given $p \in M$, there exists $\epsilon>0$ and $U$ nbhd of $p$ so that for all $q \in U, v \in T_{p} M,|v|<\epsilon$, then $\gamma_{q, v}(t)$ is defined for $|t|<2$.

Proof. Use theorem with $v=0$. Use remark to shrink the interval to get $(-2,2)$.
Definition 2.21. $\exp _{p}: B_{\epsilon}(0) \subseteq T_{p} M \rightarrow M$ given by $\exp _{p}(v)=\gamma_{p, v}(1)$ is called the exponential map.
Remark 2.22. If $\gamma(t)=\exp _{p}(t v)$ with $|t|<1$, then $v=\gamma^{\prime}(0)=d\left(\exp _{p}\right)_{0} v$.
Lemma 2.23. (Gauss Lemma). For all $p \in M, v, w \in T_{p} M$, (assuming everything is well-defined),

$$
\left\langle d\left(\exp _{p}\right)_{v}(v), d\left(\exp _{p}\right)_{v}(w)\right\rangle=\langle v, w\rangle
$$

Not quite an isometry.

## Proof.

(1) $w$ parallel to $v$, then

$$
d\left(\exp _{p}\right)_{v}(v)=\frac{d}{d t}\left(\exp _{p}(v+t v)\right)_{t=0}=\frac{d}{d t}\left(\exp _{p}((1+t) v)\right)_{t=0}=\gamma^{\prime}(1)
$$

where $\gamma(t)=\exp _{p}(t v)$. Hence,

$$
\left\langle d \exp _{p}(v), d \exp _{p}(v)\right\rangle=\left\langle\gamma^{\prime}(1), \gamma^{\prime}(1)\right\rangle=\left\langle\gamma^{\prime}(0), \gamma^{\prime}(0)\right\rangle=\langle v, v\rangle
$$

where the second equality is because geodesics have constant speed.
(2) Now, suppose $w \perp v$. Let $w(s)$ be a curve in $T_{p} M$ such that $w(0)=v, w^{\prime}(0)=w$ and $|w(s)|=|v|$ for all $|s|<\delta$.

Let $F:(-\delta, \delta) \times(0,1) \rightarrow M$ by

$$
F(s, t)=\exp _{p}(t w(s))
$$

Check that

$$
\left[\frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right]=\frac{\partial^{2} F}{\partial t \partial s}-\frac{\partial^{2} F}{\partial s \partial t}=0
$$

See Do Carmo for more careful discussion.

$$
\begin{aligned}
\frac{\partial F}{\partial s}(0, t) & =(d \exp )_{t v}(t w) \text { here, } w^{\prime}(0)=w \\
\frac{\partial F}{\partial t}(0, t) & =(d \exp )_{t v}(v) \operatorname{using} w(0)=v
\end{aligned}
$$

Then

$$
\left.\frac{\partial}{\partial t}\left\langle(d \exp )_{t v}(t w),(d \exp )_{t v}(v)\right\rangle\right|_{(0, t)}=0
$$

This is also equal to

$$
\left.\frac{\partial}{\partial t}\left\langle\frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right\rangle\right|_{(0, t)}=\left\langle\nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right\rangle+\left\langle\frac{\partial F}{\partial s}, \nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial s}\right\rangle .
$$

The second of the last expression is 0 because $t \mapsto F(s, t)$ is a geodesic for all $s$.

$$
\left\langle\nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right\rangle=\frac{\partial}{\partial s} \frac{\left\langle\frac{\partial F}{\partial t}, \frac{\partial F}{\partial t}\right\rangle}{2}=\frac{\partial}{\partial s}\langle w(s), w(s)\rangle=0
$$

because $t \mapsto\left\langle\frac{\partial F}{\partial t}(t, s), \frac{\partial F}{\partial t}(t, s)\right\rangle$ is constant, and equal to $\left\langle\frac{\partial F}{\partial t}(0, s), \frac{\partial F}{\partial t}(0, s)\right\rangle=\langle w(s), w(s)\rangle$. Therefore,

$$
\begin{aligned}
\left\langle(d \exp )_{t v}(w),(d \exp )_{t v}(v)\right\rangle & =\left\langle\frac{\partial F}{\partial t}(0,1), \frac{\partial F}{\partial s}(0,1)\right\rangle=\left\langle\frac{\partial F}{\partial t}(0,0), \frac{\partial F}{\partial s}(0,0)\right\rangle \\
& =\left\langle\frac{\partial F}{\partial t}(0,0), 0\right\rangle=0
\end{aligned}
$$

Recall: for all $p \in M$, there exists $\epsilon>0$ and a neighbourhood $U$ of $p$ such that for all $q \in U$,

$$
\exp _{q}: B_{\epsilon}(0) \subseteq T_{q} M \rightarrow M
$$

is well-defined, and

$$
\left.\frac{d}{d t} \exp _{q}(t v)\right|_{t=0}=v
$$

Proposition 2.24. For all $p \in M$, there exists $\tilde{U}$ neighbourhood of $p, \epsilon>0$ such that
(1) For all $q \in \tilde{U}, \exp _{q}: B_{\epsilon}(0) \subseteq T_{q} M \rightarrow M$ is a diffeomorphism onto its image
(2) $\tilde{U} \subseteq \exp _{q}\left(B_{\epsilon}(0)\right)$ for all $q \in \tilde{U}$

Definition 2.25. Neighbourhood like the one in the proposition are called totally normal neighbourhoods.

Remark 2.26. $\left(B_{\epsilon}(0), \exp _{q}\right)$ is a chart, has the property that the metric that $\left(g_{i j}\right)(0)=I d=\delta_{i j}$, and $\partial_{k} g_{i j}(0)=0$ for all $i, j, k=1, \ldots, n$. That is, the chart is Eucliean up to first order at the origin. They are called normal coordinates.

Proof. $F: U \times B_{\epsilon}(0) \rightarrow M \times M$ given by $(x, v) \mapsto\left(x, \exp _{x}(v)\right)=\left(x, \exp _{x}\left(\sum_{i} v_{i} \frac{\partial}{\partial x_{i}}\right)\right)$.
Then

$$
(d F)_{(x, 0)}=\left(\begin{array}{cc}
I d & I d \\
0 & I d
\end{array}\right)
$$

Since

$$
(d F)_{(x, 0)}\left(\frac{\partial}{\partial x_{i}}, 0\right)=\frac{\partial}{\partial x_{i}} F(x, 0)=\frac{\partial}{\partial x_{i}}(x, x)=\left(\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{i}}\right)
$$

Similarly,

$$
(d F)_{(x, 0)}\left(0, \frac{\partial}{\partial x_{i}}\right)=\frac{\partial}{\partial x_{i}} F\left(x, t \frac{\partial}{\partial x_{i}}\right)=\left.\frac{d}{d t}\left(x, \exp _{x}\left(t \frac{\partial}{\partial x_{i}}\right)\right)\right|_{t=0}=\left(0, \frac{\partial}{\partial x_{i}}\right)
$$

For the second, Inverse function theorem, if we choose small $\epsilon$ and $U$, we get that $F: U \times B_{\epsilon} \rightarrow F\left(U \times B_{\epsilon}(0)\right)=V$ is a diffeomorphism. Choose $\tilde{U}$ such that $\tilde{U} \times \tilde{U} \subseteq V$ and this should be the one we want (check!).

Theorem 2.27. Let $U$ be a totally normal neighbourhood. Given $x, y \in U$, we have
(1) There exists a unqiue geodesic $\gamma$ connecting $x$ to $y$, with length $(\gamma)<\epsilon$
(2) If $\sigma:(0,1) \rightarrow M$ is a curve with $\sigma(0)=x$ and $\sigma(1)=y$, then length $(\sigma) \geq$ length $(\gamma)$
(3) If $\sigma:(0,1) \rightarrow M$ is a curve that is piecewise smooth, connects $x$ to $y$ with the same length as $\gamma$, then $\sigma=\gamma$

Proof.
(1) Let $x, y \in U$, then $y=\exp _{x}(v)$ where $|v|<\epsilon . \quad \gamma(t)=\exp _{x}(t v)$ is geodesic connecting $x$ to $y$. If $\tilde{\gamma}$ is another geodesic, then let $\tilde{v}=\tilde{\gamma}^{\prime}(0)$.

Claim. $|\tilde{v}|<\epsilon$.

Proof. We have

$$
\epsilon>\operatorname{length}(\tilde{\gamma})=\int_{0}^{1}\left|\tilde{\gamma}^{\prime}(t)\right| d t=\int_{0}^{1}\left|\tilde{\gamma}^{\prime}(0)\right| d t=|\tilde{v}| \int_{0}^{1} d t=|\tilde{v}|
$$

Then, $\tilde{\gamma}=\exp _{x}(t \tilde{v})$ and $\tilde{\gamma}(1)=y$ and so $\exp _{x}(\tilde{v})=\exp _{x}(v)$ and so $\tilde{v}=v$ by local diffeo.
(2) $\sigma \nsubseteq \exp _{x}\left(B_{\epsilon}(0)\right)$. There exists $\bar{t}$ such that $\sigma(\bar{t})=\exp _{x}(\bar{v})$ where $|\bar{v}|=\epsilon$, and $\sigma(t) \in \exp _{x}\left(B_{\epsilon}(0)\right)$ for all $0 \leq t<\bar{t}$. Assume we proved the 2nd case, then

$$
\sigma:(0, \bar{t}) \rightarrow M
$$

connects $x$ to $\exp _{x}(\bar{v})$ by the second case. We get if $\bar{\gamma}(t)=\exp _{x}(t \bar{v})$ then length $(\bar{\sigma}) \geq \operatorname{length}(\bar{\gamma})=\int_{0}^{1}|\bar{v}| d t=\epsilon$.
Second case: $\sigma \subseteq \exp _{x}\left(\bar{B}_{\epsilon}(0)\right)$.
$\sigma(t)=\exp _{x}(r(t) v(t))$ where $|v(t)|=|v|$ for all $t$. WLOG, assume $r(t)>0$ for $0<t \leq 1$. (this is polar coordinates). Then $r(0)=0, r(1)=1$ and $v(1)=v$.
Check that length $(\sigma) \geq \operatorname{length}(\gamma)=|v|$. Then

$$
\sigma^{\prime}(t)=r^{\prime}\left(d \exp _{x}\right)(v(t))+d \exp _{x}\left(r v^{\prime}(t)\right)
$$

then by the Gauss lemma

$$
\begin{aligned}
\left\langle\sigma^{\prime}(t), \sigma^{\prime}(t)\right\rangle & =\left(r^{\prime}(t)\right)^{2}\left|\left(d \exp _{x}\right)_{r v}(v(t))\right|^{2}+2 r^{\prime} r\left\langle\left(d \exp _{x}\right)_{r v} v,\left(d \exp _{x}\right)_{r v} v^{\prime}\right\rangle+r^{2}\left|d \exp _{x}(v)\right|^{2} \\
& =\left|r^{\prime}(t)\right|^{2}|v(t)|^{2}+2 r^{\prime} r\left\langle v(t), v^{\prime}(t)\right\rangle+(\cdot)^{2} \\
& \geq\left|r^{\prime}(t)\right|^{2}|v|^{2} \text { by orthogonality }
\end{aligned}
$$

Thus,

$$
\begin{aligned}
\operatorname{length}(\sigma) & =\int_{0}^{1}\left|\sigma^{\prime}(t)\right| d t \geq \int_{0}^{1}\left|r^{\prime}(t)\right| \cdot|v| d t=|v| \int_{0}^{1}\left|r^{\prime}(t)\right| d t \\
& \geq|v| \int_{0}^{1} r^{\prime}(t) d t=|v|(r(1)-r(0))=|v|=\operatorname{length}(\gamma)
\end{aligned}
$$

Theorem 2.28. (Cartan) If $(M, g)$ closed Riemannian manifold, and $\pi_{1}(M) \neq 0$, then there exists closed geodesic $\gamma: S^{1} \rightarrow M$ smooth.

Remark 2.29. Theorem is true even if $\pi_{1}(M)=0$ (hard, by Birkhoff).
$M^{n}$ is closed is crucial (in $\mathbb{R}^{n}$, there are no closed geodesics)
Open question does $\left(S^{3}, g\right)$ admit two distinct closed geodesics (not nec the same metric)
Proof. Let $[\sigma] \in \pi_{1}(M)$. Let

$$
\ell=\inf \{\operatorname{length}(\gamma): \gamma \in[\sigma]\}
$$

$\ell>0$ because if $\gamma: S^{1} \rightarrow M$ is a curve with length $(\gamma) \ll 1$, it can be contracted to a point. (HWK proves this)
Let $\gamma_{i} \in[\sigma]$ such that length $\left(\gamma_{i}\right) \rightarrow \ell$. Want "convergent" subsequence. Reduce from space of curves ( $\infty$ dimensional) to space of points in $M$ (finite dimensional). Suppose $\gamma_{i}: S^{1} \rightarrow M$ have

$$
\left|\gamma_{i}^{\prime}(t)\right|=\operatorname{costant} \text { in } t
$$

Given $\delta_{0}$ small, break $S^{1}$ into $n$-intervals $I_{1}, \ldots, I_{N}$ such that length $\left(\left.\gamma_{i}\right|_{I_{j}}\right)<\delta_{0}$ for all $i$ large and $j \in 1, \ldots, N$. Consider $\bar{\gamma}_{i, j}$ unique geodesic connecting the end points of $\gamma_{i}\left(I_{j}\right)$. Set $\bar{\gamma}_{i}$ to be the piece-wise geodesic.

$$
\operatorname{dist}\left(\bar{\gamma}_{i}(0), \gamma_{i}(0)\right)<2 \delta_{0}
$$

for all $\sigma$. Hence, (by the hwk again) $\bar{\gamma}_{i} \in[\sigma]$. Let $\Omega_{i}=\left\{\bar{\gamma}_{i}\left(\sigma_{0}\right), \ldots, \bar{\gamma}_{i}\left(\sigma_{N-1}\right)\right\} \subseteq M$ (the end points). There exists $\Omega=\left\{\rho_{0}, \rho_{1}, \ldots, \rho_{N-1}\right\}$ such that $\Omega_{i} \rightarrow \Omega . \bar{\gamma}$ geodesic connecting them. Then

$$
\bar{\gamma}_{i} \rightarrow \bar{\gamma}
$$

and $\bar{\gamma} \in[\sigma]$.

$$
\ell \leq \operatorname{length}(\bar{\gamma})=\lim \left(\bar{\gamma}_{i}\right) \leq \lim \gamma_{i}=\ell
$$

Therefore, the length is exactly $\ell$ and it has to be smooth.

## 3. Curvature

$(M, g)$ a Riemannian manifold.
Definition 3.1. $R: \mathfrak{X}(M) \times \mathfrak{X}(M) \times \mathfrak{X}(M) \rightarrow \mathfrak{X}(M)$,

$$
R(X, Y) Z=\nabla_{X}\left(\nabla_{Y} Z\right)-\nabla_{Y}\left(\nabla_{X} Z\right)-\nabla_{[X, Y]} Z
$$

- $R$ is bilinear in all of its entries.

$$
R(X+f T, Y) Z=R(X, Y) Z+f R(T, Y) Z
$$

for all $f \in C^{\infty}(M)$. Similarly,

$$
R(X, Y+f T) Z=R(X, Y) Z+f R(X, T) Z
$$

Finally,

$$
R(X, Y)(Z+f T)=R(X, Y) Z+f R(X, Y) T
$$

Proof. Check the third.

$$
\begin{aligned}
R(X, Y)(f T) & =\nabla_{X} \nabla_{Y} f(T)-\nabla_{Y} \nabla_{X}(f T)-\nabla_{[X, Y]}(f T) \\
& =\nabla_{X}\left(Y(f) T+f \nabla_{Y} T\right)-\nabla_{Y}\left(X(f) T+f \nabla_{X} T\right)-[X, Y](f) T-f \nabla_{[X, Y]} T \\
& =X(Y(f)) T+Y(f) \nabla_{X} T+X(f) \nabla_{Y} T+f \nabla_{X} \nabla_{Y} T-Y(X(f)) T-X(f) \nabla_{Y} T \\
& -Y(f) \nabla_{X} T-f \nabla_{Y} \nabla_{X} T-[X, Y](f) T-f \nabla_{[X, Y]} T \\
& =f\left(\nabla_{X} \nabla_{Y} T-\nabla_{Y} \nabla_{X} T-\nabla_{[X, Y]} T\right)=f R(X, Y)(T)
\end{aligned}
$$

Definition 3.2. The curvature tensor is $R: \mathfrak{X}(M) \times \mathfrak{X}(M) \times X(M) \times \mathfrak{X}(M) \rightarrow C^{\infty}(M)$ given by

$$
R(X, Y, Z, W)=g(R(X, Y) Z, W)
$$

Supose $T: \underbrace{\mathfrak{X}(M) \times \ldots \times \mathfrak{X}(M)}_{r} \rightarrow C^{\infty}(M)$ is a $r$-tensor, if $T$ is linear in all its entries.
Key property: $T\left(X_{1}, \ldots, X_{r}\right)(p)$ only depends on $X_{1}, \ldots, X_{r}$ at the point $p$ (not of $T$ )
Check: suffices to see that if $X_{j}(p)=0$, then $T\left(X_{1}, \ldots, X_{r}\right)(p)=0$. Take $j=1 . X_{1}=\sum a_{i} \frac{\partial}{\partial x_{i}}$ where $a_{i}(p)=0$ for all $i$. Then

$$
T\left(X_{1}, \ldots, X_{r}\right)(p)=\sum_{i}^{n} a_{i} T\left(\frac{\partial}{\partial x_{1}}, X_{2}, \ldots, X_{r}\right)(p)=0
$$

Example 3.3. $T: \mathfrak{X}(M) \times \mathfrak{X}(M) \times \mathfrak{X}(M) \rightarrow C^{\infty}(M)$ given by $T(X, Y, Z)=\left\langle\nabla_{X} Y, Z\right\rangle$ is not a tensor. (not linear in $Y$ ).
In coordinates, the curvature tensor is given by:

$$
\begin{aligned}
R_{i, j, k, \ell} & \left.=R\left(\frac{\partial}{\partial x_{i}}, \ldots, \frac{\partial}{\partial x_{\ell}}\right)=\left\langle\nabla_{\frac{\partial}{\partial x_{i}}} \nabla_{\frac{\partial}{\partial x_{j}}} \frac{\partial}{\partial x_{k}}-\nabla_{\frac{\partial}{\partial x_{j}}} \nabla_{\frac{\partial}{\partial x_{i}}} \frac{\partial}{\partial x_{k}}-\nabla_{\left[\frac{\partial}{\partial x_{i}},\right.}, \frac{\partial}{\partial x_{j}}\right] \frac{\partial}{\partial x_{k}}, \frac{\partial}{\partial x_{\ell}}\right\rangle \\
& =\left\langle\nabla_{\partial x_{i}}\left(\sum_{p} \Gamma_{j k}^{p} \frac{\partial}{\partial x_{k}}\right)-\nabla_{\partial x_{j}}\left(\Gamma_{i k}^{m} \frac{\partial}{\partial x_{m}}\right), \frac{\partial}{\partial x_{\ell}}\right\rangle \text { here, }\left[\frac{\partial}{\partial x_{i}}, \frac{\partial}{\partial x_{j}}\right]=0 \\
& =\sum_{p} \partial_{i} \Gamma_{j k}^{p} g_{p \ell}-\sum_{p} \partial_{j} \Gamma_{i k}^{p} g_{p \ell}+\sum_{p, s} \Gamma_{j k}^{p} \Gamma_{i p}^{s} g_{s \ell}-\sum \Gamma_{i k}^{m} \Gamma_{j m}^{s} g_{s \ell}
\end{aligned}
$$

Properties:
(1) $R(X, Y, Z, W)+R(Y, Z, X, W)+R(Z, X, Y, W)=0$ The first Bianchi identity
(2) $R(X, Y, Z, W)=-R(Y, X, Z, W)$
(3) $R(X, Y, Z, W)=R(Z, W, X, Y)$
(4) $R(X, Y, Z, W)=-R(X, Y, W, Z)$

Proof. The first follows from Jacobi identity. Will check that

$$
R(X, Y) Z+R(Y, Z) X+R(Z, X) Y+[X,[Y, Z]]+[Y,[Z, X]]+[Z,[X, Y]]=0
$$

The second follows from the fact that $R(X, Y) Z=-R(Y, X) Z$.

$$
\begin{aligned}
R(X, Y, Z, W)+R(Y, Z, X, W)+R(Z, X, Y, W) & =0 \\
R(Y, Z, W, X)+R(Z, W, Y, X)+R(W, Y, Z, X) & =0 \\
R(Z, W, X, Y)+R(W, X, Z, Y)+R(X, Z, W, Y) & =0 \\
R(W, X, Y, Z)+R(X, Y, W, Z)+R(Y, W, X, Z) & =0
\end{aligned}
$$

Add all of these up. then use last property.

For the last, suffice to check that $R(X, Y, Z, Z)=0$ for all $X, Y, Z$. Use identity above with $Z+W$ instead of $Z$. Use $\left\{\frac{\partial}{\partial x_{1}}, \ldots, \frac{\partial}{\partial x_{n}}\right\}$ are normal coordinates. Then $g_{i j}(0)=\delta_{i j}$ and $\nabla_{\partial x_{i}} \partial x_{j}(0)=0$. Need to check that $R_{i, j, n, n}=0$. WLOG, $\frac{\partial}{\partial x_{n}}(p)=\frac{z}{|z|}(p)($ choose $k)$.

$$
\begin{aligned}
R_{i, j, n, n} & =\left\langle\nabla_{\partial_{i}} \nabla_{\partial_{j}} \partial_{n}, \partial_{n}\right\rangle-\left\langle\nabla_{\partial_{j}} \nabla_{\partial_{i}} \partial_{n}, \partial_{n}\right\rangle \\
& =\partial_{i}\left\langle\nabla_{\partial_{j}} \partial_{n}, \partial_{n}\right\rangle-\left\langle\nabla_{\partial_{j}} \partial_{n}, \nabla_{\partial_{i}} \partial_{n}\right\rangle-\partial_{j}\left\langle\nabla_{\partial_{i}} \partial_{n}, \partial_{n}\right\rangle+\left\langle\nabla_{\partial_{i}} \partial_{n}, \nabla_{\partial_{j}} \partial_{n}\right\rangle \\
& =\partial_{i}\left\langle\nabla_{\partial_{j}} \partial_{n}, \partial_{n}\right\rangle-\partial_{j}\left\langle\nabla_{\partial_{i}} \partial_{n}, \partial_{n}\right\rangle \\
& =\partial_{i} \partial_{j} \frac{g_{n n}}{2}-\partial_{j} \partial_{i} \frac{g_{n n}}{2}=0,
\end{aligned}
$$

because $\partial_{i} \partial_{j}=\partial_{j} \partial_{i}$.
Definition 3.4. Given $Q$ a 2-plane in $T_{p} M$, sectional curvative of $Q=K(Q)(p)=R\left(e_{1}, e_{2}, e_{2}, e_{1}\right)$ where $\left\{e_{1}, e_{2}\right\}$ is an orthonormal basis of $Q$. Or,

$$
\frac{R(u, v, v, u)}{|u \wedge v|^{2}}
$$

if $Q=\operatorname{span}\{u, v\}$. Here, $|u \wedge v|^{2}=|u|^{2}|v|^{2}-\langle u, v\rangle^{2}$. (Professor originally defined this as $R(u, v, u, v)$, which is wrong).
Lemma 3.5. The sectional curvature determine the curvature tensor.
Proof. Choose coordinates $(\varphi, U)$.

$$
\begin{aligned}
f(\alpha, \beta) & =R\left(\partial_{x_{i}}+\alpha \partial_{x_{k}}, \partial_{x_{j}}+\beta \partial_{x_{\ell}}, \partial_{x_{i}}+\alpha \partial_{x_{k}}, \partial_{x_{j}}+\beta \partial_{x_{\ell}}\right) \\
& -R\left(\partial_{x_{i}}+\alpha \partial_{x_{\ell}}, \partial_{x_{j}}+\beta \partial_{x_{k}}, \partial_{x_{i}}+\alpha \partial_{x_{\ell}}, \partial_{x_{j}}+\beta \partial_{x_{\ell}}\right)
\end{aligned}
$$

If $Q_{\alpha, \beta}^{1}=\operatorname{span}\left\{\partial_{x_{i}}+\alpha \partial_{x_{k}}, \partial_{x_{j}}+\beta \partial_{x_{\ell}}\right\}$ then

$$
f(\alpha, \beta)=K\left(Q_{\alpha, \beta}^{1}\right)\left|\left(\partial_{x_{i}}+\alpha \partial_{x_{k}}\right) \wedge\left(\partial_{x_{k}}+\beta \partial_{x_{\ell}}\right)\right|^{2}-\ldots
$$

Check that

$$
\frac{\partial^{2} f}{\partial \alpha \partial \beta}=6 R_{i, j, k, \ell}
$$

Therefore, $f$ determine $R$. Therefore, sectional curvatures determine $R$.
Corollary 3.6. If $K(Q)=c(p)$ for all $p \in M, Q \subseteq T_{p} M$ (depends only on the point, not the plane) then

$$
R(X, Y, Z, W)=c(p)(\langle X, W\rangle\langle Y, Z\rangle-\langle X, Z\rangle\langle Y, W\rangle)
$$

## Example 3.7.

(1) For $\left(\mathbb{R}^{n}\right.$, Euclidean) then $R(X, Y, Z, W)=0$ and so sectional curvatures are zero.
(2) $\left(\mathbb{T}^{n}=\mathbb{R}^{n} / \mathbb{Z}^{n}\right.$, Euclidean) also has sectional curvature zero.
(3) If $(M, \mathfrak{g})=\left(S^{n}, \mathfrak{g}_{\text {sphere }}\right)$ or $\left(\mathbb{H}^{n}, \mathfrak{g}_{\mathbb{H}^{n}}\right)$, then for every $x, y \in M$ and every $Q_{x}, Q_{y}$ 2-planes $\subseteq T_{x} M$ and $T_{y} M$ then there is an isometry $A \in \operatorname{Isom}\left(M^{n}\right)$ such that $A x=y$ and $d A\left(Q_{x}\right)=Q_{y}$. Therefore, the sectional curvature is the same at every point. They are $\pm 1$ respectively.

Definition 3.8. If $T$ is a $r$-tensor, then $\nabla T$ is a $(r+1)$-tensor, given by

$$
(\nabla T)\left(X, Y_{1}, \ldots, Y_{r}\right)=X\left(T\left(Y_{1}, \ldots, Y_{r}\right)\right)-\sum_{i=1}^{n} T\left(Y_{1}, \ldots, \nabla_{X} Y_{i}, \ldots, Y_{r}\right)
$$

We write $\nabla_{X} T(\ldots)=\nabla T(X, \ldots)$. This last term is so that Leibniz rule holds.
Example 3.9. $\nabla g \equiv 0$ because $\nabla_{X} g(Y, Z)=X(g(Y, Z))-g\left(\nabla_{X} Y, Z\right)-g\left(Y, \nabla_{X} Z\right)=0$, so it is always parallel.
Proposition 3.10. Second Bianchi identity.

$$
\nabla_{X} R(Y, Z, T, W)+\nabla_{Y} R(Z, X, T, W)+\nabla_{Z} R(X, Y, T, W)=0
$$

for all $X, Y, T, W, Z \in \mathfrak{X}(M)$.
Proof. Use normal coordinates $\left\{\frac{\partial}{\partial x_{1}}, \ldots, \frac{\partial}{\partial x_{n}}\right\}$. Check this for a fixed point, 0 . We know $g_{i j}(0)=\delta_{i j}$ and $\nabla_{\partial_{i}} \partial_{j}(0)=0$.
(1) $\nabla_{\partial_{k}} R_{i, j, \ell, m}=\partial_{k} R_{i, j, \ell, m}-R \star \nabla_{\partial_{a}} \partial_{b}(0)$. (the second term is curvature times some Christopher symbols. This is zero, so...)

$$
\begin{aligned}
& =\partial_{k}\left(\left\langle\nabla_{\partial_{i}} \nabla_{\partial_{j}} \partial_{\ell}, \partial_{m}\right\rangle-\left\langle\nabla_{\partial_{j}} \nabla_{\partial_{i}} \partial_{\ell}, \partial_{m}\right\rangle\right)(0) \\
& =\left\langle\nabla_{\partial_{k}} \nabla_{\partial_{i}} \nabla_{\partial_{j}} \partial_{\ell}, \partial_{m}\right\rangle-\left\langle\nabla_{\partial_{k}} \nabla_{\partial_{j}} \nabla_{\partial_{i}} \partial_{\ell}, \partial_{m}\right\rangle \text { skipped zero terms }
\end{aligned}
$$

(2) $\nabla_{\partial_{k}} \nabla_{\partial_{i}}\left(\nabla_{\partial_{i}} \partial_{\ell}\right)=\nabla_{\partial_{i}} \nabla_{\partial_{k}}\left(\nabla_{\partial_{i}} \partial_{\ell}\right)+R\left(\partial_{k}, \partial_{i}\right)\left(\nabla_{\partial_{i}} \partial_{\ell}\right)$ (another term of Lie bracket, which is 0 for all points, not just at 0 ). Notice that the curvature term is once again 0 . This is abusing the fact that the 0 point is really Euclidean again.

These two facts implies Bianchi identity.
Why the identities. $X \in \mathfrak{X}(M),\left\{\phi_{t}\right\}$ such that $\frac{\partial \phi_{t}}{\partial t}=X\left(\phi_{t}\right)$. The Jacobi identity says

$$
\left(\phi_{t}\right)_{\star}[Y, Z]=\left[\left(\phi_{t}\right)_{\star} Y,\left(\phi_{t}\right)_{\star} Z\right]
$$

Differentiate the both sides, to get Lie derivative

$$
\mathfrak{L}_{X}[Y, Z]=\left[\mathfrak{L}_{X} Y, Z\right]+\left[Y, \mathfrak{L}_{X} Z\right] .
$$

Where, $\mathfrak{L}_{X} W=[X, W]$. So we get Jacobi identity from this.
First and second Bianchi gives (maybe $-t$ )

$$
g_{t}=\left(\phi_{t}\right)^{\star} g
$$

and so $\phi_{t}:\left(M, g_{t}\right) \rightarrow(M, g)$ is an isometry. So $R\left(g_{t}\right)=\left(\phi_{t}\right)^{\star} R(g)$. Differentiate both with respect to $t$. Then

$$
\frac{d}{d t} R\left(g_{t}\right)=\frac{d}{d t}\left(\phi_{t}\right)^{\star} R(g)=\mathfrak{L}_{X}(R(g))=\nabla R \star X+R \star \nabla X
$$

(RHS is some expression like that). On the other hand, if we let $h=\frac{d g_{t}}{d t}$.

$$
\frac{d}{d t} R\left(g_{t}\right)=(D R)(h)=\partial^{3} h+R \star h=\nabla R \star X+R \star \nabla X
$$

The RHS of the first expression will be true for all $R$. The second has to be only specific to our $R$, giving us different expressions.

Pick $p \in M$ and choose $X$ such that $X(p)=0$ and $\nabla_{\partial_{i}} X_{j}(0)=\delta_{i j}$. Then $\nabla R$ is zero, and $R \star \nabla X$ will be some expression depending on $R$. This will give first Bianchi identity.

Choose $X$ such that $X(p)=e_{1}$, then $\left(\nabla_{\partial_{i}} X\right)(p)=0$. Do the same thing to get second Bianchi identity.
Definition 3.11. Define $\operatorname{Ric}(g): T_{p} M \times T_{p} M \rightarrow \mathbb{R}$ given by

$$
\operatorname{Ric}(X, Y)=\sum_{i=1}^{n} R\left(X, e_{i}, e_{i}, Y\right)(p)
$$

where $\left\{e_{i}\right\}_{i=1}^{n}$ some o.n. basis of $T_{p} M$. This is called Ricci Tensor.
Fact 3.12. Ric is symmetric. That is, $\operatorname{Ric}(X, Y)=\operatorname{Ric}(Y, X)$ and bilinear.
Definition 3.13. Scalar Curvature $s(g): M \rightarrow \mathbb{R}$

$$
s(g)(x)=\sum_{i=1}^{n} \operatorname{Ric}\left(e_{i}, e_{i}\right)(x)=\sum_{i, j=1}^{n} R\left(e_{i}, e_{j}, e_{j}, e_{i}\right)
$$

where $e_{i}$ and $e_{j}$ are in the same o.n. basis.

Example 3.14. Let $M$ be a surface. $K(x)=K\left(T_{x} M\right)$ called the Gaussian curvature (only one choice of a 2-plane). Then

$$
R(X, Y, Z, W)=K(x)(\langle X, W\rangle\langle Y, Z\rangle-\langle X, Z\rangle\langle Y, W\rangle)
$$

When we do

$$
\operatorname{Ric}(X, Y)=K(x)\langle X, Y\rangle
$$

The scalar curvature is then

$$
S(g)(x)=2 K(x)
$$

(the trace).
Theorem 3.15. Cartan Theorem. If $\left(M^{n}, g\right)$ is closed has constant sectional curvature. That is, $K\left(P^{2}\right)(x)=c_{0}$ is constant for all $P^{2} \subseteq T_{x} M$ and $x \in M$. Then the universal cover $\left(\tilde{M}^{n}, \tilde{g}\right)$ of $\left(M^{n}, g\right)$ is isometric to

$$
\begin{cases}\left(S^{n}, g_{\text {round }}\right) & c_{0}=1 \\ \left(\mathbb{R}^{n}, \text { Euclid }\right) & c_{0}=0 \\ \left(\mathbb{H}^{n}, g_{\mathbb{H}^{n}}\right) & c_{0}=-1\end{cases}
$$

Basically, if $c_{0} \neq 0,1,-1$, we increase or decrease the sphere or $\mathbb{H}^{n}$ to make the curvature go down or up. Therefore, $M$ is $S^{n} / \Gamma, \mathbb{R}^{n} / \Gamma$ or $\mathbb{H}^{n} / \Gamma$.

Theorem 3.16. When $n=2$, have uniformization theorem. $\left(M^{2}, g\right)$ closed surface. Then there exists $u \in C^{\infty}(M)$ such that $K\left(e^{2 u} g\right)=c_{0}$ constant.

Combine this with the above theorem, to get that if $M^{2}$ is orientable,

$$
\left(M^{2}, g\right)= \begin{cases}S^{2} & c_{0}=1 \\ \mathbb{T}^{2} & c_{0}=0 \\ \mathbb{H}^{2} / \Gamma & c_{0}=-1\end{cases}
$$

Proof. $g_{t}=e^{2 t u} g$ for $0 \leq t \leq 1$. Then $g_{0}=g$ and $g_{1}=\bar{g}$. Then

$$
\begin{aligned}
\frac{d}{d t} K\left(g_{t}\right) d V_{g_{t}} & =\frac{d}{d t} K\left(g_{t}\right) d V+K\left(g_{t}\right) \frac{d}{d t} V_{g_{t}} \\
& =\frac{d}{d t} K\left(g_{t}\right) d V+K\left(g_{t}\right) 2 u d V_{g_{t}} \\
& =\operatorname{div}(\ldots) d V_{g_{t}}
\end{aligned}
$$

We know that $d V_{g_{t}}=e^{2 t u} d V$ and so $\frac{d}{d t} d V_{g_{t}}=2 u d V g_{t}$. This gives second line.
This implies that

$$
\frac{d}{d t} \int K\left(g_{t}\right) d V_{g_{t}}=\int \operatorname{div}(\cdot) d V_{t}=0
$$

See assignment 3 to see what it is the divergence of.
Remark 3.17. The LHS without the $\frac{d}{d t}$ is Gauss-Bonet (for $M$ closed, $\int_{M} K(g) d V_{g}=2 \pi \chi(M)$ ), which gives you the genus ( $\chi=2-2 g$ if compact orientable).

$$
\int K(g) d V_{g}=\int K(\bar{g}) d \bar{V}= \begin{cases}4 \pi & \text { if } c_{0}=1 \\ 0 & \text { if } c_{0}=0 \\ 4 \pi(1-\delta) & \text { if } c_{0}=-1\end{cases}
$$

Definition 3.18. Suppose we have constant sectional metric.

- $g$ is Einstein if $\operatorname{Ric}(g)=\Lambda g$
- $g$ has constant scalar curvature if $S(g)=$ constant

Awesome fact: when $n=3$, Einstein implies constant sectional curvature.
Theorem 3.19. Perelman. If $\left(M^{3}, g\right)$ is closed and simply connected, then there exists $\bar{g}$ an Einstein metric on $M^{3}$. Hence, has constant sectional curvature, and so

$$
M^{3}=\left\{\begin{array}{l}
S^{3} \\
\mathbb{R}^{3} \\
\mathbb{H}^{3}
\end{array}\right.
$$

By closed, $M^{3}=S^{3}$.
Constant scalar curvature $\Longleftarrow$ Einstein $\Leftarrow$ constant sectional curvature.
When $n=2$, they are all the same. When $n=3$, have backwards of the second arrow.
Example 3.20. ( $S^{1} \times S^{2}, d \sigma^{2}+g_{S^{2}}$ ) has universal cover $\mathbb{R} \times S^{2}$, which is not the above. This is constant, but not Einstein.
$\left(S^{2} \times S^{2}, g_{S^{2}}+g_{S^{2}}\right)$ does not admit constant scalar curvature, cuz simply connected. This is Einstein not constant sectional curvature.

Open question. Is there an Eistein metric on $S^{n}$, which is not standard.

### 3.1. Relation of Parallel transport and curvature.

Definition 3.21. Parallel Transport. $\gamma: I \rightarrow M$, smooth curve. For all $V: I \rightarrow T M, V(t) \in T_{\gamma(t)} M$. $V$ is parallel transport of $V(0)$, if $\nabla_{\gamma^{\prime}} V=0$.

Lemma 3.22. $V$ is unique.
Proof. Choose $(U, \psi)$ a chart. $\gamma(t)=\left(x_{1}(t), \ldots, x_{n}(t)\right) . \quad \gamma^{\prime}(t)=\sum_{i} x_{i}^{\prime} \frac{\partial}{\partial x_{i}}$. Suppose $V(0)=\sum_{i=1}^{n} a_{i} \frac{\partial}{\partial x_{i}}$, with $V(t)=$ $\sum_{i} a_{i}(t) \frac{\partial}{\partial x_{i}}$. Then

$$
\begin{aligned}
0 & =\nabla_{\gamma^{\prime}} V=\sum_{i} a_{i}^{\prime}(t) \frac{\partial}{\partial x_{i}}+\sum a_{j} \sum_{i} \nabla_{\gamma^{\prime}} \frac{\partial}{\partial x_{i}} \\
& =\sum_{k} a_{k}^{\prime} \frac{\partial}{\partial x_{k}}+\sum_{i, j} a_{i} x_{j}^{\prime} \Gamma_{i, j}^{k} \frac{\partial}{\partial x_{k}}
\end{aligned}
$$

This says

$$
\left\{\begin{array}{l}
a_{k}^{\prime}+\sum_{i, j} a_{i} x_{j}^{\prime} \Gamma_{i j}^{k}=0 \\
a_{k}(0)=a_{k}
\end{array}\right.
$$

is a linear ODE, so solvable.
Example 3.23. ( $\mathbb{R}^{n}$, Euclid), take a triangle. transport $V$ along the triangle, then we get $V$ again. This does not work on the sphere. Get picture from ADAN

Let $u, v \in T_{p} M$. Consider $\diamond$ the parallelogram generated by $u$ and $v$. Let $P_{t}: T_{p} M \rightarrow T_{p} M$ by $P_{t}(X)=$ parallel transport of $X$ along the scaled parallelogram $\exp _{p}(t \diamond)$. (Need to scale to be small enough to apply $\exp _{p}$ ). Take coordinate vectors to be safe.

Theorem 3.24. $P_{t}(x)=x+t^{2} R(u, v) x+O\left(t^{3}\right)$.
3.2. Jacobi vector fields. Let $p, q \in M^{n}$. Let $\Omega_{p, q}=\{\gamma:[0,1] \rightarrow M, \gamma(0)=p, \gamma(1)=q\}$.

$$
T_{\gamma} \Omega_{p, q}=\left\{X:[0,1] \rightarrow T M: X(t) \in T_{\gamma(t)} M, X(0)=X(1)=0\right\}
$$

Consider $F:[0,1] \times(-\epsilon, \epsilon) \rightarrow M$ with $F(t, s)=\exp _{\gamma(t)}(s X(t))$. We have $F(0, s)=\gamma(0)$ and $F(1, s)=\gamma(1)$ for all $|s|<\epsilon$. Then writing $\gamma_{s}=F(\cdot, s)$, then

$$
X(t)=\frac{d}{d s} \gamma_{s}(t)=\frac{\partial F}{\partial s}(t, s) .
$$

$\mathscr{C}_{p, q}=\left\{\gamma \in \Omega_{p, q}: \gamma\right.$ is a geodesic $\}$. What is $T_{\gamma} \mathscr{C}_{p, q}$ ?

$$
T_{\gamma} \mathscr{C}_{p, q}=\left\{X \in T_{\gamma} \Omega_{p, q}: \nabla_{\gamma^{\prime}} \nabla_{\gamma^{\prime}} X+R\left(X, \gamma^{\prime}\right) \gamma^{\prime}=0\right\} .
$$

We usually write it as $X^{\prime \prime}+R\left(X, \gamma^{\prime}\right) \gamma^{\prime}=0$.
Let $\left(\gamma_{s}\right)_{|s|<\epsilon}$ be a one parameter family of geodesics with $\gamma_{0}=\gamma$. Let $\gamma_{s}=F(\cdot, s)$. Set $X(t)=\frac{\partial F}{\partial s}(t, 0)$.

$$
0=\nabla_{\gamma_{s}^{\prime} \gamma_{s}^{\prime}}=\nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial t}
$$

for all $s$. Then

$$
\begin{aligned}
0 & =\nabla_{\frac{\partial F}{\partial s}} \nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial t}=\nabla_{\frac{\partial F}{\partial t}} \nabla_{\frac{\partial F}{\partial s}} \frac{\partial F}{\partial t}+R\left(\frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right) \frac{\partial F}{\partial t} \\
& =\nabla_{\frac{\partial F}{\partial t}} \nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial s}+R\left(\frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right) \frac{\partial F}{\partial t} \\
& =\nabla_{\gamma^{\prime}} \nabla_{\gamma^{\prime}} X+R\left(X, \gamma^{\prime}\right) \gamma^{\prime}
\end{aligned}
$$

which is what we wanted. Here, we have a lot of commutator terms that we ignored, because we can pick nice parametrizations.

Definition 3.25. $\gamma$ a geodesic. $\mathfrak{J}$ is a Jacobi vector field if $\mathfrak{J}^{\prime \prime}+R\left(\mathfrak{J}, \gamma^{\prime}\right) \gamma^{\prime}=0$ along $\gamma$.

## Proposition 3.26.

(1) Jacobi vector fields along $\gamma$ with $\mathfrak{J}(0)=x$ and $\mathfrak{J}^{\prime}(0)=Y$ exists and are unique
(2) If $\mathfrak{J}(0)=0$ then $\mathfrak{J}(t)=\left(d \exp _{p}\right)_{t \gamma^{\prime}(0)}(t Y)$
(3) $\gamma^{\prime}$ and tr$\gamma^{\prime}$ are Jacobi vector fields

Example 3.27. On $\left(S^{n}, g_{S^{n}}\right)$ choose $p \in S^{n}$ where $u, v \in T_{p} S^{n}$ with $u \cdot v=0$ and $|u|=|v|=1$.

$$
F:(0, \pi) \times(-\epsilon, \epsilon) \rightarrow S^{n}
$$

by

$$
F(t, s)=\cos t p+\sin t \frac{u+s v}{\sqrt{1+s^{2}}} .
$$

Let $\mathfrak{J}(t)=\frac{\partial F}{\partial s}(t, 0)$. Can check that $\mathfrak{J}^{\prime \prime}(t)+\mathfrak{J}(t)=0$ for all $t$. Thus,

$$
R\left(\mathfrak{J}, \gamma^{\prime}\right) \gamma^{\prime}=\mathfrak{J} .
$$

Differentiate again. We knew the curvature of the sphere is constant, so taking $\frac{d}{d t}$, we get

$$
R\left(\mathfrak{J}^{\prime}, \gamma^{\prime}\right) \gamma^{\prime}=\mathfrak{J}^{\prime} .
$$

$\mathfrak{J}^{\prime}(0)=v$ and $\gamma^{\prime}(0)=u$ and so sectional curvature of $\operatorname{span}\{u, v\}=1$.

Example 3.28. On $\mathbb{H}^{n}$, we need

$$
F(t, s)=\cosh t p+(\sinh t) \frac{u+s v}{\sqrt{1+s^{2}}} \in \mathbb{H}^{3} .
$$

Argue similarly, implies that sectional curvature of $\mathbb{H}^{n}=-1$.

Example 3.29. Assume $\left(M^{n}, g\right)$ has constant sectional curvature $\bar{K}$. Then $\mathfrak{J}(t)$ Jacobi vector field along $\gamma$ with $\mathfrak{J}(0)=0$ and $\mathfrak{J}^{\prime}(0)=W$ is given by $\mathfrak{J}(t)=K(t) W(t)$ where $W(t)$ is parallel transport of $W$ along $\gamma$.

$$
K(t)= \begin{cases}\frac{\sin \sqrt{\bar{K}} t}{\sqrt{\bar{K}}} & \text { if } \bar{K}>0 \\ t & \text { if } \bar{K}=0 \\ \frac{\sinh \sqrt{K} t}{\sqrt{\bar{K}}} & \text { if } \bar{K}<0\end{cases}
$$

Proof. If $\mathfrak{J}(t)=K(t) W(t)$, then $\mathfrak{J}^{\prime \prime}(t)=K^{\prime \prime}(t) W=-\bar{K} \mathfrak{J}(t)$. Hence, $\mathfrak{J}^{\prime \prime}+\bar{K} \mathfrak{J}=0$. Use uniqueness.
Remark 3.30. Get picture from Adan
Proof. of proposition
(1) $\gamma$ geodesic $\left\{e_{1}, \ldots, e_{n}\right\}$ an orthonormal basis of $T_{\gamma(0)} M$ with $e_{1}=\gamma^{\prime}(0) .\left\{e_{i}(t)\right\}_{i=1}^{n}$ parallel transport of $\left\{e_{i}\right\}$. By uniqueness, $\gamma^{\prime}(t)=e_{1}(t)$. Check that $\left\{e_{1}(t)\right\}$ is an orthonormal frame. Suppose $\mathfrak{J}(t)=\sum_{i}^{n} a_{i}(t) e_{i}(t)$.

$$
\mathfrak{J}^{\prime}(t)=\nabla_{\gamma^{\prime}} \mathfrak{J}(t)=\sum_{i} a_{i}^{\prime}(t) e_{1}(t)+\sum_{i} a_{i}(t) e_{1}^{\prime}(t)=\sum a_{1}^{\prime}(t) e_{1}(t)
$$

Meanwhile,

$$
\mathfrak{J}^{\prime \prime}(t)=\sum_{i} a_{i}^{\prime \prime}(t) e_{i}(t)
$$

Then

$$
\begin{aligned}
0 & =\mathfrak{J}^{\prime \prime}+R\left(\mathfrak{J}, \gamma^{\prime}\right) \gamma^{\prime}=\sum_{i} a_{i}^{\prime \prime}(t) e_{i}(t)+\sum_{j} a_{j} R\left(e_{j}, e_{1}\right) e_{1} \\
& =\sum a_{i}^{\prime \prime} e_{i}+\sum_{i, j} a_{j}\left\langle R\left(e_{j}, e_{1}\right) e_{1}, e_{i}\right\rangle e_{i} \\
& =\sum_{i}\left(a_{i}^{\prime \prime}+\sum_{j} a_{j} R_{j 11 i}\right) e_{i}
\end{aligned}
$$

This is a second order linear ODE equation, so has unique solution after specifying initial speed $a_{i}(0)$ and $a_{i}^{\prime}(0)$.
(2) $F:[0,1] \times(-\epsilon, \epsilon) \rightarrow M$ given by

$$
F(t, s)=\exp _{p}\left(t\left(\gamma^{\prime}(0)+s y\right)\right)
$$

Then $\gamma_{s}=F(\cdot, s)$ is a geodesic for all $|s|<\epsilon$. So $\mathfrak{J}(t)=\frac{\partial F}{\partial s}(t, 0)$ is a Jacobi vector field. Just need $\mathfrak{J}(0)=0$ and $\mathfrak{J}^{\prime}(0)=y$. Note that

$$
\mathfrak{J}(t)=\left(d \exp _{p}\right)_{t \gamma^{\prime}(0)}(t y)
$$

$\mathfrak{J}(0)=\left(d \exp _{p}\right)_{0}(v)=v$.

$$
\begin{aligned}
\mathfrak{J}^{\prime}(0) & =\nabla_{\gamma^{\prime}(t)} \mathfrak{J}(t)=\nabla_{\frac{\partial F}{\partial t}} \frac{\partial F}{\partial s}=\nabla_{\frac{\partial F}{\partial t}}(d \exp )_{t \gamma^{\prime}(0)}(t y) \\
& =\nabla_{\frac{\partial F}{\partial t}}\left(t\left(d \exp _{t \gamma^{\prime}(0)}(y)\right)\right) \\
& =(d \exp )_{t \gamma^{\prime}(0)}(y)+t \nabla_{\frac{\partial F}{\partial t}}\left(d \exp _{p}\right)_{t \gamma^{\prime}(0)}(y)
\end{aligned}
$$

At $t=0$, we get $y+0($ blah $)=y$.

Definition 3.31. $\gamma\left(t_{0}\right)$ is conjugate point to $\gamma(0)$ along $\gamma$, if there exists $\mathfrak{J}$ a Jacobi vector field with $\mathfrak{J}(0)=\mathfrak{J}\left(t_{0}\right)=0$.
Remark 3.32. This means that $\gamma\left(t_{0}\right)$ is conjugate to $\gamma(0)$ iff $t_{0} \gamma^{\prime}(0)$ is a critical point for $\exp _{\gamma(0)}$. That is, $\operatorname{ker}(d \exp )_{t_{0} \gamma^{\prime}(0)} \neq$ 0. (by proposition).

If $\gamma$ is a geodesic, $\mathfrak{J}(0)=0, \mathfrak{J}^{\prime}(0)=W$, then

$$
\mathfrak{J}(t)=(d \exp )_{t v}(t W)
$$

where $\gamma(t)=\exp (t v)$.
Remark 3.33. $\gamma\left(t_{0}\right)$ conjugates to $\gamma(0) \Longleftrightarrow \operatorname{ker}(d \exp )_{t_{0} v} \neq\{0\} \Longleftrightarrow \exp _{p}$ has a critical point at $t_{0} v$.
Lemma 3.34. Fix $x$, there exists $\epsilon>0$ such that if $y \in M$, there is $z \in M$ so that
(1) $z \in \exp _{x}\left(\partial B_{\epsilon}\right)$
(2) $d(x, y)=d(x, z)+d(z, y)$

Proof. Choose $z$ so that

$$
d(z, y)=d\left(\exp \left(\partial B_{\epsilon}\right), y\right)
$$

then $d(x, y) \leq d(x, z)+d(z, y)$.
Take $\gamma$ connecting $x$ to $y$ so that length $(\gamma)$ is almost $d(x, y)$. There exists $E$ so that $\gamma(E) \in \exp \left(\partial B_{\epsilon}\right)$. Since

$$
\begin{aligned}
\operatorname{length}(\gamma) & =\operatorname{length}(\gamma(0, E))+\text { length }(\gamma(E, 1)) \\
& \geq \epsilon+d(z, y)=d(x, z)+d(z, y) .
\end{aligned}
$$

Theorem 3.35. (Hopf-Rinow Theorem). TFAE:
(1) There exists $p \in M$ such that $\exp _{p}: T_{p} M \rightarrow M$ is defined everywhere
(2) Bounded and closed sets of $M$ are compact
(3) Cauchy sequences converge
(4) $\exp _{q}$ is defined on $T_{q} M$ for all $q \in M$ (geodesically complete)

They also all imply that for all $q$, there exists $\gamma$ geodesic connecting $p$ to $q$ where length $(\gamma)=d(p, q)$.
Proof. $1 \Longrightarrow 5$. Given $p, q$. By the lemma, we can get a $z \in \exp _{p}\left(\partial B_{\epsilon}\right)$ satisfying.... Let $\gamma(t)$ be the geodesic of unit speed with $\gamma(\epsilon)=z$. Let $d=d(p, q)$ and

$$
I=\{t \in[0, d]: d(\gamma(t), p)=d-t\} .
$$

$I \neq \emptyset$ because $\epsilon \in I$. Let $T=\sup I$. Need to show that $T=d$ (which implies $d(\gamma(T), q)=0$, so $\gamma$ connects to $q$ ). $I$ is closed by continuity. Suppose $T<d$. Apply the lemma, so

$$
d(\gamma(T), q)=d\left(\gamma(T), z^{\prime}\right)+d\left(z^{\prime}, q\right)
$$

Want to argue that $z^{\prime}=\gamma\left(T+\epsilon^{\prime}\right)$. This will give the contradiction. Let $\sigma$ be the curve along $\gamma$ to $\gamma(T)$, and then to $z^{\prime}$, a broken geodesic.

Claim. length $(\sigma)=d\left(p, z^{\prime}\right)$ which implies that $\sigma$ is a simple geodesic and so $\sigma=\gamma$.
Proof. We know $d(\gamma, q)=d-T$ and $d(\gamma(T), q)=d\left(z^{\prime}, q\right)+d\left(z^{\prime}, \gamma(T)\right)$. Hence,

$$
\begin{aligned}
d\left(p, z^{\prime}\right) & \geq d(p, q)-d\left(q, z^{\prime}\right)=d-d\left(z^{\prime}, q\right) \\
& =d-\left(d-T-\epsilon^{\prime}\right)=T+\epsilon^{\prime}=\operatorname{length}(\sigma) .
\end{aligned}
$$

Therefore, $\operatorname{length}(\sigma)=d\left(p, z^{\prime}\right)$

Definition 3.36. Given $\left(M^{n}, g\right)$ connected, define

$$
d(p, q)=\inf \{\text { length }(\gamma): \gamma \text { connects } p \text { to } q\}
$$

If $\sigma$ is a piecewise smooth curve so that

- $\sigma$ connects $p$ to $q$
- $d(p, q)=$ length $(\sigma)$
then $\sigma$ is a geodesic (hence, completely smooth).
Corollary 3.37. If $M$ is compact (no boundary), then it's geodesically complete. If $M^{n} \subseteq \mathbb{R}^{n+k}$ is closed and complete, then it's geodesically complete.

Example 3.38. of not complete, just take $M$ - $\{$ a point $\}$. Then can't extend over the point. Or Orbifold.
Theorem 3.39. $(M, g)$ simply connected, COMPLETE and constant sectional curvature, then $(M, g)$ is isometric to

$$
\begin{cases}\left(\mathbb{R}^{n}, \text { Euclid }\right) & k=0 \\ \left(S^{n}, g_{S^{n}}\right) & k=1 \\ \left(\mathbb{H}^{n}, g_{\mathbb{H}^{n}}\right) & k=-1\end{cases}
$$

Remark 3.40. If $g$ has constant sectional curvature $K \neq 0$, then $\frac{g}{|K|}$ has constant curvature $\mp 1$ (so can scale to assume the above).

Proof. Suppose $k=0$. Want to show $g\left((d \exp )_{v}(X),(d \exp )_{v}(Y)\right)=\langle X, Y\rangle$ for all $X, Y \in T_{p} M$ and $v \in T_{p} M$. Let $\gamma$ be geodesic corresponding to $v$. If $X, Y$ are parallel to $v$, then this is just Gauss lemma. Suppose $X_{1}, X_{2} \perp v$. Let $X_{i}(t)$ be the parallel transport of $X_{i}$ along $\gamma . \mathfrak{J}_{i}(t)$ Jacobi vector fields with $\mathfrak{J}_{i}(0)=0$ and $\mathfrak{J}_{i}^{\prime}(0)=X_{i}(0)$.
$\mathfrak{J}_{i}(t)=t X_{i}(t)$ for all $t$ because, in this case, the Jacobi vector field equation is $L^{\prime \prime}=0$ and both sides satisfy the equation and $\left(t X_{i}(0)\right)^{\prime \prime}=\left(X_{i}(t)\right)^{\prime}=0$. They are both 0 at $t=0$ and derivative at 0 is the same.

$$
\begin{aligned}
g\left((d \exp )_{v}\left(X_{1}\right),(d \exp )_{v}\left(X_{2}\right)\right) & =g\left(\mathfrak{J}_{1}(1), \mathfrak{J}_{2}(2)\right)=g\left(X_{1}(1), X_{2}(1)\right) \\
& =g\left(X_{1}(0), X_{2}(0)\right)=\left\langle X_{1}, X_{2}\right\rangle
\end{aligned}
$$

When $k=-1$, the candidate for the isometry is then $F=\overline{\exp } \circ A \circ \exp ^{-1}$ where $\exp$ is the exponential on $M$, $\overline{\exp }$ is that of $\mathbb{H}^{n}$ and $A$ is $T_{p} M \rightarrow T_{\bar{p}} \mathbb{H}^{n}$.

$$
\bar{g}\left((d F)_{x}\left(X_{1}\right),(d F)_{x}\left(X_{2}\right)\right)=g\left(X_{1}, X_{2}\right)
$$

for all $X_{1}, X_{2} \in T_{x} M$ and all $x \in M$. Let $\gamma=\exp (t v)$, and check that $\bar{\gamma}=\overline{\exp }(t A v)$. Once again, if parallel, this is again by Gauss lemma. Assume $X_{1}, X_{2} \perp \gamma^{\prime}(1)$. Let $X_{i}(t)$ be the parallel transport of $X_{i}$ along $\gamma$. Let $\mathfrak{J}_{i}(t)$ be Jacobi vector fields with $\mathfrak{J}_{i}(0)=0$ and $\mathfrak{J}_{i}^{\prime}(0)=X_{i}(0)$. Then

$$
\mathfrak{J}_{i}(t)=\sinh t X_{i}(t)
$$

because both satisfies $X^{\prime \prime}-X=0$.

$$
\mathfrak{J}_{i}(1)=(d \exp )_{v}\left(X_{i}(0)\right)
$$

and combining the identities, we get

$$
X_{i}=\frac{d \exp \left(X_{i}(0)\right)}{\sinh (1)}
$$

Hence,

$$
(d F)\left(X_{1}\right)=(d \overline{\exp }) d A(d \exp )^{-1}\left(X_{1}\right)=d \overline{\exp } d A \frac{X_{1}(0)}{\sinh (1)}
$$

and so

$$
\begin{aligned}
\bar{g}\left((d F)\left(X_{1}\right),(d F)\left(X_{2}\right)\right) & =\frac{\bar{g}\left(d \overline{\exp }\left(d A\left(X_{1}(0)\right)\right), d \overline{\exp }\left(d A\left(X_{2}(0)\right)\right)\right)}{\sinh ^{2} 1} \\
& =\bar{g}\left(\overline{d A\left(X_{1}(0)\right)(1)}, \overline{d A\left(X_{2}(0)\right)(1)}\right) \\
& =\bar{g}\left(d A\left(X_{1}(0), d A\left(X_{2}(0)\right)\right)\right. \\
& =\bar{g}\left(X_{1}(0), X_{2}(0)\right)=g\left(X_{1}, X_{2}\right)
\end{aligned}
$$

where the first equality is by undo-ing what we do with hyperbolic metric.
$k=1$. We have the diagram (see Adan or Nacho). $F=\exp \circ A \overline{\exp }^{-1}$.
Claim. $F: S^{n}-\{$ south pole $\} \rightarrow M^{n}$ is an isometry
Proof. $\bar{X}_{i} \in T_{y} S^{n}$ and $P_{t}$ is parallel transport along $\gamma$ or $\bar{\gamma}$.
They obey the identity

$$
(d \exp )_{t v}(t Z)=\sin t P_{t}(Z)
$$

$$
\begin{aligned}
X_{i} & =(d F)\left(\bar{X}_{i}\right)=d \exp d A(d \overline{\exp })^{-1}\left(\bar{X}_{i}\right)=d \exp d A(d \overline{\exp })^{-1}\left(P_{1}\left(\bar{X}_{i}(0)\right)\right) \\
& =d \exp d A\left(\frac{\bar{X}_{i}(0)}{\sin 1}\right)=\frac{1}{\sin 1} d \exp (d A) \bar{X}_{i}(0) \\
& =P_{1}\left(d A\left(\bar{X}_{i}(0)\right)\right)
\end{aligned}
$$

Since

$$
\begin{aligned}
g\left(d F\left(X_{1}\right), d F\left(X_{2}\right)\right) & =g\left(P_{1}\left(d A\left(\bar{X}_{1}(0)\right)\right), P_{1}\left(d A\left(\bar{X}_{2}(0)\right)\right)\right. \\
& =g\left(d A\left(\bar{X}_{i}(0)\right), d A\left(\bar{X}_{2}(0)\right)\right)=\left\langle\bar{X}_{1}(0), \bar{X}_{2}(0)\right\rangle \\
& =\left\langle P_{1}\left(\bar{X}_{1}(0)\right), P_{1}\left(\bar{X}_{2}(0)\right)\right\rangle=\left\langle\bar{X}_{1}, \bar{X}_{2}\right\rangle
\end{aligned}
$$

where the last inequality is because $A$ was chosen to be an isometry.

Theorem 3.41. Hadamard Theorem. If $\left(M^{n}, g\right)$ with sectional curvature $\leq 0$ (not necessarily constant) and $M^{n}$ simply connected, then $M^{n} \cong \mathbb{R}^{n}$ (diffeo, not isometric)

Corollary 3.42. If closed $\left(M^{n}, g\right)$ has sectional curvature $\leq 0$, then $\pi_{k}\left(M^{n}\right)=0$ if $k \geq 2$.
Proof. If $(\tilde{M}, g)$ is universal cover, then

$$
\pi_{k}\left(M^{n}\right)=\pi_{k}(\tilde{M})=\pi_{k}\left(\mathbb{R}^{n}\right)=0
$$

If $\left(M^{n}, g\right)$ has section curvature $\leq 0$, then all topology is in $\pi_{1}\left(M^{n}\right)$.
Corollary 3.43. $S^{n}, \mathbb{C P}^{n}$ or $S^{n} \times M^{k}, \mathbb{C P}^{n} \times M^{k}$ have no metric with non-positive sectional curvature.
Theorem 3.44. (Gao-Yau). $S^{3}$ has metric with negative Ricci curvature.
Remark 3.45. This is because for non-surfaces Ricci curvature and sectional curvature are not the same. Also, will contradict Gauss-Bonnet with averages non-positive.

Proof. Idea: There exists a map $\gamma: S^{1} \rightarrow S^{3}$ the figure eight knot, so that $S^{3}-\gamma$ has a complete hyperbolic metric. Fill in a metric in tubular neighbourhood of the knot (which is a torus), so that the metric is complete, and the Ricci is always negative.

Theorem 3.46. (Locham) Every $\left(M^{n}, g\right)$ with $n \geq 3$ has metric with Ricc $<0$.
Theorem 3.47. Every $\left(M^{n}, g\right)$ with $n \geq 3$, has a metric with constant negative scalar curvature.
Conjecture 3.48. If $n$ is large enough, can we put an Eisenstein metric with negative constant on any manifold.
Proof. of Hadamard theorem.
(1) $\exp : T_{p} M^{n} \rightarrow M^{n}$ is a local diffeo

Suppose ker $(d \exp )_{v} \neq \emptyset$. Then there exists $\mathfrak{J}$ a Jacobi vector field along $\gamma(t)=\exp (t v)$ where $\mathfrak{J}(0)=\mathfrak{J}(1)=0$. This is because critical points of exponential are critical points, so they define Jacobi vector fields. Let $f(t)=$ $\langle\mathfrak{J}(t), \mathfrak{J}(t)\rangle$. Then

$$
f^{\prime \prime}(t)=\left(2\left\langle\mathfrak{J}^{\prime}, \mathfrak{J}\right\rangle\right)^{\prime}=2\left\langle\mathfrak{J}^{\prime \prime}, \mathfrak{J}\right\rangle+2\left\langle\mathfrak{J}^{\prime}, \mathfrak{J}^{\prime}\right\rangle .
$$

Since $\mathfrak{J}^{\prime \prime}+R\left(\mathfrak{J}, \mathfrak{J}^{\prime}\right) \mathfrak{J}^{\prime}=0$, we get

$$
\begin{aligned}
f^{\prime \prime}(t) & =-2 R\left(\mathfrak{J}, \mathfrak{J}^{\prime}, \mathfrak{J}^{\prime}, \mathfrak{J}\right)+2\left|\mathfrak{J}^{\prime}\right|^{2} \\
& =-\left|\mathfrak{J} \wedge \mathfrak{J}^{\prime \prime}\right|^{2} K\left(\operatorname{span}\left(\mathfrak{J}, \mathfrak{J}^{\prime}\right\}\right)+2\left|\mathfrak{J}^{\prime}\right|^{2} \\
& \geq 2\left|\mathfrak{J}^{\prime}\right|^{2} \geq 0 .
\end{aligned}
$$

This means that $f$ is a convex function. If $f^{\prime \prime} \geq 0, C^{2}$ then $f \leq \max \{f(0), f(1)\}$. (draw a picture). But $f(0)=0$ and $f(1)=0$, so

$$
|\mathfrak{J}(t)|^{2}=0
$$

for all $t$ and so $\mathfrak{J}=0$.
(2) Show that exp is a convering map

Let $\bar{g}=(\exp )^{\star} g \cdot \bar{g}$ is complete, because $t \mapsto \exp (t v)$ is a globally defined geodesic. exp is an isometry with respect to $\bar{g}$. Then $\exp$ map has unique lifting property.
These two facts plus the fact that $\pi_{1}(M)=0$ implies that exp is a diffeomorphism.

## 4. First and Second variation of energy

For $p, q \in M^{n}$,

$$
\Omega_{p, q}=\{\gamma:[a, b] \rightarrow M, \gamma(a)=p, \gamma(b)=q, \text { piece-wise smooth }\} .
$$

Let $L: \Omega_{p, q} \rightarrow \mathbb{R}$ given by $L(\gamma)=$ length $(\gamma)=\int_{a}^{b}\left|\gamma^{\prime}(t)\right| d t$.
Let the energy $E: \Omega_{p, q} \rightarrow \mathbb{R}$ is $E(\gamma)=\int_{a}^{b}\left|\gamma^{\prime}(t)\right|^{2} d t$.
Lemma 4.1. Then $L(\gamma)^{2} \leq(b-a) E(\gamma)$ for all $\gamma$, with equality iff $\left|\gamma^{\prime}(t)\right|$ is constant for all $t$
Proof. We have

$$
|L(\gamma)|^{2}=\left(\int_{a}^{b}\left|\gamma^{\prime}(t)\right| d t\right)^{2} \leq(b-a) \int_{a}^{b}\left|\gamma^{\prime}(t)\right|^{2} d t
$$

Lemma 4.2. If $C:(a, b) \rightarrow M$ is a minimizing geodesic with $C \in \Omega_{p, q}$, then $E(\gamma) \geq E(C)$ for all $\gamma \in \Omega_{p, q}$. With equality iff $\gamma$ is a geodesic

Remark 4.3. Just because length $(\gamma)=\operatorname{length}(C)$ does not imply $\left|\gamma^{\prime}(t)\right|=$ constant.
Proof. We get

$$
\begin{aligned}
E(C) & =\int_{a}^{b}\left|C^{\prime}(t)\right|^{2} d t=(b-a) L(C)^{2} \\
& \leq \frac{1}{b-a} L(\gamma)^{2} \leq E(\gamma) .
\end{aligned}
$$

If equality holds, then $\gamma$ is length minimizing and constant speed. Therefore, it's a geodesic.
What are the critival points, say $\nabla E$ (but this is infinite dimensional).
If $\gamma \in \Omega_{p, q}$ and smooth on $\left[t_{i}, t_{i+1}\right]$, then

$$
\nabla E=-2 \nabla_{\gamma^{\prime}} \gamma^{\prime}-2 \sum_{i}\left(\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right)\right) \delta_{\gamma\left(t_{i}\right)} .
$$

$F:(-\epsilon, \epsilon) \times[a, b] \rightarrow M$ a $C^{2}$-map on $(-\epsilon, \epsilon) \times\left[t_{i}, t_{i+1}\right]$ and continuous everywhere, where $F(0, \cdot)=\gamma$. Let $\gamma_{s}=F(s, \cdot)$, and $V(t)=\frac{\partial F}{\partial s}(0, t)$

$$
\left.\frac{1}{2} \frac{\partial}{\partial s} E\left(\gamma_{s}\right)\right|_{s=0}=-\int_{a}^{b}\left\langle V, \nabla_{\gamma^{\prime}} \gamma^{\prime}\right\rangle d t-\sum_{i}\left(\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right)\right) V\left(t_{i}\right)-\left\langle V(0), \gamma^{\prime}(0)\right\rangle+\left\langle V(1), \gamma^{\prime}(1)\right\rangle .
$$

Proof. We have

$$
\begin{aligned}
\frac{d}{d s} E\left(\gamma_{s}\right) & =\frac{d}{d s} \int_{a}^{b}\left|\gamma_{s}^{\prime}(t)\right|^{2} d t=\frac{d}{d s} \int_{a}^{b}\left|\frac{\partial F}{\partial t}(s, t)\right|^{2} d t \\
& =\int_{a}^{b} 2\left\langle\frac{\partial^{2} F}{\partial s \partial t}(0, t), \frac{\partial F}{\partial t}(0, t)\right\rangle d t=\int_{a}^{b} 2\left\langle\frac{\partial^{2} F}{\partial t \partial s}, \frac{\partial F}{\partial t}\right\rangle d t \\
& =\int_{a}^{b} 2 \partial_{t}\left\langle\frac{\partial F}{\partial s}, \frac{\partial F}{\partial t}\right\rangle d t-\int_{a}^{b} 2\left\langle\frac{\partial F}{\partial s}(0, t), \nabla_{\frac{\partial F}{\partial s}} \frac{\partial F}{\partial t}\right\rangle d t \\
& =-2 \int_{a}^{b}\left\langle v(t), \nabla_{\gamma^{\prime}} \gamma^{\prime}\right\rangle d t+2 \sum_{i}\left\langle v\left(t_{i+1}\right), \gamma^{\prime}\left(t_{i+1}^{-}\right)\right\rangle-2 \sum_{i}\left\langle v\left(t_{i}\right), \gamma^{\prime}\left(t_{i}^{+}\right)\right\rangle
\end{aligned}
$$

For $\gamma \in \Omega_{p, q}, T_{\gamma} \Omega_{p, q}$ is

$$
\left\{V:(0,1) \rightarrow T M: V \text { is continuous, } V(0)=V(1)=0, V(t) \in T_{\gamma} M \text { piece-wise smooth }\right\} .
$$

Additionally,

$$
d E=-\nabla_{\gamma^{\prime}} \gamma^{\prime}-\sum_{i}\left(\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right)\right) \delta_{\gamma\left(t_{n}\right)} .
$$

That is for all $X \in T_{\gamma} \Omega_{p, q}$,

$$
d E(X)=-\int_{0}^{1}\left\langle\nabla_{\gamma^{\prime}} \gamma^{\prime}, X\right\rangle-\sum_{i}\left\langle\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right), X\left(t_{i}\right)\right\rangle .
$$

Lemma 4.4. $\gamma$ is a critical point (ie, $d E_{\gamma}=0$ ) iff $\gamma$ is a geodesic.
Proof. Backwards is clear.
Choose $\phi:(0,1) \rightarrow \mathbb{R}, \phi \geq 0$ and $\phi\left(t_{i}\right)=0$. Let $X=\phi \nabla_{\gamma^{\prime}} \gamma^{\prime} \in T_{\gamma} \Omega_{p, q}$. Then

$$
0=(d E)(X)=-\int_{0}^{1} \phi\left|\nabla_{\gamma^{\prime}} \gamma^{\prime}\right|^{2} d t
$$

and so $\nabla_{\gamma^{\prime}} \gamma^{\prime}$ is 0 almost everywhere. Hence, $\gamma^{\prime}$ is a broken geodesic.
Now choose $X \in T_{\gamma} \Omega_{p, q}$ such that $X\left(t_{i}\right)=\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right)$. Then

$$
0=d E(X)=-\sum\left\langle\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right), X\left(t_{i}\right)\right\rangle=-\sum_{i}\left|\gamma^{\prime}\left(t_{i}^{+}\right)-\gamma^{\prime}\left(t_{i}^{-}\right)\right|^{2} .
$$

Therefore, $\gamma^{\prime}\left(t_{i}^{+}\right)=\gamma^{\prime}\left(t_{i}^{-}\right)$for all $i$. Hence, $\gamma$ is a single geodesic.
Lemma 4.5. $\gamma$ geodesic. $V \in T_{\gamma} \Omega_{p, q}$ with $V$ smooth.

$$
d^{2} E_{\gamma}(V, V)=-2 \int_{0}^{1}\left\langle V^{\prime \prime}+R\left(V, \gamma^{\prime}\right) \gamma^{\prime}, V\right\rangle d t
$$

Remark 4.6. $V \in T_{\gamma} \Omega_{p, q}$ then $F:(-\epsilon, \epsilon) \times(0,1) \rightarrow M$ such that $F(0, \cdot)=\gamma \cdot V(t)=\frac{\partial F}{\partial s}(0, t), F(s, 0)=p, F(s, 1)=q$ for all $s$.

Then $\gamma_{s}=F(s, \cdot)$.

$$
\left.\frac{d}{d s} E\left(\gamma_{s}\right)\right|_{s=0}=?
$$

Proof. We have $\gamma_{s}^{\prime}=\frac{\partial F}{\partial s}$ and $\nabla_{\gamma^{\prime}} \gamma^{\prime}=\frac{\partial^{2} F}{\partial^{2} t}(0, t)=0$,

$$
\begin{aligned}
d^{2} E_{\gamma}(V, V) & =\frac{d^{2}}{(d s)^{2}} E\left(\gamma_{s}\right)_{s=0}=\frac{d^{2}}{(d s)^{2}} \int_{0}^{1}\left|\gamma_{s}^{\prime}(t)\right|^{2} d t \\
& =\frac{d}{d s} \int_{0}^{2} 2\left\langle\frac{\partial^{2} F}{\partial s \partial t}, \frac{\partial F}{\partial t}\right\rangle=2 \int_{0}^{1}\left\langle\frac{\partial^{3} F}{\partial s \partial s \partial t}, \frac{\partial F}{\partial t}\right\rangle+2\left\langle\frac{\partial^{2} F}{\partial s \partial t}, \frac{\partial^{2} F}{\partial s \partial t}\right\rangle \\
s=0 & =2 \int_{0}^{1}\left\langle\frac{\partial^{3} F}{\partial s \partial t \partial s}, \frac{\partial F}{\partial t}\right\rangle+2\left\langle\frac{\partial}{\partial t} V, \frac{\partial}{\partial t} V\right\rangle \\
& =2 \int_{0}^{1}\left\langle\frac{\partial^{3} F}{\partial t \partial^{2} s}, \frac{\partial F}{\partial t}\right\rangle+\left\langle R\left(\partial_{s} F, \partial_{t} F\right) \partial_{s} F, \partial_{t} F\right\rangle-2\left\langle V, V^{\prime \prime}\right\rangle d t \\
& =2\left\langle\frac{\partial^{2} F}{(\partial s)^{2}}(0,1), \gamma^{\prime}(1)\right\rangle-2\left\langle\frac{\partial^{2} F}{(\partial s)^{2}}(0,0), \gamma^{\prime}(0)\right\rangle-2 \int\left\langle\frac{\partial^{2} F}{\partial s \partial s}, \frac{\partial^{2} F}{(\partial t)^{2}}\right\rangle \\
& +\left\langle R\left(\partial_{s} F, \partial_{t} F\right) \partial_{s} F, \partial_{t} F\right\rangle-2\left\langle V, V^{\prime \prime}\right\rangle d t \\
\text { all others are 0} & =\int_{0}^{1}\left\langle R\left(\partial_{s} F, \partial_{t} F\right) \partial_{s} F, \partial_{t} F\right\rangle-2\left\langle V, V^{\prime \prime}\right\rangle d t \\
& =-2 \int_{0}^{2}\left\langle V^{\prime \prime}+R\left(V, \gamma^{\prime}\right) \gamma^{\prime}, V\right\rangle d t
\end{aligned}
$$

Remark 4.7. This is like the Jacobi relation.

$$
d^{2} E(V, V)=-\int\langle\mathfrak{L} V, V\rangle d t
$$

where $\mathfrak{L} V=V^{\prime \prime}+R\left(V, \gamma^{\prime}\right) \gamma^{\prime}$ Jacobi operator
If $(M, g)$ has section curvature $<0$, then

$$
\left(d^{2} E\right)(V, V)=\int_{0}^{1}\left|V^{\prime}\right|^{2}-R\left(V, \gamma^{\prime}, \gamma^{\prime}, V\right) d t>0
$$

Theorem 4.8. If $\left(M^{n}, g\right)$ closed has sectional curvature $<0$, then close geodesics are unqiue in their homotopy class.
That is, $\pi_{1}(M)=\{$ closed geodesics $\}$.
Remark 4.9. For a torus, take the rings going up down. The above theorem does not apply.
With negative curvature, geometric objects tend to be unique (geodesics, harmonic maps, unit volume metric with constant scalar metrics in conformal classes)

Proof. Convexity.
Suppose $\gamma_{0}, \gamma_{1}$ are two closed geodesics, homotopic. There exists $H:(0,1) \times S^{1} \rightarrow M$ such that $H(0, \cdot)=\gamma_{0}$ and $H(1, \cdot)=\gamma_{1}$.

Claim. There exists $F:(0,1) \times S^{1} \rightarrow M$ homotopy between $\gamma_{0}$ and $\gamma_{1}^{\prime}$ such that $s \rightarrow F(\theta, s)=\gamma_{\theta}(s)$ is a geodesic.
Proof. $H:(0,1) \times \mathbb{R} \rightarrow \tilde{M}$ the lift to universal cover. $H$ is $\pi_{1}(M)$-equivariant.
For all $\theta \in \mathbb{R}$, there exists unqiue geodesic $\gamma_{0}$ connecting $\gamma_{0}(\theta)$ to $\gamma_{1}(\theta)$. Define $F$ in this way. $\gamma_{\theta}$ unique implies that $F$ is smooth and $\pi_{1}(M)$-equivariant.

Set $\gamma_{s}=F(s, \cdot)$ and $f(s)=E\left(\gamma_{s}\right)$. Then $f^{\prime}(0)=f^{\prime}(1)=0$ because $\gamma_{0}, \gamma_{1}$ are geodesics.

$$
f^{\prime \prime}(s) \geq 0(\text { think you need }>0)
$$

because the sectional curvature is $<0$. Thus, there's only one critical point, which is a contradiction.

Theorem 4.10. (Bonnet-Myers) If $\left(M^{n}, g\right)$ with Ric $\geq \frac{n-1}{r^{2}} g$ then diam $\left(M^{n}, g\right) \leq \pi r$.

Remark 4.11. Here Ric $\geq \epsilon g$ means that $\operatorname{Ric}-\epsilon g$ is positive definite. That is, $\operatorname{Ric}(X, X) \geq \epsilon|X|^{2}$ for all $X \in T_{p} M$.

- If $S^{n}(r)=2\left\{|x|^{2} \leq r^{2}: x \in \mathbb{R}^{n+1}\right\}$
- $R i c=\frac{n-1}{r^{2}} g_{S^{n}(r)}$

Proof. Strategy: If $\gamma$ is length minimizing, then $\gamma$ is absolute minimum for $E$.

$$
d^{2} E(X, X) \geq 0
$$

for all $X$. Want to choose $\gamma$ a minimizing geodesic realizing the diameter. Use geometry to find $X$ vector field such that $\left(d^{2} E\right)(X, X)<0$, which will be a contradiction.

Assume $\operatorname{diam}(M, g)=\ell>\pi r$. Let $p, q$ have distance $>\pi r$ and we can connect them by a geodesic $\gamma$.
$\left\{e_{i}\right\}_{i=0}^{n-1}$ orthonormal basis of $T_{p} M$ and $e_{0}=\gamma^{\prime}(0) .\left\{e_{i}(t)\right\}_{i=0}^{n-1}$ parallel transport along $\gamma$.

$$
X_{i}(t)=\sin (\pi t) e_{i}(t)
$$

for $i=1, \ldots, n-1$. Then

$$
\begin{aligned}
\left(d^{2} E\right)\left(X_{i}, X_{i}\right) & =\int_{0}^{1}\left|X_{i}^{\prime}(t)\right|^{2}-R\left(X_{i}, \gamma^{\prime}, \gamma^{\prime}, X_{i}\right) d t \\
& =\int_{0}^{1} \pi^{2} \cos ^{2}(\pi t)-\left(\sin ^{2} \pi t\right) R\left(e_{i}, \gamma^{\prime}, \gamma^{\prime}, e_{i}\right) d t
\end{aligned}
$$

Now, average,

$$
\begin{aligned}
\sum_{i=1}^{n-1}\left(d^{2} E\left(X_{i}, X_{i}\right)\right) & =\int_{0}^{1}(n-1) \pi^{2} \cos ^{2}(\pi t)-\sin ^{2}(\pi t) \operatorname{Ric}\left(\gamma^{\prime}, \gamma^{\prime}\right) d t \\
& \leq \int_{0}^{1}(n-1) \pi^{2} \cos ^{2}(\pi t)-\sin ^{2}(\pi t) \frac{\left|\gamma^{\prime}(t)\right|^{2}}{r^{2}} d t \\
& =\int_{0}^{1}(n-1) \pi^{2} \cos ^{2}(\pi t)-(n-1) \sin ^{2}(\pi t) \frac{\ell^{2}}{r^{2}} d t \\
& <\int_{0}^{1}(n-1) \pi^{2} \cos ^{2}(\pi t)-(n-1) \pi^{2} \sin ^{2}(\pi) d t=0
\end{aligned}
$$

where $\ell=$ length $(\gamma)>2 \pi$. Therefore, there exists $X_{j}$ such that $\left(d^{2} E\right)\left(X_{j}, X_{j}\right)<0$.
Theorem 4.12. (Bonnet-Myers) $M$ a complete metric. If $\operatorname{Ric} \geq \frac{n-1}{r^{2}} g$ then $\operatorname{diam}(M, g) \leq \pi r$.
Corollary 4.13. If $\left(M^{n}, g\right)$ with Ric $\geq \epsilon g$ for $\epsilon>0$ then $\operatorname{vol}\left(M^{n}\right)<\infty$ and $\left|\pi_{1}(M)\right|<\infty$
Proof. $\left(\tilde{M}^{n}, g\right)$ universal cover of $\left(M^{n}, g\right)$.

$$
\operatorname{diam}\left(\tilde{M}^{n}, g\right)<\infty \Longrightarrow \operatorname{vol}\left(M^{n}, g\right)<\infty
$$

Then $\left|\pi_{1}(M)\right|<\infty$ and so there's finitely many covers, because

$$
\operatorname{vol}\left(M^{n}\right)=\frac{\operatorname{vol}\left(\tilde{M}^{n}\right)}{\left|\pi_{1}(M)\right|}
$$

## Example 4.14.

(1) There is no metric on parabloid which is complete and $\kappa=$ Gaussian curvature $\geq \epsilon$ (because $\operatorname{Ric}(g)=K(g) g$ for a surface).
(2) $S^{1} \times S^{2}, \mathbb{T}^{n} \times M^{k}$ can not have a metric with positive Ricci curvature.

Remark 4.15. Every three manifold has a negative Ricci curvature.

For surfaces, we know almost everything about Gaussian curvature, except for the following.

- Nirenberg. Pick $f: S^{2} \rightarrow \mathbb{R}^{+}$, is there a metric $g$ on $S^{2}$ so that $K(g)=f$ ?

If $f$ is constant, this is easy. There are obstructions. This is possible for negative metric and any surface of genus higher than one.

Theorem 4.16. (Hamilton) If $\left(M^{3}, g\right)$ with Ric $>0$, then $M^{3} \cong S^{3} / \Gamma$.
Theorem 4.17. $\left(M^{4}, g\right)$ has Ric $>0$ iff it admits a metric with positive scalar curvature.
$n>5$, no idea.
Theorem 4.18. (Synge-Weinstein) If $\left(M^{n}, g\right)$ with positive sectional curvature then if $n$ is even, then

$$
\begin{cases}\pi_{1}(M)=0 & \text { if } M^{n} \text { is orientable } \\ \pi_{1}(M)=\mathbb{Z} / 2 \mathbb{Z} & \\ \text { else }\end{cases}
$$

if $n$ is odd, then $M^{n}$ is orientable.
Remark 4.19. Just need to prove the orientable case. For non-orientable, we always have a two cover that's orientable. That must be simply-connected by the first case.

Conjecture 4.20. (Hopf) $S^{2} \times S^{2}$ has no metric with positive sectional curvature.
Conjecture 4.21. If $\left(M^{4}, g\right)$ complete with sectional curvature $>0$, then $M^{4}=S^{4}$ or $\mathbb{C P}^{2}$.
Theorem 4.22. (Cheeger) For each integer $n \in \mathbb{N}$, there are only finitely many diffeomorphism types of manifolds $\left(M^{n}, g\right)$ with $\pi_{1}\left(M^{n}\right)=0$ and having positive sectional curvature.

- Let $M^{4}$ be the orientable covers of $\mathbb{R P}^{2} \times \mathbb{R P}^{2}$, then $M^{4}$ has no metric with positive sectional curvature (because $\mathbb{R}^{2} \times \mathbb{R}^{2}$ has fundamental group $\mathbb{Z}_{2} \times \mathbb{Z}_{2}$ so $M^{4}$ has fundamental group $\mathbb{Z}_{2}$ which contradicts the theorem)
What about negative sectional curvature? When $n=3, M^{3} \cong \mathbb{H}^{3} / \Gamma$. When $n \geq 4$ there are way too many to have classification

Proof. Assume $n$ even and $M^{n}$ orientable. Suppose $\pi_{1}\left(M^{n}\right) \neq 0$, then there exists $\gamma: S^{1} \rightarrow M$ length minimizing geodesic (which is also energy minimizing).

$$
T_{\gamma} \Omega=\left\{V: S^{1} \rightarrow M \text { so that } V \text { smooth, } V(t) \in T_{\gamma(t)} M\right\}
$$

$V \in T_{\gamma} \Omega$ then

$$
\left(d^{2} E\right)_{\gamma}(V, V)=\int_{S^{1}}\left|V^{\prime}\right|^{2}-R\left(V, \gamma^{\prime}, \gamma^{\prime}, V\right) d \theta
$$

We know

$$
\left(d^{2} E\right)(V, V) \geq 0
$$

for all $V \in T_{\gamma} \Omega$, because $\gamma$ is absolute minimum for $E$.
Let $V \in T_{\gamma(0)} M$ and set $V(t)$ to be the parallel transport along $\gamma .\left\langle V, \gamma^{\prime}(0)\right\rangle=0$ iff $\left\langle V(\theta), \gamma^{\prime}(\theta)\right\rangle=0$ for all $\theta$. Then

$$
\left(d^{2} E\right)(V, V)=\int_{S^{1}} 0-\left|V \wedge \gamma^{\prime}\right| \text { sectional span }\left\{V, \gamma^{\prime}\right\} d \theta<0
$$

Problem: $V(0)$ might be different from $V(2 \pi)$.
Let $Q=\left(\gamma^{\prime}(0)\right)^{\perp}=\left\{V \in T_{\gamma(0)} M: V \cdot \gamma^{\prime}(0)=0\right\} . P: Q \rightarrow Q$ with $P(V)$ is parallel transport along $\gamma$. We want $V$ such that $P(V)=V$. $P$ is isometry, $\operatorname{dim} Q=n-1$ is odd, $\operatorname{det} P=1$. The real eigenvalues of $P$ are $\pm 1$. There are odd numbers of them. Therefore, $\lambda=1$ must be an eigenvalue, and so there exists $V$ such that $P(V)=V$.
$n$-odd, $M^{n}$ non-orientable the $\pi_{1}(M) \neq 0$ so there exists $\gamma: S^{1} \rightarrow M$ length minimizing geodesic. Argue as before and get $P: Q \rightarrow Q$ so that

$$
\operatorname{dim} Q=n-1=\text { even }
$$

$\operatorname{det} P=-1$ (not orientable). $P$ isometry. The number of real eigenvalues is even, and so $\operatorname{det} P=-1$ and so $\lambda=1$ is an eigenvalue.

## 5. Cut Locus

$$
\begin{aligned}
& P \in M^{n}, V \in T_{p} M,|V|=1 . \text { Let } \gamma(t)=\exp (t v) \text { Let } \\
& \qquad t_{0}(p)=\sup \left\{t: \gamma_{[0, t]} \text { is length minimizing }\right\}
\end{aligned}
$$

Also

$$
\begin{gathered}
\operatorname{cut}(p)=\left\{\exp \left(t_{0}(v) v\right):|v|=1, v \in T_{p} M\right\} \\
U_{p}=\left\{t v:|v|=1, v \in T_{p} M, 0<t<t_{0}(v)\right\} \subseteq T_{p} M
\end{gathered}
$$

$\operatorname{cut}(p)=\exp \left(\partial U_{p}\right)$.

## Example 5.1.

(1) $\left(S^{n}, g\right)$, take $p$ to be the north pole. Then $U_{p}=B_{\pi}(0)$ and $\operatorname{cut}(p)=\{$ south pole $\}$.
(2) $\left(\mathbb{R P}^{n}, g\right)$, take the north pole again, it stops being length minimizing when we hit the equator. So $U_{p}=B_{\pi / 2}(0)$, and the cut locus is the whole "half-equator", which is $\mathbb{R} \mathbb{P}^{n-1}$
(3) Torus, draw as a rectangle with $p$ being the center. Then the $U_{p}$ is the same rectangle (the fundamental domain).

## Fact 5.2.

(1) $\exp _{p}: \overline{U_{p}} \rightarrow M$ is surjective.
(2) $\exp _{p}: U_{p} \rightarrow M$ is a global diffeo (needs proof)
(3) $\partial U_{p}$ has measure zero in $T_{p} M$

Proof. Of 3. $t_{0}: S^{n-1} \subseteq T_{p} M \rightarrow \mathbb{R}^{+}$is continuous. Then

$$
\partial U_{p}=\left\{\left(t_{0}(v), v\right): v \in S^{n-1}\right\}
$$

(written in polar coordinates). Fubini theorem in polar coordinates imply that we have measure zero.
Proposition 5.3. $q \in C u t(p)$ if one of the following holds.
(1) $q$ is conjugate to $p$ along a geodesic
(2) there are two length minimizing geodesics connecting $p$ to $q$

Example 5.4. Only $b$ occurs: take $\mathbb{R}^{p}{ }^{n}$
both $a$ and $b$, use $S^{2}$
Only $a$, take an ellipse, and pull out one side a bit more to have a unique geodesic.
Proof. $q \in \operatorname{cut}(p)$. Suppose $a$ does not happen. Then $q=\gamma\left(t_{0}\right)$ where $\gamma(t)=\exp (t v)$. $a$ not happening means there exist $\Lambda$ a neighbourhood of $t_{0} v$ where exp is a diffeo.

There exists $\sigma_{i}$ length minimizing geodesic connecting $p$ to $\gamma\left(t_{0}+\frac{1}{i}\right)$ (no longer in the cut locus). $\left|\sigma_{i}^{\prime}(0)\right|=1$. Pass to a subsequence, so that $\sigma_{i}^{\prime}(0) \rightarrow u \in T_{p} M$. If $u \neq v$ we have found a second geodesic connecting $p$ to $q$, contradicting the local diffeo.

If $u=v$, we will be contradicting the local diffeo property. Because we would have two points in $\Lambda$ that maps to $\gamma\left(t_{0}+\frac{1}{i}\right)$ when $i$ sufficiently large.

Assume $a$. So there is a Jacobi vector field $\mathfrak{J}$ with $\mathfrak{J}(0)=\mathfrak{J}\left(t_{0}\right)=0$. Choose $\epsilon>0$ small. Want to show that

$$
d\left(p, \gamma\left(t_{0}+\epsilon\right)\right)<t_{0}+\epsilon
$$

$X \in T_{\gamma} \Omega_{p, \gamma\left(t_{0}+\epsilon\right)} \cdot d E_{\gamma}(X)=0$ (geodesic). Want $d^{2} E_{\gamma}(X, X)<0$ (this will mean our length is less than the less than $t_{0}+\epsilon$ ).

Suppose $X$ does not exists, so $\left(d^{2} E_{\gamma}\right)(X, X) \geq 0$ for all $X$. Extend $\mathfrak{J}$ a bit more, to $t_{0}+\epsilon$ by making it 0 between $t$ and $t_{0}+\epsilon$. But

$$
\left(d^{2} E\right)(\mathfrak{J}, \mathfrak{J})=-\int\left\langle\mathfrak{J}, \mathfrak{J}^{\prime \prime}+R(\mathfrak{J}, \gamma) \gamma\right\rangle d t=0
$$

by being a Jacobi vector field. This implies that $\mathfrak{J} \in T_{\gamma} \Omega_{p, \gamma\left(t_{0}+\epsilon\right)}$. This implies that $\mathfrak{J}$ is a minimizer of $d^{2} E_{\gamma}$. By general PDE principle, $\mathfrak{J}$ is smooth (from being a minimizer). But it can't be smooth (only continuous) by the way we extended it. (By the uniqueness of ODE to get the Jacobi vector field, if it's zero in a neighbourhood, it should be the identically zero). Finish the proof with assignment problem.

Assume $b$. Let $\gamma$ and $\sigma$ be two length minimizing geodesics. Let $|v|=1$ be the vector field coor to $\gamma$. Let $t_{0}=d(p, q)$.
Let $\eta$ minimizing geodesic connecting $\sigma\left(t_{0}+\epsilon\right)$ to $\gamma\left(t_{0}+\epsilon\right)$. Hence,

$$
\operatorname{length}(\eta)<d\left(\sigma\left(t_{0}+\epsilon\right), q\right)+d\left(q, \gamma\left(t_{0}+\epsilon\right)\right)=2 \epsilon
$$

Then

$$
d\left(p, \gamma\left(t_{0}+\epsilon\right)\right) \leq d\left(p, \sigma\left(t_{0}+\epsilon\right)\right)+d\left(\sigma\left(t_{0}+\epsilon\right), \gamma\left(t_{0}+\epsilon\right)\right)<t_{0}-\epsilon+2 \epsilon=t_{0}+\epsilon
$$

Last time: $\left(M^{n}, g\right)$ a manifold, $q \in \operatorname{Cut}(p)$ iff two minimizing geodesics connecting $p$ to $q$ OR $q$ conjugate to $p$.
Fact 5.5. Given $K \in \mathbb{R}, g_{K}$ constant curvature metric, with curvature $k$

$$
\operatorname{vol}\left(B_{r}^{K}(0)\right)=\left\{\begin{array}{ll}
\left(\frac{1}{\sqrt{k}}\right)^{n-1} \int_{0}^{1} \sin ^{n-1}(\sqrt{k} s) d s & k>0 \\
\int_{0}^{r} s^{n-1} d s & k=0 \\
\left(\frac{1}{\sqrt{-k}}\right)^{n-1} \int_{0}^{1} \sinh ^{n-1}(\sqrt{-k} s) & k<0
\end{array} .\right.
$$

Theorem 5.6. (Gromov-Bishop) Assume ( $\left.M^{n}, g\right)$ has Ric $(g) \geq(n-1) k g$ for some $k \in \mathbb{R}$. Then $\frac{\operatorname{vol}\left(B_{r}(p)\right)}{\operatorname{vol}\left(B_{r}^{k}(0)\right)} \leq \frac{v o l\left(B_{s}(p)\right)}{\operatorname{vol}\left(B_{s}^{k}(0)\right)}$ for $s<r$. With equality iff $\left(B_{r}(p), g\right) \equiv\left(B_{r}^{k}(0), g_{k}\right)$.

Example 5.7. Get from ADAN
Remark 5.8. Can assume $k=0,-1$, or 1 .
Making $s \rightarrow 0$,

$$
\operatorname{vol}\left(B_{r}(p)\right) \leq \operatorname{vol}\left(B_{r}^{k}(0)\right)
$$

for all $r \geq 0$ if $\operatorname{Ric}(g) \geq(n-1) k g$.
False if we replace Ric by scal meaning $\operatorname{scal}(g) \geq n(n-1)$ does not imply $\operatorname{vol}(M) \leq \operatorname{vol}\left(S^{n}\right)$.
Note that if Ric $\geq(n-1) g$ then Bonnet-Myers imply that $\operatorname{diam}\left(M^{n}\right) \leq \pi$. Volume comparison implies that

$$
\operatorname{vol}\left(M^{n}\right)=\operatorname{vol}\left(B_{\pi}(p)\right) \leq \operatorname{vol}\left(B_{\pi}^{S^{n}}(0)\right)=\operatorname{vol}\left(S^{n}\right)
$$

and with equality iff $\left(M^{n}, g\right) \equiv\left(S^{n}, g_{S^{n}}\right)$.
Contradiction for scalar, is use things like $S^{2} \times S^{1}(r)$, the scalar curvature is 2 , $\operatorname{vol}\left(M^{3}\right)=3 \pi^{2} r$.
Course: Peter Li Lectures in Geometric Analysis (chapter 1 and 2).

## 6. Isometric Immersions

Let $\Sigma^{n-1} \subseteq\left(M^{n}, g\right)$
Definition 6.1. The second fundamental form is

$$
A: T_{p} \Sigma \times T_{p} \Sigma \rightarrow\left(T_{p} \Sigma\right)^{\perp}
$$

defined by

$$
A(X, Y)=\left(\nabla_{X} Y\right)^{\perp}
$$

Let $(U, \phi)$ chart so that $\phi(0)=p$ and $\phi\left(x_{1}, \ldots, x_{n-1}, 0\right) \subseteq \Sigma$.

$$
A\left(\frac{\partial \phi}{\partial x_{i}}, \frac{\partial \phi}{\partial x_{j}}\right)=\left(\nabla_{\partial_{x_{i}} \phi} \frac{\partial \phi}{\partial x_{j}}\right)^{\perp}=\left(\nabla_{\partial_{j} \phi} \partial_{i} \phi\right)^{\perp}=A\left(\frac{\partial \phi}{\partial x_{j}}, \frac{\partial \phi}{\partial x_{i}}\right)
$$

so it is symmetric.
Additionally,

$$
A(f X, Y)=f A(X, Y)
$$

so $A$ is a symmetric bilinear 2 -tensor.
Let $\eta$ be a unit normal to $\Sigma^{n-1}$ near $p$. Let $B: T_{p} \Sigma \rightarrow T_{p} \Sigma$ given by $B(X)=\nabla_{X} \eta\left(\right.$ check that $\left.\nabla_{X} \eta \cdot \eta=0\right)$.

$$
\begin{aligned}
\left\langle A\left(\partial_{i}, \partial_{j}\right), \eta\right\rangle & =\left\langle\left(\nabla_{\partial_{i}} \partial_{j}\right)^{\perp}, \eta\right\rangle=\left\langle\nabla_{\partial_{i}} \partial_{j}, \eta\right\rangle=\partial_{i}\left\langle\partial_{j}, \eta\right\rangle-\left\langle\partial_{j}, \nabla_{\partial_{i}} \eta\right\rangle \\
& =-\left\langle B\left(\partial_{i}\right), \partial_{j}\right\rangle
\end{aligned}
$$

Definition 6.2. The mean curvature of $\Sigma^{n-1}$ is $H=\operatorname{Tr}(A)=\sum_{i=1}^{n-1} A\left(e_{i}, e_{i}\right)$ where $\left\{e_{i}\right\}_{i=1}^{n-1}$ is an orthonormal basis of $T_{p} \Sigma$.

Geometric meaning of $H$. Let $\Sigma^{n-1} \subseteq M^{n}$. Given $X \in \mathfrak{X}(M)$, let $\left\{\phi_{t}\right\}_{t \in \mathbb{R}}$ be the flow.

$$
\Sigma_{t}=\phi_{t}(\Sigma)
$$

for $\phi_{t}: \Sigma \rightarrow M . d V_{t}$ be volume for $\Sigma_{t}$.
Fact 6.3. $\left.\frac{d}{d t} d V_{t}\right|_{t=0}=\operatorname{div} v_{\Sigma} X d V_{0}=\sum_{i=1}^{n-1}\left\langle D_{e_{i}} X, e_{i}\right\rangle d V_{0}$ where $\left\{e_{i}\right\}$ is an orthonormal basis of $T_{p} \Sigma$.
Lemma 6.4. $\operatorname{div}_{\Sigma} X=\operatorname{div}_{\Sigma} X^{T}-\langle H, X\rangle$. Thus, if $X$ is parallel to $\eta$ then $\operatorname{div}_{\Sigma} X=-\langle H, X\rangle$.
Proof. We have

$$
\begin{aligned}
\operatorname{div}_{\Sigma} X & =\operatorname{div}_{\Sigma} X^{T}+\operatorname{div}_{\Sigma} X^{\perp}=\operatorname{div}_{\Sigma} X^{T}+\sum_{i}\left\langle D_{e_{i}} X^{\perp}, e_{i}\right\rangle \\
& =\operatorname{div}_{\Sigma} X^{T}+\sum_{i} e_{i}\left\langle X^{\perp}, e_{i}\right\rangle-\sum_{i}\left\langle X,\left(\nabla_{e_{i}}, e_{i}\right)^{\perp}\right\rangle \\
& =\operatorname{div}_{\Sigma} X^{T}-\sum_{i}\left\langle X, A\left(e_{i}, e_{i}\right)\right\rangle
\end{aligned}
$$

If $\Sigma^{n-1}$ is closed $(\partial \Sigma=\emptyset)$, then

$$
\begin{aligned}
\left.\frac{d}{d t} \operatorname{vol}\left(\Sigma_{t}\right)\right|_{t=0} & =\left.\frac{d}{d t} \int_{\Sigma_{t}} d V_{t}\right|_{t=0}=\int_{\Sigma}\left(\operatorname{div}_{\Sigma} X^{T}-\langle H, X\rangle\right) d V \\
& =-\int_{\Sigma}\langle H, X\rangle d V
\end{aligned}
$$

that is, $H=-\nabla V$ ol (gradient of the volume in some sense). Philosphy, mean curvature points towards the direction that decreases the area.

Consider $g_{k}$ for $k=0,1,-1$. Then

$$
H\left(\partial B_{r}(0)\right)= \begin{cases}(n-1) \frac{\cos r}{\sin r} & \text { if } k=1 \\ \frac{n-1}{r} & \text { if } k=0 \\ (n-1) \frac{\cosh r}{\sinh r} & \text { if } k=-1\end{cases}
$$

Note: if $\eta$ is unit normal to $\Sigma^{n-1}$, let $H(\Sigma)=\langle H, \eta\rangle \in C^{\infty}(\Sigma)$ (not longer vectors, just the magnitude).

When $k=0$,

$$
H\left(S^{n-1}(r)\right)=\frac{n-1}{r}
$$

When $n=2, k=1$ (draw picture). $H>0$ then $=0$ then $<0$.
When $n=2$ and $k=-1, r \rightarrow \infty, H\left(\partial B_{r}\right) \rightarrow 1$.
Definition 6.5. First variation formula.

$$
\frac{d}{d t} d V_{t}=\left(d i v_{\Sigma} X^{T}-\langle H, X\rangle\right) d V
$$

6.1. Ricatti equation (2nd variation formula). $\Sigma^{n-1} \subseteq M^{n}$, with $\eta$ the unit normal vector. $\phi_{t}: \Sigma \rightarrow M$ with $\phi_{t}(x)=\exp _{x}(t \eta(x))$.

$$
H\left(\Sigma_{t}\right)=\left\langle H\left(\Sigma_{t}\right), \eta\right\rangle
$$

and

$$
\left.\frac{d}{d t}\right|_{t=0} H\left(\Sigma_{t}\right)=-|A|^{2}-\operatorname{Ric}(\eta, \eta) .
$$

where for $\ell_{i}$ eigenvalues of $A$,

$$
|A|^{2}=\sum_{i=1}^{n-1} \ell_{i}^{2} \geq \frac{\left(\sum_{i=1}^{n-1} \ell_{i}\right)^{2}}{n-1}=\frac{(\operatorname{Tr} A)^{2}}{n-1}=\frac{H^{2}}{n-1} .
$$

Hence,

$$
\frac{d}{d t} H \leq \frac{-H^{2}}{n-1}-\operatorname{Ric}(\eta, \eta)
$$

is also called Ricatti equation.
Theorem 6.6. If Ric $\geq(n-1) k g$, then we have

$$
\frac{\operatorname{vol}\left(B_{r}(p)\right)}{\operatorname{vol}\left(B_{r}^{k}(0)\right)} \quad \text { is monotonically decreasing. }
$$

Proof. $\exp _{p}: T_{p} M \rightarrow M$. Outside the cut locus,

$$
\left(\exp _{p}\right)^{\star}(g)=d r^{2}+\mathfrak{J}(r, \theta) g_{S^{n-1}}
$$

by Gauss lemma, with polar coordinates. In particular,

$$
(\exp )^{\star}\left(g^{k}\right)=d r^{2}+\left\{\begin{array}{ll}
\sin ^{n-1}(r) & k=1 \\
r^{n-1} & k=0 \\
\sinh ^{n-1}(r) & k=-1
\end{array} \cdot g_{S^{n-1}}\right.
$$

Let $\phi_{r}: S^{n-1} \rightarrow M$ by $\phi_{r}(\theta)=\exp _{p}(r \theta)$. Then $S_{r}=\phi_{r}\left(S^{n-1}\right)$.

$$
d V o l_{S^{r}}=\mathfrak{J}(r, \theta) d V o l_{S^{n-1}}
$$

First variation, implies that

$$
\frac{d}{d r} d V o l_{S^{r}}=H(r, \theta) d V o l_{S^{r}}
$$

The LHS is

$$
\partial_{r} \mathfrak{J} d V o l_{S^{n-1}}=\frac{\partial_{r} \mathfrak{J}}{\mathfrak{J}} d V o l_{S^{r}} .
$$

Therefore, $H(r, \theta) \mathfrak{J}(r, \theta)=\partial_{r} \mathfrak{J}(r, \theta)$. We also have

$$
\partial_{r} H \leq-\frac{H^{2}}{n-1}-\operatorname{Ric}(\eta, \eta) \leq-\frac{H^{2}}{n-1}-(n-1) k .
$$

Moreover, this holds with equality if we have constant curvature.
Notation: $K=-1,0,1 . \bar{g}=g_{K}=$ constant sectional curvature metric
 gives rigidity.

Proof. First part was done last time, with small typo.
Take $\exp _{p}: T_{p} M \rightarrow M,\left(\exp _{p}\right)^{\star} g=d r^{2}+f^{2}(r, \theta) g_{S^{n-1}} . \quad S_{r}=\exp _{p}\left(\partial B_{r}(0)\right)$, and $d V_{s r}=\mathfrak{J}(r, \theta) d s^{n-1}(\mathfrak{J} \neq f$ was the thing that's wrong. In fact, $\mathfrak{J}=f^{n-1}$ ). Have two equations

$$
\begin{align*}
\partial_{r} \mathfrak{J} & =H(r, \theta) \mathfrak{J}  \tag{1}\\
\partial_{r} H & \leq-\frac{H^{2}}{n-1}-\operatorname{Ric}(\eta, \eta) \leq-\frac{H^{2}}{n-1}-K(n-1) \tag{2}
\end{align*}
$$

We know $\partial_{r} f=\frac{H}{n-1} f$ then

$$
f^{\prime \prime}=\frac{H^{\prime}}{n-1} f+\frac{H}{n-1} f^{\prime} \leq-\frac{H^{2}}{(n-1)^{2}} f-K f+\frac{H^{2}}{(n-1)^{2}} f \leq-K f
$$

Then $f^{\prime \prime}+K f \leq 0$.

$$
\bar{f}= \begin{cases}r & \text { if } k=0 \\ \sin r & \text { if } k=1 \\ \sinh r & \text { if } k=-1\end{cases}
$$

then $\bar{f}^{\prime \prime}+K \bar{f}=0$. We also know that $f(0, \theta)=0$ (volume of a point). From the equation, $f^{\prime}(0, \theta)=1$ (think locally, all functions are Euclidean). Let

$$
\phi=f^{\prime} \bar{f}-\bar{f}^{\prime} f
$$

then

$$
\begin{aligned}
\phi^{\prime} & =f^{\prime \prime} \bar{f}+f^{\prime} \bar{f}^{\prime}-\bar{f}^{\prime \prime} f-\bar{f}^{\prime} f^{\prime} \\
& \leq-K f \bar{f}+K f \bar{f}=0
\end{aligned}
$$

Since $\phi(0)=0$, so $\phi \leq 0$ for all $r$ that makes sense. Then

$$
f^{\prime} \bar{f}-\bar{f}^{\prime} f \leq 0 \Longrightarrow\left(\frac{f}{\bar{f}}\right)^{\prime} \leq 0
$$

which implies that

$$
\left(\frac{\mathfrak{J}}{\overline{\mathfrak{J}}}\right)^{\prime} \leq 0 \Longrightarrow \frac{\mathfrak{J}}{\overline{\mathfrak{J}}} \text { is monotone. }
$$

$S(\theta)=$ cut point of $t \mapsto \exp (t \theta)$ for some $\theta \in S^{n-1}$. Then

$$
\operatorname{vol}\left(B_{r}(p)\right)=\int_{S^{n-1}} \int_{0}^{\min \{r(\theta), s\}} \mathfrak{J}(s, \theta) d s d \theta
$$

Want to use Fubini, so set

$$
\mathfrak{J}^{+}(r, \theta)= \begin{cases}\mathfrak{J}(r, \theta) & \text { if } r<r(\theta) \\ 0 & \text { else }\end{cases}
$$

then we still have $\frac{\mathfrak{J}^{+}}{\mathfrak{J}} \searrow$.

$$
\begin{aligned}
\operatorname{vol}\left(B_{r}(p)\right) & =\int_{S^{n-1}} \int_{0}^{r} \mathfrak{J}^{+}(s, \theta) d s d \theta=\int_{0}^{r} \int_{S^{n-1}} \mathfrak{J}^{+}(r, \theta) d \theta d s \\
& =\int_{0}^{r}\left(\int_{S^{n-1}} \frac{\mathfrak{J}^{+}(s, \theta)}{\overline{\mathfrak{J}}(s)} d \theta\right) \overline{\mathfrak{J}}(s) d s \\
& =\operatorname{vol}\left(S^{n-1}\right) \int_{0}^{r} f_{S^{n-1}} \frac{\mathfrak{J}^{+}(r, \theta)}{\overline{\mathfrak{J}}(\theta)} d \theta \overline{\mathfrak{J}}(s) d s
\end{aligned}
$$

Call the $f_{0}^{r} \frac{\mathfrak{J}^{+}(r, \theta)}{\mathfrak{J}(\theta)} d \theta$ by $q(s)$. Then

$$
\frac{\operatorname{vol}\left(B_{r}(p)\right)}{\operatorname{vol}\left(\bar{B}_{r}(0)\right)}=\frac{\operatorname{vol}\left(S^{n-1}\right) \int_{0}^{r} q(s) \overline{\mathfrak{J}}(s) d s}{\operatorname{vol}\left(S^{n-1}\right) \int_{0}^{r} \overline{\mathfrak{J}}(s) d s}=\frac{\int_{0}^{r} q(s) \overline{\mathfrak{J}}(s) d s}{\int_{0}^{r} \overline{\mathfrak{J}}(s) d s}
$$

Let $\nu=\overline{\mathfrak{J}} d s$ (new measure), then this is just

$$
=\frac{\int_{0}^{r} q d \nu}{\int_{0}^{r} d \nu}
$$

is monotone, because this is just the average of a montone function $q$ which is monotone.

## Ricatti-Equation.

Proof. Let $\Sigma^{n-1} \subseteq M^{n}, \phi_{t}: \Sigma \rightarrow M$ by $x \mapsto \exp _{t}\left(t \eta_{x}\right)$ and $\Sigma_{t}=\phi_{t}(\Sigma)$ then

$$
\partial_{t} H=-|A|^{2}-\operatorname{Ric}(\eta, \eta) .
$$

Will prove this. First,

$$
A: T \Sigma \times T \Sigma \rightarrow(T Z)^{\perp}
$$

by $A(X, Y)=\left(\nabla_{X} Y\right)^{\perp}$ and $B: T \Sigma \rightarrow T \Sigma$ by $B(X)=\nabla_{X} \eta$.

$$
H=\operatorname{Tr} B=\sum_{\ell=1}^{n-1}\left\langle B\left(e_{i}\right), e_{i}\right\rangle
$$

where $\left\{e_{i}\right\}$ an o.n.b of $T_{p} \Sigma$.

$$
\partial_{\eta} H=\sum_{i}\left\langle\left(\nabla_{\eta} B\right)\left(e_{i}\right), e_{i}\right\rangle
$$

Choose $\left\{x_{i}\right\}_{i=1}^{n-1}$ coordinates near $p \in \Sigma$.

$$
\begin{aligned}
\left(\nabla_{\eta} B\right)\left(\frac{\partial \phi_{t}}{\partial e_{i}}\right) & =\left(\nabla_{\frac{\partial \phi}{\partial t}} B\right)\left(\frac{\partial \phi}{\partial x_{i}}\right)=\nabla_{\frac{d \phi}{\partial t}}\left(B\left(\frac{\partial \phi}{\partial x_{i}}\right)\right)-B\left(\nabla_{\frac{\partial \phi}{\partial t}} \frac{\partial \phi}{\partial x_{i}}\right) \\
& =\nabla_{\frac{\partial \phi}{\partial t}} \nabla_{\frac{\partial \phi}{\partial x_{i}}} \frac{\partial \phi}{\partial t}-B\left(\nabla_{\frac{\partial \phi}{\partial t}} \frac{\partial \phi}{\partial t}\right) \\
& =\nabla_{\partial x_{i}}\left(\nabla_{\partial_{t}} \frac{\partial}{\partial t}\right)+R\left(\frac{\partial \phi}{\partial t}, \frac{\partial \phi}{\partial x_{i}}\right) \frac{\partial \phi}{\partial t}-B\left(B\left(\frac{\partial \phi}{\partial t}\right)\right) \\
& =R\left(\frac{\partial \phi}{\partial t}, \frac{\partial \phi}{\partial x_{i}}\right) \frac{\partial \phi}{\partial t}-B^{2}\left(\frac{\partial \phi}{\partial x_{i}}\right) \\
& =R\left(\eta, \frac{\partial \phi}{\partial x_{i}}\right) \eta-B^{2}\left(\frac{\partial \phi}{\partial x_{i}}\right)
\end{aligned}
$$

THen

$$
\begin{aligned}
\sum_{i=1}^{n-1}\left\langle\left(\nabla_{\eta} B\right)\left(e_{i}\right), e_{i}\right\rangle & =\sum_{i=1}^{n-1} R\left(\eta, e_{i}, \eta, e_{i}\right)-\sum_{i=1}^{n-1}\left\langle B^{2}\left(e_{i}\right), e_{i}\right\rangle \\
& =-\sum_{i=1}^{n-1} R\left(\eta, e_{i}, e_{i}, \eta\right)-\operatorname{Tr} B^{2} \\
& =-\operatorname{Ric}(\eta, \eta)-\left|B^{2}\right|=-\operatorname{Ric}(\eta, \eta)-|\eta|^{2}
\end{aligned}
$$

### 6.2. Applications.

Theorem 6.8. (Cheng) If Ric $\geq(n-1) g$ and $\operatorname{diam}\left(M^{n}\right)=\pi$ then $\left(M^{n}, g\right)=\left(S^{n}, g_{S^{n}}\right)$.
Proof. Let $p, q$ be such that $d(p, q)=\operatorname{diam}=\pi$. Then $B_{\frac{\pi}{2}}(p) \cap B_{\frac{\pi}{2}}(q)=\emptyset$.

$$
\operatorname{vol}\left(B_{\frac{\pi}{2}}(p)\right) \geq \frac{\operatorname{vol}\left(\bar{B}_{\frac{\pi}{2}}(p)\right)}{\operatorname{vol}\left(\bar{B}_{\pi}(0)\right)} \operatorname{vol}\left(B_{\pi}(0)\right)=\frac{\operatorname{vol}\left(B_{\pi}(p)\right)}{2}=\frac{\operatorname{vol}(M)}{2}
$$

Similarly,

$$
\operatorname{vol}\left(B_{\frac{\pi}{2}}(q)\right) \geq \frac{\operatorname{vol}(M)}{2}
$$

Therefore,

$$
\operatorname{vol}(M) \geq \operatorname{vol}\left(B_{\frac{\pi}{2}}(p)\right)+\operatorname{vol}\left(B_{\frac{\pi}{2}}(q)\right) \geq \operatorname{vol}(M)
$$

Since equalities must hold, so

$$
\left(B_{\pi}(p), g\right)=\left(S^{n}-\{q\}, g_{S^{n}}\right)
$$

and so $\left(M^{n}, g\right)=\left(S^{n}, g_{S^{n}}\right)$.

Let $G$ be a finitely generated by $S=\left\{a_{1}, \ldots, a_{N}\right\}$ (assume $S=S^{-1}$ ).

$$
\begin{aligned}
N(k) & =\#\left\{g \in G: g=b_{1} \ldots b_{k}, b_{i} \in S\right\} \\
& =\# \text { words of length } k
\end{aligned}
$$

Theorem 6.9. (Milnor) If Ric $\geq 0$, and $\pi_{1}(M)$ is finitely generated (ie. if $M^{n}$ is closed), then $N(k) \leq C k^{n}$ for all $k \in \mathbb{N}$ (polynomial growth, of order dimension of the manifold).

Remark 6.10. Counter example: surface of infinitely generated
Conjecture 6.11. (Milnor) Ric $\geq 0$ then $\pi_{1}(M)$ is finitely generated.

Gromov: this is true if $\sec \geq 0$.
Proof. $\tilde{M}^{n}$ universal cover, $\pi_{1} \subseteq i \operatorname{som}(\tilde{M})$.
There exists $r>0, B_{r}(0) \cap B_{r}(\phi(p))=\emptyset$ for all $\phi \in \pi_{1}(M)$ iff $\left.B_{r}(\phi(p)) \cap B_{r}(\psi(p))\right)=\emptyset$ for all $\phi \neq \psi$.
Set $L=\max \{d(p, \phi(p)): \phi \in S\}(S$ the generating set $)$.
If $\phi \in N(k)$ then $d(p, \phi(p)) \leq k L$.
$B_{r}(\phi(p)) \subseteq B_{k L+r}(p)$ for all $\phi \in N(k)$.
By first and fourth fact, $N(k) \operatorname{vol}\left(B_{r}(p)\right)=\sum_{\phi \in N(k)} \operatorname{vol}\left(B_{r}(\phi(p)) \leq \operatorname{vol}\left(B_{k L+r}(p)\right)\right.$. By the theorem, this is $\leq$ $(k L+r)^{n}$.

Theorem 6.12. (Milnor) If $\left(M^{n}, g\right)$ is closed, and sectional is $<0$ then $\pi_{1}(M)$ has exponential growth.
Remark 6.13. Thus, $\mathbb{T}^{n}$ has no metric with sectional $<0$
There exists simply connected manifolds with $\operatorname{Ric}=0$ ( $K^{3}$-surface)
Theorem 6.14. (Preissman) $M^{n}$ closed, sec $<0$, then every abelian group of $\pi_{1}(M)$ is $\mathbb{Z}$ (ie. no $\mathbb{Z}^{2} \subseteq \pi_{1}(M)$ ). (Will prove this at the end)

## 7. Lacplacian Comparison

Recall that for $f \in C^{\infty}(M), \Delta f=\operatorname{div}(\nabla f)=\sum_{i}\left\langle\nabla_{e_{i}} \nabla f, e_{i}\right\rangle$ where $\left\{e_{i}\right\}_{i=1}^{n}$ is an o.n. basis.
Definition 7.1. If $f$ is continuous, then we say $\Delta f \leq h$ in the weak sense for $h \in C^{0}(M)$, if for all $\phi \in C_{c}^{\infty}(M)$ and $\phi \geq 0$, we have

$$
\int_{M} f \Delta \phi d V \leq \int_{M} h \phi d V
$$

Theorem 7.2. If $\left(M^{n}, g\right)$ has Ric $\geq(n-1) K g$ for $K=0,-1,1$ then if we set $r(x)=d(x, p)$ for fixed $p \in M$, then in the weak sense,

$$
\Delta r \leq \begin{cases}(n-1) \frac{\cos r}{\sin r} & \text { if } k=1 \\ \frac{n-1}{r} & \text { if } k=0 \\ (n-1) \frac{\cosh r}{\sinh r} & \text { if } k=-1\end{cases}
$$

Proof. $\exp _{p}: T_{p} M \rightarrow M$, then $\exp ^{\star} g=d r^{2}+f^{2}(r, \theta) g_{S^{n-1}} . \mathfrak{J}(r, \theta)=f^{n-1}(r, \theta)$. We had
(1) $\partial_{r} \mathfrak{J}=H(r, \theta) \mathfrak{J}(r, \theta)$
(2) If $\overline{\mathfrak{J}}, \bar{H}$ are the corresponding quantities for constant curvature, then

$$
\partial_{r} \overline{\mathfrak{J}} \overline{\mathfrak{J}}-\partial_{r} \overline{\mathfrak{J}} \mathfrak{J} \leq 0
$$

Then

$$
H(r, \theta)=\frac{\partial_{r} \mathfrak{J}}{\mathfrak{J}} \leq \frac{\partial_{r} \overline{\mathfrak{J}}}{\overline{\mathfrak{J}}}=\bar{H}= \begin{cases}(n-1) \frac{\cos r}{\sin r} & \text { if } k=1 \\ \frac{n-1}{r} & \text { if } k=0 \\ (n-1) \frac{\cosh r}{\sinh r} & \text { if } k=-1\end{cases}
$$

Claim. $\Delta r=H(r, \theta)$

Proof. We know that

$$
\Delta r=\operatorname{div}(\nabla r)=\operatorname{div}\left(\frac{\partial}{\partial r}\right)
$$

We know that $\frac{\partial}{\partial r}=\gamma^{\prime}(r)$ where $\gamma(t)=\exp _{p}(t \theta)$. Let $\left\{e_{i}\right\}_{i=1}^{n-1}$ be an orthonormal basis for $T_{(r, \theta)} \partial B_{r}(p)$. Then

$$
\begin{aligned}
\Delta r & =\sum_{i}\left\langle\nabla_{e_{i}} \frac{\partial}{\partial r}, e_{i}\right\rangle+\left\langle\nabla_{\frac{\partial}{\partial r}} \frac{\partial}{\partial r}, \frac{\partial}{\partial r}\right\rangle \text { second is } 0 \text { by geodesics } \\
& =\sum_{i} e_{i}\left\langle\frac{\partial}{\partial r}, e_{i}\right\rangle-\sum_{i}\left\langle\frac{\partial}{\partial r}, \nabla_{e_{i}} e_{i}\right\rangle
\end{aligned}
$$

The first term is zero, because we can choose the basis to be always orthogonal. By Gauss lemma, the second is

$$
-\sum_{i}\left\langle\eta, A\left(e_{i}, e_{i}\right)\right\rangle=-\langle\eta, H\rangle=H(r, \theta)
$$

We know that mean curvature always points inwards, so the last equality is just from changing the exterior normal to the interior normal.

Then $\Delta r=H(r, \theta) \leq \bar{H}=\Delta \bar{r}$ and so this theorem holds where things are smooth.
Check that in the weak sense, for $\phi \in C_{c}^{0}(M)$ with $\phi \geq 0$, let $r(\theta)$ be the cut point, then

$$
\begin{aligned}
\int_{M} \Delta \bar{r} \phi d V & =\int_{M} \bar{H} \phi d V=\int_{S^{n-1}} \int_{0}^{r(\theta)} \bar{H}(r) \phi \mathfrak{J}(r, \theta) d r d \theta \\
& \geq \int_{S^{n-1}} \int_{0}^{r(\theta)} H(r, \theta) \mathfrak{J}(r, \theta) \phi d r d \theta=\int_{S^{n-1}} \int_{0}^{r(\theta)} \partial_{r} \mathfrak{J} \phi d r d \theta \\
& =\int_{S^{n-1}} \int_{0}^{r(\theta)} \partial_{r}(\mathfrak{J} \phi)-\mathfrak{J} \partial_{r} \phi d r d \theta \\
& =\int_{S^{n-1}} \mathfrak{J}(r(\theta), \theta) \phi-\int_{S^{n-1}} \int_{0}^{r(\theta)} \mathfrak{J}\langle\nabla \phi, \nabla r\rangle d r d \theta \\
& \geq-\int_{M}\langle\nabla \phi, \nabla r\rangle d V=\int_{M} \nabla \phi r d V
\end{aligned}
$$

where the last inequality is because $\mathfrak{J} \geq 0$ and $\phi \geq 0$, and things are bounded in the second term.

Theorem 7.3. (Splitting theorem, Cheeger-Gromoll) Assume $\left(M^{n}, g\right)$ with $\operatorname{Ric}(g) \geq 0$ and containing a line. Then

$$
M^{n}=N^{n-1} \times \mathbb{R}, \quad g=g_{N}+d r^{2}
$$

and $\operatorname{Ric}(g) \geq 0$ in $N^{n-1}$.

## Remark 7.4.

(1) GET PICTURE FROM ADAN OR NACHO
(2) (Schoen-Yau, Liu) If $M^{3}$ non-compact, has Ric $\geq 0$, then either $M^{3} \cong \mathbb{R}^{3}$, or $M^{3}=N^{2} \times \mathbb{R}$ isometrically, $g=g_{N^{2}}+d t^{2}$.
(3) If $M^{n}$ has two ends and Ric $\geq 0$, then $M^{n}=N^{n-1} \times \mathbb{R}$ isometrically. Here, two ends means that there exists $K$ compact, contained in $M$ such that $M-K=M_{1} \amalg M_{2}$ (the pieces are not compact). For example: (GET PICTURE FROM ADAN/NACHO). Basically, an infinite cylinder, or torus that extends infinitely to the left or right.
(4) (Soul Theorem) (Cheeger-Fromoll, Perelman). If $\left(M^{n}, g\right)$ has sectional $\geq 0$, then there exists $K$ a totally geodesic compact set (soul) so that $M^{n}$ is diffeomorphic to normal bundle of $K$.
If $\sec >0$ at some point and $\left(M^{n}, g\right)$ is non-compact, then $K=\{p t\} \subseteq M^{n} \cong \mathbb{R}^{n}$.

If $M^{n}=N^{n-1} \times \mathbb{R}$, then there exists $f: M^{n} \rightarrow \mathbb{R}$ where $f^{-1}(t)=N^{n-1} \times\{t\}$ and $\operatorname{Hess}(f)=0$.
Converse is true, if there exists such an $f$ non-constant, then $M^{n}=N^{n-1} \times \mathbb{R}$ with $g=g_{N^{n-1}}+d t^{2}$, where $N^{n-1}=$ $f^{-1}(0)$ (the map is let $X=\nabla f$, which gives $\left\{\phi_{t}\right\}_{t \in \mathbb{R}}$ diffeos. Show $\phi: f^{-1}(0) \times \mathbb{R} \rightarrow M^{n}$ with $\phi(x, t)=\phi_{t}(x)$ is an isometry).

This $f$ should be seen as the distance to $\gamma(\infty)$.
Definition 7.5. Given $\gamma$ a line, the Busemann function is $b_{\gamma}: M \rightarrow \mathbb{R}$ given by

$$
b_{\gamma}(x)=\lim _{t \rightarrow \infty}(t-d(\gamma(t), x))
$$

Example 7.6. If $M^{n}=\mathbb{R}^{n}$ with $\gamma(t)=t e_{1}$ then check that $b_{\gamma}(x)=x \cdot e_{1}=x_{1}$.
In $\mathbb{H}^{n}, b_{\gamma}^{-1}(t)$ are horospheres. (Get picture).
Basic properties:
(1) If $s \leq t$, then $s-d(\gamma(s), x) \leq t-d(\gamma(t), x)$. The LHS is

$$
t-d(\gamma(t), \gamma(s))-d(\gamma(s), x)=t-(t-s)-d(\gamma(s), x)
$$

so this is Lipschitz and so the limit exists.
(2) Also,

$$
\left|b_{\gamma}(x)-b_{\gamma}(y)\right|=\lim _{t \rightarrow \infty}\left|b_{\gamma}(x, \gamma(t))-b_{\gamma}(x, \gamma(t))\right| \leq d(x, y)
$$

so the Lipschitz constant is just 1
(3) Also,

$$
b_{\gamma}(\gamma(s))=\lim _{t \rightarrow \infty}(t-d(\gamma(s), \gamma(t)))=\lim _{t \rightarrow \infty}(t-(t-s))=s
$$

(4) We have,

$$
b_{\gamma}^{+}=\lim _{t \rightarrow \infty}(t-d(\gamma(t), x)), \quad b_{\gamma}^{-}=\lim _{t \rightarrow \infty}(t-d(\gamma(-t), x))
$$

where the - is distance to $\gamma(-\infty)$.
Proof. Since Ric $\geq 0$, weakly, we have

$$
\Delta b_{\gamma}^{+}=\lim _{t \rightarrow \infty}\left(-\Delta d_{\gamma(t)}\right) \geq-\lim _{t \rightarrow \infty} \frac{n-1}{d(\gamma(t), x)} \geq 0
$$

Similarly,

$$
\Delta\left(b_{\gamma}^{+}+b_{\gamma}^{-}\right) \geq 0
$$

Additionally,

$$
\left(b_{\gamma}^{+}+b_{\gamma}^{-}\right)(\gamma(s))=s-s=0
$$

Everywhere else,

$$
\begin{aligned}
b_{\gamma}^{+}(x)+b_{\gamma}^{-}(x) & =\lim _{t \rightarrow \infty}(2 t-d(\gamma(t)-x)-d(\gamma(-t)-x)) \\
& \leq \lim (2 t-d(\gamma(t), \gamma(-t)))=\lim (2 t-2 t)=0
\end{aligned}
$$

Therefore, it achieves its maximal. By maximal principal, we must get that $b_{\gamma}^{+}+b_{\gamma}^{-}$is constantly zero.
Therefore, $\Delta b_{\gamma}^{+}=-\Delta b_{\gamma}^{-}$, and so $\Delta b_{\gamma}^{+}=0$. This means that it is a harmonic function, so it has to be smooth.
Bochman formula.

$$
\Delta\left|\nabla b_{\gamma}^{+}\right|^{2}=2\left|\nabla^{2} b_{\gamma}^{+}\right|^{2}+\operatorname{Ric}\left(\nabla b_{\gamma}^{+}, \nabla b_{\gamma}^{+}\right)
$$

After proving this, we will get that $\operatorname{Hess}\left(b_{\gamma}^{+}\right)=0$.
Theorem 7.7. Maximal Principle. If $f$ is a function on $U$ (bounded open set) such that
(1) $\Delta f \geq 0\left(\right.$ in $\left.W^{1,2}\right)$
(2) $f$ assumes maximal at interior point
then it is contstant. In particular, $f \leq \sup _{\partial U} f$.
Proof. Assume $f \in C^{2}$ (see other sources for weaker condition). There exists $p \in U$ and $r$ small such that

$$
f(p)=\max f=I \text { and } \inf _{\partial B_{r}(p)} f<I
$$

(1) Suppose $\Delta f>0$ in $U$.

But $\Delta f(p) \leq 0$ because $p$ is a global maximum, contradiction.
(2) Let $V=\left\{x \in \partial B_{r}(p): f(x)=I\right\}$.

Claim. There exists $h \in C^{\infty}(\bar{U})$ such that $\Delta h>0, h(p)=0$ and $h<0$ on $V$
Proof. $h=e^{\alpha \phi}-1$. Get picture for description of $\phi$. Basically, $\phi$ is constructed to be always increasing, so $|D \phi|>0$ on $\bar{B}_{r}$.
$h<0$ on $V$ because $\phi<0$ on $V$.

$$
\begin{aligned}
\Delta h & =\Delta e^{\alpha \phi}=\sum_{i} \partial_{i}\left(\alpha \partial_{i} \phi e^{\alpha \phi}\right)=\alpha^{2}|D \phi|^{2} e^{\alpha \phi}+\alpha D \phi e^{\alpha \phi} \\
& =\alpha e^{\alpha \phi}\left(\alpha|D \phi|^{2}+\Delta \phi\right)
\end{aligned}
$$

if $\alpha \gg 1$, then $\Delta h>0$.
Set $f_{\delta}=f+\delta h$. Then $\Delta f_{\delta}>0$. Then for all $\delta \ll 1, \sup _{\partial B_{r}} f_{\delta}<I . f_{\delta}(p)=I$ so

$$
\sup _{\bar{B}_{r}} f_{\delta} \geq I>\sup _{\partial B_{r}} f_{\delta}
$$

but $f_{\delta}$ has interior maximuum which is impossible.

Recall: we had
Theorem 7.8. Ric $\geq 0+$ line implies $M^{n}=N^{n-1} \times \mathbb{R}$
Proof. Recall: stuff about $b_{\gamma}^{+}$and $b_{\gamma}^{-}$.
By the maximum principle, $b_{\gamma}^{+}+b_{\gamma}^{-} \equiv 0$ and so $\Delta b_{\gamma}^{+} \equiv 0$ and so $b_{\gamma}^{+}=0$.

$$
\begin{aligned}
\left|\nabla b_{\gamma}^{+}\right| \leq 1,\left|b_{\gamma}^{+}(x)-b_{\gamma}^{-}(y)\right| \leq a(x, y) . \text { Since } b_{\gamma}^{+}(\gamma(t))=t \text { we get }\left|\nabla b_{\gamma}^{+}\right|=1 \text { on } \gamma . \\
\Delta\left|\nabla b_{\gamma}^{+}\right|^{2}=2\left\langle\nabla \Delta b_{\gamma}, \nabla b_{\gamma}\right\rangle+2\left|\nabla^{2} b_{\gamma}\right|^{2}+2 \operatorname{Ric}\left\langle\nabla b_{\gamma}, \nabla b_{\gamma}\right\rangle .
\end{aligned}
$$

Will prove this later. By harmonic, the first term is zero. Since Ric $\geq 0, \Delta\left|\nabla b_{\gamma}^{+}\right|^{2} \geq 0$. By maximal principle, $\left|\nabla b_{\gamma}^{+}\right| \equiv 1$ and so $\left|\nabla^{2} b_{\gamma}^{+}\right| \equiv 0$.

## 8. De Rham Cohomology

Definition 8.1. $\Lambda^{k}(M)$ the space of $k$-forms on $M$. Have $d^{k}: \Lambda^{k}(M) \rightarrow \Lambda^{k+1}(M)$, with $H^{k}(M)=\operatorname{ker}\left(d^{k}\right) / \operatorname{im}\left(d^{k-1}\right)$. If ( $M^{n}, g$ ) has a metric, have a metric on $\Lambda^{k}(M)$ where we declare that

$$
e_{i_{1}}^{\star} \wedge \ldots \wedge e_{i_{k}}^{\star}
$$

is an o.n.b. Then

$$
(\alpha, \beta)=\int_{M}\langle\alpha, \beta\rangle d V
$$

on $\Lambda^{k}(M)$. Define $\delta^{k}: \Lambda^{k+1}(M) \rightarrow \Lambda^{k}(M)$ be the $L^{2}$-adjoint of $d^{k}$. That is, $(\delta \alpha, \beta)=(\alpha, d \beta)$ for all $\alpha \in \Lambda^{k+1}(M)$ and $\beta \in \Lambda^{k}(M)$. Then

$$
\Delta_{d R} \alpha=\delta d \alpha+d \delta \alpha
$$

where $\Delta_{d R}: \Lambda^{k} \rightarrow \Lambda^{k}$. Define

$$
\mathcal{H}^{k}(M)=\left\{\alpha \in \Lambda^{k}(M): \Delta_{d R} \alpha=0\right\} .
$$

Example 8.2. Let $f \in C^{\infty}(M)=\Lambda^{0}(M)$. Then

$$
\Delta_{d R} f=\delta d f=-\operatorname{div}\left((d f)^{\#}\right)=-\operatorname{div}(\nabla f)=-\Delta f
$$

Claim. $\alpha \in \Lambda^{1}(M), \delta \alpha=-\operatorname{div}\left(\alpha^{\#}\right)$. (see next remark for definition.
Proof. $\phi \in C^{\infty}(M)$, then $(d \phi)^{\#}=\nabla \phi$.

$$
\begin{aligned}
\int(\delta \alpha) \phi & =(\delta \alpha, \phi)=(\alpha, d \phi)=\int\langle\alpha, d \phi\rangle=\int\left\langle\alpha^{\#}, D \phi\right\rangle \\
& =\int \operatorname{div}\left(\alpha^{\#} \phi\right)-\phi \operatorname{div}\left(\alpha^{\#}\right)=-\int \phi \operatorname{div}\left(\alpha^{\#}\right)
\end{aligned}
$$

for all $\phi$.
Theorem 8.3. (Hodge) $\mathcal{H}^{k}(M) \cong H^{k}(M)$.
If $\alpha \in \Lambda^{1}(M)=(T M)^{\star}$, then there exists a unique $\alpha^{\#} \in \mathfrak{X}(M)$ such that $\alpha(Z)=\left\langle\alpha^{\#}, Z\right\rangle$ for all $Z \in \mathfrak{X}(M)$.

$$
\Delta \alpha^{\#}=\operatorname{Tr} \nabla^{2} \alpha^{\#}
$$

Question: relate $\Delta \alpha^{\#}$ with $\left(\Delta_{d R} \alpha\right)^{\#}$.
Theorem 8.4. (Bocher) $\Delta \alpha^{\#}=-\left(\Delta_{d R} \alpha\right)^{\#}+\operatorname{Ric}\left(\alpha^{\#}\right)$. That is,

$$
\left\langle\Delta \alpha^{\#}, Z\right\rangle=-\left\langle\left(\Delta_{d R} \alpha\right)^{\#}, Z\right\rangle+\operatorname{Ric}\left(\alpha^{\#}, Z\right)
$$

for all $Z \in \mathfrak{X}(M)$.
Proof. $(U, \phi)$ chart so that $\left\{\frac{\partial \phi}{\partial x_{i}}=\partial_{i}\right\}$ give normal coordinates at $p\left(\left\langle\partial_{i}, \partial_{j}\right\rangle=\delta_{i j}\right.$ and $\left.\nabla_{i} j=0\right)$.
We have two identities for $\alpha \in \Lambda^{1}(M)$.

$$
(d \alpha)\left(\partial_{i} \wedge \partial_{j}\right)=\left\langle\nabla_{\partial_{i}} \alpha^{\#}, \partial_{j}\right\rangle-\left\langle\nabla_{\partial_{j}} \alpha^{\#}, \partial_{i}\right\rangle
$$

for all $i, j$ (this is hwk). For $\beta \in \Lambda^{2}(M)$,

$$
\begin{aligned}
(\delta \beta)\left(\partial_{i}\right)(p) & =-\sum_{k} \partial_{k}\left(\beta\left(\partial_{k}, \partial_{i}\right)\right)-\beta\left(\nabla_{\partial_{k}} \partial_{k}, \partial_{i}\right)-\beta\left(\partial_{k}, \nabla_{\partial_{k}} \partial_{i}\right) \\
& =-\sum_{k} \partial_{k}\left(\beta\left(\partial_{k}, \partial_{i}\right)\right)(p)
\end{aligned}
$$

We have $\Delta_{d R} \alpha=\delta d \alpha+d \delta \alpha$, so

$$
\begin{aligned}
\delta d \alpha_{p}\left(\partial_{i}\right) & =-\sum_{k} \partial_{k}\left(d \alpha\left(\partial_{k}, \partial_{i}\right)\right)=-\sum_{k} \partial_{k}\left(\left\langle\nabla_{\partial_{k}} \alpha^{\#}, \partial_{i}\right\rangle-\left\langle\nabla_{\partial_{i}} \alpha^{\#}, \partial_{k}\right\rangle\right) \\
& =-\sum_{k}\left(\left\langle\nabla_{\partial k} \nabla_{\partial k} \alpha^{\#}, \partial_{i}\right\rangle+\left\langle\nabla_{\partial k} \alpha^{\#}, \nabla_{\partial_{k}} \partial_{i}\right\rangle-\left\langle\nabla_{\partial_{k}} \nabla_{\partial_{i}} \alpha^{\#}, \partial_{k}\right\rangle-\left\langle\nabla_{\partial_{i}} \alpha^{\#}, \nabla_{\partial_{k}} \partial_{i}\right\rangle\right) \\
& =-\left\langle\Delta \alpha^{\#}, \partial_{i}\right\rangle+\sum_{k}\left\langle\nabla_{\partial_{k}} \nabla_{\partial_{k}} \alpha^{\#}, \partial_{i}\right\rangle
\end{aligned}
$$

Meanwhile,

$$
\begin{aligned}
(d \delta \alpha)_{p}\left(\partial_{i}\right) & =\partial_{i}(\delta \alpha)(p)=-\partial_{i}\left(\sum_{k}\left\langle\nabla_{e_{k}} \alpha^{\#}, e_{k}\right\rangle\right) \\
& =-\sum_{k}\left\langle\nabla_{\partial_{i}} \nabla_{e_{k}} \alpha^{\#}, e_{k}\right\rangle-\sum_{k}\left\langle\nabla_{e_{k}} \alpha^{\#}, \nabla_{\partial_{i}} e_{k}\right\rangle \\
& =-\sum_{k}\left\langle\nabla_{\partial_{i}} \nabla_{\partial_{k}} \alpha^{\#}, \partial_{k}\right\rangle
\end{aligned}
$$

here $e_{i}$ is a o.n. frame in the neighbourhood of $p$.

$$
\begin{aligned}
\left(\Delta_{d R} \alpha\right)\left(\partial_{i}\right) & =-\left\langle\Delta \alpha^{\#}, \partial_{i}\right\rangle+\sum_{k}\left\langle\nabla_{\partial_{k}} \nabla_{\partial_{i}} \alpha^{\#}, \partial_{k}\right\rangle-\sum_{k}\left\langle\nabla_{\partial_{i}} \nabla_{\partial_{k}} \alpha^{\#}, \partial_{k}\right\rangle \\
& =-\left\langle\Delta \alpha^{\#}, \partial_{i}\right\rangle+\sum_{k} R\left(\partial_{k}, \partial_{i}, \alpha^{\#}, \partial_{k}\right) \\
& =-\left\langle\Delta \alpha^{\#}, \partial_{i}\right\rangle+\sum_{k} R\left(\partial_{i}, \partial_{k}, \partial_{k}, \alpha^{\#}\right) \\
& =-\left\langle\Delta \alpha^{\#}, \partial_{i}\right\rangle+\operatorname{Ric}\left(\partial_{i} \alpha^{\#}\right)
\end{aligned}
$$

The rest follows.

Fact 8.5. Identities:

- If $X \in \mathfrak{X}(M)$, then

$$
\begin{aligned}
\Delta|X|^{2} & =\sum_{i} \partial_{i} \partial_{i}|X|^{2}=2 \sum_{i} \partial_{i}\left(\left\langle\nabla_{\partial_{i}} X, X\right\rangle\right)=2 \sum_{i}\left\langle\nabla_{\partial_{i} \partial_{i}}^{2} X, X\right\rangle+2 \sum_{i}\left\langle\nabla_{\partial_{i}} X, \nabla_{\partial_{i}} X\right\rangle \\
& =2\langle\Delta X, X\rangle+2|\nabla X|^{2}
\end{aligned}
$$

Corollary 8.6. For $\alpha \in \Lambda^{1}(M)$,

$$
\Delta|\alpha|^{2}=-2\left\langle\Delta_{d R} \alpha, \alpha\right\rangle+2\left|\nabla \alpha^{\#}\right|^{2}+2 \operatorname{Ric}\left(\alpha^{\#}, \alpha^{\#}\right)
$$

Proof. We have

$$
\begin{aligned}
\Delta|\alpha|^{2} & =\Delta\left|\alpha^{\#}\right|^{2}=2\left\langle\Delta \alpha^{\#}, \alpha^{\#}\right\rangle+2\left|\nabla \alpha^{\#}\right|^{2} \\
& =-2\left\langle\Delta_{d R} \alpha, \alpha\right\rangle+2 \operatorname{Ric}\left(\alpha^{\#}, \alpha^{\#}\right)+2\left|\nabla \alpha^{\#}\right|^{2}
\end{aligned}
$$

Corollary 8.7. $\Delta|\nabla f|^{2}=2\langle\Delta \nabla f, \nabla f\rangle+2\left|\nabla^{2} f\right|^{2}+2 \operatorname{Ric}(\nabla f, \nabla f)$.

Proof. Let $\alpha=d f$. Then

$$
\begin{aligned}
\Delta|\nabla f|^{2} & =-2\left\langle\Delta_{d R} d f, d f\right\rangle+2\left|\nabla^{2} f\right|^{2}+2 \operatorname{Ric}(\nabla f, \nabla f) \\
& =-2\left\langle\nabla \Delta_{d R} f, \nabla f\right\rangle+2\left|\nabla^{2} f\right|^{2}+2 \operatorname{Ric}(\nabla f, \nabla f)
\end{aligned}
$$

Corollary 8.8. If $\left(M^{n}, g\right)$ closed with Ric $\geq 0$, then
(1) If Ric $>0$ then $b_{1}(M)=\operatorname{dim} H^{1}(M)=0$
(2) If Ric $\geq 0$ then $b_{1}(M) \leq n$ and with equality iff $\left(M^{n}, g\right)=\left(\mathbb{T}^{n}, g_{\text {flat }}\right)$.

Proof. Suppose there exists $\alpha \in \Lambda^{1}(M), \Delta_{d R} \alpha=0$. The first corollary implies that

$$
\Delta|\alpha|^{2}=2\left|\nabla \alpha^{\#}\right|^{2}+\operatorname{Ric}\left(\alpha^{\#}, \alpha^{\#}\right)>0
$$

which is not possible by maximal principal.
Remark 8.9. If $\left(\mathbb{T}^{n}, g\right)$ with Ric $\geq 0$ then $g$ is flat.
Theorem 8.10. (Schoen-Yau). There does not exists $g$ on $\mathbb{T}^{n}$ with $S(g) \geq 0$ and $g$ not flat.,
Theorem 8.11. If $\left(M^{n}, g\right)$ is closed with Ric $\geq 0$, then
(1) Ric $>0$ then $b_{1}(M)=0$
(2) Ric $\geq 0$ then $b_{1}(M) \leq n$ and with equality iff $\left(M^{n}, g\right)=\left(\mathbb{T}^{n}, g_{f l a t}\right)$
(Betti number)
Proof. Recall that

$$
\mathcal{H}^{1}(M)=\left\{\alpha \in \Lambda^{1}(M): \Delta_{d R} \alpha=0\right\}
$$

and $\mathcal{H}^{1}(M) \cong H^{1}(M, \mathbb{R})$ and $b^{1}(M)=\operatorname{dim} H^{1}(M)$.
If $\alpha$ is harmonic, $\Delta_{d R} \alpha=0$,

$$
\Delta|\alpha|^{2}=2\left|\nabla \alpha^{\#}\right|+2 \operatorname{Ric}\left(\alpha^{\#}, \alpha^{\#}\right)
$$

this is called teh Bochner formula.
For $\alpha \in \mathcal{H}^{1}(M)$ and Ric $\geq 0$,

$$
\Delta|\alpha|^{2} \geq 2\left|\nabla \alpha^{\#}\right|^{2} \geq 0
$$

and so $|\alpha|=$ constant and $\nabla \alpha^{\#}=0$ by maximal principle.
Let $\Phi: \mathcal{H}^{1}(M) \rightarrow T_{p} M$ given by $\alpha \mapsto \alpha^{\#}(p)$. Since $\nabla \alpha^{\#}=0$, this means that $\Phi$ is injective, and so $b_{1}(M) \leq n$. If $b_{1}(M)=n$ then let $\left\{\alpha_{i}\right\}_{i=1}^{n}$ be a linearly independent parallel vectors $\left(\nabla \alpha_{i}^{\#}=0\right)$ (do this at a point, by parallel, they are linearly independent everywhere. Similarly, orthonormal at one point will carry to everywhere). Get orthonormal basis $\left\{e_{i}\right\}_{i=1}^{n}$ (everywhere) which is parallel. Therefore, $R$ the curvature tensor is zero. Hence, $M^{n}$ is covered by $\left(\mathbb{R}^{n}, g_{f l a t}\right)$. Since $M$ is closed, $\left(M^{n}, g\right) \equiv\left(\mathbb{T}^{n}, g_{f l a t}\right)$.

Theorem 8.12. If $\left(M^{n}, g\right)$ closed has Ric $<0$ then $\#(\operatorname{Isom}(M, g))<\infty$.
Remark 8.13. $\operatorname{Isom}\left(\mathbb{H}^{n}, g_{\mathbb{H}^{n}}\right)=\operatorname{conf}\left(S^{n-1}\right)$ so closed is important.
Similarly, $\operatorname{Isom}\left(S^{n}, g_{S^{n}}\right)=O(n+1)$ so Ric $<0$ is important.
Proof. (Myers-Steenrod) $\operatorname{Isom}(M, g)$ is a compact Lie Group and

$$
T_{i d} \operatorname{Isom}\left(M^{n}, g\right)=\left\{X \in \mathfrak{X}(M): \mathfrak{L}_{X} g=0\right\}
$$

If $\left\{\phi_{t}\right\}_{|t| \leq \epsilon} \subseteq \operatorname{Isom}(M, g)$ with $\phi_{0}=i d$ then

$$
X=\left.\frac{d \phi_{t}}{d t}\right|_{t=0}, \phi_{t}^{\star} g=g
$$

and $0=\frac{d}{d t}\left(\phi_{t}\right)^{\star} g=L_{X} g$. Just need to show that there are no killing vector fields (the Lie group is a zero dimensional manifold, then by compactness, it's finite).

Suffices to see that if $X \in \mathfrak{X}(M)$ is killing, then $X=0 . L_{X} g=0$ iff for $(U, \psi)$ a chart, then

$$
\left\langle\nabla_{\frac{\partial \psi}{\partial x_{i}}} X, \frac{\partial \psi}{\partial x_{j}}\right\rangle+\left\langle\nabla_{\frac{\partial \psi}{\partial x_{j}}} X, \frac{\partial \psi}{\partial x_{i}}\right\rangle=0
$$

for all $i, j$. First, notice that if $j=i$, then each part is 0 . Write $\partial_{i}=\frac{\partial \psi}{\partial x_{i}}$.
Normal coordinates at $p$, then

$$
\left\langle\Delta X, \partial_{k}\right\rangle(p)=\left\langle\sum_{i} \nabla_{\partial_{i}} \nabla_{\partial_{i}} X, \partial_{k}\right\rangle(p)=-\left\langle\sum_{i} \nabla_{\partial_{i}} \nabla_{\partial_{k}} X, \partial_{i}\right\rangle(p)
$$

(because of normal coordinates from $\nabla_{\partial_{k}} \partial_{i}=0$ and use the killing property). This is

$$
\begin{aligned}
& =-\left\langle\sum_{i} \nabla_{\partial_{k}} \nabla_{\partial_{i}} X, \partial_{i}\right\rangle(p)-\sum_{i} R\left(\partial_{i}, \partial_{k}, X, \partial_{i}\right) \\
& =-\sum_{i} \partial_{k}\left\langle\nabla_{\partial_{i}} X, \partial_{i}\right\rangle+\sum_{i}\left\langle\nabla_{\partial_{i}} X, \nabla_{\partial_{k}} \partial_{i}\right\rangle-\operatorname{Ric}\left(X, \partial_{k}\right) \\
& =-\operatorname{Ric}\left(X, \partial_{k}\right)
\end{aligned}
$$

because $\left\langle\nabla_{\partial_{i}} X, \partial_{i}\right\rangle=0$.

$$
\Delta|X|^{2}=2\langle\Delta X, X\rangle+2|\nabla X|^{2}=-2 \operatorname{Ric}(X, X)+2|\nabla X|^{2} \geq 0
$$

By maximal principle, $|X|=$ constant and $X \equiv 0$.
Theorem 8.14. Preissman Theorem. $\left(M^{n}, g\right)$ closed with sectional $<0$ then $\Gamma$ abelian subgroup of $\pi_{1}(M)$ then $\Gamma \cong \mathbb{Z}$.
Remark 8.15.
(1) There does not exists $\left(\mathbb{T}^{n}, g\right)$ with $\sec <0\left(\right.$ since $\left.\pi_{1}\left(\mathbb{T}^{n}\right)=\mathbb{Z}^{n}\right)$
(2) Lawson-Yau. If $\left(\mathbb{T}^{n}, g\right)$ with sectional $\leq 0$ then $g$ is flat.

Proof. Assume $\alpha, \beta \in \pi_{1}$ with $\alpha \star \beta=\beta \star \alpha$.
(1) There exists $F: \mathbb{T}^{2} \rightarrow M^{n}$ which is homotopically non-trivial.

There exists $H$ homotopy between $\alpha \star \beta$ and $\beta \star \alpha$. $H:[0,1] \times[0,1] \rightarrow M$ by

$$
H(s, 0)=H(s, 1)=\alpha(s) \text { and } H(0, t)=H(1, t)=\beta(t)
$$

Then $H_{\star}: \pi_{1}\left(S^{1}, S^{1}\right) \rightarrow \pi_{1}(M)$ is injective.
Will come back to this proof

$$
C^{\infty}\left(\left(N^{k}, h\right),\left(M^{n}, g\right)\right)=\left\{f: N^{k} \rightarrow M^{n} \text { smooth }\right\} \text { with } k \leq n
$$

$$
E(f)=\int_{N}|d f|^{2} d h
$$

Definition 8.16. Critical points for $E$ are called Harmonic maps.

## Example 8.17.

(1) $N^{k}=S^{1}, E(f)=\int_{S^{1}}\left|f^{\prime}\right|^{2} d \theta$ harmonic is geodesic.
(2) $N^{k}=S^{1} \times S^{1}$ and $f: S^{1} \times S^{1} \rightarrow M, f\left(\theta_{1}, \theta_{2}\right)=f\left(\theta_{1}\right)$ then $f$ harmonic iff $t \mapsto f(t)$ is a geodesic.
(3) $f: S^{1} \times S^{1} \rightarrow S^{1} \times S^{1} \times S^{1}$ by $f\left(\theta_{1}, \theta_{2}\right)=\left(\theta_{1}, \theta_{2}, \theta_{1}\right)$ then $f$ is harmonic
(4) If $M^{n}=\mathbb{R}^{n}$ and $f: N^{k} \rightarrow \mathbb{R}^{n}$ is harmonic, iff $\Delta_{N} f_{i}=0$ for all $i$

Theorem 8.18. (Eels-Sampson) If section $\left(M^{n}\right)<0$ then every homotopic non-trivial map $F: N^{k} \rightarrow M^{n}$ is homotopic to a harmonic map.

Remark 8.19. There exists $f: \mathbb{R} \mathbb{P}^{2} \rightarrow S^{2}$ which is homotopically non-trivial set has no harmonic map in its homotopy class.

Question: can one remove sect $<0$ ? When $k=2$ and $N$ is orientable, it is known that one can.
Remark 8.20. (Hartman) Under $\operatorname{sect}\left(M^{n}\right)<0$, harmonic maps are unique in their homotopy class and energy minimizing.
Let $f: N^{k} \rightarrow M^{k}$ be harmonic, with $(\Delta f)^{T}=0$.

$$
\Delta|d f|^{2}=2|\nabla d f|^{2}+2 \sum_{i=1}^{k}\left\langle d f\left(R i c^{N}\left(e_{i}\right)\right), d f\left(e_{i}\right)\right\rangle-\sum_{i, j=1}^{k} R^{M}\left(d f\left(e_{i}\right), d f\left(e_{j}\right), d f\left(e_{j}\right), d f\left(e_{i}\right)\right)
$$

where $\left\{e_{i}\right\}_{i=1}^{k}$ o.n.b for $T_{p} N^{k}$. Here, $\operatorname{Ric}(Z)$ is the unique vector such that

$$
\langle\operatorname{Ric}(Z), Y\rangle=\operatorname{Ric}(Z, Y)
$$

for all $Y$.
Recall, if $f \in C^{\infty}(N, \mathbb{R})$ with $\Delta f=0$, then

$$
\Delta|\nabla f|^{2}=2\left|\nabla^{2} f\right|^{2}+2 \operatorname{Ric}(\nabla f, \nabla f)
$$

(special case of the above. CHECK! Diagonalize Ricci and use basis).
Corollary 8.21. Assume $\sec \left(M^{n}\right)<0$. There does not exists $f: S^{k} \rightarrow M^{n}$ harmonic.
Proof. We have $\operatorname{Ric}^{S^{k}}\left(e_{i}\right)=(n-1) e_{i}$,

$$
\Delta|\nabla f|^{2}=2|\nabla f|^{2}+2(n-1)(d f)^{2}-\sum_{i} R^{M}(\cdot) \geq 2|\nabla d f|^{2}+2(n-1)|d f|^{2}
$$

Maximal principal implies that $|d f|^{2}=$ constant and so $|d f|^{2} \equiv 0$.
Corollary 8.22. For $f: \mathbb{T}^{2} \rightarrow M$ harmonic, then image of $f$ is a closed geodesic.
Proof. This is when $\operatorname{Ric}^{N}=0$.

$$
\Delta|d f|^{2}=2|\nabla d f|^{2}-R\left(d f\left(e_{1}\right), d f\left(e_{2}\right), d f\left(e_{2}\right), d f\left(e_{1}\right)\right) \geq 0
$$

Maximal principal says that $|d f|=$ constant and $\nabla d f \equiv 0$. And $R\left(d f\left(e_{1}\right), d f\left(e_{2}\right), d f\left(e_{2}\right), d f\left(e_{1}\right)\right)=0$, so $d f\left(e_{1}\right)$ is colinear with $d f\left(e_{2}\right)$ and so the image of $f$ is one dimensional (a curve) which is also a geodesic.

Proof. Application to proof of Preissman Theorem, there exists $\gamma$ geodesic such that $\alpha=\gamma^{k}$ and $\beta=\gamma^{k}$ then $\langle\alpha, \beta\rangle \cong$ $\mathbb{Z}$.

Recall:
Theorem 8.23. (Hadamard?) If $\left(M^{n}, g\right)$ is closed, with $\pi_{1}(M) \neq 0$, then there exists a closed geodesic.
Question: (Poincare, 1905). Is there a closed geodesicin $\left(S^{2}, g\right)$ for any $g$. He gave two approaches:
(1) Say there is a functional $F: \Omega \rightarrow \mathbb{R}$, does $F$ need to have a critical point (not true on $\mathbb{R}$, like $x \mapsto x$ )
(2) Must a geodesic always close?

Birkhof: (1912) Every $\left(S^{2}, g\right)$ has a closed geodesic.
(90's) (Franks, Bangert) Every $\left(S^{2}, g\right)$ has infinitely many closed geodesics.
Toy problem: Suppose $\Omega$ is compact, and finite dimensional, then there are at least two critical points (min and max). Question: does it need to have a third?

Claim 8.24. If $\pi_{1}(\Omega) \neq 0$, then there exists a third critical point.

Proof. Take $[\gamma] \neq 0$ in $\pi_{1}(\Omega)$. For each $\sigma: S^{1} \rightarrow \Omega$ in $[\gamma]$, take

$$
\inf _{\sigma \in[\gamma]} \max _{p \in S^{1}} F \circ \sigma(p)=W
$$

is a critical point. (Get picture).
$\operatorname{Claim}$ 8.25. There exists $p$ such that $\nabla F(p)=0$ and $F(p)=W$.
Proof. Choose $\left\{\sigma_{i}\right\} \subseteq[\gamma]$ such that $\max F \circ \sigma_{i}=F\left(\sigma_{i}\left(\theta_{i}\right)\right) \rightarrow W$. Pass to a subsequence, $\sigma_{i}\left(\theta_{i}\right) \rightarrow p$. Is $\nabla F(p)=0$ ? Suppose not, consider $\left(\phi_{t}\right)_{|t| \leq \epsilon}$ where $\frac{\partial \phi_{t}}{\partial t}=-\nabla F\left(\phi_{t}\right)$. Then there exists $\delta>0$ so that

$$
\max F\left(\phi_{\epsilon} \sigma \sigma_{i}\right) \leq \max \left(F \circ \sigma_{i}\right)-\delta \rightarrow W-\delta
$$

But the

$$
W \leq L H S
$$

by definition.
Proof. of Birchoff.

$$
\Omega^{L}=\left\{\gamma:\left.S^{1} \rightarrow S^{2} \subseteq \mathbb{R}^{3}\left|\int_{S^{1}}\right| \gamma\right|^{2}+\left|\gamma^{\prime}(0)\right|^{2} d \theta<L\right\}
$$

(Note, this is with respect to the Euclidea embedding, not the w/e metric).
Sobolov. If $\gamma \in \Omega^{L}$ then $\gamma$ is continuous. If $\left(\gamma_{i}\right) \subseteq \Omega^{L}$, there is $\gamma \in \Omega^{L}$ such that $\gamma_{i} \rightarrow \gamma$ in $W^{1 / 2}$ and in $C^{0}$.
$E: \Omega^{L} \rightarrow \mathbb{R}, E(\gamma)=\int_{S^{1}} \sqrt{\left\langle\gamma^{\prime}(0), \gamma^{\prime}(0)\right\rangle_{g}} d \theta$.
$\pi_{1}\left(\Omega^{L}\right) \neq 0$ ?, $\pi_{1}\left(\Omega^{L}\right)=\pi_{2}\left(S^{2}\right)=\mathbb{Z}$.
$\gamma:[-1,1] \rightarrow \Omega^{L}$, by $\gamma(t)=S^{2} \cap\left\{x_{3}=t\right\}$. Let

$$
[\gamma]=\left\{\sigma:(-1,1) \rightarrow \Omega^{1}: \sigma \text { homotopic to } \gamma \text { and } \sigma(-1), \sigma(1) \text { are points }\right\}
$$

Remark. If $\sigma \in[\gamma], \sigma:(-1,1) \times S^{1} \rightarrow S^{2}, \hat{\sigma}: S^{2} \rightarrow S^{2}$ which is homotopically non-trivial.
Claim. There exists $c_{0}>0$ such that if $\sigma \in[\gamma]$,

$$
\max _{|t| \leq 1} E(\sigma(-1)) \geq c_{0}
$$

Proof. Assume $E(\sigma(t)) \ll 1$, all $|t| \leq 1$. Fix $\bar{\theta} \in S^{1}$.

$$
W=\inf _{\sigma \in[\gamma]|t| \leq 1} \max _{1} E(\sigma(t)) \geq c_{0}
$$

There exists $D: \Omega^{L} \rightarrow \Omega^{L}$ such that
(1) $E(D(\gamma)) \leq E(\gamma)$
(2) $E(D(\gamma))=E(\gamma)$ implies that $\gamma$ is a geodesic
(3) $D(\gamma)$ is homotopic to $\gamma$
(4) $D$ is continuous weakly in $W^{1,2}$. If $\gamma_{i} \rightarrow \gamma$, then $E\left(D\left(\gamma_{i}\right)\right) \rightarrow E(D(\gamma))$
(5) Let $\mathfrak{L}=\left\{\gamma: S^{1} \rightarrow\left(S^{2}, g\right):\right.$ geodesic $\} \subseteq \Omega^{L}$, then for all $\epsilon>0$, there exists $\delta$ so that $d(\gamma, \mathfrak{L}) \geq \epsilon$ implies $E(D(\gamma)) \leq E(\gamma)-\delta$.
Assume the existence of $D$. Choose $\sigma_{i} \in[\gamma], \max E \circ \sigma_{i} \rightarrow W . D\left(\sigma_{i}\right) \in[\gamma]$ and $E\left(D \circ \sigma_{i}\right) \leq E\left(\sigma_{i}\right)$.

$$
W \leq \max _{|t| \leq 1} E\left(D \circ \sigma_{i}\right) \leq \max E\left(\sigma_{i}\right) \rightarrow W .
$$

There exists $t_{i}$, so that $E\left(D \circ \sigma_{i}\left(t_{i}\right)\right)=\max E\left(D \circ \sigma_{i}\right) \rightarrow W$. Then

$$
\left|E\left(D \circ \sigma_{i}\left(t_{i}\right)\right)-E\left(\sigma_{i}\left(t_{i}\right)\right)\right| \rightarrow 0
$$

as $i \rightarrow \infty$. Fourth property implies that $d\left(\gamma_{i}\left(t_{0}\right), \mathfrak{L}\right) \rightarrow 0$. In particular, $\mathfrak{L} \neq 0$.

This $D$ is the following. Let $\sigma \in \Omega^{L}$. Divide $S^{1}$ into $I_{1}, \ldots, I_{2 N}$ all of the same legnth. If $N \gg 1$ then length $\left(\sigma\left(I_{j}\right)\right) \ll 1$ for all $j$, independent of $\sigma$ (just on $L$ ). $\sigma^{1}$ replacement of $\sigma$ by geodesics connecting endpoints of $\sigma\left(I_{j} \cup I_{j+1}\right)$ where $j$ is odd, $E\left(\sigma^{1}\right) \leq E(\sigma)$.
$\sigma^{2}$, do same process to $\sigma^{1}$, but on $\sigma^{1}\left(I_{j} \cup I_{j+1}\right)$, where $j$ is even.
Set $D(\sigma)=\sigma^{2}$ if $D(\sigma)=\sigma$, the $\sigma$ is a geodesic.
(Rademacher) For a generic set of metrics, $\left(M^{4}, g\right)$, there are infinitely many closed geodescs.
(Gronoll-Meyers, Gromov) For all manifolds but a finite set $\left(S^{n}, \mathbb{C} \mathbb{P}^{n}, \ldots\right)$, they have infinitely many closed geodesics.
Conjecture 8.26. Every $\left(S^{n}, g\right)$ has infinitely many closed geodesics.
Conjecture 8.27. (Yau) Every $\left(M^{3}, g\right)$ has infinitely many closed minimal surfaces.
Theorem 8.28. (Pitts, Schoen-Simon) Every ( $\left.M^{n}, g\right)$ has 1 minimal hypersurface (codimension 1).
Theorem 8.29. ( $-N$ ) Every $\left(M^{n}, g\right)$ with $\operatorname{Ric}(g)>0$ has inifnitely many minimal surfaces.
Theorem 8.30. Every $\left(M^{n}, g\right)$ for generic metrics $g$, there are infinitely many minimal surfaces.

