

# WESTPORT

## CONTINUING EDUCATION

**Winter/Spring 2013**

*~ Classes for everyone ~*

*Let yourself grow!*

**203~341~1209**

**[www.westportcontinuinged.com](http://www.westportcontinuinged.com)**



Westport Continuing Education  
Serving you for over 50 years  
Staples High School • Room 1040  
70 North Avenue  
Westport, CT 06880

## ADULTS AND KIDS K-12

### WELCOME!

Residents and non-residents are welcome to register for our programs.

### REGISTRATION PROCEDURES

### GENERAL INFORMATION

### POLICIES:

See inside back cover.

OFFICE PHONE: 203-341-1209

### EMAIL ADDRESS:

conted@westport.k12.ct.us

FAX: 203-341-1218

### WEBSITE:

www.westportcontinuinged.com

BARBARA C. PITCHER,  
DIRECTOR OF ADULT AND  
CONTINUING EDUCATION

### Staff

Joanne Samela

Tina Granata

Sheila Gallanty, Catalog Facilitator

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WESTPORT PUBLIC SCHOOLS  
DR. ELLIOTT LANDON,  
SUPERINTENDENT

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(as of 12/4/12)

### Watch for all of our CATALOGS!

- Summer – in March
- Fall – in August
- Winter/Spring – in December

This Catalog is available in large print upon request.

Dear Neighbor:

Winter is a perfect time for us to try something new or expand upon what we like to do. Our busy world can snatch time away from all of us. Before we know it, we never did learn how to ?.....or take time to improve our bridge, chess or golf game. We all need to take time to replenish ourselves! Participating in a Westport Continuing Education class or activity will help you to expand your horizons and challenge you to let yourself grow!



I am excited about the broad range of opportunities available for everyone to participate. We are delighted to offer you the latest software programs and an expanded variety of opportunities for learning and having fun for "all ages." Per your request, our Saturday classes have increased.

Our "Staycations" in February and April school breaks are very popular. Sign up before we are sold out.

If you know someone who does not have their high school diploma, or would like to improve their ability to read, write, or speak English, share this catalog with them.

Expect great things from Westport Continuing Education. We do!!

I hope that you will use this catalog as a handy reference over the next few months. Please let me know if I can do anything to enhance your time with us. We look forward to your participation. Until next time....

Cordially,

Barbara C. Pitcher, Director

## CLASS LOCATIONS

<b>SHS</b>	Staples High School, 70 North Avenue
<b>BMS</b>	Bedford Middle School, 88 North Avenue
<b>CMS</b>	Coleytown Middle School, 255 North Avenue
<b>CES</b>	Coleytown Elementary School, 65 Easton Road
<b>GFS</b>	Greens Farms Elementary School, 17 Morningside Drive South
<b>KHS</b>	King's Highway Elementary School, 125 Post Road West
<b>LLS</b>	Long Lots Elementary School, 13 Hyde Lane
<b>SES</b>	Saugatuck Elementary School, 170 Riverside Avenue
<b>UMC</b>	United Methodist Church, 49 Weston Road
<b>SC</b>	Westport Center for Senior Activities, 21 Imperial Avenue
<b>CS</b>	1 Canal Street (Westport Public Schools - Facilities Dept.)
<b>WL</b>	Wilton Library, 137 Old Ridgefield Road, Wilton, CT

**REGISTER ONLINE! • [www.westportcontinuinged.com](http://www.westportcontinuinged.com)**

**Open to the Public: Mon-Thurs 10:00 am-Noon and 1:30-8:30 pm • Friday 10:00 am-4:00 pm**

# **W**elcome to Our Winter/Spring 2013 Catalog!

## Course Index

### BASIC EDUCATION COURSES

Adult Basic Education (ABE).....	2
American Citizenship.....	2
English as a Second Language (ESL).....	2
General Education Development (GED).....	2

### CAREERS

Introduce Yourself Effectively.....	4
Job Search Strategies.....	4

### CREATIVE ARTS

Acrylic Painting – Advanced.....	5
Drawing - Intro.....	5
Drawing and Acrylic Painting – Intro.....	5
Jewelry Making.....	5
Sewing.....	5
Watercolor.....	5

### CREATIVE WRITING

Write for Children and Teens – Adv.....	6
Write for Children and Teens – Intro.....	6

### PHOTOGRAPHY

DSLR Camera Operation.....	6
Nature Photography and Journaling.....	6
Point and Shoot Camera Operation.....	6

### CULINARY ARTS

Barbeque Cooking at Bobby Q's.....	7
Cooking with Good Fats and Superfoods.....	7
Fish.....	7
French Cake and Tart.....	7
French Macarons.....	7
Italian Cheeses.....	7
Just Add Chianti.....	7

### DIVERSE INTERESTS

Beg./Adv. Beg Bridge.....	8
Bridge - Intermediate.....	8
Bridge 101 - Afternoon.....	8
Bridge - Play the Hand.....	8
Dog Obedience.....	8
Norwalk Islands.....	8
Overcoming Procrastination.....	8

### FITNESS • HEALTH

Adult Swimming.....	10
Badminton.....	10
Connecticut Child Care.....	11
First Aid/CPR/AED.....	11
Fly Fishing.....	10
Intermediate Pilates Mat Challenge.....	9
Lifestyle Weight Loss Solution.....	10
Self-Hypnosis.....	10
Tennis for Adults.....	10
TRX Suspension Training.....	9
Yoga.....	9

### HOME

Renovate Right.....	11
Selling Your Home in Today's Market.....	11
Stage Your Home to Sell.....	11

### LANGUAGES

Conversational Spanish.....	12
-----------------------------	----

### LANGUAGES (cont.)

Curso Avanzado de Espanol.....	12
French for Tourists.....	12
Intermediate Conversational French.....	12
Italian for Tourists.....	13
Italian – Level 1.....	13
Spanish for Beginners.....	12
Spanish for Tourists.....	12
Spanish – Intermediate.....	12

### MONEY MATTERS

Estate Planning.....	14
Financial Steps for Women.....	14
Fundamentals of Investing.....	13
Protecting Against Identity Theft.....	13
Social Security.....	13

### MUSIC • DANCE • DRAMA

Ballroom Dancing.....	15
Dance Fitness and Fun.....	15
Guitar.....	14
Shakespeare 101.....	14

### TECHNOLOGY • COMPUTERS

Animation.....	16
Blogging.....	18
Ebay.....	18
Excel 2010 - Beginner.....	17
Excel 2010 - Intermediate.....	17
Facebook, Twitter & Social Networking.....	18
Google & Beyond.....	18
InDesign CS5.....	17
Intro to Computers.....	17
Intro to Mac.....	15
Intro to Office 2010.....	17
iPad.....	15
Launching a Website.....	18
LinkedIn.....	18
Organize Your Computer.....	17
Photoshop CS5 - Basic.....	16
Photoshop CS5 - Int/Adv.....	16
Pinterest.....	18
PowerPoint 2010.....	17
Quickbooks 2011.....	16
Quicken 2011.....	16
Social Media in Digital Age.....	18

### WESTPORT CENTER FOR SENIOR ACTIVITIES

.....	30
-------	----

### KIDS CLASSES

Arts & Crafts.....	24
Babysitting Course.....	26
Badminton.....	23
Baseball World.....	22
Bead Making & Jewelry Design.....	24
Chess.....	24
Chinese.....	23
Club BEDford.....	26
Club Invention – Castles, Catapults etc.....	23
Club Invention – Flight Sight.....	25
Cooking Adventures.....	26
Cooking with Mom/Dad and Me.....	26
Elementary Engineering.....	25
Golf.....	22

### KIDS CLASSES (cont.)

Junior Engineering 1™.....	23
Junior Genie Magic Club.....	24
Just Sports.....	20
Karate.....	22
Lacrosse.....	22
Lights, Camera, Action.....	24
Mad Science - Crazy Chemworks.....	23
Math 4 Kids.....	24
Nature Photography.....	25
Project: Science Fair.....	25
Ready, Set, Collaborate.....	24
Rocketry.....	26
Scrabble Club.....	25
Speak Up.....	25
Sports & Homework Clubs.....	20
Staff Development Day Programs.....	19
Study Skills.....	27
Tennis.....	21
Woodworking.....	27
Zumba.....	23

### STAYCATIONS during FEBRUARY and APRIL VACATION

Arts & Crafts.....	27
Babysitting Course.....	27
Cooking Adventures.....	27
Junior Engineering.....	27
Nature Photography.....	27
SAT Prep.....	27
Sports and Fun Adventures.....	27

### HIGH SCHOOL

ACT Prep.....	28
Driver Education.....	29
Practice PSAT.....	28
SAT Prep.....	28

### INFORMATION

Class Locations.....	Inside Front Cover
Emergency Closings.....	Inside Back Cover
General Information.....	Inside Back Cover
Refund Policy.....	Inside Back Cover
Registration Form.....	31

Check our website  
[www.westportcontinuinged.com](http://www.westportcontinuinged.com)  
 for additional course offerings  
 that may be added after  
 the catalog is printed.

Visit us online by scanning the QR code  
 with your smartphone  
 or iPhone  
 (with appropriate app)



**ed200** Online Courses  
 see p 19



**Adult Basic Education (ABE)  
General Education Development (GED)  
English as a Second Language (ESL)  
American Citizenship  
~ Classes and Materials are free ~**

**WHO IS ELIGIBLE:**

**Notice – Effective July 1, 2011  
ADULT MINIMUM AGE  
FOR ENROLLMENT REQUIREMENT  
17 YEARS OF AGE**

**You must register in person with a completed official withdrawal form from your previous high school including administrator/school counselor and parent/guardian signature.**

In order to enroll in ABE, GED, ESL and American Citizenship, you must be a:

- resident of Westport, Weston or Wilton OR
- town employee of Westport, Weston or Wilton OR
- live-in employee (e.g., au pair or caretaker) of a resident of Westport, Weston or Wilton.

If a person works in Westport, Weston or Wilton and does not fall under the categories listed above, **they will not be eligible to register** for the mandated programs.

**PROCEDURE:**

**You must register in-person for ABE, GED, ESL and American Citizenship. New Students: Please plan on 2 hours for registration, appraisal testing and orientation.**

**Registration and placement assessment testing will be administered to students to determine appropriate class level on the following dates at the locations indicated:**

DATES	TIMES & PROGRAMS	LOCATIONS
Jan 16, 2013	6:30-8:30 pm ABE/GED/ESL	Staples High School 70 North Ave, Westport
Jan 16, 2013	9:30-11:00 am ESL	Wilton Library 137 Old Ridgefield Rd, Wilton
Jan 17, 2013	6:30-8:30 pm ABE/GED/ESL	Staples High School 70 North Ave, Westport
Jan 17, 2013	9:30-11:00 am ESL	1 Canal Street Westport
Jan 23, 2013	9:30-11:00 am ABE/GED	1 Canal Street Westport

**REGISTRATION REQUIREMENTS:**

- Each registrant must provide proof of age (birth certificate, passport, or CT ID)
- Residents of Westport, Weston or Wilton must submit proof of residency as evidenced by the following:

Owner:

- Copy of the deed, mortgage, or sales contract
- Current driver's license or Passport
- Two current utility bills (gas, electric, oil or cable)

Tenant:

- Copy of lease or rental agreement
- Current driver's license or passport
- Two current utility bills (gas, electric, oil or cable)
- Town employees of Westport, Weston or Wilton must submit:
  - Copy of most recent payroll stub
- Live-in employees (e.g. nanny, caretaker) in Westport, Weston, or Wilton:
  - Must be accompanied by their employer at registration
  - Employer will need to show proof of residency listed above
  - Employer will need to sign an affidavit stating this individual works for them.
- Adult Basic Education and GED registrants under 18 years of age must also provide proof of withdrawal from their previous high school.

**ABE, GED, American Citizenship and ESL classes are free to eligible students.**

**Did you know . . .  
our ESL students  
represent more than  
22 countries!**

## Adult Basic Education (ABE)

### Adult Basic Education (ABE): Basic Skills ~ English and Math

This course is for adults who want to learn basic reading, writing and math skills. You will improve your life skills and can prepare to enter a high school completion program such as GED preparation classes. Eligible persons (based on the residency tests set out above) may enroll at any time during the semester.

**English – Tuesday and Thursday (begin Tues • Jan 29) • 6:30-8:00 pm • Staples High School Room 1049**

**Math – Monday and Wednesday (begin Mon • Jan 28) • 6:30-8:00 pm • Staples High School Room 1049**

**ABE/GED Preparation – Wednesday and Friday (begin Wed • Jan 30) • 9:15-11:15 am • 1 Canal Street, Westport**

## General Education Development (GED)

### General Education Development (GED) Classes

This program prepares students to pass the 5-part exam to earn a State of Connecticut diploma. Students receive necessary instruction in each subject area and can sign-up to take the practice GED tests.

**English – Tuesday and Thursday (begin Tues • Jan 29)**

**8:00-9:30 pm**

**Staples High School Room 1049**

**Math – Monday and Wednesday (begin Mon • Jan 28)**

**8:00-9:30 pm**

**Staples High School Room 1049**

**Science – Monday (begin Mon • Jan 28)**

**6:30-8:00 pm**

**Staples High School Room 1047**

**Social Studies – Thursday (begin Thur • Feb 7)**

**8:00-9:30 pm**

**Staples High School Room 2028**

### GED Test Accommodations/Transcript

Accommodations on the GED test are available for qualified individuals with a disability. For more information, contact Maureen Wagner, Connecticut State Department of Education, Bureau of Career and Adult Education at (860) 807-2110/2111 or email at [maureen.wagner@ct.gov](mailto:maureen.wagner@ct.gov).

Students who would like a copy of their transcript must submit a transcript request form to :

Maureen Wagner

Connecticut Department of Education

Bureau of Career and Adult Education

25 Industrial Park Road

Middletown, CT 06457

### GED Test

To register for the GED exam, students must be 17 years old and officially withdrawn from school for 6 months or their 9th grade class must have graduated.

The GED exam is given monthly at locations throughout the state. Staples High School is NOT a test site but students can register for the exam through Westport Continuing Education. Call (203) 341-1209 to make an appointment to meet with the registrar. You must apply in person at least 6 weeks prior to the desired test dates. Be sure to bring a photo ID. Applicants who are 21 years of age or older and not a veteran must pay an initial fee of \$13 to take the test. The fee to retake or reapply for the test is also \$13. These fees include the cost of the diploma. Applicants under the age of 21 and veterans who have served at least 181 days of active duty at the time of registration are exempt from fees. All fees are non-refundable and must be paid at the time of registration. Fees must be paid in money order or bank check payable to Westport Continuing Education.

## English as a Second Language (ESL)

**English as a Second Language (ESL) Classes:** Three levels of instruction are offered -- placement is determined by English proficiency level testing done at the time of registration.

**Evening Classes ~ Beginner, Intermediate and Advanced Staples High School - Monday and Wednesday (begin Mon • Jan 28) from 7:15-9:15 pm**

- **Beginner – Room 1051**
- **Intermediate – Room 1055**
- **Advanced – Room 1052**

**Daytime Classes ~ Intermediate/Advanced Wilton Library - Monday and Wednesday (begin Mon • Jan 28) from 9:30-11:30 am - Rimer Room One Canal Street, Westport - Tuesday and Thursday (begin Tues • Jan 29) from 9:30-11:30 am**

**Computer Classes  
– see pages 15-18**

## American Citizenship

This course prepares a person to become a citizen of the United States. It includes information about the history and government of the United States, and information regarding immigration and naturalization procedures.

**10 Sessions      Feb 7-Apr 25\*      SHS Room 2028  
Thursday      6:30-8:00 pm**

**\*no class Feb 21, Apr 18**

## Accessibility and Accommodation

Those needing assistance to gain access to classrooms or any part of our facilities should contact Barbara C. Pitcher, Director of Adult and Continuing Education at 203•341•1209 prior to the event so the necessary accommodations may be provided. The adult education program is committed to making our course offerings accessible. We will work with individuals to support their special needs. Individuals with a disability who require an accommodation in order to participate in any class, program or activity, should contact Westport Continuing Education.

Westport Continuing Education does not discriminate on the basis of race, color, national origin, gender, age, sexual orientation or disability/handicap in admission or access to or treatment of employment in its program or activities.

This notice is provided as required by Title II of the American with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. Please be advised that questions,

complaints, or requests for additional information regarding the ADA and Section 504 should be made in writing to the following:

Regarding Facilities –

Nancy J. Harris, Assistant Superintendent for Business  
203•341•1001

Regarding Programs –

Michael Rizzo, Director of Pupil Services  
203•341•1253

Regarding Employment and Title IX –

Marjorie Cion, Director of Human Resources  
203•341•1004

**Any person having a complaint under the ADA should contact Barbara C. Pitcher, Director of Adult and Continuing Education, 203•341•1209, or one of the coordinators listed above, in compliance with Board of Education policy.**

## Careers

### **#274** Finding Your Future: Strategies & Techniques for a Successful Job Search

There is an appropriate job out there for everybody. Learn how to pursue the search strategically, what it takes to be considered for a position and how to present yourself most effectively. The instructor, Stan Witkow, is a professional career counselor and he will address a wide variety of topics, including strategies for those who have been absent from the workforce while raising their families, issues associated with age, confronting resistance to long-term unemployment. The session will focus on the basics of locating opportunities, using social media to facilitate the search, making a positive first impression, developing appropriate marketing materials and closing the deal!

**Wednesday • Feb 27**

**7:00-9:00 pm**

**SHS Room 1054**

**\$35**

*Stanley Witkow is a lawyer, entrepreneur, career counselor and consultant to small businesses and for the past five years has been helping job hunters successfully land new positions. See our website for more information about the instructor.*

**No registration fee if you register online**

### **#275** How to Introduce Yourself Effectively — **NEW** in Person and on the Telephone!

Stanley Witkow, a career counselor and expert in personal marketing, leads an interactive class in which you will develop effective elevator speeches and learn how to use the telephone to your advantage! Be prepared to engage with fellow participants and tell your story in a meaningful way!

**Wednesday • March 6**

**7:00-8:30 pm**

**SHS Room 1054**

**\$29**

### Check out some of our **NEW** Adult classes

Effective Introductions (p 4)

Nature Photography (p 6)

Point and Shoot Cameras (p 6)

Cooking Classes (p 7)

Norwalk Islands (p 8) • Weight Loss Program (p 10)

Child Care Certification (p 11)

Renovate Right (p 11) • Identity Theft (p 13)

Shakespeare (p 14) • Animation (p 16)

Computer Classes (p 17)



## #168 Introduction to Drawing and Acrylic Painting

The most versatile medium in art, acrylic painting can take your creativity anywhere you want to go. The fundamentals of drawing, composition, and painting techniques are learned in a step by step process that builds confidence. Experiment with different styles as you paint still lifes, landscapes, and portraits. Learn to design in a simple clear manner from drawing to finished painting. Those who wish to draw exclusively and those whose main interest is painting are equally welcome. Materials list is available in our office and on our website. (Instructor, Steve Parton)

**10 Sessions** **Jan 29-Apr 30\*** **SHS Room 1004**  
**Tuesday** **7:00-9:30 pm** **\$235**  
**\*no class Feb 5, 19, Mar 12, Apr 16**

Steve Parton teaches painting and drawing. He is known for his insightful portraits of people and animals. Visit [www.stevenparton.com](http://www.stevenparton.com) for more information about Steve and to view his work.

## #166 Advanced Acrylic Painting

Do you have experience with acrylics and want to stretch your wings? Personal projects are encouraged. The instructor will provide guidance throughout the class. Demonstrations and discussions will help you achieve your goals. Materials and supply list is available in the office and on our website. (Instructor, Steve Parton)

**10 Sessions** **Jan 30-May 1\*** **SHS Room 1004**  
**Wednesday** **7:00-9:30 pm** **\$235**  
**\*no class Feb 13, 20, Mar 13, Apr 17**



## #064 Watercolor

Are you a beginner or intermediate painter who wishes to become more comfortable with the freedom of water color? Basic drawing, composition skills, and watercolor techniques will be demonstrated each week. Still life, landscape and figures will be explored in a step-by-step manner that encourages confidence. A comfortable, relaxing atmosphere will help your creative juices flow. Materials and supply list is available in the office and on our website. (Instructor, Steve Parton)

**10 Sessions** **Jan 28-Apr 22\*** **SHS Room 1004**  
**Monday** **3:00-5:30 pm** **\$235**  
**\*no class Feb 18, Mar 11, Apr 15**

## #167 Intro to Drawing

Learning to draw is an important basic skill for any artist. Train your eye's vision as you create your own. Learn various techniques using charcoal, pastels and pencils. Have fun with this, tap your inner talents. Please bring to the first class: a drawing pad, pencils #2H, HB, and 2B, and a kneaded eraser. An additional supply list will be handed out in class. (Instructor, Joni Kollar)

**6 Sessions** **Jan 28-Mar 11\*** **SHS Room 1004**  
**Monday** **6:00-8:00 pm** **\$129**  
**\*no class Feb 18**

## #452 Sewing

New to sewing, just have a little experience, or have just forgotten how? In our two part course, first you will learn how to pin, cut material, layout and use a pattern, thread your machine, sew a perfect seam, and other basics. Then you will have two weeks off to practice your new techniques and work on your projects. Part Two will cover more advanced skills including how to put in zippers and use velcro for closures, make a pillow with cording, grade around curved seams, make buttonholes, hemming, and other methods used to complete your project. **Please bring your own sewing machine, cloth, and notions.** A list of required materials and local sources will be emailed to students prior to the start of classes. (Instructor, Barbara Hayden)



**6 Sessions** **SHS Room 1007** **Monday**  
**Mar 4, 11, 18, Apr 1, 8, 22\*** **7:00-9:00 pm** **\$119**  
**\*no class Mar 25, Apr 15**



## #455 Jewelry Making

This structured introductory course will take you through the concepts of designing as well as making attractive jewelry. Create pendants, earrings, brooches, and necklaces working with various wires, metals, semi-precious stones and beads (i.e., soldering, wiring and buffing).

**A non-refundable materials fee of \$20 is included which covers basic projects – additional fees may apply when using more expensive materials.** (Instructor, Susan Bishop)

**7 Sessions** **6:45-9:15 pm** **SHS Room 1012** **\$179**  
**#455a** **Tuesday** **Feb 26-Apr 9**  
**#455b** **Wednesday** **Apr 24-June 5**

**Registrants will be notified by email if a class is cancelled due to low enrollment.**



## #431 Learn to Write Stories for Children and Teens

Would you like to write for children and/or teenagers? You may already have ideas you want to develop or stories you have written on your own, but you need guidance to polish your work. This class offers a solid basis for beginners, along with techniques to help more experienced writers improve their work. As we discuss plotting, viewpoint, characterization, dialogue, and scene development, we'll study specific examples of effective writing and practice our skills. Learn more about children's literature (and find great books for your children) as we look at well-written books for kids in our discussions about different themes and topics. Limit 10 students. (Instructor, Victoria Sherrow)

**6 Sessions**                      **Mar 6-Apr 10**                      **SHS Room 2049**  
**Wednesday**                      **7:00-9:00 pm**                      **\$119**

## #432 Write for Children and Teens: Workshop for Advanced Students

Are you ready to move forward with your writing? This workshop-style class is for those who have learned the "basics" and want to sharpen your skills and polish specific stories for children or teens. We will discuss higher-level techniques for plotting, characterization, scene development, and writing style. The focus will be on helping you to revise your work and find suitable markets. Limit 8 students. (Instructor, Victoria Sherrow)

**6 Sessions**                      **Apr 24-May 29**                      **SHS Room 2049**  
**Wednesday**                      **7:00-9:00 pm**                      **\$119**

*Victoria Sherrow, has published over 80 books, as well as numerous short stories, poems, and articles. She teaches at The Institute of Children's Literature.*

# P hotography



## #094 DSLR Basic Digital Camera Operation

Learn to use your camera so your images are well-exposed, sharply-focused, and compositionally balanced. Subjects covered will be basic camera operation, composition relating to the photographic masters and painters of the past, the use of flash and tripod, different film speeds and quality settings, white light and color balancing, lighting as related to portraiture and still life, and tips on photographing kids, families, pets, flowers, etc. Sharing of images and visual ideas is encouraged. The instruction will emphasize the basics while promoting your individual creativity. Bring your camera and manual. (Instructor, John Zappala)

**8 Sessions**                      **Feb 4-Apr 8\***                      **SHS Room 1036**  
**Monday**                      **7:00-9:00 pm**                      **\$145**

\*no class Feb 18, Mar 25

*John Zappala has a degree in Graphic Design from Farmingdale State U. and a B.F.A. from St. John's. He has practiced and exhibited advertising, fashion, and corporate photography for over 25 years.*

## #993 Digital Point and Shoot Basic Camera Operation

NEW

Point and shoot cameras are convenient to carry and capable of delivering very sharp pictures. While the size of the camera may make it seem simple to use, these cameras are packed with features which can often be hard to understand. Learn how to take great pictures with your point and shoot camera – topics covered will include focusing, flash, ISO's, white balance, your camera's menu, as well as tips on composition, portraiture, landscape, macro photography and use of color or black and white. Bring your camera and manual. (Instructor, John Zappala)

**4 Sessions**                      **Feb 27-Mar 20**                      **SHS Room 1007**  
**Wednesday**                      **7:00-9:00 pm**                      **\$75**

## #997 Nature Photography and Nature Journaling

NEW

The early naturalists Aldo Leopold and Rachel Carson sketched and documented their observations, thoughts and feelings about the natural world. Using digital cameras, printers and a journal, you will simulate those early experiences through exploration of nearby nature. Each session will use a different photography technique to encourage you to look at nature with a different eye. You will also learn about the wildlife, birds and habitats of the Norwalk Islands and why their conservation is important. An optional trip to the islands will be offered in the spring and summer (separate fee will apply). Camera, printers, journals and supplies are included. (Instructor, Friends of the Norwalk Islands)

**6 Sessions**                      **Mar 19-Apr 30\***                      **Tuesday**  
**10:00-11:30 am**                      **\$169**

**Location is 1 Canal Street, Westport (Westport Public Schools – Facilities Building)**

\*no class Apr 16

**See page 16  
for Photoshop Classes**



## #299 Cooking with Emilie Your French Chef

Join Chef Emilie, owner of "Emilie your French Chef," for hands-on adventures in French cooking.

Visit [www.EmilieFrenchChef.com](http://www.EmilieFrenchChef.com)

Classes meet at SHS Room 184 \$45/per class

## #299a Winter Savory Cake and Lemon Meringue Tart

NEW

Saturday • Feb 2 (snowdate Feb 9) 10:00 am-12:30 pm

Learn how to make a delicious seasonal Sausage/Potatoes/Cheese Bread (Cake aux Saucisses/Pommes de Terre et Fromage) – you'll also learn how to make different recipes starting with the same batter and adding your favorite ingredients! You'll also make a delicious French Lemon Meringue Tart (la Tarte au Citron Meringuee), one of the best French Desserts ... the sweet meringue is the perfect complement to the zesty acidulous lemon curd. Go home with a delicious cake. **Food fee of \$20 is payable to the instructor.**

## #299b French Macarons

Saturday • March 2 (snowdate March 9) 10:00 am-12:30 pm

Learn the secrets of making caramel, raspberry, chocolate and vanilla macarons, a favorite French dessert consisting of airy almond meringue cookies pressed around a filling – go home with delicious samples! **Food fee of \$15 is payable to the instructor.**

## #306 Buon Gusto! The Cheeses of Italy

Join us for an evening of discovery into Italy's wealth of luxurious cheeses. Travel down the boot and explore the country's stunning diversity, from the creamy cow and goat cheeses of Piedmont to the luscious sheep cheeses of Tuscany. We'll pour a selection of traditional Italian wines from Harry's Wine & Liquor to help bring out the very best flavors of the cheeses. **Class held at Fairfield Cheese Company, 2090 Post Road, Fairfield, CT. Materials fee of \$20 per person (for wine & cheese) is payable to the instructor. Space is limited so register early!**

Tuesday • Apr 2 7:00-9:00 pm \$29

### Please Note:

The classrooms/kitchens where our cooking classes are held are NOT food allergy free classrooms/kitchens.

Nuts, shellfish, etc. are used frequently.

## #995 Come Cook with Me!

Join Chef Alison Milwe-Grace for an enjoyable culinary experience.

Wednesday 7:00-9:00 pm SHS Room 184

NEW  
MENUS

## #995a Cooking with Good Fats and Superfoods • Jan 30 • \$69

Learn how to cook quinoa, kale, "power greens", barley risotto, shrimp dish with avocado oil and how to cook with grapeseed and coconut oils.

## #995b Fish Cooking Class • Feb 27 • \$85

*Back by popular demand* - learn how to cook Arctic Char, Black snapper (otherwise known as sablefish) and a surprise fish dish

## #995c Just Add Chianti • March 20 • \$69

*Learn how to make Italian appetizers..*

Sweet sausage polenta bites

Rosemary shrimp skewers

Calamari salad with endive

Assorted seasonal bruschetta

*Chef Grace has worked in every aspect of the food industry.*

*Currently Chef Grace is a culinary arts chef/instructor at SHS and owner of AMG Catering and Events ([www.amgcatering.com](http://www.amgcatering.com)) which has been in business for over 15 years.*



## #168 Basics of Barbeque Cooking at Bobby Q's Barbeque & Grill

Join owner Bob LeRose, pitmaster Matt and their staff at Bobby Q's Restaurant here in Westport for a memorable evening! Learn the basics of barbeque cooking including valuable tips on smoking and slow cooking ribs, brisket and pulled pork -- there will be demonstrations of a variety of rub and sauce preparations as well. Sample some delicious house specialties. Impress your friends at your next barbeque! Don't wait to sign up – space is limited! **Class held at Bobby Q's Barbeque & Grill, 42 Main Street, Westport, Ct.**

Visit [www.bobbyqsrestaurant.com](http://www.bobbyqsrestaurant.com) for more information about Bob and Bobby Q's.

Tuesday 7:00-9:00 pm \$69

#168a Apr 23

#168b May 14

## #133 Cooking With Mom/Dad (or Grandparents) and Me! (Children ages 7 & up)

Spend a Saturday morning on a culinary adventure with your child! See page 26 for details.

# Diverse Interests

## #994 The Norwalk Islands and the Stewart B. McKinney National Wildlife Refuge

**NEW**

The Long Island Sound units of the Stewart B. McKinney National Wildlife Refuge is one of only two parcels of federal public lands in the state of Connecticut. The Norwalk Islands play a significant role in the ecosystem of the Atlantic Flyway. This presentation will cover the history of the islands, how they became protected and why they are important to wildlife, birds, plants and us! Join us to learn some fun facts about this local treasure. *An optional field trip to the islands will be offered in the spring and summer (separate fee will apply).*

(Instructor, Friends of the Norwalk Islands)

**Monday, April 22 7:00-9:00 pm SHS Room 2028 \$25**



## #290 Dog Obedience (for dogs at least 4 months old)

Designed to teach the owner how to train his/her dog to be a well-mannered and obedient pet. Topics include: understanding your dog; communicating effectively; basic obedience commands-

sit, down, stay, stand, come, and leash walking; and behavior modification - digging, jumping, chewing, barking, etc. Dogs must have a collar and a 6-foot leash. Limit 8. Please note: 1st session is Orientation WITHOUT dogs.

(Instructor, Heather Witt)

**7 Sessions Mar 4-Apr 29\* SHS Pool Lobby  
Monday 6:30-7:30 pm \$140**

**\*no class Mar 25, Apr 15**

*Heather Witt is the owner of The Complete Canine Company.*

## #927 Overcoming Procrastination

**NEW**

- Is your home and office filled with unfinished projects?
- Would you rather wait and take this class next time?
- Would you like to overcome your procrastinating?

Procrastination is prevalent in 20–25 % of adult men and women. If you are in this category, if it is impacting your life and you would like to break free, then this class is for you! Whether you would like to be more efficient at home or at work, want to change your food plan, start exercising, or get rid of those piles of paper and clutter – you can accomplish your long lived dreams and goals. Learn how to take active steps to get important tasks done, be on time, finish those big projects and get your great ideas to fruition. (Instructor, Susan Lovallo)

**Thursday • February 7 7:00-9:00 pm  
SHS Room 2032 \$29**

*Susan Lovallo, CPA, CPO is a Certified Public Accountant, Certified Professional Organizer and the owner of Clutter Solutions, LLC, a local company that focuses on organizing homes, offices, time and finances for individuals, families and businesses, as well as training in Quicken and QuickBooks. [www.ClutterSolutions.com](http://www.ClutterSolutions.com)*



## #096 Bridge 101 in the Afternoon (Beginner)

Learn the basics of bidding, play of the hand and defensive play. Conventions will be introduced to aid in the bidding along with instructive handouts. Bridge provides a good opportunity to create an active social life either locally, on the internet or world-wide. Join us and meet new friends as you learn the basics of this challenging game.

**8 Sessions Mar 6-May 1\* SHS Room 2033  
Wednesday 3:00-5:00 pm \$139/Sr \$115  
\*no class Apr 17**

## #194 Beginner / Advanced Beginner Bridge

This is the perfect opportunity for you to begin to learn the fascinating game of bridge or to brush up on those long forgotten rules and conventions. The beginner bridge class will introduce the language of bidding, scoring, guidelines for play, hand valuation, and some simple bridge conventions. Each class lesson will be followed by supervised play of preset hands. (Instructor, Jackie Fuchs)

**8 Sessions Jan 30-Apr 3\* SHS Room 2033  
Wednesday 7:00-9:00 pm \$139/Sr \$115  
\*no class Feb 13 & 20**

## #195 Intermediate Bridge

Improve your bridge skills and expand your knowledge of planning card play. The class will review simple hand valuation and bridge conventions. New conventions such as Gerber, Stayman, balancing, overcalls, doubles, and weak two bids will be introduced. Each class lesson will be followed by supervised play of preset hands. (Instructor, Jackie Fuchs)

**8 Sessions 7:00-9:00 pm SHS Room 2033 \$139/Sr \$115**

**#195a Thursday Jan 24-Mar 28 (no class Jan 31, Feb 21)**

**#195b Wednesday April 24-June 12**

## #095 Bridge – Play of the Hand

Players with all levels of bridge experience will enjoy this course focusing on offensive and defensive play of the hand. Come ready to learn techniques to improve your play. Hands will be prepared and randomly dealt. (Instructor, Jackie Fuchs)

**8 Sessions April 11-June 6\* SHS Room 2033  
Thursday 7:00-9:00 pm \$139/Sr \$115  
\*no class April 18**

**Register Early!  
Offering depend on  
minimum enrollments**

## #177 Yoga ~ for Beginners and Experts Alike



A complete mind-body system for the attainment of wellness. You will learn techniques to loosen muscles that are causing tension and eliminate weaknesses that are causing pain. Leave every class feeling refreshed and at peace. All levels are welcome. Please bring a mat and towel.

(Instructor, Sandy Adamczyk)

**12 Sessions**

**6:30-7:45 pm**

**\$222/Sr \$180**

**#177a** Jan 28-May 6 (no class Feb 18, Mar 25, Apr 15)

SHS 2nd Floor Mezz.

Monday

**#177b** Jan 24-Apr 25 (no class Feb 21, Apr 18)

SC\*

Thursday

\*Westport Center for Senior Activities, 21 Imperial Ave.

Sandra Adamczyk has studied Yoga for 35 years. She offers alternative positions in yoga to accommodate the need and capabilities of individual students and teaches Yoga throughout CT and NY.

See page 15 for Dance Your Way to Fitness and Fun with Sandy

## PILATES MAT AND TRX CLASSES

WITH CERTIFIED INSTRUCTORS

Co-Sponsored with Pilates for Every Body • A Place for Women to Build a Stronger Center

ALL CLASSES HELD AT 177 Post Rd. West (Nash's Plaza), Westport CT

[www.pilatesforeverybodywestport.com](http://www.pilatesforeverybodywestport.com) • All mats and equipment provided

If you have any question about which class is the best choice for you, please email or call before registering:  
[pilatesforeverybodywestport@yahoo.com](mailto:pilatesforeverybodywestport@yahoo.com)  
 or 203-226-1924

Due To The Popularity Of These Classes,  
 We Strongly Urge You To Register Right Away.  
 Class Sizes Are Limited And Fill Quickly!

### #978 Intermediate Pilates Mat Challenge

Both the Tuesday and Thursday mat classes are geared for the advanced beginner-intermediate level exerciser who has had some prior experience with the matwork. We will use a variety of small equipment and props to make the class fun, interesting, and challenging, including bands, boxes, Physio Balls, Yamuna body rolling balls, circles, the Bosu, and rollers! Note: if you have had no prior Pilates experience we strongly recommend arranging a private session with us to familiarize yourself with the repertoire before the first class. (Instructor, Charlene Erwin - Tuesday; Alison Bricken - Thursday)

**#978a** 10 Sessions **Feb. 5-Apr 30\***  
 Tuesday 10:30-11:30 am \$235

\*no class Feb 19, Mar 26, Apr 16

**#978b** 10 Sessions **Feb 7-May 2\***  
 Thursday 10:30-11:30 am \$235

\*no class Feb 21, Mar 28, Apr 18

\*Schedules are subject to modification to accommodate unexpected cancellations

### #965 TRX Suspension Training for Core and Strength

The TRX Suspension Trainer uses bodyweight and gravity for a strength training workout with focus on core muscles that are used in every exercise. A perfect compliment to the discipline of Pilates, TRX training gives participants an edge over conventional strength training. Every exercise in Suspension Training builds functional strength, balance and core stability all at the same time! By working with your own body weight your workout focuses on the human body as an integrated system. The benefits of Suspension Training are not just for the elite athletes, but for everyone who wants to improve their fitness level safely and rapidly with a fun and fast paced workout. Note: This class is not appropriate for those with shoulder injuries.

(Instructors, Alison Bricken and Charlene Erwin)

**#965a** 10 Sessions **Feb 6-May 1\***  
 Wednesday 10:30-11:30 am \$235

\*no class Feb 20, Mar 27, Apr 17

**#965b** 10 Sessions **Feb 8-May 3\***  
 Friday 10:30-11:30 am \$235

\*no class Feb 22, Mar 29, Apr 19



## #214 Lifestyle Weight Loss Solution ~ Boost Energy and Metabolism • Stop Food Cravings • Lose Belly Fat • Get Healthy!

**NEW**

Tired of dieting only to gain weight back? At the age where keeping weight off is getting harder? Always tired and fatigued? Learn a long-term weight loss and weight management system based on low glycemic index (GI) eating. Studies show low GI eating is effective in managing weight, decreasing cravings, increasing energy levels and aiding in managing cholesterol, blood pressure and inflammation. Topics covered will include what low glycemic index eating is, why it is effective, how it can boost your energy level, how to eat to permanently keep weight off, how to properly read a nutritional label, how stress affects weight, how to optimally exercise, and much more. Course is over 11 weeks, with 6 class meetings, and includes an assessment of key body measures at the first and last class. **Non-refundable materials fee of \$25 is included for handbooks and food journals.** See our website for more information. (Instructors, Laura Callahan - #214b and Kara Ganssle - #214a and #214c)

**11 weeks/6 class meetings \$159**

**#214a** Tues Jan 29, Feb 12, 26, Mar 12, 26, Apr 9  
7:00-8:15 pm SHS Room 2057

**#214b** Thurs Jan 31, Feb 14, 28, Mar 14, 28, Apr 11  
12:30-1:45 pm CS\*

**#214c** Wed Mar 27, Apr 10, 24, May 8, 22, June 5  
7:00-8:15 pm SHS Room 2057

\*Location is 1 Canal Street, Westport Public School  
(Westport Public Schools – Facilities Building)

Laura Callahan, owner of Optimal Health and Fitness, LLC., a nutrition and fitness consulting practice, has a MS in Human Nutrition and is also an ACE and AFAA Certified Personal Trainer. Kara Ganssle has an MS in Human Nutrition.



## #212 Intro to Fly Fishing (For adults or children age 12 & up)

Don't believe the hype about this exciting outdoor sport – fly fishing is not the sport for the chosen few anymore. Costs have come down and barriers to entry are now non-

existent. We will demystify the sport of fly fishing and get you started on this life long journey. You will learn about the history of the sport, differences between fresh/saltwater fly fishing, rod/reel weights, line differences and fly identification. We'll discuss local hot spots where you can gain access to both fresh and saltwater fly fishing opportunities in Westport. You will also receive a hands-on casting demonstration and instruction.

(Instructor, Eric Johnson)

**2 Sessions May 2 & 9 SHS Room 188  
Thursday 7:00-8:30 pm \$55**

Eric Johnson is the owner of Westport Outfitters (see website at [www.westportoutfitters.com](http://www.westportoutfitters.com)). After spending nearly 10 years in corporate product development, Eric is passionate about sharing his expertise and knowledge about the exciting sport of fly fishing.



## #141 Tennis for Adults

See our website for details about these Beginner/Advanced Beginner and Low Intermediate/Intermediate classes.

(Instructor, Greg Sansonetti)

**5 Sessions May 14-June 11 Tuesday  
SHS Tennis Courts \$129**

**#141a Beginner/Advanced Beginner 6:00-7:00 pm**

**#141b Low Intermediate/Intermediate 7:00-8:00 pm**

## #175 Badminton ~ Coed

Looking for a great way to exercise and have fun at the same time? Beginning players as well as experienced players – this is the place to be. Meet and play with new friends. You'll leave with a new appreciation for the sport of real Badminton. Sneakers and badminton racquet required. Racquets available, if needed. (Instructor, Peter Bartush)

**10 Sessions Mar 27-June 5\* SHS Gym  
Wednesday 7:30-9:30 pm \$135**

\*no class Apr 17

Peter Bartush is an award winning badminton player who has been coaching badminton to adults and children in Fairfield County for over 19 years.

## #192 Adult Swimming ~ Beginner to Advanced

Learn how to swim or how to swim well! Swimming is one of the best overall exercise methods, and there is no stress on your joints. Treat yourself to the pleasure of swimming! Teaching is to your level and your pace. For first time learners or for those brushing up on long forgotten strokes. (Instructor, Bill Evans)

**6 Sessions Feb 27-Apr 3 SHS Pool  
Wednesday 7:30-8:45 pm \$95/Sr \$84**

## #308 How To Be Your Own Hypnotist

How many times have you set a goal and really tried but still you failed? You know what happens: you're 100% confident when you set the goal but then reality sets in and it's the same old story; you end up giving up your dream. It doesn't have to be that way! Learn how to change your life by learning how to change your thinking. In this powerful workshop you will learn how to program your mind for success using hypnosis and creative visualization. Learn how to set and achieve goals, how to break unwanted habits and how to find inner joy in everyday life. End the struggle with your old self-limiting negative programming and become the person you're meant to be. Hypnosis is the fastest and best way to change your life! (Instructor, Fern Tausig)

**3 Sessions March 4-18 SHS Room 2028  
Monday 7:00-9:00 pm \$89**

Fern Tausig, CH, MS, MHT, is a former health educator and home economics teacher who uses her knowledge of nutrition, meal planning and stress management to bring you the information and skills you need to finally lose that unwanted weight. She is a Consulting Hypnotist who is certified by the National Guild of Hypnotists and the International Association of Counselors and Therapists.

## #216 First Aid/ CPR/ AED

Training meets OSHA Guidelines for First Aid Programs. Lifesavings skills covered will include:

- **First Aid:** learn to recognize and care for a variety of first aid emergencies, such as burns, cuts and scrapes, sudden illnesses, head, neck and back injuries, and heat and cold emergencies.
- **CPR Adult:** learn how to perform CPR and care for breathing and cardiac emergencies in adults
- **CPR Child and Infant:** learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12
- **AED:** learn how to use automatic external defibrillators

Students must be present for entire class time to receive certification. (Instructor, Jesus Velazquez Jr.)

<b>#216a</b>	<b>3 Sessions</b>	<b>Feb 27-Mar 13</b>	<b>SHS Room 1036</b>
	<b>Wednesday</b>	<b>7:00-9:15 pm</b>	<b>\$149</b>
<b>#216b</b>	<b>2 Sessions</b>	<b>May 4 &amp; 11</b>	<b>SHS Room 1036</b>
	<b>Saturday</b>	<b>9:00 am-12:15 pm</b>	<b>\$149</b>



## #213 Connecticut Child Care NEW

Learn infant and child CPR, how to administer first aid, prevent injuries, recognize childhood communicable diseases, and identify safe action at the onset of illness. This course is specifically designed to meet the specific training requirements mandated by the State of Connecticut daycare licensing agency for persons working in a daycare setting - you will receive your certification or recertification after completion of this course. (Instructor, Jesus Velazquez Jr.)

<b>2 Sessions</b>	<b>Saturday</b>	<b>SHS Room 1034</b>
<b>#213a</b>	<b>Feb 2 &amp; 9</b>	<b>9:00 am-1:30 pm</b>
<b>#213b</b>	<b>Apr 6 &amp; 13</b>	<b>9:00 am-1:30 pm</b>
		<b>\$225</b>

**No registration fee if you register online**

# Home

## #436 Renovate Right NEW

If you are planning a renovation project or even considering one, whether it's a massive addition to your home or a small bathroom, you will find value in this course. Learn project basics, how to set appropriate/realistic time frames and agree on a fair price for a job. Find out what contractors need from YOU, as well as how to avoid common pitfalls to keep your project on a steady course to completion. Leave confident and prepared to hire the right contractor to enable you to move forward with the renovation, build equity, and get it done right! (Instructor, Lucas Papageorge)

**2 Sessions**      **March 14 & 21**      **SHS Room 1036**  
**Thursday**      **7:00-9:00 pm**      **\$25**

*Lucas Papageorge, founder of LCP General Contracting LLC, has an extensive background in engineering and construction. Visit [www.lcpgc.com](http://www.lcpgc.com) for more information about the instructor.*



## #111 Stage Your Home to Sell!

Would you like to sell your home more quickly

... and at top dollar? Stage it! In this fun, interactive class, you will learn some tricks of the trade and receive guidance on what needs to be done to make sure your home appeals to the largest number of buyers. (Instructor, Kathy Engstrom)

**Wednesday • Mar 6 3:00-5:00 pm SHS Room 2028 \$25**  
*Kathy Engstrom, owner of A Fresh Eye, LLC, is a real estate staging professional and redesign professional.*



## #115 Selling Your Home in Today's Market

Selling a home today is vastly different than it was in the past, requiring different strategies now that the economy is uncertain, buyers outnumber sellers, and the internet has changed everything about how real estate is bought and sold. Learn how to be a savvy and successful seller, including proper pricing strategy, presenting your home online, the role of staging, how to get buyer agents on your side, how to negotiate and much more. If you are thinking of selling anytime soon, you will enjoy this informative and interactive session. (Instructor, Evi Coghlan)

**Saturday 9:30 am-12 noon SHS Room 1052**

<b>#115a</b>	<b>Jan 26</b>	<b>\$35</b>
<b>#115b</b>	<b>Mar 9</b>	<b>\$35</b>
<b>#115c</b>	<b>May 11</b>	<b>\$35</b>

*Evi Coghlan is a top-producing agent with Coldwell Banker and a long-time real estate columnist for the Westport News. She is a Seniors Real Estate Specialist (SRES) as well as an expert in land valuation, hard-to-sell properties and online property marketing.*

**Want to teach a class for us?**  
**Complete a course proposal packet at our website:**  
**[www.westportcontinuinged.com](http://www.westportcontinuinged.com)**

## French

### #863 French for Tourists

Go on a make-believe trip to France. Learn French phrases and expressions so you will feel confident on your trip to any of the French speaking countries in the world. We will discuss how to hold a conversation in French from the airport to your hotel, from greeting someone to going on a shopping spree, from taking a metro (subway) to getting your rental car serviced. We'll discuss French cuisine and how to order food. You'll be able to ask for directions to the cinema and museums. Learn about French culture. Make your trip easy and more enjoyable! **Non-refundable materials fee of \$10 is included.**

(Instructor, Nell Mednick)

**10 Sessions**      **Jan 28-Apr 22\***      **SHS Room 2046**  
**Monday**      **7:00-9:00 pm**      **\$169/Sr \$145**  
 \*no class Feb 18, Mar 25, Apr 15

### #970 Intermediate Conversational French

This class is for those who have taken Basic Conversational French or French for Tourists class. Students should purchase and bring to class the following book: *French All the Way* by Annie Heminway. (Instructor, Nell Mednick)

**10 Sessions**      **Jan 30-Apr 24\***      **SHS Room 2046**  
**Wednesday**      **7:00-9:00 pm**      **\$159/Sr \$135**  
 \*no class Feb 13, 20, Apr 17



**No registration fee if you register online.**

## Spanish



### #947 Spanish for Beginners

This course provides solid syntax, grammar and vocabulary foundations. Learn essential and valuable tools to develop comprehension and communication skills. Latin American cultural issues will be discussed as well. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

**9 Sessions**      **Jan 28-Apr 8\***      **SHS Room 1055**  
**Monday**      **6:45-9:00 pm**      **\$159/Sr \$135**  
 \*no class Feb 18, Mar 25

### #948 Spanish ~ Intermediate

Building on Spanish for Beginners, this course goes into more advanced grammar, speech and cultural subjects and delves into exercises aimed to gain strong conversational and writing skills. Business communications skills are likewise emphasized. **Cost of textbook and workbook for Spanish for Beginners and Spanish Intermediate is \$60, payable to the instructor.** (Instructor, Fernando Rincon)

**10 Sessions**      **Jan 22-Apr 9\***      **SHS Room 1055**  
**Tuesday**      **7:00-9:00 pm**      **\$159/Sr \$135**  
 \*no class Feb 5, 19

### #140 Curso Avanzado de Espanol

Este curso estara basado en conversacion avanzada. Usaremos eventos contemporaneos y discutiremos temas economicos, sociales, politicos y artisticos. Sera una gran oportunidad para mantener un alto nivel del Espanol hablado. Se sugiere que los participantes tengan la habilidad de mantener un ritmo avanzado del lenguaje. (Instructor, Horacio Ballesteros)

**10 Sessions**      **Jan 29-Apr 23\***      **SHS Room 1054**      **Tuesday**      **6:45-8:45 pm**      **\$174/Sr \$135**  
 \*no class Feb 5, 19, Apr 16

### #949 Clase de Conversación en Español **NEW**

Posees una base sólida de vocabulario y gramática? Deseas fortalecer tu habilidad y confianza para comunicarte verbalmente en Español dentro de un ambiente bicultural y con contenido social, familiar o de negocios? Si tu respuesta es afirmativa, este curso es para tí. Dentro de un ambiente informal y divertido de participación total, discutiremos temas de interés general, seleccionados en equipo, para optimizar los resultados deseados. (Instructor, Fernando Rincon)

**9 Sessions**      **Jan 30-Apr 10\***      **SHS Room 1055**  
**Wednesday**      **6:45-9:00 pm**      **\$159/Sr \$135**  
 \*no class Feb 13, 20

### #965 Spanish for Tourists

Planning a trip? Learn basic vocabulary and phrases to increase your travel pleasure! Learn about the culture of different Spanish speaking countries. Students should purchase and bring to class: *Learning Spanish* (5th Edition) by Gail Stein and *Spanish, a language map* by Kristine K. Kershul. (Instructor, Horacio Ballesteros)

**10 Sessions**      **Feb 7-Apr 25\***      **SHS Room 1054**  
**Thursday**      **6:45-8:45 pm**      **\$174/Sr \$135**  
 \*no class Feb 21, Apr 18

**See ESL classes on pp 2-3**



**Italian**



**#134 Italian ~ Level 1**

This is a beginning course in Italian. Emphasis is on comprehension, core vocabulary, grammatical structure and elementary conversation. No previous knowledge of Italian is required. (Instructor, Bill Vuono)

**10 Sessions** **Jan 30-Apr 24\***  
**SHS Room 1047** **Wednesday**  
**7:00-9:00 pm** **\$164/Sr \$124**

\*no class Feb 13, 20, Apr 17

**There is an additional fee for language texts/materials**

**#144 Italian for Tourists**

This fun course is ideal for students who are planning a trip to Italy and those who just wish to learn Italian through scenarios, dialogues and real-life situations without studying the grammar. (Instructor, Lee DeMilo)

**10 Sessions** **Feb 7-Apr 25\*** **SHS Room 1047**  
**Thursday** **7:00-9:00 pm** **\$159/Sr \$129**

\*no class Feb 21, Apr 18

*Lee DeMilo is a native Italian with a cultural and educational background acquired both in Italy and in the U.S. She is a graduate of Quinnipiac College and is the owner of Lingua e Cucina™, a private Italian language company in Silvermine which promotes the Italian language, culture, cuisine and lifestyle. For more information, visit [www.linguaecucina.com](http://www.linguaecucina.com)*

**Look for our Summer 2013 catalog in March**

**M**oney Matters

*NOTE: Our instructors are hired to teach general concepts to groups of students, not to provide specific investment advice to individuals. Students should consult their own financial advisor or attorney before making any investment decisions based on specific examples used by our instructors.*

**#167 Social Security: Getting the Most Out of Your Benefits**

Confused about Social Security Benefits? Topics will include: How social security benefits work and the role it should have in a retirement plan; when to start taking benefits; working and receiving benefits; and maximizing benefits along with opportunities to increase benefits throughout retirement. Guest speaker will be an expert from the Social Security Administration. (Instructor, Greg Rodiger)

**Tuesday • May 14 7:00-9:00 pm SHS Room 2032 \$39**  
*Greg Rodiger is a Certified Financial Planner with The Connecticut Group in Westport. He has a master's degree in financial planning, is listed in "Who's Who in Business and Industry," and has over 20 years of advisory experience. He has been teaching with us for over 9 years.*

**#190 Protecting Yourself Against Identity Theft**

**NEW**

Each year almost ten million Americans become victims of identity theft and this activity is costing individuals and businesses in the U.S. roughly \$48 billion per year. Staying aware of the problem and facing it head on can keep you ahead of the identity thieves. Get information and learn about resources you can use toward protecting yourself from becoming a victim. (Instructor, John Brenkovich)

**Wednesday Feb 27 SHS Room 2032 \$20/Sr No Fee**

**#190a 3:00-4:30 pm**

**#190b 7:00-8:30 pm**

*John Brenkovich, CFP, ChFC, AAMS, is owner of Brenkovich Financial Management, Inc. and is a CERTIFIED FINANCIAL PLANNER Professional, Financial Advisor & Registered Principal and Licensed Life Insurance Agent.*

**#143 Fundamentals of Investing**

Before you invest your money, you should know what you are buying and why you are buying it! Through discussion and class materials, we will demystify the world of investing. You will come to understand the meaning of cash equivalents, bonds, stocks, mutual funds, and annuities, and how each category can work for you. This is an excellent course for learning about the basic asset classes and simple strategies for a lifetime of investing. (Instructor, Brenda Catugno)

**2 Sessions** **Apr 2 & 9** **SHS Room 1047**  
**Tuesday** **7:00-9:00 pm** **\$29/Sr No Fee**

*Brenda Catugno, ChFC, CDFP, CASL, specializes in financial planning, portfolio management and divorce financial analysis, and offers a wide variety of solutions to meet clients needs. She has been teaching this course with us for 13 years.*

# Money Matters

## #191 7 Financial Steps Every Woman Needs to Know

NEW

Baffled by where your money is going? Does retirement seem unreachable? Tired of living without a realistic financial plan? Stop being reactive; become proactive about your money! Whether you need help getting started or are already minding your finances but want to take it to the next level, learn seven action steps every woman needs to maintain financial sanity. Leave with tips you can implement immediately to: feel confident your credit is in solid shape • know exactly how much you need for retirement • create realistic goals that actually are implemented • learn about mutual funds • spend without guilt • stave off the bag lady nightmare! You can't afford NOT to attend! Time will allow for Q and A. (Instructor, Galia Gichon)

SHS Room 1036 \$35

#191a Wednesday Feb 6 7:00-9:00 pm

#191b Saturday March 9 9:30-11:30 am

*Galia Gichon, an independent national personal financial expert with more than 18 years in financial services, is the founder of Down to Earth Finances which offers individual sessions and seminars to address personal financial needs without selling any investments. For more information about Galia visit [www.downtoearthfinance.com](http://www.downtoearthfinance.com)*



## #162 Estate Planning

This is a detailed seminar on estate planning techniques and estate administration, with an emphasis on reducing or avoiding transfer taxes and maximizing lifetime wealth. There will be an in-depth review of federal and state transfer tax laws, including what "repeal" means and what changes in the law we may see. Learn about the probate process and avoiding probate, how wills and trusts are used in estate planning, how to plan for incapacity, and the importance of re-titling assets and updating beneficiary designations. Class will also include retirement assets, gifting, Medicaid, life insurance, sophisticated planning, and more! Case studies will be included.

(Instructor, Patricia R. Beauregard, Esq.)

3 Sessions Feb 6-27\* SHS Room 2030

Wednesday 7:00-9:00 pm \$65/Sr \$39

\*no class Feb 20

*Patricia R. Beauregard is a partner at Pullman & Comley, LLC in the Trusts & Estates department. Her practice includes estate and tax planning, wills, trusts, probate, estate administration, trust administration, and tax exempt law, including formation of charitable entities.*

# Music • Dance • Drama

## #238 Beginning Guitar

The benefits of learning to play a musical instrument are well documented. You may already have a guitar in the house. Now you can learn what you need to get started ... tuning, rudimentary technique and understanding of music notation and tablature ... using familiar songs to make learning fun! Bring your own instrument (left-handed guitars are recommended for left-handed players) (Instructor, Gene Pino)

5 Sessions Mar 6-Apr 3 SHS Room 460

Wednesday 7:30-8:30 pm \$99

*Gene Pino studied under Chuck Wayne and Linc Chamberland, attended Berklee College of Music and The Manhattan School of Music. He teaches private lessons in his Westport Studio, has been teaching guitar for 30 years and has been teaching with us for 10 years. One grad of the prestigious University of Miami School of Music says, "Gene Pino is..... by far the best teacher player, and mentor of all of them."*

## #240 Guitar II

This is a continuation of Beginning Guitar. Also open to students who have played in the past and would like to restart their interest and to previously enrolled participants who enjoy playing in a group with other guitar enthusiasts and would like to review and pick up a few tips. Bring your own instrument. (Instructor, Gene Pino)

5 Sessions Apr 24-May 22 SHS Room 460

Wednesday 7:30-8:30 pm \$99



## #286 Shakespeare 101 NEW

Lady Macbeth, Richard III, and Hamlet are some of the most fascinating characters ever created. Explore some of Shakespeare's greatest creations and gain insight into his characters and their performance. Learn how to read his plays as an actor, to understand the clues for character, breath and physicality, and in the process learn to perform a monologue. We'll break down a script, understand its structure, and find clarity and the emotional truth in his plays. Wear comfortable clothes as you will be on your feet for a good bit of class. (Instructor, John Flaherty)

6 Sessions Feb 12-Mar 26\* SHS Room 1051

Tuesday 7:00-9:00 pm \$65

\*no class Feb 19

*John Flaherty has an MFA from the Academy of Classical Acting at the George Washington University; his theatre credits include The Shakespeare Theatre, Ford's Theatre and Kings County Shakespeare Company.*

Become a US Citizen ~ see p 3



**#277** Dance Your Way to Fitness and Fun **NEW**

Develop style, balance and a better understanding and feel of music and dance. Learn the different rhythms and basic dance moves to music ranging from Spanish melodies to rock

and roll and dance to the classical Waltz. Get a great aerobic workout while having fun. No partner required.

(Instructor Sandra Adamczyk)

**12 Sessions** Jan 29-May 7\* **SHS 2nd Floor Mezz.**  
**Tuesday** 6:30-7:45 pm **\$222/Sr \$180**

\*no class Feb 5, 19, April 16

*Sandra Adamczyk is an experienced, award winning professional dancer and dance instructor.*

**See Sandy's Yoga on p 9**

**#951** Ballroom Dancing for Everyone!

Dancing is great exercise and a proven mood lifter. Couples and singles welcome. Come ready to dance and have fun! Smooth soled shoes are recommended. **Class location is St. Francis of Assisi Church, 35 Norfield Road, Weston, CT (just over the border from Westport)**

(Instructors, Michael and Nicole Stavola)

**8 Sessions** Feb 27-Apr 24\* **Wednesday** **\$120**

\*no class Apr 17

**#951a** Beginner level – 7:00-7:45 pm - Learn fast dances, slow dances and Latin dances, like tango, swing, salsa and hustle. Perfect for any ability level.

**#951b** Intermediate Ballroom Dancing – 7:45-8:30 pm - Move beyond the basics in all areas including footwork, timing, leading and following, as you learn new steps and variations that will add more excitement to your dancing.

*Michael and Nicole Stavola are the directors of Ballroom Dancesport and CT Kids Dance. They are professionally certified and have been dancing, teaching and competing in ballroom for over 30 years. For more information about the instructors, visit [www.ballroomdancesportct.com](http://www.ballroomdancesportct.com)*

# T echnology • Computers

**Classes will be taught on latest software programs**



**#121** Intro to MAC Operating System

Learn to use your Macintosh computer more efficiently and increase your productivity. Learn about the operating system, keyboard, desktop navigation, the internet, editing text, fonts, special characters, maintenance, disks, sound and more. *Prerequisite: familiarity with*

*the keyboard.* (Instructor, John Agostino)

**4 Sessions** May 14-June 4 **SHS Room 1029**  
**Tuesday** 7:00-9:00 pm **\$95**

**REGISTER EARLY**

Offerings depend on minimum enrollment.  
 Don't take a chance that your class may be cancelled or filled.

**#637** iPad Overview: Now that I got an iPad, what can I do with it?

Are you one of the millions of lucky iPad owners? Learn the basics of how to maximize your productivity and fun with email, the internet, managing your calendars and address book contacts, reading books and magazines, downloading and watching TV show, movies, news, listening to music, viewing and sharing your photos and so much more! Learn how to download, buy, and organize iPad apps, music, ibooks, and movies through an iTunes account. Many tips, tricks and other info that you won't want to miss! *Prerequisite: bring your fully charged iPad.* (Instructor, Janet Lengel)

**2 Sessions** SHS Room 1029 7:00-9:00pm **\$49**

**#637a** Monday Feb 4 & 25

**#637b** Wednesday April 3 & 10

**We offer English as a Second Language**  
 ~ daytime and evening classes ~  
 see pp 2-3



## #117 Quicken 2011

Quicken is the leading personal finance software. It is ideally suited for the individual looking to organize their financial life. This class is designed for the beginning user and will cover the basic functions of Quicken including set-up, managing bank, credit card, and investment accounts. Learn how to record transactions, print checks, and reconcile accounts. Time will be allocated in each class for practical hands on practice. *Class will be taught on PC's.* (Instructor, Tom Olson)

**#117a** 4 Sessions **Apr 23-May 14** SHS Room 1033  
 Tuesday 7:00-9:00 pm \$159/Sr \$139

**#117b** 2 Sessions **Mar 2 & 9** SHS Room 1033  
 Saturday 9:00-12:00 noon \$135/Sr \$115

## #217 QuickBooks 2011

QuickBooks is the leading small business Bookkeeping software. Designed for beginning QuickBooks users, the classes will cover the basics of deciding which version of Quickbooks is right for you, as well as accounting basics as it relates to QuickBooks, how to set up a company, track expenses and income. Learn how to work with lists, payroll, and reports. Time will be allocated in each class for practical hands on practice. *Class will be taught on PC's.* (Instructor, Tom Olson)

**#217a** 4 Sessions **Mar 5-26** SHS Room 1033  
 Tuesday 7:00-9:00 pm \$159/Sr \$139

**#217b** 2 Sessions **Feb 2 & 9** SHS Room 1033  
 Saturday 9:00-12:00 noon \$135/Sr \$115

## #715 Introduction to the Art of Animation

**NEW**

Have a passion for animated films? Have you ever wondered how they are created? Immerse yourself and discover the basics of 3D art form! Learn the similarities and differences between 3D and 2D art. You will be introduced to Sketchup and Autodesk Maya and learn the main tool set of an animator. (Instructor, John Agostino)

**5 Sessions** **Feb 4-March 11\*** SHS Room 1003  
 Monday 7:00-9:00 pm \$69

\*no class Feb 18

*John Agostino has a degree in Computer Animation from Full Sail University and currently works as a 3D Artist.*

## #716 The Art of Animation

**NEW**

Building on the basics of the 3D art form, learn modeling, texturing, lighting, animating, and the fundamentals of 3D animation techniques that will help you create fascinating 3D scenes, while improving your observation skills as an artist. *Prerequisite: Art of Animation class or permission of the instructor.* (Instructor, John Agostino)

**5 Sessions** **April 1-May 6\*** SHS Room 1003  
 Monday 7:00-9:00 pm \$69

\*no class April 15

**Register Early!!!**



## #619 Basic Photoshop CS5

For photographers, hobbyists, and those who want to work with digital images. Through studio experience, hands-on work, and lecture, we'll explore the ins and

outs of Adobe Photoshop. Topics include: selections and project montage, layer management, scans (reflective, transparent), image manipulation, retouching, and keyboard shortcuts. *Class will be taught on PCs.*

(Instructor, Craig Burry)

**5 Sessions** **Feb 7-Mar 14\*** SHS Room 2034  
 Thursday 7:00-9:00 pm \$189

\*no class Feb 21

*Craig Burry is a freelance art director and owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for more than 7 years.*

## #890 Intermediate/Advanced Photoshop CS5

Explore the complexities of digital retouching, filtering, and enhancing your photos! Learn how to eliminate scratches, blemishes, and red eye. Learn dodge, burn, saturation, adjustment levels, and curves. We'll cover backgrounds, cropping, gradations, silhouettes, and low key, mid key, and high key. Learn how Bitmapped images and Pixels compare to halftone screening. Learn important functions, tools, methodology, and vocabulary, in applying Photoshop to your field of interest. *Prerequisite: basic understanding of Photoshop.* *Class will be taught on PCs.*

(Instructor, Craig Burry)

**5 Sessions** **Mar 28-May 2\*** SHS Room 2034  
 Thursday 7:00-9:00 pm \$189

\*no class Apr 18

Visit us online

by scanning the QR code  
 with your smartphone or iPhone  
 (with appropriate app)



No registration fee if you register online

The classes on this page will be taught on PCs. Skills learned are transferable to MAC computers. Students should bring a flash drive (minimum 2G) to class to save your work on.

The instructor for these classes is Alan Weaver who has been teaching computer, technology, and Photoshop classes for Westport Continuing Education for 16 years. He is the owner of the BIG Picture which provides computer training in Microsoft Office and Photoshop products, as well as web design and marketing plans for small and medium size businesses. In addition, Mr. Weaver is an adjunct professor at Housatonic Community College where he teaches computer and business courses.

## #131 Intro To Computers

Do you have limited experience with computers? Or are you looking to improve basic skills to keep up at work or with your friends and family? You will start off learning about the Internet so you can safely and effectively research, shop, and pay bills online. Discover which social networking sites such as Facebook and LinkedIn are useful. Learn how to email including opening and sending attachments. Learn the basics of the Windows operating system and how to organize your files in folders. Computer safety issues and uploading photos to your computer will also be covered.

**3 Sessions**      **Feb 7-28\***      **SHS Room 1033**  
**Thursday**      **6:45-9:15 pm**      **\$99/Sr \$75**

\*no class Feb 21

## #118 MS PowerPoint 2010

Want to create impressive and effective presentations? Learn how to create presentations complete with graphics, charts and data imported from spreadsheets. Discover visual effects and new graphic features including SmartArt. Customize your presentations with graphics, logos, and more. Learn how to create templates that can be re-used. Students have the option to purchase and bring to class *Microsoft Office 2010 Simplified* by Kate Shoup.

**2 Sessions**      **Apr 24 & May 1**      **SHS Room 1033**  
**Wednesday**      **6:45-9:15 pm**      **\$75/Sr \$65**

## #153 Intro to MS Office 2010 ~ 1 day workshop!

**NEW**

Are you about to re-enter the business world or need to brush up on your skills? Join us for a hands-on introduction to MS Office. In **Windows 7**, learn about multiple windows, resizing them, and organizing your work with folders. In **Word**, learn the basics of creating, editing, and printing documents including cut, copy, paste, margins, formatting with font and type size, mouse and shortcut keys, and spell check. In **Excel**, see how spreadsheets automate what we do on a calculator, and work with charts and graphs. In **PowerPoint**, create a mini-slide show through the use of special graphics and other features. This one day workshop will get you prepared! Lunch will be provided. Students have the option to purchase and bring to class *Microsoft Office 2010 Simplified* by Kate Shoup. *Class will be taught on PCs. Prerequisite: familiarity with the mouse and the keyboard.*

**Wednesday • April 17**      **9:00 am-4:00 pm**  
**SHS Room 1033**      **\$145**

## #013 MS Excel 2010 for Beginners

Learn to design and use spreadsheets for business and home use, create formulas and functions, format and manipulate data, sort lists, prepare charts, and many other features including working with large spreadsheets. Discover the new features of Excel 2010. Students have the option to purchase and bring to class *Microsoft Office 2010 Simplified* by Kate Shoup. *Prerequisite: familiarity with the mouse and keyboard.*

**4 Sessions**      **Feb 25-Mar 18**      **SHS Room 1033**  
**Monday**      **6:45-9:15 pm**      **\$149/Sr \$129**

## #014 Intermediate MS Excel 2010

This class is for those of you familiar with Excel basics. We'll work with formulas, learn how to manage large sheets of data in sorting and filtering, how to use shortcuts with large amounts of data, and how to link several Excel files together. Perform mail merge with Word so you can create letters, labels, and envelopes. Learn how to track errors, work with time functions, multi-level if statements and more. Bring files to class on a flash drive if you would like to discuss your specific needs. Students have the option to purchase and bring to class *Microsoft Office 2010 Simplified* by Kate Shoup. *Prerequisite: Beginner Excel class or a basic knowledge of Excel.*

**2 Sessions**      **Apr 1 & 8**      **SHS Room 1033**  
**Monday**      **6:45-9:15 pm**      **\$75/Sr \$65**

## #644 Organize Your Computer

**NEW**

Is your computer cluttered with files on the desktop, in folders named folder(1), folder(2), etc.? The clutter is invisible but it can slow you down. Are you trying to figure out a way to set up a file system? Are photos mixed up with videos and a financial statement? Working with Windows 7, you'll learn shortcuts in creating folders, naming/renaming files, and developing a system that keeps them organized. Discover tips on how to find that missing letter you sent 3 years ago!

**Saturday • April 6**      **9:00 am-12:00 noon**  
**SHS Room 1033**      **\$39**

## #645 InDesign CS5

**NEW**

Learn how to use InDesign CS 5, the popular page layout software used for desktop publishing, to design and create professional printed materials including ads, books, magazines, brochures, postcards, letterhead, business cards and more. Discover shortcuts to integrate photos, tables and Word files into your document. You don't need to be a designer or artist to produce professional looking documents for your own work or hobbies. *Prerequisite: familiarity with a mouse and keyboard.*

**2 Sessions**      **March 2 & 9**      **SHS Room 2034**  
**Saturday**      **9:00 am-1:00 pm**      **\$159**

**No registration fee  
if you register online.**

# T echnology • Computers

## #642 Blogging 101

A blog is a powerful tool for promoting a cause or communicating ideas. Whether you're an entrepreneur, a concerned citizen, or looking to collaborate on a project or event, a Web blog is the way to go! In this introductory course, you'll explore different ways to use blogs, explore various blogging tools, show you how to effectively organize your information to get started, and how to draw interest in your blog. Students will work with WordPress.com. If you wish to set up your account the first night, bring your email address and password with you. *Pre-requisite: Microsoft Word or equivalent and Internet basics.* (Instructor, Alan Weaver)

**2 Sessions**      **Mar 14 & 21**      **SHS Room 1033**  
**Thursday**      **7:00-9:00 pm**      **\$65**

## #635 Facebook, Twitter & Social Networking

In this **demonstration class**, learn what kids, parents, grandparents and businesses use different social networking sites for and how to set up your accounts. Social networking sites such as Facebook, Twitter and LinkedIn let you connect to, and network with, other people, both personally and professionally. Learn about maintaining your privacy. (Instructor, Alan Weaver)

**Thursday • March 7**      **6:45-9:15 pm**  
**SHS Room 1033**      **\$39**

## #640 Building Your Presence On LinkedIn

LinkedIn is a powerful social network for sharing professional credentials. You can use LinkedIn to find new clients, business opportunities, qualified employees or even a new job. LinkedIn can be helpful to anyone with a business or looking to develop their career as it can be used for business networking and re-connecting with former colleagues. Learn about creating your LinkedIn account and making it effective so you can increase your visibility. (Instructor, Alan Weaver)

**Thursday • March 28**      **6:45-9:15 pm**  
**SHS Room 1033**      **\$39**

## #643 Pinterest

Pinterest is a new and fast growing social networking site that connects people through things they find interesting. It is an online bulletin board that allows users to organize and share their theme-based ideas such as hobbies, wedding planning, decorating, recipes and more. By browsing pinboards created by others, you can discover new things and inspiration from others with similar interests. Learn how to be invited to participate on Pinterest and how it interacts with Facebook and Twitter. Business owners can use it to build interest among clients. This class will be a **demonstration format** and a handout will be provided. (Instructor, Alan Weaver)

**Thursday • May 2**      **7:00-9:00 pm**  
**SHS Room 1047**      **\$29**

## #641 Social Media: Business Prospecting in the Digital Age

For those of you with, or about to create, an online presence, it is important to possess a social network presence on social media venues such as Facebook, Twitter, LinkedIn, YouTube, and Yelp. Learn how to attract more visitors and customers. In this in-depth **demonstration format review** of these social media sites, learn about the relevance to your business, how to sustain good customer relations and create fans of your business, and how to create content that will be found by search engines. A review of Google Analytics which provides traffic, key word searches to your site, and more will be presented. A detailed handout is provided. (Instructor, Alan Weaver)

**Thursday • April 11**      **6:30-9:30 pm**  
**SHS Room 1033**      **\$45**

## #636 Buying and Selling On Ebay

In this **demonstration class**, you'll learn how to buy and/or sell on the most popular auction site on the web. Sell your unwanted stuff and make money to buy new treasures! Don't buy retail again. We will discuss bidding and selling strategies. Learn about the different auction types, fees, how to write effective descriptions, shipping options, how to set up an eBay buyer and/or seller account, use PayPal payment service, upload digital images, etc. (Instructor, Alan Weaver)

**Thursday • April 25**      **6:30-9:30 pm**  
**SHS Room 2038**      **\$45**



## #911 Google & Beyond

There is a lot more to Google than meets the eye. Learn techniques to improve your research and which features to avoid. Discover many of the hidden features including word processing, spreadsheets, maps, and photo retouching. Discover how you can analyze and improve traffic to your website. Discover other search engines that are less overwhelming. *Prerequisite: familiarity with the keyboard and the Internet.* (Instructor, Alan Weaver)

**Thursday • May 9**      **6:30-9:30 pm**  
**SHS Room 1033**      **\$45**

## #062 Launching A Website

Do you have a website or are you considering creating one? In this **lecture/demonstration class**, learn whether this can be a do-it-yourself project or requires a professional firm. Learn about the value of SEO (search engine optimization) and what social networking (LinkedIn, Twitter, Facebook, YouTube, etc) may be helpful for your business. *Class will be taught on PCs.* (Instructor, Alan Weaver)

**Thursday • Apr 4**      **6:30-9:30 pm**  
**SHS Room 1033**      **\$45**

**We offer Adult Basic Skills/GED Preparation**  
~ daytime and evening classes ~  
see pp 2-3

**Register Early –**  
**Offerings depend on minimum enrollment**



## ONLINE COURSES WITH

**Westport Continuing Education** has partnered with **ed2go** to offer a wide range of highly interactive courses that you can take entirely over the internet. Our online courses are affordable, fun, fast and convenient and are taught by expert instructors. Take courses from the comfort of your home or office at the times that are most convenient for you. You can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. New classes are added frequently.

### **Among the categories of course offerings are:**

Computer Applications • Internet • Networking • Web and Computer Programming • Graphic Design  
Creating Websites • Career Training • Personal Finance • Professional Interpreter  
Writing • Singapore Math Strategies • Health and Wellness • Job Search • Business and Management • Languages  
Test Prep • Teaching and Education • Marketing • Certification Prep • Health Care  
Human Resource Professional ... and much more!!  
For more information about our online course offerings,  
go to [www.westportcontinuinged.com](http://www.westportcontinuinged.com) and click on the **ed2go** link.

## Teaching Opportunities

**Have an idea for a course? We are always looking for great course ideas and instructors! Please go to our website ([www.westportcontinuinged.com](http://www.westportcontinuinged.com)) and fill out a course proposal packet!**



### **Why take our after school programs?**

- fun, stimulating & relaxing classes
- safe environment
- all staff have passed background checks

**After School Programs on New Shortened School Days (Art, Golf, Karate, Magic)**

**January 30 & February 27**

**See our website for details**

**KID'S CLASSES follow the Westport Public School calendar.** Unless otherwise noted, our classes do not meet on Westport Public School Holidays, Staff Development Days, or Shortened School Days and Elementary students do not have classes during teacher conferences, T, W & Th, Apr 9, 10, 11

**PLEASE MARK CLASS DATES ON YOUR CALENDAR!** *Note that dates listed below do not take into account any unforeseen school closings.*

**PLEASE BE PROMPT IN PICKING UP YOUR CHILD TO AVOID LATE FEES** • Please understand that our instructors have commitments after class. Late fees will apply for children picked up more than 5 minutes after class. Late fees are: \$10 for 5 minutes after class; \$20 for each 15 minute increment thereafter.

## #836 Sports and Homework Clubs (Gr. 2-5)

Are you looking for fun and excitement after school? This is the club for you! Benefit from teacher directed homework/tutoring sessions and enjoy fun filled sports and activities! Play sports and activities such as basketball, soccer, flag football, wiffleball, kickball, capture the flag and much more! Gain a strong sense of satisfaction and achievement in a non-competitive atmosphere. Develop physical skills, do your homework, meet new friends and have fun participating! Be a part of our team this school year!

GFS Room 232 & Gym	Don Savage	3:00-5:00 pm	8 Sessions
#836g Tuesday	Jan 15-Mar 12 (no class Feb 19)		\$239
#836h Tuesday	Mar 26-May 28 (no class Apr 9 & 16)		\$239
SES Room 153 & Gym	Lindsay Forth	3:00-5:00 pm	8 Sessions
#836i Wednesday	Jan 16-Mar 27 (no class Jan 30, Feb 20, 27)		\$239 (\$195 for KHS Students)
#836j Wednesday	Apr 24-June 12		\$239 (\$195 for KHS Students)
CES Library & Gym	Jessie Rehm	3:40-5:00 pm	8 Sessions
#836k Thursday	Jan 17-Mar 14 (no class Feb 21)		\$169
#836l Thursday	Mar 28-May 30 (no class Apr 11 & 18)		\$169

*KHS Students see note below \**

Sign up for both sessions **NOW** so you do not forget or get closed out!

\* KHS Students can join the Sports and Homework Club or Just Sports at SES. Call our office to register (203-341-1209). Kings Highway School construction continues... a bus will be available to take students from KHS to SES to join in Sports & Homework, Just Sports, Chess, Golf, Art and Karate programs at SES.

## #840 Just Sports (Gr. 1-4)

Join us for sports and activities! Participate in games such as proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, kickball, tag games, scooters, volleyball, badminton, floor hockey and much more! Make new friends, have fun in a safe environment and improve your sports skills and fitness.

SES Gym	Andrew McLoughlin	3:00-5:00 pm	8 Sessions	\$239 (\$195 for KHS Students)
#840m	Tuesday	Jan 15-Mar 12 (no class Feb 19)		
#840n	Tuesday	Mar 26-May 28 (no class Apr 9 & 16)		
#840o	Thursday	Jan 17-Mar 14 (no class Feb 21)		
#840p	Thursday	Mar 28-May 30 (no class Apr 11 & 18)		
#840q	Friday	Jan 18-Mar 15 (no class Feb 22)		
#840r	Friday	Apr 5-May 31 (no class Apr 19)		
CES Gym	Jessica Lack	3:40-5:00 pm	8 Sessions	\$169
#840s	Tuesday	Jan 15-Mar 12 (no class Feb 19)		
#840t	Tuesday	Mar 26-May 28 (no class Apr 9 & 16)		
GFS Gym	Don Savage	3:00-5:00 pm	9 Sessions	\$269
#840u	Friday	Jan 18-Mar 22 (no class Feb 22)		

*KHS Students see note above \**

Sign up for both sessions **NOW** so you do not forget or get closed out!

## Kindergarten Tennis with Connie Goodman

- Smaller **QuickStart** courts, smaller racquets, low-compression balls
- Eye-hand coordination, ball handling, court familiarity, movement/agility
- General physical fitness and pre-tennis exercises perfect for young beginners
- Supervised by Professional Tennis Registry (PTR) certified instructor with special training in “pre-tennis fun” for kindergarten-aged children

#828a	Tues, Jan 15-Feb 12	4:00-5:00 pm	GFS gym	5 sessions-\$189
#828b	Thurs, Jan 17-Feb 14	4:00-5:00 pm	LLS gym	5 sessions-\$189
#828c	Tues, Mar 5-Apr 9	4:00-5:00 pm	GFS gym	6 sessions-\$225
#828d	Thurs, Mar 7-Apr 11	4:00-5:00 pm	LLS gym	6 sessions-\$225
#828e	Tues, Apr 23-June 4	4:00-5:00 pm	GFS gym	7 sessions-\$260
#828f	Thurs, Apr 25-June 6	4:00-5:00 pm	LLS gym	7 sessions-\$260

## Tennis for Grades 1-5 with Connie Goodman

- **QuickStart Tennis** – a new and better approach to introducing kids to the game
- Smaller courts, smaller racquets, lower-compression balls
- Allows kids time to get to the ball and helps them develop proper swing patterns
- More fun and less frustration!

### Grades 1-2

#321A2	Mon, Jan 14-Feb 11 (no class 1/21)	4:00-5:00 pm	GFS gym	4 sessions-\$155
#321B2	Wed, Jan 16-Feb 13	4:00-5:00 pm	SES gym	5 sessions-\$189
#321C2	Fri, Jan 25-Feb 15	4:00-5:00 pm	BMS gym	4 sessions-\$155
#323A2	Mon, Mar 11-Apr 8	4:00-5:00 pm	GFS gym	5 sessions-\$189
#323B2	Wed, Mar 6-Apr 10	4:00-5:00 pm	SES gym	6 sessions-\$225
#323C2	Fri, Mar 8-Apr 12 (no class 3/29)	4:00-5:00 pm	BMS gym	5 sessions-\$189
#324A2	Mon, Apr 22-June 3 (no class 5/27)	4:00-5:00 pm	GFS gym	6 sessions-\$225
#324B2	Wed, Apr 24-June 5	4:00-5:00 pm	SES gym	7 sessions-\$260
#324C2	Fri, Apr 26-June 7	4:00-5:00 pm	BMS gym	7 sessions-\$260

### Grades 3-5

#321A3	Mon, Jan 14-Feb 11(no class 1/21)	5:00-6:00 pm	GFS gym	4 sessions-\$155
#321B3	Wed, Jan 16-Feb 13	5:00-6:00 pm	SES gym	5 sessions-\$189
#321C3	Fri, Jan 25-Feb 15	5:00-6:00 pm	BMS gym	4 sessions-\$155
#323A3	Mon, Mar 11-Apr 8	5:00-6:00 pm	GFS gym	5 sessions-\$189
#323B3	Wed, Mar 6-Apr 10	5:00-6:00 pm	SES gym	6 sessions-\$225
#323C3	Fri, Mar 8-Apr 12 (no class 3/29)	5:00-6:00 pm	BMS gym	5 sessions-\$189
#324A3	Mon, Apr 22-June 3 (no class 5/27)	5:00-6:00 pm	GFS gym	6 sessions-\$225
#324B3	Wed, Apr 24-June 5	5:00-6:00 pm	SES gym	7 sessions-\$260
#324C3	Fri, Apr 26-June 7	5:00-6:00 pm	BMS gym	7 sessions-\$260

## Tennis for Grades 6-8 with Connie Goodman

- Beginners and intermediate players
- Cover all the basics -- grip, footwork, strokes, rules, strategy and court etiquette
- Limited enrollment, low student/pro ratio, personalized attention
- Opportunity to hit hundreds of balls

#321C1	Fri, Jan 25-Feb 15	3:00-4:00 pm	BMS gym	4 sessions-\$155
#323C1	Fri, Mar 8-Apr 12 (no class 3/29)	3:00-4:00 pm	BMS gym	5 sessions-\$189
#324C1	Fri, Apr 26-June 7	3:00-4:00 pm	BMS gym	7 sessions-\$260



## #306 TGA Premier Junior Golf (Gr. 1-2, 3-5)

Learn how to play golf in a safe and fun environment. Learn swing fundamentals along with basic rules and etiquette. This TGA Golf Enrichment Program is designed to develop each child's passion for golf while developing and improving their motor skills and coordination, helping with focus and concentration, and boosting self confidence. All golf equipment is provided including softer practice balls. Over time TGA's 5-level-program will advance children through all aspects of the game and prepare them to go out and play on the course. New and returning students welcome! (Instructor, Total Golf Adventures (TGA) of Fairfield, <http://fairfield.golftga.com>)

**WINTER 8 Sessions SES \$235; all other schools \$189**

**#306f** Monday Jan 28-Mar 25 (no class Feb 18)  
SES Gym 3:05-4:20 pm

**#306g** Tuesday Jan 29-Mar 26 (no class Feb 19)  
LLS Gym 3:25-4:25 pm

**#306h** Wed Jan 23-Apr 3 (no class Jan 30, Feb 20, 27)  
GFS Gym 3:05-4:05 pm

**#306i** Friday Feb 1-Apr 5 (no class Feb 22, Mar 29)  
CES Gym 3:40-4:40 pm

**SPRING 6 Sessions SES \$179; all other schools \$145**

**#306k** Monday Apr 8-May 20 (no class Apr 15)  
SES Gym 3:05-4:20 pm

**#306l** Tuesday Apr 23-May 28  
LLS Gym 3:25-4:25 pm

**#306m** Friday Apr 26-May 31  
GFS Gym 3:05-4:05 pm

**#306n** Friday Apr 26-May 31  
CES Gym 3:40-4:40 pm

*KHS Students can join in program at SES at 3:20 and enjoy an hour of Golf for \$189 for winter session and \$145 for spring session (Register for #306j for winter and #306o for spring session) (bus transportation from KHS to SES will be provided)*



## #844 Baseball World (Gr. K-3, 3-5)

Learn and practice the fundamental skills, drills and strategies of baseball. Coach Diaco will focus on all aspects of the game of baseball and will hold a chalk talk session on life skills, sportsmanship

and teamwork. (Instructor, Vince Diaco, certified physical education teacher and director of Baseball World)

**8 Sessions LLS Gym 3:25-4:25 pm \$105**

**#844a** Gr. 3-5 Mon Jan 28-Apr 1 (no class Feb 18, 25)

**#844b** Gr. K-3 Wed Jan 23-Apr 3  
(no class Jan 30, Feb 20, 27)



## #351 Gilman Lacrosse

**Little Stix Lacrosse (boys and girls Gr. K-2)** is an introduction in which children will learn to pass and cradle while having a safe and fun experience (non-contact).

**Bantam Boys Lacrosse (Gr. 3-5)** is for novice lacrosse players with a minimum of 1 year experience – throwing, catching, cradling, and shooting skills will be covered. Classes will be held on Thursdays at GFS in the winter and LLS Field in the spring. **For more information or to register, call Gilman Lacrosse at (203) 544-7597.**

## #303 Kempo Karate - Introduction to Martial Arts (Gr. K-5, 6-8)

Through highly successful teaching techniques that incorporate character building philosophies within traditional martial arts training methods, you will learn to understand and use martial arts to develop self confidence, self discipline, self control, focus, and respect for others. Learn a series of punches, kicks, and blocks in a fun yet controlled environment. There is no fighting or contact in this course. Please wear comfortable clothes and gym shoes. You will receive a white belt and you have the option to purchase a Gi (Uniform Shirt and Pants for \$42). Also, all eligible students will be invited to belt rank testing at the Kempo Academy of Martial Arts studio in Westport at the conclusion of the program (test fee is \$50). All students must submit a completed waiver form to our office prior to the first class meeting; the form is available in our office and on our website. (Instructor, Sensei Douglas DeBarger, Kempo Academy of Martial Arts [www.kempokaratetect.com](http://www.kempokaratetect.com))

**10 Sessions SES \$175; all other schools \$139  
Grades K-5**

**#303g** Monday Jan 28-Apr 8 (no class Feb 18, Apr 15)  
CES Gym 3:40-4:40 pm

**#303h** Tuesday Jan 22-Apr 2 (no class Feb 19)  
LLS Gym 3:25-4:25 pm

**#303i** Wednesday Jan 23-May 1  
(no class Jan 30, Feb 20, 27, Apr 10, 17)  
GFS Cafeteria 3:05-4:05 pm

**#303j** Friday Jan 25-Apr 12 (no class Feb 22, Mar 29)  
SES Cafeteria 3:05-4:20 pm

*KHS Students can join in program at SES at 3:20 and enjoy an hour of Karate for \$139 (bus transportation from KHS to SES will be provided) (register for #303k)*

**Grades 6-8**

**#303l** Monday Jan 28-Apr 8 (no class Feb 18, Apr 15)  
CMS Gym 2:30-3:30 pm

### #984 Badminton (Gr. 6-12)

For the intermediate to advanced junior player looking to take your badminton skills to the next level - game played is the Olympic sport, not your summer backyard game. Some participants may be invited to play in the Connecticut State Junior Badminton Tournament. There have been several state champions in the past from Westport. Sneakers and badminton racquet required. If you have questions about a racquet, contact the instructor at PeterPPPP@aol.com (Instructor, Peter Bartush)



**9 Sessions** **Apr 2-June 4\*** **SHS Gym**  
**Tuesday** **7:30-9:30 pm** **\$89**  
 \*no class Apr 16

### #404 Zumba for Kids (Gr. 2-5)

It's time for girls and boys to enjoy this super popular exercise craze! Have fun without even realizing you are working out. Learn specifically designed kid-friendly dance moves like Mambo, Swing and Samba set to Latin and International music. Experience the cultural significance of these social dances and leave feeling comfortable about jumping in and doing these dances at parties. Improve your dance moves, gain flexibility, enhance your coordination and increase your self confidence, but most of all join us to have fun!

(Instructor, Sandy Adamczyk)

**10 Sessions** **\$145**

**#404a** **Monday** **Jan 28-Apr 8 (no class Feb 18, Apr 15)**  
**LLS Gym** **3:25-4:25 pm**

**#404b** **Tuesday** **Jan 29-Apr 23 (no class Feb 19, Apr 9, 16)**  
**SES Auditorium Hallway** **3:05-4:05 pm**

### #516 Castles, Catapults, and Coats of Arms™ (Gr. K-2)

**NEW**

This *Club Invention* program travels back to the Middle Ages to recreate an environment that was familiar during those times. Applying the lifestyle and science concepts that were known to people of that time, you will create jewelry and coats of arms, explore the concept of buoyancy as you build boats that float, construct tall towers and drawbridges, and fabricate catapults to storm castle walls! This club addresses the STEM Content of Science, Technology, and Engineering while addressing the 21st Century Learning Outcomes. You will think critically, solve problems, communicate, collaborate, and use creativity and innovation throughout the club. (Instructor, Holly Hellman)

**5 Sessions** **Feb 7-Mar 14\*** **LLS Room 104**  
**Thursday** **3:25-4:55 pm** **\$195**

\*no class Feb 21



### #532 Junior Engineering 1™ (Gr. K-3)

**NEW**

Build and modify simple machines applying basic engineering skills using unique LEGO® kits – great hands-on learning. You will be utilizing Science, Technology, Engineering and Mathematics (STEM) concepts and 21st century educational skills of critical thinking, problem solving, collaboration, communication, curiosity and imagination while you are having fun! (Instructor, All About Learning)

**8 Sessions** **\$159**

**#532a** **Tuesday** **Jan 22-Mar 19 (no class Feb 19)**  
**LLS Room 6** **3:25-4:25 pm**

**#532b** **Wed** **Jan 23-Apr 3 (no class Jan 30, Feb 20, 27)**  
**SES Room 174** **3:05-4:05 pm**

**#532c** **Thursday** **Jan 31-Mar 28 (no class Feb 21)**  
**CES Room 36** **3:40-4:40 pm**

### #330 Chinese for Children – Beginning (Gr. K-3, 4 & up)

Join us and have an exciting time speaking and writing Chinese and learning about Chinese culture. Learn how to write characters, speak in Chinese, and about this rich culture through games, songs, and fun classroom handouts. The pronunciation system used is Hanyu Pinyin. This is the best time in your life to learn a new language! (Instructor, Yen-Ting Chi)

**8 Sessions** **Jan 29-Mar 26\*** **Tuesday**  
**LLS Room 6** **\$129**

**#330a** **Gr. K-3** **3:30-4:30 pm**

**#330b** **Gr. 4 & up (and those who have taken Beginning Chinese)** **4:30-5:30 pm**

\*no class Feb 19

### #915 Crazy Chemworks (Gr. 1-4)

**NEW**

Shake up a flask of fun in the lab as you launch your chemistry career with some awesome laboratory experiments. Manipulate matter in all of its three states with some really "cool" dry ice activities. Ooze into the fun when sliming around with Professor Beakerdude! Probe the properties of light with some spectacular glow-in-the-dark technology. All new amazing take home experiments! (Instructor, Mad Science)

**8 Sessions** **\$199**

**#915a** **Monday** **Jan 28-Mar 25 (no class Feb 18)**  
**SES Room 126** **3:05-4:05 pm**

**#915b** **Tuesday** **Jan 29-Mar 26 (no class Feb 19)**  
**GFS Art Room** **3:05-4:05 pm**

**#915c** **Friday** **Jan 25-Mar 22 (no class Feb 22)**  
**LLS Music Room** **3:25-4:25 pm**

**#915d** **Friday** **Jan 25-Mar 22 (no class Feb 22)**  
**CES Room 37** **3:40-4:40 pm**



## #318 Chess Class (Gr. 1-5)

For children who are ready and able to focus on chess in a structured setting. Beginners will learn the rules, how to check-mate, see several moves ahead, and how to write down their moves. Advanced stu-

dents will learn strategy, openings, endings, and the history of the game. Limited class size. (Instructors, National Educational Chess Association – Alex Eydelman, Sergey Kudrin, Sebastian Lazar)

### 10 Sessions

<b>#318a</b>	Mon	Jan 28-Apr 8 (no class Feb 18, Apr 15)		
		SES Room 181	3:05-4:20 pm	\$235
<b>#318b</b>	Mon	Jan 28-Apr 8 (no class Feb 18, Apr 15)		
		LLS Cafeteria	3:20-4:20 pm	\$185
<b>#318c</b>	Tues	Jan 22-Apr 2 (no class Feb 19)		
		GFS Cafeteria	3:05-4:05 pm	\$185
<b>#318d</b>	Wed	Jan 23-May 1		
		(no class Jan 30, Feb 20, 27, Apr 10, 17)		
		CES Room 42	3:40-4:40 pm	\$185

*KHS Students can join in program at SES at 3:20 and enjoy an hour of Chess for \$185 (bus transportation from KHS to SES will be provided) (register for #318e)*

## #841 Junior Genie's Magic Club ~ featuring Nisan Eventoff, internationally known Master Magician (Gr. K-5)

Learn the secrets of the professional magician and experience the wonder of magic! In this critically acclaimed program, you'll learn presentation skills, leadership skills, and speaking skills. Build self-confidence and poise, improve body coordination and communication skills, and learn creative planning and stage presence. In addition, each week you will receive magic tricks and materials to take home with you! Students repeating this class will receive new tricks to take home and will assist as magic aides for new students. A truly MAGICAL experience awaits you! Non-refundable materials fee of \$5 per week included. (Instructor, Nisan Eventoff)

### 12 Sessions \$215

<b>#841a</b>	Wed	Jan 23-May 15		
		(no class Jan 30, Feb 20, 27, Apr 10, 17)		
		SES Room 181	3:05-4:05 pm	
<b>#841b</b>	Thur	Jan 24-May 2 (no class Feb 21, Apr 11, 18)		
		LLS Room 1	3:25-4:25 pm	

## #842 Ready, Set, Collaborate! (Gr. 2-3)

Have fun engaging in active teambuilding exercises! During these fun activities you will learn how to work together effectively to solve various problems and challenges. You will be helping one another, asking constructive questions, and listening respectfully. These skills will help you succeed wherever you go! (Instructor, Sarah Stefans)

**8 Sessions** Jan 29-Mar 2 GFS Room 103  
**Tuesday** 3:05-4:05 pm \$110

\*no class Feb 19

## #523 Math 4 Kids (Gr. 2-4)

Do you love math? Do you like games? We will learn and play math games that will help you improve your math skills.

(Instructor, Renee Mallozzi)

**8 Sessions** Feb 6-Apr 24\* CES Room 27  
**Wednesday** 3:35-4:35 pm \$135

\*no class Feb 20, 27, Apr 10, 17

## #362 Arts & Crafts (Gr. 2-5)

Using many different techniques and materials, but most importantly, your imagination, you'll create unique art and crafts to express yourself and have fun! Please bring an old shirt or smock and dress for mess! (Instructors, Danielle Burke @ GFS; Jenny-Rose Kramer @ other schools)

**8 Sessions** \$219

<b>#362a</b>	Monday	Jan 28-Mar 25 (no class Feb 18)		
		CES Room 19	3:40-5:10 pm	
<b>#362b</b>	Tuesday	Jan 29-Mar 26 (no class Feb 19)		
		CES Room 19	3:40-5:10 pm	
<b>#362c</b>	Wed	Jan 23-Apr 3 (no class Jan 30, Feb 20, 27)		
		LLS Room 6	3:20-4:50 pm	
<b>#362d</b>	Thursday	Jan 31-Mar 28 (no class Feb 21)		
		SES Room 126	3:05-4:35 pm	
<b>#362e</b>	Thursday	Jan 31-Mar 28 (no class Feb 21)		
		GFS Room 130	3:05-4:35 pm	

*KHS Students can join in Arts & Crafts at SES at 3:20 for \$209 (bus transportation from KHS to SES will be provided) (register for #362f)*

## #341 Bead Making and Jewelry Design (Gr. K-2, 3-5)

**NEW**

Make your own colorful "lava lamp" style beads from polymer clay and use them to create designer jewelry! The beads will be combined with additional high quality beads and findings. You will create a unique necklace, and students in **grades 3-5** will also create a unique bracelet! You will plan, lay out and string the jewelry so it's ready to wear! All supplies are included.

(Instructor, Kathy Swenning)

**Saturday** SHS Room 1012

<b>#341a</b>	Gr. K-2	Feb 2 (snowdate Feb 9)		
		9:30-11:30 am		\$42
<b>#341b</b>	Gr. 3-5	Mar 2 (snowdate Mar 9)		
		9:30 am-12:00 noon		\$49

## #663 Lights, Camera, Action! (Gr. 4-6)

Learn how to create your own movies using video cameras and iMovie software. Our lessons on lighting, camera angles, sound and editing will give you the tools you need to create a movie from script to final production. All materials will be provided. Enrollment is limited.

(Instructors, Barbara Eilertsen and Becky Laus)

**9 Sessions** Feb 6-May 1\* LLS TV Studio  
**Wednesday** 3:30-4:30 pm \$119

\*no class Feb 20, 27, Apr 10, 17



## #517 Flight Sight (Gr. 3-5) NEW

In this *Club Invention* module, explore how inventions in flight have made it possible to see the world from different perspectives. You will work individually and collaboratively on a variety of activities about flight and the elevations humans have reached. Experiment with devices that may help you jump higher, create three-dimensional maps, and design and fly huge paper airplanes. Explore flight from the perspective of fast-moving jets by making a flight craft of the future and a cockpit simulator. Create images of Earth at night and build astronaut suits to protect you from the environment in space. This club addresses the STEM Content of Science, Technology, and Engineering while addressing the 21st Century Learning Outcomes. You will think critically, solve problems, communicate, collaborate, and use creativity and innovation throughout the club. (Instructor, Mandy Pun)

**5 Sessions**                      **Feb 7-Mar 14\***                      **LLS Room 102**  
**Thursday**                      **3:25-4:55 pm**                      **\$195**  
 \*no class Feb 21

## #534 Project: Science Fair (Gr. 3-5) NEW

Create your own science fair project to be shown around town. Have fun and be creative while you answer questions to science topics you've been wondering about. Learn the scientific inquiry process and develop your critical thinking and investigative skills as you select a science project and then spend each week developing your hypothesis; designing your experiment; building, testing and refining your experiment; creating a presentation board for your project and presenting your findings. Each session will also devote time to mini-science discussions about interesting topics. Work with a partner, as a team or on your own. In April and May, your project may be shown at different locations around town in a mini science fair. Project ideas provided or bring your own. **Each student is responsible for purchasing the materials for their project.**

**8 Sessions**                      **Feb 6-Apr 24\***                      **GFS Room 130**  
**Wednesday**                      **3:10-5:00 pm**                      **\$150**  
 \*no class Feb 20, 27, Apr 10, 17

## #535 Speak Up (Gr. 3-5) NEW

When you enter a new social situation are you unsure of what to do? Have you encountered other kids who aren't very kind? Are you looking for ways to respond to these situations? Learn to handle these situations through role play, partner work, and small group discussions. Are you nervous to approach new groups of peers with comments, questions or concerns? Practice speaking in front of a group and watch your confidence grow! (Instructor, Sarah Stefans)

**6 Sessions**                      **Jan 24-Mar 7\***                      **GFS Room 103**  
**Thursday**                      **3:05-4:05 pm**                      **\$79**  
 \*no class Feb 21

## #515 Nature Photography for Kids (Gr. 4-5) NEW

Explore nearby nature with **Friends of the Norwalk Islands**. Using supplied digital cameras (or bring your own), you will have fun "connecting with nature" at your school. This fun and exciting program will teach you to observe and look at nature with a different eye as you learn about the wild-life, plants and habitats of the Norwalk Islands, the Stewart B. McKinney National Wildlife Refuge and the importance of conserving this local treasure. You will have the opportunity to take lots of pictures and receive a CD of all your photographs. Younger students may enroll with permission of instructor. You will be going outside so dress appropriately. *To complete the outdoor experience, an optional boat trip to the Norwalk Islands will be scheduled in the spring (separate fee will apply) - details about the boat trip will be discussed in class.* (Instructor, Friends of the Norwalk Islands)

**6 Sessions**

<b>#515a</b> Mon	March 18-April 29 (no class Apr 15)	
	GFS Room 130	3:05-4:35 pm                      \$169
<b>#515b</b> Wed	March 13-May 1 (no class Apr 10, 17)	
	CES Room 26	3:40-5:10 pm                      \$169
<b>#515c</b> Fri	March 15-May 3 (no class Mar 29, Apr 19)	
	SES Room 183	3:05-4:35 pm                      \$169

See page 27 for information about  
**Nature Photography for Kids over February vacation**

## #533 Elementary Engineering 1™ (Gr. 4-5) NEW

Using unique LEGO® kits, you will apply basic engineering principles to build and modify machines. This class promotes teamwork, collaborative learning, strategic planning, and problem solving. You will be learning about Science, Technology, Engineering and Math (STEM) as you learn about gears, simple machines, structures, motion and more. (Instructor, All About Learning)

**8 Sessions**                      **\$159**

<b>#533a</b> Monday	Jan 28-Mar 25 (no class Feb 18)	
	LLS Room 6	3:25-4:25 pm
<b>#533b</b> Friday	Jan 25-Mar 22 (no class Feb 22)	
	GFS Cafeteria	3:05-4:05 pm

## #660 Scrabble Club (Gr. 4-8) NEW

Do you like playing Words With Friends? Are you a word wiz? Join thousands of kids around the nation and be part of the National School Scrabble Association! Learn to compete in a Scrabble tournament with students in our club and other clubs in Connecticut. Build words and score big with even the most challenging tiles, playing by the rules of the National Scrabble Association.

(Instructors, Barbara Eilertsen and Becky Laus)

<b>9 Sessions</b>	<b>Jan 31-Apr 4*</b>	<b>LLS LMC</b>
<b>Thursday</b>	<b>3:30-4:30 pm</b>	<b>\$99</b>

\*no class Feb 21

Look for our Summer 2013 catalog in March

**#133 Cooking – Mom/Dad (Or Grandparents) and Me! (Children ages 7 And up)**

**NEW MENU**

Spend a Saturday morning on a culinary adventure with your child or grandchild! Have fun in a professional kitchen and learn new recipes for delicious tempting Appetizers through teacher guided lessons as you prepare recipes from start to finish. Come join the adventure and get creative in the kitchen together! (Instructor, Barbara Rourke)

**Saturday • Apr 6 (snowdate Apr 13) 10:30 am-12:30 pm**  
**SHS Room 184 \$99 per class/adult & child**

**#270 Cooking Adventures (Gr. 6-8)**

**NEW MENUS**

Learn about basic kitchen skills, kitchen equipment, and cooking techniques. On the menu will be savory main dishes, side dishes and a different dessert each week. Classes will be hands on from start to finish as new techniques are introduced while building upon past skills. Returning participants will learn new recipes. Please note the kitchen contains nut products although they are not a part of our menus. (Instructor, Barbara Rourke)

**8 Sessions Mar 1-May 3\* SHS Room 184**  
**Friday 3:00-5:00 pm \$299**

**\*no class Mar 29, Apr 19**

*Barbara Rourke taught family and consumer science in Stratford. She loves teaching students to cook and to be creative in the process.*

Please Note: The classrooms/kitchens where our cooking classes are held are NOT food allergy free classrooms/kitchens. Nuts, shellfish, etc. are used frequently.

**#449 Rocketry (Gr. 6-8)**

Build your own rocket from a kit, add your own unique touches, and launch your rocket at the end of the class. Making this even more unique is that you can build something and then have it do something massive -- actually launch a rocket hundreds or maybe even a thousand feet into the sky! Each week you'll work on constructing your rocket with the last day dedicated to launching the rockets. Limited enrollment - register early! (Instructor, Lou Kitchner)

**6 Sessions Feb 8-Mar 22\* BMS Room 272**  
**Friday 3:00-4:30 pm \$119**

**\*no class Feb 22**

**#367 American Red Cross Babysitters Course (Age 11 to 15)**

Learn the skills you need to be a safe and responsible babysitter! Learn how to care for children and infants, be a good leader and role model, make good decisions, solve problems, handle emergencies such as injuries, illnesses and household accidents, and more. Earn your Red Cross Babysitters Certification. **You must be present for entire class time to receive Babysitters Certification-no makeup classes are available.** (Instructors, Stephanie Crowe - #367a; Don Savage - #367b and #367c)

**#367a 2 Sessions Jan 26 & Feb 2 SHS Room 1047**  
**Saturday 9:00 am-12:30 pm \$149**

**#367b 3 Sessions Mar 13, 20, 27 SHS Room 1047**  
**Wednesday 3:00-5:15 pm \$149**

**#367c 3 Sessions May 15, 22, 29 SHS Room 1047**  
**Wednesday 3:00-5:15 pm \$149**

## Club BEDford MIDDLE SCHOOL AFTER SCHOOL PROGRAM

Join CLUB BED...the all-inclusive middle school educational after school "resort"...accommodations include homework support, refreshments, friends, sports, games, crafts, flexible hours and caring educators. At Club BED we will provide a quiet study and reading space, along with project materials. We communicate with teachers to facilitate daily, long term projects and missing work. When the homework is done we have a variety of games, crafts and activities to entertain our students. Club BED takes place at Bedford Middle School Room 274, **Monday-Friday from 3:00-5:30 pm** when school is in session.

	<u>Any 2 days</u>	<u>Any 3 days</u>	<u>4 or 5 days</u>
<b>Any 1 week</b>	<b>\$40</b>	<b>\$60</b>	<b>\$80</b>
<b>Jan 2-11</b>	<b>\$75</b>	<b>\$110</b>	<b>\$140</b>
<b>Jan 14-Feb 8 (no class Jan 21, 30)</b>	<b>\$150</b>	<b>\$220</b>	<b>\$275</b>
<b>Feb 11-Mar 15 (no class Feb 18-22, 27)</b>	<b>\$150</b>	<b>\$220</b>	<b>\$275</b>
<b>Mar 18-Apr 12 (no class Mar 29)</b>	<b>\$150</b>	<b>\$220</b>	<b>\$275</b>
<b>Apr 22-May 17</b>	<b>\$150</b>	<b>\$220</b>	<b>\$275</b>
<b>May 20-June 14 (no class May 27)</b>	<b>\$150</b>	<b>\$220</b>	<b>\$275</b>

**Register  
by calling us at  
203-341-1209**

*Bus transportation from CMS to BMS  
is available through the  
Norwalk Transit District (203-852-0000)*

**#681 Study Skills Workshop (Gr. 6-8)** **NEW**  
Gain an understanding of the importance of good organization and study skills. After assessing your current study skills and organization habits, you will learn how to keep your materials, notes, homework, and binders organized. Learn strategies to help break down long-term projects, create a personalized study routine, and plan out your time, so you can be successful throughout the year! (Instructor, Brennan Morgan)  
**5 Sessions \$85**

**#681a** Tuesday Feb 5-Mar 12 (no class Feb 19)  
CMS Room 216 2:35-4:05 pm

**#681b** Wednesday Mar 20-Apr 24 (no class Apr 17)  
BMS Room 235 3:00-4:30 pm

**#450 Introduction to Woodworking: Building Your Own Project (Gr. 7-12)**  
Bring your ideas to life! Create your own unique masterpiece (instructor approved). Learn or further enhance existing wood-working skills with hands-on instruction of tools and machines. This is a great learning experience and you can advance to detailed machine work such as turning a pen on a lathe. Groups are small to allow individualized attention. Course is also open to students who have had Mr. Sansur in the past and who would like to do a more advanced project. **Non-refundable materials fee of \$35 included.** Limit 10. (Instructor, Michael Sansur)  
**12 Sessions Jan 29-Mar 14\* SHS Room 192**  
**Tue & Thurs 3:00-4:00 pm \$154**  
**\*no class Feb 19 & 21**  
*Mr. Sansur is a Technology Education teacher at Staples High School.*

**12 Sessions Jan 29-Mar 14\* SHS Room 192**  
**Tue & Thurs 3:00-4:00 pm \$154**  
**\*no class Feb 19 & 21**

*Mr. Sansur is a Technology Education teacher at Staples High School.*

## STAYCATIONS ON SCHOOL BREAKS

**See School Break SAT Prep on p 28**

**#838 Sports and Fun Adventures (Gr. 1-5)**  
Are you wondering what to do during your school breaks? Come join us and experience a sports camp taught by certified Physical Education teachers with twenty years of teaching experience! Participate in age appropriate activities that are safe physically, mentally and emotionally! Rock climbing, rollerblading, snowshoeing (only offered in February), tennis (only offered in April), proball, pirates gold, sink the ship, crossover, pinball, basketball, wiffleball, team handball, tag games, scooters, volleyball, badminton, floor hockey and much more! Rollerblading and snowshoeing are only offered for students in grades 3-5. Please make sure to bring drinks, peanut free snacks and if you are staying all day bring lunch! (Instructors, Andrew McLoughlin and Christopher Scholz)

4 Sessions	Tues-Fri	Feb 19-22	SES Gym	5 Sessions	Mon-Fri	Apr 15-19	SES Gym
<b>#838a</b>	8:15 am-3:15 pm		\$159	<b>#838d</b>	8:15 am-3:15 pm		\$195
<b>#838b</b>	8:15-11:30 am		\$85	<b>#838e</b>	8:15-11:30 am		\$105
<b>#838c</b>	12:00-3:15 pm		\$85	<b>#838f</b>	12:00-3:15 pm		\$105

**#503 Arts & Crafts (Gr. 2-5)** See page 24. **NEW**  
(Instructor, Jenny-Rose Kramer)

**#503a** 4 Sessions Feb 19-22 SES Room 126  
Tues-Fri 9:30-11:30 am \$69

**#503b** 5 Sessions Apr 15-19 SES Room 126  
Mon-Fri 9:30-11:30 am \$89

**#367 American Red Cross Babysitters Course (Ages 11-15)** See description on page 26.  
(Instructor, Jesus Velazquez, Jr.)

**#367d** 2 Sessions Feb 19 & 20 SHS Room 1047  
Tues & Wed 9:00 am-12:30 pm \$149

**#367e** 2 Sessions Apr 15 & 16 SHS Room 1047  
Mon & Tues 9:00 am-12:30 pm \$149

**#536 Junior Vehicle Engineering (Gr. K-3)** **NEW**  
Using unique LEGO kits, you will creatively build and modify different vehicles including everyday vehicles, concept cars, construction machines and more. You will learn basic engineering principles and about friction, forces, motion and aerodynamics as you work on problem solving and communication skills with your team.  
(Instructor, All About Learning)

**4 Sessions Feb 19-22 SES Room 174**  
**Tues-Fri 9:00-12:00 noon \$135**

**#271 Cooking Adventures (Gr. 6-8)** **NEW**  
Spend part of your day learning to cook new recipes. This hands-on class will give you the skills to impress your family and friends with new and exciting dishes each day – appetizers, breakfast items, soups and Italian recipes. Please note the kitchen is NOT food allergy free – nuts, shellfish, etc. are used frequently. See our website for the anticipated menus. (Instructor, Barbara Rourke)

**4 Sessions Feb 19-22 SHS Room 184**  
**Tues-Fri 10:00 am-12:30 pm \$159**

**#504 Nature Photography for Kids (Gr. 4-5)** See course description on page 25.

**4 Sessions Feb 19-22 SES Room 183 Tues-Fri 10:00 am-1:00 pm \$225 NEW**



## #950 Practice PSAT for ONLY Staples High School Sophomores

Take a timed practice PSAT under realistic conditions. Learn about your strengths and weaknesses on this important test. Test results, along with practice materials, will be mailed to the home of the students within a few weeks after the test. Limited enrollment. Registration ends February 27, 2013.

**Saturday • March 2 (snow date March 9)**

8:30 am-12:00 noon

Check in at SHS Lobby

\$40 if you sign up by Feb 15

\$45 thereafter

## Prepare for March, May and June SAT Tests

### #308 SAT Prep – Critical Reading/Writing

Prepare for the Critical Reading and Writing sections of the SAT test. Learn test-taking strategies, review fundamentals in reading comprehension, sentence completion and essay writing. Teaching strategies include large group instruction, practice exams and individual student instruction. Increase your vocabulary, learn to become a better writer and improve your SAT scores!!! Please purchase (and bring to class) the 26th edition of Barron's SAT review book. (Instructors, Rochelle Skaar - #308b, #308d; Patricia Ewing - #308a, #308c)

**#308a** 5 Sessions Jan 22, 29, Feb 12, 26, Mar 5 \$159  
Tuesday 6:00-8:30 pm SHS Room 2030

**#308b** 4 Sessions Feb 19-22 \$159  
Tues-Fri 9:00-12:00 noon SHS Room 2030

**#308c** 5 Sessions Mar 4, 11, 18, 25, Apr 1 \$159  
Monday 2:30-5:00 pm SHS Room 2030

**#308d** 5 Sessions Mar 15, 22, Apr 5, 12, 26 \$159  
Friday 2:30-5:00 pm SHS Room 2030

### #309 SAT Prep – Math

Learn test-taking strategies, review fundamentals in arithmetic, algebra, and geometry. Teaching strategies include large group instruction, practice exams and individual student instruction. Build up your confidence and improve your SAT scores!!! Please purchase (and bring to class) the 26th edition of Barron's SAT review book. (Instructors, Brian Smith - #309a, #309c, #309d; Nicolina Butcaris - #309b)

**#309a** 5 Sessions Jan 17, 24, Feb 7, 14, 28  
SHS Room 2060 Thursday \$159  
6:00-8:30 pm

**#309b** 4 Sessions Jan 26, Feb 2, 9, Mar 2  
SHS Room 2040 Saturday \$159  
9:00 am-12:15 pm

**#309c** 5 Sessions Mar 14, 21, Apr 4, 11, 25  
SHS Room 2060 Thursday \$159  
6:00-8:30 pm

**#309d** 5 Sessions Apr 15-19  
SHS Room 2040 Mon-Fri \$159  
9:00-11:30 am

## Prepare for April and June ACT Tests

### #311 ACT Prep

Prepare for the ACT test. Learn test-taking strategies and fundamentals covering the Math, English, Reading, Writing and Science sections of the test – take the review class you need. Build your confidence and improve your scores. Please see our website for which review book to purchase prior to the start of the class.

(Instructors, Laurie Gray - #311a, #311e; Brian Smith - #311b, #311f; Susan O'Hara - #311c, #311g; John Killian - #311d, #311h)

**#311a** Math 4 Sessions Feb 2, 9, Mar 2, 9 SHS Room 2048 Saturday 11:30 am-2:30 pm \$159

**#311b** Math 5 Sessions Mar 4-Apr 8 (no class Mar 25) SHS Room 2048 Monday 6:00-8:30 pm \$159

**#311c** English 5 Sessions Mar 7-Apr 4 SHS Room 2048 Thursday 2:30-5:00 pm \$159

**#311d** Science 2 Sessions March 2 & 9 SHS Room 2049 Saturday 9:00-11:15 am \$59

**#311e** Math 4 Sessions Apr 6, 13, May 4, 11 SHS Room 2048 Saturday 11:30 am-2:30 pm \$159

**#311f** Math 5 Sessions Apr 29-June 3 (no class May 27) SHS Room 2049 Monday 6:00-8:30 pm \$159

**#311g** English 5 Sessions May 1-29 SHS Room 2048 Wednesday 2:30-5:00 pm \$159

**#311h** Science 2 Sessions May 4 & 11 SHS Room 2049 Saturday 9:00-11:15 am \$59

## STATE OF CONNECTICUT DEPARTMENT OF MOTOR VEHICLES CERTIFIED DRIVER EDUCATION

Eligible students ~ 16-18 year old high school students who attend Staples High School or reside in Westport. Our affordable program is taught by experienced certified Connecticut public school administrators and teachers with many years of combined experience working exclusively with Staples High School students.

Registration/permission forms with additional details available in our office and on our website.  
You cannot register online for Driver Education.

### #306 Driver and Traffic Safety Education • (1/4 credit toward graduation)

Thirty (30) hours of classroom instruction (**includes 8 hours of Safe Driving and Alcohol and Drug Education**). Course is completed only when the student has taken all 30 hours of class and a parent or legal guardian and their child have attended a 2-hour Mandatory Safe Driving Practices Class (see below).\* Perfect attendance and punctuality are required. (Instructors, Frank Weiss - #306d and #306f; Rob Rogers - #306e)

<b>Monday &amp; Tuesday</b>	<b>SHS Room 1034</b>	<b>\$210</b>
<b>#306d</b>	Mon & Tues Jan 28-Mar 25 (no class Feb 18, 19, 25) 3:00-5:00 pm (MUST ALSO SIGN UP FOR #307d)	
<b>#306e</b>	Mon & Wed Feb 27-April 29 (no class Mar 25, Apr 15, 17) 6:00-8:00 pm (MUST ALSO SIGN UP FOR #307e)	
<b>#306f</b>	Mon & Tues Apr 1-May 21 (no class Apr 15, 16) 3:00-5:00 pm (MUST ALSO SIGN UP FOR #307f)	

After completing your Driver Ed class, you must come to our office to request the CS-1 Form which you will need for your road test – expect to wait 3 days to receive it.

### #307 \*2 Hour Parent and Child Mandatory Safe Driving Practices Classes

As part of the state-mandated 8 hour Safe Driving and Alcohol and Drug Education, a parent or legal guardian and their child must together attend one of the following sessions which must be registered for in advance.

				<b>SHS Room 1034</b>
<b>#307d</b>	Feb 27	Wednesday	6:00-8:00 pm	<b>ONLY AVAILABLE TO THOSE TAKING #306d</b>
<b>#307e</b>	Mar 4	Monday	6:00-8:00 pm	<b>ONLY AVAILABLE TO THOSE TAKING #306e</b>
<b>#307f</b>	May 1	Wednesday	6:00-8:00 pm	<b>ONLY AVAILABLE TO THOSE TAKING #306f</b>

**#304 Behind-the-Wheel Instruction (Learner's Permit required) BRAND NEW CARS! \$430**  
*Driving hours (8) are scheduled by appointment at mutually agreeable times after school and/or on weekends.* Student/teacher ratio is 1/1. **Begin the driving instruction well in advance of the testing date. You can begin Behind-the-Wheel instruction after you have started your 30 hours of classroom instruction.** Lessons may be scheduled in 1, 1 1/2, or 2 hour increments. Instruction includes local driving in commercial and residential areas, and parking skills. Vehicles are dual-brake controlled. As a follow-up to each structured lesson, additional hours of practice driving with a parent is required by the state of Connecticut to total 40 hours of instruction. For the student who has completed the 30 hour Driver and Traffic Safety Education course, the learner's permit must be in effect for at least 120 days (180 days otherwise) before the student can take the road test to obtain a driver's license. Payments for BTW can be made in two installments. **Please note: If a student needs to cancel a lesson, the student is responsible for contacting the instructor at least one day in advance. Failure to do so will result in the student being charged for the lesson.**

### #305 Safe Driving and Alcohol and Drug Education • 8 hours • SHS • \$130

Required for home trained or private driving school trained students under 18. Call our office for the dates offered. (Note: These hours are included in 30 hour Driver and Traffic Safety Education.)

Please visit us online at:  
[www.westportct.gov/seniorcenter](http://www.westportct.gov/seniorcenter)  
or like us on Facebook by typing in  
Westport Senior Center

**facebook**

**Center Hours:**

*Monday – Friday 8:30 am – 4:30 pm*

*Thursday 8:30 am – 8:00 pm*

*Saturday 8:30 am – 12:30 pm*

***Among the courses taught at the Center are:***

- Computer Classes
- Saturday and Sunday Socials
- Movies with dinner
- Mind-Body-Spirit, Health & Healing
- Culinary Classes
- Yoga & Pilates
- Foreign Language Instruction
- Watercolor, Sculpture, Beading, Stained Glass
- Fitness Center, Strength Training, Aerobic Chair, Pilates
- Support Groups, Blood Pressure & Hearing Screening
- Meditation, Tai Chi, Yopalates
- Drawing/Watercolor
- Dance & Stretch
- Current Events
- Nutrition Education
- Core Strength Training
- College Level Courses

**ALL CLASSES  
require pre-registration  
and will be  
filled on a first come basis.  
TO REGISTER  
call 203•341•5099**

**PHOTOS FOR OUR CATALOG**

*During our continuing education classes, photos may occasionally be taken for use in our publicity. If you do not wish to have yourself or your child in a photo that may be published please tell the photographer before any photos are taken.*

**GIFT CERTIFICATES**

For any holiday, birthday or other special occasion, consider giving a gift certificate for classes at Westport Continuing Education  
**call 203•341•1209 for further information**



Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Today's Date \_\_\_\_\_ 2013  
Month \_\_\_\_\_ Day \_\_\_\_\_

**Please Check Below**

- I have previously attended your program.
- My name, address or phone has changed.

# WESTPORT CONTINUING EDUCATION REGISTRATION FORM • WINTER/SPRING 2013

**REGISTER ONLINE**

[www.westportcontinuinged.com](http://www.westportcontinuinged.com)

**MAIL**



Westport Continuing Ed  
70 North Avenue  
Westport, CT 06880

**FAX**

203•341•1218

**IN PERSON**

Staples High School  
Room 1040  
70 North Avenue  
Westport, CT 06880

**PHONE**

203•341•1209



Home Address \_\_\_\_\_

No. \_\_\_\_\_ Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email address \_\_\_\_\_ Senior Citizen (62 or older) YES \_\_\_\_\_

## ★ Registrants in Grades K-12 Complete This Section: ★

Grade \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_

Names of Parents or Guardians \_\_\_\_\_

Emergency Contact Person \_\_\_\_\_

List Health Problems \_\_\_\_\_ Allergies \_\_\_\_\_ Medications \_\_\_\_\_ Relationship to child \_\_\_\_\_

Child's Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_

**REGISTRATION CONTINUED ON THE BACK OF THIS PAGE**

# Registration Form • Winter/Spring 2013 (continued)



Course #	Course Title	Starting Date	# of Sessions	Time	Location	Fee
<b>Registration Fee \$10* (\$5 for Westport Seniors)</b>						
<b>Total</b>						<b>\$</b>

**Make checks payable to:**

**Westport Continuing Education  
70 North Avenue, Westport, CT 06880**

\* Registration fees do not apply to one session courses.  
Registration fees are payable once per semester.  
**No registration fee for online registration.**

**Refund Policy  
see  
inside back cover  
of catalog**

Payment by: Check \_\_\_\_\_ # \_\_\_\_\_ MasterCard \_\_\_\_\_ VISA \_\_\_\_\_

Account # \_\_\_\_\_ Expiration Date \_\_\_\_\_ AVS \_\_\_\_\_

Print Name as it appears on the card \_\_\_\_\_

Billing Address (if different than mailing address) \_\_\_\_\_

**Please share your suggestions and/or comments.**  
\_\_\_\_\_  
\_\_\_\_\_

For Office Use Only

R#	Amount
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	
R#	
Amount	
Date	

## WELCOME!

**KIDS K-12 • ADULTS  
RESIDENTS • NON RESIDENTS**

## REGISTER EARLY

Try to register at least one week in advance.  
Classes must have sufficient enrollment.  
We will notify you if your class is cancelled.

## HOW TO REGISTER

- **ONLINE:** [www.westportcontinuinged.com](http://www.westportcontinuinged.com)  
Your registration fee is waived if you register online.  
An online registration is confirmed by email.
  - **MAIL:** 70 North Avenue, Westport, CT 06880
  - **IN PERSON:** Staples High School, Room 1040  
70 North Avenue, Westport, CT
  - **FAX:** 203•341•1218
  - **PHONE:** 203•341•1209
- PAYMENT: No cash is accepted – only MasterCard, VISA or checks made payable to Westport Continuing Education.**  
**PAYMENT IN FULL must accompany your registration.**  
Please note that all registrations must be made in advance – no walk-in registrations can be accepted by any instructor for any class.

## CLASS LOCATIONS

- See inside front cover for your building address.
- Schools may have events when we cannot use their facility– check your email for class cancellations or changes.

## ROOM ASSIGNMENTS FOR ADULT CLASSES

Posted nightly in the main entrance

## PROGRAM COSTS

Tuition and fees for each course are listed in each course offering. Any additional books and materials will be acquired by students at their own expense.

**REGISTRATION FEE OF \$10** payable only once per catalog (**\$5 for Westport Seniors**)

- **No registration fee if you register online**
- **No registration fee if your class is only one session**

## ADULT Classes will NOT meet on:

- Jan 21, 23, 31 (if class at SHS), Feb 5 (if class at SHS), Feb 13 (if class at SHS), Feb 18-22, March 25 (evening), Mar 29, Apr 15-19 (except for MS Office), May 27

## KIDS Classes (K-12) will NOT meet on:

- Westport Public School Holidays:  
**Jan 21, Feb 18-22\*, Mar 29, Apr 15-19\*, May 27**  
**(\*except for Staycation Programs)**
- Shortened School Days for Staff Development: **Jan 30, Feb 27 (except for special 1 day programs & Tennis)**
- Unless otherwise noted, classes for elementary students will not meet on Teacher Conference Days:  
**April 9, 10, 11**

## INCLEMENT WEATHER/EMERGENCY CLOSING INFORMATION

- If the Westport Public Schools are closed for inclement weather or an emergency or there is an “early dismissal,” Westport Continuing Education courses are automatically cancelled. Cancellations will be announced on our website ([www.westportcontinuinged.com](http://www.westportcontinuinged.com)). To find out about school closings, please listen to local radio stations (107.9 FM, 600 AM, 99.9 FM) and local news on television (News 12 CT, WTNH 8 TV, WFSB TV channel 3, WNBC channel 4, NBC channel 30).
- If inclement weather starts in the late afternoon and you are uncertain whether classes will be held, check your email for a message from our office, call our office at 203•341•1209, or check our website.

## OUR REFUND POLICY

- If we cancel a course, all tuition and fees will be refunded.
- There are no refunds or credits for withdrawal from single session courses.
- If you withdraw in writing at least four weeks before the start of a program, your tuition only will be refunded less a \$25 processing fee per class.  
**No refunds or credits thereafter.**
- Withdrawal requests must be in writing and may be emailed, faxed or mailed to us. Our email address is [conted@westport.k12.ct.us](mailto:conted@westport.k12.ct.us)

## WESTPORT SENIORS (62+)

- “**Sr.\$**” indicates a reduced fee for that class.
- “**Sr. No Fee**” indicates a tuition free class.  
Any other fees apply.

**REGISTER ONLINE! • [www.westportcontinuinged.com](http://www.westportcontinuinged.com)**



**WESTPORT**  
CONTINUING EDUCATION

70 North Avenue  
Westport, CT 06880-2799

Non-Profit Org.  
U.S. Postage  
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Westport, CT  
Permit No. 35



Scan here with your smartphone  
or iPhone (with appropriate app)  
to go to our website

**Great New Classes . . . try something new!!!**

Digital Camera Operation  
Financial Planning for Women  
Nature Photography  
Prevent Identity Theft  
Renovate Right  
Scrabble Club  
Shakespeare 101  
STEM Classes for Kids  
Weight Loss

Sign up for  
**STAYCATIONS**  
over February and April  
school vacations

**Saturday Classes Offered**

Watch for our  
**Summer Catalog in March**

**Basic Education**

Adult Basic Education (ABE)  
English as a Second Language (ESL)  
General Education Development (GED)  
American Citizenship

**[www.westportcontinuinged.com](http://www.westportcontinuinged.com) ~ 203-341-1209**

