



*Boudoir*

PLANNING  
GUIDE

**HAUTE**VIEW

Boudoir & Glamour Division of Life with a View Studio

[www.haute-view.com](http://www.haute-view.com)

# Hello Gorgeous!

Thank you for downloading your guide to plan the best boudoir shoot ever! No matter where you book, we want you to have an incredible experience before, during and after your boudoir photo shoot.

At Haute-View Boudoir, you can be sure that we'll help you every step of the way to feel prepared and have gorgeous photos.

My name is Brittany Carpenter and I am the woman, camera, heart, and soul behind Haute-View Boudoir Photography. I started doing Boudoir photography with the idea that every woman deserves the opportunity to have gorgeous, glamorous, sexy, professional images of herself.

My photographic style is a modern blend of editorial and fashion. I am a minimalist when it comes to photography, and prefer to keep my sets simple and intimate. I am always looking for genuine emotion and personality in my imagery, and I want everyone I photograph to feel comfortable and confident. My sessions are fun and relaxed spaces, and I give you enough direction and coaching to get the most incredible, flattering and gorgeous shots that look and feel like you.

Boudoir is about YOU, and I want you to love your experience and your photos so you can see yourself in a whole new way. I want every aspect of Haute View Boudoir to be an unforgettable, ultra-fun luxury experience. I include professional hair and make-up, champagne and snacks, and give you a spa-like experience of being pampered.

Our sessions are designed to empower and infuse you with a sense of confidence. Our sessions create a luxury boudoir experience that reminds you to love yourself.

This is boudoir for EVERY WOMAN.

You are BEAUTIFUL. You are STRONG. You are UNIQUE.  
You are SEXY. You are a GODDESS.

AND MOST IMPORTANT - YOU ARE WORTH IT.

Much Love.  
Brittany



# Countdown to your Photo Shoot

## 1 month before

- book your beauty appointments
- shop online or in person

## 1 week before

- get a trim and color touch up
- mani-pedi
- DIY facial (nothing harsh)
- drink water
- try everything on



## 1 day before

- cut all tags off outfits
- pack your bag
- drink lots of water
- check for polish chips
- take a long shower or bubble bath
- wash and dry your hair



## the big day!

- eat a light breakfast
- wash and moisturize your face (if you booked makeup)
- wear loose clothes and no bra
- put a big smile on your face, relax, and let us do the rest....you're about to have some fun



# Our Client Closet

Our client closet is filled with a variety of pieces we have found over the years that photograph well and fit a variety of different body types. Each outfit is cleaned and sanitized, after every try-on or use. We keep a variety of colors, sizes XS-4X and styles. We also have black, nude, and a variety of color stiletto heels in every size 6-12.



# Our Favorite Places to Shop

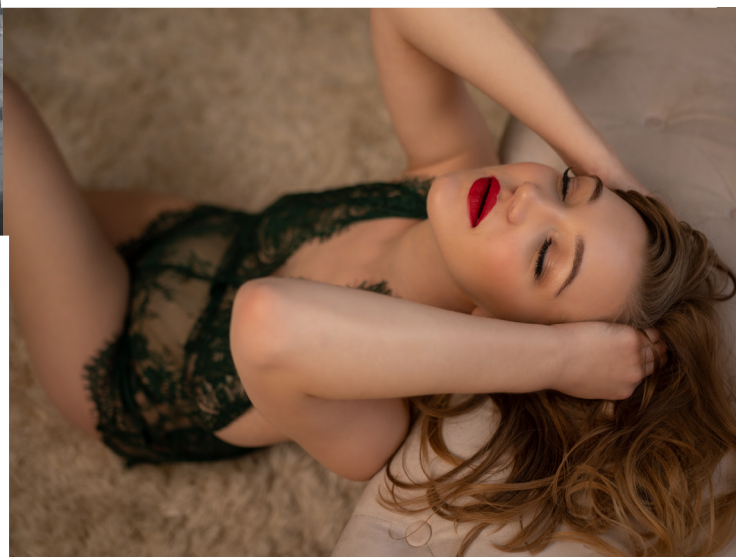
## Splurge

- [www.agentprovocateur.com](http://www.agentprovocateur.com)
- [www.bhldn.com](http://www.bhldn.com)
- [www.honeybirdette.com/](http://www.honeybirdette.com/)



## Mid-Range

- [www.boohoo.com](http://www.boohoo.com)
- [www.hipsandcurves.com](http://www.hipsandcurves.com)
- [www.torrid.com](http://www.torrid.com)
- [www.adoreme.com](http://www.adoreme.com)



## Budget

- Amazon
- Shein

# Wardrobe Ideas

These are versatile outfits that look good on every body type. But, most important, find something that fits you well and you feel confident in.



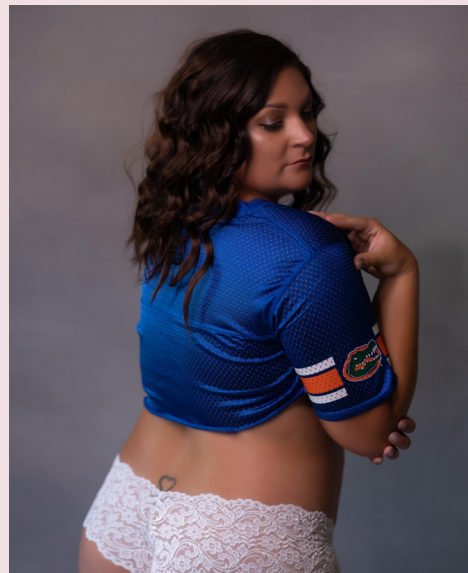
## SHAPER SLIPS

In stores you won't find any more granny girdles in the shapewear, now you can find slips that have intricate lace and beautiful fabrics that smooth any bumps into a beautiful silhouette



## SWEATER & PANTIES

If you want to give the "weekend sexy vibe" a soft off-the-shoulder sweater and a pretty pair of panties will do the trick. And best yet, you probably already have this one in your closet.



## FITTED JERSEY AND CUTE PANTIES

Show some love to his favorite team. Find a fitted women's jersey or a cute fan tee. Then pair it with some cute panties.



## BODYSUITS & TEDDY

These leave a little to the imagination and create a stunning look that suits all body types. If you don't love your arms, they even have sleeves.



## SENTIMENTAL TOUCHES & BRIDAL ACCESSORIES

Bring something intimate from home or accessories you'll wear on your wedding day.



## NOTHING AT ALL

We have the classic white sheets, a shower set, but feel free to make it your own. Every session is customized to your comfort level.

# Accessories we love



**High Heels**  
new-ish with clean soles and bottoms  
(we keep sizes 6-12 in our client closet)



**Stockings or Knee High  
Sexy Socks**  
(we keep new stockings in our client closet)

**Jewelry**  
Pearls for Classic, Diamonds for Glam,  
and Statement for a Pop of Color



**Lips to Match each outfit**  
Purple and Red are essentials

**Sentimental Touches**  
Veil, Garter, Wedding Perfume, etc.



# Posing & Lighting

Brittany will guide you from head to toe throughout your whole session. She uses posing and lighting to make each photo as flattering and beautiful as possible.





# Love Notes

I loved everything about this experience. It was my first boudoir photo shoot and I was super nervous as I had never done anything like that before. Brittany sat down before the shoot and we talked about the style I was going for. It was a 1st wedding anniversary gift to my husband. I am definitely pretty self-conscious, but she made me feel completely comfortable in my own skin. She made it totally fun! My husband was speechless after I gave him the beautiful book that Brittany put together. He has told me on numerous occasions that it his most beloved possession. Thank you for all your amazing work and for making me feel beautiful!!! ~ Megan

Brittany was amazing to work with from start to finish. Always quick to respond and super helpful. She put me completely at ease and helped make this mom of three feel beautiful. The album turned out gorgeous and was the perfect anniversary present for my husband! ~ Rachel

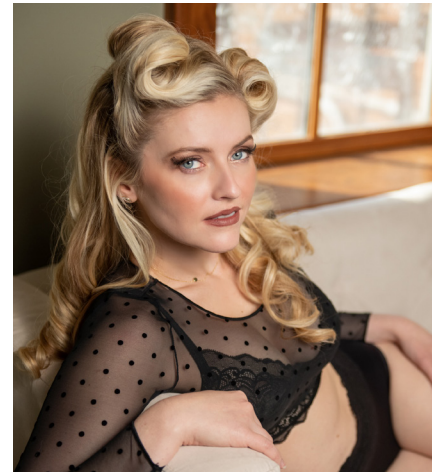
OMG...they are great! You did a awesome job. I received my album today...its beautiful! Thank you so much...you made me a beautiful sexy woman...I'm not just a mom. :). Thank you so much for everything. ~Lacey

# Client Inspiration

Hi, my name is Carrie. There are just a few things you should know about me. One, I'm in my mid-thirties. Two, I have three crazy, wonderful kids. And three, I'm getting ready to embark on my first ever boudoir photo shoot while showcasing this experience with the public! Yes, that's right, I am going to undress down to my skivvies and pretend like I'm a confident supermodel ready to take on the world! But wait, I'm DEFINITELY not a supermodel, and my confidence can sometimes feel like I'm on a roller-coaster ride. However, these are issues that I personally want to improve upon. I want to feel more confident about who I am, and how my life experience has got me to where I am today. I want to be prouder of all those things! And why shouldn't I? Why shouldn't we all feel this way? I have a happy marriage with a sweet and loving man, and children who I adore and make my life so much more worthwhile. So, I jumped in with both feet and said, "Let's do this!" to a boudoir photo shoot.

When I first started talking to the Haute-View Boudoir photographer, Brittany, about doing this, she was so positive and excited about the whole process. She put me at more and more ease about the photo session, and I began to feel more excited than nervous. We talked about the type of look I wanted to feature in the photo shoot, and I instantly leaned towards retro style. I have always been a fan of vintage, retro dress and photography; so, this theme just made total sense for my photoshoot. After the shopping was done, I made sure I felt comfortable with the lingerie that I purchased by trying it on in front of a mirror at home. This step in the process helped me because it added another level of comfort by getting myself more used to the idea of wearing lingerie. Before the day of the photo shoot, I made sure that my hair was freshly highlighted, brows tweezed, and legs shaved. Taking care of all these housekeeping items, so to speak, made me feel more confident and ready to do this thing!

When the day of the photo session came, I was a bit jittery and excited. Luckily, Brittany was prepared and had a silk robe, and champagne waiting for me to sip on and relax while I got my hair and make-up done. The stylist was not only professional but super relatable and made me feel at ease about what I was about to do. Once the photoshoot started, Brittany turned on some fun music to get me ready for my closeup! And honestly, it was....So. Much. Fun! Yes, that is correct. Walking around a studio in my underwear while posing in all sorts of places, was absolutely a blast! Brittany showed me certain poses that would work with our theme and that were flattering for me while telling me how amazing I was doing the whole time. As the photo shoot went on, I began to feel an increase in my confidence, and I felt like the photos got better and better. When you are given strong encouragement, your creativity can blossom, and you will be surprised what you can accomplish. I would 100% recommend doing this for ladies out there who want a fun and uplifting experience! Plus, my husband didn't mind giving his opinion on these photos one little bit!



*We cannot wait  
to show you just how  
beautiful you really are.*

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