# Faith and Life

# Bible Study

# I am come that they might have life, and that they might have it more abundantly. John 10:10



#### TABLE OF CONTENTS

- 1. What the Bible teaches about God
- 2. What the Bible teaches about Itself
- 3. What the Bible teaches about Prayer and Faith
- 4. What the Bible teaches about the Coming of Christ
- 5. What the Bible teaches about the Signs of Christ's Coming
- 6. What the Bible teaches about Sin
- 7. What the Bible teaches about Salvation
- 8. What the Bible teaches about the Forgiveness of Sin
- 9. What the Bible teaches about the Judgment
- 10. What the Bible teaches about God's Holy Law
- 11. What the Bible teaches about the Sabbath
- 12. What the Bible teaches about How to Keep the Sabbath
- 13. What the Bible teaches about Death
- 14. What the Bible teaches about the Church
- 15. What the Bible teaches about the Spirit of Prophecy
- 16. What the Bible teaches about Christian Standards
- 17. What the Bible teaches about Baptism
- 18. What the Bible teaches about God's Plan for Spreading the Gospel
- 19. What the Bible teaches about Christian Life
- 20. God is Calling Us
- 21. My Resolution

Lesson 1. What the Bible teaches about God.

#### God

- 1. Who is the creator of the heaven and the earth? Genesis 1:1
- 2. How many gods are there? Ephesians 4:6
- 3. What is God's nature? John 4:24
- 4. Who are the three divine persons of the Trinity? 2 Corinthians 13:14
- 5. Is there a difference between the love of the Father and that of the Son? John 10:30, 14:11
- 6. What is God's character? 1 John 4:8

#### God and Man

- 7. How does God regard us? 1 John 3:1,2
- 8. Is God concerned about our problems? Psalm 40:1-3, 1 Peter 5:7
- 9. What was God's purpose in creating the earth? Isaiah 45:18
- 10. In whose image was man created? Genesis 1:27

#### What should I do?

- 1. Respect God's name. Exodus 20:7
- 2. Obey God. Acts 5:29
- 3. Give God priority in my life. Matthew 6:23
- 4. Love God with all my heart. Matthew 22:37

#### **My Resolution**

I believe in God the Father, the Son, and the Holy Spirit. I am willing to love and obey Him as my Heavenly Father.

#### Lesson 2. What the Bible Teaches about Itself

#### **Revealed by God**

- 1. In the days of Jesus, what was the name for the Bible? Matthew 21:42
- 2. Who inspired the scriptures? 2 Timothy 3:16
- 3. Who received the revelation? Hebrew 1:1
- 4. Upon what evidence did Jesus base the fact of his Messiahship? Luke 24-27, 44

Note: 'The Law of Moses' was a common Jewish term for the first five books of the Old Testament. 'The Prophets' included Isaiah, Jeremiah, Ezekiel, the twelve Minor Prophets, Joshua, Judges, 1 and 2 Samuel and 1 and 2 Kings. 'The Psalms' included all the remaining books.

#### Source of guidance and solutions

- 5. To what is the Holy Bible compared? Ps. 119:105
- 6. What benefit is provided when we study the Holy Bible? 2 Timothy 3:15-17
- 7. What blessings are given to us in the Holy Bible? Romans 15:4
- 8. By what is man to live? Matthew 4:4
- 9. How long will God's word last? Isaiah 40:8

#### What should I do?

- 1. Read the bible every day. Deuteronomy 17:19
- 2. Study it with prayer and interest. John 5:39
- 3. Accept it with joy and happiness. Jeremiah 15:16

#### **My Resolution**

I believe God inspired the Holy Bible. I intend to study it daily and follow its teachings.

#### Lesson 3. What the Bible Teaches about Prayer and Faith

#### Prayer

- 1. How do we communicate with God? Daniel 9:3
- 2. What is Prayer? Philippians 4:6, 1 Samuel 1:9-15
- 3. How much power is there in one sincere prayer? John 5:16
- 4. In whose name should we pray? John 14:13-15
- 5. What must accompany faith in order that our hearts shall not condemn us and that we may have the things of which we ask? 1 John 3:22
- 6. Does God answer our prayers? Matthew 7:7-11
- 7. How much should we pray? 1 Thessalonians 5:17
- 8. Note: Your mind should be kept in a prayerful mode, when engaged in the duties of life.

#### Faith

9. What is Faith? Hebrews 11:1-6

10. How is Faith developed? Romans 10:17

11. How should we pray be God? 1 Corinthians 14:15

#### What should I do?

- 1. Pray regularly. Psalm 55:17
- 2. Ask what is best for me. James 4:3
- 3. Ask with Faith. Matthew 21:22
- 4. Forgive others. Mark 11:25, 26

**My Resolution:** I believe God listens to our prayers and answers them. I will pray every day with Faith.

#### Lesson 4. What the Bible Teaches about the Coming of Christ

#### Jesus promised to return

- 1. What was the promise Jesus made? John 14:1-3
- 2. How should we consider this promise? Titus 2:13

#### Jesus' Coming

- 3. How did Christ appear at the transfiguration, representing his future glory? Matthew 17:2 ]
- 4. How will Jesus return? Matthew 24:30
- 5. How many will see His glorious advent? Revelation 1:7

#### Purpose of Jesus' Return

- 6. What is the purpose of Jesus' return? Matthew 16:27
- 7. What was Enoch's belief about this event? Jude 14-15
- 8. What will happen to those who sleep in Jesus? 1 Thessalonians 4:13-16
- 9. Where will the righteous go? 1 Thessalonians 4:17

#### What should I do?

- 1. Be excited about Jesus' coming. 2 Timothy 4:8
- 2. Get ready for His coming. 1 John 3:2,3
- 3. Help with the preaching of the Gospel. Matthew 24:14

**My Resolution:** I believe in the second coming of Jesus, and I want to be ready to be with Him in Heaven.

Lesson 5. What the Bible Teaches about the Signs of Christ's Coming

#### When will Jesus come?

- 1. What did the disciples ask Jesus? Matthew 24:3
- 2. Do we know the date of the Jesus' return? Matthew 24:36

3. Are we in the dark regarding Jesus' return? 1 Thessalonians 5:14

#### Signs announcing the return of Jesus

- 4. What social conditions will prevail in the last days? 2 Timothy 3:1-5
- 5. What will be the moral condition of humanity? Matthew 24:12
- 6. What will happen to science? Daniel 12:4
- 7. What signs will be in sun, moon and stars? Luke 21:25,26 Joel 2:30

Note: 19<sup>th</sup> May 1780: in Northern America, the sun was darkened in the midst of the day and the moon gave no light. 13<sup>th</sup> November 1833: stars fall from the sky. 26<sup>th</sup> December 2004: Indonesia earthquake of 9.3 Mw and tsunami. 31 January 2018: moon turn to blood.

- 8. What is it that most of humanity does not understand? Matthew 24:37-39
- 9. What solemn warning did Jesus leave for us? Luke 21:34

#### What should I do?

- 1. Be alert to the signs of the times. Luke 21:28-31
- 2. Watch and be prepared for His coming. Matthew 24:42,44

**My Resolution:** I believe that Jesus will return soon. I have decided to get ready to go with Him to the New Earth.

Lesson 6. What the Bible Teaches about Sin

#### **Origin of Evil**

- 1. Where and when did sin begin? Revelation 12:7-12
- 2. In whom did sin originate? Ezekiel 28:14-17 Isaiah 14:12-14

#### Sin on earth

- 3. What proof of obedience did God establish? Genesis 2:15-17
- 4. What was the first sin? Genesis 3:1-6

#### Meaning and effects of Sin

- 5. What is sin? 1 John 3:4
- 6. To whom does the sinner submit? 1 John 3:8
- 7. What is the result of sin? Romans 6:23
- 8. What else is said about sin? 1 Corinthians 15:56

#### What should I do?

- 1. Resist Satan in the name of God. James 4:7
- 2. Not give in to sin Romans 6:12
- 3. Overcome with Jesus' help. Romans 8:37
- 4. Confess your sins. Proverbs 28:13

**My Resolution:** With God's help, I will strive to clean up my life from all my sin.

#### Lesson 7. What the Bible Teaches about Salvation

#### The Consequences of sin

- 1. For what purpose did Christ come into the world? 1 Timothy 1:15
- 2. What is the consequence of sin? Romans 5:12
- 3. Can we solve the problem of sin? Jeremiah 2:22

#### Jesus saves the sinner

- 4. What provision did God make for our salvation? John 3:16
- 5. How did Jesus describe His mission? Luke 19:10
- 6. Did Jesus sin? Hebrews 4:15
- 7. How did Jesus cancel our debt? Isaiah 53:3-7 1 Peter 1:18-19
- 8. What is the evidence of our salvation? 1 Corinthians 15:20-22
- 9. Who will receive that salvation? Hebrews 9:28

#### What should I do?

- 1. Believe in Jesus. Acts 16:30,31
- 2. Accept Jesus as my only Savior. Acts 4:12
- 3. Open my heart to Him. Revelation 3:20

**My Resolution:** I believe that Jesus died for me. I accept Him as my only Savior. I surrender my life and my heart to Him.

#### Lesson 8. What the Bible Teaches about the Forgiveness of Sin

#### The only way to salvation

- 1. In what way has God dealt with penitent sinners? Psalm 103:10
- 2. Why has He dealt thus with men? Psalm 103:11
- 3. Thanks to whom and to what are we saved? 1 Peter 2:24
- 4. What is the price of salvation? Romans 3:24 It is free Jesus paid the price.

#### **Getting Forgiveness**

- 5. What sincere recognition must sinners experience? Luke 18:10-13
- 6. What deep feeling is indispensable? Acts 2:37, 38
- 7. What should I do with my sins? Psalm 32:3-5

#### The Sweet Assurance of Forgiveness

- 8. What does God offer? Ephesians 1:7 Isaiah 1:18
- 9. How complete is divine forgiveness? Isaiah 43:25

#### What should I do?

- 1. Repent with all my heart. Acts 3:19
- 2. Confess all my sins. 1 John 1:9
- 3. Experience the conversion. Ezekiel 36:25-27

**My Resolution:** With all my humility, I ask forgiveness for my sins. I believe that God will forgive me. I want to live a life of holiness in Jesus.

#### Lesson 9. What the Bible Teaches about the Judgment

#### Importance of the Judgment

- 1. How many must meet the test of the judgment? Ecclesiastes 3:17
- 2. Will any besides the human family be judged? Jude 6

Note: three classes will be judged: the righteous, the wicked, and the fallen angels

- 3. With which class will the judgment begin? 1 Peter 4:17
- 4. Out of what will they be judged? Daniel 7:10
- 5. In what way has God dealt with penitent sinners? Ecclesiastes 12:14
- 6. Who will appear in the trial? 2 Corinthians 5:10

#### The Judgment in Action

- 7. Who is the judge? Romans 2:16
- 8. Where are our deeds recorded? Revelation 20:12
- 9. Under what law will all be judged? James 2:12
- 10. How can we ensure that we are acquitted at trial? John 5:24 1 John 2:1

#### What should I do?

- 1. Believe in Jesus and accept Him as my Savior. John 5:24 Acts 16:30-31
- 2. Honor God and keep his Commandments. Ecclesiastes 12:13

**My Resolution:** I accept Jesus as my Advocate. I want to represent and obey God's commandments.

#### Lesson 10. What the Bible Teaches about God Holy Law

#### Importance of God's Law

- 2. Who is the author of the Law? Exodus 31:18
- 3. What is said of the stability of His character? Malachi 3:6
- 4. What are the Ten Commandments? Exodus 20:3-17

#### The eternity of God's Law

- 5. How do we attain salvation? Romans 3:28 Ephesians 2:8,9
- 6. Do we void the Law through faith? Romans 3:31
- 7. What is the purpose of the Law? Romans 3:20; 7:7
- 8. Toward whom does the Law draw us? Galatians 3:24
- 9. What was Jesus' attitude toward the Law? John 14:15
- 10. Did Jesus change the Law? Matthew 5:17, 18

#### What should I do?

- 1. Love God and keep His Law. John 14:15
- 2. Keep His Commandments. Psalm 119:44
- 3. Respect all of His Commandments. James 2:10-12

**My Resolution:** I accept God's Law as the standard of my life. With God's help I will try to obey all the Commandments.

#### Lesson 11. What the Bible Teaches about the Sabbath

#### The rest God gives

- 1. Which is the day of rest according to God's law? Exodus 20:8-11
- 2. For whose benefit was the Sabbath made? Mark 2:27
- 3. Why was the Sabbath given to Israel and how long was it to be a sign? Exodus 20:12; 31:17

#### The eternity of God's Law

- 4. Who instituted the Sabbath, and when did He do it? Genesis 2:1-3
- 5. What day did our Lord Jesus Christ keep? Luke 4:16
- 6. What day did Mary keep? Luke 23:56
- 7. What day did the apostles keep? Acts 17:2
- 8. Why did Paul meet on the first day of the week? Acts 20:7
- 9. What day will be kept in the New Earth? Isaiah 66:22, 23

#### What should I do?

- 1. Make sure I don't break the Sabbath. Isaiah 56:2
- 2. Keep the Sabbath holy by doing God's will. Isaiah 58:13, 14
- 3. Obey God rather than man. Acts 5:29

**My Resolution:** I believe the Sabbath day belongs to God. I commit myself to keeping it faithfully.

#### Lesson 12. What the Bible Teaches about how to keep the Sabbath

#### The right way to keep the sabbath

- 1. What did God do with the Sabbath day? Genesis 2:1-3 Sanctify: to set apart
- 2. On what day we should start preparing for it? Exodus 16:22, 28
- 3. When does the Sabbath begin? Leviticus 23:32
- 4. What shouldn't we do on the Sabbath? Exodus 20:10
- 5. Where should we go on the Sabbath? Luke 4:16
- 6. What can we do on the Sabbath? Matthew 12:12
- 7. What promise does God make to the faithful? Psalm 37:3, 4, 28
- 8. What kind of protection will God give to those who obey Him? Deuteronomy 11:13-15

#### What should I do?

- 1. Faithfully obey God's commandments. James 4:17
- 2. Trust entirely in Jesus. Philippians 4:13

My Resolution: I have decided to faithfully keep the holy sabbath by following Jesus' example.

#### Lesson 13. What the Bible Teaches about Death

#### Life

- 1. Who created man and woman? Genesis 1:27, 2:7
- 2. In what condition was man created? Hebrews 2:6,7
- 3. How is man's nature defined? Job 4:7 Mortal: subject to death. Webster dictionary
- 4. What is God's nature? 1 Timothy 1:17 Immortal: exempt from death. Webster dictionary

#### Death

- 5. To what does Jesus compare death? John 11:11-13
- 6. Do dead people have some knowledge? Ecclesiastes 9:5,6
- 7. What happens to the soul? Ezekiel 18:4
- 8. When will immortality be given to us? 1 Corinthians 15:32,33
- 9. Should we talk to the dead? Deuteronomy 18:10-12, Isaiah 8:19-20

#### What should I do?

- 1. Get consolation from the hope of resurrection. 1 Thessalonians 4:13-18, 19
- 2. Believe Jesus will resurrect me. John 11:25
- 3. Persevere until I receive immortality from God. Romans 2:7

**My Resolution:** I trust in God's wonderful promises. I surrender to Jesus so I can enjoy eternal life.

#### Lesson 14. What the Bible Teaches about the Church

#### **Church organisation**

- 1. Who is the cornerstone of the church? Ephesians 2:20
- 2. What are some of the gifts the Lord has given us to build His church? Ephesians 4:11, 12
- 3. What is the true mission of the church? Matthew 4:23
- 4. How should the church be governed? Acts 6:1-4 1 Corinthians 12:25, 27-30

#### **Characteristics of the True Church**

- 5. What example should the church follow? John 13:15
- 6. What are the characteristics of the true church? Revelation 12:17
- 7. Which particular gifts should the church have? Revelation 19:10

#### What should I do?

- 1. Join the true church. Acts 2:41
- 2. Be faithful and firm. 2 Peter 1:10-12

**My Resolution:** I believe that Jesus is the founder of the true church. I will join it and be faithful until the end.

#### Lesson 15. What the Bible Teaches about the Spirit of Prophecy

#### The Prophetic Gift

- 1. How did God communicate with man in the garden of Eden? Genesis 3:9
- 2. Since the fall, how has God made known his will? Hebrews 1:1
- 3. To whom does God reveal His plans? Amos 3:7
- 4. How does God communicate with His prophets? Numbers 12:6
- 5. Can a woman be a prophet? Joel 2:28 Acts 21:9

#### The Prophetic Gift of the true church

- 6. Did the early church have prophets? 1 Corinthians 12:28
- 7. Whom was this gift designed to benefit? 1 Corinthians 14:22
- 8. What is predicted about the prophetic gift in the true church? Revelation 12:17, 19:10

*Note:* Seventh-day Adventists believe that the promise of the prophetic gift was fulfilled in the ministry of Ellen G. White

9. What is the testimony of Jesus? Revelation 19:10

#### What should I do?

- 1. Value the prophecies. 1 Thessalonians 5:20
- 2. Be attentive to the prophecies. 2 Peter 1:19
- 3. Believe in the Prophets. 2 Chronicles 20:20

**My Resolution:** I accept the prophetic gift God gave His church. *Note: We advise you read the book: Steps to Christ by Ellen G. White* 

#### Lesson 16. What the Bible Teaches about Christian Standards

#### **Health Principles**

- 1. How does God consider the human body? 1 Corinthians 6:19, 20
- 2. Why is it necessary to preserve the body in good health? Romans 12:1
- 3. What is the ideal diet for human beings? Genesis 1:29

Note: green herb for meat was given to the animals, fowl to eat

- 4. When did God permit man to eat flesh? Genesis 9:3,4
- 5. Which meats are particularly unclean? Leviticus 11:3-20
- 6. What does the Bible say about alcohol beverages? Proverbs 20:1
- 7. Why should we abstain from tobacco, drugs, coffee and harmful substances? 1 Cor. 3:16,17
- 8. How should we dress? 1 Timothy 2:9,10
- 9. Why should we carefully choose our hobbies and entertainment? Philippians 4:8; Col. 3:2

#### What should I do?

- 1. Develop a Christian character. Philippians 2:12-15
- 2. Follow Jesus example in everything. 1 John 3:2,3
- 3. Believe in the Prophets. 2 Chronicles 20:20

**My Resolution:** I believe that my body is the temple of the Holy Spirit, therefore I will abstain from all harmful foods and drinks, furthermore, I will follow a Christian lifestyle in the way I dress and entertain.

#### Lesson 17. What the Bible Teaches about Baptism

#### True Baptism

- 1. What commission did Christ give to His disciples? Matthew 28:18-20
- 2. What does Biblical baptism (immersion in water) symbolize? Romans 6:4,5

3. How important is baptism for the believer? Mark 16:15,16

- 4. Before one is baptized, what is necessary for him to do? Acts 2:38
- 5. Toward whom must men repent? Acts 20:21

#### **Results of baptism**

- 6. What are two benefits of being baptized? Acts 2:38
- 7. Those who are baptized become a part of what divinely appointed group? Acts 2:41,42,47
- 8. What change does baptism bring? Romans 6:4

#### What should I do?

- 1. Believe in the Lord Jesus. Acts 8:37
- 2. Abandon sin. Romans 6:11-13
- 3. Ask to be baptized. Acts 8:35-38
- 4. Answer God's call quickly. Hebrews 4:7

**My Resolution:** I believe in baptism by immersion. I want to be baptized to follow Jesus example.

#### Lesson 18. What the Bible Teaches about God's Plan for Spreading the Gospel

#### God owns everything

- 1. Who is the owner of the universe? Psalm 24:1, 50:12
- 2. What great wealth belongs to God? Haggai 2:8
- 3. Where does all our wealth come from? Deuteronomy 8:17,18

Note: Forget not God. Keep his commandments.

4. How may one show honor to God? Proverbs 3:9

#### God's part

- 5. What part of our income belongs to God? Leviticus 27:30,32 Matthew 23:23
- 6. How much should we return to God? Deuteronomy 14:22
- 7. Where does this money (tithe) go? 1 Corinthians 9:13,14
- 8. What is God's promise if we are faithful? Malachi 3:10,11
- 9. What ought they to do with their means? 1 Timothy 6:18

#### What should I do?

- 1. Be a faithful steward of God's assets. 1 Corinthians 4:2
- 2. Return my tithes and offerings to God. Malachi 3:8
- 3. Give joyfully. 2 Corinthians 9:6,7

**My Resolution:** I promise to give gladly all that belongs to God.

#### Lesson 19. What the Bible Teaches about Christian Life

#### **New Life**

- 1. What change occurs in life when we accept Jesus? 2 Corinthians 5:17
- 2. What new experience will we have? 1 Thessalonians 5:23
- 3. What is the rights attitude toward trials? 1 Peter 4:12,13
- 4. How should our faith grow? 2 Peter 3:18

#### **Devotional Life**

- 5. What is our daily essential spiritual food? Deuteronomy 6:6-9 Jeremiah 15:16
- 6. How do we establish communion with God? 1 Thessalonians 5:17
- 7. How should we approach God in prayer? Philippians 4:6
- 8. How much and how often are we to give thanks to God? Ephesians 5:20

#### **Living Worship**

- 9. What mission has God entrusted to the church? Matthew 24:14; 28:19
- 10. What task must we be prepared to do? 1 Peter 3:15

#### **Spiritual Leaders**

- 11. What should be the Christian's attitude toward spiritual leaders? 1 Thessalonians 5:12,13
- 12. Who is our supreme leader? Colossians 2:6,7

My Resolution: With God's help, I will follow Jesus faithfully.

#### Lesson 20. God is Calling Us

#### Indispensable for Salvation

- 1. What is the invitation the Lord makes to us? Acts 2:38
- 2. Why is it necessary to repent? Acts 3:19

#### God's tender invitations

- 3. What call did Jesus extend to Matthew? Luke 5:27
- 4. How did Matthew respond? Luke 5:28
- 5. What other tender call does Jesus make? Revelation 3:20
- 6. How should we respond to Jesus' invitation? Acts 22:16

#### What should I do?

- 1. Not delay my decision for the Lord. Acts 24:25
- 2. Decide to follow God together with my family. Joshua 24:15
- 3. Make a choice now. Hebrews 3:15
- 4. Ask to be baptized. Acts 8:36
- 5. Trust completely in Jesus. Philippians 4:13
- 6. After baptism what should one do? Colossians 3:1

**My Resolution:** I recognize that the Lord Jesus is calling me to join His Church. I gladly respond to His invitation by surrendering my life to Him.

#### Lesson 21. My Resolutions – I can do all things through Christ which strengthens me. Phil 4:13

#### By God's Grace I have decided:

- 1. To accept Jesus as my only savior. Acts 4:12
- 2. To abandon sin, having obtained the forgiveness that God offers through repentance, confession and conversion. 1 John 1:9
- 3. To accept the Bible as the only rule of faith and to study it daily with prayer. John 5:39
- 4. To pray regularly. Daniel 6:10
- 5. To faithfully keep His commandments by the grace of God. 1 John 2:4, 3:24
- 6. To keep the Sabbath, not doing any unnecessary work on His day, and attending Church. Exodus 20:8-11
- 7. To accept the prophetic gift. 2 Chronicles 20:20
- 8. To follow a heathy lifestyle, thus glorifying God in my body. To abstain from unclean meats, alcoholic beverages and anything else that harms my body. 1 Corinthians 6:19. 20
- 9. To dress with Christian modesty. 1 Timothy 2:9
- 10. To cooperate with God's plan by giving my tithes and offerings. Malachi 3:6-9 Matt 23:23
- 11. To use my gifts to serve God by bringing souls to Jesus' feet. Luke 8:38, 39
- 12. To accept counsel from the Church and its pastors. Hebrews 13:17

Thank you for completing this bible study. God loves you and wants you to live with Him eternally. Will you accept His invitation today?

We trust that you have been blessed by this Bible Study and have grown to know and love God supremely.

For more information, contact a Seventh-Day Adventist Church in your area or contact us at:

Natural Healing Through the Laws of Health Corn Alley, St. John's, Antigua and Barbuda 1-268-720-0418 Las Lomas No.2, Via Cunupia, Trinidad and Tobago 1-868-724-4898 www.nhtlh.com