Action Planning Tool for the AHRQ Surveys on Patient Safety Culture









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Purpose

This *Safety Culture Tool* was designed primarily for users of the Agency for Healthcare Research and Quality (AHRQ) Surveys on Patient Safety Culture (<u>http://www.ahrq.gov/</u>professionals/quality-patient-safety/patientsafetyculture/index.html).

The *Tool* is intended for use after your organization administers the survey and analyzes the results. It provides step-by-step guidance to help survey users develop an action plan to improve patient safety culture. This tool includes an *Action Plan Template* your organization can use to document goals, initiatives, needed resources, process and outcome measures, and timelines.

The AHRQ Surveys on Patient Safety Culture enable hospitals, medical offices, nursing homes, community pharmacies, and ambulatory surgery centers to assess how their staff perceive various aspects of patient safety culture. The survey is an important source of information for health care organizations striving to improve patient safety and can be used as an effective starting point for action planning to achieve changes in culture. Promotion of such change is the driving force behind the surveys.

Before You Begin

Before you begin action planning, you will need to secure leadership support and form an action planning team.

Secure Leadership Support

Strong leadership commitment at all levels is essential to the success of an initiative and may need to be your first step in the action planning process. A good strategy is to seek leadership support before starting action planning and to confirm that support again during and after action plan development. The management style of your senior leaders and the scope of your plans will help determine when it is best to seek their support.

In addition to senior leaders, you will need the support of managers or supervisors who will be involved in the action plan. It is also important to identify influential individuals who may not be in formal leadership positions but whose influence could make the difference between the success or failure of your action plan. Also think about informal leaders in clinical and nonclinical positions.

Form an Action Planning Team

Form an action planning team to help you develop an action plan and implement and evaluate the action plan. Consider the following suggestions when identifying potential team members:

• Recruit a multidisciplinary team with a mix of roles, expertise, skills, and perspectives. Key skills might include data analysis, quality improvement, human resources, or project management. You may already have an existing committee or group whose members can serve as the core of your action planning team. Remember to include clinicians.

- Ask a senior leader to join the team and lend support in a visible and ongoing way. This is a great way to engage such leaders in the process and ensure their input and buy-in.
- Include team members whose work will be directly affected by the planned initiatives. They will bring an important stakeholder perspective to the development and implementation of the action plan.

Hold a kickoff meeting to review team members' roles and responsibilities. Keep senior leadership informed of progress. Think about ways to promote teamwork and encourage all members to speak up and share their opinions. Also, keep in mind that team membership is often dynamic—you may want to add members as needed.

Develop Your Action Plan

This *Action Planning Tool* offers guidance about the key questions you need to answer when developing an action plan for your organization, facility, unit, or department. You can use the *Action Plan Template* at the end of the tool to document your answers to the questions, including details about your:

- Goals,
- Planned initiatives,
- Needed resources,
- Process and outcome measures, and
- Timelines.

Answer Ten Key Questions

You will need to answer the following questions. You do not have to address them in this exact order, but you will need to answer all of them to complete your action plan.

Defining your goals and selecting your initiatives:

- 1. What areas do you want to focus on for improvement?
- 2. What are your goals?
- 3. What initiatives will you implement?

Planning your initiatives:

- 4. Who will be affected, and how?
- 5. Who can lead the initiative?
- 6. What resources will be needed?
- 7. What are possible barriers, and how can they be overcome?

Keep the following points in mind as you build your action plan:

- You may need more time to answer some questions in this tool and may need input from others in your facility.
- You will probably develop several drafts before you are ready to implement your action plan.
- After you begin implementing your action plan, you may need to change it. Your action plan should be flexible to accommodate any needed changes.

- 8. How will you measure progress and success?
- 9. What is the timeline?

Communicating your action plan:

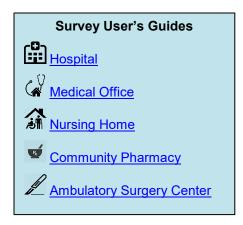
10. How will you share your action plan and with whom?

Defining Your Goals and Selecting Your Initiatives

1. What patient safety culture areas do you want to focus on for improvement?

Your patient safety culture survey scores can help you identify opportunities to improve. Focus on survey results with low scores or scores that are low relative to other benchmarks, such as scores in other units or other organizations. If you administered the survey more than once, look at changes in your scores over time. (For more information about how to analyze your safety culture survey results, see the AHRQ Surveys on Patient Safety Culture User's Guidesⁱ).

After reviewing your survey data, identify one or two areas for improvement. Develop an action plan for each improvement area you identify. To prioritize among several potential improvement areas, consider selecting ones that align with:



- Your facility's mission, or regulatory or accreditation requirements;
- Past or current initiatives to improve patient safety or quality of care;
- Priorities that staff and leadership would support;
- The expected positive impact that improvement in an area would have on patient safety culture and patient outcomes; and
- The potential for success, given available resources and time.

Complete Item 1 in the Action Plan Template

safety/patientsafetyculture/hospital/resources/hospcult.pdf

- Medical Office: www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patientsafety/patientsafetyculture/medical-office/userguide/mosurveyguide.pdf
- Nursing Home: www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patient-

Community Pharmacy: <u>www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patient-safety/patientsafetyculture/pharmacy/toolkit/PharmSOPSUserGuide.pdf</u>

Ambulatory Surgery Center: www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patientsafety/patientsafetyculture/asc/userguide/ascguide.pdf

ⁱ Hospital: <u>www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patient-</u>

safety/patientsafetyculture/nursing-home/nhguide/nhguide.pdf

2. What are your goals?

Describe your goals for each improvement area. Your goals could be at the organization or facility level, or if applicable, in a unit or department. Your goals need to be easily understood by leaders, staff implementing the change, and staff who will be affected by the change. For each improvement area that you identify, you may have one main goal or several goals. Remember to set "SMART" goals.



Complete Item 2 in the Action Plan Template

3. What initiatives will you implement?

Identify potential initiatives

Consider the following methods to identify initiatives to achieve your goals:

- What others are doing. Find out what initiatives other health care organizations, or high-performing units in your organization, are implementing to improve patient safety culture. Be sure to capture their lessons learned. You may want to consult the AHRQ Surveys on Patient Safety Culture Resource Lists,ⁱⁱ which reference initiatives that health care organizations can use to improve patient safety culture and patient safety.
- **Brainstorming sessions.** Hold brainstorming sessions to gather as many improvement activity ideas as possible. Encourage everyone to speak up. Don't let



senior staff or more forceful personalities dominate the sessions. Consider allowing people to provide suggestions anonymously. Do not analyze or criticize the usefulness of any particular idea. Just write down all the ideas that people offer.

• Include individuals whose work may be directly affected by the potential changes. Understanding their perspectives will help you identify better solutions and develop stronger staff engagement when you implement your action plan.

ⁱⁱ Hospital: www.ahrq.gov/sites/default/files/wysiwyg/sops/quality-patient-

safety/patientsafetyculture/hospitalresourcelist-020118.pdf

Medical Office: www.ahrq.gov/sites/default/files/wysiwyg/sops/quality-patient-

safety/patientsafetyculture/medofficeresourcelist-020118.pdf

Nursing Home: www.ahrq.gov/sites/default/files/wysiwyg/sops/quality-patient-

Community Pharmacy: <u>www.ahrq.gov/sites/default/files/wysiwyg/sops/quality-patient-safety/patientsafetyculture/pharmresourcelist-020118.pdf</u>

Ambulatory Surgery Center: <u>www.ahrq.gov/sites/default/files/wysiwyg/sops/quality-patient-safety/patientsafetyculture/ascresourcelist-020218.pdf</u>

- Specific
- Measurable
- Achievable
- Realistic
- Time bound

Setting SMART goals will help you see the gap between where you are and where you want to be.

safety/patientsafetyculture/nursinghomeresourcelist-020118.pdf

- Consider an icebreaker activity to get the group talking, particularly if the members of the group do not know each other well.
- Hold brownbag feedback sessions with staff (and provide food, if possible).
- Walkarounds or safety huddles. Conduct walkarounds, safety huddles, or one-on-one talks with clinicians and staff, to learn more about their concerns and potential solutions.
- Short surveys. Develop and administer short surveys to staff in selected positions or departments/offices to capture their views about potential initiatives, and follow up with staff after reviewing the results. The surveys can be 3 to 5 survey items or open-ended questions that ask for written responses.

Evaluate each initiative

After generating a list of potential initiatives, evaluate each initiative by asking the following questions:

- What is the evidence that the initiative will be effective in achieving your desired goals?
- How well does it align with your facility's mission?
- How much support will leaders, stakeholders, providers, and staff provide for it?
- How long will it take to implement?
- What will it cost to implement?
- Are the benefits likely to justify the cost of the initiative?
- What is its overall likelihood of success?

Select the initiatives you will implement and define their scope

For each improvement area, identify the potential initiatives that have the highest chance for success. Consider whether each initiative should be started on a small scale first before expanding it on a broader scale. Conducting a small-scale pilot allows you to learn from the results and make modifications before investing a large amount of resources. Discuss the list of potential initiatives with your action planning team to select what you will implement and where you will implement it.

Complete Item 3 in the Action Plan Template

Planning Your Initiatives

Gather information about how your initiatives should be implemented:

- Find out what specific activities are required and document what it will take to implement the initiative.
- Consider whether the initiative will involve training.
- Talk with other health care organizations that have implemented the same initiative to find out how they did it and identify their lessons learned. You may need to customize the initiative before implementing it.

4. Who will be affected, and how?

Identify key people who will be affected by your initiative. Consider the providers and staff who will be directly affected by changes in processes or policies. Also, changing one thing often has a domino effect in other departments or work areas. Make sure you consider such possible indirect effects of the initiative.

Complete Item 4 in the Action Plan Template

5. Who can lead the initiative?

It is essential to identify a leader and/or champion for your initiative. The leader should have the skills needed to manage the project and should be accountable for timely deliverables. This person should be enthusiastic about the initiative and have the energy to see it through, despite difficulties. The person also should be respected by others. A leader or champion might be:

- A person in a high-level position whose strong support can make it easier to get resources and implement the initiative.
- A person who may not be in a high-level position but has demonstrated interest in the initiative, would be an enthusiastic supporter, and has influence with other staff.

Complete Item 5 in the Action Plan Template

6. What resources will be needed?

What staff will you need and how much of their time will be needed?

In addition to action planning team members, what other staff will you need to help with the initiative? Think about administrative support, information systems, trainers, or outside consultants who may need to be hired. Estimate how much of each person's time will be needed for the initiative (e.g., hours per week, percentage of time, or hours per month) and how long they will be needed.

What supplies, materials, equipment, or training will be needed?

Think about the required resources and the costs that will be incurred. If things need to be purchased, consider how you will justify the need for them.

If your initial cost estimates seem high:

- Consider reducing staffing costs or other expenses.
- Build a strong rationale or business case for why funding the initiative will ultimately benefit the facility and be worth the upfront costs.
- Investigate additional public or private sources of funding, including grants, within and outside your facility.

Complete Item 6 in the Action Plan Template

7. What are possible barriers, and how can they be overcome?

Barriers are things that will make it difficult to implement your initiative. Senior leadership support will be needed to remove barriers and provide resources such as staff time. It is also useful to identify other barriers that could stall the initiative. Develop strategies for overcoming or minimizing them. Consider the following questions.

What are potential reasons the initiative might not get the support it needs?

People within your facility might not support the initiative for several reasons, including:

- Satisfaction with things the way they are and not seeing a need for change;
- Inability to fully understand the proposed initiative or its goals;
- Experience with previous failed attempts at change or with failure to sustain change;
- Inadequate plans for training or inadequate preparation of staff for the change;
- Competing priorities; and
- Lack of management or senior leadership support.

Strategies for overcoming these barriers include sharing details about your initiative and listening to staff who have expressed concerns. Their opinions and experiences may give you insights and bring to light the reasons that previous efforts may have failed. Analysis of past failures can help you avoid making similar mistakes in implementing your initiative.

What other possible barriers should you think about?

Other potential barriers could be more basic issues, such as meeting logistics (e.g., ensuring that staff can leave their work area to attend training or meetings or selecting meeting locations that are convenient for team members, including those who are offsite). Draw on the experiences of those within your facility to help you identify other possible barriers and develop strategies for dealing with them.

Complete Item 7 in the Action Plan Template

8. How will you measure progress and success?

Action plans should clearly state the process measures you will use to monitor the implementation of your initiative and the outcome measures you will use to assess whether you have met your goals. You should develop these measures before implementation. Keep the measures simple. Make sure that data collection on these measures can fit into daily work processes.

What process measures will you use to monitor the implementation of the initiative?

You need to assess whether your initiative is being implemented according to plan. Is the initiative progressing as scheduled? Are actual costs in line with budgeted costs? The information you collect may include quantitative data as well as qualitative data such as stories or anecdotes.

Examples of process measures include:

- Number of staff trained;
- Interim results for the activities, processes, or behaviors you are trying to encourage;
- Status of implementation progress at specified times;
- Results from short surveys asking staff how the initiative is going; and
- Information provided during walkarounds, safety huddles, focus groups, or interviews with those involved.

What outcome measures will you use to assess the success of the initiative?

Outcome measures help you assess whether your initiative has been successful in achieving its goals and answer the question, "What were the effects of making this change?" In many cases, goal achievement cannot be assessed immediately after implementing an initiative because it takes time to see the effects of change. Think about when it will be best for you to measure outcomes, and then plan accordingly. Measures can focus on immediate or short-term, intermediate, and longer term outcomes.

Examples of outcome measures include:

- Change in the number of patient safety events reported from time X to time Y;
- Reduction in the amount of time it takes to do or accomplish something;
- Reduction in the number of unsafe conditions, near-misses, or errors;
- Reduction in the use of shortcuts that put patient safety at risk;
- Data you already collect for other purposes, such as infection rates and other quality measures; and
- Your facility's scores from the AHRQ Surveys on Patient Safety Culture.

Complete Item 8 in the Action Plan Template

9. What is the timeline?

Develop an overall timeline for your action plan that includes time to assess whether goals have been met and to enable you to tell an informative story about what you did and how well it worked. If you plan to implement multiple initiatives, set a timeline for each.

- Make your timeline realistic. Include start dates and the expected time it will take to complete the initiative.
- Break down your timeline into steps.
- Flag the major milestones to help you easily see when target dates should be met.
- Adjust your timeline if you see the schedule start to slip.
- Plan to provide routine monthly or quarterly progress updates to your action planning team, leadership, and those affected by the initiative.

Complete Item 9 in the Action Plan Template

Communicating Your Action Plan

10. How will you share your action plan and with whom?

Get feedback on the draft action plan, revise as needed, and obtain final approval

Review your action plan to make sure it is complete and accurate. Then review and discuss the draft plan with leadership and other individuals whose support you need for your initiatives. Incorporate their feedback into your plan and present the final plan for official approval.

Share the action plan

Think about effective ways to communicate your action plan to your facility's staff, explaining why it is being implemented, who is involved, what its goals are, what initiatives will be conducted, what the timelines are, and so forth.

Consider using a mix of communication methods, such as meetings, newsletters, email, Web pages, posters, flyers, bulletin boards, and staff representatives in your facility or in each department. Allow time to address staff concerns before you begin your initiatives. You may also want to plan to share interim results with senior leadership and facility staff.

Complete Item 10 in the Action Plan Template

Page 1

Defining Your Goals and Selecting Your Initiative

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Page 2

Planning Your Initiative

| 4 | Who will be affected and how? | | |
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| 5 | Who can lead the initiative? | | |
| 6 | What resources will be needed? | Types of Staff and Required Time | Estimated Costs |
| | | Supplies, Materials, Equipment, and Other Resources Needed | Estimated Costs |
| Note | es or Comments | <u>I</u> | I |

Page 3

Planning Your Initiative (continued)

| 7 | What are possible barriers and how can they be overcome? | Barriers | Strategies For Overcoming Barriers | |
|------|--|-----------|------------------------------------|-------------------|
| | | 1. | | |
| | | 2. | | |
| 8 | How will you measure progress and success? | Process M | leasures | Staff Responsible |
| | | Outcome | Measures | Staff Responsible |
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| Note | es or Comments | | | |
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Page 4

Timeline

| 9 | What is the timeline? | Task/Milestone | Start Date | End Date |
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Communicating Your Action Plan

