

# ABOMUNIST MANIFESTO

ABOMUNISTS JOIN NOTHING BUT THEIR HANDS OR LEGS, OR OTHER SAME.

ABOMUNISTS SPIT ANTI-POETRY FOR POETIC REASONS AND FRINK.

ABOMUNISTS DO NOT LOOK AT PICTURES PAINTED BY PRESIDENTS AND UNEMPLOYED PRIME MINISTERS.

IN TIMES OF NATIONAL PERIL, ABOMUNISTS, AS REALITY AMERICANS, STAND READY TO DRINK THEMSELVES TO DEATH FOR THEIR COUNTRY.

ABOMUNISTS DO NOT FEEL PAIN, NO MATTER HOW MUCH IT HURTS.

ABOMUNISTS DO NOT USE THE WORD SQUARE EXCEPT WHEN TALKING TO SQUARES.

ABOMUNISTS READ NEWSPAPERS ONLY TO ASCERTAIN THEIR ABOMINABILITY.

ABOMUNISTS NEVER CARRY MORE THAN FIFTY DOLLARS IN DEBTS ON THEM.

ABOMUNISTS BELIEVE THAT THE SOLUTION TO PROBLEMS OF RELIGIOUS BIGOTRY IS, TO HAVE A CATHOLIC CANDIDATE FOR PRESIDENT AND A PROTESTANT CANDIDATE FOR POPE.

ABOMUNISTS DO NOT WRITE FOR MONEY; THEY WRITE THE MONEY ITSELF.

ABOMUNISTS BELIEVE ONLY WHAT THEY DREAM ONLY AFTER IT COMES TRUE.

ABOMUNIST CHILDREN MUST BE REARED ABOMINUBLY.

ABOMUNIST POETS, CONFIDENT THAT THE NEW LITERARY FORM "FOOT-PRINTISM" HAS FREED THE ARTIST OF OUTMODED RESTRICTIONS, SUCH AS: THE ABILITY TO READ AND WRITE, OR THE DESIRE TO COMMUNICATE, MUST BE PREPARED TO READ THEIR WORK AT DENTAL COLLEGES, EMBALMING SCHOOLS, HOMES FOR UNWED MOTHERS, HOMES FOR WED MOTHERS, INSANE ASYLUMS, SANE ASYLUMS, U. S. O. CANTEENS, KINDERGARTENS, AND COUNTY JAILS. ABOMUNISTS NEVER COMPROMISE THEIR REJECTIONARY PHILOSOPHY.

ABOMUNISTS REJECT EVERYTHING EXCEPT SNOWMEN.

## **\* Notes Dis- and Re- Garding Abomunism \***

Abomunism was founded by Barrabas, inspired by his dying words: "I wanted to be in the middle, But I went too far out."

Abomunism's main function is to unite the soul with oatmeal cookies.

Abomunists love love, hate hate, drink drinks, smoke smokes, live lives, die deaths.

Abomunist writers write writing, or nothing at all.

Abomunist poetry, in order to be compleatly (Eng. sp.) understood, should be eaten . . . except on fast days, slow days, and mornings of executions.

Abomunists, could they be a color, would be green, and tell everyone



Abomunists, could they be a color, would be green, and tell everyone to go.

Uncrazy Abomunists crazy unAbomunists by proxy kicky tricks, as follows:

By telling psychometric poets two heads are better than none.

By selling middle names to impotent personnel managers.

By giving children brightly wrapped candy fathers.

By biting their own hands after feeding themselves.

By calling taxis dirty names, while ordering fifths of milk.

By walking across hills, ignoring up and down.

By giving telescopes to peeping Toms.

By using real names at false hotels.

Abomunists who feel their faith weakening will have to spend two weeks in Los Angeles.

When attacked. Abomunists think positive, repeating over and under: "If I were a crime, I'd want to be committed . . .

No! . . . Wait!"

## **Further Notes Dis- and Re- Garding Abomunism**

(This week's notes taken from ABOMUNISMUS UND RELIGION by Tom Man.)

Krishnamyrta can relax the muscles of your soul,

free your aching jawbone from the chewinggum habit.

Ouspensky can churn your illusions into butter and

give you circles to carry them in, around your head.

Subud can lock you in strange rooms with vocal balms

and make your ignorant clothing understand you.

Zen can cause changes in the texture of your hair,

removing you from the clutches of sexy barbers.

Edgar Cayce can locate your gallstones, other organs,

on the anarchistic rockpiles of Sacramento.

Voodoo Marie can give you Loas, abstract horses,

snorting guides to tar-baby black masses.

Billy can plug you into the Christ machine. Mail in your

mind today. Hurry, bargain God week, last one week only.

## **\$\$ Abomunus Craxioms \$\$**

Egyptian mummies are lousy dancers

Alcoholics cannot make it on root beer.

Jazz never made it back down the river.

Licking postage stamps depletes the body fluids.

Fat automobiles laugh more than others, and frink.

Men who die in wars become seagulls and fly.

Roaches have a rough time of it from birth.

People who read are not happy.

People who do not read are not happy.

People are not very happy.

These days People get Sicker Quicker.

The sky is less crowded in the West.

Psychiatrists pretend not to know everything.

Way out people Know the way out.

Laughter sounds orange at night, because

reality is unrealizable while it exists.

Abomunists knew it all along,

but couldn't get the butterscotch down.

\*

Since it is election time, Abomunists are going to frink more, and naturally, as hard core abo's, we will feel the need to express ourselves



naturally, as hard core abos, we will feel the need to express ourselves somewhat more abomunably than others. We will do this simply by not expressing ourselves (abomunization). We will not express ourselves in the following terms:

### **Excerpts for the LEXICON ABOMUNON**

- ABOMMUNITY:** n. Grant Avenue & other frinky places.  
**ABOMUNARCOSIS:** n. Addiction to oatmeal cookies & liverwurst.  
**ABOMUNASIUM:** n. Place in which abomunastics occur, such as bars, coffee shops, USOs, juvenile homes, pads, etc.  
**ABOMUNASTICS:** n. Physical Abomunism.  
**ABOMUNATE, THE:** n. The apolitical CORPUS ABOMUNISMUS.  
**ABOMUNETTE:** n. Female type Abomunist (rare).  
**ABOMUNIBBLE:** v. 1. To bite a daisy. 2. How poets eat.  
**ABOMUNICATE:** v. To dig. (Slang: to frink.)  
**ABOMUNICS:** n. Abomunistic techniques.  
**ABOMUNIFICANCE:** n. The facade behind the reality of double-talking billboards.  
**ABOMUNIFY:** v. To (censored) with an Abomunette, or vice versa.  
**ABOMUNIK:** n. Square abomuflacks.  
**ABOMUNISM:** n. Footprintism. A rejectory philosophy founded by Barrabas (cf. Beatitude 2) and dedicated to the proposition that the essence of existence is reality essential and neither four-sided nor frinky, but not non-frinky either.  
**ABOMUNIST:** n. One who avows Abomunism, disvowing almost everything else, especially butterscotch.  
**ABOMUNITIONS:** n. Love, commonly found in the plural state, very.  
**ABOMUNITY:** n. A by-product of abomunarcosis, also obtained by frinking. (Thus: Frinkism.)  
**ABOMUNIZE:** v. To carefully disorganize—usually associated with frinking.  
**ABOMUNOID:** adj. Having some Abomunistic qualities such as tragic-tories, pail faces, or night vision.  
**ABOMUNOLOGY:** n. The systematic study of Abomunism; classes every other Frinksday, 2 a.m.  
**ABOMUNOSIS:** n. Sweet breath.  
**ABOMUNOSOPHY:** n. Theoretical Abomunism.  
**ABOMUNULL:** n. 1. They. 2. One who is not quite Here.  
**ABOMUSICAL:** adj. Diggable sounds.  
**ABOMUTINY:** n. Regimentation. v. To impose organization from without, i.e., without oatmeal cookies.  
**FRINK:** v. To (censored). n. (censored) and (censored).  
**FRINKY:** adj. Like (censored).  
**FRINKISM:** n. A sub-cult of Abomunism, not authorized nor given abomunitude by Bomkauf.

—Compiled by BIMGO

### **ABOMUNIST ELECTION MANIFESTO**

- I Abomunists vote against everyone by not voting for anyone.
- II The only proposition abomunists support are those made to members of the opposite sex.
- III Abomunists demand the abolition of Oakland.
- IV Abomunists demand low cost housing for homosexuals.
- V Abomunists demand suppression of illegal milk traffic.
- VI Abomunists demand statehood for North Beach.
- VII The only office abomunists run for is the unemployment office.
- VIII Abomunists support universal Frinkage.
- IX Abomunists demand split-level ranch-type phone-booths.
- X Abomunists demand the reestablishment of the government in its rightful home at

?

(over)



**\* Still Further Notes Dis- & Re- Garding Abomunism \***

(The following translation is the first publication of the live sea scrolls, found by an old arab oil well driller. He first saw them on the dead beds of the live sea. Thinking they were ancient bubble gum wrappers he took them to town to trade in for hashish coupons. As chance would have it, the hashish pipes were in the hands of a visiting American relief official, who reluctantly surrendered them in return for two villages and a canal.

(We developed the cunic script by smearing it with tanfastic sun lotion, after which we took it down to the laundromat and placed it in the dryer for two hours (\$1.20). We then ate four pounds of garlic bread & frinked; then we translated this diary. We feel this is one of the oldest Abomunist documents yet discovered.)

MONDAY—B.C.—minus 4—10 o'sun a.m.

Nazereth getting too hot, fuzz broke up two of my poetry readings last night. Beat vagrancy charge by carrying my tool box to court—carpenters O.K. Splitting to Jeru. as soon as I get wheels.

TUESDAY—B.C.—minus 3—8 o'sun p.m.

Jeru. cool, Roman fuzz busy having a ball, never bother you unless someone complains. Had a ball this morning, eighty-sixed some square bankers from the Temple, read long poem on revolt. Noticed cats taking notes, maybe they are publisher's agents, hope so, it would be crazy to publish with one of those big Roman firms.

WEDNESDAY—B.C.—minus 2—11 o'sun a.m.

Local poets and literary people throwing a big dinner for me tonight, which should be a gas. Most of the cats here real cool, writing real far out—only cat bugs me is this Judas, got shook up when I refused to loan him thirty pieces of silver, he seems to be hung on loot, must be a lush.

THURSDAY—B.C.—minus 1—10 o'sun p.m.

I am writing this in my cell. I was framed. How can they give the death sentence on charges of disorderly conduct and having public readings without a permit? It's beyond me. O well, there's always hope. Maybe that lawyer Judas is getting me can swing it. If he can't, God help me.

FRIDAY—Neutral—5 o'sun a.m.

Roman turnkey was around passing out crosses. The two thieves have good connections so they got first crack at them—I got stuck with the biggest one. One of the guards doesn't dig my beard and sandals—taunted me all night. I'm going to be cool now, but tomorrow I'll tell him to go to hell, and what's so groovy is: he will. o . . . somebody coming. I feel sort of abomunable. Barabas gets a suspended sentence and I make the hill. What a drag. Well, that's poetry, and I've got to split now.

**BOMS**

I Stashed in his minaret, towering  
over the hashish wells, Caliph  
Ralph inventoried his popcorn hoard  
while nutty eunuchs conceded his concubines.

II Movies about inventors' lives and glass encased historical



documents do not move me as much as drinking or hiccupping  
in the bathtub.

- III Filled with green courage we sneezed political,  
coughing our dirty fingernails for President.
- IV Ageless brilliant colored spiders webbing eternally,  
instead of taking showers under the fire hydrants in summer.
- V Unruly hairs in the noses of statues in public gardens  
were placed there by God in a fit of insane jealousy.
- VI Single breasted suits, dancing in the air,  
turned up their cuffs at double breasted suits  
plodding down the street.
- VII Greedy burglars stole my mother and father,  
and gave me a free pass to the circus and I like stripes.
- VIII Misty eyed, knee quaking me, gazing on the family Home,  
realizing that I was about to burn it down.
- IX Waterspouts, concealed in pig knuckle barrels, rumbled,  
as tired storms whispered encouragement.
- X Angry motives scrambled for seating space  
shaking their fist at the moon.
- XI Liver salesmen door to doored back pats  
disturbing chimney sweeps sleeping on roofs.
- XII Daily papers suicided from tree tops  
purpling the lawn with blueprints.
- XIII Caribou pranced in suburban carports  
hoofmarking the auto-suggestions.
- XIV Pentagonal merit badges flowed  
gracefully over the male nurses' heads.
- XV Disordered aquariums dressed in shredded wheat  
delivered bibles to pickles crying in confessionals.

### **ABOMUNIST RATIONAL ANTHEM**

(to be sung before and after frinking)

Derratt slegelations, flo goof babereo  
Sorash sho dubies, wago, wailo, wailo.

Geed bop nava glid, nava glied, nava  
Speerieder, huyedist, hedacaz, ax, O, O,

Deeredition, Boomedition, squom, squom, squom,  
Dee beetstrawist, wapago, wapago, loco,  
locoro, locoest

Voometeyereepetiop, bop, bop, bop, whipop.

Dearat, shloho, kurritip, plog, mangi, squom pot,  
Clopo jago, bree, bree, asloopered, akingo labiop,  
Engpop, engpop, boint plolo, plolo, bop bop.

Music composed by Schroeder.





CITY LIGHTS BOOKS

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BOB KAUFMAN is the author of SECOND APRIL, a black illumination soon to be published by CITY LIGHTS BOOKS.

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