

# *A 20/20 Look at*

## *Happenings at Gloucester Senior Adults' Centre.*

*2020 Ogilvie Road, Gloucester, Ont. K1J 7M8 Tel: (613) 749-1974 Fax: (613) 749-8211*

*e-mail: [gsac@storm.ca](mailto:gsac@storm.ca) Web Site [www.storm.ca/~gsac](http://www.storm.ca/~gsac)*

# *September October 2010*

### **Executive Director's Report**

The summer seems to be slipping by. The Back to School Sales have started and we are busy finalizing the Fall Program. Summer attendance has been steady despite the heat. Our gals have enjoyed the "Chic Flics" and the line dancers have enjoyed dancing thanks to the leadership of Sherry MacPhee and Anne and Gary Whitten. Meg has kept people exercising and Kathy Harker-Fiander held two very successful painting workshops. Everyone enjoyed the visit to the newly renovated Museum of Nature led by Jackie Lafontaine. **Grandparents' Day** is sure to be a great success, Meg has put a great many hours into planning. Our front desk and kitchen volunteers will be participating in a training on the new provincial Accessibility Legislation on the 23<sup>rd</sup> and we all look forward to the **Round Up Pancake Breakfast** August 24<sup>th</sup>. The Fall Program will be available shortly. To date we have classes set up for oil/acrylic painting on Mondays, exercise (note the change of days to Monday and Friday), line dancing on Tuesdays; Anne Whitten is offering a free "learn the basic line dance steps" at 12:30pm prior to the regular class for beginners and intermediates. Watercolour painting on Wednesdays, mat and chair yoga on Wednesday afternoons, and tai chi on Wednesday and Fridays. Two, day long painting workshops will be offered by Kathy Harker-Fiander October 23 and November 27. Courses all start the week of September 13 and you can register now. All of our unstructured activities or games will be back in full swing right after Labour Day. I've missed the very quiet Sandbag Baseball players who play outside my office door. I always tell them that they are the nosiest, most fun loving group at the Centre.

I have booked several Ottawa Valley Tour trips for the fall; **Elvis at the Stirling Festival Theatre** September 23, **Mont Tremblant Casino** and shopping September 28, **Fall Colours in the Pontiac** October 5 and two Christmas trips that sell out fast: **St Eustache**-A Good Old Fashion Christmas December 1, and **Chateau Montebello** and Christmas Light Tour December 10. There are also casino trips Sept. 8 to Lac Leamy and October 19 to the Slots.

We are pleased to welcome back the **Canadian Health Prevention Tour** sponsored by Pfizer on October 27. Last year's event was most informative and of course you all remember Elvis. This year's entertainer impersonates Johnny Cash and Dean Martin. Please remember to register in advance. Other fall highlights include a **Fall Dance** October 22, 7pm, **Halloween Lunch** Oct 28 and an **OACAO Games Day** at Centre Pauline Charron November 3<sup>rd</sup>.

Our **Tinsel Tea and Bazaar** is November 6. This is the biggest fundraiser of our year and we need everyone's help. Please start looking for straw draw items. These are smaller new items (regifting is fine). We also need 4 or 5 larger items for the Chinese Raffle. These need to have about a \$25 value. Donations of wine for a wine basket are always welcome. If you have any questions about the bazaar Betty Eadie is this year's coordinator.

Once again, lots to do to keep you busy, fit and having fun.

Till next time,

*Debbie*

### **Presidents Report**

Can you believe I am now three months' old? The summer has been a great stepping stone in helping me learn more about the goings-on at the Centre. Many thanks to Ken Wemyss, André Gascon and Debbie Trickey for their guidance and patience as I settle into my new role as President of the Board.

I hope everyone enjoyed their summer, regardless of the heat wave we experienced in July. And as we head into the Fall, I would like to welcome all the new members to the Centre and I truly hope you enjoy it as much as I am.

**REMINDER TO CURRENT MEMBERS: RENEWAL OF YEARLY MEMBERSHIP FEES IS DUE ON SEPTEMBER 1<sup>ST</sup>.**

You may or may not be aware that a **suggestion box** is located near the Reception area. One of my tasks as President of the Board is to oversee the suggestion box as did my predecessors. Your comments or suggestions are important and I hope you will take the time to

pass on your thoughts. I will personally acknowledge and follow up on any action that may be deemed necessary. The suggestion box will be checked every Friday after lunch and although you can remain anonymous, I would like to be able to give credit where credit is due especially if your comments or suggestions lead to making the Centre a better place for all to enjoy!

Our Centre is our Home and its success is in part due to our **members** and our **tireless volunteers**. We are one of the few Centres that have year-round activities because of great member participation and dedicated volunteers who help make the Centre what it is. However, we are always in need of more volunteers to ensure our continuous success. If you can help, please consider volunteering your time in various areas such as the kitchen, at the reception desk, special events, and other activities – It's such a great feeling!

A reminder that the **United Way** begins its annual campaign in September to raise money for worthy causes. Please help the Centre by requesting your donations be allocated to the Gloucester Senior Adults' Centre when you fill out your donation cards.

Thanks to everyone at the Centre for your support and I look forward to an amazing two years.

*Jackie Lafontaine*

**Tinsel Tea and Bazaar, Saturday, November 6.**

Please think of the bazaar when you are pickling, making jam, or cleaning up cupboards. Crafts and knitting are most appreciated. Small new items for the straw draw are always needed and re-gifting is acceptable. The bake table and tearoom will need your baking when time draws closer.

**United Way Donations.** The Centre appreciates the donations we receive when our members and friends of the Centre designate their United Way Donations. You will be asked for our name (Gloucester Senior Adults' Centre) and our BIN number which is 11894 0535 RR 0001 if you designate your donation.

**Volunteer Hours Book.** One of our funders has new criteria in regards to volunteer hours. We now have to be more vigilant in collecting this data. There is a book at the front desk. No volunteer task is too small. We need to know how much time you spend working in the kitchen, at the reception desk, coordinating activities, sewing or cooking at home for the Centre, doing special projects, crushing cans, the Alzheimer project, etc. Please put your hours in the book, it is very important.



**Canada Day  
BBQ**



\*\*\*\*\* **Police and Peace Officers' Parade and Memorial Service** \*\*\*\*\*  
**Sunday, September 26, 2010 at 1100hrs**  
**Parliament Hill, Ottawa**



On September 24, 1998 the Government of Canada officially proclaimed the **last Sunday of September** of every year as **Police and Peace Officers' National Memorial Day**. This National Memorial Day gives Canadians an opportunity each year to formally express appreciation for the dedication of police and peace officers, which made the ultimate tragic sacrifice to keep our communities safe

The parade involving 5-7 police pipe bands forms up at the Supreme Court Building and steps off at 1020 hrs proceeds East on Wellington St. to Parliament Hill where the service will take place at 1100hrs.

Those bands that have indicated their attendance so far are the RCMP, Ottawa Police Services, Peel Regional Police, Toronto Police, OPP and the Niagara Regional Police.

**Ottawa Valley Tours.** If you book a trip with Ottawa Valley tours, please let us know. They do give us a small commission when our members travel with them.

### **Board of Directors**

**President:** Jackie Lafontaine

**Vice-Presidents:** Betty Joannis, Ken Wemyss, Lynn Gervais

**Secretary:** Debbie MacDonald

**Treasurer:** Monique Johnston

**Directors:** Frances Kean, Nancy Lynch, Len Trites, Bob Sarazin, Albert Faucher, Carrol Anne Faucher

**Executive Director:** Debbie Trickey

### **Special Events**

**Sunday, Sept 5 & 19, Oct 3, 17 & 31, Nov 14 & 28, Dec 12, 2 pm – Sunday Darts.** Enjoy an afternoon of darts with your fellow darters.

**Wednesday, Sept 8, 1 pm – Chic Flic “Letters to Juliet”.** Pop & popcorn \$2 members, \$3 non-members.

**Thursday, Sept 9 & 23, Oct 14 & 28, Nov 25, Dec 9 9:30 am – Gloucester Stamp Club.** Join our stamp enthusiasts in a morning of sharing and collecting.

**Saturday, Sept 11, Oct 2, Nov 13, Dec 4, 1 pm – Benefit Bridge Party.** An afternoon of bridge, coffee, cookies and a prize for the top score. Cost \$3.

**Sunday, Sept 12 & 26, Oct 10 & 24, Nov 7 & 21, Dec 5 & 19, 1 pm – Bid Euchre and Beginner Bridge.** A great way to spend an afternoon with friends. Cost \$3.

**Thursday, Sept 16, Oct 21, Nov 18, 9:30 am – Board Meeting.**

**Saturday, Sept 18, Oct 16, Nov 20, Dec 18, 7 pm – Card Party.** Enjoy an evening of cards and treats with fellow members. Cost \$3.

**Tuesday, Oct 5, Nov 2, Dec 7, 2 pm – Intergenerational Alzheimer Project at Extencicare Laurier Manor.** Please let us know if you wish to join our group.

**Friday, October 22, 7 pm – Fall Dance.** A fun filled evening of music and dancing. Light refreshments will be served. Cost \$7.50

**Older Adult Centres Association of Ontario (OACAO) Provincial Conference, Oct 17-19, in Guelph Ontario.**

**Monday, Oct 25, 1 pm – Chic Flic “Cairo Time”.** Pop & popcorn \$2 members, \$3 non-members.

**Wednesday, Oct 27, 10 am. Canadian Health Prevention Tour 2010 sponsored by Pfizer.** All seniors are welcome to attend this free half-day program featuring workshops on Health Eating for Healthy Living, arthritis and COPD testing. Displays, lunch and entertainment will round out the day. You must register in advance.

**Thursday, Oct 28, 12-noon – Halloween Lunch.** Wear your orange and black and enjoy some spooky treats.

**Wednesday, Nov 3, starting at 9:30 am – OACAO EASTERN REGION 3<sup>RD</sup> ANNUAL FUN DAY.** Games will be held at Centre Pauline-Charron. Games will include Carpet bowling, sandbags Pétanque atout, and a cribbage tournament (teams of two). Cost \$10 per person.). (Register by Oct 22 to participate.)

**Thursday, Nov 4, 10 am – Karim Gwaduri of Edward Jones presents a workshop on “New Retirements Realities”.** A look at the new realities of retirement & how the changing retirement experience will impact many people. No cost.

**Saturday, Nov 6, 10 am to 2 pm – Tinsel Tea & Bazaar.** Our major fundraising event of the year gives you the perfect opportunity to start your Christmas shopping. Attractions include the bake table, quilting, crafts, tearoom, straw draw and more.

**Thursday, Nov 11 – Remembrance Day Celebration.**

Lunch will be at 12-noon. Cost \$10.

The students from Lester B. Pearson High School will commemorate Remembrance Day with a special intergenerational ceremony at 1pm.

**Monday November 15, 1 pm – Chic Flic “Eat, Pray, Love”.** Pop & popcorn \$2 members, \$3 non-members.

**Thursday, Nov 25, 12-noon – St. Andrew’s Day Lunch.** Celebrate the patron saint of Scotland with our resident Scots. Tickets \$8.

**Monday, Dec 13, 1 pm – Chic Flic “Sex and the City 2”.** Pop & popcorn \$2 members, \$3 non-members.

**Thursday, Dec 16, 11:30 am – Christmas Dinner.** Enjoy punch and social time before our traditional Christmas Dinner of turkey with all the trimmings. Cost \$16. Tickets must be purchased in advance.

**Thursday, Dec 23, 12-noon – Christmas Lunch and Carol Sing-Along.** Join us at 11:15 am for a Christmas Sing-Along followed by a special tourtière lunch at noon. Cost \$7.

### Trips to Take

**Wednesday, Sept 8 & Tuesday, Nov 23 – Casino du Lac Leamy.** Depart the Centre at 9:30 am return at 1:45 pm. You will receive \$10 in slot machine promotional credits. Cost \$10 members and \$14 non-members.

**Thursday, Sept 23 – Elvis – The Way it Was. Calling all “Elvis Fans”.** Travel to the Bay of Quinte to the Stirling Festival Theatre for a lovely buffet lunch and a matinee performance of the life and music of Elvis. Cost \$140. Cheques payable to Ottawa Valley Tours.

**Tuesday, Sept 28 – Mont Tremblant Casino & Shopping.** This is your opportunity to experience the new Mont Tremblant Casino in the fall glory of the countryside. Lunch at the casino and browse the village shops. Cost \$58. Cheques payable to Ottawa Valley Tours.

**Tuesday, Oct 5 – Fall Colours in the Pontiac and the Ottawa Valley.** Travel “The Valley” stopping in Pembroke, lunch at North Fork and on to Coulonge Falls. Cost \$89. Cheques payable to Ottawa Valley Tours.

**Tuesday, Oct 19 – Rideau Carleton Slots.** Depart 9:30 am, return 1:45 pm. Receive \$10 slot play and \$5 food voucher. Cost \$10 members \$14 non-members.

**Wednesday, Dec 1 – St-Eustache – A Good Old Fashioned Memorable Christmas Party.** A holiday favourite for our members. Chez Constantin offers an evening of festive dining, singing, dancing and Santa. Cost \$89. Cheques payable to Ottawa Valley Tours.

**Friday, Dec 10 – Chateau Montebello & Christmas Light Tour.** Afternoon departure for historical Chateau Montebello and a four-course festive dinner. Return trip takes you to the best Christmas lights in town. Cost \$137. Cheques payable to Ottawa Valley Tours.

**Note: When booking directly with Ottawa Valley Tours (see catalogue at front desk), don’t forget to tell us and our Centre will be eligible for a small commission.**

### Courses to Take

#### **Mondays**

**9:30 am – Oil/Acrylic Painting** (12 wks Sept 13 – Dec 6)  
\$72 Member \$108 Non-Member

**9:30 am – Exercise Class** – with or without weights  
(12 wks – Sept 13 – Dec 6) \$60 Member \$90 Non-Member

#### **Tuesdays**

**9:30am Quilting**

**12:30 Line Dancing Steps for Beginners** (Sept 14 – Oct 19)

**1:00 pm – Line Dancing** (Sept 14 – Nov 30)  
\$60 Member \$90 Non-Member

#### **Wednesday**

**9:30 am –Watercolour Painting** (12 wks Sept 15 – Dec 8)  
\$72 Member \$108 Non-Member

**9:30 am –Tai Chi** (12 wks Sept 15 – Dec 8)  
\$72 Member \$108 Non-Member

**1pm & Chair Yoga**(12 weeks, Sept 15 \_ Dec 8)  
\$72 Member \$108 Non Memeber

**2:15pm Mat Yoga** (12 weeks Sept 15 \_ Dec 8)  
\$72 Member \$108 Non Member

#### **Friday**

**9:30 am –Tai Chi** (12 wks Sept 17 – Dec 3)  
\$72 Member \$108 Non-Member

**11:00 am -Exercise Class** – with or without weights  
(12 wks – Sept 17 – Dec 3) \$60 Member \$90 Non-Member

### GSAC – Activites Update

#### Bid Euchre (submitted by André Gascon)

Winners of the weekly Bid Euchre for the past two months. Congratulations to all!

**June 17** Antoine Larivière 258, Claire Dewar 237, Lucy Hughes and Thelma Gallagher 225  
**Moons:** Claire Dewar

**June 19 Saturday night:** Bruce Kettles 311, Diana Kuseler 291, Claire Dewar 274, & Betty Joannis 262 **Moons:** Nancy Frawley, Olly Freeman & Diana Kuseler

**June 20 Sunday afternoon:** Marcel Duquette 311, Ron Kuseler 303 & Bruce Kettles 285  
**Moons:** Bruce Kettles & Cathy Godsall

**June 24** Bruce Kettles 234, Cecil Dewar 225 Gerda Carriere 217 & Georgette Bérard 214  
**Moons:** Bob Sarazin & Bruce Kettles

**July 4 Sunday afternoon:** Diana Kuseler 301, Gerry Raymond 258, Anita Raymond 255, and Bob Sarazin 251

**Moons:** Sue Watt & Ron Kuseler  
**July 8** Olly Freeman 221, Georgette Bérard 219, Loretta Ringer 217, André Gascon 209  
**Moons:** Cecil Dewar, Nancy Frawley, & Emile Chartrand

**July 15** Betty Joannis 227, Olly Freeman 218, Loretta Ringer 216, Elli Kaunisviista 206  
**Moons:** Cecil Dewar, Marcel Duquette

**July 17 Saturday night:** Betty Joannis 304, Susanne Watt 284, Claire Dewar 276 & Darlene Walker 270

**Moons:** Betty Joannis (2), Claire Dewar, Cathy Godsall, & Darlene Walker

**July 18 Sunday afternoon:** Loreen Roberge 301,

Nancy Frawley 286, Georgette Bérard 282 & Bob Pope 273

**July 22** Bruce Kettles 242, Bill Harrison 230, Don Porter 229 & Marcel Duquette 228  
**Moons:** André Gascon & Bob Sarazin

**July 29** Ron Kuseler 242, Don Porter 241, Gerry Raymond 236 & Doris Houlahan 229  
**Moons:** Emile Chartrand, Don Porter, Eileen Thibaudeau & Doris Houlahan

**Aug 1 Sunday afternoon** Marcel Duquette 297  
Bill Harrison 276, Rita Ouellette 273, Nancy Frawley & Greg Weeks 264  
**Moons:** Bob Sarazin & Antoine Larivierre

### Euchre (Submitted by Georgette Bérard)

June 24 Audrey Morris 47, Vivian Greenwood 42, Lulu Gibson 46

July 8 Olly Freeman 61, Bill Harrison 58, Margaret Pratto 57

July 15 Valerie Predovic 65, Barry Borthwick 62, Bill Harrison 60

July 22 Marg Pratte, Georgette Bérard & Bill Harrison 57, Marcel Duquette 55

July 24 Audrey Morin 64, Margaret Pratto 53, Barry Borthwick, Val Predovic & Rita Ouellette 51

Aug 5 Rita Ouellette 66, Barry Borthwick 63, Bill Harrison 58

### Friday Cribbage (Submitted by Bill Harrison)

June 18 Olly Freeman 932, Don Guenette & Bob Sarazin 931

June 25 Norm Lalande 938, Don Guenette 935, John Flynn 931

July 2 Bill Harrison 964, Ruth Bush 941, Donna Cunningham 939

July 9 Olly Freeman 954, George Bush 942, Bruce Kettles & Bob Osside 938

July 16 Bob Osside 930, Don Guenette 927, John Flynn 914

July 23 Vicky Boucher 964, Brian Cunningham 951, Ruth Bush 940

July 30 Bill Harrison 940, Olly Freeman 935, Norm Lalande 932

Aug 6 Jim Booth 1083, Bob Sarazin 1067, Jack Francoeur 1059

### Book Club (Submitted by Rhéa Gravelle)

Come to our Book Club at the North Gloucester Library (that's next door of the Centre) at 11 am on the following Tuesdays:

September 14 – “*Mrs. De Winter*” (A follow-up to “*Rebecca*” by Daphne du Maurier) by Susan Hill.

October 19 – “*Footprints in the Sand*” by Sarah Challis.

Report from summer Book Club meetings:

July 20 – “*Borderless Deceit*” by Adrian de Hoog. I could not attend this meeting; but, the people who did attend were, like me, not very appreciative about this book. Sorry. I don't know

of anyone in the Book Club who was interested enough to finish the book...

~~August 17~~ - postponed to August 31 – “*The Truth About Stories*” by Thomas King (from the Massey Lectures Series). The few people from the book club that I've talked to seem to like this very interesting little book. As a matter of fact, it is the kind of book I would not mind having on my personal shelves to re-read and use to quote in other references.

### Scrabble (Not Submitted )

#### **500** (Submitted by Bob Shonfield)

June 21 Norm Lalande 4740, Bob Sarazin 4160

June 28 Loreen Roberge 5840, Georgette Bérard 4520, Doreen Hall 4520

July 5 Nancy Frawley 4860, Vicky Boucher 4176

July 12 Bob Shonfield 5900, Bob Sarazin 5220

July 26 Olly Freeman 5500, Bruce Kettles 5220

Aug 9 Bob Sarazin 5580, Norm Lalande 4500

### Wednesday Evening Cribbage (by Ross Kerswell)

**23 Jun** Ross Kerswell 10 (08) Luella Holland 10 (26) Ethyle Manuel 08 (16)

**30 Jun** Ross Kerswell 09 (17) Louise Bond 08 (38) Joyce Makow 08 (39)

**07 Jul** Luella Holland 10 (57) Donna Cunningham 10 (93) Ross Kerswell 08 (55)

**14 Jul** Donna Cunningham 12 (00) Ross Kerswell 08 (23) Jim Forest 06 (76)

**21 Jul** Hoppy Hopkins 10 (015) Donna Cunningham 09 (040) Ronal Kuseler 08 (040)

**28 Jul** Willie Holland 12 (007) Marcy Rossing 08 (019) Louise Bond 08 (042)

**04 Aug** Willie Holland 12 (046) Louise Bond 10 (023) Luella Holland 10 (029)

### Benefit Bridge (Not Submitted )

### Bridge (Not Submitted )

### Morning Kitchen Bridge (Submitted by R. Kerswell)

**23 Jun** Kathleen McCarthy 2700 Barbara Dohm 2660 Willie Holland 2660

**7 Jul** Willie Holland 3740 Dorothy White 2290 Keith McCambley 1960

**14 Jul** Ross Kerswell 2910 Dorothy White 2180 Susan Belanger 2100

**21 Jul** Ross Kerswell 3360 Carol Einarson 2600 Gunther ??? 2260

**28 Jul** Luella Holland 3320 Willie Holland 2900 Carola Cortney 2890

**4 Aug** Keith McCambley 3890 Barbara Dohm 3320 Carol Einarson 3080

---

## Services

**Food Service.** Lunch is served weekdays between 11:20 a.m. and 12:45 p.m. It is cafeteria style with the exception of Thursday lunch, which is more formal. Reservations for Thursday Dinner 12 noon should be made by noon on Tuesday. Cost is \$7.00. Special events require that tickets be purchased in advance

**Foot Care Clinic** is provided by a qualified nurse on every second Wednesday. Appointments must be made in advance. Cost is \$18 for members, and \$21 for non-members.



## RENTALS

Looking for a place to hold your special event? We can provide a lounge, main hall and kitchen facilities at reasonable rates.  
Please call 613-749-1974 for bookings

## ***New Activity***

Starting **Thursday September 9<sup>th</sup>** 9:30am **Philatelists** and those interested in **Stamp Collecting** wishing to discuss, trade and learn about stamp collecting can join fellow members in the **Gloucester Stamp Club**.  
They will meet every second Thursday.

## PONDERISMS

I used to eat a lot of natural foods until I learned that most people die of natural causes.

Gardening Rule: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it is a valuable plant.

The easiest way to find something lost around the house is to buy a replacement.

Life is sexually transmitted

Health is merely the slowest possible rate at which one can die.

The only difference between a groove and a grave is the depth.

How is it one careless match can start a bushfire, but it takes a whole box to start a campfire?

Who was the first person to look at a cow and say, 'I think I'll squeeze these dangly things here, and drink whatever comes out?'

Why is there a light in the fridge and not in the freezer?

If Jimmy cracks corn and no one cares, why is there a song about him?

If quizzes are quizzical, what are tests?

Do illiterate people get the full effect of Alphabet Soup?

Why doesn't glue stick to the inside of the bottle?



## **Tip of the Hat**

- ▶ To **Meg Stickl**, our summer student, for the great job she has done this summer and for all the work she put into Grandparents Day.
- ▶ To **Connie Wemyss** for taking over the Food Services Committee.
- ▶ To **Nancy Lynch** for organizing the Toonie Sale.
- ▶ To **Claire and Cecil Dewar** for all of their work on the 6/49 Bingo fundraiser.

\*\*\*\*\*

## In Sympathy

**Rose Marie Sorokan**, a long-time member of the Centre passed away June 19, 2010 at the age of 76. Our sincere sympathy goes out to her husband Bill, her family and friends.

**Marjorie Gunn** who was affectionately known as Midge to her friends passed away in May. She will be deeply missed by her family and card playing friends.

**Dave Robins**, a member of the Centre and former vice-president of our board passed away August 9<sup>th</sup> after a very short battle with brain cancer. . Dave was our Mr. Fix-it and repaired our kitchen appliances countless times. Our sincere sympathy to his wife Pauline his mother-in-law Jean Proulx and his brother and sister-in-law Pat and Lucy Hughes.  
He will be deeply missed by all.

## Our Deepest Sympathy

To **Jack Hopkins** on the loss of his sister in June.

To **Gerda Carriere** on the death of her sister in Germany just days after she returned from her visit.

To **Margaret Miller** on the passing of her son David in Toronto in July.



P. Karren Allen, Hazel Bowen, Ann & Claude Danis  
 , Krys Jasek, Cecillie Juergensen, Fran Langstaff,  
 Dr Joseph Lloyd-Jones, James M. Mabbutt, Alma Matte.



## Pot of Gold



June 17	Evelyn Ross	Not registered
June 24	June Shonfield	<b>WINNER \$286.00</b>
July 8	Jeannine Yelle	Not registered
July 15	Birdie King	Not registered
July 22	Isabel Hopkins	Not registered
July 29	Joanne O'Byrne	Not registered
Aug 5	Eileen Schofield	Not registered
Aug 12	Jeanine Howes	Not registered



## Happy Birthday To our members born during the months of SEPTEMBER AND OCTOBER



### September

- 01 Louise Galipeau
- 02 Dave Berry, Mei-chi Wang
- 03 Luan Pinto, Cecilia Ulmer
- 04 Madryn Zulu
- 05 Betty Danielson, Lucy Hughes, Gordon McEwen
- 06 Phyllis Frost
- 07 Greta Chhangur, Vivian Douglas, Marilyn Schimek
- 08 Delice (Dee) Nice, Dell Pehrsson, Victor Spurgeon
- 12 Doreen Aspila
- 13 Merlene MacDonald
- 14 Stella Bruneau
- 15 Micheline Latour, Joanne Pappas
- 16 Thelma Gallagher, R Douglas Gamble
- 17 Ray Scharf, Eileen Thibaudeau
- 19 Claude Alschuler, Pierrette Lalonde, Leonie Stevenson
- 20 Mabel Carkner, Luella Holland, Rosemary Irvine,  
Peter Levangie, Terry Todd
- 21 Norma Rocheleau
- 22 Samira Bskehhouj, Helene Geauvreau, David Ross
- 23 Joan Cox, Dr. Joseph Lloyd-Jones, Caroline Prince
- 24 Ann Gibbs, Fran Langstaff, Marjorie Montgomery,  
Sally Walker
- 25 Michael Aubry, Evelyn Watson
- 26 Claude Brisebois, Ivy Sayers, Lynne White
- 27 Christine Belanger, Irene Blais, Judith Coulter,  
Robert Sarazin, Kenneth (KEN) Wemyss
- 28 Diana Clarkin
- 29 Lois Goulet, Kathleen McCarthy, Margaret Miller,  
Valerie Salmon, Nick Wennekes
- 30 Terry Brazeau, Albert Faucher, Hannelore Jannison,  
Lois MacMurdo, Lois Miller

### October

- 01 Fern Boileau
- 02 Hilary Als, Barry Culham
- 04 Cécile Overall
- 05 Carol Einarson
- 06 Gerard (Gerry) Raymond
- 07 Helen Stone, P. Karren Allen
- 08 Ruth Bush, Eldon Hardy, William (Hoppy) Hopkins,  
Colin Lloyd
- 09 Ann Spicer
- 10 Mary Shewchuk, Norman Watson
- 11 Eleanor LeCavalier, Jim Margerum, Monique Johnston,  
Vivienne Whitaker
- 12 Helmut Gieseler
- 13 John McLeary
- 14 Sven Melin
- 17 George Bush
- 18 Betty Salmon, Christine Reynolds, Juanita Garcia
- 19 Elizabeth Bullock, Mary (Terry) Roenspies, Vicki Byrtus
- 20 Barbara Reid, Irene Durocher, Joyce Makow
- 21 Aline Sheehan, Jean Bourguignon
- 22 John Cox, Merle Quesnel
- 23 Stan Gingrich
- 24 Sharon Morrow
- 25 Georgina Beauchamp
- 26 Dick Clark, Elsie Murnaghan, Violet Eggleston,  
Winnifred LeFaive
- 27 Jack Hopkins, Jean Levey
- 28 Marie Blondin, Ronald Johnstone
- 29 Robert Carroll
- 30 Leona Desjardins, Liz Brown, Patricia Lepine,  
Victoria Mailvagananpathy
- 31 Betty Eadie, Joseph Proudfoot, Kathleen Froome,  
Nicole Laroque

**Winner of the 649 BINGO**  
**July Anita Raymond \$105.00**

**Aug 11 Gary Kennedy, Marg Hopkins, & (Orma and Betty) each will receive \$34.17**

**Activities at the Gloucester Senior Adults' Centre, 2020 Ogilvie Road  
September 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Bridge Darts & Cribbage 7pm Foot Care Clinic	2 Bid Euchre Lunch Bingo & Euchre	3 Cribbage & Darts Bridge Carpet Bowling	4
5	6	7	8	9	10	11
Darts 2pm	<b>CENTRE CLOSED</b>	Quilting & Curolling Pétanque-Atout Sandbag Baseball	<b>Casino du Lac Leamy Chic Flic</b> Bridge Darts 7 Cribbage 7pm	Bid Euchre <b>Gloucester Stamp Club</b> Lunch Bingo & Euchre	Cribbage & Darts Bridge Carpet Bowling	<b>BENEFIT BRIDGE</b>
12	13	14	15	16	17	18
<b>Bid Euchre and Beginner Bridge 1pm</b>	Oil/Acrylic Painting Exercise Class 500 & Scrabble Carpet Bowling Songsters	Quilting & Curolling Pétanque-Atout Line Dancing Book Club Sandbag Baseball	Watercolour Painting Tai-Chi Foot Care Clinic Bridge Chair & Mat Yoga Cribbage 7pm	Board Meeting Blood Pressure Clinic Bid Euchre Lunch Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	<b>CARD PARTY 7pm</b>
19	20	21	22	23	24	25
Darts 2pm	Oil/Acrylic Painting Exercise Class Songsters 500 & Scrabble Carpet Bowling	Quilting & Curolling Pétanque-Atout Line Dancing , Sandbag Baseball	Watercolour Painting Tai-Chi Bridge Chair & Mat Yoga Darts & Cribbage 7pm	Bid Euchre <b>Gloucester Stamp Club</b> <b>OVT Calling all Elvis Fans</b> Lunch Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	
26	27	28	29	30		
<b>Bid Euchre and Beginner Bridge 1pm</b>	Oil/Acrylic Painting Exercise Class Songsters 500 & Scrabble Carpet Bowling	<b>OVT Mont Tremblant Casino</b> Quilting & Curolling Pétanque-Atout Line Dancing Sandbag Baseball	Watercolour Painting Tai-Chi Foot Care Clinic Bridge Chair & Mat Yoga Darts & Cribbage 7pm	Bid Euchre Lunch Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	

**October 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<b>////NOTE//// Oct 31st Darts 2pm</b>					Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	<b>BENEFIT BRIDGE</b>
3	4	5	6	7	8	9
Darts 2pm	Oil/Acrylic Painting Exercise Class 500 & Scrabble Carpet Bowling Songsters	<b>Fall Colours OVT</b> Quilting & Curolling Pétanque-Atout Line Dancing Alzheimer Project Sandbag Baseball	Watercolour Painting Tai-Chi Bridge Chair & Mat Yoga Darts & Cribbage 7pm	Bid Euchre <b>Thanksgiving Day Lunch</b>	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	
10	11	12	13	14	15	16
<b>Bid Euchre and Beginner Bridge 1pm</b>	<b>CENTRE CLOSED</b>	Quilting & Curolling Book Club Pétanque-Atout Line Dancing Sandbag Baseball	Watercolour Painting Tai-Chi Foot Care Clinic Bridge Chair & Mat Yoga Darts & Cribbage 7pm	Bid Euchre <b>Gloucester Stamp Club</b> Lunch Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	<b>CARD PARTY 7pm</b>
17	18	19	20	21	22	23
Darts 2pm	Oil/Acrylic Painting Exercise Class 500 & Scrabble Carpet Bowling Songsters	Rideau Carleton SLOTS Book Club Line Dancing Quilting & Curolling Pétanque-Atout Sandbag Baseball	Watercolour Painting Tai-Chi Bridge Chair & Mat Yoga Cribbage 7pm	Board Meeting Blood Pressure Clinic Bid Euchre Lunch Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling <b>Fall Dance 7pm</b>	<b>Painting Workshop</b>
24	25	26	27	28	29	30
<b>Bid Euchre and Beginner Bridge 1pm</b>	Oil/Acrylic Painting Exercise Class <b>Chic Flic Cairo Time</b> 500 & Scrabble Carpet Bowling Songsters	Quilting & Curolling Pétanque-Atout Line Dancing Sandbag Baseball	<b>Canadian Health Prevention Tour</b> 10 am workshops, displays, lunch & entertainment Darts & Cribbage 7pm	Bid Euchre <b>Gloucester Stamp Club</b> <b>Halloween Lunch</b> Bingo & Euchre	Tai-Chi Exercise Class Cribbage & Darts Bridge Carpet Bowling	