#### havan mantras

AUM SHRI PRAJA PATAY SWAHAA

AUM SHRI AGNIYAY SWAHAA

AUM SHRI PRITHVEEYAY SWAHAA

AUM SHRI GAURIYAYA SWAHAA

AUM SHRI GANAPATTIYAY SWAHAA

AUM SURIYO JYOTIR JYOTIR WARCHO SWAHAA

AUM AGNI JYOTIR JYOTIR WARCHO SWAHAA

AUM BHOORBHUVAH SWAH, TATSAVITUR VARNAGYAM BHARGO DEVVASYAA DHEE MAHI DHEE YO YONA PRAACHODAJAAT SWAHAA (3)

AUM SHRI VARUN AAYAY SWAHAA

AUM SHRI RUDRA AAYAY SWAHAA

AUM SHRI MARUT AAYAY SWAHAA

AUM SHRI VAAYU AAYAY SWAHAA

AUM SHRI LAKSHMI MAATA AAYAY SWAHAA

AUM HRING SHRI SARASWATI AAYAY SWAHAA

AUM SHRI DURGA MAATA AAYAY SWAHAA

AUM NAMO BHAGWATAY VASUSEVAAYAA SWAHAA

AUM SHRI BRAHMANAY SWAHAA

AUM SHRI VISHNUAY SWAHAA

AUM NAMAH SHIVAAYAA SWAHAA

AUM SHRI HANUMATAYAA SWAHAA

AUM SHRI ISHTAA DEVAYAY SWAHAA

AUM SHRI KUL-DEWATAAAY SWAHAA

AUM SHRI SURYAADI NAW GRAHAA DEVTA AAYAY SWAHAA

AUM SARVAY DEO AAYAY SWAHAA

AUM SAVAY DEVI AAYAY SWAHAA

**AUM SAVAY PITRI SWAHAA** 

AUM SARVAS MAI SARVA BEEJAAYAY SARVA

**BHOOTAATEANAY SWAHAA** 

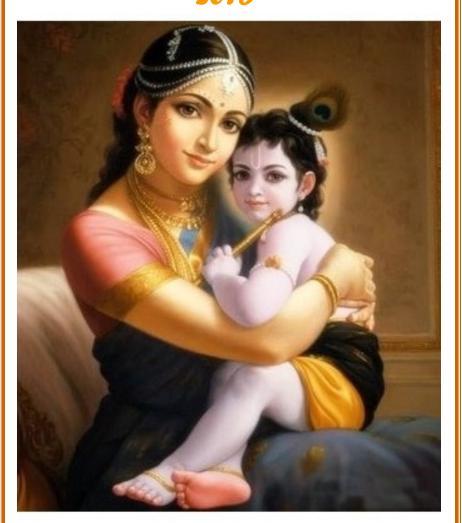
AUM NAMO NARAYAN AAYAY SWAHAA (3)

AUM PURNA MEDAH, PURNA IDAM, PURNAT PURNA MU DAKSHYATAY, PURNASYA PURNAMAA DAAYAA PURNA MEWAH VASHISHT YA TAY AUM PURNA AHUTI GUAM SHANTI SWAHAA.



# **triv**हतां लवतवीत 2013





ईश् वर के साथ संबंध बनाने का."
Iswara ke satha sambhandh banane ka



Build a relationship with God



## opening prayer

Gajananam Bhoota Ganadi Sevitam, Kapittha Jambu Phalasara Bhakshitam Umasutam Shoka Vinasha Karanam Namami Vighneswara Pada Pankajam

> Saraswati Namastubhyam Varade Kaamarupini Vidyarambha Karishyami, Siddhirbhayatu Me Sadaa

Guru Brahma Gurur Vishnu Guru Devo Maheshwaraha Guru Saakshat Para Brahma Tasmai Sree Guraye Namaha

Om Bhur Bhuvah Svah Tat-Savitur Varenyam Bhargo Devasya Dhimahi Dhiyo Yo Nah Pracodayat

## टोठइांग्रह prayer

Aum Kayena Vacha Manasendriyairva Buddhyatmanava Prakriteh Svabhavam Karomi Yad Yat Sakalam Parasmai Narayanayeti Samarpayami

> Aum Asato Ma Sad Gamaya Tamaso Ma Jyotir Gamaya Mrityor Ma Amritam Gamaya

Aum Tvameva Mata Cha Pita Tvameva Tvameva Bandhu Cha Sakha Tvameva Tvameva Vidya Dravinam Tvameva Tvameva Sarvam Mama Deva Deva

### aartì

Om Jai Jagadish Hare Swami Jaya Jagadish Hare Bhakta janon ke sankat Daasa janon ke sankat Kshan me door kar Om Jai Jagadish Hare

Jo dhyave phal paave Dhukh vinashe man ka Swami dhukh vinashe man ka Sukha sampati Ghar aave Sukha sampati Ghar aave Kashht mite tan ka Om Jai Jagadish Hare

Mata pita tum mere Sharan padun mai kis ki Swami sharan padum mai kis ki Tum bina aur na doojaa Tum bina aur na doojaa Asha karun mai kis ki Om Jai Jagadish Hare

Tum pooran Paramatma Tum Antaryaami Swami Tum Antaryaami Para brahma Parameshwara Para brahma Parameshwara Tum sab ke Swami Om Jai Jagadish Hare

Tum karuna ke saagar Tum palan karta Swami Tum palan karta Mai sevak tum swaami Mai sevak tum swami Kripa karo bhartaa Om Jai Jagadish Hare

Tum ho ek agochar Sab ke prana pati Swami sab ke prana pati Kis vidhi miloon dayamaya Kisi vidhi miloon dayamaya Tum ko mai kumati Om Jai Jagadish Hare

Deena bandhu dukh hartaa Tum rakshak mere Swami tum rakshak mere Apane hast uthao Apane hast uthao Dwar khada mai tere Om Jai Jagadish Hare

Vishaya vikar mithao Paap haro deva Swami paap haro deva Shraddha bhakti badhao Shraddha bhakti badhao Santan ki seva Om Jai Jagadish Hare

Tan man dhan sab kuch hai tera Swami sab kuch hai tera Tera tujh ko arpan Tera tujh ko arpan Kya laage mera Om Jai Jagadish Hare

Om Jai Jagadish Hare Swami Jai Jagadish Hare Bhakta janon ke sankat Bhakta janon ke sankat Kshan me door kare Om Jai Jagadish Hare

#### Pitri Paksh-Lord Krishna

Baree dayr bhayee nandala, Tere raahat kay brijbaala Gwaal baal ik ik se poochee, Kaha hai Murli waala re...

Koyee na jaaye kunj galee me, Tujh bin kaliya chunne ko Taras rahe hai Jamunaa kay tat, Dhun murli ko sunne ko Abto daras dikhaa de natkhat, Kyo duvidha me daalaa re Baree dayr bhayee nandala...

Sankat me hai aaj wo dhartee, Jispar toone janam liyaa Pooraa karde aaj vachan wo, Geeta me jo toone diyaa Koyee nahi hai tujh bin Mohan, Bhaarat ka rakhwala re Baree dayr bhayee nandala...

#### **November- Mother Lakshmi**

Na jaane kyu mera man dhole hirdai ke dharkhan se ma dole Deepak ke jyoti se man dole, jaane jaane kyu

Kisne sunaayi divaali ki jaan le, kaano ko ghar diyaa khol re Kaise divaali chalan k one mere, dilpar diya jadu khol re Aangan me Deepak bahaar dole (2)

Deepak ke ghirno ki haar bole, thanka papiha baar kaar bole... Aangan se hirdai kaali na daali, kaajal ko rang diyaaa lag re Kaise sunaayi neela gagan hai, dharti pe dhan lage name re Divaali ki masti pawan dhole (2) Chanchal ko nadiya ko dhar bole, saajan ki patli kamaar bole

### **December- Bhagavad Gita Jayanti**

Om Jai Shri Radha Jai Shri Krsna Sri Radha Krishna Yea Namah Chandra mukhi chanchal chita chori, Subhar saawaraa surat bhori Shyaam owr Shyaam eka se dhori...

Panch ranga chunara ke sara pyaari, Baja pitaambar kaamar saari Eka rupa anupam chabhi pyari...

Chandra chandrika cham cham chamki, Mor mukut sir dham dhamki Yugala prem rasa cham cham cham chamki...

## song for the year

#### ACHYUTAM KESHAVAM KRISHNA DAMODARAM

Achyutam Keshavam Krishna Damodaram, Ram Naraynam Janakivallabham,

Praise to Lord Krishna, with different names of Vishnu

Kaun kehta hai Bhagvan aate nahi, Bhakta Meera ke jaise bulate nahi,

Who says God does not come? You don't call Him with the devotion of Meera

Kaun kehta hai Bhagvan khaate nahi, Ber Shabri ke jaise khilate nahi, .. Achyutam ...

Who says God does not eat? You don't feed him like how Shabari fed him

Kaun kehta hai Bhagvan Sote nahi, Maa Yashoda ke jaise sulate nahin,

Who says God does not sleep? You don't make him sleep like how Mother Yashoda did

Kaun kehta hai Bhagvan naachte nahi, Gopion ki tarah nachaate nahin, Achyutam.

Who says God does not dance? You don't make him dance like how Gopis did

## mantra recitation

OM

Eka Dantaaya Vidmahe Vakratundaaya Dhimahi Tanno Danti Prachodayat Let us meditate on Shri Ganesha, the Lord with one tusk. May that great Lord with the curved trunk inspire and illumine our mind and understanding.

OM

Hamsa Hamsaaya Vidmahe Parama Hamsaaya Dhimahi Tanno Hamsa Prachodayat May we realize the Goddess of Intellect, Saraswati Devi. Let us meditate upon the Supreme Self. May the Goddess of intellect illumine and inspire us.

OM

Akhanda Mandalakaram Vyaptam Yena Characharam Tatpadam Darshitam Yena Tasmai Shri Guruve Namah My Salutations to that Guru, who revealed to me that truth which is unfragmented, infinite, timeless divinity and which pervades the entire universe, movable or unmovable.

OM

Aadityaya Somaaya Mangalaaya Budhaayacha Guru Shukra Shani Byascha Raahaye Ketaye Namah

I give salutations to the Naugrahaas. The Sun, The Moon. Mars, Mercury, Jupiter, Venus, Saturn, Rahu and Ketu.

OM

Katyayanaya Vidmahe Kanya Kumaari Dhimahi Tanno Durgih Prachodayat Oh! The ever brilliant Kanya Kumari. Who is worshipped by Brahma, Vishnu and Mahesh. Whom the Rakshaas fear. May you oh Durga illumine and inspire us.

 $\mathsf{OM}$ 

Tat Purushaya Vidmahe Mahadevaaya Dhimahi Tanno Rudra Prachodayat Let me meditate on the Great Purusha. Oh greatest God, give me higher intellect. And let Rudra illuminate my mind.

OM

Dasarathaya Vidmahe Sita Vallabhaya Dhimahi Tanno Rama Prachodayat I meditate on the son of Dasaratha, Oh consort of Sita, Give me higher intellect, May Lord Rama illuminate my mind.

OM

Aanjaneya Vidmahe Vaayu Putraaya Dhimahi Tanno Hanumaan Prachodayat I meditate upon the son of Anjani, Oh son of the God of wind, give unto me higher intellect, May you Hanumanji, illuminate my mind..

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#### September - Lord Ganesh

Shri Maha Ganapati, Shiva Kumara Ganapate Shakti rupa Ganapate sada nanda Ganapate Eka danta Ganapate heramba Ganapate Lambodara Ganapate lalita guna Ganapate Namaste stu Ganapate Namaste Namaste

Vighna raja Ganapate vishwa mula Ganapate Vidhyadhara Ganapate vijaya vira Ganapate Karunakara Ganapate Gauri suta Ganapate Pranava rupa Ganapate parama santa Ganapate Namaste stu Namaste Namaste

### October - Mother Durga

Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana (2)

Tum Durga Roop Me Aana Singh Saath Le Ke Chakkar Haath Leke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana Tum Kali Roop Me Aana Tum Kali Roop Me Aana (2)

Khapper Haath Leke Yogi Saath Leke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana (2) Tum Sheetala Roop Me Aana Tum Sheetala Roop Me Aana (2)

Jhadoo Haath Le Ke gadha Saath Le ke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana (2) Tum Gaura Roop Me Aana Tum Gaura Roop Me Aana (2)

Maala Haath Leke Ganpati Saath Leke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana (2) Tum Brahamcharani Roop Me Aana Tum Brahamcharani Roop Me Aana (2) Tum Brahamcharani Roop Me Aana Tum Brahamcharani Roop Me Aana

Bhakti Haath Leke Shakti Saath Leke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana Kabhi Durga Banke Kabhi Kali Banke Chali Aana Maiya Ji Chali Aana

#### May - Indian Arrival Day

Purvaj sampatti bada chinha, Sanskriti shakti paramparaa Bacchon ke liye maha mani, Unke poshan vaibhavshaali Magar aaj andhera bada andhera Tejas na poshan na, Suryoday kahaan, jyoti na

Hindu logo jaago, jaago, Aaditya se aagay, aagey chalo Hindu saarthi, rassi kheencho, Mulaa smaran, bhavishya dekho Aashaa kiran, nayaa ushaa, Soorya kiran, ujjwal phaila

O yuvako, Guru baat suno, Purvaj paramparaa, prachaar karo Is bhoomi mein, yagya karo, Soorya ki kirno mein, aagey chalo Raksha karo, sanskriti rattan, Mulaa smaran, paalan poshan.

Naya kal, suryoday naya, Chhor do tamas, chhor do bhrashta Gyaan vigyaan, praapt karo, Kalyaan siddha, laabh do Paramparaa udaarnaa, Nayaa ushaa, nayee ashaa

Rise with the sun (2)......A new dawn has come (2) ....... Find you're the one (2) ......The change we become (2) ......

#### June - Mother Ganga

Jai Triveni sangam Har har Har, Jai Jai Brahma Vishnu Shiva Shankar Ganga tata hai gyaana kinaara, Yamuna maata jala hai pyaara Saraswati ki gupta dhaara, Karo Jai Jai kaaraa Jata Shankari Ganga Maiya, Yamuna kata shri Krishna Kanhaiya Brahma Swaropa Saraswati Trisarata shula haraiya Triveni sanga taapa haari, Roga shoka santaapa haari Punya pradaiya paap haari, Maiya mangala kaari

#### <u>July – Guru Ji</u>

Mohe lage lagan guru charanana ki (2) Charana bina mujhe kuchha nahi bhaawe Jhoothe maayaa saba swapanana ki...

Bhawa sagara saba sukha gayaa hai, Phikara nahi mujhe taranana ki...

Meera kay prabhu giridhara naagara Ulata bhaye more nayanana ki...

#### <u>August – Shri Krishna</u>

Choti Choti Gaiyan, Chote Chote Gwaal Choto so mero madana gopal

Aage Aage Gaiyan, Peeche Peeche Gwaal Beecha mein mero madana gopal

Kaare Kaare Gaiyan , Gore Gore Gwaal Shyama Varana Mero Madana Gopal

Choti choti sakhiyan madhuvana baag raasu rachave mero madan gopal

Triveni Mandir 2013 - Morning Services Booklet

## mantra recitation

OM

12

Narayanaaya Vidmahe Vaasudevaaya Dhimahi Tanno Vishnu Prachodayat I meditate upon Narayana, Oh Lord Vaasudeva, give me higher intellect. May you Lord Vishnu, illuminate my mind

OM

Mahadevyaicha Vidmahe Vishnu Pathniyaicha Dhimahi Tanno Lakshmi Prachodayat I meditate upon the greatest goddess, Oh, wife of Lord Vishnu, give me higher intellect, Lakshmi, please illuminate my mind.

OM

Dhamodharaya Vidmahe Rukmani Vallabhay Dhimahi Tanno Krishna Prachodayat

Let me meditate on the god whose belly was tied by a rope. Oh, consort of Rukmini, give me higher intellect, Oh Shri Krishna, illuminate my mind.

OM

Om Bhur Bhuvah Svah Tat-Savitur Varenyam Bhargo Devasya Dhimahi Dhiyo Yo Nah Pracodayat

O thou existence Absolute, Creator of the three dimensions, we contemplate upon thy divine light. May He stimulate our intellect and bestow upon us true knowledge

Sahanaavatu Sahanau Bhunaktu, Saahavedyam Karavaa Vahai, Tejas Veena Vadhee Tamastu, Maa Vidvishaavahai

Let us together be protected, let us be nourished together. Let us join our mental forces in strength for the benefit of humanity, Let our efforts at learning be luminous. and endowed with the force of purpose. Let us never be poisoned with the seeds of hatred for anyone. Let there be peace and serenity in all the three universe.

Bhumi Mangalam, Udak Mangalam, Agni Mangalam, Vayu Mangalam Gagan Mangalam, Surya Mangalam, Chandra Mangalam, Jagat Mangalam, Jiva Mangalam, Deha Mangalam, Mano Mangalam, Atma Mangalam Sarva Mangalam, Bhavatu Bhavatu Bhavatu (3) Om Shanti, Shanti, Shanti Shri Guru Bhyo Namah Hari Om

May there be auspiciousness and tranquility in the earth, on water, in the fire, in the wind, in the sky, in the sun, on the moon, on our planet, in all living beings, in the body, in the mind and in the soul. May that auspiciousness and tranquility be everywhere and in everyone.

## ramayan verşeş

Sundara Kanda (Meeting of Lord Raam & Vibhishana)

Ehi bidhi karata saprema bicara, ayau sapadi simdhu ehi para

Kapinha bibhisanu avata dekha, jana kou ripu duta bisesa (1.)

Tahi rakhi kapisa pahr ae, samacara saba tahi sunae

Kaha Sugriva sunahu raghurai, ava milana dasanana bhai (2.)

Kaha prabhu sakha bujhiai kaha, kahai kapisa sunahu naranaha

Jani na jai nisacara maya, kamarupa kehi karana aya (3.)

Bheda hamara lena satha aya, rakhia badhi mohi asa bhaya

Sakha niti tumha niki bicari, mama pana saranagata bhayahari (4.)

Suni prabhu bacana harasahanumana, saranagata bacchala bhagavana (5.)

Cherishing such fond expectations Vibhisana instantly crossed over to the other side of the ocean (where Shri Rama had encamped with His host). When the monkeys saw Vibhisana coming, they took him for some special messenger of the enemy. Detaining him outside they approached Sugriva (the lord of the monkeys) and told him all the news. Said Sugriva, "Listen, O Lord of the Raghus: Ravana's brother Vibhisana has come to see You", The Lord, however, asked, "What do you think of the matter, my friend?" The lord of the monkeys replied, "Listen, O Ruler of men: the wiles of these demons are beyond one's comprehension. One does not know wherefore he has come, capable as he is of taking any form he likes. Obviously the fool has come to spy out our secrets; what appeals to me, therefore, is that he should be taken prisoner and detained." "Friend, you have thought out a wise course: but My vow is to dispel all fears from the mind of those who seek refuge in Me." Hanumån rejoiced to hear these words of the Lord, who cherished paternal affection for His protege.

Koti bipra badha lagahi jahu, ae sarana tajau nahi tahu Sanamukha hoi jiva mohi jabahi, janma koti agha nasahi tabahi (1.) Papavamta kara sahaja subhau, bhajanu mora tehi bhava na kau Jau pai dustahrdya soi hoi, more sanamukha ava ki soi (2.) Nirmala mana jana so mohi pava, mohi kapata chala chidra na bhava Bheda lena pathava dasasisa, tabahu na kachu bhaya hani kapisa (3.) Jaga mahu sakha nisacara jete, lachimanu hanai nimisa mahu tete Jau sabhita ava saranai, rakhihau tahi prana ki nai (4.)

"I will not abandon even the murderer of myriads of Brahmanas, if he seeks refuge in Me. The moment a creature turns its face towards Me the sins incurred by it through millions of lives are washed away. A sinner by his very nature is averse to My worship. Had Vibhisana been wicked at heart, could he ever dare to approach Me? That man alone who has a pure mind can attain to Me; I have an aversion for duplicity, wiles and censoriousness. Even if Ravana has sent him to find out our secrets, we have nothing to fear or lose, O lord of the monkeys. Lakshmana, O my friend, can dispose of in a trice all the demons the world contains. And if he has sought shelter with Me out of fear, I will cherish him as My own life.

Saguna upasaka parahita nirata niti drRha nema Te nara prana samana mama jinha ke dvija pada prema( Doha)

"Those men who worship My personal form, are intent on doing good to others, firmly tread the path of righteousness, and are steadfast in their vow and devoted to the feet of the Bråhmafas are dear to Me as life"

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#### Phagwa — O mange karaile ke choka

O mange karaile ke choka Buraa baa vai iman ----- mange

Aadi aadi raat dekho aile lataniya Khol ki ka variya bhulaile dulhaniya Naihar ke saandar sandawar kay ta

Bhaiya ke bholai ban karlay kawariya Hawta pakar koi bigali chunariya Piya par desh hamar pahile nadaan

Takariya re raja barama jagaile Baramaja baramaja baramaja gaile Takariya re raja baramaja gaile O maange karaile ke choka

#### April - Lord Raam

Bandow charana kamal Ragunandana

Jina ki kripaa sakal sukha sampati, Paawana jana bhaktana ura chandana...
Awadha puri prabhu nitya biraajata, Janaka sutaa yuta dushta nikandana...
Teena taapa aru janama marana bhayo, Door karata chhina may jana ranjana...
Bhakta namata charan may Bhagavana, Kripaa kariya sevak bhaya bhanjana...

#### April – Lord Hanumaan

Mere Mana Me Base Hai Raam, Mere Tana Me Base Hai Raam Cheer Ke Chhaati Bole Apanee, Pavana Putra Hanumaan Mere Raam ... Mere Mana Me Base Hai Raam (2)

Seetaa Harana Kiyaa Raavana Ne, Prabhu Jee Raamaa The Akulaaye Hanumaana Ne Seetaa Jee Ko, Prabhu Raamaa Sandesha Sunaaye Hanumaana Jee Karate Aaye (2)

Prabhu Jee Ke Guna Gaana Shree Raam, Cheer Ke Chhaati Bole Apanee Pavana Putra Hanumaan, Mere Raam ...

Lagee Lakshmana Jee Ko Shakti, Dekha Prabhu Shree Raam Ghabaraaye Bhor Se Pehele Hanumaana Jee, Dhowlaa Paravata Le Aaye Utha Baithe Lakshman Jee Lekar (2)

Raghupati Raaghava Raama Kaa Naam, Cheer Ke Chhaati Bole Apanee Pavana Putra Hanumaan, Mere Raam ...

Mere Mana Me Base Hai Raam, Mere Tana Me Base Hai Raam Cheer Ke Chhaati Bole Apanee, Pavana Putra Hanumaan Mere Raam ... Mere Mana Me Base Hai Raam (2)

Jai Jai Raam Seetaa Raam Jai Jai Raam Seeta Raam Jai Jai Raam Raam Raam Jai Jai Raam Seetaa Raam (Repeat)

#### Weekly Offerings

Ganapati Ganesh Ko, Umapati Mahesh Ko, Mera hi pranam hai (2) Shankar Bole baba Ko damaru bajane waale ko, Mera hi pranam hai (2) Seeya pati Raam ko Radhe pati Shyaam Ko, Mera hi pranam hai (2) Anjani ke putra ko Raam ji ki duta ko, Mera hi pranam hai (2)

#### January - Lord Ganesh

Gaye Ganapati Jagavanda, Shankara Suvana Bhavani Nandan Siddhi sadana gajavadana Vinaayaka, Kripa Sidho Sundara saba laayak Modaka priya muda mangala data, vidyava riddhi buddhi vidaata Mangase tulsidaas kara jooyre, Basahi Raam siya maanasa moore

#### February – Mother Saraswati

Maa saraswati sharade, goada is agyaana udharse Veena vaani taarade (2)

Surya Brahma Shiva Vishnu Gajaanana, Ina charano ko sevaake Ham shishu hai agyaani maata, in charano ka pyaarade...

Mooraka ham nahi jaani janani, pujana vandan dhyaan ko Aadi shakti kariksha maa hame, puja ke ura gaarade

Sweta kamala tera aasan hai, sweta hamsa tera vaahan hai Ham para siddha drishta kara janani, bhodhakshi raki bhaarade

#### March - Lord Shiva

Dam dam dam damauru bajaaye, Shiva Shankar kailashpate Yug Yug soya jeeva jagaaye Shiva Shankar kailashpate Om Namah Shivaaya

Maathe upar tilak chandramaa, pahane naag ki maalaa Damaru ki dharkan pe naache, srishti kaa rakhavaalaa Nij bhaktan ki kasht mitaaye, Shiva Shankar kailashpate...

Jata joota se jharti gangaa, bhava ke taap mitaati Dharti aur pyaase jeevon ki, maiya pyaasa bujhaati Nij kripa jag pe barsaaye, Shiva Shankar kailashpate...

Mangal kaari naam hai unkaa, voh hai shakti daataa Bhava saagar se tar jaave voh, jo Shiva naam hai gaata bhagavadgita verşeş

vedeşu yajñeşu tapaḥsu caiva, dāneşu yat puṇya-phalaṁ pradiṣṭam atyeti tat sarvam idaṁ viditvā, yogī paraṁ sthānam upaiti cādyam(Ch-8:V-28)

A person who accepts the path of devotional service is not bereft of the results derived from studying the Vedas, performing austere sacrifices, giving charity or pursuing philosophical and fruitive activities. Simply by performing devotional service, he attains all these, and at the end he reaches the supreme eternal abode.

pitāham asya jagato, mātā dhātā pitāmahaḥ

vedyam pavitram omkāra, rk sāma yajur eva ca (Ch-9:V-17)

I am the father of this universe, the mother, the support and the grandsire. I am the object of knowledge, the purifier and the syllable om. I am also the Rg, the Sāma and the Yajur Vedas.

gatir bhartā prabhuḥ sākṣī, nivāsaḥ śaraṇam suhṛt

prabhavaḥ pralayaḥ sthānam, nidhānam bījam avyayam(Ch-9:V-18)

I am the goal, the sustainer, the master, the witness, the abode, the refuge, and the most dear friend. I am the creation and the annihilation, the basis of everything, the resting place and the eternal seed.

ye tu sarvāņi karmāņi, mayi sannyasya mat-parāḥ

ananyenaiva yogena, mām dhyāyanta upāsate

teşām aham samuddhartā, mṛtyu-samsāra-sāgarāt

bhavāmi na cirāt pārtha, mayy āveśita-cetasām(Ch-12:V-6-7)

But those who worship Me, giving up all their activities unto Me and being devoted to Me without deviation, engaged in devotional service and always meditating upon Me, having fixed their minds upon Me, O son of Pṛthā — for them I am the swift deliverer from the ocean of birth and death.

atha cittam samādhātum, na saknoşi mayi sthiram

abhyāsa-yogena tato, mām icchāptum dhananjaya (Ch-12:V-9)

My dear Arjuna, O winner of wealth, if you cannot fix your mind upon Me without deviation, then follow the regulative principles of bhakti-yoga. In this way develop a desire to attain Me.

abhyāse 'py asamartho 'si

mat-karma-paramo bhava

mad-artham api karmāṇi

kurvan siddhim avāpsyasi (Ch-12:V-10)

If you cannot practice the regulations of bhakti-yoga, then just try to work for Me, because by working for Me you will come to the perfect stage .

athaitad apy aśakto 'si, kartum mad-yogam āśritaḥ

sarva-karma-phala-tyāgam, tataḥ kuru yatātmavān (Ch-12:V-11)

If, however, you are unable to work in this consciousness of Me, then try to act giving up all results of your work and try to be self-situated.

śreyo hi jñānam abhyāsāj, jñānād dhyānam viśiṣyate

dhyānāt karma-phala-tyāgas, tyāgāc chāntir anantaram(Ch-12:V-12)

If you cannot take to this practice, then engage yourself in the cultivation of knowledge. Better than knowledge, however, is meditation, and better than meditation is renunciation of the fruits of action, for by such renunciation one can attain peace of mind.

7th Canto V:23-24 (Meeting of Lord Raam & Vibhishana)

śrī-prahrāda uvāca, śravaṇam kīrtanam viṣṇoḥ smaraṇam pāda-sevanam, arcanam vandanam dāsyam sakhyam ātma-nivedanam, iti pumsārpitā viṣṇau bhaktiś cen nava-lakṣaṇā, kriyeta bhagavaty addhā tan manye 'dhītam uttamam

Prahlāda Mahārāja said: Hearing and chanting about the transcendental holy name, form, qualities, paraphernalia and pastimes of Lord Viṣṇu, remembering them, serving the lotus feet of the Lord, offering the Lord respectful worship with sixteen types of paraphernalia, offering prayers to the Lord, becoming His servant, considering the Lord one's best friend, and surrendering everything unto Him (in other words, serving Him with the body, mind and words) — these nine processes are accepted as pure devotional service. One who has dedicated his life to the service of God through these nine methods should be understood to be the most learned person, for he has acquired complete knowledge.

Bhakti is a Sanskrit term that signifies an attitude of devotion to a personal God that is similar to a number of human-human relationships (difference is that in bhakti relationships is soul-Supersoul, soul-God) such as beloved-lover, friend-friend, parent-child, and master-servant.

The Bhagavata Purana teaches nine primary forms of bhakti, as explained by Prahlada:

- (1) śravaṇa ("listening" to the scriptural stories of Kṛṣṇa and his companions),
- (2) kīrtana ("praising," usually refers to ecstatic group singing),
- (3) smaraṇa ("remembering" or fixing the mind on Viṣṇu),
- (4) pāda-sevana (rendering service),
- (5) arcana (worshiping an image),
- (6) vandana (paying homage),
- (7) dāsya (servitude),
- (8) sākhya (friendship), and
- (9) ātma-nivedana(complete surrender of the self).

## In the development of this service there are 9 distinct levels or stages of development:

- 1. Sraddha preliminary faith. Showing interest
- 2. Sadhu-sanga more attracted to learn more about devotion to krsna and he seeks the association of persons who are thus engaged.
- Bhajana-kriya Formally accepting devotional service in his life through the accepting of a guru who is also and renders devotional service under his direction.
- 4. Anartha-nivritti devotional service removes the unwanted things from within the heart become cleansed
- 5. Nistha FIXED in devotional service.
- 6. Ruci Increases activities of bhakti, specifically hearing and chanting.
- 7. Asakti One becomes increasingly attached to the object of bhakti.
- 8. Bhava Now comes the stage of Bhava. This is described as transcendental ecstasy in Bhakti
- Rati or Prema The first rise of pure love for Krsna. One begins to feel genuine love for God.

## Empowering our youth

See the Sunlight

Oh Children of Noble and Ancient Culture Awake! the Time has come to rise United with courage and strength together Rise Up! Awake! The time is right! Oh Children of Noble ....

Our parents came from India land afar
Bringing with them their culture
With little but their dharma
Full of joy and hope forever
All they brought with them was their culture
When they came here they planted upon this land
The seeds of the culture that they had brought
United with courage and strength together
Building a new home in this land
Oh Children of Noble Culture!

The days and the nights though hard and trying Could not destroy their culture Could not destroy their dharma They were brave and fought like Rama

They were strong and stood like Sita Full of faith, love and vision
Their sons and their daughters rise
Up to face the task at hand
Continuing the work that our fathers started
Building a new home in this land
Oh Children of Noble Culture

We the youths of today our duty awaits us Now is no time for weakness Now is the time for action!
Let us love and serve one another
Let us strive to build our future
Let us join hands and voices across this land
Continuing the work that our fathers began
Fearless with courage and determination
Building a new home in this land
Oh Children of Noble Culture!

Oh Children of Noble Culture!
Oh Children of Faith and Vision!
Oh Children of Eternal Dharma!
Oh Children of Strength and courage!
Oh Children of brighter future!

## Treasuring our elders

Aye Mere Vatan Ki Logo

Aye Mere Vatan Ke Logo Tum Khoob Laga Lo Naara Ye Shubh Din Hai Ham Sab Ka Lahara Lo Tiranga Pyaara Par Mat Bhoolo Seema Par Veeron Ne Hai Praan Ganvaaye kKch Yaad Unhein Bhi Kar Lo (2) Jo Laut Ke Ghar Na Aaye (2)

Aye Mere Vatan Ke Logon Zara Aankh Mein Bhar Lo Paani Jo Shaheed Hue Hain Unki Zara Yaad Karo urbaani

Jab Ghayal Hua Himaalay Khatre Mein Padi Aazadi Jab Tak Thi Saans Lade Yo Phir Apni Laash Bichha Di Sangeen Pe Dhar Kar Maatha So Gaye Amar Balidaani Jo Shaheed...

Jab Desh Mein Thi Diwali Vo Khel Rahe The Holi Jab Ham Baithe The Gharon Mein Vo Jhel Rahe The Goli The Dhanya Javaan Vo Aapane Thi Dhanya Vo Unaki Javaani Jo Shaheed ...

Koi Sikh Koi Jaat Maraatha Koi Gurakha Koi Madaraasi Sarahad Pe Maranevaala Har Veer Tha Bhaaratavaasi Jo Khoon Gira Parvat Par Vo Khoon Tha Hindustaani Jo Shaheed...

Thi Khoon Se Lath-path Kaaya Phir Bhi Bandook Uthaake Das-das Ko Ek Ne Maara Phir Gir Gaye Hosh Ganva Ke Jab Ant-samay Aaya To Kah Gaye Ke Ab Marate Hain Khush Rahana Desh Ke Pyaaron Ab Ham To Safar Karate Hain Kya Log The Yo Deewane Kya Log The Vo Abhimaani Jo Shaheed...

Tum Bhool Na Jaao Unko Is ILye Kahi Ye Kahaani Jo Shaheed... Jay Hind Jay Hind Ki Sena (2) Jay Hind, Jay Hind, Jay Hind